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## **NEWS RELEASE**

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For Immediate Release: August 28, 2015

# Colorful Playground Just a Hop, Skip and a Jump Away

Pinehurst Parks and Recreation Department awarded grant to update outdoor spaces and increase healthy activity

**Village of Pinehurst, N.C. –** The Pinehurst Parks and Recreation Department recently received a grant to transform a public area into an imaginative space for families to play and be active outdoors. Blue Cross and Blue Shield of North Carolina (BCBSNC) and the North Carolina Recreation and Park Association (NCRPA) are supporting healthier communities by installing PlayPrints across the state.

PlayPrints are ground markings, or colorful shapes and games that are painted on existing pavement. The bright colors and interactive designs are meant to encourage visitors to take part in more physical activity. Community agencies across North Carolina were invited to apply.

"Receiving a PlayPrints grant at Camelot Playground in Cannon Park is a helpful step as we continue to grow healthy and active opportunities in our community," said Mark Wagner, Parks and Recreation Director. Park visitors will have new creative ways to engage with our public space and have fun participating in physical activity outdoors."

Cannon Park is a 15 acre park facility with two baseball/softball fields, a covered picnic shelter, walking trails, a small soccer field and Camelot Playground. The park hosts various youth and adult athletic leagues, special events and is the drop off site for the Walking School Bus program with Pinehurst Elementary School. The addition of PlayPrints to the park will be an exciting new feature to engage and entertain youth day camps, park visitors and school children who frequent the park on a daily basis.

"We want to promote healthy habits at an early age and make it fun for North Carolinians to get outside and get active with their families," said Kathy Higgins, vice president of corporate affairs at Blue Cross and Blue Shield of North Carolina. "PlayPrints are a simple way to take existing outdoor spaces in our communities and transform them into a center for healthy activity and imaginative play."

Over the next two years, PlayPrints will be popping up at open play spaces as part of BCBSNC's Get Outside North Carolina! (GO NC!) program. Go NC! builds healthy and active lifestyles through the advancement of greenway systems, increased access to public bicycles and the overall promotion of outdoor physical activity.

"Providing fun and creative avenues to engage our communities by adding PlayPrints to our parks and greenways is an exciting way to encourage citizens of all ages to have a little fun while increasing physical activity," said Michelle Wells, executive director at NCRPA.

For a complete list of PlayPrints recipients and to follow progress as PlayPrints are installed throughout the state visit <a href="www.NCRPA.net/PlayPrints">www.NCRPA.net/PlayPrints</a> or follow @NCRPA @BCBSNC or #PlayPrints on Twitter and Facebook.

## **About the Pinehurst Parks and Recreation Department:**

Created in 1995, the Pinehurst Parks and Recreation Department offers a variety of recreational and cultural programs to the residents and visitors of the Village of Pinehurst. A full time staff of 15 are dedicated to promoting an active and healthy community by providing high quality recreation facilities, programs, athletics and special events. The department operates and maintains 5 park facilities totaling over 300 acres as well as 6.8 miles of greenway trails. For more information on our programs and services, please visit <a href="https://www.pinehurstrec.org">www.pinehurstrec.org</a>.

### About Blue Cross and Blue Shield of North Carolina:

Blue Cross and Blue Shield of North Carolina improves the health and well-being of our customers and communities by providing innovative health care products, services and information to more than 3.91 million members, including approximately 1 million served on behalf of other Blue Plans. Since 1933, we have worked to make North Carolina a better place to live through our support of community organizations, programs and events that promote good health. We have been recognized as one of the World's Most Ethical Companies by Ethisphere Institute every year since 2012. Blue Cross and Blue Shield of North Carolina is an independent licensee of the Blue Cross and Blue Shield Association. Visit BCBSNC online at <a href="mailto:bcbsnc.com">bcbsnc.com</a>. All other marks are the property of their respective owners.

### **About the North Carolina Recreation & Park Association:**

Founded in 1944, the North Carolina Recreation & Park Association (NCRPA) is the premier nonprofit education and advocacy organization, dedicated to the advancement of the park, recreation and leisure professions in our state. NCRPA empowers park and recreation professionals and citizen board members through educational opportunities that enhance their ability to change lives and impact communities on a daily basis for the citizens of North Carolina. For an overview of the programs and services offered by the organization, visit <a href="https://www.ncrpa.net">www.ncrpa.net</a>.