

SPR

SOCIETY FOR PSYCHOTHERAPY RESEARCH
an international, multidisciplinary, scientific organization

11th Annual Meeting

June 17-20, 1980

**Asilomar Conference Grounds
Pacific Grove, California**

The Society for Psychotherapy Research, founded in 1968, is an independent organization dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behavior change resulting from psychotherapeutic intervention. Through its annual meeting and related activities it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communication among researchers.

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PROGRAM AT A GLANCE
1980 SPR Asilomar Meeting

TUESDAY (6/17)

- 1:00- Arrival and
- 5:00 Registration

- 4:00 SPR Cocktail Party
- 6:00 Dinner
- 7:00 Bar and Poster

WEDNESDAY (6/18)

- 7:30 Breakfast
- 9:00 Welcome and Introduction, Ed Bordin, President
- 9:15 Guest Speaker: Helena Kraemer, Assoc. Prof. in Biostatistics in Psychiatry, Stanford Univ.
- 10:15 Coffee
- 10:30 Presidential Address: Ed Bordin
- 11:30 Poster Session
- 12:00 Lunch
- 1:00- *Panel A*
- 3:00 Treatment Standardization in Group Contrast Designs (Bruce Rounsaville and Eve Chevron)
- 3:00 Coffee
- 3:30 Papers in three concurrent sessions
 1. The Importance of Gender as a Variable in Psychotherapy (Christine Davidson)
 2. Common and Unique Characteristics Among Psychotherapies (Larry Beutler)
 3. Measurement of the Therapeutic Alliance (Mardi Horowitz)
- 6:00 Dinner
- 7:00 No Host Bar and Poster Session

THURSDAY (6/19)

- 7:30 Breakfast
- 8:45 *Panel B*
Psychotherapy Outcome and Therapeutic Costs (Frederick Newman)
- 10:00 Coffee
- 10:15 *Panel B* continued
- 11:30 Break
- 12:00 Lunch
- 1:15 Plenary Session
Research Award Business Meeting

- 2:30 Paper Session
 4. Physiological Reflections of Psychotherapeutic Process (Murray Alpert)
 5. Process Variables for Research in Group Psychotherapy (Ariadne Beck)
 6. Behavioral Context Methods (Lester Luborsky)
 7. Trained and Less Trained Therapists (Michael Lambert)
- 5:00 No Host Bar
- 6:00 Dinner
- 7:30 *Panel C*
So What Would be Compelling Evidence for Efficacy and Safety of a Psychotherapy? (Hans Strupp)

FRIDAY (6/20)

- 7:30 Breakfast
- 8:45 Long Papers in 3 concurrent sessions

- 12:00 Lunch
- 1:00- Open rooms (6)
- 3:00 for on site extension of scheduled workshops or impromptu workshops based on discussions
- 3:00 Departure from Conference Grounds

1980
Society For Psychotherapy Research
Conference
at Asilomar, California

Tuesday 17th June

Registration from 1:00 pm onwards

- 4:00 pm SPR Cocktail Party
- 6:00 Dinner
- 7:00 Bar and Poster Session

Wednesday 18th June

- 7:30 am Breakfast
- 9:00 Welcome and Introduction, Edward S. Bordin, Ph.D., President-SPR
- 9:15 *Guest Speaker*-Helena Kraemer, Ph.D., Stanford University
 "Statistical Coping Strategies for Clinical Research"
- 10:15 Coffee break
- 10:30 **Presidential Address**-Edward S. Bordin, Ph.D., President-SPR, University of Michigan
 "Of Human Bonds That Bind or Free"
- 11:30 Poster Session
- 12:00 Lunch
- 1:00-3:00 **Panel A**
"Treatment Standardization and Group Contrast Designs"
 Chairpersons: Eve S. Chevron, Ph.D., Yale University
 Bruce J. Rounsaville, M.D., Yale University

Participants:

Irene Elkin Waskow, Ph.D., NIMH
 "Need for Standard Training Programs: A Central Issue in Multi-Center Research"

Bruce J. Rounsaville, M.D.,
 Yale University
 "Training in Short-Term Interpersonal Psychotherapy: What Are We Trying To Do?"
 Eve S. Chevron, Ph.D.,
 Yale University

"Development of Evaluation Procedures for a Training Program in Short-Term Interpersonal Psychotherapy (IPT)"

Brian F. Shaw, Ph.D., University Hospital, London, Ontario

"Training in Cognitive-Behavior (C/B) Therapy: One Plan"

Jeffrey Young, Ph.D., University of Pennsylvania

"Assessment of Competence in Cognitive Therapy"

Robert J. DeRubeis, B.A., St. Paul-Ramsey Medical Center, Minnesota

"Can Psychotherapies for Depression be Discriminated? A Systematic Investigation of Cognitive Therapy and Interpersonal Therapy"

Discussant: Sol L. Garfield, Ph.D., Washington University

3:00 Coffee break

3:30-5:30

Paper Sessions

Room A - Chair: Bertram P. Karon, Ph.D., Michigan State University

E. Marziali, D.S.W., H. Book, M.D., J. Hamilton, M.D., J. Sadavoy, M.D., S. Sadavoy, M.S.W., D. Silver, M.D. Toronto
 "State Analysis: Its Application to the Study of Hospitalized Borderline Patients"

Kenneth Kushner, Ph.D., Ohio Medical College

"Use of Recruited Patients in Psychotherapy Research"

- Arthur H. Auerbach, M.D., University of Pennsylvania, and Paul Christoph, Yale University
 "Aspects of the Prediction Problem in Psychotherapy"
- 3:30-5:30** Room B – Chair: R. Bruce Sloane, M.D., University of Southern California
 Richard Hertel, Ph.D., University of Michigan
 "Clinical Prediction as a Method for Theory Validation and Clarification"
- Peter Buckley, M.D., Hope Conte, Ph.D., Robert Plutchik, Ph.D. and Toksoz Karasu, M.D., Albert Einstein College of Medicine, N.Y.
 "Skill Profiles of Competent Psychotherapists"
- George Woody, M.D., Thomas McLellan, Ph.D., Lester Luborsky, Ph.D., Charles O'Brien, M.D., Jerry Rosenzweig, B.A., Jack Blaine, M.D., University of Pennsylvania
 "Recognition of Manual-Guided Psychotherapies by Independent Raters"
- Gerald Gaffin, M.A., Michigan State University
 "Impact of Therapist on Process and Outcome of Psychotherapy"
- 3:30-5:30** **Workshop 1**
"The Importance of Gender as a Variable in Psychotherapy Research"
 Chairman: Christine V. Davidson, Ph.D., University of California-Davis
Participants:
 Marjorie H. Klein, Ph.D., University of Wisconsin
 "Report on State of the Art Assessment of Research on Women and Psychotherapy"
- Barry E. Wolfe, Ph.D., NIMH
 "Gender Development, Differences, and Disorders: Implications for Psychotherapy Research"
- Christine V. Davidson, Ph.D., University of California-Davis
 "Gender Influences in the Patient-Therapist Dyad"
- Jeanne Marecek, Ph.D., Swarthmore College, Pennsylvania
 "Gender Influences in Therapy Process and Outcome"
- Discussant: Irene E. Waskow, Ph.D., NIMH
- 3:30-5:30** **Workshop 2**
"Common and Unique Characteristics Among Psychotherapies"
 Chairman: Larry Beutler, Ph.D., University of Arizona
Participants:
 Fred Staples: Ph.D., University of Southern California
 "Similarities and Differences Among Techniques"
- Sharon Brunink, Ph.D., Pikes Peak Mental Health Center, Colorado
 "Similarities and Differences Among Verbal Behaviors"
- Daniel Boroto, Ph.D., Florida State University
 "Systematic Training in the Enhancement of Relationship Skills"
- Discussant: Jerome Frank, M.D., Johns Hopkins University
- 3:30-5:30** **Workshop 3**
"Measurement of the Therapeutic Alliance"
 Chairman: Mardi Horowitz, M.D., University of California, San Francisco
Participants:
 Hans Strupp, Ph.D., Vanderbilt University
 "A Critical Look at the Therapeutic Alliance and Its Measurement"
- Lester Luborsky, Ph.D., Rose Morgan, Miri Margolis, and Leslie

Alexander, University of Pennsylvania

"Predicting Outcome with Two Measures of Helping Alliances"

Charles Marmar, M.D., Mardi Horowitz, M.D., William Dickman, M.D. and Michael Windholz, Ph.D., Anthony Leong, M.S., Univ. of Calif., S.F.

"The California Psychotherapy Alliance Scale"

Leonard Horwitz, Ph.D., and Siebolt Frieswyk, Ph.D., Menninger Foundation

"Measurement Methods Used by the Kansas Group"

Adam Horvath, Ph.D. and Leslie Greenberg, Ph.D., University of British Columbia

"Measurement Methods Used by the British Columbia Group"

5:30

No Host Bar

6:00

Dinner

7:00

No Host Bar and Poster Session

Thursday 19th June

7:30

Breakfast

8:45

Panel B

"Psychotherapy Outcome and Therapeutic Costs"

Chairman: Frederick Newman, Ph.D., Eastern Pennsylvania Psychiatric Institute and University of Pennsylvania

Participants:

Brian Yates, Ph.D., American University and Frederick Newman, Ph.D., Eastern Pennsylvania Psychiatric Institute

"State of the Art - Cost Effectiveness and Cost Benefit Analysis of Psychotherapy: A Synopsis of Models, Techniques, Findings, and New Directions"

Ralph Turner, Ph.D., Temple University and Frederick Newman, Ph.D.

"Example 1 - An Analogue Investigation of the Effects of Feedback on the Relationship Between Cost-Outcome and Client Cognitive Structure on Clinical Assessment and Planning"

Paul Sherman, Ph.D. and Mary Smith, Ph.D., Ravenswood Hospital CMHC, Chicago, Illinois

"Example 2 - An Analysis of Facets Related to Differential Client/Patient Costs and Outcomes and Implications for Quality Assurance"

Brian Yates, Ph.D., The American University

"Example 3 - Improving Effectiveness of Behavior Therapy Using Cost-Effectiveness Analysis"

Simon Budman, Ph.D., Harvard Community Health Plan & Harvard Medical School

"Example 4 - Medical Utilization, Success and Failure in Time-Limited Group Psychotherapy"

Discussants: Gary VandenBos, Ph.D., American Psychological Association

Leonard Saxe, Ph.D., Congressional Office of Technological Assessment

11:30

Break

12:00

Lunch

1:15 pm

Plenary Session

Research Award - R. Bruce Sloane, M.D., Fred R. Staples, Ph.D., Allan H. Cristol, M.D., Neil J. Yorkston, M.D. and Katherine Whipple, Ph.D.

Business Meeting

2:30-5:00

Paper Session

Room A Chairman: Allen E. Bergin, Ph.D., Brigham Young University

Hans H. Strupp, Ph.D., Lois Keithly, M.A., Karlas Moras, M.A., Stephanie Samples, B.S., Janet Sandell, M.A., Gloria Waterhouse, M.A., Vanderbilt University

"Toward the Measurement of Negative Effects in Psychotherapy"

Robert Elliott, Ph.D., University of Toledo, Chris Barker, Ph.D., Nicholas Caskey, M.A., and Nancy Pistrang, M.A., UCLA

"Measuring and Predicting the Effectiveness of Therapist Responses"

Michael Hoyt, Ph.D., Steve Xenakis, M.D., Charles Marmar, M.D. and Mardi Horowitz, M.D., UCSF

"Influence of Therapist and Patient Actions on Therapists Ratings of 'Good' Psychotherapy Sessions"

Charles Marmar, M.D., Michael Hoyt, Ph.D., Anthony Leong, M.S., and Mardi Horowitz, M.D., UCSF

"Relating Process to Outcome in Brief Therapy of Post-Traumatic Stress Disorders"

2:30-5:00

Workshop 4

"Physiological Reflections of Psychotherapeutic Process"

Chairman: Murray Alpert, Ph.D., New York University

Participants:

Carlan Robinson, Ph.D., New York University

Werner Karle, Ph.D., The Center Foundation

Neal L. Cohen, M.D., New York University

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2:30-5:00

Workshop 5

"Process Variables for Research in Group Psychotherapy"

Chair: Philippa Mathieu-Coughlan Ph.D., University of Wisconsin

Ariadne Beck, M.A., Chicago, Illinois

Erich Coche, Ph.D., Friends Hospital, Philadelphia

James Dugo, Ph.D., Lutheran General Hospital, Park Ridge, Illinois

Albert Eng, M.S.W., Elk Grove/Schaumburg M.H.C., Illinois

Carol Lewis, M.D., Mercy Hospital, Chicago, Illinois

Lana Peters, Ph.D., DuPage County M.H.C., Westmont, Illinois

Discussants: Marjorie Klein, Ph.D., University of Wisconsin

David Orlinsky, Ph.D., University of Chicago

2:30-5:00

Workshop 6

"Behavior Context Methods for Testing Theories of Symptom Formation and Psychotherapy"

Chairman: Lester Luborsky, Ph.D., University of Pennsylvania

Participants:

Lester Luborsky, Ph.D., University of Pennsylvania

"Context for Recurrent Neurotic and Somatic Symptoms During Psychotherapy"

Mardi Horowitz, M.D., Nancy Wilner, Charles Marmar, M.D., UCSF

"States as Segmentation of Psychotherapy"

Laura Rice, Ph.D., Leslie Greenberg, Ph.D., York University

"The Context of Recurring Events During Psychotherapy"

Discussant: Gary VandenBos, Ph.D., American Psychological Association

11

2:30-5:00

Workshop 7

"Trained and Less Trained Therapists"

Chairman: Michael Lambert, Ph.D.,
Brigham Young University

Participants:

David M. Stein, Texas Research
Institute in Mental Sciences

*"Research into the Effectiveness
of Paraprofessionals"*

Michael Nietzel, Ph.D., University
of Kentucky

*"A Critique of Research into the
Comparative Effectiveness of Pro-
fessionals and Paraprofessionals"*

Robert Avenson, Social Action
Research Center

*"Productive Uses of Paraprofes-
sionals in Mental Health Services"*

5:00

No Host Bar

6:00

Dinner

7:30

Panel C

*"So What Would be Compelling
Evidence for Efficacy and Safety of
a Psychotherapy?"*

Chair: Hans H. Strupp, Ph.D.,
Vanderbilt University

Participants:

Allen E. Bergin, Ph.D., Brigham
Young University

*"The Question Has Already Been
Answered, but Is It the Right
Question?"*

Robert Hoyer, Senate Finance
Committee, Washington, D.C.

*"Psychotherapy Under National
Health Insurance"*

Charles Krauthammer, M.D.,
Division of Science, ADAMHA

*"Assessing the Efficacy of
Psychotherapy: Scientific and
Policy Considerations"*

Morris Parloff, Ph.D., NIMH

*"Compelling to Whom and For
What?"*

Friday 20th June

7:30

Breakfast

8:45-11:45

**Long Papers With Formal
Discussion**

Room A Chairman: Sol Garfield,
Ph.D., Washington University

Elaine Blechman, Ph.D., Wesleyan
University

*"Behavioral Family Intervention
with Early Identified Under-
achievers"*

Discussant: Allen E. Bergin, Ph.D.,
Brigham Young University

William Pinsof, Ph.D., Northwestern
University

*"Family Therapy Process
Research"*

Discussant: Laura Rice, Ph.D.,
York University

Werner Karle, Ph.D., Richard
Corriere, Ph.D., Joseph Hart,
Ph.D., and Lee Woldenberg, M.D.,
The Center Foundation, Los
Angeles

*"Overview of Process and Out-
come Research, Clinical Programs
and Educational Services at the
Center Foundation"*

Discussant: Arthur Auerbach,
M.D., University of Pennsylvania

8:45-11:45

**Long Papers With Formal Discus-
sion**

Room B Chair: Edward S. Bordin,
Ph.D., University of Michigan

Thomas D. Cook, Ph.D. and Laura
C. Leviton, Ph.D., Northwestern

*"Reviewing the Literature: A
Comparison of Traditional
Methods with Meta-analysis"*

Discussant: Bertram P. Karon,
Ph.D., Michigan State University

James McCullough, Ph.D., Virginia Commonwealth

“Beyond the Operant Design: An Intensive Methodological Alternative for Cognitive-Behavior Therapy”

Discussant: Brian Yates, Ph.D., American University

Enrico Jones, Ph.D., University of California, Berkeley

“Gender Match in Psychotherapy: Therapists’ Perception of Treatment Outcome”

Discussant: Edward S. Bordin, Ph.D., University of Michigan

8:45-11:45 Long Papers With Formal Discussion
Room C Chairman: Hans Strupp, Ph.D., Vanderbilt University

George Silberschatz, Ph.D., Saul Rosenberg, Ph.D., Harold Sampson, Ph.D., and Joseph Weiss, M.D., Mt. Zion Medical Center, San Francisco

“Contribution of Therapist to Process and Outcome of Psychotherapy”

Discussant: Jerome Frank, M.D., Henry Phipps Psychiatric Clinic

Saul Rosenberg, Ph.D., George Silberschatz, Ph.D., Harold Sampson, Ph.D., and Joseph Weiss, M.D., Mt. Zion Medical Center, San Francisco

“Plan Attainment Scaling: An Individualized Psychodynamic Outcome Measure”

Discussant: Hans Strupp, Ph.D., Vanderbilt University

Kathryn DeWitt, Ph.D., Nancy Kaltreider, M.D., Daniel Weiss, Ph.D. and Mardi Horowitz, M.D., USCF

“Individualized Outcome Assessment”

Nancy Kaltreider, M.D., Kathryn DeWitt, Ph.D., Richard Lieberman M.D., Mardi Horowitz, M.D., and Daniel Weiss, Ph.D., USCF

“From Individualized Outcome Assessment to General Scales”

Discussant: Christine Davidson, Ph.D., University of California-Davis

Robert Plutchik, Ph.D., Toksoz Karasu, M.D., Hope Conte, Ph.D., and Peter Buckley, M.D., Albert Einstein College of Medicine, N.Y.

“Sequential Psychodiagnostic Evaluations”

Discussant: Jim Mintz, Ph.D., University of California-Los Angeles

Lunch

12:00

1:00-3:00

Open rooms (6) for on site extension of scheduled workshops or impromptu workshops based in discussions

3:00

Departure from Conference Grounds

Travel Plans

Flights to Monterey, California connect with flights from other parts of the country at San Francisco International Airport.

The flight takes 30 minutes and costs \$31 each way. There are limousines at the Monterey Airport that will bring you directly and inexpensively to Asilomar (10 minutes' drive).

San Francisco to Monterey (Tuesday, June 17)

United Airlines: 6:30 am, 7:20 am, 9:18 am, and 7:55 pm

Golden West Airlines: 9:20 am, 11:20 am, 2:05 pm, 5:00 pm, 7:15 pm, 8:50 pm

Air California: 10:00 am, 12:50 pm

Monterey to San Francisco (Friday, June 20)

United Airlines: 1:00 pm, 10:10 pm

Golden West Airlines: 2:30 pm, 4:00 pm, 8:25 pm

Air California: 11:45 am, 1:10 pm

There is also the option of renting a car at the San Francisco Airport and making a pleasant, scenic 2½-hour drive to Monterey. Arrangements for this should be made ahead of time. Car rental agencies will provide maps and directions. Hertz: (415) 877-1600.

Poster Sessions

The Concept: During the first two days of the meeting there will be poster sessions to encourage a great deal of the interpersonal contacts most of us find so useful in the SPR meetings. These are called poster sessions because they consist of mounting a simple presentation of the basic study so that the purpose, methods, and results can be visually scanned by persons at their own rate. The persons involved with the study stand in the area of their poster, and what usually evolves is a series of small group discussions amplifying what is written or pictured on the poster.

Your Picture: Please do not be modest. Bring a large photo of yourself and add it to your poster. If you should be somewhere else when someone scans your material, they can then find you later in the conference to talk over your study and research topics of mutual interest.

Suggestions: Use an outline form, large letters, bar graphs, diagrams of design, and simplified displays of data. Stick to the central issues, not details that can emerge in discussions. If you have questions, need selected specialized references, want collaboration, by all means say so on the poster.

Materials: We do not yet know enough about the facilities at Asilomar. We presume there will be walls or poster boards ample to our needs. An area will be designated, probably with a no host bar in proximity, or coffee and other refreshments to encourage conversation during the daytime poster sessions. We will have plenty of masking tape. Your poster should be prepared in advance, and could be on heavy white 8x11 inch paper, which can then be taped up as separate or connected panels. Cardboard (as in dividers or folders) will be more wind resistant and weather permitting (it usually is wonderful there) these sessions may be out of doors.

Housing:

The main lodging for the conference is on the grounds of Asilomar. Everyone should have received room reservations earlier and have completed the process by May 31. Those thinking about going after this date should *call* the Asilomar Conference Grounds directly at (408) 372-8016 about space availability. Single-Rustic is \$99. Double in Rustic is \$90 per person. Double in Deluxe is \$117 per person, and 3-4 in Deluxe is \$105 per person. The rates are for the entire conference period and include meals, all applicable taxes, and registration fees for the SPR meeting itself (although non-SPR members must pay an additional \$15 and this should be included when registering).

Additional Motels in the Vicinity of Asilomar:

		Area Code: (408)
Bide-A-Wee	221 Asilomar Blvd.	372-2330
Butterfly Trees	1150 Lighthouse Ave.	372-0503
Four Seasons	1111 Lighthouse Ave.	372-5612
Larchwood Inn	740 Crocker Ave.	373-1114
Lighthouse Motel	1249 Lighthouse	375-6288
Olympia	1140 Lighthouse	373-2777
Pacific Grove Motel	Lighthouse & Grove Acre	372-3218
Sea Breeze	1100 Lighthouse	372-7775
Terrace Oaks	1095 Lighthouse	372-9442
Wilkie's	1038 Lighthouse	372-5960
Beachcomber Inn	1996 Sunset Drive	373-2125