



Program Name & Description	Pharmacy Technician Advanced Role Tasks
<p>Physician-Supported Weight Loss</p>	<ul style="list-style-type: none"> • Meet with patients to obtain an initial <i>Health Assessment Questionnaire</i> which includes pertinent medical history and health information. • Perform point of care testing to obtain basic vital signs such as blood pressure, pulse, body mass index (BMI) and patient weight. • Submit patient data and review the written physician summary report that will be returned to the pharmacy after data submission. Relay information from this report to patients in an understandable manner. • Procure and maintain nutritional supplement stock needed for physician report recommendations. • Meet with patients on a monthly or weekly basis for a weigh-in and update visit. • Visit with the patient on various life-style modifications that should be considered to maintain a healthy weight.
<p>Cardiac Wellness This program is used to screen for cardiac abnormalities, evaluate the effectiveness of associated medications & potential adverse side effects from drug therapy that may cause cardiac dysrhythmias.</p>	<ul style="list-style-type: none"> • Properly use the FDA-approved ECG recording device to ensure an accurate recording is taken. • Transmit data for physician review.
<p>Pulmonary Wellness This program is used to Screen for pulmonary abnormalities and to evaluate the effectiveness of associated medications.</p>	<ul style="list-style-type: none"> • Perform patient teaching of the proper method for blowing into the hand-held spirometer. • Generate the testing report and transmit data for physician review.
<p>Lab Requisition Processing</p>	<ul style="list-style-type: none"> • Generate lab requisition to be forwarded to an affiliated office where a phlebotomist performs the blood draw. • Receive the lab report for pharmacist and patient review.
<p>Alzheimer's Dementia & Memory Loss Wellness This FDA-approved program utilizes various electronic devices to help improve the quality of life for those suffering from dementia. The program goal is to help patients improve daily living tasks by assisting with memory and assists with de-escalating agitation and behavior that often accompanies memory loss.</p>	<ul style="list-style-type: none"> • Explain the program to potential customers. • Assist in obtaining personal information from the patient and/or patient caregiver.
<p>Specialized Diet This program provides meals for patients with specialized diet needs such as low sodium or diabetic diets.</p>	<ul style="list-style-type: none"> • Assist patients and caregivers with meal ordering.
<p>Cognitive Behavior This is an e-based program that addresses such issues as stress management, ADHD, addictive behavior, and depression. Patients may visit the pharmacy to be for coaching while going through the computer based interactive therapy offered by this program.</p>	<ul style="list-style-type: none"> • Procure and maintain natural alternative therapy stock as needed to fulfill physician report recommendations for supplements. • Review the physician report with the patient and assist in purchase of physician-recommended product purchase. • Assist in the addictive behavior/smoking cessation aspect of the program.
<p>Anti-Aging Aging is inevitable, however this program provides a means to slow or prevent the detrimental effects of normal aging.</p>	<ul style="list-style-type: none"> • Generate lab requisition for labs used to screen patients who are candidates for Bioidentical Hormone Therapy. • Assist patient in completing health assessment questionnaire. • Submit patient data and review the written physician summary report that will be returned to the pharmacy after data submission. Relay information from this report to patients in an understandable manner. • Procure and maintain nutritional supplement stock needed for physician report recommendations.