Dr. Jill Biden, along with First Lady Michelle Obama, created Joining Forces to bring attention to the unique needs and strengths of America’s military families. Joining Forces is a comprehensive national initiative to mobilize all sectors of society to give our service members and their families the opportunities and services they have earned. NASW has been a proud member of Joining Forces since 2011 and is committed to educating and training social workers to be prepared to meet the needs of those who have made incredible sacrifices for the United States.

**NASW Practice Standards**


**NASW-CALIFORNIA Chapter New Online Course**

Self-Care in Social Work: A Guide for Practitioners, Supervisors, and Administrators (6 CEUs)

**Course Format — Self-Study**

The California BBS categorizes any course based on a book as “self-study,” even though the post-test is completed online. California LCSWs and LMFTs can obtain a maximum of 18 CEUs through self-study for every license renewal.

**Registration Fee:** NASW Member: $25.00, Nonmember: $30.00

**Additional Fee:** The 185-page book costs $32.95 plus shipping through the NASW Press website at www.naswpress.org/publications/profession/self-care-in-social-work.html. From this website, readers can access more information about the book and read testimonials.

**NASW Credentials**

An expert panel of social workers developed three professional credentials, which showcase in-depth knowledge, relevant work experience, leadership capacity, competence, and dedication in this field of practice at the baccalaureate, advanced or clinical level. These credentials indicate experienced practitioners in a variety of settings and work primarily with service members, veterans (from all eras), and their families to address their needs across their lifespan. These professional social workers include: uniformed social workers; those employed by the Department of Defense (DoD) and Department of Veterans Affairs (VA); social workers in community and social service agencies; health care and mental and behavioral health care social workers; those employed in advocacy organizations; and those in private practices. For more information about these credentials, visit http://socialworkers.org/credentials/list.asp.

1. Military Service Members, Veterans, and Their Families — Social Worker (SW bachelor level). Free to NASW members for one year.
2. Military Service Members, Veterans, and Their Families — Advanced Social Worker (SW MSW/PhD). Free to NASW members for one year.
3. Military Service Members, Veterans, and Their Families — Clinical Social Worker (SW MSW/PhD). Free to NASW members for one year.

**NASW Free Online Training**

NASW is offering a free five-part series that is available online to all social workers. It includes community resources, evidence-based practices, military cultural competency, military sexual trauma, and social work with military children. For access to the online training, visit www.naswweb.org/.

**NASW-CALIFORNIA Chapter Free Online Course**

NASW-CA offers a free 3-CEU course titled Defining a New Age in Veteran

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Ten Start-Up Tips for a Private Practice

Clinical social workers frequently open a solo or group private practice to provide mental health services. There are several start-up items clinical social workers should incorporate into their new psychotherapy practice. Helpful tools to get started include the following:

1. **A CLINICAL SOCIAL WORK LICENSE IN THE STATE IN WHICH ONE PLANS TO PRACTICE.** The following link provides information about licensure in each state: ASWB.org

2. **MALPRACTICE INSURANCE.** NASW members can obtain information about and sign up for malpractice insurance online at NASWAssurance.org/ph/professionals.php

3. **A NATIONAL PROVIDER IDENTIFICATION (NPI) NUMBER.** Apply for the NPI online at nppes.cms.hhs.gov/NPPES/StaticForward.do?Forward=static.npitstart or call 800.463.3202.

4. **A TAX IDENTIFICATION NUMBER FOR THE PRIVATE PRACTICE.** The application is online at IRS.gov/Individuals/International-Taxpayers/Taxpayer-Identification-Numbers-(TIN)

5. **A LIST OF CURRENT PROCEDURAL TERMINOLOGY CODES TO IDENTIFY SERVICES PROVIDED.** A list of available codes for use by clinical social workers can be found at the following link: SocialWorkers.org/assets/seared/documents/practice/clinical/PPnewcodes.pdf

6. **A LIST OF INTERNATIONAL CLASSIFICATION OF DISEASES CODES, 9TH EDITION, CLINICAL MODIFICATION (ICD-9-CM), TO IDENTIFY DIAGNOSES.** The Centers for Medicare and Medicaid Services provides a list at CMS.gov/Medicare/Coding/ICD9ProviderDiagnosticCodes/index.html?redirect=ICD9ProviderDiagnosticCodes/

7. **A SET OF CMS-1500 FORMS TO SUBMIT CLAIMS.** Visit the government printing office online at BookStore.gpo.gov or call 202.512.1800.

8. **FORMS:** See the following NASW products: Sample HIPAA Privacy Forms and Policies, SocialWorkers.org/hipaa/sample.asp?back=yes; and Prudent Practice: A Guide to Malpractice Risks by Mary Kay Houston-Vega & al. NASWPress.org/publications/bestbuys/prudent-practice.html

9. **ENROLLMENT IN PROVIDER PANELS FOR VARIOUS INSURANCE COMPANIES.** See the following NASW products and links: Managed Care Panels With Provider Panels for Clinical Social Workers, SocialWorkers.org/practice/clinical/2011/0711a.asp; Enrolling in Medicare as a Clinical Social Work Provider, SocialWorkers.org/assets/seared/documents/practice/clinical/WKF-MISC-38710.ClinicalSW.pdf; and Becoming a State Medicaid Provider, SocialWorkers.org/practice/clinical/csw0504b.pdf


Other resources for clinical social workers are also available from NASW online at SocialWorkers.org/practice/clinical/default.asp
FROM THE PRESIDENT
New Challenges Await Social Workers with the ACA

By Shirley Gentilini, MSW, LCSW

The Affordable Care Act of 2010 will increase the demand for social workers in behavioral health positions and medical case management. Many practice settings will experience an increased need for social work services, including federally qualified health clinics (FQHCs), community mental health centers, and hospitals, those with ambulatory care programs. Large physician practices and integrated health systems that operate Accountable Care Organizations (ACOs) may also increase the use of social workers.

Many uninsured clients may never have had health insurance before and the enrollment process may be daunting for these individuals. Educating your uninsured clients about their insurance coverage options and motivating them to apply will be an important task for those front-line social workers.

State health exchanges will be open to everyone. People with incomes between 100 percent and 400 percent of the federal poverty line (FPL) will receive federal subsidies for purchasing insurance coverage on the exchange. Exchange enrollment began on October 1, 2013. One website for the California Exchange is www.CoveredCA.com.

Agencies that have traditionally offered free, low-cost or grant-funded services may now be able to bill insurance for these services. If your agency does not currently participate in health insurance plans, suggest to your finance office that they explore the possibility of your agency becoming a provider with your state’s exchange plans.

Many clients will have mental health and substance use disorders. The ACA requires that mental health and substance use disorder (MH/SUD) services are included in the “essential health benefits” package, which all insurance plans available on the state health exchanges must offer. These benefits at parity with medical/surgical benefits may be challenging to enforce initially. Whether you are employed by an agency or work in private practice, be an advocate for your clients in support of their parity rights.
Recently, Nevada was taken to task for shipping its chronic and persistently mentally ill patients to all points out of Nevada and, in particular, to California. When asked why, Nevada claims that's where they want to go. In reality, it's all about money. The sad thing is that if it were about the clients, we would significantly increase funds for caring for people that need long-term intensive case management, mental health treatment and housing. We used to warehouse (state hospitalize) people because of the stigma, and the complete inadequacy of community-based mental health care systems. But over time the cost became too high and the care so substandard that we had to release them and gave them a promise of community continuing care (never to materialize, again because of cost). Instead, we chose to fund public safety as a form of defacto care. Law enforcement, corrections, jails and prisons became the care model (and by the way, less expensive than hospitalization). Thus, so evolved the prison industrial mental health complex.

We now have a system that leaves most people homeless and on the streets so we don’t have to pay for them at all until they get so bad that they are picked up and put in temporary psychiatric hospital care, usually through the emergency room. Still, it’s horribly expensive, but hospitals do receive some payment for indigent care, including short-term care that is delivered through the ER.

When clients get stabilized (no longer a danger to self or others, barely functional and able to care for themselves — usually medicated), they are released, most of the time, with little or no referral to community-based programs (that are few and far between). The flimsiest of the safety net is to release them to homeless shelters and homeless food programs. Using the pretense of “free will” and asking clients where they want to go, they get sent out of county and out of state. If asked would you like to go to California, many heavily medicated clients would simply say, “Sure, I’ll go.”

Some are considering a federal anti-dumping law in Congress. A federal anti-dumping law without concomitant treatment and housing funding doesn’t address the problem; it only takes away the one-way bus ticket. Nor would a definition of “stabilization” be helpful. It’s time to own up to this lack of treatment and housing resources. If we are prepared to send 100 or more cruise missiles to Syria, why can’t we save that money and spend it on treatment and housing? Better yet, let’s not spend the $1.5 or $2 billion on the ship that carries those cruise missiles and spend that on mental health treatment and housing. If all states had adequate treatment and housing resources, they wouldn’t be buying one-way bus tickets and six packs of Ensure.

As advocates, we are obligated to express this message to our elected representatives as they discuss what to do in Syria.

If all states had adequate treatment and housing resources, they wouldn’t be buying one-way bus tickets and six packs of Ensure.
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Serving the Needs of Mental Health Professionals Since 1976

I just wanted to thank you for all your help in preparing me for my exam! I passed today after taking a couple of your great classes. The way you presented your info really helped me grasp the concepts. I can say when going through the test I had less anxiety! Thanks again for all you do! I highly recommend others to take your courses.

- Tim Miller

*20% Off any exam preparation package valid toward new purchases ONLY. Not valid on online mock-exam program extensions or continuing education. No retroactive discounts will be applied. You must enter or mention coupon code **CSFST** prior to checkout to receive discount. Offer expires 10/31/13. (Items pictured not necessarily included in packages, but may be purchased separately.) **For information about Pass Guarantee Restrictions, please visit our website.
**Government Relations Update**

*By Rebecca Gonzales, Director of Government Relations and Political Affairs*

The legislative session has ended for the year and legislators have returned to their districts to meet with their constituents, attend community events and to prepare for the next legislative session. The Governor is in the midst of signing and vetoing bills. He has until October 13 to take action on bills that reached his desk on or after the 13th. Bills that reached his desk before October 13 are subject to a 12-day deadline. Below is a list of bills we supported this year that the Governor signed. I also included a list of bills that were pending at press time.

**NASW-CA Support Bills Signed by the Governor**

- **AB 10 (Alejo) Minimum Wage Annual Adjustment**
  This bill would raise the minimum wage incrementally until it reaches $10 an hour in 2018.

- **AB 261 (Chesbro) Residential Care Facilities for the Elderly: Fees and Charges**
  This bill would prohibit a residential care facility for the elderly from requiring advance notice for termination of an admission agreement upon the death of the resident.

- **AB 868 (Ammiano) Courts Training Program**
  This bill requires the Judicial Council training program to include the effects of gender identity and sexual orientation on family law proceedings.

- **AB 1006 (Yamada) Juvenile Court Records: Sealing and Destruction**
  This bill would require a court and probation department to ensure that juveniles are provided with information regarding the eligibility for and the procedures to request the sealing and destruction of their juvenile records.

- **SB 528 (Yee) Care and Treatment: Minor and Nonminor Dependent Parents**
  This bill would authorize a child’s social worker, if the child is 12 years of age or older, to inform the child of his or her rights as a minor to consent to confidential medical services. The bill would also authorize social workers to provide dependent children with age-appropriate, medically accurate information about sexual development, reproductive health, and prevention of unplanned pregnancies and sexually transmitted infections.

- **SB 177 (Liu) Homeless Youth Education Success Act**
  This bill would require a homeless child or youth to be immediately deemed to meet residency requirement for participation in interscholastic sports or other extracurricular activities. This bill would also require public schools and county offices of education to immediately enroll a homeless child or youth seeking enrollment.

**NASW-CA Support Bills Awaiting Action by the Governor**

- **AB 4 (Ammiano) State Government: Federal Immigration Policy Enforcement**
  This bill sets state policy that prohibits local officials from detaining an individual on an immigration hold after that person becomes eligible for release from criminal custody unless the person has a serious or violent conviction.

- **AB 174 (Bonta) Public School Health Centers**
  This bill would create a pilot grant program to fund school-based mental health services for children and adolescents impacted by violence and trauma.

- **AB 218 (Dickinson) Employment Applications: Criminal History**
  This bill would prohibit a state or local agency from asking an applicant to disclose information regarding a criminal conviction on an initial employment application until after the applicant’s qualifications for the position have been determined to meet the requirements for the position.

- **AB 263 Employment Retaliation: Immigration Related Practices**
  This bill provides that it shall be unlawful for an employer or any other person or entity to engage in unfair immigration-related practices, as defined, against any person for the purpose of retaliating against any person for exercising any rights protected under the Labor Code.

- **AB 402 (Ammiano) Disability Income Insurance: Mental Illness**
  This bill would require that every policy of disability income insurance that is of a short-term limited duration of two years or less that is issued, amended or renewed on or after July 1, 2014, and that provides disability income benefits, to provide coverage for disability caused by severe mental illness.

- **AB 460 (Ammiano) Health Care Coverage Infertility**
  This bill requires that health care service plans offer coverage for the treatment of infertility without discrimination on the basis of age, ancestry, color, disability, domestic partner status, gender, gender expression, gender identity, genetic information, marital status, national origin, race, religion, sex, or sexual orientation.

- **AB 602 (Yamada) Mentally and Developmentally Disabled Persons**
  This bill would require a training course for law enforcement to be developed by July 1, 2015 to train officers on their interactions with the mentally disabled or developmentally disabled. Also imposes additional requirements on mandated reporters in state mental hospitals and state developmental centers.

- **AB 663 (Gomez) LGBT Training for Administrators at Residential Facilities**
  This bill would require training in cultural competency and sensitivity in aging lesbian, gay, bisexual and transgender issues to address the special needs of elderly LGBT adults in residential facilities for seniors.

**NASW-CA Support Bills That Did Not Reach the Governor’s Desk**

- **SB 61 (Yee) Limiting Solitary Confinement in Juvenile Facilities**
  This bill provides that solitary confinements shall only be used if a minor poses an immediate and substantial risk of harm to others of the security of the facility, and other less restrictive options have been exhausted.

  Status: Assembly Inactive File

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Title Protection Efforts  
By Rebecca Gonzales

Earlier this year our title protection bill, AB 252 (Yamada and Eggman), was held in the Assembly Appropriations Committee. This bill would have reserved the “social worker” title for those with a degree from an accredited school of social work. Since we have a two-year session, we have looked at ways to move this bill next January. At this point, it looks like opposition from the county welfare directors and some unions, most notably SEIU, may be too difficult to overcome. The consultant for the Assembly Appropriations committee also tagged this bill with a high price tag. Unless we can get the estimated cost down, it is unlikely this bill will move next year.

As many of you know, title protection is a core issue for NASW. If the bill does not move next year you can be assured that we will not give up. One way to achieve title protection is through multi-tier licensing so that you can obtain a license if you hold a BSW or an MSW. We did not take this approach in AB 252 because the Board of Behavior Sciences (BBS) would have likely opposed our bill because of work load issues. Multi-tier licensing could be an approach once the BBS implements the changes they are making to the examination process and once their newly automated registration and renewal system known as BreEZe is implemented.

At this time it is hard to predict what approach we will take. We are also trying to think outside the box for different solutions. Additionally, political realities and state budget situations change year-to-year so any approach we take must be evaluated in light of outside factors. We are looking forward to continuing this fight!

Time to Start Thinking About Lobby Days  
By Rebecca Gonzales

Believe it or not, it is time to start thinking about Lobby Days! Next year Lobby Days will be held on April 6 and 7, 2014.

For those of you unfamiliar with Lobby Days, this hugely popular event includes training participants on the legislative process and how to talk to legislators about issues that are important to social workers. The second day of the event consists of actual lobby visits with Members of the California Legislature and/or their staff as well as a boisterous rally on the steps of the State Capitol!

In preparation for this year’s Lobby Days, everyone should know who represents them in the State Assembly and the State Senate. Please take this time to put your address into this website, http://findyourrep.legislature.ca.gov/ to obtain this information.

Registration for Lobby Days will open in November. We hope to see old faces and make some new friends! See you in April.

Special Elections Update

Since the last edition of this newsletter, several special elections have taken place. As stated previously, special elections are more common under term limits as legislators look for new opportunities as they near the end of their terms.

In the 52nd Assembly District, Assemblymember Norma Torres (D) resigned to become a state senator. Her seat has now been filled by another Democrat, Freddie Rodriguez, who we endorsed in the runoff against Paul S. Leon. The State Assembly now has 53 Democrats, 25 Republicans and two vacancies. For Democrats to regain the super majority that they once held in the State Assembly, they need to gain one more seat.

The 54th Democratic seat could come from the 45th Assembly District. On September 17, there was an election to fill the seat left when Assemblymember Blumenfield resigned to be on the L.A. City Council. There was a crowded field of candidates and since no one captured more than 50 percent of the vote, there will be a runoff in November between Matt Dababneh (D) and Susan Shelley (R). We endorsed another candidate in the primary so we will now evaluate these remaining candidates for our endorsement.

Now we will be faced with yet another race in the Assembly to fill Holly Mitchell’s seat. It is a never ending game of musical chairs. Check back for updates on these races and other races in the future.

Spanish Immersion Program for Social Workers in Costa Rica!

Learn or improve your Spanish while visiting a true tropical paradise.

For details, visit www.acce.co.cr/social_workers.html.
The Governor and the Legislature Respond to Prison Overcrowding

By Rebecca Gonzales

If you have been following the NASW-CA Facebook page, you may have seen that we actively opposed the Governor’s proposal to increase prison spending. This proposal was in response to the federal court order to reduce the prison population to 137.5 percent of design capacity in order to bring up the standard of health care within our prisons.

There are many ways to reduce the prison population, many of which the Governor had embraced in the past. This includes creating parole eligibility for the elderly, expanding the use of good behavior credits, and expanding medical parole. The Governor’s plan that he released in August, relied solely on increasing prison spending to create more beds in state public and private prisons as well as sending more prisoners to out-of-state facilities.

History has demonstrated that adding prison capacity does not alleviate overcrowding. Once a prison is opened, it is filled to capacity and is virtually certain never to close. In addition, by pouring money into the prison system, it takes money away from restoring funding to health and human services programs which were subject to $15 billion in cuts during the economic recession.

Thankfully, the Governor’s original plan did not pass. We worked alongside a broad coalition of health and human services organizations and organizations working to reform our criminal justice system to defeat this proposal. We had several press conferences at the State Capitol and in cities across the state alerting the press and public to the disadvantages of the Governor’s plan. We also lobbied key members of the Assembly and Senate in order to defeat this measure. We also took out a full page ad in the Sacramento Bee. (See ad on this page.)

Once the Governor felt the pressure from the public, it created room for a compromise on this issue. Senator Steinberg had a bill to ask for a delay in the court order and in the meantime put money into mental health care and programs to reduce recidivism. What finally passed in the legislature was an imperfect compromise of these two measures. The bill, SB 105, asked for a delay in the court order, as Steinberg wanted, and if that delay is granted, it will allocate money to reduce recidivism. If the court does not grant an extension, the state will go with Plan B which is to increase prison capacity.

At press time, the court just came out with a ruling to grant a one-month extension for the Governor and the legislature to come up with a new plan. We are working to pressure the Governor to put forth a plan that relies on reforming our correctional system to reduce recidivism and to look at targeted releases that will not impact public safety. An added benefit of reforming our correctional system would be an increase in the need for social workers within the Department of Corrections in order to help combat recidivism by setting prisoners up for success once they are released from prison. Check this newsletter and our Facebook page for updates on this issue! 📲
NEW ONLINE COURSE
Continued from page 1

Instructions
- Register for the course and take the pre-test and read the course overview.
- From this website, readers can read more about the book and see testimonials.
- After reading the book, return to www.socialworkweb.com/nasw and complete the online post-test with a score of 80 percent or better to print the certificate of completion.

Course Description
This course is based on the book, Self-Care in Social Work: A Guide for Practitioners, Supervisors and Administrators, authored and published by Kathy Cox, PhD, LCSW, and Sue Steiner, MSW, PhD. The book presents an in-depth exploration of the meaning of self-care on the part of mental health practitioners and other human service providers. It goes beyond the typical prescription for individuals to exercise, eat well, or get a massage. In fact, the book is based on the premise that self-care should not be an add-on activity that only happens in the rare instance when one has some free time. Instead, it is conceptualized as a state of mind and considered an integral part of the practitioner’s training. As an adjunct to the conceptual material presented, the book provides exercises and activities devoted to the application of key concepts. It also includes stories submitted by practitioners in the field regarding their experiences with job-related stress, as well as strategies for coping. Part I of the book focuses on self-care: self-awareness, self-regulation, and self-efficacy. Part III focuses on organizational patterns or practices that can either contribute to stress or support employees’ self-care.

Target Audience
This intermediate level course is designed for social workers, mental health practitioners, psychotherapists, supervisors, and administrators who wish to explore the topics of self-care and stress management, including individual and organizational approaches.

Learning Objectives
After completing this course, readers will be able to do the following:
- Identify physical, psychological, and behavioral effects of chronic stress.
- Identify personal and organizational sources of stress.
- Identify the differences between active coping, avoidance coping, and proactive coping.
- Identify assumptions that are commonly held by practitioners concerning the lack and limitation of clients, self, and service systems.
- Identify the five primary types of appraisal-based coping.
- Identify visual, auditory, and tactile practices for enhancing mindfulness.
- Identify strategies for sustaining self-efficacy.
- Identify dimensions of an employee’s “fit” within an organizational culture.
- Identify supervisory strategies that support self-care in supervisees.
- Identify ways that administrators can support workplace wellness.

Instructor Biography
Kathleen (Kathy) Cox, PhD, LCSW, is an associate professor at the School of Social Work at California State University, Chico. She earned her MSW from San Diego State University and her doctorate from the University of Southern California. She previously worked as a licensed practitioner, clinical supervisor, and administrator in the field of children’s mental health. Kathy currently teaches a variety of courses in social work practice, practicum, and research. The focus of her scholarship is strength-based assessment and intervention with high-risk families, traumatic stress, and self-care for helping professionals. While Dr. Cox coauthored the book, Self-Care in Social Work: A Guide for Practitioners, Supervisors, and Administrators, with Sue Steiner (see bio below), Dr. Cox created the content for the online course.

Sue Steiner, PhD, MSW, is a professor at the School of Social Work at California State University, Chico. Over the years, she has taught community practice, program development, grant-writing, research, social welfare policy, and field practicum courses. Sue has worked in community organization, social welfare policy, and organizational development. She is the coauthor of An Introduction to the Profession of Social Work (3rd ed.) (Brooks Cole, 2009), and her current scholarship focuses on effective teaching methods.

CE Approval
The NASW-California Chapter online program is an approved continuing education provider through the California Board of Behavior Sciences (BBS), the National Association of Social Workers (NASW), Association of Social Work Boards (ASWB) and Nevada Board of Examiners for Social Workers. For details, visit www.socialworkweb.com/nasw/boards.cfm.

NASW-CA Customer Service:
Email questions to louis@naswca.org.

IMPORTANT!
Effective on April 1, 2013, supervisors of ASWs must be licensed for two years prior to commencing any supervision. Title 16, CCR Section 1870.
### January CE Fair in Irvine

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<th>Fees: Non-member</th>
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<td>Human Sexuality (10 Hr)</td>
<td>Pre-license Requirement ASW, IMF, LPCC</td>
<td>M. Harwood, LCSW</td>
<td>Thursday, Jan 23</td>
<td>8:30am-7:30pm</td>
<td>$190</td>
<td>$220</td>
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<tr>
<td>Spousal/Partner Abuse (15 Hr)</td>
<td>Pre-license Requirement ASW, IMF, LPCC</td>
<td>M. Harwood, LCSW</td>
<td>Fri. &amp; Sat., Jan 24 &amp; 25</td>
<td>8:30am-5:00pm</td>
<td>$260</td>
<td>$290</td>
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<td>Substance Dependency (15 Hr)</td>
<td>Pre-license Requirement ASW, IMF, LPCC and LEP Renewal</td>
<td>M. Jung, LCSW, DSW</td>
<td>Fri. &amp; Sat., Feb 21 &amp; 22</td>
<td>8:30am-5:00pm</td>
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</tbody>
</table>

**Room Reservations:** Call the hotel at (949) 553-0100 and request the NASW rate - $89 per night.

**Parking:** $7 per day/ approximate

**Registration Deadline:** Monday - January 6, 2014. Registration fees increase $25 after this date.

### February CE Fair in Burlingame

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
<th>Instructor</th>
<th>Dates</th>
<th>Hours</th>
<th>Fees: Member</th>
<th>Fees: Non-member</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human Sexuality (10 Hr)</td>
<td>Pre-license Requirement ASW, IMF, LPCC</td>
<td>R. Liles, LCSW, DSW</td>
<td>Saturday, Jan 25</td>
<td>8:30am-4:30pm</td>
<td>$150</td>
<td>$180</td>
</tr>
<tr>
<td>Spousal/Partner Abuse (15 Hr)</td>
<td>Pre-license Requirement ASW, IMF, LPCC</td>
<td>M. W. Siegel, LCSW</td>
<td>Friday, Jan 24</td>
<td>8:00am-4:00pm</td>
<td>$260</td>
<td>$290</td>
</tr>
<tr>
<td>Advanced Law &amp; Ethics (6 Hr)</td>
<td>Renewal Requirement for LCSW, LMFT and LEP</td>
<td>S. Taubman, PhD, LCSW</td>
<td>Friday, Feb 21</td>
<td>9:00am-4:00pm</td>
<td>$130</td>
<td>$160</td>
</tr>
<tr>
<td>Criminal Supervision (15 Hr)</td>
<td>Pre-license Requirement ASW, IMF, LPCC and LEP Renewal</td>
<td>M. Stern, LCSW</td>
<td>Sat., Feb 22</td>
<td>8:30am-4:30pm</td>
<td>$130</td>
<td>$160</td>
</tr>
</tbody>
</table>

**Room Reservations:** Call the hotel at (650) 344-5500 and request the NASW rate - $109 per night.

**Parking:** No Charge/Complimentary SFO Shuttle

**Registration Deadline:** Monday – February 3, 2014. Registration fees increase $25 after this date.
Registration Instructions:
1. Provide all required information using black ink pen.
2. Indicate type of license and number.
3. Include full payment. No registration is processed without full payment.
4. Mail or fax to Sacramento or Register online at www.naswca.org

Fee $  
Course Number and Title

Fee $  
Course Number and Title

If registering after the deadline, add $25 to each class.

To receive the full credit, registrants must:

- Arrive within 30 minutes of class start time.
- Sign-in and sign-out at the NASW registration table.
- Provide a state license or file number.
- Complete online evaluation after the event.

Type of License and Number
- LCSW
- LMFT
- ASW
- IMF
- LEP
- LPCC
- Student
- Out-of-State

First Name Last Name

Street Address

City State & Zip Code

Primary Phone Work Phone

Email Address (required*) NASW Membership #

*Confirmations will be sent to the email address provided.

Special Needs Request: If you need this brochure in an alternate format or require other special arrangements, please submit your request a minimum of 30 days in advance of the event. For questions, call (916) 442-4565 X 17 or email naswleg@naswca.org

Course Cancellation Policy: Classes which do not have sufficient registrants by the registration deadline may be canceled and registrants notified by phone.

Refund Policy: Refund requests must be made in writing. All refunds will be assessed a $25.00 fee and must be received by 5:00pm seven days prior to the event. Registrants who cancel less than seven days prior to the event or who do not attend forfeit the entire fee.

CE Provider Information: Courses meet the qualifications for CEUs for LCSW, LMFT, LPCC and/or LEP licenses as required by the CA State Board of Behavioral Sciences PCE 44.
New Requirement for Out-of-State LCSWs as of January 1, 2014

The California Board of Behavioral Sciences Statutes and Regulations requires qualified out-of-state licensed clinical social workers (LCSWs), who are applying for a California LCSW license, to complete specific, board approved post-master's coursework prior to submitting an LCSW application.

Prior to January 1, 2014, qualified out-of-state applicants must complete the following coursework before submitting an LCSW application:

1. Alcoholism and Other Chemical Substance Dependency (15 Hr)
2. Human Sexuality (10 Hr)
3. Child Abuse Assessment, Detection, and Reporting (7 Hr) This training must be specific to California laws.
4. Spousal/Partner Abuse Assessment, Detection, and Intervention (15 Hr)

New Requirement: As of January 1, 2014, qualified out-of-state applicants must obtain all four courses listed above, in addition to a fifth requirement, which is listed below:

5. California Law and Ethics (18 Hr)
   This training must be specific to California laws and ethics.

The board allows registrants to obtain all of the required post-master’s coursework through online or in-person courses as long as the training meets the specific requirements outlined in the BBS Statutes and Regulations, and is offered through an approved provider. With the exception of child abuse and law and ethics, coursework requirements can also be met through university courses if the course appears on an official master’s level transcript.

For details, refer to the BBS Statutes and Regulations, Chapter 14, §4996.2 Qualifications of Licensees, and §4996.25 Additional Coursework, at www.bbs.ca.gov/pdf/publications/lawsregs.pdf.

NASW-California is an Approved Provider

The NASW-California Chapter offers board approved in-person and online courses that can be used to meet all coursework requirements.

- Live Courses: For details about in-person required pre-license courses, visit www.naswca.org/displaycommon.cfmm?an=1&subarticlenbr=110.
- Online Courses: For details about online required pre-license courses, visit www.socialworkweb.com/nasw/choose/law_and_ethics.cfm.

SAVE THE DATE
October 18, 2013
California State University Sacramento
2nd Annual Translational Researcher/Practitioner Round Table

For additional information: TranslationalSocialWork@gmail.com

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California State University Sacramento
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San Jose State University
California State University East Bay
California State University Stanislaus
California Child and Family Policy Institute
California Social Work Education Center
National Association of Black Social Workers – Sacramento Chapter

AROUND THE STATE
Christina Wong Reappointed to BBS

Christina Wong has been reappointed by Governor Brown to the Board of Behavioral Sciences as a LCSW member on June 1, 2013 for another four years. The BBS has also elected Wong as Vice Chair. Since 2002, she has been employed by Glenn County Health Services and currently serves as health services program coordinator. Wong was formerly the senior mental health counselor for the Children’s System of Care Program. She is also a mental health clinician for Butte County Probation Department’s Minor Adjustment Program, providing family counseling to the incarcerated minors in juvenile hall and upon release in the community since 2008. Wong is the field instructor for California State University, Chico, School of Social Work and previously served as the dean of student affairs for Hong Kong Shue Yan College from 1993 to 1997. She received her Master of Social Work degree from the University of Hull, United Kingdom, is involved in NASW leadership and has served as NASW-CA’s Region D director.
NASW LEGAL ISSUE OF THE MONTH
Social Workers and Drug Testing of Public Benefits Applicants

By Sherri Morgan, Associate Counsel, LDF and Office of Ethics & Professional Review ©June 2013. National Association of Social Workers. All rights reserved.
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Introduction
At a time when an increasing number of states are decriminalizing the personal or medical use of marijuana (Fine, 2013), a trend toward drug testing as a means to screen out applicants for public benefits is on the rise (National Conference of State Legislatures (NCSL, 2013a)). NASW has filed *amicus curiae* (“friend of the court”) briefs in a number of cases addressing suspicionless drug testing — in opposition to such programs. This Legal Issue of the Month article will review these issues through the lens of a recent federal court decision, *Lebron v. Secretary, Florida Department of Children and Families*, and recent state legislation.

*Lebron v. Secretary, Florida Department of Children and Families Decision*

Florida enacted a mandatory drug-testing requirement for all applicants for the Temporary Assistance to Needy Families (TANF) program in May 2011 (Fla. Stat. § 414.0652 (2011)). Under this program applicants for TANF benefits are notified that they will be required to undergo drug testing at their own expense as a condition of receiving TANF benefits (§ 414.0652(2)(a)). Applicants whose test results are negative will be reimbursed for the cost of the test. Applicants who test positive for controlled substances become ineligible to receive TANF benefits for one year (§ 414.0652(1)(b)). If a denied applicant has the means to complete a substance abuse treatment program and take a second drug test, they may re-apply within six months (§ 414.0652(2)(j)). There is an option for dependent children whose parent has failed the drug test to receive benefits though an alternative payee who must also successfully pass the drug testing requirements (§ 414.0652(3)).

To read the rest of the article, please visit [www.naswca.org/associations/7989/files/legal_issue_10_13.pdf](http://www.naswca.org/associations/7989/files/legal_issue_10_13.pdf)

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2014 NASW California Chapter Elections — Call For Nominations

NASW is member driven through a democratically elected board of directors. Candidates for the elected positions are nominated by the democratically elected Committee on Nominations and Leadership Identification (CNLI).

Serving as an elected leader of NASW not only allows a social worker to give back to the profession, but also provides valuable training, experience and networking opportunities.

The time commitment for those on the board of directors is about four meetings a year throughout the state. The chapter covers the cost of travel, room and board for these meetings.

**Positions Open for Nominations**
(Nominations close December 31, 2013 but may be extended if nominations are insufficient.)

- Serves on the Board of Directors
  Term runs from July 1, 2014 to June 30, 2017 (except as otherwise noted).

- Student Director South (MSW – First Year)
  Elected in 2014 for one year July 1, 2014 to June 30, 2015.

- Student Director North (BSW – Junior)
  Elected in 2014 for one year July 1, 2014 to June 30, 2015.

- Chapter President Elect
  Elected in 2014 for one year July 1, 2014 to June 30, 2015.

- Chapter Secretary

- Vice President for Membership and Organizational Services

- Vice President for Legislative and Political Affairs

- **Regional Directors**
  **Region C (Alameda, Contra Costa, Napa, Solano)**
  Region E (San Diego and Imperial)
  Region G (Santa Barbara, Ventura, North LA)
  Region I (East Los Angeles along Long Beach to Pasadena line)

- **Committee on Nominations and Leadership Identification**
  Regions B Representative (San Mateo to San Luis Obispo)
  Regions D Representative (Central Valley — Oregon to Bakersfield)
  Regions E&F Representative (Orange, San Diego, Imperial)
  Regions G, H, & I Representative (Santa Barbara, Ventura, LA)
  Term runs from July 1, 2014 to June 30, 2016.

To be nominated for these positions, or to find out more, contact naswca@naswca.org or go to [www.naswca.org](http://www.naswca.org), click on “About Us, Run for NASW Elected Office.”
A New Career Opportunity for Social Workers:
Working with People with Multiple Disabilities

By Lillian L. Hyatt, MSW, Resident of a CCRC and AARP Policy Specialist on CCRCs, and Renee Cusano, BS, a student at SFSU

There is a serious shortage of qualified professionals to work with people of all ages who have sensory impairments, particularly those who are blind or have low vision. Social workers willing to take the courses to qualify for this vital work can do so by enrolling in the Orientation and Mobility (O&M) Program available at San Francisco State University (SFSU). SFSU is considered to be one of the premier Orientation and Mobility programs in the world and is recognized as a national leader in curricular innovations. Additional information can be obtained by calling Sandra Rosen, PhD, program coordinator, at (415) 338-1245 or go online to http://online.sfsu.edu/mobility.

Evening and weekend courses are convenient for individuals who have jobs. Social workers who qualify for this work are assured of employment, because there is a shortage of qualified practitioners in the field. Those willing to equip themselves with these skills can help their communities cope with a growing and unfulfilled need.

I first learned of the work and amazing background of Sandra Rosen when I was trying to help a student. She started work in the field of rehabilitation as a physical therapist. Her desire to “teach people real life skills, enabling them to live their lives as they wish, even in the presence of visual impairment,” led her to pursue a career in the O&M field. Dr. Rosen’s long and continued dedication to the field has greatly contributed to the areas of sensorimotor development of children who have visual impairments and independent travel for individuals with visual and physical impairments. Her work includes the development of comprehensive mobility techniques and curriculum, innovations in personal preparations, and the establishment of the first university level O&M program in Europe.

To view the entire article, please visit www.naswca.org/associations/7989/files/hyatt1013.pdf. To request a printed copy of this article, please email naswnews@naswca.org. California News columnist Lillian Hyatt is an AARP California policy advisor. A policy advisor reviews legislation, regulations and other proposals to promote official AARP policy updated annually and approved by its board of directors. Professor Hyatt can be seen at www.youtube.com. Search for Lillian Hyatt.

Renee Cusano, BS, is a student who has completed her first year in the orientation and mobility program at San Francisco State University, and is concurrently pursuing a MA in special education.

How Are We Doing? Part 2: Comparing Social Worker Density

By Patrick Mace

Last issue, I looked at Bureau of Labor statistics data on “Community and Social Service (C&SS) Occupations” and found that California was below average and ranked at 31st among all states. Within the “Community and Social Service (C&SS) Occupations” data is a subset of data on “social workers.” In May 2012, there were 582,270 people working with a title of social worker. The word “title” used here as the definition of “social worker” is not consistent from state to state because in some states (including California) the title is not protected by law. Thus in those states a social worker lacks specific legal definitions of education and training. However, in spite of the problem, the count of people employed as social workers does provide a means of comparing the efforts of “social workers” within a given state and does offer a means of comparison.

This article also contains a table comparing information about people employed as social workers for the 10 most populous states, plus Vermont, the number one ranked state.

We can see how many people in each state are employed in the social worker occupation title. In the United States there are 582,270 social workers, with 183 employed for each 100,000 residents. On average they earn $47,370 annually with a total of $27.5 billion spent. California employs the most with 63,270 social workers, 166 employed for each 100,000 residents. California’s social workers earn an average salary of $53,247 each year with total spending in the state at about $3.5 billion. But this does not mean California is the best at providing social workers to work in the state social service system. In terms of numbers of social workers per 100,000 residents, California ranks 37th among all the states. Massachusetts is the leader with 390.75 social workers per 100,000 residents. New York ranks 11th and has 259 social workers for each 100,000 residents. Pennsylvania has 272 social workers per 100,000 and ranks 9th. Florida and Texas have 106 and 112 for each 100,000 residents and are ranked 51st and 52nd.

If the population of each state is considered, California’s ranking is not the best. When number of social workers employed for each 100,000 people is compared, California falls to 37th among states with a lower density of social workers available to residents. California may employ more social workers, but their work is spread more thinly across a much larger 38 million population. Thus, we can say that California social workers are less dense within the population than are the same occupations in New York and most other states. California has 36 percent fewer social workers available to its residents than does New York and 43 percent fewer capacity than Massachusetts.

To read the rest of the article, please visit www.naswca.org/associations/7989/files/opinion_mace_10_13.pdf.
Covered California Questions Answered

Starting this month Californians will be able to sign up for health insurance in the state’s new health exchange, known as “Covered California.” According to Mark Beach, communications director for AARP California, there are online resources to help guide people through the process. The website at www.HealthLawFacts.org has useful information about the Affordable Care Act, and the www.HealthLawAnswers.org is an interactive site that asks a few simple questions to produce a customized report.

“It’s really just seven questions: Where do you live? What’s your age range, family status, etc. And based on these answers, the site provides guidance,” Beach said.

The actual costs and full details of the health plans won’t be available until October 1, but Beach said they hope people will take the time now to educate themselves so they make the right decisions. The Affordable Care Act requires that most people have insurance by January. Beach said it’s important to demystify the law for people of all ages.

“Even if folks are 65-plus and on Medicare, they may have children, grandchildren, other relatives who will be affected by the new health care law.”

When people file their 2014 income tax returns, they will have to report their health insurance coverage. Those who are not covered will be penalized 1 percent of their income. In 2017, that penalty increases to 2.5 percent. More information can be found at www.CoveredCA.com and at www.AARP.org.

Become a Covered California CEC

California’s implementation of the Affordable Care Act is right around the corner. Enrollment in health plans through Covered California began October 1, 2013 and will continue until March 31, 2014.

By January 2014, most people will be required to enroll in a health plan. As social workers, we are interested in making this transition as easy as possible for our clients. One way to help ease this transition for our clients is to become a certified enrollment counselor (CEC), which is a title available through Covered California. In order to become a CEC, it is necessary to become affiliated with a Certified Enrollment Entity (CEE). CEE information will be provided by Covered California to those who are interested in becoming CECs. Any individual who is interested in becoming a CEC is responsible for submitting an application for affiliation to a CEE. Once the application is approved, the CEC can begin the background screening process as well as CEC training. Certified Enrollment Entities are paid a flat fee of $58 per successful application and $25 per successful annual renewal. The Enrollment Entities compensate the individual Enrollment Counselors.

If you are interested in becoming a CEC, you can contact the Covered California Certified Enrollment Counselor Help Desk at (888) 402-0737 or assister-info@ccgrantsandassisters.org.

Important BBS Announcement
Attention September Renewal Candidates:

The Department of Consumer Affairs is in the process of replacing its current licensing and enforcement data systems. The new data system “BreEZe” will be implemented on or about September 17, 2013.

During the transition from our current system to the new BreEZe system, all cashiering functions will be temporarily suspended beginning early September 2013.

This temporary suspension may impact your renewal. To avoid any possible lapse in licensure or processing delays, September renewal candidates are strongly encouraged to submit their renewal fees prior to September 1, 2013. As usual, all other renewal candidates should allow four to six weeks processing time for your renewal application.

For more information, visit www.dca.ca.gov/about_dca/breeze/index.shtml.

Questions? Contact the Board office by email at BBSWebMaster@dca.ca.gov (in the subject line add “Question about Renewal”).

Covered California Questions Answered

Professional Social Workers We Help Experienced. Ethical. Educated.
REGION REPORTS

REGION A
San Francisco, Marin, Sonoma, Mendocino, Lake, Humboldt, Del Norte

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Assistant Director
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Sonoma Unit Chair
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Carla Schwartz
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Humboldt Unit Chair
Debbie Patton
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San Francisco Unit Report
By Mark Thoma, EdD, MSW
The San Francisco unit hosted a networking and free CEU event in September at Jewish Family and Children’s Services on cognitive decline and the risks of financial abuse. Thank you to William Amaral, LCSW, of Adult Protective Services and Rebecca Paul, Esq., of Jewish Family and Children’s Services for presenting. Please mark your calendar for our next and final 2013 networking and CEU event slated for Thursday, November 14, from 5:30pm to 7:30pm. The monthly meeting begins with networking and refreshments before the presentation. We welcome all local social workers and other mental health workers to attend. Contact Ly-Lan Lofgren, LCSW, at lylanmvlofgren@gmail.com for more information and/or directions.

REGION C
Alameda, Contra Costa, Napa, Solano

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REGION D
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San Mateo Unit
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San Luis Obispo Unit
By L. Jeannette Davis
The SLO Unit’s fall schedule continues with a 1.0 CEU presentation “Identifying and Working with Gifted Kids” by Annette Sheely, M.A., on Thursday, October 24 from 5:30pm to 7:30pm. The monthly meeting begins with networking and refreshments before the presentation. We welcome all local social workers and other mental health workers to attend. Contact Ly-Lan Lofgren, LCSW, at lylanmvlofgren@gmail.com for more information and/or directions.

REGION E
San Diego, Imperial

CONTACTS
Director
Jennifer Tinsley, MSW
naswcaregione@gmail.com

Assistant Director
Bera K. Sekhon, MSW
ad.regione.nasw@gmail.com

Region E Report
By Jennifer Tinsley
Region E celebrated the summer ending by having a kick-off monthly meeting on September 18, 2013. We had a great turnout and used the meeting to plan for our upcoming year. We have lots of ideas for workshops, CEU’s and, of course, our annual Social Work Awards Dinner in March.

Region E is working closely this year with the various social work programs in San Diego and Imperial County. We also will be cohosting a couple of events with the NASW New Professional Network including a panel on Social Work careers in October. Please join our Facebook page for our upcoming events and local announcements at https://www.facebook.com/#!/groups/NASWCA.RegE/.

REGION F
San Bernardino/Riverside, Orange County, Palm Desert

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San Mateo Unit
Suh-Liang Ou
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San Luis Obispo Unit
By L. Jeannette Davis
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**REGION REPORTS**

**Orange County Unit Chair**  
Leslie Wind, PhD, LCSW  
wind@usc.edu

**Palm Springs/Desert Cities Unit Report**  
By Katrina Bullard, MSW  
Please join us for our monthly meeting on Wednesday, November 6 from 6:00pm to 7:30 pm in the Bistro Room at the Mirage Inn at 72750 Country Club Drive in Rancho Mirage. Come enjoy networking with fellow social workers. For more information, contact the Unit Chair Joseph at (310) 622-3022 or by email at hotplate0149@yahoo.com.

**REGION G**  
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**Assistant Director**  
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Maryellen Benedetto  
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**Regional Alternative Director**  
Jolene Hui  
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**REGION I**  
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**Assistant Director**  
Shammee Sorrell  
shammee.dawson@gmail.com

**FACEBOOK LINKS**

**Regions and Units**

Region A  
https://www.facebook.com/NASWCaRegionA.SFoDN

Region B  
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www.facebook.com/pages/NASW-San-Luis-Obispo-County-CA/210534318023578

San Mateo  
http://www.linkedin.com/groups/NASWCA-San-Mateo-Unit-4369477/about  
http://www.facebook.com/NASWCA.SanMateo

Region C  
www.facebook.com/pages/NASW-Region-C/129624850402761

Silicon Valley Unit  
www.facebook.com/groups/316727771773901/?l=#!/groups/178032362231010/?fref=ts

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Chico Unit  
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Region E  
www.facebook.com/groups/NASWCA.RegE/

Region F  
Desert Cities and Riverside County Unit  
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www.facebook.com/NASW.OrangeCounty  
www.facebook.com/NASWAHD

Region G  
San Fernando Valley Local Unit  
www.facebook.com/groups/nasw.sfvlu/  
www.facebook.com/groups/NASW.SB/

Region H  
West Los Angeles  
www.facebook.com/groups/regionh纳斯w/

Region I  
www.facebook.com/groups/NASWCAREGIONI/

Counsils  
Social Action/Social Justice Council  
www.facebook.com/groups/316727771773901/

NASW-CA Chapter  
www.facebook.com/naswca

**New Professionals Network (NPN)**

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https://www.facebook.com/NASWCA.NPN

Sacramento  
https://www.facebook.com/NPNSac

San Diego  
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COUNCILS

WOMEN’S COUNCIL

The Alternative of Restorative Justice

By Marilyn Montenegro

“I felt bad about stealing that woman’s wallet, I needed money so bad, I know it was wrong, I wish I could make it up to her.”

But Dianne never had a chance to make things right with the woman or even to tell her she was sorry. Norma, the woman whose wallet was stolen, was excluded from the process but assured that “justice was done.” Both women felt that their individual circumstances and concerns had been ignored. The traditional system of retributive justice, based on punishment, failed to repair the harm that had been done.

If Dianne and Norma had been in Yolo County, Calif., they might have participated in the Neighborhood Court pilot program, which, using trained volunteers, would assist Dianne and Norma to engage in dialogue, develop an understanding of each other’s motivations, develop a plan to repair the harm and address the factors that led to the theft. Once the plan was completed, all charges against Diane would be dismissed.

With restorative justice Norma could have her money returned, Dianne might have had the opportunity to participate in a drug treatment program and the community would be a safer more cohesive place.

The Neighborhood Court system is based on the principles of restorative justice, focusing on repairing harm considering the unique needs of all parties.

The Women’s Council discusses a variety of practice issues at its bimonthly meetings held in the greater LA area. For information, call (800) 538-2565 ext. 57 or email womenscouncil@sbcglobal.net or mujerista@All2Easy.net.

IN MEMORIAM

Lois Marie Escobar

Lois Marie Escobar passed away August 23, 2013. She was 56. Born in San Francisco, Escobar graduated from San Francisco State with a Masters in Social Work. After earning her MSW, she began a career as a family consultant. Around 1990, Escobar began working at Family Caregiver Alliance. In 2012, she became a licensed clinical social worker.

In her twenties, Escobar moved to Nicaragua where she lived for several years. Her son, Philip Herrera, was born in 1986. She poured her boundless energy into raising her son. In 2005, she married Ricardo Ruiz and they lived in San Francisco as she continued her passionate work as a family consultant at Family Caregiver Alliance. She demonstrated her belief in family first as a devoted and loving mother, wife, daughter and sister. She also loved to spend time at the beach with her husband and beloved dog, Lulu.

Escobar is survived by son, Philip Herrera; and stepson, Ivan Ruiz; husband, Ricardo Ruiz; mother, Maria Elena Escobar; brothers, Mauricio Esteban Escobar and Rodolfo Escobar Jr.; sisters, Rosie Montalvo, Maristella Escobar, and Nilita Escobar; and her beloved loyal companion, Lulu.

Marc Mendoza

Marc Mendoza was a long time staff member and lead trainer at California State University Los Angeles’ Center on Child Welfare. He passed away September 20, 2013. Mr. Mendoza was with the Center since its inception in 1999. He was well respected for his knowledge and skills in child welfare policies and practices, not to mention his incredible dedication, leadership and integrity to the Center, the Inter-University Consortium (IUC), CSULA and the School of Social Work, where he taught child welfare courses as a part-time faculty member. Contributions and condolences in his memory may be sent to Harkmore Lee, MSW, Director, Center on Child Welfare, California State University, Los Angeles, 5151 State University Drive, Golden Eagle (GE) #314, Los Angeles, CA 90032.

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