

2017 NASW-GA ANNUAL CONFERENCE WORKSHOP ABSTRACTS

Conference Workshops: (select one workshop per session)

Please Note: NASW Georgia Chapter reserves the right to change the conference schedule as needed

Friday A Sessions (11:00 AM – 12:30 PM)

- A1: Lobbying 101: Influencing State Policy - Social Justice, Advocacy & the Social Work Profession
- A2: Implementing Social Work Skills in Case Managing Veterans Using Housing First Model and Harm Reduction Practice
- A3: Update: New NASW Code of Ethics Standards for Tele-Mental Health, Telecommunication and Social Media (**telemental health; ethics or core**)
- A4: Children and Adolescents Surviving Trauma
- A5: Medicaid, Medicaid Waivers, and Advocacy: How You Can Help Georgia's Most Fragile Population
- A6: PIE: Georgia Services for Crime Victims
- A7: Seeing the Woman Not Just the Addict: How to Best Help Women Seeking Drug and Alcohol Treatment

Friday B Sessions (2:30 PM – 4:00 PM):

- B1: Through the Eyes of a Child: A Look at How Grief Impacts Children Involved in Domestic Violence and the Importance of Grief Group Counseling for this Population
- B2: Jews, Anti-Semitism and the United States
- B3: Help Me Help You: A Path to Stronger Leadership
- B4: Self Care and Resilience: A Professional Imperative
- B5: Evaluation of Social Work Practice and Well-Beings of Social Workers Through Single Subject Research Design (SSRD) (**Faculty/Student Presentation**)
- B6: Trauma-Informed Care and the Implications for Service Providers, Staff and Social Work Practice
- B7: WellCare Health Plans Advocacy and Community Based Programs Through Social Work

Friday C Sessions (4:15 PM to 5:45 PM):

- C1: The Ethical Challenges of Working with Military Families (**ethics or core**)
- C2: The Stress Excuse: Is Stress Killing Us or Saving Us?
- C3: Modern Girl Movement, Inc.: A Community Organization
- C4: The Many Faces of Postpartum Depression: Assessment, Diagnosis and Treatment
- C5: Identifying, Preventing, and Addressing Job Burnout for Social Workers
- C6: International Social Work Panel
- C7: Working with Transgender, Gender Nonconforming, Non Binary

Saturday D Sessions (10:45 AM – 12:15 PM):

- D1: Cultural Competency and Awareness for Social Workers - Effectively Serving the Latina/o Community
- D2: Incarcerated Youth: Characteristics, Systemic Risk Factors, and Interventions to Reduce Recidivism
- D3: Tipping the Scales in Favor of Wellness: Using Motivational Interviewing Techniques in Crisis Intervention
- D4: Standing Up Requires Overcoming One's Resistance to Change
- D5: Expert Witness Testimony: Calm, Cool, and Collected
- D6: Blue Genes: The Psychosocial Impact of Hereditary Breast Cancer
- D7: Safety to Struggle; Safety to Succeed

Saturday E Sessions (2:30 PM – 4:00 PM):

- E1 & F1: Ethics and Risk Management in the New Era of Social Work (**3 ethics or core CE hours**)
- E2 & F2: Clinical Supervision: DSM 5 Overview and Review (3 core CE hours)
- E3: 19th Century African American Social Settlement: Implications for Today
- E4: Empowering Families in Family Court: Meaningful Participation and Access to Justice
- E5: Clinical Grounding Techniques
- E6: Empowering Poly Families
- E7: The Conundrum of Noncustodial and Nonresidential Fathers: Child Support

Saturday F Sessions (4:15 PM – 5:45 PM):

- F3: What I Wish I Knew When Starting My Private Practice
- F4: How Do You Speak During a Crisis? Our Language Can Make All the Difference!
- F5: *Portraits of Professional CAREgivers: Their Passion, Their Pain* (Documentary and Facilitated Discussion)
- F6: Effectively Using a Screening and Brief Intervention and Referral to Treatment (SBIRT) APP in Clinical Social Work

Sunday Ethics (8:45 AM – 2:30 PM): (5 ethics or core CE hours)

- G1: I AM a Social Worker – Standing Ethically in Our Professional Truths
- G2: Ethical Considerations in Social Work Practice
- G3: Ethical Practice in the World of Technology-Assisted Social Work
- G4: Balancing Act: Field Supervision, Ethical Decision-Making and Self-Care During the Era of Social Media

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Friday, October 20, 2017

A1: Lobbying 101: Influencing State Policy - Social Justice, Advocacy & the Social Work Profession. How can you advocate for the health and well-being of Georgia's citizens? Join us for this interactive active session to learn preparation steps to advocate, information key to advocacy, tips for meeting with policymakers, and followup tips. We will also discuss social workers as expert witnesses and the roles social workers play as expert witnesses. Presented by Wendi L. Clifton, Esq., NASW-GA Chapter Legislative Advocate. **Area: Legislative Advocacy; Social Justice. Targeted Audience: All. Level: All.**

A2: Implementing Social Work Skills in Case Managing Veterans Using Housing First Model and Harm Reduction Practice. Providing case management to veterans involves understanding the multifaceted services that is necessary to assist the veterans in maintaining housing and as such eradicate homelessness. Housing First model attempts to provide stable housing so that the veterans can begin to integrate back into the community. Harm Reduction practice allows the veteran to begin to make appropriate choices around substance use and treatment. Social workers who specialize in assessing the needs of veterans who use substances are instrumental in coordinating needed services, advocating for veterans and managing a comprehensive health care plan for veterans. Presented by Susannah Stone, LCSW, MAC, CAADC, ICCDP-D, Social Worker, Department of Veteran Affairs, HUD VASH, Fort McPherson. **Area: Addiction/Substance Abuse; Case Management; Military/Veterans. Targeted Audience: Social Workers; Addiction Counselors; Mental Health Clinicians; Nurses; Case Managers; Peer Specialists. Level: Intermediate to Advanced.**

A3: Update: New NASW Code of Ethics Standards for Tele-Mental Health, Telecommunication and Social Media. Workshop will inform attendees of the new telecommunication ethical standards approved by the Delegate Assembly on August 4, 2017 for inclusion in the NASW *Code of Ethics*. The presentation will include a review of past and present ethical standards related to the use of technology and social media in social work practice as well as a review of the current Georgia Composite Board Frequently Asked Questions (FAQ) regarding Tele-Mental Health practice. Attendees are encouraged to bring questions and practice experiences to discuss. Presented by Moshe Manheim, LCSW. **Area: TeleMental Health; Ethics. Targeted Audience: All. Level: All. (ethics or core)**

A4: Children and Adolescents Surviving Trauma. This presentation provides an introductory overview of how emotional trauma affects the development and behavior of children and adolescents. Starting with a reminder of the language used to describe emotional trauma along with common causes, the presentation offers insights into how traumatic experiences affect brain development, attachment, and behavior. This information provides an essential basis for those working with children and adolescents with histories of traumatic experiences, including most children/adolescents seen by social workers in the practice areas of child welfare, juvenile justice, and mental health. Presented by Debra Nelson-Gardell, PhD. **Area: Children and Adolescents; Trauma. Targeted Audience: All. Level: All.**

A5: Medicaid, Medicaid Waivers, and Advocacy: How You Can Help Georgia's Most Fragile Population. Children and adults with Medical and intellectual disabilities cannot be treated the same as typical populations. This workshop provides invaluable insight into the services available to this special population, including barriers to permanency planning and locating resources. Tips for advocating, as well as the importance of foresight, Medicaid waivers, SSI (Supplemental Security Income) vs SSDI (Social Security Disability Insurance), and more will be discussed. Helpful for all social work professionals! Presented by Christina Mahoney, LCSW. **Area: Developmental Disabilities. Targeted Audience: Child Welfare; Medical Social Work; School Social Work; Private Practice. Level: New to Intermediate.**

A6: PIE: Georgia Services for Crime Victims. After a crime, especially a violent crime, a Georgia citizen becomes a "new person in a new environment." More times than not, citizens are unfamiliar with the barrage of questions from law enforcement, the inner workings of the justice system, nor the public conversations that inevitably occur. Services are available for crime victims and clinician awareness of such services is vital to ensure citizens are prepared to face the aftermath of victimization. During this presentation, clinicians will be provided an overview of the impact of crime, resources available to victims, and the rights afforded under the Georgia Crime Victims Bill of Rights. Information related to applying for Victim Compensation to cover reimbursable costs of medical expenses, loss of earnings, funeral expenses, and mental health counseling will also be presented. The session will close with an overview of services Georgia's P.o.r.c.h. provides to co-victims of homicide, suicide, and emergency services personnel; the overview will include information on the Public Conversations Project. Presented by Kim McCoy, Director of the Victim Witness Unit for the District Attorney's Office, Cobb County; Danielle Lewis, Training and Outreach Coordinator for the Victims Compensation Division; and Cynthia Doss, LPC, LMSW, Founder and Project Director of Georgia's P.o.r.c.h. **Area: Community Practice / Community Organization. Targeted Audience: All. Level: All.**

A7: Seeing the Woman Not Just the Addict: How to Best Help Women Seeking Drug and Alcohol Treatment. Women who suffer from addiction are an invisible group in our society. Few facilities provide treatment that addresses their special needs as women and parents. This workshop highlights the personal journey of Valvese Knight including her 35 years in recovery and 28 years working on behalf of women with drug and alcohol addiction. Her successful work with these women as an outreach counselor lead to the start of New Choices Women's Day Treatment Center (McIntosh Trail CSB). In 1994, as its

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Program Director, Valvese applied a wholistic treatment approach that enhanced the women's self-esteem and improved their ability to parent. Using case studies and her personal experience, Valvese discusses how "mind trap thinking" interferes with behavioral change and how to effectively use TSU brief intervention techniques with women seeking treatment for drug and alcohol addiction. Presented by Valvese Knight NCAC II, GACA II. **Area: Addiction/Substance Abuse. Targeted Audience: All. Level: All.**

B1: Through the Eyes of a Child: A Look at How Grief Impacts Children Involved in Domestic Violence and the Importance of Grief Group Counseling for This Population. This presentation will explore how grief impacts both children and adolescents affected by domestic violence. Areas of focus will include at-risk behaviors, identity confusion, issues of self-worth, and many other behavioral health issues. The presentation will also illustrate the positive impact that grief counseling groups used as interventions have among adolescents (with a special focus in the public school environment). Barriers that hinder the effective delivery of group counseling within the public school arena will also be addressed (such barriers are amount of time in the school day, student caseload, and administrative support). This presentation will also address the critical role that school social workers and behavioral health professionals play, in effectively providing group counseling interventions to children adolescents who are affected by grief and loss due to domestic violence. Presented by Kiana Battle, PhD, LMSW; and Michele Scordato, MSW, PhD. **Area: Children and Families; Domestic Violence. Targeted Audience: School Social Workers; School Counselors; School Psychologists; School Administrators; Behavioral Health Professionals; Youth Workers; and Anyone who Provides Direct Services to Youth and Adolescents. Level: All.**

B2: Jews, Anti-Semitism, and the United States. This workshop will discuss the rise of recent anti-Semitic incidents in the United States and responses from the Jewish and secular communities. Presented by Dorothy F. Carrillo, PhD. **Area: Cultural Competency. Targeted Audience: All. Level: All.**

B3: Help Me Help You: A Path to Stronger Leadership. Relationship dynamics in the workplace will often imitate family dynamics for better or for worse. Emotionally draining, disruptive and counterproductive behaviors at work are commonly attributable to underlying codependency and interpersonal dysfunction. Through this interactive session, leaders in the helping profession are introduced to key mechanisms that reduce workplace incivility while promoting higher worker engagement and efficacy. Discover the latest research on disruptive workplace behavior and how to get a handle on it. Review and discuss real life scenarios to help you stop the practice of emotional overspending and stay emotionally fit at home and at work. Presented by Deborah Kinlaw, LCSW, MAC, Chief Executive Officer, Phoenix Center CSB, and Executive Director, Tri-County Behavioral Health Foundation. **Area: Leadership; Self-Care; Clinical Practice. Targeted Audience: Helping Professionals in a Supervisory Role. Level: Intermediate to Advanced.**

B4: Self Care and Resilience: A Professional Imperative. This experiential training will expand the view of self care past the activities we do (or don't do) to encompass our personal and professional values, and tap into our sense of purpose. Self-care will be examined at all levels of Maslow's Hierarchy, with evidence-based resilience-building activities suggested for each level. Presented by Kelly Stevenson, LCSW, currently employed by the Mount Carmel Crime & Trauma Assistance Program in Columbus, OH. **Area: Self-Care. Targeted Audience: Helping professionals concerned with compassion fatigue and burnout. Level: New to Intermediate.**

B5: Evaluation of Social Work Practice and Well-Beings of Social Workers Through Single Subject Research Design (SSRD). It is critically important that social workers evaluate the effectiveness of their practice and their well-beings for their best practice through research evidence. Conducting Single Subject Research Design (SSRD) is one of the best and most convenient ways to evaluate social work practice and well-beings of social workers. In this presentation, seven MSW students with their two instructors for Research Methods Class at Valdosta State University will present a model for how to examine the effectiveness of the intervention and the well-beings of social workers through SSRD. The target populations chosen by their SSRD were adolescents, populations with substance abuse, populations with HIV risk, victims of domestic violence, sex offenders, and social workers. The effectiveness of the interventions such as positive self-talk, talk therapy, Mediation adherence, socialization, Cognitive Behavioral Therapy group, mindfulness, and relaxation breathing exercises were examined to reduce the negative emotions/behaviors of clients and social workers through SSRD. Presented by Regina Scruggs, LCSW, MS, Instructor, Valdosta State University Department of Social Work; Dr. Hanae Kanno, PhD, MSW, MA, Associate Professor, Valdosta State University Department of Social Work; Dr. Mizanur Miah, PhD, MA, MPH, MSW, Department Head and Professor, Valdosta State University Department of Social Work; and MSW Students Jaime Albright, Hannah Davidson, Donna Douth, Jacqueline Furey, Laura Hewitt and Jessy McMullan. **Area: Clinical Practice; Mental Health; Social Work Educators; Social Work Research; Evaluation of Social Work Practice. Targeted Audience: Social Workers/Helping Professionals in any field; and Social Work Students. Level: All. (Faculty/Student Presentation)**

B6: Trauma-Informed Care and the Implications for Service Providers, Staff and Social Work Practice. Social Workers across practice environments are increasingly being asked to be Trauma-Informed when working with clients that have experienced acute, chronic, complex and historical trauma. Trauma-Informed Care is an organizational structure and treatment framework that requires practitioners to take into consideration a client or family's trauma history when interacting with that system with a goal of not re-traumatizing. Trauma-Informed Care also has an emphasis on safety and support for staff and clients. While embedded in best practices, Trauma-Informed Care can be difficult for agencies to implement and maintain. Application of Trauma-Informed Care requires ongoing training, updated policies and procedures and technical expertise. This

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workshop will discuss the complexities both macro and micro. This workshop will also provide some key strategies and the strengths and barriers of those strategies. Real world examples will be shared, with particular practice setting examples from homelessness and child welfare. Presented by Antwan Aiken, LCSW, MPA, Psychotherapist, Southside medical Center. **Area: Treatment Modalities. Targeted Audience:** Direct Service staff, Agency Administrators, Nonprofit Leadership. **Level: Intermediate.**

B7: Wellcare Health Plans Advocacy and Community Based Programs Through Social Work. Innovative and non-traditional partnerships are increasingly important in addressing community health issues. Through the use of community needs assessments, a Managed Care Organization introduced a CommUnity Advocacy function to launch local community planning and mobilizing efforts to quantify and sustain the Social Safety Net. The HealthConnections model brings together community stakeholders to impact positive health outcomes. The model includes four components and partnerships with Universities to address healthcare gaps for underserved populations. Presented by Veatrice Futch, LMSW, C-ASWCM, State Manager, Advocacy and Community Based Programs, WellCare Health Plans, Inc.; LaTorey Howard, LCSW, AMS, Senior, Community Advocate, WellCare Health Plans, Inc.; and Erika Pope, LSW, WellCare Health Plans, Inc. **Area: Advocacy. Targeted Audience:** Mezzo Social Work Practice. **Level: New.**

C1: The Ethical Challenges of Working with Military Families. In today's diverse healthcare environment, practitioners cannot make assumptions about patients' behaviors based on their own cultural backgrounds. Social Workers are expected to communicate and interact effectively with a broad range of clients with varied cultural origins and to work within a patient's cultural context. Social Workers working with military members and their families often face ethical challenges unique to this population. Military culture includes patterns of beliefs, language, and cultural practices that impact use of healthcare services and health practices. The NASW code of ethics stresses the importance of social work professionals being culturally competent and continuing to broaden their knowledge to work with diverse populations. Developing military cultural awareness begins with self-reflection and self-assessment regarding one's own beliefs and experiences. These ethical dilemmas, for which there are no simple right or wrong answers, will constitute the issues addressed in this workshop and some pathways toward resolution will be delineated. Presented by William C. White, LCSW, MSW, Director, Robins Air Force Base Psychological Health Program. **Area: Advocacy; Ethics; Military, Children and Families; Medical Social Work. Targeted Audience:** Clinical Practice. **Level: Intermediate. (ethics or core)**

C2: The Stress Excuse: Is Stress Killing Us or Saving Us? Stress sure gets a bad rap. We blame it for everything from being a few minutes late to terminal illnesses. But, is stress all bad? Is it possible that stress actually makes us happier? How to reduce stress or de-stress are really popular topics in social work, but is it possible to get better at stress? Learn what the most recent studies tell us about stress and how we can actually hone our stress skills into being happier, getting what we want into our lives and even living longer. Presented by Cheri Augustine Flake, LCSW, Sole Proprietor and Managing Member, The Stress Therapist, LLC. **Area: Therapeutic Technique; Private Practice; Clinical Practice. Targeted Audience:** All. **Level: All.**

C3: Modern Girl Movement, Inc.: Community Organization. Modern Girl Movement LLC was founded by Shemeca Patterson, LMSW. The name "Modern Girl" defines the everyday woman living in an ever changing world. The purpose of "Modern Girl" is to promote leadership, self-help, provide therapeutic communication, and positive influences to all women. Through annual empowerment conferences, community outreach, leadership workshops, and educational seminars, "Modern Girl" aims to assist women by allowing them to discover their inner strengths, talents, as well as find their motivation to reinvent themselves and live life freely. With this workshop, Modern Girl will be utilized to help others see the affects of depression, anxiety etc. on the everyday woman, and how to use tools to help others see her worth. Cognitive Behavior therapy will be a main topic and how this business uses this therapeutic method to help change the minds and the thought process of individuals in order to help them find empowerment, increase self worth, and develop coping methods to help them individually. Presented by Shemeca Patterson, LMSW, Department of Veteran Affairs, Montgomery, AL. **Area: Administration/Management Community Action/Organization Private Practice; Cognitive Behavior Therapy. Targeted Audience:** Women. **Level: New.**

C4: The Many Faces of Postpartum Depression: Assessment, Diagnosis and Treatment. Following the birth of a baby, a wide range of emotions is possible. While there is joy (and relief!) mothers may also feel overwhelmed, sad, uncertain, frustrated and anxious. This presentation will explore the social, biological, and social factors that contribute to postpartum emotional distress and touch on the types of support and treatment that can help the family during the postpartum period. Presented by William (Bill) Meyer, MSW, LCSW, Associate Clinical Professor - Department of Psychiatry and Obstetrics and Gynecology, Duke University medical Center (DUMC), Director of Training, Department of Social Work, and Clinical Social Worker, High Risk Ob Clinic. **Area: Clinical Practice. Targeted Audience:** All. **Level: All.**

C5: Identifying, Preventing, and Addressing Job Burnout for Social Workers. Genuineness, concern for others, and empathy are characteristics used to describe the professional social worker. To this end, the helping professional tirelessly works on behalf of and in collaboration with the client to move them from stagnant life situations into positive life situations. Helping professionals generally enter the profession with high intensity and a goal to positively serve each client. These high ideals and goals are often met with chronic negative issues that result in the worker feeling less than energetic and client centered. The end state of this negative pattern is called job burnout. For the professional helper, job burnout causes severe consequences for not only the helper; but also, the client and organization. The purpose of this training is to explore the six

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antecedents of job burnout: workload, control, values, fairness, reward, and community and help seasoned and new professionals learn how to quickly identify the signs and symptoms of this phenomenon. In addition to learning the signs and symptoms of job burnout, participants will engage in an exercise to create self-care plans. This presentation is holistically designed to create awareness for participants to ensure professional efficacy throughout their career. The presentation will be a combination of lecture, activity and participant discussion. Presented by Felicia Wilson, PhD, LMSW, CAMS-II, Associate Professor, Human Services, Saint Leo University. **Area: Self-Care. Targeted Audience:** Practitioners. **Level: New to Intermediate.**

C6: International Social Work Panel. Presented by Debra Nelson-Gardell, PhD; Wenjie Chai, International Student; and Burcu Ozturk, Doctoral Student. **Area: International Social Work. Targeted Audience:** All. **Level: All.**

C7: Working with Transgender, Gender Nonconforming, Non Binary. Transgender is defined as anything that violates the gender binary. A transgender identity is therefore any identity that doesn't acquiesce to our society's strict standard of what constitutes a man or a woman. With neutral pronouns like 'they/them' and new identities like agender, genderqueer, and pangender, what are the skills that clinicians can use to offer these individuals a comfortable space for therapy? For those seeking to transition, and having had no other interaction with the mental health field, the very necessity of having to seek out a licensed mental health provider can be invalidating as a part of their path to seeking hormones. I will start the discussion with a brief presentation on the etiquette of interacting and working with transgender clients, followed by a short summary of various identities, terms, and pronouns. I will also bring resources and articles for those seeking to do further research. Presented by Lucia Caltabiano, MSW (LMSW pending). **Area: Cultural Diversity; Mental Health; Cultural Competency. Targeted Audience:** Mental Health Providers and Marriage and Family Therapists. **Level: Intermediate.**

Saturday, October 21, 2017

D1: Cultural Competency and Awareness for Social Workers - Effectively Serving the Latina/o Community. This presentation will review relevant factors that social work practitioners should be aware of to effectively provide services to the Latina/o community. The aim of this presentation is to educate and encourage sensitivity about the contemporary and interrelated sociopolitical issues impacting one of the largest demographic groups in our country. Issues related to education, social services, mental health, and immigration will be explored. Strategies to address some the identified issues will be provided. Presented by Eckart Werther, PhD, LCSW, Assistant Professor in the Department of Psychology at Clayton State University. **Area: Cultural Competency. Targeted Audience:** All. **Level: All.**

D2: Incarcerated Youth: Characteristics, Systemic Risk Factors, and Interventions to Reduce Recidivism. The U.S. Department of Justice Office of Justice Programs estimates that on any given day, more than 50,000 youth are incarcerated in correctional institutions. Most incarcerated juveniles (60%) have been arrested for nonviolent crimes and share common characteristics including trauma histories and mental health diagnoses. Black and Latino youth and youth from lower socioeconomic communities are more likely to be sentenced to juvenile detention than youth from more affluent backgrounds. Unfortunately, youth incarcerated as minors are less likely to graduate high school and more likely to enter the criminal justice system as adults. Social workers are at the forefront in the design and implementation of micro, mezzo, and macro levels of interventions to reduce recidivism among incarcerated youth. Presented by Alexander Pajak, LCSW, Mental Health Clinician, MHM Services, Inc., at Dekalb County Jail. **Area: Children and Families; Reducing Recidivism Among Juvenile Offenders. Targeted Audience:** Social Workers in School, Community Therapy and Justice Settings. **Level: Intermediate to Advanced.**

D3: Tipping the Scales in Favor of Wellness: Using Motivational Interviewing Techniques in Crisis Intervention. Viewed through the lens of a motivational interviewing, a crisis can be a prime opportunity to move an individual past ambivalence and toward recovery from substance use and mental health. This workshop will focus on utilizing motivational techniques with individuals in crisis to rapidly develop rapport and increase efficacy of assessment and overcome barriers to successful crisis intervention. We will review how to use motivational interviewing techniques to engage with individuals ambivalence toward wellness and utilize the crisis to tip the balance in favor of engagement in treatment process and increase likelihood of follow through with treatment and prevention of future crises. Presented by Selina Popovich Evans, LCSW, Region 4 MH Mobile Crisis Director, Benchmark Human Services. **Area: Addiction/Substance Abuse; Clinical Practice; Mental Health. Targeted Audience:** Clinicians working with individuals facing the challenges of mental illness and or substance abuse. **Level: Intermediate.**

D4: Standing Up Requires Overcoming One's Resistance to Change. So much of what stands in the way of successful, sustainable change are the perceptions, rationalizations, justifications, excuses and stories we've created (as children) that keep us locked in old habits and patterns as adults. In this presentation/workshop, Dr. Peter Vajda shares his knowledge, experience and training of how and why we resist change. Participants explore and share their experiences with resistance to change, and discuss what's holding them back. Together we look at the underlying cause of our resistance. Peter then provides valuable insights, practical exercises and powerful tools to support participants to accept, engage and embrace change from a place of equanimity, serenity and inner peace in their lives at work, at home, at play and in relationship. Presented by Peter Vajda, PhD. **Area: Administration/Management; Case Management; Clinical Practice; Cultural Diversity; Leadership; Licensure/Supervision; Self-Care; Social Work Educators; Cultural Competency. Targeted Audience:** All. **Level: All.**

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D5: Expert Witness Testimony: Calm, Cool and Collected. An introduction to providing competent and ethical testimony in juvenile, civil, and criminal court cases. Learn strategies to improve your confidence and understand further the roles and responsibilities of providing expert witness testimony. Presented by Krista L. Barker, PhD, LCSW, BCETS, Director of Clinical Services, Turning Points Counseling. **Area: Advocacy. Targeted Audience: All. Level: All.**

D6: Blue Genes: The Psychosocial Impact of Hereditary Breast Cancer. We all know someone who has been affected by breast cancer. What if this cancer had a pattern? Grandmothers, mothers, aunts, cousins, daughters, granddaughters - we have seen whole families diagnosed generation after generation. With the release of Angelina Jolie's article describing her journey through genetic testing, genetic mutations such as BRCA (Breast Cancer) have become topics in popular culture. More and more women have opted to get genetic testing as a result. Hereditary cancers present unique psychosocial and ethical issues. This workshop is intended to assist social workers navigate the genetic journey with their clients. Presented by Rochelle Schube, LMSW, Bereavement Coordinator, Crossroads Hospice. **Area: Healthcare/Medical Social Work. Targeted Audience: Medical Social Workers. Level: Intermediate.**

D7: Safety to Struggle; Safety to Succeed. Trauma Informed Care is a buzzword in today's helping professions, and safety is a core element of trauma-informed care and trauma treatment. However, safety is a vital aspect of success in any area of society. The inability to feel safe blocks engagement and hinders progress. In order to facilitate a safe environment, we must be willing to acknowledge that the perception of safety is a subjective experience. Two presenters will draw from experiences and literature from a variety of disciplines, from trauma treatment to theater, in order to delineate types of safety and the language used as a proxy for safety. Attendees will participate in discussion as well as experiential activities that allow them to explore safety from physical, emotional, and cognitive perspectives. Attendees will also learn strategies for promoting safety necessary for growth, in our clients, our coworkers, and ourselves. Presented by Samuel R. Marion, LCSW, Intake Director, Turning Point Hospital, Moultrie; and Elizabeth O. Marston, LMSW, Counselor – Inpatient Trauma Unit, Turning Point Hospital, Moultrie. **Area: Clinical Practice; Community Action/Organization; Leadership; Mental Health; Private Practice. Targeted Audience:** This workshop is appropriate for everyone as it is multidisciplinary and applicable for all settings. **Level: New to Intermediate.**

E1 & F1: Ethics and Risk Management in the New Era of Social Work. This session, developed especially for social workers, is sponsored by NASW Assurance Services, Inc. (ASI) of Frederick, MD, and describes the most significant malpractice risks in social work today and numerous methods of mitigating and reducing one's risk of being sued for malpractice. The presentation is intended for social workers in all settings and positions, not just the clinical, therapeutic mental health setting. The session will cover key concepts in risk management, such as confidentiality and its exceptions, duty to warn, and informed consent. The seminar will reveal the major reasons why social workers are sued and what you can do about those risks. We will define what constitutes a malpractice case and emphasize important recordkeeping issues, guidelines for supervision, special tips for clinical and private practitioners, and brief you about your malpractice insurance, its special features and implications for your practice. A free attendee toolkit will be distributed at the workshop which contains information about ASI, the workshop presenters, resources for managing your malpractice risk, insurance FAQs, and insurance applications. Presented by Richard L. Jones, PhD. **Area: Ethics; Risk Management. Targeted Audience: All. Level: All. (3-hour ethics or core session)**

E2 & F2: Clinical Supervision: DSM 5 Overview and Review. Workshop will inform clinicians and supervisors on how the DSM-5 revisions effect practice. The DSM-5 no longer has the multi-axial classification system and now lists the ICD-10 Codes along with ICD-9 Codes. In addition, the DSM-5 uses developmental processes and lifespan considerations, thereby eliminating some diagnoses and including new ones. Attendees are encouraged to bring a DSM-5, questions and experiences to discuss. Presented by Karen Starks, PhD, LCSW. **Area: Clinical Practice. Targeted Audience: Clinicians and Supervisors. Level: All.**

E3: 19th Century African American Social Settlement: Implications for Today. In 1892 two women, one black one white, came to Alabama after a major uprising of African Americans in Lowndes County, Alabama. One of many lynchings had occurred of African American men. Two women were sent to develop the community and begin private schools for African Americans. This is their story, and the story of a black community of very brave people who provided an education for their children. Two major communities were developed that still exist today. Presented by Harriet Means, PhD, MSW. **Area: Economic Justice/Equality. Targeted Audience: All. Level: All.**

E4: Empowering Families in Family Court: Meaningful Participation and Access to Justice. This presentation will include: 1) An overview of the Family Court system (New York) jurisdiction and cases, including custody, visitation, child protective, adoption, domestic violence, child support, juvenile delinquency and guardianship. 2) Focus on Core values: fairness in our interactions with others, promoting respect for all. Objective: timely disposition of all cases. Discuss How all litigants are treated with respect and fairness regardless of class, gender identity and expression, English language proficiency, sexual orientation, race, age and immigration status. 3) Trauma informed bench - how we interact with children, parents involved with various systems. 4) How implicit bias can be disrupted in decision making and processing of information. Emphasis on training And DMR initiatives. 5) Focus on Custody, visitation and order of protection matters: getting information from community providers, court ordered mental health evaluations (targeted evaluations and imminent risk), ACS court ordered investigations and forensic evaluations so that jurists make comprehensive fair decisions under the law. 6) The Role of social workers, state and community based agencies and attorneys working with litigants in family court. Emphasize the positive Impact of High quality advocacy on

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outcomes for court involved Families. 7) Discuss the vital role of community providers of mental health, medical, drug/alcohol treatment, special education, child development, domestic violence and sexual assault services. 8) Safety for all litigants through safe horizon and NYC family Justice center services. 9) Court models: Case conferencing, Settlement, mediation and litigation. Trial term - faster resolution of cases. 10) Interpreters and court assigned counsel available in every case required/requested; and 11) Interaction from audience for a Hypothetical - intersection between custody, domestic violence and neglect/ abuse investigation and/or litigation. Presented by the Honorable Tracey A. Bing, Judge New York City Family Court (Retired licensed attorney/Esq.; Juris Doctorate degree, Bachelors of Arts in Social Science). **Area: Juvenile Justice; Economic Justice/Equality. Targeted Audience: All. Level: All.**

E5: Clinical Grounding Techniques. When clients become outside of their affect window of tolerance, clinicians need the techniques to bring them to the present moment. From anxiety attacks, flashbacks, and dissociation, we will discuss acute symptoms and situations that would benefit from grounding techniques - whether responding in session or during a crisis call. Multitude of mental, reorientation, sensory, and movement grounding techniques will be presented (and practiced) that you can use right away! Presented by Angie Heath, LCSW, Private Psychotherapy Practice; and Alissa Tertichny, LMSW, Associate Program Coordinator & Human Services Professional, Wellspring Living - Empowered Living Academy. **Area: Mental Health; Clinical Practice; Private Practice; Therapeutic Techniques. Targeted Audience: Clinical Practice; Treatment Centers. Level: New to Intermediate.**

E6: Empowering Poly Families. Polyamory is the practice of having multiple, consenting sexual and/or romantic partners. Poly families often consist of two or three parents or any other configuration of connections. Due to stigmatization of non-monogamy in our culture, poly families are often hesitant to request the assistance of therapists and those that do often report that their families configuration, rather than their primary concern or complaint, is what the therapist chooses to focus on. Presented by Lucia Caltabiano, MSW (LMSW pending). **Area: Advocacy; Cultural Diversity; School Social Work; Cultural Competency. Targeted Audience: Sex Therapists; Marriage and Family Therapists; Mental Health Providers; Family Advocates; School Social Workers. Level: Intermediate.**

E7: The Conundrum of Noncustodial and Nonresidential Fathers: Child Support. Fathers parenting from outside the family home is a growing problem in the United States. Today, 41% of all births are to unmarried parents (Fagan & Kaufman, 2015; Child Trends Databank, 2015). Furthermore, 25% of all fathers live apart from their biological children. (Julion et al., 2012). Not only are fathers living apart from their children, but they also face barriers that prevent them from being present in the lives of their children. One such barrier involves their financial responsibilities. Many noncustodial/nonresident fathers are responsible for child support which can place a financial burden on the father if he is not financially stable (Revell, 2015; Shiele, 2005). Other barriers include legal issues such as a lack of custody and visitation rights and parenting conflicts with the mother or mothers of their child or children (Troilo & Coleman, 2013, p.159). Additional parenting barriers include involvement in the Criminal Justice System (CJS) and unmet social needs (Solomon-Fears, Falk, & Fernandes-Alcantara, 2013). Presented by Audrey D. Rodgers, MSW; and Thomaesa B. Bailey, LMSW, Founder and CEO, From Boys 2 Men, Inc. **Area: Advocacy; Social Justice. Targeted Audience: All. Level: All.**

F3: What I Wish I Knew When Starting My Private Practice. So I wanted a private practice and didn't know where to begin. I read articles, listened to podcasts, asked questions and tried to "break the codes shared" by my colleagues. Guess what, I I did it and you can as well. I created a private practice that I am proud of. I want to share with you what I learned about insurance, requirements, and clients along this process, and the effective business tools that have beneficial with keeping my practice thriving. Presented by M. Queen Bailey-Brooks, LCSW, Aging Services Consultant, Quality Assurance Coach, A Wholistic Approach, LLC. **Area: Private Practice. Targeted Audience: Social Workers Desiring to Start a Private Practice. Level: New to Intermediate.**

F4: How Do You Speak During a Crisis? Our Language Can Make All the Difference! A crisis can create turmoil not only the individual but also for the professionals. Despite the progress, suicide continues to have a negative stigma. The stigma is a result of uncertainty about how to talk openly about suicide along with the many myths that are associated with talking about suicide. Many struggle to understand how their language can make the difference between someone seeking help and someone feeling judged. David Covington identified the cognitive shift when thinking about suicide and the possibility of what happens when we take a closer look at our own beliefs. He stated in his blog from April 8, 2016; "Perhaps people do not choose suicide so much as they finally succumb because they just don't have the supports, resources, hope, etc. to hold on any longer. Their strength is extinguished and utterly fails". This workshop will take a closer look at how we can all use language to talk about suicide, and more importantly the impact of our language during a crisis situation. Through the collaboration of mental health professionals and their community which includes our school professionals, we can provide a more prevention focused system of care, thus supporting an individual through a crisis in a non-judgmental and collaborative approach. By working on how we respond, we show the individual that they matter! Presented by Megan Gleason, LCSW, Regional Manager, Mobile Crisis, Behavioral Health Link; and Reinette Arnold, LCSW, Founder and CEO, SoArt Counseling and Consulting. **Area: Brief Crisis Intervention. Targeted Audience: Young clinicians and Clinicians who struggle in crisis situations- assessing individuals in crisis. Level: New to Intermediate.**

F5: Portraits of Professional CAREgivers: Their Passion, Their Pain (Documentary and Facilitated Discussion). *Portraits of Professional CAREgivers: Their Passion, Their Pain* is a documentary film which takes us on a journey that depicts the

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dramatic emotional costs experienced by professional providers such as social workers, etc. who rescue, assist, and when possible heal the injured and traumatized. Through dramatic stories, the CAREGIVERS film probes the emotionally risky aspects of professional caregiving and public service. The audience will discover that engaged empathic caregiving can sometimes be an occupational hazard, as we explore the painful and human sides of professional's response to trauma known as Compassion Fatigue or Secondary Traumatic Stress. **Area: Self-Care; Compassion Fatigue.** Targeted Audience: All. **Level: All.**

F6: Effectively Using a Screening and Brief Intervention and Referral to Treatment (SBIRT) APP in Clinical Social Work. Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based brief screening and intervention tool that health and mental health professionals can use to help individuals who misuse substances. The SBIRT concept is based on motivational interviewing and the smartphone app provides specific steps to complete a SBIRT screening, intervention and referral. SBIRT can be used in many settings and easily infused into social work practice. Presented by Tamara Woods, PhD, LCSW, Bachelor of Social Work Field Coordinator & Assistant Professor, Fayetteville State University, Fayetteville, NC; and Mark R. Marquez, EdD, MSW, Assistant Professor, Department of Social Work and Faculty Scholar-Center for Defense and Homeland Security, Fayetteville State University, Fayetteville, NC. **Area: Healthcare. Targeted Audience:** Social Workers and Clinicians. **Level: New to Intermediate.**

Sunday, October 22, 2017

G1: I AM a Social Worker – Standing Ethically in Our Professional Truths. This workshop helps Social Workers strengthen their professional voice using the NASW *Code of Ethics* and Social Work history. The workshop will focus on Social Workers' Ethical Responsibilities to the Social Work Profession, as Professionals and to the Broader Society. Presented by Karen Starks, PhD, LCSW. **Area: Ethics. Targeted Audience:** All. **Level: All. (5-hour ethics or core session)**

G2: Ethical Considerations in Social Work Practice. Professional Ethics is the cornerstone of Social Work practice. Ethics is also the core fabric of articulating values, ethical principles, and core standards in the field of social work that serves as a guide. The NASW *Code of Ethics* establishes the standards to ensure that values, principles, and conduct of social workers are implemented. There are several ethical principles in the practice of social workers to be discussed during this presentation: Autonomy; Nonmaleficence; Beneficence; Justice or Fairness; and Privacy and Confidentiality. The field of Social Work continues to grow and we live in a society that is more prone to taking legal actions. Consequently, it is necessary for social workers to examine the codes of ethics and application to practice and especially as the field changes with the prevalence of technology and social media. This presentation is designed to review the ethical codes in social work as guidelines for what social workers "can" and "cannot do." Two dimensions to making ethical decisions: (1) Principle Ethics and (2) Virtue Ethics are addressed for application along with the following: Ethical Principles in Social Work; Ethical Codes; Ethical Issues affecting Clinical Practice; Competency & Malpractice; Informed Consent; Privileged Communications; Dual Relationships; and Summary. Presented by Dr. Janet H. Lenard, EdD, LCSW, ACSW, CACII, CCS. **Area: Ethics. Targeted Audience:** All. **Level: All. (5-hour ethics or core session)**

G3: Ethical Practice in the World of Technology-Assisted Social Work. There is no one specific answer to any ethical dilemma. As social workers it is critical that we understand the challenges and limitations that confront us in the 21st century. An in-depth knowledge of HIPAA and the Final Omnibus Rule of 2013 are critical in providing ethical, competent services to clients. This session will address the many ethical challenges and opportunities related to using technology assisted media. Professional competence, client privacy and confidentiality, informed consent and risk management issues for clients and social workers are only a few of the topics that will be addressed. Small group discussion and key ethical decision-making tools will help to build confidence in making ethical decisions in this digital age. Please bring your ethical concerns to discuss and share with colleagues. Presented by Barbara R. McLaughlin, MDiv, LCSW. **Area: Ethics; TeleMental Health. Targeted Audience:** All. **Level: All. (5-hour ethics or core session)**

G4: Balancing Act: Field Supervision, Ethical Decision-Making and Self-Care During the Era of Social Media. Field education is the signature pedagogy of social work education. It is in field that students learn basic mastery of competencies set by the Council on Social Work Education (CSWE). It is like the part of drivers training class where students get in a car and put to use what they learned in the instruction manual. The field instructor has the arduous task of providing on-the-job training for interns, while maintaining their own workload. The first lesson the field instructor must learn is self-care, as not to experience overload and burnout. The first lesson the student must learn is to walk before they run! In short, basic skills are needed before they can become seasoned social workers. Both must learn how to apply ethical decision-making to the problems that arise in these times where social media rules! Presented by Dr. Rená Glass Dixon, LCSW, School Social Worker with Rockdale County Public School System; and Diane Harvey, LCSW, Field Coordinator at the University of Georgia. **Area: Ethics; Field Supervision. Targeted Audience:** All. **Level: All. (5-hour ethics or core session)**