PRELIMINARY PROGRAM

PHYSIATRY ‘18
2018 AAP ANNUAL MEETING

Atlanta, Georgia
ARE YOU IN?

Get INformed: AAP Annual Meeting faculty are skilled trainers and deliver education that innovates and creatively challenges the way physiatry residents, physicians, and departments conduct research, teach & learn, and diagnose and treat patients.

Get INvolved: Meet and learn alongside 1,000+ of the leading minds in physiatry. 75% of attendees come back to the AAP Annual Meeting year after year to reconnect with colleagues, and meet new mentors and friends.

Get INspired: Five days of education, networking, and fun will leave you feeling inspired, enlightened, and ready to deliver the best possible clinical care, education, and research to improve the lives of rehabilitation patients.

IMPORTANT DATES:
Early Bird Registration Deadline: November 9, 2017
Advanced Registration Deadline: December 19, 2017
Physiatry ’18: February 13-17, 2018

GET SOCIAL AT #PHYSIATRY18
Social media opens a door to connect with colleagues, build your professional reputation, and highlight sessions, speakers, and topics discussed at the meeting. Get the latest information about Physiatry ’18 and engage with the physiatry community by using social media:
Association of Academic Physiatrists @AAPhysiatrists
Association of Academic Physiatrists aap@physiatry.org
#PHYSIATRY18: Use #Physiatry18 on Twitter for the latest updates & news.

LEADERS IN PHYSIATRY — WELCOME HOME

Whether you are leading a program, project, research study, or you have leadership aspirations – you belong at Physiatry ’18.

The AAP Annual Meeting brings together today’s leaders alongside the next generation of physiatrists to learn together and form long lasting mentorships, collaborations, and friendships. It is these key interactions that occur at the AAP Annual Meeting that help each attendee grow professionally and also moves us forward as a specialty.

The AAP Program Committee has created a truly outstanding program designed to support your diverse learning needs and interests. We understand that as residents, academic physiatrists, and PM&R professionals, you play many roles from clinical practice, to teaching and mentorship, to administration and more – Physiatry ’18 has it all!

Our signature learning pathway showcases Advances in Pain Management. We kick off this theme with a pre-conference workshop highlighting the physiatrists’ role in neuromodulation, followed by an exciting plenary session presented by international pain expert Lars Arendt-Nielsen, Prof., Dr. Med., PhD, and you will find special pain sessions weaved throughout our educational program. If you are involved or interested in pain management, you do not want to miss this meeting!

I am excited to share with you this first look at Physiatry ’18, February 13-17. Join us to experience the camaraderie, collaborative spirit, and top-notch education with your AAP family in Atlanta - home to the CDC, Emory University, World of Coca Cola, and world famous Southern Charm.

Christopher Visco, MD
AAP Program Committee Chair

Atlanta, Georgia
FEBRUARY 13-17, 2018
See you in Atlanta!

BECOME A VALUED MEMBER OF THE ACADEMIC PHYSIATRY FAMILY
Exhibit or sponsor at Physiatry ’18 - A meeting that brings together over 1,000 of the leading minds in physiatry.
- Meet face to face with the most influential physicians in physical medicine and rehabilitation (PM&R)
- Get in front of up and coming leaders - the future generation of practicing physiatrists
- Gain widespread brand exposure and expand your network of healthcare practitioners in physiatry

VISIT PHYSIATRY.ORG/EXHIBIT2018 TO RESERVE A BOOTH NOW

PHYSIATRY ’18 HAS IT ALL!
- 5 Hands-on Workshops
- 3 Rock Star Plenary Talks
- 50+ Educational Sessions
- Poster Gallery Networking
- Receptions and more!
SCHEDULE AT A GLANCE

This Preliminary Program has been created to the best of AAP’s knowledge at the time of printing. Presentations, times, and schedules are subject to change.
For the most up-to-date schedule, visit Physiatry.org/2018Schedule.

TUESDAY - FEBRUARY 13, 2018

11:00am – 4:00pm .................. Registration
1:00pm – 5:00pm .................. Advancing the Physiatrist’s Role in Neuromodulation Pre-Conference Workshop
1:00pm – 6:15pm ................. Residency & Fellowship Program Directors (RFPD) & Program Coordinators Pre-Conference Workshop

WEDNESDAY - FEBRUARY 14, 2018

7:00am – 4:00pm .................. Registration
8:00am – 12:00pm ............... Residents, Fellows, & Medical Students Pre-Conference Workshop: Procedures in PM&R
8:00am – 12:30pm .............. Residency & Fellowship Program Directors (RFPD) & Program Coordinators Pre-Conference Workshop
8:00am – 5:00pm ................. Advancing the Physiatrist’s Role in Neuromodulation Pre-Conference Workshop
1:00pm – 5:30pm ............... Teaching Musculoskeletal Ultrasound Education: Faculty Development
1:30pm – 2:30pm ............... Resident / Fellow Forum: Challenging Spinal Cord Injury (SCI) Cases
2:00pm – 5:00pm ................. Quality / Performance Improvement Workshop: Strategies for the Academic Physiatrist
5:30pm – 7:00pm ............... Fellowship & Job Fair

THURSDAY - FEBRUARY 15, 2018

7:00am – 4:00pm .................. Registration
7:00am – 7:45am ................. Coffee in the Exhibit Hall
8:00am – 9:00am ................. PLENARY PRESENTATION with Lars Arendt-Nielsen, Prof., Dr. Med., PhD
9:00am ......................... Poster Gallery Opens
9:00am – 9:30am ............... Coffee Break in the Exhibit Hall
12:00pm – 1:00pm ............. Lunch & Learns and Exhibit Hall
1:00pm – 5:00pm ............... Women in Academic Physiatry: Pearls in Career Development
3:00pm – 3:30pm ............... Refreshment Break in the Exhibit Hall
5:00pm – 6:30pm ............... Poster Gallery Reception
6:30pm – 8:00pm ............... President’s Welcome Reception

FRIDAY - FEBRUARY 16, 2018

7:00am – 4:00pm .................. Registration
8:00am – 8:30am ................. AAP Awards Ceremony
8:30am – 9:30am ................. PLENARY PRESENTATION with Freda Lewis-Hall, MD, DFAPA
9:00am ......................... Poster Gallery Opens
9:30am – 10:00am ............. Coffee Break in the Exhibit Hall
11:30am – 1:00pm ............. Complimentary Lunch Provided in the Exhibit Hall
3:00pm – 3:30pm ............... Refreshment Break in the Exhibit Hall
5:00pm – 6:30pm ............... Poster Gallery Reception
7:00pm – 9:00pm ............... Resident / Fellow Networking Event

SATURDAY - FEBRUARY 17, 2018

7:00am – 10:00am ............... Registration
7:30am – 8:15am ................. AAP General Business Breakfast Meeting
8:15am – 9:00am ................. RMSTP Paper Presentations
9:00am – 10:00am ............. PLENARY PRESENTATION with Stefano Negrini, MD
10:00am – 10:30am .............. Break
10:30am – 3:30pm ............... Teaching Spasticity Workshop: A Training for Trainers Series
11:30am – 12:30pm .............. Lunch on your own
12:00pm – 2:30pm ............... General Sessions

One of the Nation’s Best Rehabilitation Hospitals for a Reason

MedStar National Rehabilitation Hospital has been at the forefront of Rehabilitation Medicine for the past 30 years. Our mission of Adding Life to Years® has not only propelled the growth of our hospital, it has also allowed us to take on some of the nation’s most complex cases. Driven by our use of the latest technology, our research partnership with Georgetown University School of Medicine, and our nationally recognized Education and Residency program, MedStar National Rehabilitation Hospital continues to strive at providing industry leading inpatient care.

MedStarNRH.org
Penn Physical Medicine and Rehabilitation is delighted to be part of the AAP annual meeting in Atlanta.

As the first program of its kind in the nation, Penn PM&R has pioneered some of the most essential treatments and technological advancements for rehabilitation medicine and continues to optimize patient outcomes, advance research, and elevate PM&R education.

We look forward to meeting with you at this week’s assembly events, and discussing the groundbreaking new ways we can help our patients thrive.

WANT TO JOIN PENN PM&R?

OPENINGS AVAILABLE:
- Spinal cord injury specialist
- General physiatry
- Interventional spine

FELLOWSHIPS AVAILABLE:
- Brain injury
- Interventional spine

PLEASE VISIT US AT THE AAP JOB AND FELLOWSHIP FAIR OR CONTACT:

Timothy R. Dillingham, MD, MS
Chair, Department of Physical Medicine and Rehabilitation
Email: Timothy.Dillingham@uphs.upenn.edu

FIND MORE INFORMATION ABOUT PENN PM&R AT www.med.upenn.edu/fapd OR EMAIL DR. DILLINGHAM.
PLENARY SPEAKERS

Lars Arendt-Nielsen, Prof., Dr. Med., PhD
Director, Aalborg University
The Role of Pain Sensitization in Chronic Musculoskeletal Pain
Thursday – February 15, 2018
8:00am – 9:00am
Dr. Lars Arendt-Nielsen is Founder and Director of the international Center for Sensory-Motor Interaction, the world’s largest translational pain research center; and co-founder and head of research & development (R&D) for C4Pain, a research based organization focusing exclusively on clinical trials in pain and inflammation. He has been engaging in pain research, pain education, and pain policy for more than 30 years and in 2007, was knighted by the Danish Queen. Dr. Arendt-Nielsen is the President-Elect of the International Association for the Study of Pain (IASP), Head of the IASP 2010 Global Year Against pain (focus on musculoskeletal pain), head of the IASP grant committee, and founder of the IASP Special Interest Group on Musculoskeletal Pain.

Freda Lewis-Hall, MD, DFAPA
Executive Vice President and Chief Medical Officer, Pfizer Medical
Patient Centeredness
Friday – February 16, 2018
8:30am – 9:30am
Dr. Freda Lewis-Hall serves as Pfizer’s Chief Medical Officer and leads Pfizer Medical, the division responsible for the safe, effective and appropriate use of Pfizer medicines and vaccines around the world. Prior to joining the biopharmaceutical industry, she served as Vice Chairperson and Associate Professor in the Department of Psychiatry at Howard University College of Medicine and was an advisor to the National Institute of Mental Health. She launched her medical career as a practicing physician and focused her academic research on the effects of health care disparities and the impact of mental illness on families and communities. Dr. Lewis-Hall is a frequent speaker on (1) improving patient safety and outcomes and (2) reducing stigma and healthcare disparities. She appears regularly on health-related television programs in major global markets, including The Doctors and Dr. Phil.

Stefano Negrini, MD
Field Director, Cochrane Rehabilitation
Cochrane Rehabilitation Strategy
Saturday – February 17, 2018
9:00am – 10:00am
Dr. Stefano Negrini is an Associate Professor and Chair of Physical and Rehabilitation Medicine (PRM) at the University of Brescia. He is Chief-Editor of the European Journal of Pharmaceutical and Medical Research (EJPRM) and Scientific Director at Rovato Centre of the Care and Research Institute Fondazione Don Gnocchi and the Italian Scientific Spine Institute (ISICO). Dr. Negrini serves on the Editorial Board of Disability and Rehabilitation and actively works in PRM scientific societies including EPRM; International Society on Spinal Orthopaedic and Rehabilitation Treatment (SOSORT); Italian Study Group on Scoliosis and Spinal Diseases (GGSS); and European Academy of Rehabilitation Medicine. Dr. Negrini is the author of 4 Cochrane Reviews and has started a Cochrane Corner in the EJPRM, with systematic publication of Cochrane reviews of PRM interest and reviews of existing PRM contents in Cochrane Database of Systematic Reviews.

#1 in NIH funding
243 inpatient beds across 11 units
More than 60 faculty
13 outpatient locations
It all adds up for our rehabilitation patients.

Ranked #11 in the nation by U.S. News & World Report
One of the largest residency programs in the nation
4 ACGME-accredited fellowships

For more than 15 years, growth and innovation have been constants at the UPMC Rehabilitation Institute and Department of Physical Medicine and Rehabilitation. From inpatient beds, faculty, and fellowships, to research funding, we are continuously strengthening and evolving to ensure that patients receive the best in rehabilitation medicine. To learn more, visit UPMCPhysicianResources.com/Rehab.

UPMC REHABILITATION INSTITUTE
PRE-CONFERENCE WORKSHOPS

Advancing the Physiatrists Role in Neurmodulation Workshop

Tuesday – February 13, 2018 .......................... 10:00am – 3:30pm

Course Director: Michael Saulino, MD, PhD

Description: This practical workshop will introduce physiatrists to the concepts of neurmodulation including a review of neurmodulation history, mechanisms of action, technical aspects of device management, optimizing outcomes with neurmodulation technology, introducing trainees to neurmodulation concepts, and adding research activities to a neurmodulation service line. Participants will explore neurmodulation for acute and chronic pain, movement disorders, psychiatric indications, and emerging indications.

Faculty: Michael Saulino, MD, PhD; Richard Wilson, MD, MS; Erik Dawe, DO; Sam Hayek, MD, PhD; Ashwine Shanam, MD; Kimberly Sassheim, DO; Steven Falowski, MD

Learning Objectives:
(1) Explain neurmodulation principles and how they can be employed in a physiatry practice.
(2) Inculcate neurmodulation into an educational portfolio.
(3) Incorporate a research component into a clinical neurmodulation practice.

Price: AAP Member $150; Non-AAP Member $199

In partnership with:

Quality / Performance Improvement Workshop: Strategies for the Academic Physiatrist

Wednesday – February 14, 2018 .......................... 2:00pm – 5:00pm

Course Director: Diane Mortime, MD, MSON

Description: This 3-hour workshop will feature an overview of the Quality / Performance Improvement process, including a discussion of strategies that physiatrists can employ as they optimize the implementation of the QI process in clinical, research, academic, and administrative settings.

Faculty: Christopher Garrison, MD; MBA; James Slowa, DO; Diane Mortime, MD, MSON

Learning Objectives:
(1) Develop QI/PI projects.
(2) Examine issues and develop ideas for QI/PI projects in administrative, academic, and research-based PM&R settings.
(3) Identify strategies to develop and cultivate QI/PI projects with enduring effects.

Price: AAP Member $199; Non-AAP Member $199

Teaching Musculoskeletal Ultrasound (MSK US) Education: Faculty Development

Wednesday – February 14, 2018 .......................... 10:00am – 3:30pm

Course Directors: Joanne Berg-Stein, MD, Moseyon Oh-Park, MD

Description: Utilization of musculoskeletal ultrasonography (MSK US) exponentially increased over the past two decades. However, there is a great variability in education of MSK US in Physical Medicine and Rehabilitation (PM&R) Residency programs across the country for the content of education, teaching methods, and evaluation of trainee competency. This workshop focuses on faculty development to improve the teaching skills, evaluation methods, knowledge of advanced MSK US applications, and troubleshooting ability after the technical pitfalls in MSK US education.

Faculty: Joanne Berg-Stein, MD, Moseyon Oh-Park, MD; Kentaro Onishi, DO; Kenneth Maunzer, MD, Jonathan Kirschner, MD, Christopher Visco, MD; Anil Bhargava, MD, MS; Ashwin Babu, MD; Brandee Wake, MD

Learning Objectives:
(1) Discuss educational guidelines of MSK US and implement the information to the PM&R education systematically.
(2) Apply evaluation of various forms to assess trainee competency in MSK US.
(3) Identify normal and abnormal structures where participants are not familiar with advanced training of MSK US.
(4) Implement advanced MSK US skills into practice taking into account the clinical correlation.
(5) Acquire knowledge in content and process of evaluation and feedback for further learning in MSK US education.
(6) Implement the evaluation in participant’s teaching environment.

Price: AAP Member $199; Non-AAP Member $450

Teaching Spasticity Workshop: A Training for Trainers Series

Saturday – February 17, 2018 .......................... 10:30am – 3:30pm

Course Director: Preeti Raghavan, MD

Description: This workshop aims to standardize spasticity training, education, and curriculum in residency and fellowship programs across the country and ensure that the next generation of physiatrists are trained with the highest quality standard of spasticity knowledge and practice as they begin to treat patients. Workshop sessions will focus on the science of spasticity including new research findings, emerging therapies to improve the quality of life for patients with spasticity, and strategies for medical educators who teach future physiatrists in spasticity management. Complimentary lunch is included in registration fee.

Audience: Residency and fellowship program directors, professors, instructors, clinicians, chairs, and others involved or interested in teaching spasticity.

Price: AAP Members $149; Non-AAP Members $199

The Department of Physical Medicine and Rehabilitation at the University of Alabama at Birmingham is recruiting full-time faculty positions for Director of Research, TBI Researcher, and Musculoskeletal Medicine. Apply at http://doa.gudlink.at/2/
**RESIDENCY & FELLOWSHIP PROGRAM DIRECTORS (RFPD) & PROGRAM COORDINATORS WORKSHOP**

*Course Director:* Alex Moroz, MD

**Description:** All PM&R residencies and fellowships face similar challenges: the RFPD Workshop brings together residency and fellowship program directors, program coordinators, and physicians engaged in teaching for focused education and networking.

**Faculty:** Alex Moroz, MD; Timothy Brigham, MD, PhD; Gerard Franciosi, MD; Anthony Chodos, MD; Michael Saulino, MD, PhD; Sara Currarino, MD; Vishwa Raje, MD; Gregory Worsowicz, MD, MBA

**Learning Objectives:**
1. Define burnout and resilience.
2. Provide a negative impact of resident or faculty burnout and a positive impact of resident or faculty resilience.
3. Describe examples of curricular or operational design of a residency/fellowship program that can reduce resident and/or faculty burnout.
4. Raise awareness of collaborative work and heightened appreciation of importance of fatigue, burnout, and its impact on patient care outcomes.

**Tuesday – February 13, 2018**

1:00pm – 2:00pm Accreditation Council for Graduate Medical Education (ACGME) Common Requirements Update

2:00pm – 2:45pm PM&R Residency Review Committee (RRC) Update

2:45pm – 3:30pm American Board of Physical Medicine and Rehabilitation (ABPM&R) Update

3:45pm – 4:30pm Resident Recruitment Update

4:30pm – 5:15pm The Business of Graduate Medical Education (GME) Updates

5:15pm – 6:15pm Council Business Meeting

**Wednesday – February 14, 2018**

8:00am – 12:15pm Physician Wellness: Physician Burnout and Resilience

12:15pm – 1:15pm Lunch & Spasticity Demonstration

**STATION 1**

**STATION 2**

**STATION 3**

**STATION 4**

**Welcome & Brief Didactic Lecture**

8:00am – 8:15am

**Procedures in PM&R**

**Wednesday – February 14, 2018**

8:15am – 9:00am Pre-Assessment

9:00am – 9:30am Attend Residency Review Committee (RRC) Roundtable Discussions

9:45am – 10:15am Joint Dinner for Chairs and Administrative Directors

11:30am – 12:00pm Faculty Q&A and Wrap Up

**STAY AFTER THE WORKSHOP FOR:**

**Fellowship & Job Fair**

Make a good first impression with fellowship directors and future employers at the Fellowship & Job Fair. Expand your network of opportunities and schedule interviews.

Want to participate as a recruiter? Visit www.physiatry.org/JF2018 to sign up.

**RESIDENTS, FELLOWS, & MEDICAL STUDENTS WORKSHOP**

Supported by:

**FRIDAY – FEBRUARY 16, 2018**

1:00pm – 2:30pm Physican Burnout

Physician Burnout: Christopher Ganzino, MD, MBA; James Silva, DO

2:30pm – 5:30pm Roundtable Discussions

**Table topics will include:**
1. Quality Metrics Measurements
2. Recruiting and Retention of Research Faculty
3. Financial Considerations for Support and Development of an Academic Program
4. Strategies for Developing Leadership in Your Faculty
5. Allocating Faculty to Full Time Employees (FTEs) with Relation to Your Program
6. Allocating Faculty to Full Time Employees (FTEs) with Relation to Your Department

5:30pm – 6:30pm Chair Council Meeting

5:30pm – 6:30pm Administrative Director Council (ADC) Meeting

7:00pm Joint Dinner for Chairs and Administrative Directors

**JOINT CHAIR COUNCIL & ADMINISTRATIVE DIRECTOR COUNCIL (ADC) PROGRAM**

**STATION 1**

**STATION 2**

**STATION 3**

**STATION 4**

**2:45pm – 3:30pm PM&R Residency Review Committee (RRC) Update**

Gerard Francioso, MD

**3:30pm – 4:30pm American Board of Physical Medicine and Rehabilitation (ABPM&R) Update**

Anthony Chodos, MD

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EDUCATIONAL OVERVIEW

AAP offers plenary sessions that are intended for a large audience and feature exciting invited speakers, poster and paper presentations discussing pertinent new research results, and interactive educational sessions arranged in 6 tracks:

CLINICAL featuring sessions on lifestyle medicine, spasticity management, tendinopathy, neuromuscular disorders, spina bifida, concussion, spinal cord injury, stroke, neurological disorders, traumatic brain injury, and rehabilitation.

ACADEMIC featuring sessions on entrustable professional activities, women in academic physiatry, what resident candidates value in programs, VA Healthcare System, concussion guidelines, health equity, and ethics in PM&R.

PAIN featuring sessions on hemiplegic shoulder pain, telehealth for pain management, low back pain, arthropathies, and traumatic brain injury syndromes.

ADMINISTRATION featuring sessions on ResearchKit & CareKit, population health management, healthcare reform, service line development, outpatient billing and coding, financial reports, benchmarking, and physician productivity.

RESEARCH featuring sessions on limb loss rehabilitation, motor recovery after stroke, reviewing scientific manuscripts, and achieving research productivity.

RESIDENT / FELLOW featuring sessions on landing your first job, negotiation tactics, application questions, the interview process, and career development skills.

CONCURRENT PROGRAMS

Program for Academic Leadership (PAL) – Academic leadership training directed by William L. Bockenek, MD, CPE. Visit Physiatry.org/PAL to learn how to get involved.

Rehabilitation Medicine Scientist Training Program (RMSTP) – Research training fellowships and research workshop directed by Michael Boninger, MD and John Whyte, MD, PhD. Visit Physiatry.org/RMSTP for details.

THURSDAY - February 15, 2018

7:00am – 7:45am
Coffee in the Exhibit Hall

8:00am – 9:00am
PLENARY PRESENTATION: The Role of Pain Sensitization in Chronic Musculoskeletal Pain
Lars Arendt-Nielsen, Prof., Dr. Med., PhD

9:00am – 9:30am
Coffee Break in the Exhibit Hall

9:45am – 10:45am
Wellness in Rehabilitation: Implementing a Comprehensive, Evidence-Based Lifestyle Medicine Program
Jeffrey Kraus, MD; Elisabeth Fotter, MD, Marni Hillinger, MD; Jonas Sokolof, DO
(1) Identify key components of lifestyle medicine that may influence recovery after injury or illness including exercise, nutrition, sleep, stress management, relationships, and substance use. (2) Discuss evidence for using lifestyle medicine interventions to improve neurological, musculoskeletal, and cancer rehabilitation. (3) Identify lifestyle medicine programs and practice resources to implement a lifestyle medicine program in a rehabilitation setting.

9:45am – 10:45am
Interdisciplinary Multi-Center Outcomes Database in Limb Loss Rehabilitation: A 5-Year Review
Tamara Bushnik, PhD, Michael Juarez-Zak; Jason Malos, PhD; Leif Nelson, DPT, AT(C), CSCS; Jeffrey Heckman, DO; Jeffrey Cohen, MD
(1) Discuss trends observed in ambulatory and physical capability, psychosexual adjustments, and ethnic/racial disparities in civilians and veterans with lower limb amputation. (2) Discuss the translational impact of the database and how it can influence the interdisciplinary approach to limb loss rehabilitation. (3) Compare and contrast civilian and veteran populations who undergo lower limb amputation.

9:45am – 10:45am
Phenol and Ethanol: An Update for Spasticity Management
Tamara Zagustin, MD
(1) Discuss effectiveness of phenol and ethanol in spasticity management of children and adults. (2) Implement phenol and ethanol injections for spasticity management with the assistance of ultrasound guidance, anatomical landmarks, and neuromuscular stimulator to optimize injection technique, effectiveness, and safety. (3) Identify common structures/targets within the musculoskeletal system for optimal spasticity management.

9:45am – 10:45am
Developing a Comprehensive Stroke Recovery Program Utilizing Modified Cardiac Rehabilitation
Sara Cuccurullo, MD; Talya Fleming, MD
(1) Defend the stroke populations need to have a separate outpatient Medicare benefit, outside of the Medicare therapy cap, to fund a Comprehensive Stroke Recovery Program, enhancing patient outcomes and recovery. (2) Explain the advantages of a Comprehensive Stroke Rehabilitation Program with modified cardiac rehabilitation in Cardiac and Stroke populations. (3) List clinical and long term benefits of stroke patients participating in a Comprehensive Stroke Recovery Program.

9:45am – 10:45am
Scientific Paper Presentations
3:30pm – 4:30pm
Getting Ahead of Traumatic Brain Injury (TBI)
Pain Syndromes: Medication and Interventional Treatment Options for Headache and Jaw Pain
Kimberly Sackheim, DO; Jaime Levine, DO; Brian Im, MD
(1) Identify the type of headache affecting a patient following brain injury. (2) Formulate a pharmacological / nonpharmacological treatment plan for a patient with head pain following brain injury. (3) Utilize nerve blocks and other injections to help treat patients with certain conditions.

4:30pm – 5:30pm
New Business Opportunities for PM&R Departments
Kirk Roden, MBA
5:00pm – 6:30pm
Poster Gallery Reception & Grand Rounds
Interaction and feedback is encouraged as you support the important work of PM&R residents and leading researchers! Learn about the most recent research studies and unique case reports submitted for presentation at Physiatry ‘18 Light refreshments will be served.

6:30pm – 8:00pm
President’s Welcome Reception
All registered attendees are encouraged to join the celebration and kick off the AAP Annual Meeting by enjoying hors d’oeuvres, cocktails, and conversation with your AAP family. Attendees will catch up with colleagues from around the globe and visit exhibitors. Supported by:

7:30pm – 8:30pm
Coffee Break in the Exhibit Hall

9:00am – 10:00am
Lifestyle Intervention across the Athletic Spectrum: Promoting Sustainable and Effective Behavior Change
Asad Siddiqi, DO
(1) Identify behavioral risk factors for injury at key points along the spectrum of age and intensity of participation. (2) Establish framework for efficient and appropriate clinical assessment of behavioral risk for injury. (3) Identify high-yield target areas for lifestyle intervention and highlight gaps in the evidence base for further research.

10:00am – 11:00am
Career Pearls: Landing Your First Job
Daniel Cushman, MD
Planning the transition from medical school or residency to the next step in your medical career can be daunting. Come learn some valuable skills and lessons to make the step a little easier. Learn critical career development skills from impressive physiatrists at various career stages and develop a network of peers and mentors for support throughout your career.

10:00am – 11:00am
Newer Horizons in Tissue Regeneration
Amit Bhargava, MD; Mark Huddle, MD; Michael DePalma, MD
(1) Apply regenerative medicine advances to daily clinical practice including disc degeneration. (2) Apply recent advances to help select devices for regenerative medicine. (3) Employ and implement the information learned in participant’s daily practice.

10:00am – 11:30am
Telehealth for Pain Management across Rehabilitation Specialties
Adam Tenforde, MD; Jay Hefner, MD; Mary laccarino, MD; Sabrina Paganoni, MD; Marco Alexander, MD
(1) Describe the concept of telehealth and populations that can be treated using this technology. (2) Apply telehealth to enhance patient care in management of pain conditions seen in subspecialty care including spinal cord injury, concussion, and musculoskeletal care. (3) Demonstrate how telehealth can be used through case-based format for quality improvement to enhance practice.

10:00am – 12:00pm
Scientific Paper Presentations
11:00am – 12:00pm
Yoga in Physical Medicine and Rehabilitation
Loren Fishman, MD; Erik Groessl, PhD
(1) Describe yoga maneuvers for scoliosis, rotator cuff syndrome, and osteoporosis and assess maneuvers efficacy over time. (2) Direct therapists to teach proper yoga poses known to ameliorate and correct scoliosis, rotator cuff syndrome, and osteoporosis and assess maneuvers efficacy over time. (3) Redirect yoga therapy based on anatomical and biomechanical assessment, DEKA scans, and bone quality studies.

10:30am – 11:30am
Reviewing Scientific Manuscripts: What You Need to Know
Walter Frontera, MD; PHD; Henry Lee, MD; PhD
(1) Identify and explain the steps involved in reviewing a scientific manuscript submitted for peer review to a professional/scientific journal. (2) Discuss characteristics of a well-written manuscript and common mistakes made by the authors. (3) Prepare a reviewer’s report to the editor.

10:45am – 11:15am
Acute Care in a Value Based Medical Model
Shifting Resources: Gaining Resources for the Post-Acute Care in a Value Based Medical Model
Kirk Roden, MBA; Carl Joesphart

11:30am – 12:30pm
AAP Awards Ceremony
Freda Lewis-Hall, MD, DFAPA
11:00am – 12:00pm
Career Pearls: Negotiations
This session will focus on negotiating a contract. Learners should walk away with a knowledge of how to review national average salaries, establish your worth, distinguish between ‘need and want,’ and the importance of a market analysis.

11:30am – 1:00pm
Complimentary Lunch Provided in the Exhibit Hall

EDUCATIONAL SESSION 2 12:30pm – 3:00pm

12:30pm – 1:00pm
Concussion Guidelines: How Can Change in Management Improve Recovery? A Case Presentation
Rosanna Saliba, DO; Kristen Demertzis, MD
(1) Identify concussion patients early in the assessment who are prone to developing prolonged symptoms. (2) Identify psychological and social influences in concussed patients as well as how early education and counseling in the management can assist in recovery. (3) Define a diagnosis that is contributing to the prolonged concussion symptoms and provide management strategies to maximize return to activities.

12:30pm – 1:30pm
Scientific Paper Presentations

12:30pm – 1:00pm
Valuing Our Nation’s Veterans: Teaching Systems Based Practice within the VA Healthcare System
John Norbury, MD; Thruu Annaswamy, MD, MA; Susan Garstang, MD
(1) Define Systems Based Practice and Quality pertaining to resident education. (2) Teach Systems Based Practice and Quality in healthcare at the bedside and in the clinic, both inside and outside of the VA Healthcare System. (3) Identify the strengths and challenges of patient care and education at the horizontally and vertically integrated VA healthcare system.

12:30pm – 1:30pm
Scientific Paper Presentations

12:30pm – 2:00pm
Ultrasound Guided Botox Injections
Refills: A Novel Technique
Seema Khurana, DO; Diana Mejia, MD; Armen Denan, MD; Jesse Charnoff, MD
(1) Identify patients who would benefit from ultrasound guided refills. (2) Apply knowledge to use the ultrasound machine to refill a pump safely. (3) Implement knowledge of various ultrasound machine techniques to cater to individual patients.

1:00pm – 2:00pm
Fellowship Panel
Recent and new fellows from various subspecialties discuss steps for new applicants and address important questions on applications, interview process, and careers afterwards.

1:00pm – 2:00pm
Chair and Administrative Director Councils Program
Physician and Staff Wellness: Preventing Burnout
Christopher Garrison, MD, MBA; James Silwa, DO

2:00pm – 2:30pm
Using Creativity to Aid Resident Emotional Health
Sara Brown, MED
(1) Connect with academic faculties to provide residents with untapped activities, writing exercises, and wellness initiatives. (2) Provide specific examples to program and program directors on why it is beneficial to initiate writing-based initiatives during didactics, retreats, etc. as well as resources that connect the residency program to their academic institutions. (3) Initiate writing and journal activities at participants’ institution as an outlet for residency growth but also as a barometer for residency wellness and needs.

2:00pm – 3:00pm
From Neuromuscular to Cardiac Regeneration: The Importance of Converged Academic Effort in Progression of Regenerative Rehabilitation Field Kentaro Onishi, DO; Michael Boninger, MD; Carmen Tezic, MD, PhD
(1) Seek involvement in regenerative rehabilitation research. (2) Direct groups to available resources from AR3T meetings. (3) Identify ‘key players’ or experts in musculoskeletal, neurological, and cardiac regenerative rehabilitation research teams.

2:00pm – 3:00pm
Achieving Research Productivity in Musculoskeletal/ Sports and Pain Domains for the Busy Clinician
Michael Fredericson, MD; David Kennedy, MD; Prathap Jayaram, MD; Nitin Jain, MD
(1) Discuss current barriers and solutions to research productivity. (2) Compare simple and complex study designs for the clinical setting. (3) Discuss the current status of ongoing collaboration(s) and how to optimize results.

2:00pm – 3:00pm
Physiatry and Health Equity: From Training to Practice and Policy
Chloe Scour, MD
(1) Describe health equity and key domains in which health disparities exist for people with disabilities in 2018. (2) Develop strategies to incorporate health equity for people with disability into teaching and learning activities for medical students, residents, fellows, or allied health professionals. (3) Summarize the role of health equity in merit-based incentive payment models and implications for academic physiatrists.

2:00pm – 3:00pm
Scientific Paper Presentations

2:00pm – 3:00pm
Medical Student Roundtables
Medical students ask questions and discuss physiatry with current residents representing a variety of subspecialties, programs, and regions.

2:30pm – 3:50pm
Chair and Administrative Director Councils Program
Round Table Discussions

3:00pm – 3:30pm
Refreshment Break in the Exhibit Hall

EDUCATIONAL SESSIONS 3 3:30pm – 5:00pm

3:30pm – 5:00pm
Enhancing Your Medical School Educational IQ and Putting Your PM&R Skills to Work with Medical Students
Carley Sauter, MD; Laura Kass, MD; Nethra Ankanam, MD; Ravi Kasi, MD; Danielle Powell, MD
(1) Review principles of how and when students are making early career choices. (2) Facilitate identification of teaching and mentoring opportunities in a medical school. (3) Utilize universal learning materials to introduce PM&R and disability education into core curricular and extracurricular activities.

3:30pm – 5:00pm
Getting Needed Equipment for Your Patients: Demystifying the Documentation Process for Complex Rehabilitation Technology (CRT)
Brad Dicianno, MD; Laura Cohen, PhD, PT; Cathy Cones, PT
(1) Identify insurance documentation standards changes and list basic elements necessary in the physician’s portion of the face to face examination and the therapist’s documentation. (2) Name distinguishing features of CRT as compared to standard Durable Medical Equipment (DME).

3:30pm – 5:00pm
Diagnosis, Treatment, and Prevention of Hemiplegic Shoulder Pain (HSP)
Andrew Kastine, MD; Vu Nguyen, MD
(1) Identify patients experiencing chronic HSP due to Central Nervous System (CNS) reorganization versus more discrete musculoskeletal issues. (2) Direct therapy team to apply appropriate positioning and therapeutic exercise. (3) Utilize tools and techniques to identify which patients are likely to benefit from percutaneous neuromuscular stimulation.

3:30pm – 5:00pm
Scientific Paper Presentations

3:30pm – 5:00pm
Resident/Fellow Council Elections
Candidates will present their leadership role bid for the 2018-2019 Resident/Fellow Council. Come cast your vote!

5:00pm – 6:30pm
Poster Gallery Reception & Grand Rounds
Interaction and feedback is encouraged as you support the important work of PM&R residents and leading researchers by participating in this interactive session! Learn about the most recent research studies and unique case reports submitted for presentation at Physiatry ‘18! Light refreshments will be served.

7:00pm – 9:00pm
Resident / Fellow Trivia Night & Networking Event
Supported by:

ATTEND PHYSIATRY ’18
Earn up to 30 continuing medical education (CME) Credits!
GENERAL SESSIONS FEBRUARY 17, 2018

10:30am – 12:00pm
General Business Breakfast Meeting
All attendees are encouraged to attend the General Business Breakfast Meeting to learn more about the past year's accomplishments and future initiatives of the AAP.

9:00am – 10:00am
PLENARY SESSION – Cochrane Rehabilitation Strategy
Stefano Negrini, MD

10:00am – 10:30am
Financial Reports & Dashboards

10:30am – 12:00pm
Rehabilitation Medicine Scientist Training Program (RMSTP) Paper Presentations

12:30pm – 1:30pm
Myofascial Pain in the Athlete from a Complex Pediatric Case with Protracted Wiffle Ball Challenges: Interdisciplinary Reflections
Stefano Negrini, MD

12:30pm – 1:30pm
Evidence-Based Care for Individuals with Spina Bifida: Updates on the Spina Bifida Healthcare Guidelines
Chidui Tang, MD

1:30pm – 2:30pm
Innovations in Outcome Measures for Lumbar Spinal Stenosis
Charles Odinkan, MD, MA, Byron Schneider, MD, Christy Tomkins-Lane, PhD, David Kennedy, MD, Matthew Smuck, MD

12:30pm – 1:30pm
Graduate Medical Education (GME) at the Intersection of Mind, Brain, and Medical Education

10:30am – 11:00am
Implement ethical principles in physiatric practice.
Lyn Weiss, MD

10:00am – 11:00am
Obtain another level of knowledge in how to most effectively perform needling therapies. (3) Apply current literature to better understand and implement therapies for athletes.

11:30am – 12:30pm
Admin Director 101
Kirk Roden, MBA, Nadine Knight, MHA, Monica Tettwether, MBA

11:30am – 12:30pm
Lunch on Your Own

12:00pm – 1:00pm
Teaching Spasticity Workshop: A Training the Trainers Series
See page 10 for more details

12:30pm – 1:30pm
Exercise after Concussion: Controversies and Opportunities
Shirley Shih, MD, MS, Ross Zafonte, DO, Can Ozcan Tun, PhD, Mary Iaccarino, MD

1:00pm – 2:00pm
Professional Empowerment and Advancement

1:30pm – 2:30pm
Coordinators Role in GME Part 1

2:30pm – 3:30pm
ERAS Updates

3:30pm – 4:30pm
Workplace Wellness

4:15pm – 5:00pm
Professional Empowerment and Advancement

4:30pm – 5:00pm
TAGME/AAP Updates/Wrap Up

9:30am – 10:00am
PROGRAM COORDINATORS PROGRAMMING

12:30pm – 1:30pm
Evidence-Based Care for Individuals with Spina Bifida: Updates on the Spina Bifida Healthcare Guidelines
Brad Divaciano, MD

(1) Understand the structure and format of the Spina Bifida Healthcare Guidelines and how to access its content. (2) List reasons for hospitalization and death and the physiatry interventions that can be used in preventive care. (3) Identify the resources needed to incorporate patients into their physiatry practices.

(1) Provide better treatment options for patients.
(2) Counsel patients better on back pain treatment options.

Can Ozan Tan, PhD; Mary Iaccarino, MD

Shirley Shih, MD, MS; Ross Zafonte, DO; Kirk Roden, MBA; Nadine Knight, MHA; Monica Tietsworth, MBA

10:00am – 11:00am
Quality and Safety Improvement Projects
Michelle Brock, Tyler Hulick, PhD

11:00am – 11:30am
ABPM&R Updates

12:30pm – 1:15pm
Using Creativity to Aid Resident Emotional Health Creativity
Sara Brown, M.Ed.

(REFA), and implantable neuromodulation.

(1) Identify and apply quality metrics that will impact physian reimbursement. (2) Create a compensation plan within institution to improve clinical and departmental growth. (3) Compare and contrast academic institutions based on existing benchmarks.

(1) Recognize ways to support learning through the combined perspective of cognitive science, neurobiology, and education theory. (2) Describe the Kolb Learning Cycle of Experiential Learning Theory and its importance when creating curricula. (3) Identify ways to embrace emotion during the learning cycle.

10:30am – 12:00pm
Evaluating Evidence in Rehabilitation
Carlotte Klekens, MD, Stefano Negrini, MD

10:30am – 12:00pm
Neuropathic Arthropathy and Percutaneous Procedures for Chronic Joint Pain
Sayed Emal Wahzi, MD

(1) Explain available percutaneous techniques for shoulder, hip, and knee osteoarthritis. (2) Explain how nerves modulate arthritis. (3) Recognize candidates for local nerve blocks, Radiofrequency Ablation (RFA), and implantable neuromodulation.

(1) Identify factors across the continuum of care that contribute to protracted symptoms of pediatric concussion. (2) Discuss barriers and facilitators to implementing empirically based concussion treatment from the interdisciplinary perspective. (3) Explore ways of optimizing a rehabilitation team's ability to provide high-quality clinical care when faced with inconsistencies in clinical presentation.

10:00am – 6:15pm
Residency & Fellowship Program Directors and Program Coordinators Workshop
Timothy Brigham, ACGME

11:30am – 12:30pm
Welcome, Introductions, and Ice Breaker
Nicolie Pisseau

1:00pm – 2:00pm
Introduction to ERAS
Michael Mallory, MD, Heather Bare, MD

2:00pm – 3:00pm
ERAS Updates

3:30pm – 4:15pm
Workplace Wellness

4:15pm – 5:00pm
Professional Empowerment and Advancement

10:00am – 11:00am
ERAS Updates

2:00pm – 3:00pm
Organization for Residency Program Directors
Kara Dyer

3:30pm – 4:30pm
Yoga for Program Coordinators
Loren Fishman, MD

1:15pm – 2:00pm
ACGME Resident Wellness

12:30pm – 1:15pm
Using Creativity to Aid Resident Emotional Health Creativity
Sara Brown, M.Ed.

1:50pm – 2:00pm
ACGME Resident Wellness Requirements Update
Michelle Brock

2:00pm – 3:00pm
Organization for Residency Program Directors
Kara Dyer

3:30pm – 4:30pm
Yoga for Program Coordinators
Loren Fishman, MD

10:00am – 11:00am
Quality and Safety Improvement Projects
Michelle Brock, Tyler Hulick, PhD

11:00am – 11:30am
ABPM&R Updates

12:30pm – 1:15pm
Using Creativity to Aid Resident Emotional Health Creativity
Sara Brown, M.Ed.

11:15am – 1:30pm
Welcome & Introductions of AAP Coordinator Council Members
Shirley Shih, MD, MS, Ross Zafonte, DO, Can Ozcan Tun, PhD, Mary Iaccarino, MD

11:00am – 12:00pm
ACGME Self Study
Manuel Vinuet

1:00pm – 2:00pm
Introduction to ERAS
Michael Mallory, MD, Heather Bare, MD

2:00pm – 3:00pm
ERAS Updates

3:30pm – 4:15pm
Workplace Wellness

4:15pm – 5:00pm
Professional Empowerment and Advancement

10:00am – 10:30am
ERAS Updates

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Manuel Vinuet

2:00pm – 3:00pm
Organization for Residency Program Directors
Kara Dyer

3:30pm – 4:30pm
Yoga for Program Coordinators
Loren Fishman, MD

4:30pm – 5:00pm
TAGME/AAP Updates/Wrap Up
Cindy Volack

(1) Understand the structure and format of the Spina Bifida Healthcare Guidelines and how to access its content. (2) List reasons for hospitalization and death and the physiatry interventions that can be used in preventive care. (3) Identify the resources needed to incorporate patients into their physiatry practices.

(1) Recognize ways to support learning through the combined perspective of cognitive science, neurobiology, and education theory. (2) Describe the Kolb Learning Cycle of Experiential Learning Theory and its importance when creating curricula. (3) Identify ways to embrace emotion during the learning cycle.

(1) Identify ethical principles pertaining to medicine. (2) Apply ethical principles to patient care. (3) Implement ethical principles in physiatric practice.
The Department of Physical Medicine and Rehabilitation at The Medical College of Wisconsin is one of the oldest and longest running PM&R programs in the country. Established in 1951, we have been training residents and fellows for more than 60 years, and have more than 250 alumni. Our department has had many outstanding leaders in physiatry, including Ray Piaskowski, MD (1951-1954), Robert Boyle, MD (1954-1973), John Melvin, MD (1973-1991) and Timothy Dillingham, MD (2003-2011). Our current Department Chair, Diane Braza, MD, has led the department since 2011, and under her leadership, the department continues to grow and prosper.

Our current program includes:

**Education**
- 18 Residents (PGY2-PGY4)
- 4 Fellowships
  - Spinal Cord Injury
  - Sports Medicine
  - Neurorehabilitation & Spasticity Rehab
  - Pain Management

**Clinical Practice**
- 4 main practices locations
  - Children’s Hospital of Wisconsin
  - Froedtert Hospital
  - SpineCare
  - Zablocki VA Medical Center

**Research**
- Growing Research Program
  - Stroke Rehabilitation Research Center
  - Adaptive Sports Rehabilitation
  - Community Engagement/Population Health

We are currently recruiting faculty members (Board Certified/Board Eligible Physiatrists) for our adult practice including General Physiatry to practice at the Clement J. Zablocki Veterans Hospital and Froedtert Hospital, a Neurorehabilitation specialist to practice at Froedtert Hospital and Pain management physicians to work in our interdisciplinary Pain Management clinic. Interested candidates should contact Diane W. Braza, MD at dbraza@mcw.edu.

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**PHYSIATRY ‘18 REGISTRATION**

**WAYS TO REGISTER**

- **Online:** Register online by credit card at www.physiatry.org/Reg2018
- **Mail Form and Check:** 10461 Mill Run Circle, Suite 730, Owings Mills, MD 21117

**WHAT YOU NEED TO KNOW ABOUT REGISTRATION AND TICKETED SESSIONS**

- Log in to your AAP member profile to receive membership discounts.
- Full payment is due at the time of registration.
- Online registrations receive immediate confirmation; mailed registrations will be sent a confirmation within 21 days of receipt.
- If you do not receive a confirmation within 21 days, call 410-654-1000.
- All information must be accurately provided, any registrations with information left blank will not be processed.
- Cancellations and full refund requests must be received in writing by 12/30/2017. An Administration fee of $50 will be deducted for members; $100 will be deducted for non-members.

**NO FEES WILL BE REFUNDED AFTER DECEMBER 30, 2017. NO EXCEPTIONS.**

**BADGE INFORMATION**

Please include name, degree(s), institution, city, and state exactly as you would like it to appear on your badge.

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The Hyatt Regency Atlanta will host Physiatry ‘18. Discounted room rates of $190/night are reserved for Physiatry ‘18 Attendees at the Hyatt Regency Atlanta. Complimentary wifi and access to the fitness center are included with all hotel reservations. Visit Physiatry.org/Reservations for more information on how to make your reservations online. Rates cannot be changed for guests who do not identify their affiliation at the time the reservation is made. It is the attendee's responsibility to receive a written confirmation from the hotel detailing the rate to be charged. AAP attendees need to book their rooms by January 18, 2018 as rate and accommodations cannot be guaranteed after this date. All rooms are subject to availability. Once the block is full, no additional rooms will be available; please book early.

Staying in rooms at our conference hotels helps AAP offset the costs of meeting space, exhibit hall rental and many other costs associated with the meeting, from tables and chairs to power, air/heat, and lighting. These are sizeable costs to the organization that must be covered. Attendees who stay outside the contracted conference hotels do not help offset these expenses. Additionally, low sleeping room usage at our contracted hotels increases AAP's exposure to financial penalties. Please help AAP keep registration fees down by only making your reservation through the online reservation link, or by calling the hotel directly and requesting the AAP discounted rate.

AAP does not use a third-party housing company, nor will anyone from AAP contact you to reserve your room. Anyone claiming to represent AAP requesting to reserve your room or offer you a lower price, is fraudulent and should be reported to AAP.
AAP THANKS PHYSIATRY ’18 SUPPORTERS:

- Allergan
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- IPSEN
- MetroHealth
- JOHNS HOPKINS MEDICINE
- Medtronic
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- UPMC LIFE CHANGING MEDICINE
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