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...vital to healthy aging

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Defeat Malnutrition Today

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Malnutrition Awareness Week™

- ▶ Commend American Society of Parenteral and Enteral Nutrition (ASPEN) for hosting MAW—lots of activity happening this week!
 - ▶ Webinars
 - ▶ Twitter chat
 - ▶ New statistic from ASPEN: every minute 10 patients with malnutrition go undiagnosed in the hospital
 - ▶ GAO report request
- ▶ Commend NMA and the CBCF for incorporating this topic into your meeting

- ▶ During Malnutrition Awareness Week...
- ▶ US Sens. Murray and Casey and Bob have filed a request with the Government Accountability Office to determine if federally funded programs meet the nutritional needs of the older adults they serve.
 - ▶ Older Americans Act nutrition programs
 - ▶ SNAP
 - ▶ Senior Farmers Market Program
 - ▶ Commodity Supplemental Food Program

GAO Report Request

Senate Hearing

- ▶ Also during Malnutrition Awareness Week...
- ▶ Senate Aging held a hearing on disaster preparedness and older Americans today
- ▶ Defeat Malnutrition Today sent notes on nutrition in disaster situations to both Chair and Ranking Member's staffs
- ▶ We will be submitting testimony for the record

What is Malnutrition?

- ▶ The presence of at least 2 of the following 6 clinical characteristics:
 - ▶ Insufficient food intake compared with nutrition requirements
 - ▶ Weight loss over time
 - ▶ Loss of muscle mass
 - ▶ Loss of fat mass
 - ▶ Fluid accumulation
 - ▶ Measurable diminished grip strength
- ▶ Often associated with general physical wasting
- ▶ Linked to chronic disease
- ▶ Individuals with malnutrition may be underweight, normal weight, overweight or even obese

1 in 2 older adults at risk

300% increase in healthcare costs for those with poor nutritional status

4 to 6 days longer in the hospital

\$51.3 billion in costs for disease-associated malnutrition in older adults annually

60% of older adults in hospitals may be malnourished



Why Older Adult Malnutrition?

Disparities Among Older Adults of Color Contributing to Malnutrition?

- ▶ CBC Institute, NOBEL-Women, NBNA have all published items relating to malnutrition in older adults of color
- ▶ Health disparities among older adults of color can contribute to higher rates of malnutrition
- ▶ Older adults of color are more likely to have chronic health concerns
 - ▶ The CDC says that African-Americans are 40% more likely than non-Hispanic whites to have high blood pressure, and they are less likely to have this condition under control
 - ▶ The rate of diabetes diagnoses is 77% higher among African-Americans than among whites

More Disparities

- ▶ Economic factors, including food insecurity, are also linked to malnutrition
 - ▶ 18.4% of older African-Americans, 11.8% of older Asians, and 17.5% of older Hispanics were below the poverty level in 2015... only 6.6% of white older adults
 - ▶ White older adults have food insecurity rates at half the rates of African-American older adults

Advocate Health Care
nutrition care program
saved \$4.8 million total
in four hospitals

NC State says SNAP only
covers 43 to 60 percent
of the costs to consume a
diet consistent with the
USDA MyPlate guidelines
for a healthy diet

ASPEN has released a
new analysis comparing
hospital diagnoses 10
years ago to now

New Studies

MALNUTRITION AWARENESS: THE CLOCK IS STILL TICKING



EVERY MINUTE

10



hospitalized patients
with malnutrition go
undiagnosed.

EVERY 24 HOURS
15,000



hospitalized patients with malnutrition go undiagnosed.

**LEARN MORE ABOUT CLOSING THE GAP
IN THE DIAGNOSIS OF MALNUTRITION!**

www.nutritioncare.org/maw

**MALNUTRITION
AWARENESS
WEEK™**

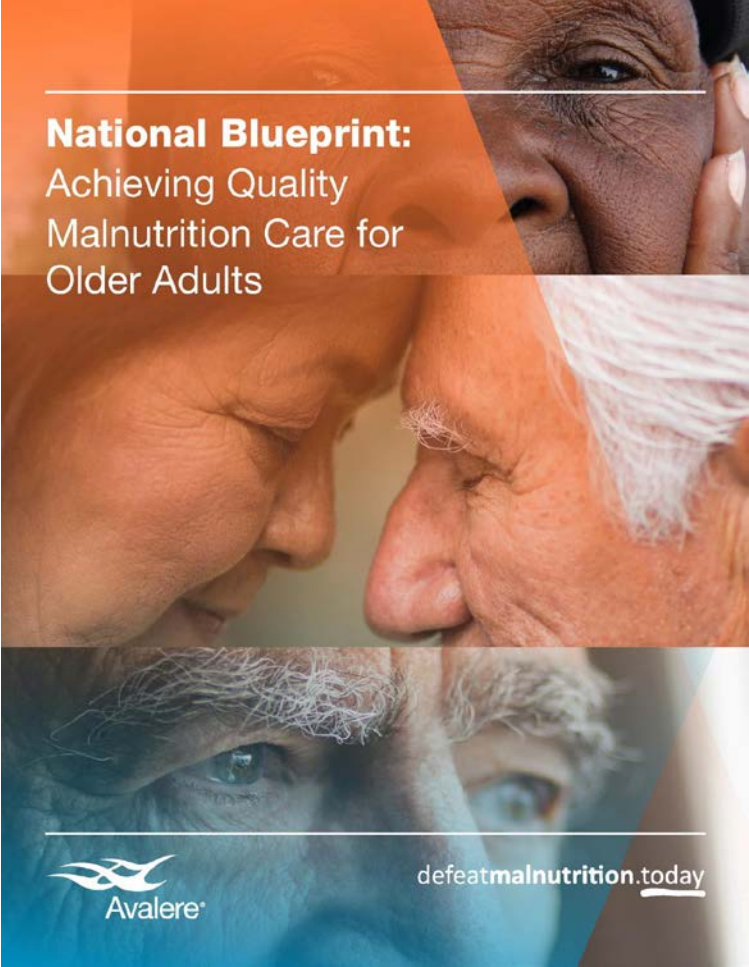
aspen

American Society
for Parenteral and
Enteral Nutrition



Development of DMT

- ▶ DMT coalition grown from 6 members to 60, including NMA
 - ▶ Policy and advocacy around older adult malnutrition
- ▶ Some of what we do
 - ▶ Work with CMS on quality measures
 - ▶ Advocate within Congress and ACL
 - ▶ Senate Aging had hearing on nutrition; ACL published a brief on malnutrition, Nutrition Resource Center under ACL has a malnutrition page on their website
 - ▶ Consult with Congress on malnutrition issue
 - ▶ Hill briefings
 - ▶ National webinars
 - ▶ Work with member orgs and others
 - ▶ Major presentations: ASA, IAGG
 - ▶ The National Blueprint



National Blueprint:
Achieving Quality
Malnutrition Care for
Older Adults



defeatmalnutrition.today

The Blueprint Was Developed by the Malnutrition Quality Collaborative

- ▶ Convened by Defeat Malnutrition Today, the Collaborative is a multi-stakeholder partnership of nutrition, healthy aging, and food security experts represented by the following types of organizations:

Healthcare Quality Experts

Government Agencies

Patient Advocacy Organizations

Older Adult and Aging Societies

Medical Professional Societies

Health Systems

Industry

Community-Based Non-Profits

The 4 Goals and Supporting Strategies of the *National Blueprint: Achieving Quality Malnutrition Care for Older Adults*

Goals	Goal 1: Improve Quality of Malnutrition Care Practices	Goal 2: Improve Access to High-Quality Malnutrition Care and Nutrition Services	Goal 3: Generate Clinical Research on Malnutrition Quality of Care	Goal 4: Advance Public Health Efforts to Improve Malnutrition Quality of Care
Strategies	<ol style="list-style-type: none"> 1. Establish Science-Based National, State, and Local Quality Goals 2. Identify Quality Gaps in Malnutrition Care 3. Establish and Adopt Quality Malnutrition Care Standards 4. Ensure High-Quality Transitions of Care 	<ol style="list-style-type: none"> 1. Integrate Quality Malnutrition Care in Payment and Delivery Models and Quality Incentive Programs 2. Reduce Care Coordination and Financial Alignment Barriers 3. Strengthen Nutrition Professional Workforce 	<ol style="list-style-type: none"> 1. Evaluate Effectiveness and Impact of Best Practices on Patient Outcomes and Clinical Practice 2. Identify and Fill Research Gaps by Conducting and Disseminating Relevant Research 3. Track Clinically Relevant Nutrition Data 	<ol style="list-style-type: none"> 1. Train Healthcare Providers and Administrators on Malnutrition Care Quality 2. Educate Older Adults & Caregivers on Malnutrition Impact, Prevention, Treatment and Available Resources 3. Educate and Raise Visibility with National and State Policymakers 4. Integrate Malnutrition Care Goals in National, State, and Local Population Health Management Strategies 5. Allocate Education and Financial Resources to HHS and USDA-administered Food and Nutrition Programs

Ohio: Created a malnutrition commission through legislation; has named members and had first meeting

Massachusetts: Created a malnutrition commission through legislation; is naming members

Virginia: Added malnutrition to list of existing Aging Commission responsibilities

Florida: Creating own advocacy coalition in partnership with the state



State Activities

Advancing Policies for Quality Malnutrition Care in Older Adults: A State Legislative Toolkit



- ▶ Released this summer
- ▶ Posted on defeatmalnutrition.today
- ▶ Meant for use in state legislation/advocacy

FY 2018

- ▶ President's harsh budget proposal
- ▶ Abolish: SSBG, CDBG, CSBG
- ▶ Key quote: OMB Director Mick Mulvaney: "Meals on Wheels sounds great... we're not going to spend on programs that cannot show that they actually deliver the promises that we've made to people."

FY2018 Funding Proposals

Program	FY17 Final	FY18 Trump	FY18 House	FY18 Senate
OAA Congregate	\$450 million	\$447 million	\$450 million	\$450 million
OAA Home-Delivered	\$227 million	\$226 million	\$227 million	\$227 million
NSIP	\$160 million	\$160 million	\$160 million	\$160 million
OAA Nutrition Total	~\$838 million	~\$833 million	~\$838 million	~\$838 million
Comm. Services Block Grant (CSBG)	\$715 million	0	\$617.5 million	\$700 million
Social Services Block Grant	\$1.7 billion	0	\$1.7 billion	\$1.7 billion
Comm. Development Block Grant (CDBG)	\$3.06 billion	0	\$2.96 billion	\$3 billion
SNAP	\$78.4 billion	\$73.6 billion	\$73.6 billion	\$73.6 billion
Commodity Suppl. Food Program (CSFP)	\$235.1 million	\$238 million	\$238 million	\$238 million

Where Are We Now: FY 2018

- ▶ A Continuing Resolution lasts until December 8, keeping the government at FY 2017 levels
- ▶ Beyond that, the House and Senate must make an agreement on final FY 2018 funding levels

Farm Bill

- ▶ \$100 billion/year bill that governs a large number of both agriculture and nutrition programs.
- ▶ Reauthorization is due next year; last reauthorized in 2014.
- ▶ Programs for and including older adults:
 - ▶ Supplemental Nutrition Assistance Program (SNAP) (4 million seniors—but only 42% of those eligible are participating)
 - ▶ Commodity Supplemental Food Program (600,000 seniors)
 - ▶ Senior Farmers Market Nutrition Program (800,000 seniors)
 - ▶ Child and Adult Care Food Program (74,000 seniors)
- ▶ As with other programs, there are strong concerns about potential funding cuts.

SNAP Funding

- ▶ There has been a battle for maintaining funding for SNAP in particular.
- ▶ From FY16 to FY17, there was a cut from \$80.8 billion to \$78.4 billion.
- ▶ The President's FY2018 budget proposal cut SNAP deeply over ten years, and both the House and Senate have maintained those cut levels for FY2018 appropriations bills—a cut of almost \$5 billion.
- ▶ Hunger groups and coalitions like the Food Policy Working Group and the Food Is Medicine Coalition, as well as the Defeat Malnutrition Today coalition, are advocating on behalf of keeping SNAP intact.
- ▶ This will be a crucial focus of the 2018 Farm Bill Reauthorization.

Academy of Nutrition and Dietetics and Avalere Health submitted four malnutrition electronic clinical quality measures to CMS in 2016

In August, it was announced that CMS would consider adding these measures "in the future"

Advocates have already started discussions with CMS about future efforts

CMS: Quality Measures

Other Agency Actions/Potential

- ▶ Working to get older adult malnutrition recognized as objective(s) in HHS's Healthy People 2030
- ▶ ACL continues to study the issue of malnutrition

Potential Administration Concerns

- ▶ Government consolidation—will government cutbacks hurt the effort to make older adult malnutrition a top priority?
- ▶ Scaling back on quality measures, as was hinted this week at APOE and discussed in a Politico article, could also be in the cards

Looking for new Congressional champions

Senate Aging Committee is very interested in this issue

Need interest from the House

Please contact your representative today to tell him or her how important this issue is!



Congressional Champions

What Can You Do?

- ▶ Join the Defeat Malnutrition Today coalition as an individual or an organization
- ▶ Learn more about the issue on our website, defeatmalnutrition.today
- ▶ Get your state to join VA, MA, OH, FL—use the toolkit!
- ▶ Email info@defeatmalnutrition.today for more details