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The Elephant in the Room
Let's have that talk now!
Can you think of a single moment in the past 20 years when you have been less thrilled to entertain another diversion, distraction or demand on your time and budget? An additional hurdle to surmount is exactly what you don’t need or want. You barely have time to read about another demand, much less deal with it.

So I will begin with an apology. I am truly sorry, but... we need to talk. It doesn’t look like the conversion to ICD-10 is going to be pushed back again, and experts are urging folks not to wait for ICD-11. As much as you’d prefer to ignore the elephant in the room, we strongly suggest that you address it sooner rather than later, making it part of your timeline for the next 18 months. It’s not going to leave you alone, and, left unattended, this animal could run amok.

Would you be willing to start with the good news? NWRPCA has been studying the ICD-10 issue for more than a year, seeking solutions and the experts who can deliver them. We have a solution! Read more...

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**Why Treat Chronic Non-Malignant Pain with Pain Medication? (Duh!)**

- Confessions of an Opioid Prescriber -

Special to QuickNotes by Harry H. Rinehart, MD, ABFP, CAQ Geriatrics, FAAFP; Medical Director, The Rinehart Clinic

[Editor's note: We asked this innovative, outspoken 68-years-young CHC physician to tell the story of his 32-year journey to find peace with pain treatment and opioid prescribing. One of our most sought-after preceptors, he has pulled no punches. His story is bold and courageous, touching and taunting. We recommend you read it all the way to the surprise ending - an ending that surprised us too.]

It's 1982. I'm 36 years old and in my first rural family practice in Prineville OR, over $400,000 in debt, when the Oregon Board of Medical Examiners (BME) sends an investigator to town. After three days doing a clandestine investigation of my prescribing practices, he finally finds what he's been looking for: I have prescribed #4 - 5/325 Percocet a day to one Grace Keilholtz, 86 years old and residing in the local nursing home. Grace has osteoarthritis of her knees. Without treatment, it keeps her in a wheelchair and awake at night.

The investigation scared the bejeezus out of me and, cowardly, I tapered her off. Grace, whom I dearly loved, died in pain. I've never forgiven myself, never will. This experience set me on a quest to discover just what the Board was concerned about, a quest to discover what would be “appropriate prescribing” for chronic pain. Nothing in medical school, residency, or my life experience growing up in a rural community with two physicians for parents had prepared me to deal with such a concern. Apparently naive, I thought pain medication was to treat pain.

To read the full article and find a link to the video Dr. Rinehart has recently produced regarding the treatment of pain and addiction, click here.
It's all about the AWARDS this month!

Congratulations to our National award winners!

NWRPCA has nominated two outstanding Region X leaders, and the National Association of Community Health Centers has agreed! In August at the NACHC Community Health Institute (CHI) in Chicago, Dr. Malcolm Butler of Columbia Valley Community Health, Wenatchee, WA, and Nancy Schnoor of Peninsula Community Health Services, Bremerton, WA, will be honored by the national association. Dr. Butler's nomination was supported by his CEO, Patrick Bucknum, and by Community Health Plan. Nancy Schnoor's nomination was supported by her CEO, Barbara Malich, and by CliftonLarsonAllen.

Malcolm Butler, MD, winner: Samuel U. Rodgers Achievement Award for excellence in clinical practice and clinical leadership

Nancy Schnoor, winner, Jeffrey T. Latman Award for leadership in healthcare finance

Congratulations to our Regional award winners!
Beryl Cochran, honored with the Legacy Award for 40+ years of federal service

Katie Bell, Neighborcare, honored with the Summit Award for PCMH leadership

Michelle Sullivan, Yakima Neighborhood, honored with the Summit Award for PCMH leadership
Gil Munoz and the Virginia Garcia team accept the "Helping us Help you" award from the NWRPCA staff.

Facebook Post of the Month

HealthPoint

Restoring dental coverage for adults on Medicaid? We support it. How about you?

Hopes for dental coverage in Legislature special session

Like us on Facebook

Professional Development Opportunities

DEVELOP YOUR WORKPLACE COMPETENCIES!

Fall Primary Care Conference announced

October 19-22, Seattle Marriott Waterfront
Stretch your Professional Development Dollars!

Earn CEUs at your own pace, on your own schedule, from the comfort of your own office. Collaborate online, and learn from the very best.

Don’t leave money on the table!

Advanced CFO Skills for the CHC
4 Webinars by BKD LLP staff, including Monique Funkenbusch, Rebekah Wallace, David Fields and Catherine Gilpin
August 29 to October 10

Don’t get left behind!

Countdown to 2014!
7 monthly webinars by Adele Allison, SuccessEHS
June 18 to December 17

Advanced Social Media for Health Centers
6 webinars by Lindsey Ruivivar, National Association of Community Health Centers
July 11 to September 19

learn.NWRPCA.org

OPPORTUNITIES FROM OUR LEARNING CONNECTIONS PARTNERS

Alaska Primary Care Association

Treatment Innovations: Perspectives from Addiction Providers Integrating Primary Care
Webinar June 24

National IHS HIV/AIDS Program
Webinar June 25

Incorporating Environmental Public Health Tracking into Health Impact Assessments
Webinar June 25

- For details on all APCA professional development: Alaska Primary Care
"Region XVIII" Workforce/HR Collaborative Webinar Series

Jointly sponsored by NWRPCA, CHAMPS, APCA, IPCA, OPCA, & WACMHC

ACA Impact on Health Center Human Resources and Workforce Development

July 17: The Emerging Health Center Workforce Environment
July 18: HR's Role in Building an Effective PCMH

9 AM Alaska time; 10 AM Pacific time; 11 AM Mountain time

Save the dates now -- more information to come!

Earn CMEs in Opioid and Pain Management

Safe Prescribing for Pain
Managing Pain Patients who Abuse Rx Drugs

Check out the CME opportunities of our newest federal Learning Connections partner!

Free Webinar: Save Time and Money on Unemployment Costs

Who should attend: CEOs/EDs, HR Directors, CFOs

June 25 - 8:00 to 8:30 a.m. Pacific time
June 26 - 11:00 to 11:30 a.m. Pacific time
June 27 - 1:00 to 1:30 p.m. Pacific time

For more information, call Ellen Dupuy at 800-442-4867 x 160

Register here

Leaders Fellowship Opportunity announced

The Association of Academic Health Sciences Libraries (AAHSL) is pleased to announce the 2013-2014 year of the leadership program jointly sponsored by the National Library of Medicine (NLM) and AAHSL. The NLM/AAHSL Leadership Fellows Program is focused on preparing emerging leaders for the position of library director in academic health sciences libraries.

Details here

Region X Highlights
The Washington Health Benefit Exchange selects Lead Organizations for In-Person Customer Support Program

Three organizations selected are NWRPCA members: (click the link to read news article on each organization selected) Cowlitz Family Health Center, Public Health - Seattle & King County, and Yakima Neighborhood Health Services. Read the Press Release and see the Lead Organization Map.

Dirne Community Health Center founder Lidwina Dirne passes away

"Because of her work and all the people that she influenced, this whole community has a place where they can access health care that's affordable and high quality, and it's not corporate medicine. It's like your neighbor, just taking care of you," said Mike Baker, CEO, Dirne center. Read more...

OHSU Family Medicine at Richmond partners with Cascadia Behavioral Health to open new walk-in clinic offering integrated primary care & behavioral health. Read more...

Alaska Island Community Services opens new clinic

Clinic features an integrated office space for behavioral health clinicians and an on-site laboratory space. Read more...

At Rural Providers' Conference AK Governor signs bill to fight sex trafficking

"The rural providers are on the front lines," Governor Parnell said. "This bill gives them more tools." Read more...

Two Yakima residency programs work to combat doctor shortages

One is turning 20 years old this month, while the second is just getting off the ground. Read more...

John A. Hartford Foundation Awards Five Grants for Depression Care

3 awardees are NWRPCA Members: Mat-Su Health Services in Wasilla, AK; Peninsula Community Health Services in Bremerton, WA; and Valley View Health Center in Chehalis, WA. Read more...

Oregon Primary Care Association announces Health Center Leadership Awards Read more...

 Neighborcare to receive funding from Families & Education Levy

Funding is for creating four new elementary school based health centers and additional funds for existing SBHCs. Read more here and here...

The Rinehart Clinic in Wheeler, Oregon celebrates 100th anniversary

Read more...

Yakima Valley Farm Workers Clinic's Dentist Wins National Award

The Academy of General Dentistry has awarded Gerald Hino, YVFWC Dentist, its Lifelong Learning & Service Recognition award. Fewer than 200 of the academy's 37,000 members have earned the award. Read more...
**Featured Resources**

As seen on the [Resources Page](#) of our website

**CDC Resource on Understanding Evidence in Violence Prevention**

Understanding Evidence is a new, interactive web resource developed by CDC's Division of Violence Prevention that supports public health practitioners in making evidence-informed decisions around violence prevention. This free, online resource offers practitioners and others working to prevent violence important knowledge and resources for using evidence in their decision-making processes. Click [here](#) for more information.

**Women's Health Chartbook & New State Fact Sheets from HHS**

The Women's Health and Mortality Chartbook is a statistical resource on women's health in each of the states, the District of Columbia, Guam, Puerto Rico and the US Virgin Islands. A total of 28 different health indicators highlight some of the key issues related to women's health being measured at the state level. Click [here](#) for the chartbook and [here](#) for the state fact sheets.

Look on our website for other valuable resources.

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**Featured Funders**

As seen on the [Funding Page](#) of our website

**CMS Announces $1 Billion in 2nd Round of Health Care Innovation Awards**

Under this announcement, The Centers for Medicare & Medicaid Services will spend up to $1 billion for awards and evaluation of projects from across the country that test new payment and service delivery models that will deliver better care and lower costs for Medicare, Medicaid, and Children's Health Insurance Program (CHIP) enrollees. Click [here](#) for more information and to read the Funding Opportunity Announcement.

Letters of Intent to Apply: CMS will accept letters of intent beginning June 3 until June 28, 2013 3pm EDT. Application: CMS will accept applications beginning June 14 until August 15, 2013 3pm EDT.

Look on our website for other valuable resources.

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**Workforce Development**


FEATURED JOBS by STATE

Alaska
Associate Medical Director, Iliuliuk Family and Health Services Clinic, Dutch Harbor
Seeking a MD/DO Board Certified Family Medicine physician with previous FQHC experience. A strong leader with the ability to enact policy. Full time, providing primary care services and acute/emergency services to permanent residents of the community as well as a large seasonal population. General healthcare for all ages, prenatal care (no deliveries), occupational medicine, including orthopedic injuries, minor office procedures and initial care and coordination of care for patients needing hospitalization (closest hospital is 800 air miles away). Lab and X-ray are on site, with stat professional radiology services available via digital link. More information here.

Idaho
Family Physician, Valley Family Health Care, Emmett
Well-established community health center serving the communities of the upper Treasure Valley seeking a full-time Family Physician with OB for Emmett, Idaho location. The Emmett clinic is staffed by 3.2 FTE physicians and a midlevel provider. Enjoy a rural lifestyle with easy access to the amenities of a city. Light call and OB schedule. Offer a competitive salary and benefits package with generous amounts of PTO and eligibility for loan repayment. More information here.

Oregon
Medical Director, Benton County Community Health Center, Corvallis
The Medical Director is a critical member of the administrative team, ensuring the delivery of clinical services that meet comprehensive patient needs and are consistent with best clinical practices, and delivered safely, efficiently, cost effectively, and strategically. Ensure an integrated service delivery model that meets all legal, regulatory and accreditation rules, laws and standards, in addition to providing direct primary care. MD/DO, valid license to practice medicine in Oregon and at least 5 years of work experience as a physician in a primary care clinical setting with at least 2 years of leadership experience strongly preferred. More information here.

Washington
Behavioral Health Consultant, Cowlitz Family Health Center, Longview
The Behavioral Health Consultant is a core member of a collaborative care team and is responsible for coordinating referrals to clinically indicated services both within and outside the primary care clinic. Have working knowledge of evidence-based psychosocial treatments for common mental disorders, familiarity with brief, structured intervention techniques. Basic knowledge of psychopharmacology. Experience working with underserved, transient populations. Experience working with patients who have co-occurring mental health, substance abuse, and physical health problems. Experience working with safety net providers within the community and knowledge of community resources. More information here.
About QuickNotes!  QuickNotes is the newsletter of Northwest Regional Primary Care Association. Each issue features a variety of information about community health, member news and spotlights, and important funding and workforce listings.

We welcome your comments and feedback as well as your news items. Please email us your thoughts and your news, resources and opportunities to share.

Forward email