

**2016 C. Everett Koop Addiction Medicine Symposium:
Reducing Behavioral Health Stigma in Healthcare Systems and Communities**

PRESENTER AND PANELIST LIST

9:00 AM INTRODUCTION AND WELCOME PRESENTERS

James Vara, J.D.

James Vara is the NH Governor's Advisor on Addiction and Behavioral Health.

As the Governor's Advisor on Addiction and Behavioral Health works directly with the Governor's Commission on Alcohol and Drug Abuse Prevention, Treatment, and Recovery. His responsibilities include: coordinating state resources; working with state agencies to ensure quality delivery of services; identifying barriers to and gaps in New Hampshire's system of care; recommending strategies to address those barriers and gaps; and coordinating the state's comprehensive approach to support law enforcement and to strengthen prevention, treatment and recovery efforts.

Previously a Senior Assistant Attorney General at the Department of Justice, Vara led the Drug Prosecution Unit in the Criminal Justice Bureau from January 2013 until assuming his current position. His primary caseloads include felony drug prosecution and drug-related death cases, at the same time he and he served on the New Hampshire Drug Task Force and co-chaired the Governor's Commission on Alcohol and other Drug's Opioid Task Force. In this latter role he garnered respected across the state among substance misuse and behavioral health advocates and the law enforcement community.

Vara was previously assigned to homicide and general prosecution, and he has worked as Assistant County Attorney in the Grafton County Attorney's Office. He received his undergraduate degree from Montclair State University and his law degree from Rutgers University School of Law.

William Torrey, MD

Dr Will Torrey is a Professor in the Departments of Psychiatry and the Dartmouth Institute for Health Policy and Clinical Practice. He serves as Vice Chair for Clinical Services, Department of Psychiatry and is Clinical Champion for Dartmouth-Hitchcock Substance Use and Mental Health Initiative Clinical Champion. His special areas of expertise are community care of adults with severe mental illnesses and shared decision making.

As Vice Chair of Clinical Services in the Department of Psychiatry at Dartmouth, Dr. Torrey has been instrumental in developing clinical services. He has been particularly proud of the success in advancing access to behavioral health services through developing psychiatric services embedded in general healthcare settings within Dartmouth-Hitchcock.

Dr Torrey received his MD degree from Harvard Medical School and has been the recipient of numerous awards including:

- 1995 - The Exemplary Psychiatrist Award National Alliance on Mentally Illness – Vermont Chapter
- 2011 - The Leonard Tow 2011 Humanism in Medicine Award – Dartmouth Medical School
- 2012 - The Exemplary Psychiatrist Award National Alliance on Mentally Illness – New Hampshire Chapter

- 2012 - Teaching Excellence in Continuing Medical Education Award Center for Continuing Education in the Health Sciences & Continuing Medical Education – Dartmouth-Hitchcock Medical Center

9:20 AM MORNING EXPERIENCE OF STIGMA PANEL:

Angie Raymond – LeDuc

Angie is coordinator for the Drug Free Community Coalition of All Together, an Upper member of the Community Health Improvement Department, Dartmouth Hitchcock

Jim Matthews

Jim Matthews is a NAMI volunteer and teacher of the NAMI Family-to-Family class. At Dartmouth-Hitchcock Medical Center, he works with a group of researchers at TDI doing work on depression treatment, as the family member contributor for them.

Karen Borgstrom, JD

Karen is an attorney with expertise in legal aspects of health policy, population health, and dispute resolution. She serves as Director of the Partners for Community Wellness (PWC) Partners brings together a group of established leaders from VT and NH to inspire and advance healthier communities across NH and VT through education, advocacy, and philanthropy.

Joseph Hannon, DPM

Joe Hannon has served as a representative to the New Hampshire Legislature, representing Barrington and Lee, from 2014 – 2016. He served on the Committee on Commerce and Consumer Affairs, as well as the Joint Task Force dealing with the Heroin & Opioid Crisis. He has been an activist for harm reduction and was named as New Futures Legislator of the Year 2016.

2:45 PM PANEL: REDUCING STIGMA IN HEALTHCARE: CREATING WELCOMING ENVIRONMENTS

Aita Roman, MPH, All Together

Aita serves as facilitator for the Upper Valley Substance Misuse Continuum of Care, a component of All Together. All Together is a multi-organization collaboration aimed at development of healthy, safe, and resilient communities and reducing the impact of alcohol and drug misuse. It is one of the 13 unique sites of the statewide public health and substance misuse network.

Maureen Gardella RN,BSN,MPA, Unit Nurse Manager, Inpatient Psychiatry

In the role of inpatient psychiatry unit nurse manager, Maureen is responsible, in collaboration with senior leadership, for supervision, management and direction of patient and family care provided on this service. She also serves as clinical program coordinator and clinical nurse educator, promoting team-based care and appropriate education and training of professionals.

Karen F. Clements, RN, FACHE

Karen Clements has been the Chief Nursing Officer of Dartmouth-Hitchcock and the Interim Chief Nursing Officer of Dartmouth Hitchcock Health since June of 2016. She joined Dartmouth Hitchcock in July of 2013 and has held several pivotal roles in the Ambulatory arena elevating the role of the nurse leader. Over the past three years, Karen has been a primary developer of projects such as Regional Patient Placement and Transfer Center, creation of an Emergency Services Line, and has re-defined nursing practice in the ambulatory and primary care setting. Karen has developed and implemented the System Staffing Office that enhances the current work force with a highly qualified per diem staffing pool to support the care of patients in the region. Karen is a Fellow of the American College of Healthcare Executives and is the current President of the Northern New England Chapter. She also serves the community as the President of the Lebanon-Riverside Rotary Club. Before coming to D-H, Karen worked with Eastern Maine Healthcare Systems in Bangor, Maine for 23 years. Initially, she worked with Eastern Maine Medical Center as the Nurse Manager of the Emergency Department, Trauma and Urgent care, then as the Administrative Director of several service lines to include: Emergency, Trauma, LifeFlight, ICU, Telemedicine, and Inpatient/Outpatient Rehabilitation. During her final three years at EMHS, Karen was the Chief Nursing Officer/VP of Patient Care Services of The Acadia Hospital, the only Magnet-certified free standing Psychiatric Hospital in the country. Karen proudly served in the U.S. Army Nurse Corps from 1988-1999. Karen graduated from University Of Maine's School of Nursing with her BSN and Husson University with her Master's in Business. She is currently enrolled in the Masters in Healthcare Delivery Science program at Dartmouth College. She lives in Claremont, New Hampshire with her significant other, Peter. They are very busy with their 4 children, Kayle, Jonathan, Ava, and Gillian. In her free time, Karen enjoys cooking, traveling, and many outdoor activities with her friends and family.

Kristen Cherry, BSW

Kristen Cherry is a 2007 graduate of The University of New Hampshire., where she obtained her BA in Social Work. Immediately after graduating UNH, she started working at Riverbend Community Mental Health Center, in Concord NH. At Riverbend Kristen worked as a case manager on a traditional community support team and on an ACT (Assertive Community Treatment) team, where she worked with individuals with mental illness, addiction and dual diagnoses. Kristen eventually took on the role of team leader, where she supervised case managers and functional support specialists. Kristen is a skilled social worker, who is familiar with Medicare and Medicaid requirements, dual diagnosis treatment, treatment planning, and evidenced based practices for effective treatment and support of individuals and their families. In 2015 Kristen started working at Dartmouth Hitchcock. Kristen is currently a Family Support Specialist at Dartmouth Hitchcock in the Manchester and Bedford NH locations. Kristen brings a wealth of knowledge in the areas of mental health and addiction.

Mark A. Horton, M.D.

Physician, Pain Clinic, Keene, NH
mhorton@cheshire-med.com

Dr. Horton holds a Medical Doctorate from the University of Vermont College of Medicine in Burlington, Vermont and a Bachelor of Science degree in Nutritional Science from Cornell University, College of Human Ecology in Ithaca, New York. He is Board Certified in Anesthesiology and Pain Medicine after completing his training at the University of Michigan Hospital in Ann Arbor, Michigan. Dr. Horton is a

member of the American Society of Regional Anesthesia and Pain Medicine and the American Society of Anesthesiologists. His clinical interests include the treatment of chronic spine pain, ultrasound guidance for pain interventions and expansion of medication assisted treatment services for patients with opioid use disorders.

INDIVIDUAL PRESENTERS:

Elizabeth A. Carpenter-Song, Ph.D.

Dr. Carpenter-Song is a medical and psychological anthropologist. She is a Research Assistant Professor in the Department of Anthropology at Dartmouth College. Her work involves engaging with individuals, families, and communities to learn about the lived experiences and meanings of mental health problems and how people engage with mental health services. She uses ethnographic and qualitative methods to provide insight into a range of issues, including people's reluctance to engage in mental health services, pathways into recovery, strategies to support people in the wake of homelessness, and persistent inequalities in medical care borne by minority and rural, economically disadvantaged populations. Dr. Carpenter-Song also examines the cultures of medicine and psychiatry in the United States, particularly in relation to the production and mitigation of health inequalities. Her long-term goal is to apply anthropological approaches to make mental health services more patient-centered and more acceptable to vulnerable populations.

Cheryle Pacapelli

Community Engagement Director
New Futures

Cheryle has primary responsibility for recruiting and training advocates. She is a person in long term recovery for over 26 years, bringing the important perspective of recovery to her work. Cheryle has a Bachelor's Degree in Business Management from Albertus Magnus College in New Haven, CT. She is the Community Engagement Director at New Futures and previously served as the Executive Director of HOPE for New Hampshire Recovery. She comes to New Futures, Inc. from Connecticut where she worked as a Program Manager for Recovery Housing, Director of Operations, and the Director of Recovery Services at CT Community for Addiction Recovery (CCAR) from 2004-2012. During her time at CCAR she managed three recovery community centers, a telephone recovery support program, a recovery housing program, volunteer services, recovery coach training, recovery training series, and recovery walks. She is the co-owner of Stepping Stone House, a transitional living home for men in recovery seeking to transition from treatment and jail back into mainstream society. Cheryle has been providing and implementing recovery support services for over 15 years and brings her knowledge and experience to New Futures.

Gretchen Grappone, LICSW

As a training consultant for Atlas Research, Gretchen Grappone provides training to Community Employment Coordinators at VA Medical Centers within their Health Care for Homeless Veterans programs, is a stigma subject matter expert for the Substance Abuse and Mental Health Services Administrations' Digital Storytelling Best Practices project and provides stigma training in community

mental health centers and hospitals. She previously worked as a clinician providing cognitive behavior therapy (CBT) for adults and facilitated dialectical behavior therapy and CBT for PTSD groups. She worked as a trainer at the Dartmouth Psychiatric Research Center and co-authored a book chapter in "Evidence-Based Mental Health Practice: A Textbook," and wrote about her lived experience with depression.

Joseph Harding, MLADC, LCS, MSW

Mr. Harding has served as the Director of the Bureau of Drug and Alcohol Services (BDAS), the Single State Authority for the misuse of alcohol and drugs, within the Division of Behavioral Health (DBH) at the New Hampshire Department of Health and Human Services (DHHS) since 2004. In this capacity he oversees substance misuse prevention, treatment and impaired driver services and also serves as the state's methadone authority. As the Director at BDAS Mr. Harding serves as the Executive Director of the New Hampshire Governor's Commission on Alcohol and Drug Abuse Prevention, Treatment and Recovery, which is charged with coordinating policies and services to address the misuse of alcohol and drugs at the state and local level and for making recommendations and submitting reports to the Governor and General Court and for developing and implementing a state plan to address the misuse of alcohol and drugs in New Hampshire. Prior to coming to DHHS Mr. Harding managed a residential treatment program and served as the Executive Director of a Recovery Community Organization in New Hampshire. Mr. Harding serves on a number of Boards including the Public Health Services Improvement Council, the NH Prescription Drug Monitoring Program (PDMP) Advisory Council, the Leadership Council of the NH Suicide Prevention Council and as the First Vice President on the Board of the National Association of State Alcohol and Drug Authority Directors (NASADAD). Mr. Harding earned his undergraduate degree in Social Work from Salem State College in Massachusetts and a Master's degree in Social Work from the University of New Hampshire and had been credentialed as a Master Licensed Alcohol and Drug Counselor (MLADC) and a Licensed Clinical Supervisor (LCS) in the area of addiction counseling for more than 20 years.

Marty Boldin, LICSW, MLADC, LCS, CPS, CPM

martyboldin@gmail.com

Marty Boldin, Dean's Fellow and PhD Candidate at the Boston University School of Social Work, is an accomplished addictions and social work professional. Since the mid 1980's Marty has been involved with the development and implementation of several social service initiatives in a variety of multi-disciplinary settings across the United States and has worked in Canada, Russia, and Ireland. He has extensive clinical experience in substance abuse treatment, prevention, intervention, and supervision. He is currently serving as a Commissioner for the New Hampshire Governor's Commission on Alcohol and Drug Abuse Prevention, Treatment, and Recovery. Marty's current research interests include addiction trauma and addiction stigma. He is a research assistant at the Edith Nourse Rogers Memorial Veterans Hospital in Bedford, Massachusetts where he is studying the impact of Yoga on Back Pain in Veterans.

John T. Broderick, Jr., J.D.

johntbroderickjr@gmail.com

Justice John T. Broderick, Jr. is former Chief Justice of the New Hampshire Supreme Court. He served as Associate Justice of the court from 1995 to 2004 and as its Chief Justice from 2004 to 2010. Broderick also served as Dean and President of the University of New Hampshire School of Law until May 2015. He has served on several boards, and provides activism and leadership of the Campaign to Change Direction NH. Broderick holds a J.D. from the University of Virginia School of Law and a B.A. from the College of the Holy Cross.

Seddon R. Savage, M.D., M.S.

Seddon Savage, is a clinician, educator and advocate in the fields of addiction medicine and pain medicine. She currently serves as education advisor to the Dartmouth-Hitchcock Substance Use and Mental Health Initiative and as Medical Director of the Chronic Pain and Recovery Center at Silver Hill Hospital in Connecticut. She served as Director of the Dartmouth Center on Addiction Recovery and Education from 2004-2012.

Dr. Savage served as President of the American Pain Society from 2010-2012, as President of the New Hampshire Medical Society in 2007, and currently serves as a Commissioner on N.H Governor's Commission on Alcohol and other Drugs and as Co-Chair of the Commission's Opioid Task Force and Healthcare Task Force. She is also Co-Chair of the Federal Pain Research Strategy Work Group on Chronic Pain for the National Institutes of Health.

She is an Associate Professor on the adjunct faculty of Geisel School of Medicine. She received her BA from Barnard College, 1972, an MS in Human Nutrition from Columbia University College of Physicians and Surgeons in 1976, and her MD from the Dartmouth Medical School in 1980.