

Barry Wolfe

SPR

**Society for
Psychotherapy
Research**

PROGRAM

6th ANNUAL MEETING

JUNE 11-14, 1975

THE COPLEY PLAZA HOTEL

BOSTON, MASSACHUSETTS

NOTE

The program for this year's meeting includes panels, workshops and paper presentations. *Panels* are plenary sessions on topics of interest to the entire membership. *Workshops* are intended for intensive discussion of issues and methods in a restricted domain of research. In the workshop, the leaders will begin by making a brief presentation of their work but most of the workshop will be devoted to group discussion of research issues. Therefore, it is expected that members will select a workshop and remain with it the entire time. In contrast, parallel *paper reading sessions* are of the traditional variety which permit moving back and forth to hear specific papers of interest.

Demonstration and Book Display

John Greist, M.D., Marjorie Klein, Ph.D., and Alan S. Gurman, Ph.D. will be presenting a demonstration, "On line computer programs for patient interviewing, diagnosis, consultation and outcome research," at announced times in the Back Bay Room.

Books relevant to psychotherapy research will also be displayed in the Back Bay Room.

Registration

The registration fee for both members and non-members will be \$20.00. Members will receive a luncheon ticket at no extra cost upon payment of this fee. The registration fee for students will be \$10.00.

WEDNESDAY, JUNE 11

7:00-9:00 PM

REGISTRATION

Lobby

9:00-11:00 PM

INFORMAL CONVERSATION HOURS
HOSTED BY THE EXECUTIVE COMMITTEE

Dr. Bergin's Suite

THURSDAY, JUNE 12

8:00 AM-6:00 PM

REGISTRATION

9:00-11:30 AM

PANEL: OUTCOME STUDIES OF DEPRESSION

Ballroom

Moderator

AARON T. BECK, M.D.

University of Pennsylvania

Participants

GERALD KLERMAN, M.D., *Harvard Medical School*

"Psychotherapy and Pharmacotherapy"

PETER McCLEAN, Ph.D., *University of British Columbia*

"Behavior Therapy"

A. JOHN RUSH, M.D., *University of Pennsylvania*

School of Medicine

"Cognitive Therapy vs. Pharmacotherapy"

BRIAN SHAW, Ph.D., *University of Western Ontario*

"Cognitive Therapy vs. Behavior Therapy"

11:30-11:45 AM

COMPUTER INTERVIEW MEASURES FOR OUTCOME RESEARCH

Ballroom

JOHN GREIST, M.D., MARJORIE KLEIN, Ph.D.,

and ALAN S. GURMAN, Ph.D., *University of Wisconsin Medical School*

12:00-1:30 PM

Luncheon Break

1:30-3:00 PM

PRESIDENTIAL ADDRESS

ALLEN E. BERGIN, Ph.D., *Brigham Young University*

Ballroom

"Some Implications of Psychotherapy Research for
Therapeutic Practice: A 10-Year Follow-Up"

3:15-5:00 PM

OPEN FORUM: CONFERENCE PARTICIPANTS
MAY BRIEFLY DESCRIBE THEIR WORK OR
VIEWS (Maximum of five minutes per person)

Ballroom

Moderator

CURTIS L. BARRETT, Ph.D.

University of Louisville School of Medicine

5:30-6:30 PM

Cash Bar

Ballroom Foyer

8:00-10:00 PM

PANEL: GENERALIZABILITY OF THE PSYCHO-
ANALYTIC CONCEPT OF THE WORKING
ALLIANCE

State Suite

Thesis

EDWARD BORDIN, Ph.D., *University of Michigan*

Response

LESTER LUBORSKY, Ph.D.

University of Pennsylvania Medical School

"Psychoanalytic Perspective"

LAURA RICE, Ph.D., *York University*

"Client-Centered Perspective"

JEANNE PHILLIPS, Ph.D., *University of Denver*

"Behavior Modification Perspective"

FRIDAY, JUNE 13

8:30 AM-6:00 PM

REGISTRATION

9:00-11:30 AM

WORKSHOPS ON PSYCHOTHERAPY RESEARCH

WORKSHOP A

RELAXATION AND EXCITATION APPROACHES
TO PSYCHOTHERAPY

Ballroom

Leader

MORRIS PARLOFF, Ph.D., *National Institute of Men-
tal Health*

Participants

HERBERT BENSON, M.D., *Harvard University Medi-
cal School*

VICTOR RYAN, Ph.D., *University of Colorado at
Boulder*

WORKSHOP B

N=1 RESEARCH IN PSYCHOTHERAPY

Ballroom Foyer

Leader

DAVID BARLOW, Ph.D., *Brown University Medical
School and Butler Hospital*

Participants

HAROLD LEITENBERG, Ph.D., *University of Vermont*

JACOB B. CHASSAN, Ph.D., *Medical Research Dept.,
Hoffman-La Roche Inc.*

WORKSHOP C

QUANTITATIVE PSYCHOANALYTIC STUDIES OF
SESSIONS

State Suite Foyer

Leader

LESTER LUBORSKY, Ph.D., *University of Pennsyl-
vania Medical School*

Participants

- LEONARD HOROWITZ, Ph.D., *Stanford University*
"Two kinds of changes observed in a psycho-analysis"
- HARTVIG DAHL, M.D., *Downstate Medical Center*
"A New Procedure for Studying the Reliability of Psychoanalytic Judgments of Clinical Evidence"
- DONALD SPENCE, Ph.D., *Rutgers Medical College*
"The Prediction of Cancer Diagnosis from Interviews"

WORKSHOP D
IMPROMPTU
Venetian Room

12:00-1:30 PM

Banquet Luncheon and Business Meeting of the Society
Oval Room

1:30-3:30 PM

PANEL: FANTASY, IMAGERY, AND PSYCHOTHERAPY
Ballroom

Moderator

JEROME SINGER, Ph.D.
Yale University

Participants

- JOSEPH CAUTELA, Ph.D., *Boston College*
"A Covert Conditioning Perspective"
- JOSEPH REYHER, Ph.D., *Michigan State University*
"A Psychoanalytic Perspective"
- WALLACE WILKINS, Ph.D., *University of Maine*
"A Cognitive Perspective"

3:30-5:30 PM

FORMAL PAPER SESSIONS
SECTION I: OUTCOME AND
PROCESS STUDIES
Ballroom Foyer

Moderator

LEO GOLDBERGER, Ph.D., *New York University*

Participants

- SHIRLEY D. JACOBSON, M.S., EVA Y. DEYKIN, M.S., M.P.H., *Collaborative Depression Study, Boston State Hospital*, and BRIGETTE PRUSOFF, M.P.H., *Collaborative Depression Study, Connecticut Mental Health Centre*
"Process and Outcome of Therapy with Depressed Women"
- BEVERLY GOMES, M.A., *Vanderbilt University*
"Psychotherapy Outcome with Schizophrenics: A Review of the Literature"
- VICTOR RAIMY, Ph.D., *University of Colorado*
"Repeated Cognitive Review in Psychotherapy"
- ROBERT R. DIES, Ph.D., *University of Maryland*
"Pragmatic Issues in Psychotherapy and Encounter Group Research: Contracting Members"
- ERICH COCHÉ, Ph.D. and ANNE FLICK, *Friends Hospital, Philadelphia*
"Patient Interaction in Problem-Solving Training Groups"

SECTION II: PATIENT AND THERAPIST FACTORS:
EMPIRICAL AND ETHICAL ISSUES
Venetian Room

Moderator

SOL L. GARFIELD, Ph.D., *Washington University*

Participants

- ANDREW M. RAZIN, Ph.D., *Albert Einstein College of Medicine*
"The A-B Variable: Still Promising After Twenty Years?"
- DONALD M. QUINLAN, Ph.D. and IRVING L. JANIS, Ph.D., *Yale University*
"Optimal Level of Contact in Counselor-Client Dyads"
- LARRY E. BEUTLER, Ph.D., *Baylor College of Medicine*
"Patient-Therapist Value Dissonance and Therapy Induced Change: The Results of a Five Year Research Program"

BENJAMIN POPE, Ph.D., SYLVIA NUDLER, MICHAEL R. VonKORFF, and JAMES P. McGEE, Ph.D., *The Sheppard and Enoch Pratt Hospital*

"Changes in Non-Professional (Novice) Interviewers Over a Three-Year Training Period"

BARRY E. WOLFE, Ph.D., *National Institute of Mental Health*

"Behavior Modification with Institutionalized Persons: Therapy or Social Control?"

6:30-7:30 PM

Cash Bar

Ballroom Foyer

8:00-9:30 PM

BRIEF REPORTS OF CURRENT RESEARCH
SECTION I: CONCEPTUAL AND EMPIRICAL STUDIES
OF PSYCHOTHERAPY

State Suite

Moderator

M. DUNCAN STANTON, Ph.D., *Child Guidance Center of Philadelphia*

Participants

AVERIL E. KARLSRUHER, Ph.D., JOHN R. SCHALLOW, Ph.D., KATHRYN L. JENSEN, Ph.D., and STEVEN P. DUNSIGER, Ph.D., *University of Manitoba*

"Peers as Therapists: A Preliminary Report"

LUCIANO ALBERTI, Ph.D., *University of Bern*, STANLEY FELDSTEIN, Ph.D., *University of Maryland Baltimore County*, HERBERT S. GROSS, Ph.D., ELLEN G. McDANIEL, Ph.D., *University of Maryland School of Medicine*, and JOAN WELKOWITZ, *New York University*

"An Exploratory Study of the Chronography of Psychotherapeutic Interactions"

CHRISTINE V. ABRAMOWITZ, Ph.D., *George Peabody College*

"Blaming the Mother: Valid Inference or Sex-Role Countertransference?"

LINDSAY HARVEY and RACHEL T. HAREMUSTIN, Ph.D.,

University of Delaware

"Resistance to Influence under High- and Low-threat Conditions"

JURIS I. BERZINS, Ph.D., *University of Kentucky*
"Sex Roles and Psychotherapy: New Directions for Theory and Research"

ARTHUR K. SHAPIRO, M.D., *Payne Whitney Clinic, Cornell University Medical College*

"Behavior Therapy: Therapeutic Breakthrough or Latest Fad?"

NANCY HASENFUS, M.A., COLIN MARTINDALE, Ph.D., and CYNTHIA KAPLAN, *University of Maine*

"Alpha Amplitude and Hemispheric Asymmetry in A and B Type Clinical and Experimental Psychologists"

SECTION II: HOSPITAL, GROUP, FAMILY, AND COMMUNITY PSYCHOTHERAPY

State Suite Foyer

Moderator

HENRY M. BACHRACH, Ph.D., *Hospital of the University of Pennsylvania*

Participants

OTTO F. KERNBERG, M.D. and EDA G. GOLDSTEIN, M.A., *New York State Psychiatric Institute and Columbia University*

"The Psychoanalytically Oriented Hospital Treatment Study: Objectives, Rationale, and Design"

DIANNA HARTLEY, *Vanderbilt University*

"Deterioration Effects in Encounter Groups: A Review"

STEPHEN H. ARMSTRONG, Ph.D., *Case Western Reserve University*

"Some Research Suggestions on Co-Therapist Interaction"

STEPHEN I. ABRAMOWITZ, Ph.D., JOSEPH M. SCHWARTZ, and HOWARD B. ROBACK, Ph.D., *Vanderbilt University*

"Effects of Professional Discipline and Experience on Group Therapists' Clinical Reactions"

RICHARD B. GARTNER, Ph.D., RICHARD H. FULMER, Ph.D., MARGOT P. WEINSHEL, R.N., SHELLY GOLDKLANK, M.A., and WILLIAM T. BRESNIHAN, *North Richmond Community Mental Health Center, Staten Island, N.Y.*

"A Retrospective Study of the Effect of Family Constellation on the Course of Family Therapy"

CHRISTEL WOODWARD, Ph.D., JACK SANTA-BARBARA, Ph.D., SAUL LEVIN, M.D., JOHN GOODMAN, M.D., DAVID L. STREINER, Ph.D., and N.B. EPSTEIN, M.D., *McMaster University*

"Client and Therapist Characteristics as Related to Family Therapy Outcome: Closure and Follow-Up Evaluation"

FREDERICK L. NEWMAN, Ph.D., *University of Pennsylvania and Commonwealth of Pennsylvania Department of Mental Health*, and DALE E. CARTER, M.A., *Arthur Bolton Associates, Sacramento, Ca.*

"A Strategy for Studying Clinical Judgement and Therapeutic Outcome in Community Health Settings"

SATURDAY, JUNE 14

9:00 AM-1:00 PM
REGISTRATION

9:00-11:30 AM
WORKSHOPS ON PSYCHOTHERAPY RESEARCH

WORKSHOP E
RESEARCH IN MARITAL AND FAMILY THERAPY
Ballroom Foyer

Leader

ALAN S. GURMAN, Ph.D., *University of Wisconsin Medical School*

"Evaluating the Outcomes of Marital Therapy"

Participant

DAVID P. KNISKERN, Psy.D., *University of Illinois*

"Research Prospects and Perspectives in Family Therapy"

WORKSHOP F
DETERIORATION EFFECTS IN PSYCHOTHERAPY:
RESEARCH AND CLINICAL ASPECTS
Ballroom

Co-leaders

ALLEN E. BERGIN, Ph.D., *Brigham Young University*
IRVIN YALOM, M.D., *Stanford University Medical School*

MICHAEL LAMBERT, Ph.D., *Brigham Young University*

WORKSHOP G
RESEARCH ON THERAPIES AND ALTERNATIVE
HELP SYSTEMS FOR WOMEN
State Suite

Leader

IRENE WASKOW, Ph.D., *National Institute of Mental Health*

Co-leaders

MARILYN JOHNSON, M.S., *Feminist Therapy Collective*

LYNNE McMAHON, M.S., *Women in Transition*

MARJORIE KLEIN, Ph.D., *University of Wisconsin*

DIANE KRAVETZ, Ph.D., *University of Wisconsin*

JEANNE MARACEK, Ph.D., *Swarthmore College*

WORKSHOP H

IMPROMPTU

State Suite Foyer

11:30 AM-12:30 PM

Luncheon Break

1:00-3:30 PM

PANEL: STRATEGIES IN SEX RESEARCH

Ballroom

Moderator

ANNE STEINMANN, Ph.D.

MaFerr Foundation, New York

Participants

ALAN BELL, Ph.D., *Indiana University*

"Research Strategies in Studying the Development of Homosexuality"

RICHARD GREEN, M.D., *State University of New York, Stony Brook*

"Research Strategies in Studying Gender Development"

JOSEPH LO PICCOLO, Ph.D., *State University of New York, Stony Brook*

"Research Strategies in Studying the Therapy of Sexual Dysfunction"

NOTES

NOTES

SOCIETY FOR PSYCHOTHERAPY RESEARCH

an international, multidisciplinary,
scientific organization

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behavior change resulting from psychotherapeutic intervention. Through its annual meeting and related activities, it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communication among researchers.

Membership is open to persons interested or engaged in the study of psychotherapy irrespective of theoretical orientation, professional affiliation, or philosophical commitment. You may fill out an application blank at the conference registration desk or write to: Dr. Chad D. Emrick, Ph.D., Box 2259, University of Colorado Medical Center, Denver, Colo. 80220.

OFFICERS

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LESTER LUBORSKY, Ph.D., Past President
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