Please note: To receive the “OPTA Member Pricing” for meetings you MUST be LOGGED into the OPTA website as a member.

Also: OPTA is “Going Green”. Your Speaker handouts will be emailed to you the week before the meeting. Please bring them with you to the meeting.

Courses Include:

8:00 – 8:30: “2014 Presidential Address: Access & Beyond” by Bridgit Finley, PT, DPT, OSC, FAAOMPT

8:45 – 5:00: “Power in Numbers: Using objective measures to their fullest potential” Kenneth L. Miller, PT, DPT, CEEAA (6 CEUs)

8:45 – 5:00: “Orthopedic Surgery Update: Oklahoma Sports & Orthopedic Institute Panel Presentation” Dr. Timothy M. Geib, MD, Dr. Zachary Knutson, MD, Dr. Richard Kirkpatrick, MD, Dr. Brian Clowers, MD, Dr. James Bond, MD (6 CEUs)

8:45 – 12:00: “PTA Course: Interventions for the Falling Patient” Keith Khoo, PT (3 CEUs)

8:45 – 12:00: “Ethics: Moral Courage in a Culture of Moral Distress” Peggy Newman PT, MHR (3 CEUs)

8:45 – 12:00: “Student Course: Physical Therapy Management of LBP: Treatment Based Classification and Beyond” Kahn Nirschl, PT, DPT, OCS, FAAOMPT (3 CEUs)

12:00 – 1:30: Business Meeting Lunch & “Legislative Update: HB 1020 & Beyond”
“Power in Numbers: Using objective measures to their fullest potential” (6 CEUs)

COURSE DESCRIPTION: The health care industry is being challenged in all practice settings to justify that services provided are effective and necessary to achieve the triple aim (better care, better health and lower costs). As Medicare and other third party insurance companies reduce expenses, the area of physical therapy is one area in particular that has been cut across the entire post-acute care continuum. This course will focus on using objective testing and the International Classification of Function, Disability and Health (ICF) as a framework to improve documentation of impairments, medical necessity and outcomes. Participants will be learn how to choose appropriate tests based on body function and body structure classifications of the ICF and the impairment categories as described in the guide for PT practice. The home health and outpatient PT settings are both mandated by the Centers for Medicare and Medicaid Services (CMS) to use objective testing and this course will provide tools available to use in both settings to demonstrate outcomes across the care settings.

OBJECTIVES: Upon completion, participants will:
• Be able to select and administer objective tests appropriate for use with the elderly population in home health and outpatient settings.
• Be able to incorporate the ICF into patient assessment to identify and categorize impairments and justify care.
• Have an increased proficiency in the completion of standardized instruments to be able to document the results of objective testing and incorporate the results in goal formation and creation of the plan of care.

FACULTY: Kenneth L Miller, PT, DPT, CEEAA
Dr. Miller is a Clinical Educator for Catholic Home Care where he provides staff development, competency training and assessment, continuing education, orientation program development and training to the therapy staff using best practice and evidenced-based practice tools. He serves as a guest lecturer and adjunct teaching assistant in the DPT program at Touro College in Bay Shore, New York. He serves as chair of the Practice Committee of the Home Health Section (HHS) of the American Physical Therapy Association (APTA) and a member of the Practice Committee of the Academy of Geriatric Physical Therapy (AGPT) of the APTA. He has lectured at various National Conferences including the Combined Sections Meeting of the APTA and the Annual Conference of the National Association for Home Care and Hospice on a variety of topics including: objective testing, professionalism, interdisciplinary team modeling, osteoporosis and differential diagnosis of dizziness.

“PTA Course: Interventions for the Falling Patient” (3 CEUs)

COURSE DESCRIPTION: Participants will examine the relationship between cognitive, the sensory system and balance control problems and will apply motor control interventions and motor learning concepts to specific conditions. Participants will be able to distinguish the differences between individuals with vestibular, disequilibrium or orthostatic dizziness. A key focus is learning to select and use the most appropriate tools for monitoring balance, risk of falls and function. They will be able to utilize clinically relevant interventions for improving balance in geriatric and neurologic patients to prevent falls. The course will allow the participant to work with a supervising PT to develop an effective evidence-based treatment strategy to improve functional balance and optimize the environment for patients with balance or vestibular problem in the elderly including those with stroke, Parkinson’s disease, Multiple Sclerosis and/or medically complex conditions.

OBJECTIVES: Participants will be able to:
• Distinguish and incorporate evidence-based practice into effective treatment techniques for the geriatric and neurologic population.
• Understand the role of the PTA in PT/PTA team in identifying patients at risk of falling through functional testing.
• Understand aspects of the patient’s dysfunction that would be best served via the multidisciplinary approach, i.e incorporating, Physical, and Occupational Therapies & Nursing into the patient’s Plan of Care.
• To provide a battery of functionally focused exercises and treatment options along with the supervising PT for the Plan of Care.
• To identify environmental factors in the residence that may increase the risk for falls, and to describe appropriate adaptations to eliminate these factors.

FACULTY: Keith Khoo graduated from the University of Oklahoma in 1985 with a degree in Physical Therapy. His practice has been varied from regional director of operations to being a treating therapist. He has evaluated and treated geriatrics to pediatrics, and practiced in varied environments, from long term care to outpatient sports medicine to industrial medicine departments. He presently evaluates and treats patients at Scholl Center which is a unique facility that evaluates and treats movement disorders like Parkinson’s and Multiple Sclerosis as well as neuropathic patients, balance and vestibular disorders, pain management, and headache patients.
(3 CEUs)

COURSE DESCRIPTION: Moral distress has been described as a sense of psychological imbalance or disequilibrium that occurs when one finds themselves in situations where they feel unable to do the right thing. Moral distress arises when one knows the right thing to do, but constraints and/or temptations make it nearly impossible to pursue the right course of action. Moral threshold is the “line in the sand” below which is to compromise personal integrity. This highly interactive course will explore several difficult, yet all-too-common, situations facing therapists in today’s clinical environment.

OBJECTIVES: Participants will be able to:
- Delineate the three moral capacities that underpin moral potency.
- Recall a recent personal example of moral distress and moral courage.
- Identify which principles from the Physical Therapist Code of Ethics & Core Values & Standards of Ethical Conduct for the PTA/Values Based Behaviors for the PTA) documents pertain to illustrated cases.
- Determine the “right thing to do” – preferred course of action-- according to his/her own moral compass with regard to sample ethical quandaries presented.
- Enhance his/her own moral potency through critical self-inquiry and dialogue with peers.

FACULTY: Peggy DeCelle Newman, PT, MHR
has practiced as a physical therapist for thirty years in a variety of settings including acute care, outpatient orthopaedics, institutional long-term care and home health. Additionally, she has managed allied health professionals in all of these settings.

Peggy’s teaching experience began as Academic Coordinator of Clinical Education (ACCE) at the University of Oklahoma from 1988 through 1993. She then served as the PTA Program Director at Oklahoma City Community College (OCCC) for eleven years from 1995 - 2006. After leaving OCCC, she practiced clinically for a year returning to the University of Oklahoma Department of Rehabilitation Sciences faculty in 2007 as the Director of Clinical Education and Assistant Professor. Peggy returned to OCCC and PTA education in January 2013.

Peggy has served the Oklahoma Physical Therapy Association in many roles including Chapter President and Chief Delegate.

“Student Course: Physical Therapy Management of LBP: Treatment Based Classification and Beyond”
(3 CEUs)

COURSE DESCRIPTION: This course is designed as an introductory course for student physical therapists emphasizing the integration of current evidence into the clinical management of low back pain by physical therapists. Special emphasis will be placed on the use of the Treatment Based Classification System as a clinical reasoning tool to help guide the subgrouping of patients into appropriate categories for treatment. Studies have demonstrated the efficacy of this approach in achieving the most optimal outcomes in the most efficient manner by utilizing an impairment-based approach with identification of signs that help aid the physical therapist in tracking overall progress with care. During the course, specific manual therapy and exercise interventions will be demonstrated with extensive laboratory time provided.

OBJECTIVES: Participants will:
- Have a working knowledge of the Treatment Based Classification System as it pertains to the treatment of patients with LBP.
- Demonstrate with knowledge of impairment- based treatment utilizing a test-retest approach to guide their clinical reasoning with patients with LBP.
- Develop a toolbox of manual therapy interventions and exercise approaches that are highly effective in the treatment of patients with LBP.

FACULTY: Kahn Nirschl, PT, DPT, OCS, FAAOMPT
received his Doctorate in Physical Therapy from Creighton University in 2001. He became Board Certified as an Orthopedic Specialist in 2006. In 2013, he became a Fellow in Orthopedic Manual Physical Therapy through the largest Residency/Fellowship Program in the country, Evidence In Motion. Through this program, Kahn is a mentor to Residency students both locally and nationally, both within their academic curriculum, as well as with their clinical training. Additionally, Kahn is an APTA credentialed clinical instructor and has been active in the clinical education of students from across the country. Kahn is a private practice owner with Physical Therapy Central with clinics in Pauls Valley, Davis, and Lindsay. Clinically he specializes in manual therapy, orthopedics, spinal dysfunction, and the integration of evidence into daily clinical practice.
“Orthopedic Surgery Update: Oklahoma Sports & Orthopedic Institute Panel Presentation” (6 CEUs)

**COURSE DESCRIPTION:** The physicians of Oklahoma Sports and Orthopedic Institute will present information relating to the most current and cutting edge techniques in the treatment of various shoulder, hip, knee, and ankle injuries. Non-operative and surgical treatment options, including arthroscopy, arthroplasty, and fracture management will be discussed, as well as rehabilitation implications. This physician panel will present their decision-making process, surgical techniques, and experience through lecture and case examples.

**OBJECTIVES:** Upon completion, participants will:
- gain a general understanding of the various different types of orthopaedic practices and procedures
- understand the principles behind the evaluation and treatment of orthopaedic patients
- understand rehabilitation implications for reviewed orthopedic procedures

**FACULTY:**

**Timothy M. Geib, M.D.**
Dr. Geib is an orthopedic surgery specialist, with a sub-specialty in orthopedic sports medicine, including injuries and disorders of the knee, shoulder, ankle and elbow. He has a Medical degree from the University of Oklahoma College of Medicine, and completed his residency at OU Health Sciences Center. Dr. Geib completed his fellowship at Mississippi Sports Medicine & Orthopedic Center in Jackson, Mississippi. Dr. Geib is Board certified by The American Board of Orthopedic Surgery.

**Dr. Zachary Knutson, MD**
Dr. Knutson is an Orthopedic surgery specialist, with a sub-specialty in sports injuries and medicine, emphasizing shoulder, hip and knee preservation. He has a Medical degree from the University of Oklahoma College of Medicine, and completed his residency at OU Health Sciences Center. Dr. Knutson completed his fellowship in in sports medicine at the Hospital for Special Surgery, Department of Sports Medicine and Shoulder Surgery in New York City. Dr. Knutson is Board certified by The American Board of Orthopedic Surgery.

**Dr. Richard Kirkpatrick, MD**
Dr. Kirkpatrick is an Orthopedic surgery specialist, and provides general orthopedic services, including arthroscopy, joint replacement, and fracture care. He has a Medical degree from the University of Oklahoma College of Medicine, and completed his residency at OU Health Sciences Center. Dr. Kirkpatrick is Board certified by The American Board of Orthopedic Surgery.

**Dr. Brian Clowers, MD**
Dr. Clowers is an Orthopedic surgery specialist, with a sub-specialty in orthopedic disorders of the foot and ankle. He has a Medical degree from the University of Oklahoma College of Medicine, and completed a residency at OU Health Sciences Center. Dr. Clowers completed his fellowship at Mercy Medical Center in Baltimore. Dr. Clowers is Board certified by the American Board of Orthopedic Surgery.

**Dr. James Bond, MD**
Dr. Bond is an Orthopedic surgery specialist, with a sub-specialty in sports medicine, sports injuries and orthopedic disorders of the shoulder and knee. He has a Medical degree from the University of Oklahoma College of Medicine, and completed his residency at OU Health Sciences Center. Dr. Bond completed his fellowship in sports medicine at the Southern California Orthopedic Institute. Dr. Bond is Board certified by The American Board of Orthopedic Surgery. The US News & World Report recognized Dr. Bond Top Orthopedic Surgeon.
OPTA Mid Year Meeting  September 27, 2014  Moore Norman Tech Center, OKC

Visit our website www.okpt.org to register and pay for this meeting online

**Registration Form**  One registrant per form  ● Please print clearly

Name ____________________________

☐ APTA Member (Member Number) ______  ☐ Non APTA member

Address ____________________________

City/State/Zip ____________________________

Home Phone (__) Work Phone (__) Email Address ____________________________

Courses Attending: (Please check all that apply)

☐ Saturday 8:00 – 8:30  ● Presidential Address – All are encouraged to attend

☐ Saturday 8:45 – 5:00  ● Power in Numbers Course  ● 6 CEUs

☐ Saturday 8:45 – 5:00  ● Orthopedic Course (offered again)  ● 6 CEUs

☐ Saturday 8:45 – 12:00  ● PTA Course  ● 3 CEUs

☐ Saturday 8:45 – 12:00  ● Ethics Course  ● 3 CEUs

☐ Saturday 8:45 – 12:00  ● Student Course  ● 3 CEUs

☐ Saturday 12:00 - 1:30  ● Business Meeting - Lunch Only  ● $20 if not registering for any courses

☐ Check enclosed. (Make payable to OPTA) If you wish to charge your payment please register online at www.okpt.org

☐ I would like to be contacted about joining the Oklahoma Physical Therapy Association

☐ I have these special dietary needs: ___________________________________________________

☐ I require these special accommodations: ____________________________________________

Mail this form with check made payable to OPTA to:

OPTA / P.O. Box 5354 / Edmond, OK. 73083

**Early Registration Discounts apply through Sunday, September 14, 2014**

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Total Registration Fee: (see member categories and rates above) $________

Cancellation Policy:

All cancellation requests must be in writing. NO cancellations will be accepted after 9/22. Full refunds will be given if request is postmarked by 9/15. Cancellation requests postmarked from 9/15 through 9/22 are subject to a $50 processing fee.