

# SPR

## Society for Psychotherapy Research

PROGRAM

9th ANNUAL MEETING

June 21-24, 1978

THE SHERATON CENTRE  
TORONTO, ONTARIO, CANADA

1978/1/17

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Bob Hendry

JONI TESSIER

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Psychology Society of Canada  
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## WEDNESDAY, JUNE 21

### NOTE

The program for this year's meeting includes panels, workshops, paper sessions and an open forum. Panels are plenary sessions on topics of interest to the entire membership. Workshops are intended for intensive discussion of issues and methods in a restricted domain of research. In the workshop, the leaders will begin by making a brief presentation of their work but most of the workshop will be devoted to group discussion of research issues. Therefore, it is expected that members will select a workshop and remain with it the entire time. For the session at 2:15 - 4:00 P.M. on Thursday afternoon, 6 workshops have been scheduled simultaneously. We hope to keep each workshop small in order to encourage "real working sessions" in each of these areas. In contrast to workshops, parallel paper reading sessions are of the traditional variety which permit moving back and forth to hear specific papers of interest. At the Open Forum, members may present very brief reports of ongoing research.

### REGISTRATION

The registration fee for both members and non-members will be \$20.00. Members will receive a luncheon ticket at no extra cost upon payment of this fee. The registration fee for students will be \$10.00. Program participants will also pay the appropriate registration fee.

### Please Note

There will be no smoking allowed in small meetings and at the back of the room only in large meeting rooms. Thank you.

6:00-8:00 P.M.  
REGISTRATION  
*Second Floor*

8:00-9:00 P.M.  
Invited Address by Gerald Klerman, M.D., Administrator, Alcohol, Drug Abuse and Mental Health Administration  
"Psychotherapy Research and Public Health Issues"  
*Dominion Ballroom South*

9:00-11:00 P.M.  
RECEPTION AND HOSPITALITY HOURS HOSTED BY THE EXECUTIVE COMMITTEE  
*Dominion Ballroom North*

## THURSDAY, JUNE 22

8:00 A.M.-6:00 P.M.  
REGISTRATION  
*Second Floor*

8:30 -8:45 A.M.  
Welcome and Opening Remarks by SPR President, Morris B. Parloff, Ph.D.  
*Civic Ballroom*

8:45-10:45 A.M.  
PANEL: PSYCHOTHERAPY RESEARCH: HAS IT MADE A DIFFERENCE?  
*Civic Ballroom*

*Moderator*  
IRENE ELKIN WASKOW, PH.D., *National Institute of Mental Health*

*Participants*  
JEROME D. FRANK, M.D., *Johns Hopkins University School of Medicine*  
"What Have We Learned from Outcome Research?"

MARJORIE KLEIN, PH.D., *University of Wisconsin Medical School*  
"What Have We Learned from Process Research?"

*Discussants*  
EDWARD S. BORDIN, PH.D., *University of Michigan*  
IRENE ELKIN WASKOW, PH.D., *National Institute of Mental Health*

10:45-11:15 A.M.  
COFFEE  
*Civic Ballroom Lobby*

11:15 A.M.-1:00 P.M.  
WORKSHOPS

**WORKSHOP A: SYSTEMATIC CRITERIA FOR ASSESSING PSYCHOTHERAPEUTIC CHANGE**  
*Huron Room*

*Moderator*  
ABRAHAM WANDERSMAN, PH.D., *Georgia Peabody College*

*Participants*  
SUZANNE W. HADLEY, PH.D., *National Institute of Mental Health*  
"Dimensions of Assessment in Psychotherapy Research: What Have We Measured and Why?"

DAVID E. ORLINSKY, PH.D., *University of Chicago*  
KENNETH I. HOWARD, PH.D., *Northwestern University*

"A Systems Conception of Therapeutic Outcomes: What Should We Measure and When?"

DAVID F. RICKS, PH.D., *University of Cincinnati*  
ABRAHAM WANDERSMAN, PH.D., *George Peabody College*  
"Toward A General System of Criteria for the Evaluation of Mental Health Interventions"

✓ **WORKSHOP B: THERAPY-SPECIFIC VERSUS THERAPIST-SPECIFIC VARIABLES IN TREATMENT OUTCOME**  
*Kent Room*

*Moderator*  
LARRY E. BEUTLER, PH.D., *Baylor College of Medicine*

*Participants*  
JAMES F. ALEXANDER, PH.D. & COLE BARTON, M.A., *University of Utah*  
"Training in Family Therapy: The Role of Conceptual, Technical, and Relationship Skills"

STEVEN S. DE JULIO, PH.D., *North Texas State University*  
"The Place of Therapist—'Nonspecific' Factors in Treatment Outcome"

LARRY E. BEUTLER, PH.D., *Baylor College of Medicine*  
"Therapist Orientation as a Variable in Treatment Outcome"

*Discussant*  
FRED R. STAPLES, PH.D., *University of Southern California*

**WORKSHOP C: THERAPEUTIC MODALITIES AND THEIR UNIQUE EFFECTS ON RESEARCH**  
*Simcoe Room*

*Moderator*  
ROBERT R. DIES, PH.D., *University of Maryland*

*Participants*  
RICHARD BEDNAR, PH.D., *University of Kentucky*  
"Group Psychotherapy"

JUDITH COCHE, PH.D., *Hilltop Preparatory School, Villanova*  
"Family Therapy"

ERICH COCHE, PH.D., *Friends Hospital, Philadelphia*  
"Hospital Outcome"

1:00-2:15 P.M.  
LUNCH

2:15-4:00 P.M.  
WORKSHOPS (small working sessions)

**WORKSHOP D: COMPARISON OF PROCESS SYSTEMS AS DESCRIPTORS OF PRODUCTIVE INTERACTIONS IN PSYCHOTHERAPY**  
*Huron Room*

*Moderator*  
LAURA N. RICE, PH.D., *York University*

*Participants*  
MARJORIE KLEIN, PH.D., *University of Wisconsin Medical School*

CLARA E. HILL, PH.D., *University of Maryland*  
LESLIE GREENBERG, PH.D., *University of British Columbia*

ROBERT ELLIOTT, *University of California, Los Angeles*

JAMES WHITESIDE, PH.D., *University of Michigan*  
LORNA S. BENJAMIN, PH.D., *University of Wisconsin*

(No formal presentations will be made, but the participants will compare and discuss their process ratings of some selected segments of therapy interaction.)

**WORKSHOP E: RESEARCH ON THE PSYCHOANALYTIC PROCESS**  
*Kent Room*

*Moderator*  
GEORGE SILBERSCHATZ, PH.D., *Mount Zion Hospital and Medical Center*

*Participants*

LESTER LUBORSKY, PH.D., *University of Pennsylvania*

"The Objectification of the Transference Concept"

HARTVIG DAHL, M.D., *Downstate Medical Center*  
"A New Procedure for Investigating the Nature of Clinical Inference"

GEORGE SILBERSCHATZ, PH.D., *Mount Zion Hospital and Medical Center*  
"An Empirical Study of Analytic Neutrality"

**WORKSHOP F: METHODOLOGICAL PROBLEMS IN FAMILY THERAPY RESEARCH**  
*Simcoe Room*

*Moderator*

THOMAS C. TODD, PH.D., *Harlem Valley Psychiatric Center*

*Participants*

WILLIAM PINSOF, PH.D., *Northwestern University Medical School*

"Methodological Problems in Process Research"

ALAN S. GURMAN, PH.D., *University of Wisconsin Medical School*

"Does the Family Therapist Matter in Family Therapy?"

THOMAS C. TODD, PH.D., *Harlem Valley Psychiatric Center*

"Methodological Problems in Outcome Research"

**WORKSHOP G: CONCEPTUAL AND METHODOLOGICAL ISSUES IN CHILD PSYCHOTHERAPY RESEARCH**

*Dufferin Room*

*Moderator*

CHRISTINE V. DAVIDSON, PH.D., *University of California at Davis School of Medicine*

*Participants*

CURTIS L. BARRETT, PH.D., *University of Louisville Medical School*

"Potential Patient, Therapist, and Treatment Variables for Child Psychotherapy Research"

MARIA KOVACS, PH.D., *University of Pittsburgh School of Medicine*

"Psychiatric Diagnosis of the Child: Psychotherapy Research Implications"

CHRISTINE V. DAVIDSON, PH.D., *University of California at Davis School of Medicine*

"Child Psychotherapy Outcome Measures: A Look at What We Have and What We Need"

**WORKSHOP H: EARLY PREDICTION OF OUTCOME IN PSYCHOTHERAPY: THE PSYCHOTHERAPY SESSION PROJECT, PHASE II**  
*Elgin Room*

*Moderator*

DAVID E. ORLINSKY, PH.D., *University of Chicago*

*Participants*

STEVEN TOVIAN, PH.D., *Evanston Hospital, Evanston, Illinois*

"Dimensions of Outcome Assessment: Results at Termination"

LINDA MARKS, M.A., *Loyola University*  
"Demographic Predictors of Therapeutic Outcome: Patient and Therapist Characteristics"

KENNETH I. HOWARD, PH.D., *Northwestern University*

"Initial Patient Experience and Therapeutic Outcome"

**WORKSHOP I: TAILORING PSYCHOTHERAPY OUTCOME MEASURES TO FIT THE INDIVIDUAL CASE**

*Norfolk Room*

*Moderator*

JIM MINTZ, PH.D., *Brentwood Veterans Administration Hospital, Los Angeles*

*Participants*

NANCY B. KALTREIDER, M.D., *University of California, San Francisco*

THOMAS KIRESUK, PH.D., *Program Evaluation Resource Center, Minneapolis*

R. BRUCE SLOANE, M.D., *University of Southern California*

JIM MINTZ, PH.D., *Brentwood Veterans Administration Hospital, Los Angeles*

**4:00-4:30 P.M.**

COFFEE

*Civic Ballroom Lobby*

**4:30-5:30 P.M.**

OPEN FORUM: BRIEF REPORTS ON RESEARCH IN PROGRESS

*Civic Ballroom*

*Moderator*

ARTHUR AUERBACH, M.D., *University of Pennsylvania*

5:30-6:30 P.M.  
CASH BAR  
*Civic Ballroom Lobby*

6:30-8:15 P.M.  
DINNER

8:15-10:00 P.M.  
PANEL: PROGRESS IN CHILD PSYCHOTHERAPY  
RESEARCH  
*Civic Ballroom*

*Moderator*  
STEPHEN H. ARMSTRONG, PH.D., *Baystate  
Medical Center*

*Participants*  
ALAN O. ROSS, PH.D., *State University of New  
York at Stony Brook*  
"Child Behavior Therapy: Reflections on a Re-  
view"

LOVICK C. MILLER, PH.D., *University of Louisville*  
"Child Psychotherapy: Reflections on a Review  
by Barret, Hampe, and Miller"

ELLEN L. GAY, PH.D., *Delaware Guidance Services  
for Children and Youth*  
"Issues and Problems Concerning Outcome in  
Child Psychotherapy Research"

STEPHEN H. ARMSTRONG, PH.D., *Baystate  
Medical Center*  
"How Continuous are Childhood Disturbances?"

*Discussant*  
ALEXANDER THOMAS, M.D., *New York University  
School of Medicine*

### FRIDAY, JUNE 23

8:00 A.M.-6:00 P.M.  
REGISTRATION  
*Second Floor*

8:30-10:15 A.M.

PANEL: NEW RESULTS ON TREATMENT OF  
DEPRESSION  
*Civic Ballroom*

*Moderator*  
LYNN REHM, PH.D., *University of Pittsburgh*

*Participants*  
PETER D. MCLEAN, PH.D., *University of British  
Columbia*

MYRNA WEISSMEN, PH.D., *Yale University*  
LYNN REHM, PH.D., *University of Pittsburgh*

10:15-10:45 A.M.  
COFFEE  
*Civic Ballroom Lobby*

10:45 A.M.-12:30 P.M.  
WORKSHOPS

WORKSHOP J: PSYCHOTHERAPEUTIC AP-  
PROACHES WITH THE ELDERLY  
*Kent Room*

*Moderator*  
ALLEN RASKIN, PH.D., *National Institute of  
Mental Health*

*Participants*  
ADRIAN VERWOERDT, M.D., *Duke University  
Medical Center*  
"An Overview of Psychotherapeutic Approaches  
with the Elderly"

RACHEL J. SHANE, PH.D., *Verterans Administra-  
tion Hospital, Miami*  
"Tactile Stimulation Therapy with the Elderly"

WORKSHOP K: COMMUNITY SUPPORT SYSTEM  
RESEARCH PERSPECTIVES  
*Simcoe Room*

*Moderator*  
SAMUEL KEITH, M.D., *National Institute of  
Mental Health*

*Participants*  
LEONARD STEIN, M.D., *University of Wisconsin  
Medical School*

PAUL POLAK, PH.D., *Southwest Denver Com-  
munity Mental Health Center*

JUDITH TURNER, *National Institute of Mental  
Health*

*Discussant*  
LOREN MOSHER, M.D., *National Institute of  
Mental Health*

WORKSHOP L: THE HELPING ALLIANCE AS A  
PREDICTOR OF TREATMENT OUTCOME  
*Dufferin Room*

*Moderator*  
MORRIS B. PARLOFF, PH.D., *National Institute of  
Mental Health*

*Participants*

DONALD M. QUINLAN, PH.D., *Yale University School of Medicine*

"Reactions to Self-Disclosure: Understanding the Patient's Feelings via Questionnaire and Interview"

DIANNA E. HARTLEY, *Vanderbilt University* and HANS H. STRUPP, PH.D., *Vanderbilt University*

"Therapeutic Alliance and Outcome in Brief Individual Psychotherapy"

LESTER LUBORSKY, PH.D., *University of Pennsylvania*

"Measuring the Helping Alliance"

**12:30-2:00 P.M.**

LUNCHEON AND SPR BUSINESS MEETING

Morris B. Parloff, Ph.D., Chair  
*Essex Room*

**2:00-3:00 P.M.**

PRESIDENTIAL ADDRESS: Morris B. Parloff, Ph.D.  
*Civic Ballroom*

**3:00-3:30 P.M.**

COFFEE  
*Civic Ballroom Lobby*

**3:30-5:30 P.M.**

FORMAL PAPER SESSIONS

*SESSION I*

*Kent Room*

*Moderator*

BARRY E. WOLFE, PH.D., *National Institute of Mental Health*

*Papers*

J. SANTA BARBARA, PH.D., C.A. WOODWARD, PH.D., S. LEVIN, M.D., and N.B. EPSTEIN, M.D., *McMaster University*

"The Role of Goal Attainment Scaling in Studying Long Term Family Therapy Outcome"

ARTHUR H. AUERBACH, M.D., IRENE ELKIN WASKOW, PH.D., LESTER LUBORSKY, PH.D., and PAUL CHRISTOPH, B.A., *University of Pennsylvania*

"Sex Differences in the University of Pennsylvania Psychotherapy Study"

BEVERLY GOMES-SCHWARTZ, PH.D., *McLean Hospital*

"Development of a Scale to Predict Negative Change in Psychotherapy"

LEONARD M. HOROWITZ, PH.D., *Stanford University*

"On the Cognitive Structure of Interpersonal Problems Treated in Psychotherapy"

K. ROY MACKENZIE, M.D., *The University of Calgary*  
"Measurement of Group Norms: Preliminary Experience with a New Instrument"

STANLEY D. IMBER, PH.D., PAUL A. PILKONIS, PH.D., and PETER A. RUBINSKY, B.A., *University of Pittsburgh School of Medicine*

"Maintenance of Change in the Psychotherapies"

PAUL A. PILKONIS, PH.D., STANLEY D. IMBER, PH.D., and PETER A. RUBINSKY, B.A., *University of Pittsburgh School of Medicine*

"Life Events and Their Impact on Psychotherapy"

*SESSION II*

*Simcoe Room*

*Moderator*

ROSALIND D. CARTWRIGHT, PH.D., *Rush-Presbyterian-St. Luke's Medical Center*

*Papers*

MURRAY ALPERT, PH.D., NEAL L. COHEN, M.D., STEFANIE J. GLENNON, B.A., and MERRILL J. MARTZ, PH.D., *New York University School of Medicine*

"Analysis of EEG During Psychotherapeutic Interactions"

ROSALIND D. CARTWRIGHT, PH.D., LYNDIA WEINER TIPTON, B.A., and JANE WICKLUND, PH.D., *Rush-Presbyterian-St. Luke's Medical Center*

"Focusing on Dreams: A Pre-Treatment Program for Poor Risk Patients"

FRANK H. BENNETT, PH.D., *Aurora Community Mental Health Center*

"The Prevalence of Volunteers in Behavior Therapy Research"

KENNETH KUSHNER, PH.D., *Medical College of Ohio*, EDWARD BORDIN, PH.D. and EDWARD RYAN, PH.D.

"A Comparison of Two Audiovisual Psychotherapy Analogues and Real Psychotherapy Interviews"

MICHAEL F. HOYT, PH.D., CHARLES R. MARMAR, M.D., and MARDI J. HOROWITZ, M.D., *Langley Porter Institute, University of California, San Francisco*

"The Therapist Action Scale and Patient Action Scale: Instruments for the Assessment of Behavior During Therapy Sessions"

CHARLES R. MARMAR, M.D., MICHAEL F. HOYT, PH.D., and MARDI J. HOROWITZ, M.D., *Langley Porter Institute, University of California, San Francisco*

"The Relationship Between the Process and Outcome of Brief Psychotherapy: An Empirical Study"

HANS H. STRUPP, PH.D., *Vanderbilt University*  
"Success and Failure in Time-Limited Psychotherapy: A Systematic Comparison of Two Cases"

**SESSION III**  
*Dufferin Room*

**Moderator**  
AARON T. BECK, M.D., *University of Pennsylvania*

**Papers**  
ALBERTO DIMASCIO, PH.D., GERALD L. KLERMAN, M.D., ROBERTA HERCEG-BARON, M.A., MYRNA WEISSMAN, PH.D., and CARLOS NEU, M.D., *Tufts University Medical School*

"Differential Symptom Reduction of Psychotherapy & Pharmacotherapy in Acute Depression"

SUSAN MATHEWS, B.A., MARGARET ROPER, M.S., ALMA MENN, A.C.S.W., LOREN MOSHER, M.D., *Center for Studies on Schizophrenia*

"A Psychosocial Treatment as Good as Neuroleptics for Schizophrenia: Comparisons of Two-year Re-admission Rates"

JACK D. BLAINE, M.D., and PIERRE F. RENAULT, M.D., *National Institute of Mental Health*  
"Psychotherapy of the Drug Abuser"

BRUCE J. ROUNSAVILLE, M.D., MYRNA M. WEISSMAN, PH.D., BRIGITTE PRUSOFF, M.P.M., *Yale University School of Medicine*

"Marital Disputes and Psychotherapy Outcome in Depressed Women"

HARRIET L. BARR, PH.D., and ARIE COHEN, PH.D., *Eagleview Hospital & Rehabilitation Center*  
"The Multivariate Nature of Treatment Outcome"

KAYLA SPRINGER, PH.D., STEPHEN BECK, M.A., and BONNIE GREEN, M.A., *University of Cincinnati College of Medicine*

"Evaluation of the Effectiveness of the Training-independent-Living Program at LongView State Hospital"

MARY P. KOSS, PH.D., *Kent State University*  
"Some Characteristics of Adult and Child Psychotherapy Clients Seen in a Private Psychological Clinic"

5:30-6:30 P.M.  
CASH BAR  
*Civic Ballroom Lobby*

6:30-8:15 P.M.  
DINNER

8:15-9:15 P.M.  
ILLUSTRATED LECTURE ON "The Placebo in History,"  
Arthur Shapiro  
*Civic Ballroom*

Continuation of morning workshops, if desired

**SATURDAY, JUNE 24**

9:00-11:00 A.M.  
PANEL: SOME PRIORITIES IN RESEARCH ON PSYCHOTHERAPY  
*Civic Ballroom*

**Moderator**  
SOL L. GARFIELD, PH.D., *Washington University*

**Participants**  
HANS H. STRUPP, PH.D., *Vanderbilt University*  
MORRIS B. PARLOFF, PH.D., *National Institute of Mental Health*

JEANNE S. PHILLIPS, PH.D., *University of Denver*

MICHAEL GELDER, M.D., *Oxford University*

ROBERT L. SPITZER, M.D., *New York State Psychiatric Institute*

**SOCIETY FOR PSYCHOTHERAPY RESEARCH**  
**an international, multidisciplinary,**  
**scientific organization**

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behavior change resulting from psychotherapeutic intervention. Through its annual meeting and related activities, it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communications among researchers.

Membership is open to persons interested or engaged in the study of psychotherapy irrespective of theoretical orientation, professional affiliation, or philosophical commitment. You may fill out an application blank at the conference registration desk or write to: Dr. Alan S. Gurman, Department of Psychiatry, University of Wisconsin Medical School, Madison, Wisconsin 53706.

**OFFICERS:**

**MORRIS B. PARLOFF, Ph.D., President**  
*National Institute of Mental Health*

**IRENE ELKIN WASKOW, Ph.D., President-Elect and Program Chairman**  
*National Institute of Mental Health*

**SOL L. GARFIELD, Ph.D., Past President**  
*Washington University*

**MICHAEL GELDER, M.D., European Vice-President**  
*Oxford University*

**ALAN S. GURMAN, Ph.D., Secretary-Treasurer**  
*University of Wisconsin Medical School*

**Convention Manager**  
**ALAN S. GURMAN, Ph.D.**  
*University of Wisconsin Medical School*

**Local Arrangements Manager**  
**RONALD J. FRIEDMAN, Ph.D.**  
*Ontario Institute for Studies in Education*