Varieties of Not-Knowing: Concepts & Applications in Therapy & Training

References, Citations and Resources

Edward Zuckerman, PhD

Presentation 1: Some Varieties of Not-knowing: Anosognosia, Apophenia, and Agnatio


Anosognosia (lack of insight) FACT SHEET - NAMI St. Louis


http://www.poemhunter.com/poem/one-train-may-hide-another/
He reads this poem here: http://www.poets.org/viewmedia.php/prmMID/15592

Margot, J-L. No Evidence of Purported Lunar Effect on Hospital Admission Rates or Birth Rates. Nursing Research, 2015; 1 DOI:10.1097/NNR.0000000000000086


A long interview with Dunning but a very lively read.


Listening to Fox News makes for less knowledge.

Pavel Somov, PhD

Presentation 2: **Uncertainty Tolerance Training in Psychotherapy**


They found that Somov’s clinical curriculum (that includes the epistemological training intervention) is an effective, stand-alone, bibleotherapeutic intervention that produced statistically significant reduction in self-critical perfectionism and negative affect over the control group that held up at 6 weeks follow-up.

Marla Somova, PhD
Presentation 3: Therapist Confusion and Uncertainty: Tool or Tribulation?


