Supporting Strengths and Restoring Resiliency
Lessons Learned from 9/11 in New York City on Post-Trauma Recovery and Resiliency of Diverse Communities

Thursday September 1, 2011
Jacob Javits Federal Building
26 Federal Plaza
Broadway between Duane and Worth Streets
6th Floor Conference Center
New York, NY 10278

Sponsored by:
US Department of Health and Human Services, Region II
Office of the Regional Health Administrator
Office on Women’s Health
Office of Minority Health
Office of Population Affairs
Medical Reserve Corps
Regional Resource Network Program
Administration for Children and Families
Strategy Group on Mental Health and Trauma Affecting Women and Families
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Background: The US Department of Health and Human Services, Region II and the Strategy Group on Mental Health and Trauma Affecting Women and Families are convening this conference in remembrance of the tenth anniversary of the 9/11 terrorist attacks in New York City and to acknowledge September 10, 2011 as National Suicide Prevention Day. These commemorations provide an opportunity for us to gather together as a community to remember the past, honor the heroes, and to recognize how far we have come in trauma healing, recovery and resiliency.

Conference Goal and Learning Objectives:
The goal of the conference is to explore trauma as a public health issue, from 9/11 and beyond. Emphasis will be on the impact of trauma on communities, referring both to neighborhood communities and communities of people with a shared common experience. The conference will focus on lessons learned from frontline service organizations, trauma survivors, students and staff from academia as we strive to make meaning of trauma and together move towards recovery and resiliency.

Through this conference, participants will gain knowledge of:

1. The impact of 9/11 and other traumatic events on diverse communities, focusing on the role and experience of frontline community-based organizations from the New York-New Jersey metropolitan area in facilitating post-trauma recovery, resiliency, and support.
2. The experiences of those with a lived experience of trauma from 9/11 and beyond in their journey towards recovery and resiliency.
3. Insights on 9/11 by college students and staff from the New York-New Jersey metropolitan area.
4. Art expression and group reflection activities to support post-trauma healing, recovery and resiliency.

Audience: The target audience is approximately 150 frontline service organizations from diverse communities in the New York-New Jersey metropolitan area; and which work with trauma-affected women and families in public health, mental health, suicide prevention, social services, minority health, women’s health, child welfare, prevention of violence against women, and related fields.

Opening Keynote Speaker: April Naturale, PhD, MSW is a Traumatic Stress Specialist and the Former Statewide Director of Project Liberty, the New York State mental health response to 9/11. She currently serves as the Director of Disaster Services at the Mental Health Association of New York City where she manages the Oil Spill Distress Helpline and the 9/11 Tenth Anniversary Healing and Remembrance Program.

Resources: Resource tables will provide educational materials on 9/11 post-trauma recovery and resiliency and related topics.
Art Display: Art work will be displayed on recovery and resiliency from 9/11 and other traumatic events.

Return Home After 9/11 - Created by artist Nick Kline and Helga Luest from Witness Justice, the Glassbook Project is an intriguing collection of glass artwork whose main goal is to lessen the stigma and discrimination victims of trauma face. With the help of student artists, trauma survivors convey their experience by creating glass books. These glass books are meant to portray a particular topic through the point of view of a survivor. Sponsored by Witness Justice and Artist Nick Kline, Rutgers University, Newark, NJ.

Visiones del Pasado y Nuestro Futuro/Visions of Our Past and Present - Collection of art pieces by Latino clean-up workers looking at their past, present and transformation into their future lives and expressing their experiences at ground Zero after 9/11. Sponsored by Fronteras de Esperanza/Borders of Hope Program, Jackson Heights, NY.

Sombras de Ayer…Luz de Manana/Shadows of Yesterday…Brightness of Tomorrow - Art work by Maria Penafiel and her six-year-old daughter, Margelyn Penafiel, reflects the multiple levels of impact of 9/11 on their family, as an employee at the World Trade Center and as a clean-up worker at Ground Zero. Sponsored by Fronteras de Esperanza/Borders of Hope Program, Jackson Heights, NY.

Support: Conference will offer a 9/11 Reflection and Resiliency Circle to anyone all who may wish to participate. We also invite all attendees to join in an Expressive Arts Exercise.

Closing Keynote Speaker: Mindy Thompson Fullilove, MD, is a research psychiatrist at the New York State Psychiatric Institute and a professor of clinical psychiatry and public health at Columbia University. She was educated at Bryn Mawr College (AB, 1971) and Columbia University (MS, 1971; MD 1978). She is a board certified psychiatrist, having received her training at New York Hospital-Westchester Division (1978-1981) and Montefiore Hospital (1981-1982). She has conducted research on AIDS and other epidemics of poor communities, with a special interest in the relationship between the collapse of communities and decline in health. From her research, she has published Root Shock: How Tearing Up City Neighborhoods Hurts America and What We Can Do About It (2004), and The House of Joshua: Meditations on Family and Place (1999). She is a co-author of Rodrick Wallace’s Collective Consciousness and Its Discontents: Institutional Distributed Cognition, Racial Policy and Public Health in the United States (2008). She has published numerous articles, book chapters, and monographs. She has received many awards, including inclusion on “Best Doctors” lists and two honorary doctorates (Chatham College, 1999, and Bank Street College of Education, 2002). Her work in AIDS is featured in Jacob Levenson’s The Secret Epidemic: The Story of AIDS in Black America. Her current work focuses on the connection between urban function and mental health.

Awards: Community Recovery and Resiliency Awards will be presented to acknowledge community-based and faith-based organizations from New York and New Jersey, which have provided exemplary post-trauma recovery and resiliency services after 9/11 and beyond.

Registration: Registration is free, but space is limited. To register, please complete registration form and provide your name, title, organization, address, telephone number, and email address to 911resiliencyconference.os@hhs.gov by August 15, 2011. For questions, please call 212-264-2560.
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**PRELIMINARY AGENDA***

8:00-8:30 Registration and Continental Breakfast
8:30-8:40 Opening – American Indian Blessing
8:40-8:50 Welcome- Michelle S. Davis, PhD, Regional Health Administrator, HHS Region II, Office of the Assistant Secretary for Health
8:50-9:10 Overview- Sandra Bennett-Pagan, LCSW, Regional Women’s Health Coordinator, HHS Region II, Office on Women’s Health
9:10-9:50 Keynote Speaker – April Naturale, PhD, MSW, Director of Disaster Services, The Mental Health Association of New York City and Former Statewide Director of Project Liberty, the New York State Mental Health Response to 9-11  
Post-Trauma Recovery and Resiliency from 9/11 and Beyond
9:50-10:05 Break
10:05-11:20: Plenary Panel A – Making Meaning of Trauma and Recovery and Resiliency: The Experience of Diverse Communities
Presenters: Peter Yee, LMSW, Assistant Executive Director, Hamilton-Madison House  
Elba Montalvo, President/CEO, Committee for Hispanic Children and Families  
Yanick Eveillard, Co-Chair, The National Haitian American Health Alliance  
Maryum Khwaja, LCSW, New York University Islamic Center
Moderator: Josette V Banks, PhD, Psychologist and Clinical Consultant
11:20-12:30: Plenary Panel B –Voices of Trauma Survivors: Reflections on 9/11 and Beyond
Presenters: Cathy Cave, Senior Program Associate, Unlimited Mindfulness Consulting and Kizzy Howell, Survivor, Sister to Sister Program, The Women’s Building
Rosa Bramble Weed, LCSW-R, Director, Fronteras de Esperanza/Borders of Hope, Queens Pride House and Marilan Reyes, Survivor

Edward J. Dunne, Ph D, Director of Survivor Initiatives, Suicide Prevention International

[TBA] Survivor, LGBT Community

Moderator: Darlene Furey, MSS/MLSP LCSW, Director of Intervention Services and Outreach, New Jersey Coalition Against Sexual Assault

12:30-1:15: Networking Lunch (provided)

1:15-2:00: Participant’s Choice of Activity:

- Resource Tables - Facilitators: HHS Region II Staff
- 9/11 Reflection and Resiliency Circle - Facilitator: Madelyn G. Miller, LCSW, CGP, Psychotherapy, Training, Consultation; Chairperson, Disaster Trauma Committee, NYC National Association of Social Workers
- Expressive Arts Exercise - Facilitator: Rachel Brandoff, ATR-BC LCAT, Art Psychotherapist, Creative Arts Therapies Center

2:00-3:00: Plenary Panel C – Insights on 9/11 from Academia: Impact of 9/11 on Students and Staff from the New York-New Jersey Metropolitan Area

Presenters: Richard Shadik, PhD, Director, Counseling Center, Pace University

Sanna Zhao, Student Intern, The GlassBook Project- “Return: Home after 9/11”, Sponsored by Witness Justice and Artist Nick Kline, Rutgers-Newark, NJ

Student, Long Island University, CW Post Campus

Moderator: Thomas Demaria, PhD, Director, Psychological Services Center, Doctoral Program in Clinical Psychology, Long Island University, CW Post Campus

3:00-3:30: Closing Keynote Speaker – Mindy Fullilove, MD, MPH, Professor of Clinical Psychology, Professor of Clinical Sociomedical Sciences, Columbia University School of Public Health

Framing a Future: Integrating Lessons Learned from Communities to Support Trauma Healing, Recovery and Resiliency

3:30-4:00 Plenary Panel D – Community Recovery and Resiliency Awards Ceremony

4:00 Adjourn
*Note: Agenda subject to change without notice.

**Location:** Jacob Javits Federal Building
26 Federal Plaza, on Broadway between Duane and Worth Streets
6th Floor Conference Center, New York, NY 10278
Enter at the Visitor’s Entrance located on Broadway between Duane and Worth Streets in Lower Manhattan. Please bring photo ID and be prepared to go through the Security check-point when you enter the Federal Building. Take elevators to 6th Floor Conference Center.

**Travel Directions**

**By Subway**
- 4, 5, or 6 trains to the Brooklyn Bridge/City Hall Station. Exit the station and walk ½ block north on Lafayette to Duane Street. Left on Duane Street to Broadway. Enter at the Visitor’s Entrance
- A or C trains to Chambers Street. Exit the station and walk north on Church Street 2 blocks to Duane Street. Make a right on Duane Street to Broadway. Enter at the Visitor’s Entrance
- N or R train to the City Hall Station. Exit the station and walk north on Broadway 3 blocks to Duane Street. Enter at the Visitor’s Entrance
- 1, 2, or 3 train to Chambers Street. Exit the station and walk north on West Broadway 2 blocks to Duane Street. Make a right on Duane Street to Broadway. Enter at the Visitor’s Entrance

**From Penn Station**
- A, C, 1, 2, or 3 train to Chambers Street and continue as above

**Ground Transportation from LaGuardia Airport to Lower Manhattan**
- Taxi from LaGuardia Airport to Lower Manhattan is approximately $45 one-way plus tolls and tip
- For additional ground transportation options from LaGuardia Airport to Lower Manhattan, please call 1-800-247-7433 (1-800-AIR RIDE)

**Ground Transportation from J F Kennedy Airport to Manhattan**
- Taxi fare from JFK Airport to Lower Manhattan is approximately $45 one-way plus tolls and tip.
- JFK Airtrain is $ 5 one-way and connects to the A subway at Howard Beach/JFK Airport station. Continue on A train to Chambers Street.
- For additional ground transportation options from JFK Airport to Lower Manhattan, please call 1-800-247-7433 (1-800-AIR RIDE)

**Ground Transportation from Newark Liberty Airport**
- Taxi from Newark Liberty Airport to Lower Manhattan is approximately $40 one-way plus tolls and tip
- For additional ground transportation options from Newark Liberty Airport to Lower Manhattan, please call 1-800-247-7433 (1-800-AIR RIDE)
Parking
Available at local parking lots on Duane and Worth Streets, approximately $45 per day

Planning Committee Members

HHS Region II gratefully acknowledges the members of the Strategy Group on Mental Health and Trauma Affecting Women and Families, staff and student interns who assisted with planning this conference. Your hard work and dedication are sincerely appreciated.

Strategy Group on Mental Health and Trauma Affecting Women and Children

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REGISTRATION FORM

Deadline: August 15, 2011
911resiliencyconference.os@hhs.gov

Instructions: Please provide your contact information and reply to the question below.

Name:  
Title:  
Organization:  
Address:  
City, State, Zip Code:  
Telephone:  
Fax:  
E-mail:  

1. Do you have special needs? (E.g., wheelchair access, sign language interpretation, dietary restrictions)
   
   Yes ____ No ____ If yes, please specify:
   

Please email your completed Registration Form to 911resiliencyconference.os@hhs.gov. If you have questions, please call 212-264-2560.