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**Society for Psychotherapy Research
European Conference**

1 — 5 July 1979

**ST. CATHERINE'S COLLEGE,
OXFORD ENGLAND.**

The Society for Psychotherapy Research, founded in 1968 as an independent organisation is dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behaviour change resulting from psychotherapeutic intervention. Through its annual meeting and related activities it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communications among researchers.

Membership is open to persons interested or engaged in the study of psychotherapy irrespective of theoretical orientation professional affiliation, or philosophical commitment.

Application forms will be available at the conference desk, or you may write to the secretary, Gary VandenBos, Ph.D., Administrative Offices, American Psychological Association, 1200 Seventeenth Street, N.W., Washington, D.C. 20036, U.S.A.

Officers

President:	Irene Elkin Waskow, Ph.D. National Institute of Mental Health
President Elect and Programme Chairman:	Edward S. Bordin, Ph.D., University of Michigan
Past President:	Morris B. Parloff, Ph.D., National Institute of Mental Health
European Vice-President	Michael Gelder, D.M. University of Oxford
Secretary-Treasurer:	Gary R. VandenBos, Ph.D. American Psychological Association

GENERAL INFORMATION

Conference Desk The conference desk is situated in the foyer of the Bernard Sunley Building. The conference staff can be identified by their white name badges. They will be available throughout the meeting to help you with problems related to your paper, the programme or the accommodation and other arrangements. Please note that the college staff, and most especially the Lodge Porter have their own work to do and are not responsible for your queries. All enquiries and difficulties must be directed to the conference staff. Local street maps, train timetables and information about 'What's On' in and around Oxford will be available at the conference desk.

Badges

Participants are kindly requested to wear their name badges during the meeting. Badges will be available at the conference desk. Badges serve as admission passes to sessions and meals. Lunch and dinner tickets will be issued to family members taking meals in college.

Blue badges	Officers of the Society
Red badges	All other participants
White badges	Conference staff

Meals

All meals will be provided in the dining hall. Early morning tea is served in the Junior Common Room Buttery from 7.30 a.m. Breakfast, which is partly self service is served from 8.15-8.45 a.m. Morning coffee and afternoon tea will be served in the Junior Common Room at times given in the programme which vary from day to day. Lunch and dinner will be served promptly at the time given in the programme, which varies from day to day. Facilities for making tea or coffee during the evening will be available in the pantry on staircases 5 and 12.

A selection of newspapers will be on sale in the Lodge before breakfast each morning.

Bar Arrangements

The bar will be open in the Junior Common Room (on a cash basis only) at the following times:

12.30 - 1.30 p.m. daily
6.30 - 1.00 a.m. daily

The Junior Common Room must be vacated by 1.0 a.m.

Telephones

Public call boxes are to be found in the Junior Common Room, the Bernard Sunley Building, and the Porter's Lodge. The college telephone number is Oxford 49541. Telephone messages will be collected from the porter's lodge by the conference staff, and pinned to the notice board in the foyer of the Bernard Sunley Building. There is a call box in the Bernard Sunley Building - telephone number Oxford 48431 from where calls may be received. The conference staff will do their best to answer this telephone and find participants if this is possible.

Long distance telephone calls must be arranged through the conference secretary.

The college has a Telex - details from the conference secretary

Taxis

Telephone numbers:	Radio Taxis	Oxford 49743 and 770681
	Webtax	777195
	Luxicars	41641

The Lodge Porter cannot be expected to call cabs for you. If in difficulty, please consult the conference staff.

Car Park

Cars may be parked in the college car park for the duration of the conference once a car park pass has been purchased from the Lodge Porter at a cost of £1. Part of the car park is enclosed and is locked at night for security purposes. You are advised to put your car in the enclosed area, provided you do not wish to remove it between midnight and 7.0 a.m.

Departures

The conference staff will be pleased to help you with the arrangements for your departure. It would be helpful if you could discuss these the day before you leave.

EXPLANATION OF MAP

Most of the conference proceedings will take place in the Bernard Sunley Building (A)

The Sunley Theatre
Room 1 (downstairs)
Room 2 (upstairs)
Room 3 (upstairs)

A few of the workshops will take place in the Library (B)

Room 4 (upstairs)
Room 5 (upstairs)

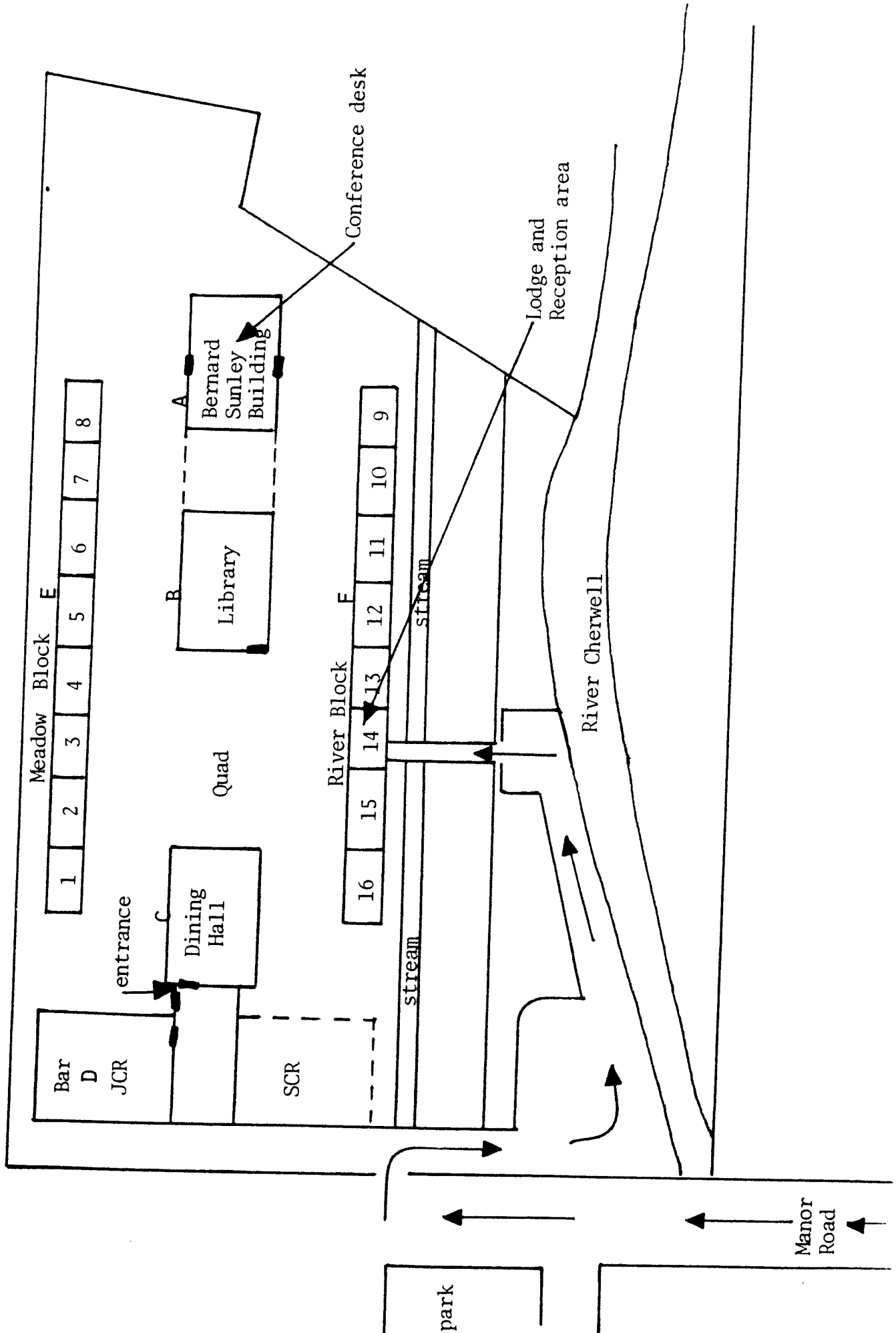
All meals will be served in the dining hall (C)
Tea and coffee will be served in the Junior Common Room Buttery (D)
The bar is also in the Junior Common Room area (D)

The 'staircases' on which are situated the study bedrooms are contained in the Meadow Building (E) and the River Building (F). Staircases 1-8 are in the Meadow Building and staircases 9-15 in the River Building - as marked on the map. The rooms are mainly on the first and second floors. Rooms 10-19 on the first floor and rooms 20-29 on the second floor. On each floor are two units containing showers, basins and toilets. There are two bathrooms on the ground floor of each staircase. Each room has full linen, soap and towel provided.

Initial registration will take place in The Lodge.

IMPORTANT

NEITHER THE COLLEGE NOR THE CONFERENCE ORGANISERS ARE ABLE TO ACCEPT RESPONSIBILITY OR LIABILITY FOR LOSS OR DAMAGE TO ANY PROPERTY LEFT ON THE PREMISES.



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SCIENTIFIC PROGRAMME

The scientific programme will be conducted entirely in English. No arrangements can be made for simultaneous translations.

The programme for this year's meeting includes panels, workshops, paper sessions and an open forum. Panels are plenary sessions on topics of interest to the entire meeting. Workshops are intended for intensive discussion of issues and methods in a restricted domain of research. In the workshops, the leaders will begin by making a brief presentation of their work but most of the workshop will be devoted to group discussion of research issues. Therefore it is expected that participants will select a workshop and remain with it the entire time.

In contrast, the formal paper sessions on Wednesday morning, which are also being held in parallel, are timed to permit moving back and forth to hear specific papers of interest.

Chairmen will be ruthless about time keeping. Going over time in presentations would severely disrupt the complex timetable because it would become quite impossible to know what is going on in another room. The timetable cannot be corrected by changing meal times.

Rooms 1,2,3,4 and 5 do not imply any order of scientific precedence. Sessions in the side rooms will be as good as any elsewhere. Sessions have been allocated to rooms according to the size of the audience anticipated. This is based on the choices you have already made. Provided you stay with your original choice, there should be plenty of room in each session.

The open forum on Wednesday morning will take the form of poster sessions in different rooms where participants may present visual displays of ongoing research. Further details of this session will be available at the conference desk.

PLEASE NOTE that there will be no smoking allowed in the meeting rooms.

PROGRAMME

SUNDAY 1st JULY

- Registration from 4.0 p.m.
- 7.00 p.m. Dinner
- 8.00-10.30 p.m. Informal Reception given by the Executive Committee
in the Junior Common Room

MONDAY 2nd JULY

- 9.00-10.30 a.m. INVITED ADDRESS: Rom Harré, Ph.D. University of Oxford
"Psychology as the Study of Rhetoric:
How much of our psychic functioning is public?"
Chairman: Michael Gelder, D.M. University of Oxford.
- 10.30-11.00 a.m. Coffee break
- 11.30-12.30 p.m. PRESIDENTIAL ADDRESS: Irene Elkin Waskow, Ph.D.
National Institute of Mental Health
Chairman: Morris B. Parloff, Ph.D. Immediate Past President
- 1.00-2.00 p.m. Lunch
- 2.00-4.00 p.m. PANEL 1 ROOM A
"Evaluating the Outcomes of Family Therapy: Three Perspectives"
Chairman: Alan S. Gurman, Ph.D.
University of Wisconsin Medical School
Participants
Arnon Bentovim, F.R.C.Psych. Hospital For Sick Children, London.
"Brief psychodynamic family therapy"
Elaine A. Blechman, Ph.D. Wesleyan University
"Behavioural family therapy"
M. Duncan Stanton, Ph.D. Philadelphia Child Guidance Clinic
"Structural family therapy"
Discussant: A.C. Robin Skynner, M.B.
The Group-Analytic Practice, London.
- 4.00 p.m. Tea
- 7.00 p.m. Dinner

2.00-4.00 p.m.

PANEL 2

SUNLEY THEATRE

"Life Stress, Environmental Events and Psychotherapy"

Chairman: Lenore Sawyer Radloff, Ph.D.
National Institute of Mental Health

Participants

George W. Brown, Ph.D. Bedford College, University of London
"The current status of research on life situations
as stressors and supportive resources"

Stanley D. Imber, Ph.D. University of Pittsburgh Medical School
"Maintenance procedures and the anticipation
of life events and future stress"

Mardi J. Horowitz, M.D. University of California (San Francisco)
"Brief therapy of stress response syndromes"

Paul A. Pilkonis, Ph.D. University of Pittsburgh Medical School
"An experimental study of life events and psychotherapy"

Discussant: Gerald Klerman, M.D.
Alcohol, Drug Abuse, and Mental Health Administration

4.30 p.m.

Tea

7.00 p.m.

Dinner

TUESDAY 3rd JULY

9.00-10.30 a.m.

WORKSHOP A

ROOM A

"The Effects of Psychotherapy on Medical Utilization and Physical Health"

Chairman: Sidney Crown, M.D.
The London Hospital

Participants

Herbert Schlesinger, Ph.D. and Emily Mumford, Ph.D., School of
Medicine, and Gene V. Glass, Ph.D., School of Education, University
of Colorado

"The effects of psychotherapy on medical utilization:
A critical review up to 1978 and some new findings"

Nicholas A. Cummings, Ph.D. Kaiser-Permanente Medical Center
"The Kaiser-Permanente experience with psychotherapy
in relation to medical utilization"

Lester Luborsky, Ph.D. University of Pennsylvania
"Psychotherapy's effect on physical symptoms
versus psychological symptoms"

TUESDAY 3rd JULY (continued)

9.00-10.30 a.m.

WORKSHOP B

ROOM C

"The Design of a Comparative Process Study of Significant
Events in Psychotherapy"

Chairman: Robert Elliott, Ph.D.
University of Toledo

Participants

Marjorie Klein, Ph.D. University of Wisconsin Medical School
Leslie Greenberg, Ph.D. University of British Columbia
Germain Lietaer, Ph.D. Katholieke Universiteit te Leuvan

9.00-10.30 a.m.

WORKSHOP C

LIBRARY NORTH

"Personal Construct Theories and Repertory Grid Methodology
in Psychotherapy Research"

Chairman: J.P. Watson, M.D.
Guy's Hospital Medical School

Participants

Fay Fransella, Ph.D. Royal Free Hospital, London
Anthony Ryle, M.D. University of Sussex
Michael Feldman, M.Phil. Maudsley Hospital, London.

9.00-10.30 a.m.

WORKSHOP D

SUNLEY THEATRE

"Quality Control in Psychotherapy Research"

Chairman: Gary VandenBos, Ph.D.
American Psychological Association

Participants

Edward S. Bordin, Ph.D. University of Michigan
Bertram P. Karon, Ph.D. Michigan State University
David Malan, M.D. Tavistock Clinic, London

10.30-11.0

Coffee

TUESDAY 3rd JULY (continued)

11.00-12.30 p.m. PANEL 3 SUNLEY THEATRE

"The Evaluation of Outcome in Psychotherapy"

Chairman: Sol L. Garfield, Ph.D.
Washington University, St. Louis

Participants

H.J. Eysenck, Ph.D. Institute of Psychiatry, London
"Evaluating outcome in psychotherapy"

Hans H. Strupp, Ph.D. Vanderbilt University
"The outcome problem revisited - 1979"

Allen E. Bergin, Ph.D. Brigham Young University
"The influence of values on the assessment of outcomes"

Discussants: David Malan, M.D. Tavistock Clinic, London
Morris B. Parloff, Ph.D. National Institute
of Mental Health

1.00 p.m.

Lunch for non members of the Society

1.00-2.15 p.m.

Business Meeting and buffet lunch for
members of the Society in Room A

2.30-4.00 p.m.

WORKSHOP E

LIBRARY NORTH

"Family Therapy with Schizophrenics"

Chairman: Samuel J. Keith, M.D.
National Institute of Mental Health

Participants

Loren R. Mosher, M.D. National Institute of Mental Health
"Methodological issues in family therapy research"

Gerald E. Hogarty, M.S.W. Western Psychiatric Institute and Clin
"A research-based family therapy model"

Julian Leff, M.D. Institute of Psychiatry, London.
"Social intervention strategies with families
of schizophrenics"

Michael Goldstein, Ph.D. University of California (Los Angeles)
"Interaction of drugs and family therapy"

Discussant: Joseph Berke, M.D.
Arbours Association

4.00 p.m.

Tea

7.00 p.m.

Dinner

WEDNESDAY 4th JULY

9.00-10.45 FORMAL PAPER SESSIONS

SESSION I

ROOM C

Chairman: Sidney Bloch, Ph.D. Department of Psychiatry, Oxford University

Stephen Armstrong, Ph.D., Baystate Medical Center; Amy Yasuma, Ph.D., Baylor Medical College; Diane Hartley, Ph.D., The Menninger Foundation.
"Reliability and agreement of psychodynamic outcome criteria"

Brian Lask, M.D. Hospital for Sick Children, London.
"Family psychotherapy in childhood asthma: The results of a controlled study"

Rachel Rosser, Ph.D. Charing Cross Medical School
"Focal psychotherapy in a chronic physical illness"

Alfons Vansteenwegen, Ph.D. University of Louvain
"Residential couple therapy: A controlled outcome study"

Larry Beutler, Ph.D., Baylor College of Medicine
"Individual, group, and family therapy modes: Patient-therapist value compatibility and treatment effectiveness"

Emile Dowling, M.Sc., Family Institute, Cardiff.
"The behaviour of co-therapists in family therapy"

SESSION II

ROOM A

Chairman: Arthur H. Auerback, M.D. University of Pennsylvania

Sandra Rafman, Ph.D., Montreal Children's Hospital; Denis Rene, Solange Beaulieu, Pierre Leroux, Carole Charbonneau, Gabrielle Clerk, Universite du Guebec a Montreal; Louis Laureneelle, Universite du Quebec a Trois Rivieres.

"Interactional patterns and non-verbal components in child psychotherapy"

Ragnhild Husby, M.D. Oslo, Norway
"The outcome of 40 patients treated by short-term psychodynamic psychotherapy"

A.J. Rush, University of Texas (Dallas); S. Hollen, Ph.D., A.T. Beck, University of Pennsylvania; M. Kovacs, Western Psychiatric Institute and clinic.

"Does cognitive therapy change cognitions?"

Jurgen Lohmann, Dipl. Psych. Universitat Trier
"The assessment of therapist actual in-therapy behaviour as a contribution to indication research"

Charles R. Marmar, M.D., Mamcy Wilner, B.A., Mardi J. Horowitz, M.D. University of California (San Francisco)

"Quantification of patient states in psychotherapy"

J.P. Watson, D.M. Guy's Hospital Medical School
"The assessment of psychiatric inpatient ward environments: Aspects of methodology and their implications for psychotherapy research"

9.00-10.45 a.m. SESSION III SUNLEY THEATRE

Chairman: Ronald Ramsey, Ph.D. University of Amsterdam

Peter Buckley, M.B., Toksoz; B. Karasu, M.D., Edward Charles, M.A.
"The long-term effects of intensive psychotherapy:
A follow up study"

Gloria J. Waterhouse, M.A. Vanderbilt University
"Perceptions of facilitative therapeutic conditions
as predictors of outcome in brief therapy"

Karla K. Moras, M.A. Vanderbilt University
"Quality of interpersonal relationships and patient
collaboration in brief psychotherapy"

Lois J. Keithly, M.A. Vanderbilt University
"Patient motivation as a predictor of process and
outcome in psychotherapy"

E. Marziali, D.S.W., C. Marmar, M.D., J. Krupnick, M.S.W.
Clark Institute of Psychiatry, and Langley Porter Institute
"Therapist and patient alliance scales: Their
development and relationship to psychotherapy outcome"

Enrico E. Jones, Ph.D., University of California (Berkeley)
"Psychotherapy outcome as a function of client-therapist race"

10.45-11.15 a.m. Coffee

11.15-12.15 OPEN FORUM POSTER SESSION
Brief visual reports of research in progress

12.30 p.m. Lunch

1.30-3.30 p.m. PANEL 4 SUNLEY THEATRE

"Current Status of Research on Psychotherapy for Depression"

Chairmen: Marjorie Klein, Ph.D. University of Wisconsin Medical School
Lynn P. Rehm, Ph.D., University of Pittsburgh

Participants

Lynn P. Rehm, Ph.D. University of Pittsburgh
"Outcome studies of behavioural therapy for depression"

John D. Teasdale, Ph.D. Department of Psychiatry, Oxford University
"Short-term effects on depression of various interventions"

Myrna M. Weissman, Ph.D., Gerald Klerman, M.D., Brigitte A. Prusoff,
Ph.D., Bruce Rounselle, M.D., Carlos Neu, M.D. Eve Chevron, Ph.D.,
Yale and Harvard Universities
"The efficiency of short term interpersonal psychotherapy"

Ivy Blackburn, University of Edinburgh
"A treatment trial with depression"

Alan Gurman, Ph.D., Marjorie Klein, Ph.D., John H. Griest, M.D.
University of Wisconsin Medical School
"Meta-Issues in the brief psychotherapy of depression"

Disruptants: Michael Gelder, D.M. University of Oxford

WEDNESDAY 4th JULY (continued)

1.30-3.30 p.m.

PANEL 5

ROOM A

"Recent Research on Psychosocial Approaches to Schizophrenia"

Chairman: Loren R. Moshier, M.D.
National Institute of Mental Health

Participants

Samuel J. Keith, M.D. National Institute of Mental Health
"Trends in psychosocial treatment research"

Luc Ciompi, M.D. Sozialpsychiatrische Universitätsklinik
"A naturalistic study of long term treatment"

Alma Z. Menn, A.C.S.W., Mental Research Institute
"Soteria: A non-hospital treatment alternative"

Discussant: Michele Tansella, M.D.
Institute de clinica psichiatrica di Verona

3.30-4.00 p.m.

Tea

4.00-5.00 p.m.

SPECIAL ADDRESS:

"Psychotherapy and Psychotherapy Research in Poland
and Neighbouring Countries"

Stefan Leder, M.D. Instytut Psychoneurologiczny, Poland.

Introduced by Irene Elkin Waskow, Ph.D. President
Society for Psychotherapy Research

6.30 p.m.

Sherry Reception
Junior Common Room

7.00 p.m.

Conference Dinner

THURSDAY 5th JULY

Conference disperses