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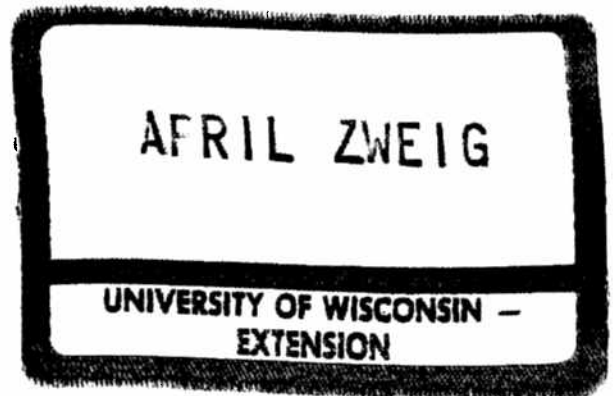
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## Society for Psychotherapy Research

**PROGRAM**

**8th ANNUAL MEETING**

**June 22-25, 1977**



**WISCONSIN CENTER—**

**UNIVERSITY OF WISCONSIN**

**MADISON, WISCONSIN**

Sponsored by the Department of Psychiatry, University of Wisconsin Medical School and Department of Continuing Medical Education, University of Wisconsin

## WEDNESDAY, JUNE 22

### NOTE

The program for this year's meeting includes panels, workshops, paper presentations and a research clinic. Panels are plenary sessions on topics of interest to the entire membership. Workshops are intended for intensive discussion of issues and methods in a restricted domain of research. In the workshop, the leaders will begin by making a brief presentation of their work but most of the workshop will be devoted to group discussion of research issues. Therefore, it is expected that members will select a workshop and remain with it the entire time. In contrast, parallel paper reading sessions are of the traditional variety which permit moving back and forth to hear specific papers of interest. The research clinic offers a mini study-section format review of psychotherapy research proposals by selected experts in the areas represented in the proposals and is held in open session.

### REGISTRATION

The registration fee for both members and nonmembers will be \$20.00. Members will receive a luncheon ticket at no extra cost upon payment of this fee. The registration fee for students will be \$10.00.

This CME activity is acceptable for 22 credit hours in Category I for the Physician's Recognition Award of the American Medical Association.

7:00-9:00 P.M.

REGISTRATION  
*Main Lobby*

9:00-11:00 P.M.

RECEPTION AND HOSPITALITY HOURS HOSTED  
BY THE EXECUTIVE COMMITTEE  
*Alumni Lounge*

## THURSDAY, JUNE 23

8:00 A.M.-6:00 P.M.

REGISTRATION  
*Auditorium Foyer*

8:30-8:45 A.M.

WELCOME BY PRESIDENT SOL L. GARFIELD, Ph.D.  
*Auditorium*

8:45-10:30 A.M.

PANEL: ADOLESCENTS: TREATMENT APPROACHES AND EFFECTS  
*Auditorium*

*Moderator*

DAVID F. RICKS, Ph.D., *University of Cincinnati*

*Presenters*

RICHARD C. MAROHN, M.D., *Illinois State Psychiatric Institute*

"The Philosophy and Process of Treatment with Delinquent Adolescents"

MARGUERITE WARREN, Ph.D., *State University of New York, Albany*

"Measuring the Impact of Specific Therapist-Patient Matches in Work with Juvenile Delinquents"

*Discussant*

MILTON SHORE, Ph.D., *National Institute of Mental Health*

10:30-11:00 A.M.

Coffee Break

11:00 A.M.-12:00 NOON

OPEN FORUM: Brief Reports of Research in Progress  
*Auditorium*

*Moderator*

AARON T. BECK, M.D., *University of Pennsylvania School of Medicine*

**12:00 NOON-1:30 P.M.**

Luncheon Break

**1:30-3:15 P.M.**

WORKSHOPS

**WORKSHOP A**

Development and Use of Process Rating Systems in  
Psychotherapy Research  
Room 212

**Moderator**

Laura N. Rice, Ph.D., *York University*

**Participants**

Marjorie Klein, Ph.D., *University of Wisconsin Medical School*

Ariadne Beck, M.A., *Illinois Institute of Technology*

Leslie Greenberg, Ph.D., *University of British Columbia*

**WORKSHOP B**

Issues in the Assessment of Family Therapy  
Outcome  
Room 227

**Moderators**

Thomas C. Todd, Ph.D., *Harlem Valley Psychiatric Center*

Alan S. Gurman, Ph.D., *University of Wisconsin Medical School*

**Participants**

Gerald R. Patterson, Ph.D. & John Reid, Ph.D., *Oregon Social Learning Center*

David P. Kniskern, Psy.D., *University of Cincinnati College of Medicine*

David H.L. Olson, Ph.D., *University of Minnesota*

Nathan B. Epstein, M.D. & Christel Woodward, Ph.D., *McMaster University*

**WORKSHOP C**

Empirical Development of Culture-Specific Treatment  
Room 226

**Moderator**

Mercedes A. Scopetta, Ph.D., *University of Miami*

**Participants**

Olga E. King, M.S.W., *University of Miami*

Jose Szapocznik, Ph.D., *University of Miami*

**3:15-3:45 P.M.**

Coffee Break

**3:45-5:30 P.M.**

PANEL: SHORT-TERM THERAPY FOR WHOM?  
*Auditorium*

**Moderator**

Hans H. Strupp, Ph.D., *Vanderbilt University*

**Presenters**

James N. Butcher, Ph.D., *University of Minnesota*

Mary P. Koss, Ph.D., *Kent State University*

**Panelists**

Sol L. Garfield, Ph.D., *Washington University*

Dianna Hartley, B.S., *Vanderbilt University*

Stanley D. Imber, Ph.D., *University of Pittsburgh*

Marsha M. Linehan, Ph.D., *The Catholic University of America*

**5:30-6:30 P.M.**

CASH BAR

*Blue Lounge*

**8:15-10:00 P.M.**

PANEL: SUBSTANCE ABUSE  
*Auditorium*

**Moderator**

Thomas F.A. Plaut, Ph.D., *National Institute of Mental Health*

**Panelists**

William Pollin, M.D., *National Institute on Drug Abuse*

Chad Emrick, Ph.D., *University of Colorado Medical Center*

**Discussant**

Donald W. Fiske, Ph.D., *University of Chicago*

**FRIDAY, JUNE 24**

**8:00 A.M.-6:00 P.M.**

REGISTRATION  
*Auditorium Foyer*

**8:30-10:00 A.M.**

WORKSHOPS

**WORKSHOP D**

The Role of Cognition in Therapeutic Change  
*Auditorium*

**Moderator**

Edward S. Bordin, Ph.D., *University of Michigan*

*Panelists*

Victor Raimy, Ph.D., *University of Colorado*  
Aaron T. Beck, M.D., *University of Pennsylvania School of Medicine*  
Gerald C. Davison, Ph.D., *State University of New York at Stony Brook*  
Jerome L. Singer, Ph.D., *Yale University*

**WORKSHOP E**

Typologies  
Room 212

*Moderator*

Mardi J. Horowitz, M.D., *University of California, San Francisco*

*Participants*

Robert Spitzer, M.D., *New York State Psychiatric Institute*  
Hans Strupp, Ph.D., *Vanderbilt University*

**WORKSHOP F**

Structural Analysis of Process and Outcome of Therapy  
Room 226

*Moderator*

Lorna S. Benjamin, Ph.D., *University of Wisconsin Medical School*

**WORKSHOP G**

IMPROMPTU  
Room 227 Available

**10:00-10:30 A.M.**

Coffee Break

**10:30-12:30 P.M. FORMAL PAPER SESSIONS**

**SESSION I:**  
Room 212

*Moderator*

Michael Gelder, M.D., *Oxford University, Warneford Hospital, Oxford, England*

*Participants*

LOLAFAYNE COYNE, Ph.D., *The Menninger Foundation*  
"The Development of Patient Profiles to Differentiate Length of Stay and Outcome within Diagnostic Groups"  
STEPHEN H. ARMSTRONG, Ph.D., *Vanderbilt University*  
"Treatment of Borderline Children"  
GEORGE ATHEY, JR., Ph.D., LOLAFAYNE COYNE, Ph.D., JOHN CONNELLY, M.D., GEORGE PENN,

M.D., LEE LOHRENZ, Ph.D., BETTY BURROW, A.C.S.W., ROBERT MEYERS, FRANK BRENTINE, JEAN WACKER, R.N. & JOHN DILLINGHAM, S.T.M., *Menninger Memorial Hospital*

"Factored Ratings as Paths to Unconscious Assumptions of Alcoholism Treaters"

ERICK COCHE, Ph.D., *Friends Hospital—Philadelphia*

"Follow-up Study on Formerly Hospitalized Patients in Three Different Treatment Conditions"

JANICE DELANGE, Ph.D., *University of Washington*

"Relative Effectiveness of Assertive Skill Training and Desensitization for High and Low Anxiety Women"

MARDI J. HOROWITZ, M.D., *University of California—San Francisco*

"Methods of Microanalysis"

JEFFREY M. BRANDSMA, Ph.D., *University of Kentucky College of Medicine*

"Psychotherapy in Alcoholism Treatment: A Comparison of Professional and Nonprofessional Rational Therapists"

JAMES GORMALLY, Ph.D., *University of Maryland*

"Determining the Effectiveness of Behavior Therapy Obesity Treatments"

**SESSION II**

Room 226

*Moderator*

Morris B. Parloff, Ph.D., *National Institute of Mental Health*

*Participants*

DONALD M. SUNDLAND, Ph.D., *University of North Dakota*

"Theoretical Orientation—Multi-Professional"

BENJAMIN POPE, Ph.D., *The Sheppard and Enoch Pratt Hospital*

"Some Studies on Therapist Style: Their Clinical Application in the Practice of Interviewing"

KENNETH KUSHNER, M.A., *University of Michigan*

"On the External Validity of Two Psychotherapy Analogues"

BEVERLY GOMES-SCHWARTZ, Ph.D., *Vanderbilt University*

"Psychotherapy Process Variables as Predictors of Outcome"

PHILIP C. TOWNSEND, M.S., JIM MILLHAM, Ph.D. & LARRY E. BEUTLER, Ph.D., *Baylor College of Medicine*

"The Predictive Utility of Values Associated with Initial Decisions to Both Enter and Continue Individual Psychotherapy"

LARRY E. BEUTLER, Ph.D., STEPHEN POLLACK & AVIS JOBE, *Baylor College of Medicine*

"On 'Accepting' Patients vs. 'Accepting' Therapists"  
ARTHUR H. AUERBACH, M.D. & LESTER  
LUBORSKY, Ph.D., *University of Pennsylvania  
School of Medicine*

"Follow-up as a Means of Studying the Factors  
Influencing the Outcome of Psychotherapy"  
MURRAY ALPERT, Ph.D., NEAL L. COHEN, M.D. &  
MERRILL J. MARTZ, Ph.D., *New York University  
School of Medicine*  
"Studies in Physiological and Cognitive Correlates  
of Clinical Listening and Therapeutic Sensitivity"

**SESSION III:**  
*Room 227*

**Moderator**  
Allen E. Bergin, Ph.D., *Brigham Young University*

**Participants**  
CHRISTEL A. WOODWARD, JACK SANTA-  
BARBARA, Ph.D. & SOL LEVIN, M.D., *Thistletown  
Regional Centre for Children and Adolescents  
(Ontario)*

"Aspects of Consumer Satisfaction with Brief  
Family Therapy"

MARCIA D. ZWIER, Ph.D., *Pine Rest Christian  
Hospital—Grand Rapids, Michigan*

"The Use of the REP Test and Self Characterizations  
in the Cognitive Restructuring with Adult  
Depressives"

GERALD L. GAFFIN & CAROL S. GROISSER,  
*Michigan State University*

"An Investigation of the Effectiveness of Psycho-  
therapy as Related to Therapist Accurate Empathy  
and Nonpossessive Warmth and to Client Socio-  
economic Status"

ALBERT DIMASCIO, Ph.D. & GERALD KLERMAN,  
M.D., *Boston State Hospital*

"An Appropriate Control Group for Psychotherapy  
Research in Depression"

STEVEN D. HOLLON, Ph.D., AUGUSTUS J. RUSH,  
M.D., AARON T. BECK, M.D. & MARIA KOVACS,  
Ph.D., *Philadelphia General Hospital*

"Cognitive Therapy of Depression: An Outcome  
Study with Six-Month Follow-up"

CARLOS NEU, M.D. GERALD KLERMAN, M.D. &  
BRIGITTE PRUSOFF, M.P.H. *Tufts Medical School*

"Measuring the Interventions Used in Short-Term  
Interpersonal Psychotherapy of Depression"

BARRY J. KIRSHNER, Ph.D., ROBERT R. DIES, Ph.D.  
& ROBERT A. BROWN, *University of Maryland*

"The Effects of Experimental Manipulations of Self-  
Disclosure on Group Cohesiveness"

ROBERT R. DIES, Ph.D., FRANK JOHNSON,  
JOSEPH MALLET & MARK LIEBERMAN, *University  
of Maryland*

"Openness in the Co-Leader Relationship: Its  
Effects on Process and Outcome"

**12:30-2:00 P.M.**  
BANQUET LUNCHEON AND BUSINESS MEETING  
OF THE SOCIETY  
SOL L. GARFIELD, Ph.D., Chairman  
*Dining Room*

**2:00-3:15 P.M.**  
PRESIDENTIAL ADDRESS  
*Auditorium*  
AARON T. BECK, M.D., Presiding  
SOL L. GARFIELD, Ph.D., President, SPR  
"Some Reflections on the Nature of Psychotherapy"

**3:15-3:45 P.M.**  
Coffee Break

**4:00-5:30 P.M.**  
PANEL: RESEARCH ON THERAPY WITH  
DEPRESSED WOMEN  
*Auditorium*

**Moderator**  
Irene Elkin Waskow, Ph.D., *National Institute of  
Mental Health*

**Presenter**  
Myrna Weissman, Ph.D., *Yale University School of  
Medicine*

**Panelists**  
Gerald L. Klerman, M.D., *Harvard Medical School*  
Iris E. Fodor, Ph.D., *New York University*  
Lenore Radloff, *National Institute of Mental Health*  
Maria Kovacs, Ph.D., *University of Pennsylvania  
School of Medicine*

**5:30-6:30 P.M.**  
CASH BAR  
*Blue Lounge*

**8:00 - 10:00 P.M.**  
RESEARCH CLINIC  
*Auditorium*

**Moderator**  
Curtis L. Barrett, Ph.D., *University of Louisville  
School of Medicine*

## SATURDAY, JUNE 25

**9:00-10:45 A.M.**  
PANEL: LARGE SCALE RESEARCH—REPORTS  
FROM TWO MAJOR PROJECTS  
*Auditorium*

*Moderator*

Jeanne Phillips, Ph.D., *University of Denver*

*Presenters*

Lester Luborsky, Ph.D., *University of Pennsylvania School of Medicine*

"Psychotherapy—Who Benefits and How: A Report of the Pennsylvania Psychotherapy Project"

Hans H. Strupp, Ph.D., *Vanderbilt University*

"The Vanderbilt Psychotherapy Process-Outcome Project: The Near-Final Report"

**11:00 A.M. - 12:45 P.M.**

**PANEL: COMMUNITY TREATMENT OF THE CHRONIC PATIENT—RESEARCH OVERVIEW**

*Auditorium*

*Moderator*

Samuel Keith, M.D., *National Institute of Mental Health*

*Presenters*

Leonard I. Stein, M.D., *University of Wisconsin Medical School*

Mary Ann Test, Ph.D., *Mendota Mental Health Institute—Madison*

*Panelists*

Michael Kirby, Ph.D., *Southwest Denver Community Mental Health Center*

Samuel Keith, M.D., *National Institute of Mental Health*

**SOCIETY FOR PSYCHOTHERAPY RESEARCH**

**an international, multidisciplinary,  
scientific organization**

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behavior change resulting from psychotherapeutic intervention. Through its annual meeting and related activities, it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communication among researchers.

Membership is open to persons interested or engaged in the study of psychotherapy irrespective of theoretical orientation, professional affiliation, or philosophical commitment. You may fill out an application blank at the conference registration desk or write to: Dr. Alan S. Gurman, Department of Psychiatry, University of Wisconsin Medical School, Madison, Wisconsin 53706.

**OFFICERS:**

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*Washington University*

MORRIS B. PARLOFF, Ph.D., President-Elect and  
Program Chairman  
*National Institute of Mental Health*

AARON T. BECK, M.D., Past President  
*University of Pennsylvania School of Medicine*

ALAN S. GURMAN, Ph.D., Secretary-Treasurer  
*University of Wisconsin Medical School*

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