
SPR

Society for
Psychotherapy
Research

PROGRAM

7th ANNUAL MEETING

JUNE 16 - 19, 1976

HOTEL DEL CORONADO
CORONADO, CALIFORNIA
(SAN DIEGO, CALIFORNIA)

NOTE

The program for this year's meeting includes panels, workshops and paper presentations. Panels are plenary sessions on topics of interest to the entire membership. Workshops are intended for intensive discussion of issues and methods in a restricted domain of research. In the workshop, the leaders will begin by making a brief presentation of their work but most of the workshop will be devoted to group discussion of research issues. Therefore, it is expected that members will select a workshop and remain with it the entire time. In contrast, parallel paper reading sessions are of the traditional variety which permit moving back and forth to hear specific papers of interest.

REGISTRATION

The registration fee for both members and non-members will be \$20.00. Members will receive a luncheon ticket at no extra cost upon payment of this fee. The registration fee for students will be \$10.00.

WEDNESDAY, JUNE 16

7:00 - 9:00 P.M.
REGISTRATION
New Patio Room

9:00 - 11:00 P.M.
RECEPTION AND HOSPITALITY HOURS
HOSTED BY THE EXECUTIVE COMMITTEE
Dr. Beck's Suite

THURSDAY, JUNE 17

8:00 A.M. - 6:00 P.M.
REGISTRATION
New Patio Room

9:00 A.M. - 11:00 A.M.
PANEL: RESEARCH BASES FOR CHANGE IN CLINICAL PRACTICE
Ballroom

Moderator
DAVID RICKS, Ph.D.
The City College of the City University of New York

Participants
NORMAN WATT, Ph.D., *University of Massachusetts*

DAVID ORLINSKY, Ph.D., *University of Chicago*

ANN DAVIS, Ph.D., *Miami University*

11:15 A.M. - 12:30 P.M.
PANEL: MEASURING THE EFFECTIVENESS OF TRAINING IN PSYCHOTHERAPY
Ballroom

Moderator
THOMAS C. TODD, Ph.D.,
Harlem Valley Psychiatric Center

Participants
JAMES F. ALEXANDER, Ph.D., & C. BARTON, Ph.D.
University of Utah

VINCENT J. D'ANDREA, Ph.D., & RICHARD N. JACKS, Ph.D., *Stanford University*

12:30 P.M. - 2:00 P.M.
Luncheon Break

2:00 P.M. - 4:00 P.M.
WORKSHOPS

WORKSHOP A
Interpersonal Transactions with Rotating Dyads: A Treatment Approach Derived from George A. Kelly's Sociality Corollary.
Garden Room

A. W. LANDFIELD, Ph.D., *University of Nebraska-Lincoln*
CLAY RIVERS, Ph.D., *University of Nebraska-Lincoln*

WORKSHOP B

Family Therapy: Outcome and Therapist's Skills
Hanover Room

JACK SANTA-BARBARA, Ph.D., *McMaster University*
BILL PINSOFF, *Family Institute of Chicago*

WORKSHOP C

Psychotherapy for the Psychotherapist:
Problems and Issues
Stuart Room

Moderator

SOL L. GARFIELD, Ph.D., *Washington University*

Participants

HANS H. STRUPP, Ph.D., *Vanderbilt University*
NATHAN HURVITZ, Ph.D., *Los Angeles, California*

5:00 P.M. - 6:00 P.M.

CASH BAR
Ocean View Room

8:15 P.M. - 10:00 P.M.

PANEL
THERAPIST INTERPERSONAL BEHAVIOR AND AT-
TITUDES: A CRITIQUE AND SOME SUGGESTIONS
FOR FUTURE RESEARCH
Ballroom

Moderator

MICHAEL J. LAMBERT, Ph.D., *Brigham Young University*

Participants

STEVEN S. DeJULIO, Ph.D., *East Texas State University*

GRADY BLACKWOOD, *Vanderbilt University*

GERALD GOODMAN, Ph.D., *UCLA*

FRIDAY, JUNE 18

8:00 A.M. - 6:00 P.M.

REGISTRATION
New Patio Room

9:00 A.M. - 11:00 A.M.

PANEL
SELF-CONTROL: ON THEORY, RESEARCH AND CLI-
NICAL PRACTICE
Ballroom

Moderator

CARL THORESON, Ph.D., *Stanford University*
"Self-Control: Theory, Research and the Human Experience"

Participants

ROBERT W. JEFFREY, Ph.D. & THOMAS J. COATES, M.D.,
Stanford University
"Why Aren't They Losing Weight?"

ALFRED C. McALISTER, *Stanford University*
"Self-Control to Maintain Non-Smoking"

GERALD M. ROSEN, Ph.D., MANUEL BARRERA, JR.,
M.S. & RUSSELL E. GLASGOW, M.S., *University of Oregon*
"Instructional Program for Behavioral Self-Change"

11:00 A.M. - 12:00 Noon

OPEN FORUM: Brief Reports on Research in Progress
Ballroom

Moderator

ALLEN E. BERGIN, Ph.D., *Brigham Young University*

12:00 Noon - 1:30 P.M.

LUNCHEON AND BUSINESS MEETING OF THE SOCIETY
AARON T. BECK, M.D., *Presiding*
Crown Room

1:45 P.M. - 4:00 P.M. Formal Paper Sections

SECTION I:

Garden Room

Moderator

R. BRUCE SLOANE, M.D., *University of Southern California*

Participants

GERALD L. KLERMAN, M.D., *Harvard Medical School*
"Poor Long-Term Outcome of the Untreated Patients in
a Controlled Trial of Drugs and/or Psychotherapy of
Neurotic Depressions"

MYRNA M. WEISSMAN, Ph.D., *Yale University*
"Psychotherapy and the Prevention of Chronicity in De-
pression"

ARTHUR H. AUERBACH, M.D., *University of Pennsyl-
vania Hospital*

"Retrospective Explanation of Psychotherapy Outcome"

GENE V. GLASS, Ph.D., *University of Colorado*

"Meta-Analysis of Psychotherapy"

ERICH COCHE, Ph.D., *Friends Hospital*

"Therapeutic Benefits of a Problem-Solving Training Pro-
gram for Hospitalized Psychiatric Patients"

C. ALAN HOPEWELL & L. P. PEROTTI, *The University
of Texas Medical Branch*

"Expectancy Effects in Psychotherapy and Systematic De-
sensitization: A Review"

SECTION II:

Hanover Room

Moderator

MORRIS PARLOFF, Ph.D., *National Institute of Mental
Health*

Participants

M. D. STANTON, Ph.D., *University of Pennsylvania &
THOMAS C. TODD, JR., Ph.D., Harlem Valley Psychiatric
Center*

"Structural Family Therapy with Heroin Addicts: Some
Outcome Data"

R. A. CLOUSER, *Eagleville Hospital & Rehabilitation Center*

"A Description of Group Therapist Leader Behavior at an
Alcohol & Drug Rehabilitation Center with Attention to
Recovered Vs. Non-recovered Group Leader Style"

ROBERT R. DIES, Ph.D., *University of Maryland*

"Encounter Group Volunteering: Implications for Research
and Practice"

LARRY E. BEUTLER, Ph.D., *Baylor College of Medicine*

"Psychotherapy: When What Works with Whom"

LEONARD HORWITZ, Ph.D., *The Menninger Foundation*

"Internalization as a Therapeutic Process in Psychotherapy
and Psychoanalysis"

L. M. HOROWITZ, Ph.D., *Stanford University*

"Speech Mannerisms and Patient Discomfort in Psycho-
therapy"

SECTION III:

Stuart Room

Moderator

IRENE E. WASKOW, Ph.D., *National Institute of Mental
Health*

Participants

BEVERLY GOMES, M.A. & S. H. ARMSTRONG, Ph.D.
Vanderbilt University

"Deterioration Effects in Psychotherapy: Once More Re-
visited"

A. S. GURMAN, Ph.D. & D. P. KNISKERN, Psy.D.
University of Wisconsin-Madison Medical School

"Deterioration in Marital and Family Therapy: Empirical
and Conceptual Issues"

F. R. STAPLES, Ph.D., R. B. SLOANE & R. BURGOYNE
University of Southern California School of Medicine

"Changes in Process Measures During Psychotherapy"

CHRISTINE V. ABRAMOWITZ, Ph.D., *University of
California at Davis School of Medicine*

"The Impact of Sex-Related Variables on Clinical Practice:
A Review"

LEWIS A. KIRSHNER, M.D., *Mount Auburn Hospital*
"Effects of Gender on Psychotherapy"

A. VANSTEENWEGEN, *Communicatiecentrum voor
Echtparen, Louvain*

"Changes in the Perception of Basic Relational
Attitudes by Marital Therapy: An Outcome Study"

BENJAMIN POPE, Ph.D., S. NUDLER, J. NORDEN &
J. P. MCGEE, *The Sheppard and Enoch Pratt Hospital*

"Sequence Effects in the Initial Mental Health Interview"

5:00 P.M. - 6:00 P.M.

CASH BAR

Ocean View Room

8:15 P.M. - 10:00 P.M.

PANEL

Typologizing Patients in Psychotherapy: A Methodological
Problem.

Ballroom

Moderator

MARDI J. HOROWITZ, M.D., *University of California-San
Francisco*

Participants

MARTIN KATZ, Ph.D., *National Institute of Mental Health*

R. BRUCE SLOANE, M.D., *University of Southern California*

IRVIN YALOM, M.D., *Stanford University*

SATURDAY, JUNE 19

SATURDAY, JUNE 19

9:00 A.M. - 12:00 Noon
REGISTRATION
New Patio Room

9:00 A.M. - 11:00 A.M.
WORKSHOPS

WORKSHOP D
Structured Learning Therapy
Garden Room

Participants
ARNOLD P. GOLDSTEIN, Ph.D., *Syracuse University*
ROBERT SPRAFKIN, V.A., *Syracuse, New York*

WORKSHOP E
Research issues in the prevention and treatment of alcoholism
Hanover Room

Participants
CHAD D. EMRICK, Ph.D., *Aurora Mental Health Center*
DREXEL B. SHEAHAN, Ph.D., *University of California of Anaheim*

WORKSHOP F
Oversoming Problems in Experiential Group Research
Stuart Room

Moderator
ROBERT R. DIES, Ph.D., *University of Maryland*

Participants
RICHARD L. BEDNAR, Ph.D., *University of Kentucky*
WALTER GRUEN, Ph.D., *Rhode Island Hospital*
MORTON A. LIEBERMAN, Ph.D., *University of Chicago*

11:00 A.M. - 12:00 Noon
PANEL
The Vanderbilt University Psychotherapy Research Project
A Progress Report.
Ballroom

Moderator
HANS H. STRUPP, Ph.D., *Vanderbilt University*

Participants

BEVERLY GOMES, A.M., *Preliminary Outcome Results*
DIANNE HARTLEY, B.S., *Content and Process*
SUZANNE HADLEY, M.A., *Comments on the Administration and Coordination of a Large-Scale Research Project.*
(All from Vanderbilt University) (IVERSITY)

NOTES

SOCIETY FOR PSYCHOTHERAPY RESEARCH

**an international, multidisciplinary,
scientific organization**

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behavior change resulting from psychotherapeutic intervention. Through its annual meeting and related activities, it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communication among researchers.

Membership is open to persons interested or engaged in the study of psychotherapy irrespective of theoretical orientation, professional affiliation, or philosophical commitment. You may fill out an application blank at the conference registration desk or write to: Dr. Chad D. Emrick, Ph.D., Box 2259, University of Colorado Medical Center, Denver, Colorado 80220.

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