
SPR

**Society for
Psychotherapy
Research**

**12th Annual Meeting
June 17-20, 1981**

**The Gant
Aspen, Colorado**

NOTE

The program for this year's meeting includes panels, workshops and paper presentations. *Panels* are plenary sessions on topics of interest to the entire membership. *Workshops* are intended for intensive discussion of issues and methods in a restricted domain of research. In the workshop, the leaders will begin by making a brief presentation of their work but most of the workshop will be devoted to group discussion of research issues. Therefore, it is expected that members will select a workshop and remain with it the entire time. In contrast, parallel *paper reading sessions* are of the traditional variety which permit moving back and forth to hear specific papers of interest.

Poster Sessions and Book Display

Books relevant to psychotherapy research will be displayed in the AERIE Lounge. Those using the Poster Session will also set up in AERIE Lounge.

REGISTRATION

The registration fee for both members and non-members will be \$25.00. Members will receive a luncheon ticket for both Thursday and Friday at no extra cost upon payment of this fee. Non-members will receive a luncheon ticket on Thursday only. The registration fee for students will be \$10.00.

A Certificate of Continuing Education credit will be made available to participants upon request.

PROGRAM AT A GLANCE 1981 Aspen Conference

WEDNESDAY (6/17) THURSDAY (6/18)

7:00 P.M. - 9:00 P.M.
Registration & Poster
Session

9:00 P.M. - 11:00 P.M.
Reception & Hospitality
Hour Hosted by
Executive Committee

8:00 A.M. - 6:00 P.M.
Registration

9:00 A.M.
Presidential Address
10:15 A.M.

Panel: DSM-III as a
Classification System
for Psychotherapy
Panel: Effects of Drugs
and/or Psychotherapy
in Treating Anxiety
Disorders

12:00 P.M.
Lunch (to be arranged)
1:30 P.M.

Workshops
A-The Role of
Internalization in
Psychotherapy
B-Race & Sex Effects in
Psychotherapy
C-Therapeutic
Alliance: Measurement
Methods
D-Assessing Dynamic
Therapy

3:45 P.M.
Break
4:00 - 5:30 P.M.

Papers
A-Increasing the
Reliability of Judgments
B-Life Enhancement
Counseling: Treating
Depression Among
Hispanic Elders
C-Efficacy Data &
Reimbursement
Decisions

6:30 P.M.
Cash Bar

8:00 P.M. - 10:00 P.M.
Panel: The Continuing
Search for Active
Ingredients in
Psychotherapy

SPR

SOCIETY FOR PSYCHOTHERAPY RESEARCH
an international, multidisciplinary, scientific organization

ASPEN CONFERENCE PROGRAM

June 17 - 20, 1981

Wednesday — June 17

7:00 - Registration & Poster Session
9:00 p.m. AERIE Lounge
9:00 - Reception & Hospitality Hour Hosted by
11:00 p.m. Executive Committee - AERIE Lounge

Thursday — June 18

8:00 -
6:00 p.m. Registration
9:00 a.m. Presidential Address:
East-West Maroon Room
Mardi J. Horowitz, M.D.
University of California
Medical School, San Francisco
Introduction - Stanley Imber, Ph.D.
10:15 a.m. **Panel:** West Maroon Room
"DSM - III As A Classification System for
Psychotherapy"
Chairperson:
Arthur H. Auerbach, M.D.
University of Pennsylvania Hospital
Participants:
Lorna Benjamin, Ph.D.
University of Wisconsin Medical
School
Roger Blashfield, Ph.D.
Dept. of Psychiatry, University of
Florida
Suzanne Hadley, Ph.D.
National Institute of Mental Health

Panel: East Maroon Room
"Differential Effect of Drugs and/or
Psychotherapy in the Treatment of
Anxiety Disorders"

Chairperson:
Allen Raskin, Ph.D.
National Institute of Mental Health

FRIDAY (6/19)

9:00 A.M. - 10:45 A.M.

Workshops

A-Meta-Analysis of
Psychotherapy

B-Psychotherapy of
Depression

Collaborative

Program: First Year

C-Intensive Analysis of

Recurrent Change

Episodes in

Psychotherapy

10:45 A.M.

Break

11:00 A.M. - 12:00 P.M.

Paper Sessions

12:00 P.M. - 2:00 P.M.

Business Luncheon

2:30 P.M. - 4:00 P.M.

Workshops

A-The Small Group as a
Developing System

B-Psychological
Intervention in Medical
Illness

C-Tactical Problems in
Research Design

D-Issues & Outcomes in
Psychotherapeutic

Treatment of Older
Adults

4:00 P.M. - 5:00 P.M.

Papers

A-Therapeutics Model of
Psychotherapy

B-Convergence as a
Phenomenon in

Psychotherapy

C-Dilemmas in Research
on Long-Term

Psychotherapy

SATURDAY (6/20)

9:00 A.M. - 11:00 A.M.

Panel: Theory &

Research on the
Therapeutic Power of

Imagery &

Experience-Focusing

Paper: Medical

Utilization Following

Mental Health

Treatment with Persons

with Chronic Physical

Diseases

11:00 A.M.

Break

11:15 A.M. - 12:30 P.M.

Paper Session

12:30 P.M.

Conclusion of Conference

Participants:

Alan Goldstein, Ph.D.
Temple University School of
Medicine
David Sheehan, M.B., B.Ch.
Massachusetts General Hospital
Donald F. Klein, M.D.
New York State Psychiatric Institute
Charlotte Zitrin, M.D.
Long Island Jewish-Hillside Medical
Center
Matig Mavissakalian, M.D.
University of Pittsburgh

12:00 p.m.

Lunch (to be arranged)
Upper Patio

1:30 p.m.

Workshop: Conundrum Room
"The Role of Internalization in the Process
& Outcome of Psychotherapy"

Moderator:

Jesse Geller, Ph.D.
Yale University

Participants:

Theodore Dorpat, M.D.
Seattle, Washington
Rebecca Cooley, Ph.D.
Yale Psychiatric Institute
Martin Mayman, Ph.D.
University of Michigan
Dianna Hartley, Ph.D.
Yale University

Workshop: AERIE Lounge
"Race & Sex Effects in Psychotherapy"

Moderator:

Stephen I. Abramowitz, Ph.D.
University of California, Davis

Participants:

Michael Smith, Ph.D.
Howard University
Joan Murray, Ph.D.
U.C.L.A.
Edna Rawlings, Ph.D.
University of Cincinnati

Workshop: West Maroon Room
"Therapeutic Alliance: Measurement
Methods"

Moderators:

Mardi J. Horowitz, M.D.
University of California, San
Francisco
Charles R. Marmar, M.D.
University of California, San
Francisco

Participants:

Lester Luborsky, Ph.D.
Leslie Alexander, Ph.D.
A. Thomas McLellan, Ph. D.
Marjorie Cohen, B.A.
University of Pennsylvania
Elsa Marziali, DSW
Clark Institute of Psychiatry, Toronto
Paul Crits - Christoph, M.S.
Yale University
Leonard Horwitz, Ph.D.
Jon Allen, Ph.D.
Menninger Foundation

Workshop: East Maroon Room
"Outcome Evaluation: Current &
Alternative Methods for Assessing
Dynamic Psychotherapy"

Moderator:

Saul Rosenberg, Ph.D.
Mt. Zion Hospital
Medical Center

Participants:

Hans H. Strupp, Ph.D.
Vanderbilt University
Jim Mintz, Ph.D.
U.C.L.A.
Daniel S. Weiss, Ph.D.
University of California, San
Francisco

3:45 p.m.

Break: - Upper Patio

4:00 -

5:30 p.m.

A. Long Paper: Conundrum Room

Leonard M. Horowitz, Ph.D.
Stanford University

"How to Increase the Reliability of
Judgments: The Prototype As An
Integrating Concept"

Introduction: Paul Pilkonis, Ph.D.

Discussant:

Daniel S. Weiss, Ph.D.
University of California, San
Francisco

B. Long Paper: East Maroon Room
Jose Szapocznik, Ph.D.
David Santisteban, Ph.D.
William M. Kurtines, Ph.D.
Olga Hervis, MSW
Frank Spencer, Ph.D.
Spanish Family Guidance Center
University of Miami

"Life Enhancement Counseling: Treating
Depression Among Hispanic Elders"

Introduction: Saul S. Garfield, Ph.D.

Discussant:

Raquel E. Cohen, M.D.
Harvard University

C. Long Paper: West Maroon Room

Morris B. Parloff, Ph.D., National
Institute of Mental Health
"Psychotherapy Evidence and
Reimbursement Decisions: Bambi
Meets Godzilla"

Introduction: R. Bruce Sloane

Discussant:

Gary Vandenbos, Ph.D.
American Psychological Association

6:30 p.m. **CASH BAR** -Hospitality Room

8:00 -
10:00 p.m. **Panel** - AERIE Lounge

"The Continuing Search for Active
Ingredients in Psychotherapy: Exploring
the Relationships Between Process and
Outcome"

Chairperson:

Hans H. Strupp, Ph.D.
Vanderbilt University

Participants:

Donald Kiesler, Ph.D.
Virginia Commonwealth University
Marjorie Klein, Ph.D.
University of Wisconsin
Lester Luborsky, Ph.D.
University of Pennsylvania
Fred Newman, Ph.D.
Eastern Pennsylvania Psychiatric
Institute

Saul Rosenberg, Ph.D.
Mt. Zion Hospital Medical Center

Friday — June 19

9:00 - **A. Workshop** - West Maroon Room
10:45 a.m. "Meta-analysis of Psychotherapy: Issues
& Applications"

Moderator:

David A. Shapiro, Ph.D.
University of Sheffield, England

Participants:

Edwin R. Christensen, Ph.D.
Copper Mountain Mental Health
Center

Don Hartmann, Ph.D.
Michael J. Sprub, Ph.D.
University of Utah
Fredrick L. Newman, Ph.D.
Eastern Pennsylvania Psychiatric
Institute
Leonard Saxe, Ph.D.
Boston University
Diana Shapiro, M. Phil.
University of Sheffield, England

B. Workshop: East Maroon Room

"The Psychotherapy of Depression
Collaborative Research
Program: The First Year Experience"

Moderator:

Irene E. Waskow, Ph.D.
National Institute of Mental Health

Participants:

Stuart Sotsky, M.D.
George Washington University
Paul Pilkonis, Ph.D.
University of Pittsburg
Keith Dobson, Ph.D.
University of Western Ontario
Janice Boon, M.A.
University of Oklahoma
Jenny Boyer, Ph.D.
University of Oklahoma

C. Workshop: Conundrum Room

"Intensive Analysis of Recurrent Change
Episodes in Psychotherapy: Implications
for Theory & Practice"

Moderator:

Laura N. Rice, Ph.D.
York University

Participants:

Lester Luborsky, Ph.D.
University of Pennsylvania
Leslie Greenberg, Ph.D.
University of British Columbia
Mardi J. Horowitz, M.D.
Nancy Wilner, B.A.
Robert Rosenbaum, Ph.D.
University of California, San
Francisco
Robert Elliott, Ph.D.
Elisabeth James, B.A.
Richard Shulman, B.A.
John Cline, B.A.
University of Toledo

10:45 a.m. **Break**

11:00 -
12:00 p.m.

A. Paper Sessions: Conundrum Room
Introductions: Irene Waskow, Ph.D.
Randall C. Sorenson, Ph.D.
Fuller Theological Seminary

"Family Therapy Outcome
Research: Methodological
Considerations Gleaned from
Outcome Research on
Psychotherapy with Individuals"

Alfons Vansteenwegen, Ph.D.
Communicatiecentrum, Belgium
"The Outcome of Residential Marital
Therapy: A Two-year Follow-up
Study"

Paul Pilkonis, Ph.D.
Stanley D. Imber, Ph.D.
University of Pittsburgh
"A Comparative Outcome Study of
Individual, Group, and Family
Therapy"

B. Paper Session: AERIE Lounge

Introductions:
Kenneth Howard, Ph.D.
William K. Lamb, M.Ed.
Harvard Graduate School of Education
"A Meta-analysis of Rogers' Core
Dimensions: A Statistical
Reappraisal of the Therapeutic
Effectiveness of Empathy,
Warmth, & Genuineness"

Karla Moras, M.A.
Gloria Waterhouse, M.A.
Chong S. Suh, Ph.D.
Vanderbilt University
"Toward a Standard, Pantheoretical
Measure of Therapist Interpersonal
Relationship Factors: Kiesler's Impact
Message Inventory"

Geroge Silberschatz, Ph.D.
Saul Rosenberg, Ph.D.
Harold Sampson, Ph.D.
Joseph Weiss, M.D.
Mt. Zion Hospital Medical Center

"The Impact of the Therapist's Behavior
on the Psychotherapeutic Process"

C. Paper Session: Hospitality Room

Introductions: David Orlinsky, Ph.D.

Stephen M. Kopta, Ph.D.
Kenneth I. Howard, Ph.D.
Northwestern University

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Jay Lebow, Ph.D.
DuPage County Health Dept.

"The Relationship Between
Psychotherapeutic Dose & Different
Outcome Criteria"

Mark Aveline, M.D.
Mapperley Hospital, England

"Group Psychotherapy Training: The
Use of Group Reports & Themes from
the T-Group"

Normal D. Schaffer, Ph.D.
University of Illinois Medical School

"Neglected Aspects of Process in
Research on Therapist
Behavior: Methodological
Implications"

12:00 -
2:00 p.m.

Business Meeting Luncheon
Special Awards: Hans Strupp, Ph.D.
AERIE Lounge

2:30 -
4:00 p.m.

A. Workshop: Hospitality Room
"The Small Group as a Developing
System"

Moderator:

John Livesley, Ph.D.
University of Calgary

Participants:

Carol Lewis, Ph.D.
Mercy Hospital & Medical Center
Robert Dies, Ph.D.
University of Maryland
Albert Eng, M.S.W.
Chicago, Illinois
K. Roy MacKenzie, M.D.
University of Calgary
James W. Dugo, Ph.D.
Evanston, Illinois
A.P. Beck, Ph.D.
Chicago, Illinois
Erich Coche, Ph.D.
Friends Hospital, Philadelphia

2:30 -
4:00 p.m.

B. Workshop: Conundrum Room

"Psychological Intervention in Medical
Illness: Some Recent Developments"

Moderator:

Andrew M. Razin, Ph.D., M.D.
Albert Einstein College of Medicine

Participants:

Gary Brooks, Ph.D.
Olin Teague Veterans Center

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John L. Fleming, Ph.D.
University of Colorado Medical
Center
Wayne Gordon, Ph.D.
Ingrid Freidenbergs, Ph.D.
Leonard Diller, Ph.D.
N.Y.U. Medical Center

2:30 -
4:00 p.m.

C. Workshop: AERIE Lounge
"Tactical Problems in Research Design"
Moderator:
Kenneth Howard, Ph.D.
Northwestern University
Participants
David Orlinsky, Ph.D.
University of Chicago
Jim Mintz, Ph.D.
U.C.L.A.
Merton Krause, Ph.D.
Chicago Inst. for Juvenile Research

2:30 -
4:00 p.m.

D. Workshop: Upper Patio
"Issues & Outcomes in the
Psychotherapeutic Treatment of Older
Adults"
Moderator:
Dolores Gallagher, Ph.D.
Palo Alto V.A. Medical Center
Participants:
Marjorie Klein, Ph.D.
Marilyn Essex, Ph.D.
Lorn Smith Benjamin, Ph.D.
R. Dallas Jones, Ph.D.
Sara MacLanahan, Ph.D.
University of Wisconsin

"Social and Psychological Strains and
Resources Effecting Depression in Older
Women"
John Curtis, Ph.D.
George Silberschatz, Ph.D.

"Psychotherapy with Middle-Aged and
Older Adults: The Need for Empirical
Research."
Larry W. Thompson, Ph.D.
Dolores Gallagher, Ph.D.
Andrus Gerontology Center,
U.S.C.

"Comparative Effectiveness of Short-term
Psychotherapies for Depression in Older
Adults: Treatment Results and their
Maintenance."
Charles R. Marmar, M.D.
Nancy Wilner, M.A.
University of California, San Francisco

"Contrasting the Nature and Treatment of
Conjugal Bereavement Reactions in Older
and Younger Widows."

4:00 -
5:30 p.m.

Long Paper: Conundrum Room
Introduction: Ed Bordin, Ph.D.

Murray Alpert, Ph.D.
David Ruhland, Ph.D.
New York University Medical Center
"Therapeutics Model of Psychotherapy"

Discussant:
R. Bruce Sloane, M.D.
University of Southern California

Long Paper: West Maroon Room
Introduction: Bert Karon, Ph.D.

Larry E. Beutler, Ph.D.
University of Arizona

"Convergence as a Phenomenon in
Psychotherapy"

Discussant:
Allen E. Bergin, Ph.D.
Brigham Young University

Long Paper: East Maroon Room
Introduction: Stanley Imber, Ph.D.
Otto Kernberg, M.D.
Cornell Medical Center

"Dilemmas in Research on Long-term
Psychotherapy."

Discussant:
Mardi J. Horowitz, M.D.
University of California,
San Francisco

Saturday — JUNE 20

9:00 -
11:00 a.m.

Panel: AERIE Lounge
"Theory & Research on the Therapeutic
Power of Imagining &
Experiencing-Focusing"

Chairperson:
Edward S. Bordin, Ph.D.
University of Michigan

Participants:
Eugene Gendlin, Ph.D.
University of Chicago
Leslie Greenberg, Ph.D.
University of British Columbia
Laura Rice, Ph.D.
York University

Victor Raimy, Ph.D.
Honolulu, Hawaii

9:00 -
10:30 a.m.

Long Paper: Conundrum Room

Herbert J. Schlesinger, Ph.D.
Emily Mumford, Ph.D.
Gene V. Glass, Ph.D.
Cathleen Patrick, Ph.D.
University of Colorado

"Medical Utilization Following Mental
Health Treatment of Persons with Chronic
Physical Diseases"

Discussant:

Mardi J. Horowitz, M.D.
University of California,
San Francisco

11:00 a.m. **Break - Upper Patio**

11:15 -
12:30 p.m.

A. Paper Session: East-West Maroon
Room

Introduction: Paul Pilkonis, Ph.D.
Harriet Aronson, Ph.D.
Dorothy Boone, Ph.D.
North Texas State University

"Behavioral Treatment for
Obesity: A-OK or PR?"

Stephanie S. O'Malley, B.S.
Gloria J. Waterhouse, M.A.
Karla K. Moras, M.A.
Janet A. Sandell, M.A.
Lois J. Keithly, M.A.
Hans H. Strupp, Ph.D.
Vanderbilt University

"Measurement of Effective Ingredients
of Psychotherapy: The Vanderbilt
Psychotherapy Process Scale"

Frank Spencer, Ph.D.
Olga Hervis, MSW
Jose Szapocznik, Ph.D.
University of Miami Spanish
Family Guidance Center

"Brief Strategy Family Therapy: A
Comparison of Conjoint & One-person
Modalities with Hispanic Clients"

11:15 -
12:30 p.m.

Paper Session: AERIE Lounge

B - Janice L. Krupnick, MSW,
Mardi J. Horowitz, M.D.

11:15 -
12:30 p.m.

B. Paper Session: AERIE Lounge
Introduction: Lester Luborsky, Ph.D.
Janice L. Krupnick, MSW,
Mardi J. Horowitz, M.D.
Anthony Leong, M.S.
University of California,
San Francisco

"Brief Psychotherapy with Vulnerable
Patients: An Outcome Assessment"

Leslie Greenberg, Ph.D.
University of British Columbia
"Resolving Decisional
Conflict: Relating Process to
Outcome"

Hartvig Dahl, M.D.
Virginia Teller, Ph.D.
SUNY, Downstate Medical Center
"The Framework for a Model of
Psychoanalytic Inference"

12:30 p.m. **CONCLUSION OF CONFERENCE**

See you in Boston
June 16-19, 1982

SOCIETY FOR PSYCHOTHERAPY RESEARCH

**an international, multidisciplinary,
scientific organization**

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behavior change resulting from psychotherapeutic intervention. Through its annual meeting and related activities, it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communication among researchers.

Membership is open to persons interested or engaged in the study of psychotherapy irrespective of theoretical orientation, professional affiliation, or philosophical commitment. You may fill out an application blank at the conference registration desk or write to: Michael J. Lambert, Ph.D., Department of Psychology, Brigham Young University, 272 CCB, Provo, Utah 84602.

Officers

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