

# SOCIETY FOR PSYCHOTHERAPY RESEARCH

PROGRAM

5th ANNUAL MEETING

JUNE 12-15

1974

THE COSMOPOLITAN HOTEL

DENVER, COLORADO

**Note**

The program for this year's meeting includes panels, workshops, and paper presentations. *Panels* are plenary sessions on topics of interest to the entire membership. *Workshops* are intended for intensive discussion of issues and methods in a restricted domain of research. In the workshop, the leaders will begin by making a brief presentation of their work but most of the workshops will be devoted to group discussion of research issues. Therefore, it is expected that members will select a workshop and remain with it the entire time. In contrast, parallel paper reading sessions are of the traditional variety which permit moving back and forth to hear specific papers of interest.

**Book Display**

A display of books relevant to psychotherapy research is available on the mezzanine level.

**WEDNESDAY, JUNE 12**

7:00-9:00 PM

REGISTRATION

Mezzanine

9:00-11:00 PM

CONVERSATION HOURS HOSTED BY THE OFFICERS

SPR Hospitality Suite

**THURSDAY, JUNE 13**

8:00-12:00 AM

REGISTRATION

Mezzanine

9:00-11:00 AM

PANEL: THERAPEUTIC APPLICATIONS OF BIOFEEDBACK TECHNIQUES IN PSYCHOSOMATIC AND RELATED CONDITIONS

Century Room

Moderator & Discussant

HANS H. STRUPP, Ph.D.

Vanderbilt University

Participants

A. BARNEY ALEXANDER, Ph.D., *Children's Asthma Research Institute and Hospital, Denver*

"EMG Biofeedback as a Relaxation Training Technique"

BERNARD T. ENGEL, M.D., *National Institute of Child Health and Human Development*

"Some Medical Applications and Some Psychological Implications of Biofeedback"

ROBERT A. KINSMAN, Ph.D., *National Jewish Hospital and Research Center, Denver*

"Applications of Biofeedback, Relaxation Training and Systematic Desensitization to Asthma"

GARY E. SCHWARTZ, Ph.D., *Harvard University*

"Biofeedback as Therapy: A Critical Appraisal"

11:10-12:00 AM

OPEN FORUM: CONFERENCE PARTICIPANTS MAY BRIEFLY DESCRIBE THEIR WORK OR VIEWS (Maximum of five minutes per person)

Century Room

Moderator

ALLEN E. BERGIN, Ph.D., *Brigham Young University*

THURSDAY, JUNE 13

1:30-2:20 PM

BRIEF REPORTS OF CURRENT RESEARCH

SECTION I:

*Derrick Room*

*Moderator*

CURTIS L. BARRETT, Ph.D.,  
*University of Louisville School of Medicine*

*Participants*

JEFFREY M. BRANDSMA, Ph.D., *et al. University of Kentucky College of Medicine*  
"The Court-Probated Alcoholic and Outpatient Treatment Attrition"

CHARLES J. GELSO, Ph.D., *University of Maryland*

"A Comparison of the Efficacy of Therapies of Three Durations"

M. DUNCAN STANTON, Ph.D., *University of Pennsylvania Medical School*

"Psychotherapy as Internal-External Contrast"

MICHAEL P. NICHOLS, Ph.D. and TERRY Y. TAYLOR, Ph.D., *Emory University*

"Influence of Style of Therapist Interventions on the Process of Group Psychotherapy"

AVERIL E. KARLSRUHER, Ph.D. and JOHN R. SCHALLOW, Ph.D. *University of Manitoba*

"Peers as Therapists: Identifying and Studying Unsanctioned Therapists in the Natural Social Environment"

CHAD D. EMRICK, Ph.D., *University of Colorado Medical Center*

"Curative Factors in Hospital Group Psychotherapy"

MICHAEL I. BERGER, Ph.D., *Vanderbilt University* and LESLIE WUESCHER, Ph.D., *George Peabody College*

"Family-oriented Intervention: A Critique of Evaluation Efforts and a New Conceptual Framework"

THURSDAY, JUNE 13

SECTION II:

*Bonanza Room*

*Moderator*

ALAN S. GURMAN, Ph.D.,  
*University of Wisconsin Medical School*

*Participants*

NORMAN ABELES, Ph.D., *Michigan State University*

"Experiencing in Psychotherapy as Related to Client Distress and Client Attraction to Therapy"

LAURA N. RICE, Ph.D., *York University*

"A Method of Studying Active Ingredients of Psychotherapy: Application to Client-Centered Therapy"

LESLIE GREENBERG, Ph.D., *York University*

"A Method of Studying Active Ingredients of Psychotherapy: Application to Gestalt Therapy"

RONALD MATROSS, Ph.D., *University of Minnesota*

"Socratic Methods in Counseling and Psychotherapy"

A. W. LANDFIELD, Ph.D., and P. CLAYTON RIVERS, Ph.D. *University of Nebraska at Lincoln*

"An Introduction to Interpersonal Transaction and Rotating Dyads"

DOROTHY TENNOV, Ph.D., *University of Bridgeport*

"Women Evaluate and Describe their Psychotherapy Outside the Clinical Setting"

JOHN R. SCHALLOW, Ph.D., *University of Manitoba*

"Subjective and Statistical Measurement of Self-Modification in Internals and Externals"

THURSDAY, JUNE 13

2:30-5:00 PM

WORKSHOPS

WORKSHOP A

RESEARCH ON THERAPY WITH WOMEN: TRADITIONAL AND ALTERNATIVE MODELS

*Derrick Room*

Leaders

IRENE E. WASKOW, Ph.D., *National Institute of Mental Health*

MARILYN JOHNSON, Ph.D., *Feminist Therapy Collective and University of Pennsylvania*

Co-Leaders

MARJORIE KLEIN, Ph.D., *University of Wisconsin Medical School*; DIANE KRAVETZ, Ph.D., *University of Wisconsin School of Social Work*; DAVID ORLINSKY, Ph.D., *Institute for Juvenile Research, Chicago*; KRISTIN GLASER, Ph.D., *Goddard College*

WORKSHOP B

QUANTITATIVE PSYCHOANALYTIC RESEARCH

*Bonanza Room*

Leader

LESTER LUBORSKY, Ph.D., *University of Pennsylvania Medical School*

Co-Leaders

HAROLD SAMPSON, Ph.D., *Mt. Zion Hospital*; LEONARD HOROWITZ, Ph.D., *Stanford University*; Reporting the work of the Psychoanalytic Research Group at the Mount Zion Hospital, San Francisco.

HENRY BACHRACH, Ph.D., *University of Pennsylvania Medical School*; Reporting the work of the Analytic Research Group of the Institute of the Pennsylvania Hospital

THURSDAY, JUNE 13

WORKSHOP C

THERAPY OF SCHIZOPHRENIA

*Holiday Room*

Leader

BERT P. KARON, Ph.D., *Michigan State University*

Co-Leaders

LOREN R. MOSHER, M.D., *Center for Studies of Schizophrenia, National Institute of Mental Health*; CHARLES P. O'BRIEN, M.D., Ph.D., *University of Pennsylvania Medical School*

5:00 PM

Cash Bar

*Broadway Arms*

8:00-10:00 PM

PANEL: MATCHING PATIENTS, THERAPISTS AND TECHNIQUES

*Century Room*

*Moderator and Discussant*

MORRIS B. PARLOFF, Ph.D.

*National Institute of Mental Health*

*Participants*

JURIS I. BERZINS, Ph.D., *University of Kentucky*

"Matching Patients with Therapies: Conceptual, Empirical and Pragmatic Perspectives"

R. BRUCE SLOANE, M.D., *University of Southern California Medical School*

"Short-Term Analytically-Oriented Therapy versus Behavior Therapy"

KEVIN M. MITCHELL, Ph.D., *University of Georgia*

"Antecedents to Psychotherapeutic Outcome"

FRIDAY, JUNE 14

8:30-10:30 AM  
WORKSHOPS

WORKSHOP D  
THERAPY WITH CHILDREN  
*Empire Room*

Leader  
LOVICK C. MILLER, Ph.D., *Child Psychiatry Research Center, University of Louisville*

Co-Leaders  
GASTON E. BLOM, Ph.D., *University of Colorado Medical Center*; JOHN B. REID, Ph.D., *Oregon Research Institute*

WORKSHOP E  
EVALUATION OF GROUPS  
*Bonanza Room*

Leader  
STEPHEN I. ABRAMOWITZ, Ph.D., *Vanderbilt University*

Co-Leaders  
MORTON A. LIEBERMAN, Ph.D., *University of Wisconsin Medical School*; HOWARD B. ROBACK, Ph.D., *Vanderbilt University School of Medicine*; ROBERT R. DIES, Ph.D., *University of Maryland*

WORKSHOP F  
IMPROMPTU SESSION, may be organized by any group of participants who wish to discuss a topic of common interest  
*Derrick Room*

10:35-12:15 AM  
PANEL: THERAPY OF DEPRESSION  
*Century Room*

*Moderator and Discussant*  
GERALD L. KLERMAN, M.D.  
*Harvard Medical School*

FRIDAY, JUNE 14

*Participants*  
AARON T. BECK, M.D., *University of Pennsylvania Medical School*  
"Cognitive Therapy of Depression"

MARTIN SELIGMAN, Ph.D., *University of Pennsylvania*  
"Learned Helplessness as a Model of Depression"

12:15-1:45 PM  
BANQUET LUNCHEON AND BUSINESS MEETING  
*Broadway Arms*

1:45-3:20 PM  
PANEL: MULTIPLE PERSPECTIVE EVALUATION OF PSYCHOTHERAPY  
*Century Room*

*Moderator and Discussant*  
ANN SEIDEN, M.D.  
*Institute for Juvenile Research, Chicago*

*Participants*  
KENNETH I. HOWARD, Ph.D.  
MERTON KRAUSE, Ph.D.  
DAVID ORLINSKY, Ph.D.  
FERDINAND VAN DER VEEN, Ph.D.  
MARK OBERLANDER, Ph.D.  
ELISE LESSING, Ph.D.  
all of the *Institute for Juvenile Research, Chicago*

FRIDAY, JUNE 14

3:30-5:30 PM

FORMAL PAPER SESSIONS

SECTION I

*Bonanza Room*

*Moderator*

DAVID H. MALAN, M.D., *Tavistock Clinic, London*

"Therapeutic Factors in Psychoanalytic Brief Psychotherapy"

*Participants*

COLIN MARTINDALE, Ph.D., ROBERT REYNES, Ph.D., and HARTVIG DAHL, M.D., *N.Y.U. University of Maine at Orono*

"Lexical Differences Between Working and Resistance Sessions in Psychoanalytic Therapy"

GERALD L. KLERMAN, M.D., *Harvard Medical School* and MYRNA WEISSMAN, M.S.W., *Yale University*

"Symptom Reduction and the Efficacy of Psychotherapy in Depression"

ANNE STEINMANN, Ph.D., *MaFerr Foundation, New York*

"Sex Role Biases in Psychotherapy"

CHRISTINE V. ABRAMOWITZ, Ph.D., *et al., George Peabody College*

"Are Men Therapists Soft on Empathy? Two Studies in Feminine Understanding"

ANDREW M. RAZIN, Ph.D., *et al., Albert Einstein College of Medicine*

"Therapist Sex, 'Style,' and Theoretical Orientation"

JOHN M. BUTLER, Ph.D., *University of Waterloo*

"Psychotherapy in the Iconic Mode"

FRIDAY, JUNE 14

BENJAMIN POPE, Ph.D., *et al., The Sheppard and Enoch Pratt Hospital, Baltimore*

"Sequence Effects in the Initial Interview"

G. LIETAER, Ph.D., *University of Leuven (Louvain), Belgium*

"The Relationship as Experienced by Client and Therapist in Client-centered and Psychoanalytically-oriented Therapy"

EDWARD R. RYAN, Ph.D., *West Haven VA Hospital and Yale University*

"The Capacity of the Patient to Enter an Elementary Therapeutic Relationship in the Initial Interview"

SECTION II

*Empire Room*

*Moderator*

SOL L. GARFIELD, Ph.D., *Washington University*

*Participants*

RICHARD M. SUINN, Ph.D., *Colorado State University*

"Stress Management for Type A Cardiac Patients"

FRANK H. BENNETT, Ph.D., *Madison, New Jersey*

"Two Case Studies in an Operant Conditioning Program"

CHARLES P. O'BRIEN, M.D., Ph.D., *et al., University of Pennsylvania Medical School*

"Systematic Extinction of Narcotic Drug Use: A New Treatment Approach"

BARRY E. WOLFE, Ph.D., *National Institute of Mental Health*

"Research on the Behavior Therapies: A Report on 20 Recent Reviews"

FRIDAY, JUNE 14

GEORGE W. LUHRMANN, M.D., *New York State Psychiatric Institute*

"Does the Empathic Machiavellian Therapist Exist?"

WILLIAM DUBIN, Ph.D., *Teachers College, Columbia University*

"Physiological Monitoring of Psychotherapy Exploring the 'Meanings' of Shifts in DC Level of Skin Potential"

LOREN R. MOSHER, M.D., *National Institute of Mental Health*

"Soteria: A New Treatment for Schizophrenia: One Year Follow-up Results"

ALAN S. GURMAN, Ph.D., *University of Wisconsin Medical School*

"Facilitative Spousal Communication as a Dimension of Marital Therapy Outcome"

J. SANTA-BARBARA, Ph.D., *et al.*, *McMaster University*

"Variables Related to Outcome in Family Therapy"

GORDON E. KULBERG, Ph.D., and EDWARD A. FRANCO, Ph.D., *University of Maine at Orono*

"Content Analysis of Several Measures Commonly Used in the Evaluation of Psychotherapy Outcome"

5:30 PM

Cash Bar  
*Broadway Arms*

8:30 PM

PRESIDENTIAL ADDRESS  
*Century Room*

LESTER LUBORSKY, Ph.D., *University of Pennsylvania Medical School*

"The Latest Word on Comparative Studies: Is it True that All Have Won so All Shall Have Prizes?"

SATURDAY, JUNE 15

9:00-11:00 AM

PANEL: PERSISTENCE OF CHANGE FOLLOWING THERAPEUTIC INTERVENTION  
*Century Room*

*Moderator and Discussant*

VICTOR RAIMY, Ph.D., *University of Colorado*

*Participants*

JOHN M. ATTHOWE, Ph.D., *Rutgers University*

"Maintaining the Effects of Treatment"

BERNARD L. LIBERMAN, Ph.D., *Johns Hopkins University Medical School*

"Patterns of Change and Maintenance of Improvement: Long-Term Follow-up Investigations of Psychotherapeutic Effectiveness"

DAVID F. RICKS, Ph.D., *City College, City University of New York*

"Some Practical Criteria for Long-Term Follow-up"

**SOCIETY FOR PSYCHOTHERAPY RESEARCH**

an international, multidisciplinary,  
scientific organization

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behavior change resulting from psychotherapeutic intervention. Through its annual meeting and related activities, it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communication among researchers.

Membership is open to persons interested or engaged in the study of psychotherapy, irrespective of theoretical orientation, professional affiliation, or philosophical commitment. You may fill out an application blank at the conference registration desk or write to: Dr. Curtis L. Barrett, Ph.D., Child Psychiatry Research Center, School of Medicine, University of Louisville, Louisville, Kentucky 40202.

**OFFICERS**

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*University of Colorado Medical Center*