

Using Digital Stories to Preserve Culture and Save Lives

Stories are Traditional

Objectives

- Describe what digital storytelling is
- Identify the tools to create a digital story
- Name a source where you can learn to create digital stories

Who Am I?

Why Tell Stories?

When youth learn our ancestor's traditions, they learn to be strong.

When they learn to share those lessons, they share the strength.

Stories Tell Us WHO We Are

Stories Tell Us HOW to Heal

Do you have to be
Steven Spielberg to
create a digital story?

ANYONE
Can
Create A
Story

It takes
a thousand voices
to tell
a single story.
—Native American
saying

Storytelling 101

- Introduction
 - Person
 - Circumstances
 - History
 - Place
 - Time
 - Weather

Storytelling 101

- Initiate Action
 - Describe what happened
 - Create momentum
- Rising Action
 - What leads up to the turning point / climax?
- Climax
 - The most intense part of the story

Storytelling 101

- Falling Action
 - Your story begins to conclude; slows down
- Resolution / conclusion
 - How was the conflict resolved?

Equipment Needed

- Hardware (Computer)
 - PC – Windows Based
 - Mac – OS 9 and Higher
 - iPad

- Additional Equipment (Needed)
 - Scanner
 - Microphone
 - Speakers

- Additional Equipment (Optional)
 - Digital Camera
 - USB Flashdrive – 2 GB
 - Internet Access
 - Headphones
 - Projector
 - Screen

- Software
 - PC
 - Word or WordPad
 - Windows Movie Maker (free)
 - Audacity (free)
 - Mac / iPad
 - Pages or Notes
 - iMovie (\$15)
 - Garageband (\$15)

If stories come to you,
care for them. And learn to
give them away where
they are needed.

Sometimes a person needs
a story more than food to
stay alive.

—Barry Lopez, in *Crow and
Weasel*

What types of stories
should I tell?

Share Your Passions

Share Your Memories



Share Your Experiences

Share Your Adventures

Share Your Joy

Share Your Mission

Share Your Humor

**Life will go on as long as there
is someone to sing, to dance,
to tell stories and to listen.**

—Oren Lyons

For More Information

- www.storycenter.org
- http://www.microsoft.com/education/en-us/teachers/guides/Pages/digital_storytelling.aspx

For More Stories

- www.storycenter.org
- www.youtube.com/SEARHCmedical
- www.youtube.com/ANTHCStoreOutside

Gunalchéesh!

For more information, please contact:

Rena Mathson
Health Educator II
SEARHC
222 Tongass Drive
Sitka, Alaska 99835
907.966.8797

renaem@searhc.org

