Dear Applicant:

Thank you for your interest in the Internship Program at Lincoln Medical and Mental Health Center. Please take the time to review our 2016-2017 Psychology Internship Program brochure.

Please note that we will be operating in accordance with the new APPI Online Application process for the 2017-2018 internship year. We are accepting online applications this year. Please click on the following link for more information: http://www.appic.org/match/5_3_match_application.html

Also, to maximize your chances for a successful match, please take the time to read below, as well as our brochure.

♦ Each applicant is responsible for compiling all the documentation that is requested, including APPI Online Application, CV, transcripts, and only three letters of recommendation.

♦ Your application must be received by **November 30th**.

♦ Please be aware that we participate in the APPIC Internship Matching Program. You must obtain the Application Agreement Package from the National Matching Services Inc, P.O.Box 1208, Lewiston, NY 14092-8208. Tel# (716)282-4013, Fax# (716)282-0611, Internet web address www.natmatch.com/psychint. (Please note: once matched, all interns-to-be are required to pass preliminary background checks and drug screenings in August with our Human Resources Department. It is upon successful clearance that internship may begin in September.)

♦ Our program code number is 144711

♦ Our training program involves a wide range of training opportunities, from newborns to geriatric populations. We look for applicants to have knowledge and experience in psychological assessment and treatment with both children and adults.

♦ We will not consider applications from students who do not demonstrate adequate psychological testing experience. Applicants who have ample experience with both personality (projective and/or objective) and intelligence testing, as well as experience with report writing that reasonably extends beyond tests and reports that were required in Assessment courses will be considered for interviews. (As a general guideline, we consider at least 4-6 integrated reports that include the administration of IQ and personality testing—not simply self-report questionnaires—to be a good indication of readiness for internship. Of course, applicants with more integrated reports are considered stronger candidates.)

♦ We look for applications with a specific interest and preferably with experience with a community similar to that served by Lincoln Hospital (i.e., urban poor and multiethnic minority community).

♦ Bilingual, bicultural, culturally competent applicants are strongly encouraged to apply.

We feel that the program offered at Lincoln is unique in its diversity and exciting in its range of experiences. If your career goals include a challenge like this, please consider applying to Lincoln Medical and Mental Health Center’s Predoctoral Psychology Internship Program.

Michael D. Fraser, Ph.D.
Director of Training
Psychology Internship Program
michael.fraser@nychhc.org
Lincoln Medical & Mental Health Center

Psychology Internship Program
An APA Accredited Program
Thank you for your interest in the pre-doctoral internship program in psychology at Lincoln Medical and Mental Health Center. We are a large acute care municipal hospital offering a unique and exciting opportunity for training in a diverse yet supportive learning environment. We offer the opportunity for interns to work with adults and children, and to select several simultaneous rotations in Outpatient and Emergency Room settings, as members of our Pediatric Subspecialty Clinic teams, as well as in our Child Abuse and Child Development clinics. Many of our staff have remained enthusiastically dedicated to this community for more than a decade. Others were former interns at Lincoln who have happily become members of our staff. We believe you will find our expertise invaluable and our energy contagious. We invite you to share in this challenging and rewarding experience.

Sandra Runes, Ph.D.
Director of Psychology

The deadline for application and receipt of all materials is November 30th. Training begins the first Tuesday after Labor Day. For additional information, please contact:

Michael D. Fraser, Ph.D.
Director of Internship Training
Department of Psychiatry
Lincoln Medical and Mental Health Center
234 East 149th Street, Room 4-85
Bronx, New York 10451
Telephone (718) 579-5476
FAX (718) 579-5556
EMAIL: Michael.Fraser@nychhc.org

Lincoln Medical and Mental Health Center’s Pre-Doctoral Psychology Internship Program is an APA-Accredited Program*

*Questions related to the program’s accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE, Washington, DC 20002
Phone: (202) 336-5979 / Email: apaaccred@apa.org
Web: www.apa.org/ed/accreditation
**HISTORY OF LINCOLN MEDICAL AND MENTAL HEALTH CENTER**

For more than one-and-a-half centuries, Lincoln Medical and Mental Health Center (LMMHC) has been dedicated to the care of the poor and the disadvantaged in the City of New York. Originally founded in 1839 as the "Home for the Relief of Aged Indigent Black Persons" by a group of prominent philanthropists led by Mrs. John Jay, the hospital function gradually became the most important aspect of the operation. The name was changed to "The Colored Home and Hospital" in 1882.

In 1895, after more than half-a-century of occupying various sites in Manhattan, the Board of Trustees purchased a large lot in the South Bronx (then a semi-rural area of the city) at the corner of 141st Street and Southern Boulevard. A new hospital was built, incorporating the latest developments in medical care. The dedication took place on April 29, 1899. The hospital became a general hospital open to all people without regard to color or creed, although it maintained its founding connection as an institution dedicated to the relief and advancement of African-Americans. During the hospital's reorganization and relocation, its name was changed to Lincoln Hospital, to honor the Great Emancipator.

Because of the increasing demand for services required by a more densely populated South Bronx (and a decreasing supply of philanthropic funds), the Board of Trustees decided in 1925 to sell Lincoln Hospital to the Department of Public Welfare of the City of New York. During the next 50 years, Lincoln Hospital continued to fulfill its commitment to the care of the poor and disadvantaged, not without its share of problems brought on by World War II and the post-war period. The great outflow of physicians to the Armed Forces during World War II and the drastic socioeconomic decline in the area that followed—movement of the middle class and a large influx of immigrants from the southern regions of the United States, the Caribbean, and other countries of Latin America— took their toll on Lincoln Hospital. In spite of adversity, the institution's long commitment to human services helped it survive and enjoy a resurgence in the 1970s as one of the finest institutions for the care of the sick and the training of professionals in the newly-formed New York City Health and Hospital Corporation.

The 1990's brought dramatic changes in all areas of health care delivery. LMMHC became part of the Generations+/ Northern Manhattan Network, together with Harlem Hospital, Metropolitan Hospital, Morrisania Diagnostic and Treatment Center, and Segundo Ruiz Belvis Diagnostic and Treatment Center. In spite of dire predictions, this network continues to strive to fulfill its mission to providing quality care to a diverse, multiethnic urban population in this era of managed care.

**LINCOLN MEDICAL AND MENTAL HEALTH CENTER TODAY**

In 1976, a new facility was dedicated about two miles from the "Old Lincoln," at a construction cost of 220 million dollars. The present hospital building incorporates some of the most advanced concepts in hospital design and sophisticated equipment. It occupies five full city blocks, providing quality health care to the entire South Bronx community, as well as parts of Upper Manhattan. Additionally, Lincoln administers the Substance Abuse Division (Lincoln Recovery Center), located at Segundo Belvis Ruiz Medical Center, 545 E 142nd St., Bronx, NY 10454. With a 595-bed capacity, Lincoln Hospital is the single largest health care provider in the
South Bronx. Although it constitutes 9% of the beds in the region, Lincoln provides 31% of the health care visits to a community where there is less than one primary care physician for every 4,000 people.

Located 20 blocks from Lincoln, Morrisania Diagnostic and Treatment Center (MDTC) is a community-based health care facility offering primary care and mental health services and a Child Development Center. As Morrisania is now part of Lincoln's Health Care Network, interns are afforded an opportunity for training in this facility as well.

THE PSYCHOLOGY INTERNSHIP PROGRAM AT LINCOLN MEDICAL AND MENTAL HEALTH CENTER

The Psychology Internship Program at Lincoln Medical and Mental Health Center started in 1986 within the Division of Psychology of the Department of Psychiatry, and received full APA accreditation in 1993. Lincoln Hospital is a facility of the NYC Health and Hospitals Corporation, and is affiliated with Cornell College of Medicine. The Directors of the Departments of Psychiatry and Pediatrics provide substantial support to enable this training program to be an integrated component of Behavioral Health Services within the hospital.

The Department of Psychiatry has a multidisciplinary staff including 25 psychiatrists, 16 psychologists, social workers, nurses, and numerous paraprofessionals. Clinical services include:
- A 24-hour psychiatric emergency service
- A 30-bed acute inpatient service which averages over 500 admissions annually
- Adult and child outpatient clinics
- A psychiatric consultation and liaison service
- A substance abuse facility, which includes an alcohol and drug treatment program with an acupuncture component
- A Mobile Crisis Unit which responds to community crisis situations
- A MICA team that provides assessment and referral services for Mentally Ill Chemical Abusers
- An Adolescent Substance Abuse Prevention Program
- In conjunction with the Department of Pediatrics, there is a close relationship with the hospital’s Child Abuse/Sexual Abuse Clinic (Child Advocacy Clinic).

PHILOSOPHY AND GOALS

Through the Department of Psychiatry’s, Division of Psychology, Lincoln Medical and Mental Health Center offers training to PhD and PsyD psychology students. Our internship offers a one-year, full-time, paid clinical training experience for doctoral students enrolled in fully APA-accredited programs in clinical, counseling, and school psychology. This is typically taken in the final year of doctoral training, after completion of all course work.

Philosophy

Our training model is the practitioner for the underprivileged. Through its more than 150 years of existence, LMMHC has maintained a commitment to the provision of quality medical and mental health care within the South Bronx community. Lincoln's population has changed over the years, but has always represented a diversity of cultural groups, with a sizable percentage of recent immigrants and families living below the poverty line. It is the commitment of the Department of Psychiatry and its Division of Psychology to have its staff and trainees reflect this cultural diversity and be sensitive to the needs and values of this population.

The training program is actively involved with its multicultural surrounding community. The Department of Psychiatry staff is multicultural and its members speak a variety of languages including Spanish, French, Creole, Yiddish, Portuguese, and Greek to name a few.
Some of the clinical staff are fluent in American Sign Language as well. In addition, through its program of affirmative action, Lincoln has actively recruited staff and trainees who are physically challenged.

The Psychology Internship Program at Lincoln has the advantage of exposure to the combined philosophies of the Departments of Psychiatry and Pediatrics. This combination has produced a unique developmental perspective on medicine and behavioral health, which emphasizes the crucial importance of the family unit in the mental health of both children and adults.

Interns are provided with opportunities to work with patients of all ages, from the very young to geriatric patients. The interns learn that the same symptom and overt behavior are interpreted quite differently according to the age of the patient. Even those interns who primarily want to work with an adult population receive some experience with children and adolescents. In this way, they are provided with an understanding of how childhood experiences influence adult behavior. Similarly, for interns with predominantly child and school training, some adult experience is required to facilitate their work with parents. Trainees have often prematurely selected or excluded certain age categories from interest only to discover, when working with non-selected patients, that they want to continue to do so in the future.

**Goals**

Our goal is to provide interns with supervised experiences as beginning professionals in the various units of a large municipal hospital. Interns apply the skills they have been taught in graduate school, while learning more about brain-behavior relationships, psychopathology, psychological testing, clinical assessment, report writing, therapeutic interventions, professional ethics, and forensic/legal issues.

Aside from the obvious value of working in a hospital for those who want future careers in a hospital setting, the internship also provides important experience for those who wish to work in other settings. Interns rotate through different services, assuring exposure to a variety of activities and populations, and encouraging the refinement of diagnostic and treatment skills.

The training program offered by the Division of Psychology makes two further philosophical commitments to its trainees. Since Lincoln Medical and Mental Health Center serves a poor urban population with special sociological and cultural needs, the training program strives to divest trainees of the myths of working with such clients and to help them appreciate their strengths and special needs. The other commitment of the Division of Psychology is to increase the sense of professionalism of trainees. It is not enough that students increase their clinical skills, they must also increase their understanding of the role of the psychologist in health and mental health care, their commitment to a scientific foundation for the practice of psychology, and their adherence to the common core of ethical principles espoused by their profession.

**OUR TRAINING MODEL**

Our training model is a biopsychosocial one with a strong developmental, ecological and community-centered perspective. Advanced doctoral students who apply to our program are expected to be familiar with a biological basis of behavior, including genetic, neurological and endocrinological factors. Courses in anatomy and physiology of the human neuroendocrine system, neuropsychology, sensory systems, and perception in the child and adult are essential for the understanding of this biological perspective.

Although knowledge of psychopharmacology and the uses of major groups of pharmacological agents are an integral part of our orientation and didactic, the doctoral student is expected to have sufficient background in psychopharmacology to further integrate and absorb this much-needed knowledge.
Solid training in the behavioral sciences and child and adult psychopathology is also to be expected. Knowledge of the DSM-IV and DSM-5 classification of mental disorders and major codes is essential. Familiarity with issues regarding differential diagnosis of behavioral and mental disorders in the child and adult are discussed in all rotations and are indispensable for those desiring to spend year-long rotations in emergency psychiatry. Supervisors guide interns often using a hands-on approach to knowledge of a large variety of treatment modalities—including group and family therapy—across the spectrum of disorders in adults and children.

As part of the Health and Hospitals Corporation (HHC), Lincoln Hospital utilizes an electronic medical record. Interns will gain valuable experience learning to document and access behavioral health information electronically.

The advanced doctoral student who applies to our training program should demonstrate—as evidenced by his or her curriculum vitae—a strong commitment to the needs of the urban poor and demonstrated cultural competency. Since approximately 40% of our clients are monolingual Spanish, opportunities are extended to candidates who are fluent enough in Spanish to perform psychotherapy to work with a multilingual population. Sensitivity and work experience with minority populations and individuals who are born abroad count very favorably in the selection of candidates for initial interviews.

In the various rotations at Lincoln Hospital, psychology interns have the opportunity to acquire first-hand experience with the entire spectrum of human development (newborns, toddlers, preschoolers, children and adolescents, adult and geriatric populations). Therefore, familiarity with developmental issues for this wide range of age groups is fundamental.

Our program emphasizes an ecological and community-based perspective. We need to emphasize that Lincoln Hospital was founded to address the needs of the community that surrounds our medical and mental health center about 160 years ago. Students who apply and are accepted to our program are expected to become an integral part of the current staff who are personally committed to this community.

Professional ethics and competence in relating to clients, staff, supervisors, and administrative personnel permeates every phase of the intern’s experience in their internship at Lincoln. During the initial interview candidates should demonstrate a mature approach to real examples of situational ethics and the capacity and desire to achieve the highest level of professionalism which is later required during licensed practice.

**ORGANIZATION OF THE TRAINING EXPERIENCE**

In order to obtain experience with different populations, interns select four of the six placements below, and are placed one to two days a week in these units. The services on which an intern may serve are:

- Child/Adolescent Psychiatric Services (CAPS)
- Children's Developmental Clinic (CDC) located at Morrisania Diagnostic & Treatment Center
- Child Abuse Sexual Abuse Clinic (CASA)
- Adult Outpatient Clinic (OPD)
- Emergency Psychiatry/Psychiatry Consultation and Liaison
- Behavioral Medicine

Semesters run as follows: The first from September to February; the second from March to August. The program involves four "core experiences" where interns must participate on a weekly basis, including adult, child, and one of the five pediatric psychology placements. Placements are simultaneous (see Sample Weekly Schedule on following page). Interns are also encouraged to include training at the CDC and/or CASA. Interns may select limited involvement in the Recover Center.

In addition to our formal placements, interns have the opportunity for exposure to other aspects of the mental health care delivery system through "mini-placements." One such opportunity involves assisting Pediatric Physicians in Lincoln’s Adolescent Medicine Clinic.
Other experiences include areas where psychiatrists and other allied health professionals may guide the experience. These include: Psychiatry Emergency Room and Psychiatric Consultation Liaison Service.

THE ORIENTATION PROCESS

Interns report to a general 3-day HHC Orientation the first Tuesday after Labor Day. Upon completion of HHC Orientation, interns are welcomed by the Director of Psychiatry, the Director of the Division of Psychology, the Director of Training, and the Administrative Staff.

Interns are thereafter oriented specifically to Lincoln Medical and Mental Health Center and are formally introduced to the Psychology staff.

The Lincoln internship orientation process lasts two weeks, during which interns are shown the location of the placement facilities and electives, and receive training in each unit's operations.

FACILITIES

All placements are offered at Lincoln Medical and Mental Health Center or in facilities that are administratively linked to our hospital.

Child Developmental Clinic (CDC):

Morrisania Diagnostic and Treatment Center (MDTC)

Location. 1225 Gerard Avenue (Between 167 and 168th Street).

Sample Weekly Schedule
Services. The Morrisania Child Developmental Center (CDC) functions as an early intervention and child development clinic and is involved with the evaluation, treatment, and follow-up of children from birth through age 18. The CDC maintains close ties with Lincoln's Neonatal Intensive Care Unit (NICU), Lincoln's Department of Pediatrics, Lincoln's Department of Ear Nose and Throat (ENT), Lincoln's Pediatric Neurology, and Segundo Ruiz Belvis Diagnostic and Treatment Center.

Admission Criteria:
- Premature, prenatally drug exposed, and high risk infants
- Toddlers and pre-schoolers with a wide variety of medical, behavioral, and developmental problems
- School-aged children with learning as well as other developmental and physical handicaps

Intern's Participation. This placement is one day a week. Interns learn evaluation, treatment, and intervention strategies for children and their families. CDC's multidisciplinary staff provides the intern with an opportunity to interface with and learn from Physiatry, Speech Pathology, Occupational Therapy, Developmental Pediatrics, and Social Work, as well as from other Psychology Supervisors. CDC is also actively involved in program implementation and consultation to Early Intervention and Preschool programs in the South Bronx Community.

Supervision is one hour per week. An additional supervision hour may be assigned for family therapy cases. Interns are assisted in formulating an organized therapeutic plan and integrating their own knowledge and that of the supervisor into practical treatment approaches. Intensive guidance in interpretation and integration of psychological test data and the organization of a comprehensive psychological report is also a goal of the supervision.

Goals:
- To learn infant/pre-school assessment on an apprenticeship basis. Interns initially observe and ultimately test one patient per week. By August, interns are expected to have submitted a minimum of eight reports on evaluations of infants and preschool children.
- Interns learn the basics of play therapy, cognitive/behavioral approaches to behavior management and the basics of family system treatment approaches
- To participate on team conferences and handle parent-interviews for at least three cases, including explaining to parents CDC's multidisciplinary evaluations and recommendations.

A report is to be completed for each evaluation prior to the case appearing on case conference agenda (about three weeks). Treatment cases require treatment plans and quarterly treatment summaries. In addition, interns may choose to learn assessment of physically handicapped infants and children, including cerebral palsy, spina bifida, etc.

Child/Adolescent Psychiatric Services (CAPS)

Location. CAPS is located on the 4th floor (Unit 4-A) at Lincoln Hospital.

Services. CAPS provides family-oriented psychotherapy services to children and adolescents, as well as parent-child counseling services. This latter service helps parents to understand and cope with the child's disorder. CAPS services children with a multiplicity of behavioral problems from age 5 to 18.

Goals:
- To become familiar with the process of intake, psychosocial assessment, and psychological assessment of children and adolescents
- To provide individual, group, and family treatment utilizing a variety of modalities and approaches
- To co-lead groups for children and/or parents
- To develop the psychology intern's
competence in cognitive behavior therapy, play therapy, and parent-family therapy.

Intern's participation: The intern is expected to complete the following for each assigned case:

- Treatment plans, within 30 days of case assignment, and treatment plan updates every three months
- Utilization review, in which a review of the case is made 30 days after admission. The Certification of Quarterly Review addresses the need for continued treatment every three months
- Transfer summary if the case is transferred to another clinician
- Termination summary if the case is closed
- Contact with school, foster care, and other community-based agencies
- In addition, interns are expected to meet with other clinicians who are also providing services (e.g., medication, clinic attending physician, group leader) as treatment plans and utilization review are completed

In this placement, interns attend weekly individual supervision sessions. Interns also learn about hospital admission policies and procedures for reporting suspected neglect or abuse.

Child Advocacy Clinic (Child Abuse Sexual Abuse/“CASA Clinic”)

Location. The Child Protection Program is located on the 4th floor (Unit 4-A, next to CAPS) at Lincoln Hospital.

Services. The Child Protection Program is dedicated to the complete forensic diagnostic evaluation as well as continued medical, social, and psychological support of the abused child. The program is a subspecialty clinic of the Department of Pediatrics at Lincoln Hospital. Children evaluated in the program are referred not only from within Lincoln Hospital but also from the Administration for Children’s Services, foster care agencies, schools, and independent sources.

Goals:
- To serve the needs of physically and sexually abused children who require expert medical care and psychosocial evaluation
- To act as their advocate within the legal, child welfare, and law-enforcement agencies.

Intern's participation: Interns provide acute psychological trauma assessments, psychological evaluations, and supportive psychotherapy for the abused child and their family. They also participate in regular multidisciplinary meetings held jointly by the Child Psychiatry Department and the Child Protection Program. Interns may be involved in the Parenting Program where courses are offered in both English and Spanish. A forensic report is completed on each child who is evaluated in the Child Protection Program, and the staff is available to provide expert court testimony within the area of child maltreatment.

Behavioral Medicine

Behavioral Medicine placements vary annually in the following clinics: Adolescent Medicine, Genetics, Asthma, and Diabetes Clinics.

Location. Subspecialty Clinics are located on Lincoln Hospital’s first floor (area 1C2) and second floor (2A2).

Services. These clinics provide specialized care for patients with chronic illnesses that cannot be adequately managed in the general pediatric and adult clinics.

Goals:
- To develop an understanding of illness, along with related psychological factors and psychological problems which might result from illness
- To develop the skills in individual and family interviewing necessary to understand patients whose illness is poorly controlled or who are experiencing adjustment problems secondary to illness
- To develop the skills in organizing and presenting clinical data necessary to provide psychological consultations to patients’ physicians and other health care team members
Lincoln Medical & Mental Health Center
Psychology Internship Program

- To develop the skills in individual and family counseling/psychotherapy and crisis intervention necessary to provide therapeutic intervention for patients whose illness is poorly controlled or who are experiencing adjustment problems secondary to illness
- To develop the knowledge and skills necessary to assist families in relating effectively to the multiple health, education, and other systems affected by the patient's illness

**Intern's participation.** Each of these clinics is the setting for a separate Pediatric Psychology placement. Each placement is for 4-5 hours per week. Interns learn about the pathophysiology of the illness, the medical regimen necessary to control illness, psychological factors affecting adherence to treatment and control of illness, and adjustment problems resulting from these illnesses. Supervision provided weekly in group format.

**The Adult Outpatient Clinic**

*Location.* The Adult Outpatient Psychiatric Clinic is located on the 7th Floor of Lincoln Hospital (Unit 7B).

*Facilities:* The Adult Outpatient Psychiatric Clinic accommodates between 19,000 and 22,000 visits yearly from community residents seeking mental health services. It provides individual, group, couple, and family therapy, medication management, as well as referral to other agencies.

*Services.* The Adult Outpatient Psychiatric Clinic provides comprehensive treatment to patients representing a broad spectrum of psychopathology and service needs. When needed, neuropsychological evaluations are provided to facilitate diagnosis and treatment planning.

*Goals:* The goal of this placement is to provide the intern with a realistic experience of the professional activities and skills required in a typical day in an outpatient clinic in a community-based hospital. Psychology interns have the opportunity for a varied experience in terms of diagnostic categories following DSM-IV-TR guidelines, and the use of diverse psychotherapy modalities within a psychiatric team approach.

*Intern's Participation.* Interns participate one to two days a week on the unit. Psychology interns on this service provide intake, psychological testing and consultation, and are given the opportunity to learn neuropsychological assessment and provide consultation to medical units and other departments within the hospital. In addition they conduct screening interviews, and they provide individual and group psychotherapy. Under the supervision of licensed psychologists, interns also evaluate, assess, diagnose, and recommend modalities of treatment for clients entering the outpatient services.

**Acute Psychiatric Inpatient Testing**

*Location.* The Adult Inpatient Psychiatric Unit is located on the 10th Floor of Lincoln Hospital (Unit 10-A).

Although psychology interns do not complete a clinical placement on Unit 10-A, psychological testing is provided by psychology interns. Tests of IQ and Adaptive Functioning, as well as Projective Assessments, are used to clarify differential diagnosis and to address issues relevant to appropriate discharge planning. Often times patients from the Adult Inpatient Unit are transitioned to the Adult OPD Service and may continue to be followed there by interns.

**Emergency Psychiatry**

*Location.* The first floor next to Medical and Pediatric emergency areas.

*Facilities.* A large number of psychiatric patients (adults as well as children) are seen for the first time during the course of an emergency visit. The Emergency Room clinical experience provides the psychology intern a unique supervised experience in a busy municipal hospital psychiatric emergency room and
holding area. The experience provides an exposure to individuals in crisis and deals with evaluation and stabilization of patients afflicted with schizophrenia, delirium, manic states, suicide attempts, drug intoxication, drug overdose, or who are victims of accidents or abuse. 

Intern's participation. Emergency Psychiatry can be selected as a major placement during weekdays during an entire semester. Some of the adult admissions are transferred to our inpatient unit; children may be asked to return to CAPS on an ambulatory basis. For those selecting the placement as an elective on weekends, the Emergency Psychiatric experience also provides exposure to medical-psychiatric interface cases which are not normally available on weekends. Under the guidance of an attending psychiatrist, interns participate in consultations to medical floors throughout Lincoln Hospital, including surgical and pediatric emergency services. The therapeutic modalities include crisis intervention, pharmacological interventions, and interpretation of relevant laboratory data. Cases run the spectrum of acute diagnoses; patients are frequently homeless, may exhibit the diagnosis of Mentally Ill Chemical Abuser (MICA), and may be infected with HIV.

Goals. Either as a major rotation or as an elective, the training goal is to provide the intern with experience and skills to make diagnostic decisions quickly, sometimes on the basis of limited information, while confronted with issues of differential diagnosis and appropriate referrals.

Outpatient Consultation to Medical Services

During the experience in Emergency Psychiatry Services, interns have the opportunity to accompany the Consultation-Liaison staff during bedside consultations and assessments. They may encounter issues of diagnosis and discussions regarding the presence of psychological symptomatology in patients being treated for other medical conditions. Interns may subsequently be assigned treatment cases from patients initially referred from Consultation-Liaison.

Interns as ‘Supervisors in Training’

We are committed to our goal of providing an internship that will prepare our interns to develop clinical proficiency as they move towards becoming practicing psychologists. One major area in which we wish our interns to gain proficiency is clinical supervision.

Interns are provided opportunities to gain ‘hands on’ experience in supervision in three ways. First, with the growth of our externship program, interns are assigned externs whom they will provide supervision in both therapy and assessment. Every Tuesday morning, interns will meet with assigned extern(s) to review case material and discuss clinical issues. Each intern’s extern-supervision training experience will be overseen and supervised by a licensed psychologist. Interns likewise meet weekly with their supervisor to discuss their supervisory cases with their extern.

Second, during their second semester in Dr. Fraser’s team supervision—comprised of the five psychology interns—interns rotate as Weekly Supervisor. In this role, each will run the 90-minute supervision team, leading their peers on individual and family psychotherapy cases. Dr. Fraser is present during the team, where he participates in case discussion, evaluating each interns’ competency in supervision.

Finally, Dr. Runes provides a course on Issues in Clinical Supervision, which covers theoretical, clinical and personal issues that arise in supervision. Interns use this course to address questions about roles, conflicts, and other dilemmas they may encounter in their development as junior supervisors.
ADDITIONAL TRAINING AND EXPERIENCE

To supplement their primary placements, interns may take advantage of additional training opportunities. These include Lincoln Hospital’s Alcohol and Drug Treatment Program, the Emergency Room, Mobile Crisis Unit, and a variety of on-site and off-site conferences.

Program Evaluation

To provide experience in the process of Program Evaluation, psychology interns participate in HHC “Breakthrough Training,” a corporation-wide training program. Breakthrough is the NYC Health + Hospitals Improvement System. It is a system and approach to improvement, a set of principles founded in a philosophy that utilizes specific tools to provide value to our customers.

Breakthrough improvement activities include training and coaching from experts, or "sensei"; targeted, onsite, team-based action; and constant review of progress to create even greater improvements. Interns learn methods of program evaluation and improvement and earn “Green Certification” — by demonstrating a level of competency in the methods learned.

On-Site and Off-Site Training

In addition to the on-site clinical placements described earlier, Lincoln Hospital is a participant in an HHC ongoing training program coordinated with the Office of Behavioral Health. One-to-two day workshops, as well as longer-term programs, are offered throughout the Health and Hospital Corporation system, and psychology interns are encouraged to attend. Lincoln Hospital has hosted some of these training programs in the past.

Interns, in coordination with their supervisors, are also encouraged to attend training workshops sponsored by the American Psychological Association and the New York State Psychological Association. With prior approval of the Director of Psychology and Training Director, interns may attend relevant off-site training conferences.

Crisis Intervention Team

When larger community emergencies develop, interns may be called upon to assist staff who make field visits. The Mobile Crisis Unit (MCU) is a special feature of Lincoln Hospital, and has been created to address the needs of individuals in crisis in the community. Typically, it consists of home visits to patients who are experiencing the acute manifestations of a major psychiatric disorder and yet are reluctant to seek psychiatric assistance, or those who, for unknown reasons, have stopped attending their regular appointments at our clinics. While this is not a formal weekly placement, over the course of the internship year interns may find themselves in need of the crisis intervention team services. During such crises, the intern will work hand-in-hand to assist the MCU team in reaching out to patients in need.

From time to time, members of the Department of Psychiatry have also been called on to address the psychological needs of groups of individuals who have experienced catastrophic losses or have been involved in multiple-victim accidents. Interns may be invited to participate in such efforts on a case-by-case basis.
AREAS IN WHICH TRAINEES RECEIVE SUPERVISED EXPERIENCE WITHIN PLACEMENTS

Within their placements interns have the opportunity for supervised experience in the following areas:

- Psychotherapy
- Psychological/Neuropsychological Testing
- Early Intervention/Developmental Disabilities
- Crisis Intervention
- Psychoeducation
- Consultation
- Family Therapy
- Behavioral Medicine
- Chronic Illness
- Multiculturalism
- Clinical Supervision
- Legal Issues & Forensic/ Court Evaluations
- Ethical and Professional Issues

DIDACTICS

The interns are provided year-long didactic experiences intended to enhance their clinical opportunities. These experiences include:

- Weekly Psychology Internship Seminars. A variety of topics of importance to professional psychologists are presented by staff psychologists and psychiatrists. Every Tuesday morning, interns are provided two one-hour long courses on topics including but not limited to: PTSD, developmental disorders, projective testing, and substance abuse treatment.
- Clinical Colloquia. 2-4 week specialized training on the following areas: family therapy, play therapy, neuropsychological testing, systems theory, forensic psychological assessment, group therapy, issues in an urban community setting, and treatment strategies in child abuse.

- Weekly Psychiatry Grand Rounds. The Department provides lectures by noted speakers on numerous aspects of psychiatric/psychological practice. Past speakers have included psychiatrists and psychologists from the NYU Child Study Center, NIMH, Columbia Presbyterian, Fordham University, and the Minuchin Center for the Family.
- Journal Club. Psychology Interns pick a research topic of their choice and prepare a presentation to the clinical staff.
- Unit Inservice Training. Each placement unit holds its own in-service training sessions focusing on topics specifically relevant to that unit.
- Case Conferences/Case Presentations. Interns present assessment cases for discussion at Team Conference Meetings. In addition, interns present a treatment or evaluation case under the guidance of their supervisors.

We have attempted to strike a balance between breadth and intensity of clinical experience. Interns make an estimated time commitment of 40-45 hours per week, of which approximately 20% is didactic, 40% direct service (e.g., therapy, assessments, team meetings), and 20% supervision. Interns regularly meet with the Internship Director and with the Director of the Psychology Division. Interns also attend staff meetings, disposition meetings and participate in unit program development. These activities account for 10% of the intern's time. Case management, chart work and other writing activities comprise the remaining 10% of the intern's time. The interns are also encouraged to participate in ongoing departmental research, as well as to work actively on their dissertations.
INTERNSHIP PROGRAM PROCEDURES

The Application Form

Since 1997, the Psychology Internship Program at Lincoln Hospital has accepted APPIC's Universal Application form.

Review of Documentation

We operate in accordance with the new APPI online application process, and as such require:

- A curriculum vitae
- Transcripts of graduate school training (if you feel it is appropriate, you may include some undergraduate training)
- Three letters of reference

All documentation should be submitted online according to the APPI guidelines.

The closing date for application is November 30. To maximize compliance with the dates, potential candidates are given our fax number. The staff interviews all candidates who, in our view, are most qualified and whose interests best fit Lincoln's training opportunities.

The Applicant Is Invited To Be Interviewed

Because of the large volume of applications, we commonly interview approximately one-third of all applicants. Each selected applicant is interviewed by at least two faculty members and meets with our current interns. The applicant is contacted by telephone to arrange for an interview.

Interviews are scheduled throughout December and January. All applicants are interviewed by two psychology supervisors and meet with current psychology interns as well. An interview entails a 2-3 hour commitment.

APPIC Internship Matching Program

We participate in the APPIC Internship Matching Program. Applicants must obtain the Application Agreement Package from the National Matching Service Inc, PO Box 1208, Lewiston, NY 14092-8208; Telephone (716) 282-4013, Fax (716) 282-0611

- The Internet Web Site Address is: http://www.natmatch.com/psychint
- Our Program Code Number is 4471.

EMPLOYMENT

Formal Letter of Invitation

The applicants are notified on Match Day that they have been selected for the internship program at Lincoln Medical and Mental Health Center. The Director of Training will contact each matched applicant by phone, and a letter of invitation follows immediately after such verbal communication, with a copy to the Director of Graduate Training.

Prerequisites for Acceptance

- Enrollment in an APA-accredited Ph.D., Ed.D. or Psy.D. program in clinical, counseling, or school psychology
- Successful completion of all graduate coursework towards a doctoral degree including practica and externships, with experience in psychological testing and various forms of psychotherapy
- Completed APPI universal application form
- Three letters of reference
- Curriculum vitae
- Personal interview
- Successful passing of HHC Human Resources background/screening process
Formal Letter of Acceptance

Upon receiving our written invitation to join our internship program, the applicant is asked to send a formal letter of acceptance.

Employment Contract and Pre-Employment Medical Clearance

Selected individuals become employees of the Health and Hospital Corporation and sign a formal contract. The interns are also required to have a physical examination prior to working at Lincoln Hospital. Interns may choose to bring the results of physical examinations administered by their private doctors. Interns are subject to HHC regulations requiring mandatory drug testing and background check prior to employment.

Termination of Employment

To ensure continuity of employment for future interns, the Health and Hospital Corporation requires interns to submit a formal letter of resignation at their end of the internship. As interns are employees of the Corporation, they must adhere to all Corporation policies for termination of employment.

INTERN'S BENEFITS

Salaries and benefits are determined by New York City Health and Hospitals Corporation. While in training, Interns receive the following benefits:

- A stipend of $29,213 a year
- Health insurance benefits
- 18 days Annual Leave
- 11 holidays
- 12 sick days (Accrued one per Month)
- Parking lot access. The Lincoln Hospital has a convenient, five-story, secure facility that is available to interns 24-hours a day, and currently charges $95 a month
- Free breakfast and lunch vouchers

Vacation time and/or religious holidays need to be requested in writing and approved at least two weeks in advance. In the event that illness prevents attendance at work, the intern is responsible for notifying the supervisor at the scheduled start time that he/she is unable to come to work. Interns are also responsible for rescheduling patients.

SUPERVISION

Each supervisor is a licensed psychologist in New York State. Interns are supervised by at least three licensed psychologists during each semester. Supervisors are assigned to each intern at the outset of the internship year for individual psychotherapy and group psychotherapy in outpatient and crisis clinics, as well as for psychological testing.

Interns receive a minimum of four to five hours per week of supervision. Although, as a rule, one hour is devoted to supervision of assessments of outpatients and one hour to psychotherapy, supervisors may rearrange the ratio according to the needs of their units.

In an effort to provide maximal support for interns and immediate exposure to complex cases and new populations, supervisors do their best to provide all interns cases that will help them to grow and develop clinically and professionally.

Interns may receive additional supervision from unit psychiatrists, particularly when issues regarding medication are concerned. Communication with all members of the clinical team (e.g., social workers, case managers) is actively encouraged.

Supervisors from each unit review, discuss, and countersign all cases seen by the intern. At both the six-month and twelve-month points during training, supervisors provide performance evaluations according to unit-specific
Aspects of performance subject to evaluation include initial intake interviews, psychosocial history, psychological assessment (including neuro-psychological evaluation), report writing, and treatment planning and clinical competence (e.g., individual, family or group therapy).

**Supervisor Meetings**

All Psychology Supervisors meet monthly to share ideas and to discuss program issues. An intern representative regularly attends these monthly meetings to provide feedback from interns to the supervisors, and to maintain open communication between interns and staff. This is typically used as an opportunity to let staff know what is going well, as well as to inform supervisors about interns’ needs and possible problems so that swift problem resolution can take place.

Monthly meetings are also used by supervisors to discuss intern needs and progress, as well as to handle problems they may encounter in supervising interns.

A full listing of the current Supervising Psychologists and other training staff can be viewed on the next two pages.
FACULTY 2016-2017


Michael Fraser, Ph.D. Director, Psychology Internship Training Program; Supervising Psychologist, Child and Adolescent Psychiatric Services. Ph.D. in Clinical Psychology, Temple University (2001). Interests include: psychodynamic and structural family therapy approaches to treatment of psychopathology during childhood and adolescence; adolescent substance abuse prevention & treatment; forensic assesment; stress and its relation to psychopathology; compulsive internet and video game use; and the application of computer-based technology to issues in psychology.


Veronica Christopoulos, Psy.D. Psychologist, Morrisania Diagnostic and Treatment Center, Child Development Clinic. Doctorate in School/Clinical Child Psychology from Pace University. Training/certification as a Drug and Alcohol Counselor, interest and experience with toddler, preschool and early childhood assessment, intervention and family systems approach to treatment.

cross-cultural psychology, relational psychotherapy, CBT for depression and anxiety, trauma work, women's mental health, and life transitions.


**Suzanne Hirsch, Ph.D.** Supervising Psychologist, Adult OPD, Ph.D. in Counseling Psychology, State University of New York at Buffalo (1999). Licensed Bilingual (Spanish) Psychologist in New York State. Current Interests include: group process, feminist theory, systemic and community psychology.

**Enmanuel Mercedes, Ph.D.-ABD** Bilingual Level I Psychologist, Adult OPD, Lincoln Medical and Mental Health Center. Counseling Doctoral Program, Seton Hall University. Current interests include: Psychodynamic and CBT approaches, short-term interventions, anxiety management, and Latino/as issues.

**Additional Training Staff**
- Christian Gonzalez, M.D., Attending Child Psychiatrist, Child OPD
- Fred Kho, M.D., Developmental Pediatrician, Morrisania CDC
- Brian Ladds, M.D., Attending Psychiatrist, Director Psychiatry Residency Program
- Diane Mclean, M.D. Attending Psychiatrist, Child OPD, Adult OPD
- Nina Agrawal, M.D., Attending Physician, Director CASA Clinic
- Jorge Otero, M.D., Attending Psychiatrist, Emergency Department
- Lorraine C. Vasquez, O.T.R., Occupational Therapist, Morrisania CDC
HOW TO GET TO LINCOLN HOSPITAL

Public Transportation
Lincoln Medical and Mental Health Center is easily accessible by public transportation.
From the East Side Manhattan, take IRT subway number 4 or 5 uptown and exit at 149th street and Grand Concourse.
From the West Side Manhattan, take IRT subway number 2 uptown, and exit at 149th street and Grand Concourse.
From the street level upon exiting the subway, Lincoln Hospital is readily identifiable by its handsome modern architecture and terracotta walls.

Driving Instructions
From the East Side of Manhattan: Take the FDR Drive over the Willis Avenue Bridge, bear left and get on the Major Deegan Expressway. Get off at the first exit (138th Street and Grand Concourse). Bear right as you get to this exit; take Grand Concourse to 144th Street and turn right on 144th Street. Drive approximately 2 1/2 blocks crossing a bridge over railway tracks; you will see Lincoln Hospital Parking on your left side.

From the West Side of Manhattan: Take the West Side Highway to 125th Street exit. Go straight across 125th Street to Madison Avenue and go straight across the 138th Street Bridge. At the third light make a left onto Park Avenue. Go to 144th Street and turn right on 144th Street. Drive approximately 2 1/2 blocks crossing a bridge over railway tracks; you will see Lincoln Hospital Parking on your left side.

From Queens: Cross the Triborough Bridge. Take the Major Deegan Expressway to first exit, which is 138th Street (138th Street and Grand Concourse). Bear right as you get to this exit; take Grand Concourse to 144th Street and turn right on 144th Street. Drive approximately 2 1/2 blocks crossing a bridge over railway tracks; you will see Lincoln Hospital Parking on your left side.

From Upstate:
If you are coming from the west side of the Hudson River (through New Jersey) take the George Washington Bridge to the Cross Bronx Expressway to Major Deegan Expressway. Exit at 138th Street (138th Street and Grand Concourse). Bear left as you get to this exit; turn left onto 138th Street, make a left turn at Park Avenue, go uphill and turn right on 144th Street; you will see Lincoln Hospital Parking on your left side.

If you are coming through Highway 87, stay on Major Deegan and exit at 138th Street (138th Street and Grand Concourse). Make left onto Park Avenue and then turn right on 144th Street. You will see Lincoln Hospital Parking on your left side.

Parking
Tell the attendant Lincoln Hospital parking lot that you are being interviewed for an internship at Lincoln and that you need a parking space for only few hours. If the attendant is unable to find a space for you, you may wish to use the Municipal Parking lot on 149th Street between Courtland and Morris Avenues.

Taxis
If you are traveling by taxi, direct the driver to the main entrance of Lincoln Hospital—a circular driveway on Morris Avenue near the corner of 149th Street. Cabs are readily available in front of the hospital for your return trip when your interview is completed.
Lincoln Medical & Mental Health Center
Psychology Internship Program

Subway 2.4.5
Lincoln Hospital
Main Entrance on Morris Ave
Entrance to Garage on 144th St
LINCOLN MEDICAL & MENTAL HEALTH CENTER
234 Eugenio Maria De Hostos Blvd.
(East 149th Street)
Bronx, New York 10451