

Smugglers' Notch Village

SPR

**Society for
Psychotherapy
Research**

13th Annual Meeting
June 16-19, 1982

Smugglers' Notch Village
Jeffersonville, Vermont

NOTE

The program for this year's meeting includes panels, workshops and paper presentations. *Panels* are plenary sessions on topics of interest to the entire membership. *Workshops* are intended for intensive discussion of issues and methods in a restricted domain of research. In the workshop, the leaders will begin by making a brief presentation of their work but most of the workshop will be devoted to group discussion of research issues. Therefore, it is expected that members will select a workshop and remain with it the entire time. In contrast, parallel *paper reading sessions* are of the traditional variety which permit moving back and forth to hear specific papers of interest.

Poster Sessions and Book Display

Books relevant to psychotherapy research will be displayed in the MEETING HOUSE I and II. Those using the Poster Session will also set up in the MEETING HOUSE.

REGISTRATION

The registration fee for both members and non-members will be \$25.00. The registration fee for students will be \$10.00. Meals will be included with housing costs. Room registration will be mailed by Smugglers' Notch.

A Certificate of Continuing Education credit will be made available to participants upon request.

SPR

SOCIETY FOR PSYCHOTHERAPY RESEARCH
an international, multidisciplinary, scientific organization

SMUGGLERS' NOTCH VILLAGE CONFERENCE PROGRAM

June 16 - 19, 1982

Wednesday — June 16

- 7:00 - Registration
9:00 p.m. Meeting House Reception Area
9:00 - Reception and Hospitality Hour
11:00 p.m. Hosted by the Executive Committee
Meeting House I and II
9:00 - Poster Session
11:00 p.m. Meeting House I and II

Thursday — June 17

- 7:00 - Buffet Breakfast
8:30 a.m. Village Barn
8:00 a.m. - Registration
4:00 p.m. Meeting House Reception Area
8:30 - Welcome and Introduction
8:45 a.m. Meeting House I and II
Alan S. Gurman, Ph.D.
University of Wisconsin Medical School:
Program Chair and President-Elect
8:45 - PANEL 1: THE HIDDEN VARIANCE IN
10:15 a.m. OUTCOME RESEARCH:
RECRUITMENT, COMPLIANCE
AND ATTRITION BIAS
Meeting House I and II
Moderator
Marjorie H. Klein, Ph.D.
University of Wisconsin Medical School
Participants
David H. Barlow, Ph.D.
State University of New York at Buffalo.
"Handling Sampling and Attrition
Bias in Treatment of Agoraphobia"
Jeffrey L. Boyd, Ph.D., and Ian
Falloon, M.D.
University of Southern California Medical
School.
"Handling Sampling and Attrition
Bias in Family Therapy with
Schizophrenics"

Bruce J. Rounsaville, M.D.
Yale University Medical School.
"Handling Attrition in a Clinical Trial
of Pharmacotherapy and
Psychotherapy with Depressed
Outpatients"

Discussant
Irene Elkin Waskow, Ph.D.
National Institute of Mental Health

10:15 -
10:30 a.m.

BREAK

10:30 a.m. -
12:30 p.m. **PANEL II: RESULTS AND DESIGN
PRINCIPLES FOR COMPARATIVE
PSYCHOTHERAPY STUDIES**

Meeting House I

Moderator

George E. Woody, M.D.
*University of Pennsylvania School of
Medicine*

Participants

A. Thomas McLellan, Ph.D.
University of Pennsylvania.
"Measures for Assessing
Psychotherapy Outcome and the
Role of Psychiatric Severity in
Determining Clinical Response"

Lester Luborsky, Ph.D.
*University of Pennsylvania School of
Medicine.*
"Evaluation of Manual-Guided
Therapies by Rated Tape Sessions"

George E. Woody, M.D.
*University of Pennsylvania School of
Medicine.*
"Psychotherapy for Opiate Addicts:
Results of the Penn-VA Study"

Bruce J. Rounsaville, M.D.
Yale University School of Medicine.
"Psychotherapy for Opiate Addicts:
Results of the Yale Study"

Discussant
Gerald Klerman, M.D.
Harvard Medical School.
"The Principles and Results of These
Studies As Applied to Other
Comparisons of Different
Psychotherapies"

10:30 a.m. -
12:30 p.m. **PANEL III: BRIEF PSYCHOTHERAPY
OF PATHOLOGICAL GRIEF
REACTIONS: RESULTS**

Meeting House II

Moderator

Mardi J. Horowitz, M.D.
University of California School of Medicine

Participants

Nancy Kaltreider, M.D.
Kathryn DeWitt, Ph.D.
Janice Krupnick, M.S.W.
Charles Marmar, M.D.
Daniel Weiss, Ph.D.
Nancy Wilner

*All of the Center for the Study of Neuroses,
Langley Porter Psychiatric Institute,
University of California School of
Medicine*

12:30 - CONFERENCE LUNCH

2:00 p.m. *Village Barn*

2:00 - LONG BREAK and POSTER SESSION,
3:00 p.m. continued

Meeting House I and II

3:00 - WORKSHOPS

5:00 p.m.

**WORKSHOP A: GAMING OUT
RESEARCH DIRECTIONS, PART I**

Meeting House I

Moderator/Guide

Mardi J. Horowitz, M.D.
University of California School of Medicine

Players/Oracles

Larry Beutler, Ph.D.
University of Arizona Medical School

Arthur Auerbach, M.D.
University of Pennsylvania Medical School

This will be a trial of the vehicle for
strategy formation in
psychotherapy research discussed
as one component in Dr.
Horowitz's presidential address in
1981. The "players" will present a
first step design after stating a
research aim. The "guide" will then
provide the results. The players
design a next step, and the process
is repeated while noting how much
"real time" might be used were the
data other than imaginary
projections.

*Note: This workshop continues
on Friday, June 18, 3:30-5:30.*

**WORKSHOP B: CAREER PROBLEMS
FOR THE YOUNG
PSYCHOTHERAPY RESEARCHER**

Meeting House II

Moderator

Hans H. Strupp, Ph.D.
Vanderbilt University

Participants

Beverly Gomes-Schwartz, Ph.D.
Tufts University Medical School

Dianna Hartley, Ph.D.
Yale University Medical School
Charles R. Marmar, M.D.
University of California School of Medicine
Thomas E. Schacht, Psy.D.
Vanderbilt University

WORKSHOP C: EVALUATING THE EFFECTS OF THERAPEUTIC ACTIVITY ON A SESSION-BY-SESSION BASIS

Meeting House III

Moderator

Leslie S. Greenberg, Ph.D.
University of British Columbia

Participants

Robert K. Elliott, Ph.D.
University of Toledo

David Orlinsky, Ph.D.
University of Chicago

William M. Pinsof, Ph.D.
Northwestern University Medical School

David A. Shapiro, Ph.D.
University of Sheffield

WORKSHOP D: ASSESSING THE PROCESS AND OUTCOME OF BRIEF DYNAMIC PSYCHOTHERAPY

Club Lounge

Moderator

Edward Bordin, Ph.D.
University of Michigan

Participants

George Silberschatz, Ph.D.
Mt. Zion Hospital, San Francisco

Saul Rosenberg, Ph.D.
Mt. Zion Hospital, San Francisco

WORKSHOP E: PSYCHOTHERAPY OUTCOME RESEARCH IN COMMUNITY MENTAL HEALTH SETTINGS

Tool Room

Moderator

Jay L. Lebow, Ph.D.
Northwestern University Medical School

Participants

John Crandall, Ph.D.
Northwestern University Medical School

Barbara Dickey, Ph.D.
Harvard Medical School

Rodger Kessler, M.A.
Washington County (VT) Mental Health Services

Mark Kopta, M.A.
Eastern Pennsylvania Psychiatric Institute
Fred Newman, Ph.D.
Eastern Pennsylvania Psychiatric Institute
Paul Sherman, Ph.D.
Ravenswood (Chicago) Community Mental Health Center

5:30 -

6:30 p.m.

6:30 -

8:30 p.m.

CASH BAR

Smugglers' Lounge

CONFERENCE DINNER AND GUEST SPEAKER

Village Barn

Wolfe-Rüdiger Minsel, Ph.D.
University of Trier
West Germany

Friday, June 18

7:00 -

8:30 a.m.

8:00 a.m. -

2:00 p.m.

9:00 -

11:00 a.m.

Buffet Breakfast

Village Barn

Registration

Meeting House Reception Area

PANEL IV: COGNITIVE ASSESSMENT IN DIAGNOSIS AND TREATMENT RESPONSE OF AFFECTIVE DISORDERS

Meeting House I and II

Moderator

A. John Rush, M.D.

Southwestern Medical School -
University of Texas

Participants

Aaron T. Beck, M.D. and Norman B. Epstein, Ph.D.

University of Pennsylvania Medical School
"Cognitions, Attitudes and Personality Dimensions in Depression"

Michael Linden, M.D., Ph.D.

Free University of Berlin
"The Role of Cognitive Assessment in the Diagnosis of Depression"

Brian Shaw, Ph.D.

University of Western Ontario Medical School

"Cognitive Variables in the Prediction of Treatment Response in Depression"

Ivy Blackburn, Ph.D.

University of Edinburgh
"Cognitive Effects of Pharmacotherapy vs. Cognitive Therapy in Depressed Outpatients"

Discussant

Martin Hautzinger, Ph.D.
University of Oregon

11:00 - BREAK

11:15 a.m.

11:15 a.m. - PAPER SESSIONS

12:15 p.m. SECTION I: PROCESS RESEARCH

Meeting House I

Moderator

Marjorie H. Klein, Ph.D.

University of Wisconsin Medical School

Participants

Arthur H. Auerbach, M.D. and Anna R. Childress, Ph.D.

University of Pennsylvania School of Medicine

"Theory-Oriented Description of Psychotherapy Sessions"

Robert Elliott, Ph.D., John Cline, B.A. and Steve Reid, M.A.

University of Toledo

"Tape-Assisted Retrospective Review: A Method for Assessing the Changing Effects of Therapist Interventions in Psychotherapy"

Thomas J. Kelly, M.A. and George Silverschatz, Ph.D.

Mt. Zion Hospital, San Francisco

"Some Applications of Computer Technology to Psychotherapy Research"

SECTION II: OUTCOME AND MATCHING STUDIES

Meeting House II

Moderator

Alan S. Gurman, Ph.D.

University of Wisconsin Medical School

Ian R. H. Falloon, M.D., Jeffrey L.

Boyd, Ph.D., Christine W. McGill,

M.S.W., Javad Razani, M.D.,

Howard B. Moss, M.D. and

Alexander M. Gilderman, Pharm.D

University of Southern California School of Medicine

"Family Management in the Prevention of Exacerbations of Schizophrenia: A Controlled Outcome Study"

Janet Sandell Sacks, Ph.D.

Irving Schwartz Institute for Children & Youth

"An Evaluation of Negative Factors in the Therapeutic Process in Relation to Outcome"

Leslie B. Alexander, Ph.D (Bryn Bawr

College), Lester Luborsky, Ph.D.,

Arthur Auerbach, M.D., Marjorie

Cohen, B.S., H. Kathryn Ratner,

A.C.S.W. and Pamela Schreiber,

A.C.S.W. (all of the University of Pennsylvania School of Medicine)

"The Effect of the Match Between Patient and Therapist: Findings from the Re-Pairing Study"

SECTION III: COGNITIVE PROCESSES IN PSYCHOTHERAPY

Meeting House III

Moderator

Barry Wolfe, Ph.D.

National Institute of Mental Health

Participants

Robert A. Neimeyer, Ph.D. (University of Rochester), Alan S. Gurman,

Ph.D., Marjorie H. Klein, Ph.D. and

John H. Greist, M.D. (all of the University of Wisconsin Medical School)

"Cognitive Change During

'Non-Cognitive' Therapies: A

Comparison of Three Treatments for Depression"

Ralph M. Turner, Ph.D.

Temple University School of Medicine

Tom Giles, Psy.D.

University of Alabama School of Medicine

"Open Field Analysis of the

Extinction Hypothesis for *In-vivo* Exposure"

Noa W. Bell, Ph.D., Stephen I.

Abramowitz, Ph.D., Carlyle H.

Folkins, Ph.D., James Spensley,

M.D. and Grant L. Hutchinson,

Ph.D.

University of California (Davis) School of Medicine

"Comparative Effectiveness of

Biofeedback and Brief

Psychotherapy in Alleviating

Tension Headache"

12:15 -

2:15 p.m.

LUNCHEON AND BUSINESS MEETING OF THE SOCIETY

Alan S. Gurman, Ph.D., presiding
Village Barn

LONG PAPERS

LONG PAPER 1: *Meeting House I*

David Orlinsky, Ph.D.

University of Chicago

"Developing Meaningful Outcome

Measures and Designs in

Psychotherapy Research: The Process of Outcome"

Introduction: **Saul Rosenberg, Ph.D.**

Note: Workshop F, 3:30-5:30, is a continuation of this presentation

LONG PAPER 2: Meeting House II

Robert Plutchik, Ph.D., Hope R. Conte, Ph.D., T. Byram Karasu, M.D. and Peter Buckley, M.D.

Albert Einstein College of Medicine
"On the Need for Multiple Paradigms in Psychotherapy Research"

Introduction: **Alan S. Gurman, Ph.D.**

LONG PAPER 3: Meeting House III

Thomas E. Schacht, Psy.D.
Vanderbilt University

"Subject Selection as a Source of Artifact in Psychotherapy Research"

Introduction: **Larry Beutler, Ph.D.**

LONG PAPER 4: Club Lounge

Jay Lebow, Ph.D.

Northwestern University Medical School
"Consumer Satisfaction as a Measure of Effectiveness in Psychotherapy"

Introduction: **William Pinsof, Ph.D.**

LONG PAPER 5: Snow Snake Room

Gloria J. Waterhouse, Ph.D.
Vanderbilt University

"A Conceptualization of Countertransference in Short-Term Psychotherapy: Interpersonal Diagnosis and Reciprocal Response"

Introduction: **Michael J. Lambert, Ph.D.**

LONG PAPER 6: Smugglers' Lounge

Chong S. Suh, Ph.D.
Vanderbilt University

"Appropriateness of Residual Gain Scores in Psychotherapy Research"

Introduction: **Arthur Auerbach, M.D.**

BREAK

3:15 -

3:30 p.m.

3:30 -

5:30 p.m.

WORKSHOPS

WORKSHOP A, CONTINUED (see Thursday, 3:30-5:30 for description)

Meeting House I

WORKSHOP F: DEVELOPING MEANINGFUL COUTCOME MEASURES AND DESIGNS IN PSYCHOTHERAPY RESEARCH: DAILY EXPERIENCE OVERVIEW — AN INSTRUMENT FOR THE STUDY OF EVERYDAY LIFE

Meeting House II

Moderator

David Orlinsky, Ph.D.
University of Chicago

WORKSHOP G: DEFINING AND MEASURING THE QUALITIES AND

QUALIFICATIONS OF THE COMPETENT THERAPIST

Meeting House III

Moderator

Hans H. Strupp, Ph.D.
Vanderbilt University

Participants

Jeffrey L. Binder, Ph.D., and Carol Cornsweet, B.A.

Vanderbilt University

Eve S. Chevron, M.S.

Yale University School of Medicine

Jeffrey E. Young, Ph.D.

University of Pennsylvania

Norman D. Schaffer, Ph.D.

University of Illinois at the Medical Center

WORKSHOP H: IDENTIFYING CHANGE MECHANISMS IN PSYCHOTHERAPY: ALTERNATIVE RESEARCH PARADIGMS

Club Lounge

Moderator

Robert Elliott, Ph.D.
University of Toledo

Participants

Leslie Greenberg, Ph.D.

University of British Columbia

Michael Church, Ph.D.

Humber Memorial Hospital (Ontario)

George Silberschatz, Ph.D.

Mt. Zion Hospital, San Francisco

John Cline, B.A.

University of Toledo

WORKSHOP I: IN SEARCH OF COMPARATIVE OUTCOME DIFFERENCES: WITH SHOTGUN AND CAMERA

Tool Room

Moderator

Simon H. Budman, Ph.D.
Harvard Community Health Plan (Boston)

Participants

William Piper, Ph.D.
McGill University

Gerald Klerman, M.D.
Harvard Medical School

Beverly Gomes-Schwartz, Ph.D.
Tufts University Medical School

Michael Feldstein, Ph.D.
Harvard University School of Public Health

Lester Luborsky, Ph.D.
University of Pennsylvania Medical School

**WORKSHOP J: PATTERN AND
STRUCTURE IN
PSYCHOTHERAPEUTIC
DISCOURSE: DISCOVERY OR
INVENTION?**

Snow Snake Room

Moderator

Hartvig Dahl, M.D.

Downstate Medical Center (New York)

Participants

Wilma Bucci, Ph.D.

Downstate Medical Center (New York)

Virginia Teller, Ph.D.

Hunter College - CUNY

Donald P. Spence, Ph.D.

Rutgers University Medical School

6:00 -

CASH BAR

7:00 p.m.

Smugglers' Lounge

7:00 p.m. -

CONFERENCE DINNER

Village Barn

Saturday, June 19

7:00 -

Buffet Breakfast

8:30 a.m.

Village Barn

9:00 -

PAPER SESSIONS

10:00 a.m.

**SECTION IV: TRANSFERENCE,
COUNTERTRANSFERENCE AND
OBJECT-RELATIONS**

Meeting House I

Moderator

Saul Rosenberg, Ph.D.

Mt. Zion Hospital, San Francisco

Participants

Elsa Marziali, Ph.D.

Clarke Institute of Psychiatry, Toronto

*"Analysis of Interpretations in Brief
Psychotherapy"*

**Dianna Hartley, Ph.D., Jesse Geller,
Ph.D. and Rebecca Colley, Ph.D.**

Yale University School of Medicine

*"Using Object Representations in
Psychotherapy Research: Theoretical
and Methodological
Considerations"*

Karla Moras, M.A.

Yale University School of Medicine

*"An Application of Horowitz's
Configurational Analysis to Training
in Psychodynamic Psychotherapy"*

**SECTION V: THE STUDY OF
FACILITATIVE THERAPIST
FACTORS**

Meeting House II

Moderator

Simon Budmon, Ph.D.

Harvard Community Health Plan

Participants

**Chong S. Suh, Ph.D. and Stephanie
O'Malley, M.A.**

Vanderbilt University

*"The Identification of Facilitative
Therapist Factors: Research Findings
and Methodological Considerations"*

Robert Elliott, Ph.D., Cora

Reimschuessel, B.A., Howard

Filipovich, B.A., Judith K.

Zapadka, Linda Harrigan and James

Gaynor, B.A.

University of Toledo

*"Validation of the Revised Response
Empathy Scale: Comparison with
Client and Therapist Perceptions"*

Bonnie L. Green, Ph.D., Noel K. Free,

M.D., Mary C. Grace, M.S., Linda

Chernus, M.S.W. and Roy M.

Whitman, M.D.

University of Cincinnati College of Medicine

*"Prediction of Empathy and
Outcome in Brief Psychodynamic
Psychotherapy"*

10:00 -

BREAK

10:15 a.m.

10:15 a.m. -

WORKSHOPS

12:15 p.m.

**WORKSHOP K: THE THERAPEUTIC
ALLIANCE: CONTROVERSIES IN
DEFINITION AND MEASUREMENT**

Meeting House I

Moderator

Charles Marmar, M.D.

University of California School of Medicine

Participants

Lester Luborsky, Ph.D.

*University of Pennsylvania School of
Medicine*

Elsa Marziali, Ph.D.

University of Toronto

Leslie Greenberg, Ph.D.

University of British Columbia

Adam Horvath, Ph.D.

University of British Columbia

Carla Moras, M.A.

Yale University School of Medicine

Dianna Hartley, Ph.D.

Yale University School of Medicine

Edward Bordin, Ph.D.

University of Michigan

Leslie Alexander, Ph.D.
Bryn Mawr College
Leonard Horwitz, Ph.D.
The Menninger Foundation
Siebolt H. Frieswyk, Ph.D.
The Menninger Foundation

**WORKSHOP L: THE STATE OF THE
ART IN RESEARCH ON GROUP
PSYCHOTHERAPY: CONCEPTUAL,
METHODOLOGICAL AND
PRACTICAL ISSUES**

Meeting House II

Moderator

Adriadne P. Beck, M.A.
Private Practice, Chicago

Participants

Eric Coche, Ph.D.
Private Practice, Philadelphia

James Dugo, Ph.D.
Lutheran Medical Center (Park Ridge, IL)

Albert Eng, M.S.W.
Northwestern University

Carol Lewis, M.A.
Mercy Hospital (Chicago)

W. John Livesley, Ph.D.
University of Calgary Faculty of Medicine

✓ **K. Roy MacKenzie, M.D.**
✓ *University of Calgary Faculty of Medicine*

**WORKSHOP M: RESEARCH IN
FAMILY THERAPY: ISSUES AND
METHODS**

Meeting House III

Moderator

Alan S. Gurman, Ph.D.
University of Wisconsin Medical School

Participants

David P. Kniskern, Psy.D.
University of Cincinnati College of Medicine

William M. Pinsof, Ph.D.
Northwestern University Medical School

Jose Szapocznik, Ph.D.
University of Miami School of Medicine

**WORKSHOP N: ISSUES AND
OUTCOMES IN THE
PSYCHOTHERAPEUTIC
TREATMENT OF OLDER ADULTS**

Club Lounge

Moderator

Dolores Gallagher, Ph.D.
Palo Alto VA Medical Center

Participants

John Curtis, Ph.D.
Mt. Zion Hospital, San Francisco

George Silberschatz, Ph.D.
Mt. Zion Hospital, San Francisco
David Guttman, Ph.D.
Northwestern University Medical School

Joanne Steuer, Ph.D.
UCLA Medical School

Lissy Jarvik, M.D.
UCLA Medical School

Larry Thompson, Ph.D.
Palo Alto VA Medical Center

Nancy Miller, Ph.D.
National Institute of Mental Health

**WORKSHOP O: THE COMPARATIVE
STUDY OF DRUGS AND
PSYCHOTHERAPY:
METHODOLOGICAL AND
CONCEPTUAL ISSUES**

Tool Room

Moderator

Paul Pilkonis, Ph.D.
University of Pittsburgh Medical School

Participants

Irene Waskow, Ph.D.
National Institute of Mental Health

John Docherty, M.D.
National Institute of Mental Health

Allen Raskin, M.D.
National Institute of Mental Health

Marvin Herz, M.D.
*CONFERENCES DISPERSES — See you
in Sheffield, England, July 6 - 9, 1983*

12:15 p.m.

~~First letter to you in manual to Mary ✓
sent to you in manual. The original of first meeting ✓
sent to you in manual. The original of first meeting ✓
sent to you in manual. The original of first meeting ✓~~

2nd photoed to:
John Cline ✓
55 Blake Street
New Haven, CT 06511

513

~~Dr. R. W. ...
CB is ... BDI's < 9 /
at least 12 ...~~

General

SOCIETY FOR PSYCHOTHERAPY RESEARCH
an international, multidisciplinary,
scientific organization

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behavior change resulting from psychotherapeutic intervention. Through its annual meeting and related activities, it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communication among researchers.

Membership is open to persons interested or engaged in the study of psychotherapy irrespective of theoretical orientation, professional affiliation, or philosophical commitment. You may fill out an application blank at the conference registration desk or write to: Michael J. Lambert, Ph.D., Department of Psychology, Brigham Young University, 272 CCB, Provo, Utah 84602.

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