
SPR

**Society for
Psychotherapy
Research**

14th Annual Meeting

July 5-9, 1983

University of Sheffield

Sheffield, England

NOTE

The program for this year's meeting includes panels, workshops and paper presentations. *Panels* are plenary sessions on topics of interest to the entire membership. *Workshops* are intended for intensive discussion of issues and methods in a restricted domain of research. In the workshop, the leaders will begin by making a brief presentation of their work but most of the workshop will be devoted to group discussion of research issues. Therefore, it is expected that members will select a workshop and remain with it the entire time. In contrast, parallel *paper reading sessions* are of the traditional variety which permit moving back and forth to hear specific papers of interest.

LOCATION OF ROOMS

The meeting rooms are on three floors. Their locations are as follows:

Lower ground floor: SPR office, bar/coffee, Room A
Upper ground floor: Dining Room, Main Hall, Room B
First floor: Room C, Room D

Poster Sessions and Book Display

Books relevant to psychotherapy research will be displayed. Please bring them with you or have them sent to David Shapiro. Posters will be displayed on Tuesday, July 5th, as well as Friday, July 8th.

REGISTRATION

Registration fees for participants and members have been combined with the cost of meals. All meals, the Lord Mayor's reception, and registration will be approximately 120 pounds (192 U.S. dollars). Non-members should add 4 pounds to this figure.

SHEFFIELD HOST

David A. Shapiro, Ph.D. MRS/SSRC Social & Applied Psychology Unit Department of Psychology. The University, Sheffield, England, S10 2TN

SPR

SOCIETY FOR PSYCHOTHERAPY RESEARCH
an international, multidisciplinary, scientific organization

SHEFFIELD CONFERENCE

July 5-9, 1983

Tuesday — July 5

- 1:00- Arrival and Registration at SPR Office
7:30 p.m.
5:00- Poster Session
7:00 p.m. Main Hall
7:30- Lord Mayor's Reception
(Short bus trip to City Museum)

Wednesday — July 6

- 8:00 a.m.- Registration
4:00 p.m. SPR Office
8:45- Welcome and Introduction
9:00 a.m. Main Hall
Arthur Auerbach, M.D.
University of Pennsylvania
Program Chair and President-Elect
9:00 Presidential Address
10:15 a.m. Alan S. Gurman, Ph.D.
University of Wisconsin Medical School
President
10:15 a.m. Coffee/Tea
10:30 a.m.- ^{WORKSHOP A} Plenary Session I: Implementation of
Clinical Trials in
Psychotherapy Research
12:30 p.m. Main Hall
Moderator
William R. Leber, Ph.D.
University of Oklahoma
Participants
John Watkins, Ph.D.
University of Oklahoma
Stuart Sotsky, M.D.
George Washington University

Jenny Boyer, Ph.D.
University of Oklahoma

Discussants

Irene Elkin Waskow, Ph.D.
National Institute of Mental Health

Stanley D. Imber, Ph.D.
Western Psychiatric Institute and Clinic

12:30 p.m. - Lunch
Dining Room

2:00-

Workshops

4:00 p.m.

Workshop A: Training Therapists for the Treatment of Depression - Collaborative Study

Room A

Moderator

Eve S. Chevron, M.S.
Yale University Medical School

Participants

Irene Elkin Waskow, Ph.D.
National Institute of Mental Health

John Docherty, M.D.
National Institute of Mental Health

Brian F. Shaw, Ph.D.
University of Toronto

Phillip S. Epstein, M.D.
Rush-Presbyterian St. Lukes Medical Center

Workshop B: Cognitive Research In Depressive Illness: Where To?

Room B

Moderator

Ivy Blackburn, Ph.D.
*MRC Brain Metabolism Unit,
Edenburg*

Participants

A.T. Beck
A. John Rush, M.D.
Southwestern Medical Center

M. Linden, M.D.
Free University of Berlin

J. Teasdale, Ph.D.
University of Oxford

F.T. Rotzer, Ph.D.
*Eberhard-Karls University
of Tübingen*

George Murphy, M.D.
Washington University

Workshop C: Good Outcomes in Dynamic Psychotherapy: The Search For Predictors

Room C

Modertor

Edward Bordin, Ph.D.
University of Michigan

Participants

Lester Luborsky, Ph.D.
University of Pennsylvania

Saul E. Rosenberg, Ph.D.
Mount Zion Hospital

Hans Strupp, Ph.D.
Vanderbilt University

George Woody, M.D.
University of Pennsylvania

Workshop D: Patients' Response to Psychotherapy

Room D

Moderator

Jay Lebow, Ph.D.
Northwestern University Medical School

Participants

Jay Lebow, Ph.D.
Northwestern University Medical School

Kenneth Howard, Ph.D.
Northwestern University

David Orlinsky, Ph.D.
University of Chicago

4:00 p.m.

Coffee/Tea

4:15-

5:30 p.m.

Paper Sessions

Section I: Assessment of Patient and Therapist Behavior

Room A

Moderator

Clara E. Hill, Ph.D.
University of Maryland

Participants

**Tracie Shea, Ph.D. and
John Docherty, M.D.**
National Institute of Mental Health
"Personality Assessment in
Psychotherapy Research"

**Stuart M. Sotsky, M.D. and David R.
Glass, Ph.D.**

George Washington University
"The Hamilton Depression Rating
Scale: A Critical Appraisal and
Modification for Psychotherapy
Research"

**Mark Evans, B.A., Steven Hollon, Ph.D.,
Bob DeRubeis, Ph.D., Vincent
Tuason, M.D.**

University of Minnesota
Marline Weimer, Ph.D.
St. Paul-Ramsey Medical Center

Arthur Auerbach, M.D.
University of Pennsylvania
"Development of a System for Rating
Psychotherapies for Depression"

**Section II: Multiple Perspectives on
Psychotherapy and on Psychological
Functioning**

Room B

Moderator

David Orlinsky, Ph.D.
University of Chicago

Participants

Enrico Jones, Ph.D.
University of California, Berkeley
**Michael Wynne, Ph.D., and
Denise Watson, Ph.D.**
University of California
"Client Perception of Therapeutic

STILES & SNOW

TURNER

**Section III: New Approaches in Process
Studies**

Room C

Moderator

Saul Rosenberg, Ph.D.
Mt. Zion Hospital, San Francisco

Participants

Robert Elliott, Ph.D.
University of Toledo
Marjorie Klein, Ph.D.
*University of Wisconsin and
Philippa Mathieu-Coughlan, Ph.D.*
Wesleyan University
"A Sequential Analysis of Empathy and
Experiencing: A Case Study"

Virginia Teller, Ph.D.
*Hunter College and
Hartvig Dahl, M.D.*
SUNY, Downstate Medical Center
"The Role of Linguistic Variables in
Expression of Countertransference"

**Murray Alpert, Ph.D. and
Neal L. Cohen, M.D.**
New York University School of Medicine
"Vocal Aspects of Psychotherapeutic
Work"

6:00-
8:00 p.m.

Dinner
Dining Room

8:00-
10:00 p.m.

Workshops

**Workshop E: Reports on Recent NIMH
Workshops**

Room A

Moderator

Barry Wolfe, Ph.D.
National Institute of Mental Health

Participants

John Docherty, M.D.
National Institute of Mental Health

Irene Elkin Waskow, Ph.D.
National Institute of Mental Health

Alice Lowery, M.A.
National Institute of Mental Health

Barry Wolfe, Ph.D.
National Institute of Mental Health

**Workshop F: Eclecticism: A Neutral
Theory of Therapy**

Room B

Moderator

Larry Beutler, Ph.D.
University of Arizona

Participants

Marvin Goldfried, Ph.D.
State University of New York at Stony Brook

Sol Garfield, Ph.D.
Washington University

Hans Strupp, Ph.D.
Vanderbilt University

Larry Beutler, Ph.D.
University of Arizona

Anthony Ryle, D.M.FRC, Psych
University of Sussex

**Workshop G: Therapeutic Alliance
Measures: Instrument Development and
Prediction Studies**

Room C

Moderator

Charles Marmar, M.D.
University of California, San Francisco

Participants

Edward Bordin, Ph.D.
University of Michigan

Siebolt Frieswyk, Ph.D.
Menninger Foundation

Dianna Hartley, Ph.D.
Yale University School of Medicine

Lester Luborsky, Ph.D.
University of Pennsylvania

Karla Moras, Ph.D.
Yale University School of Medicine

**Workshop H: Interpersonal Process
Recall: Recent Psychotherapy
Research**

Room D

Moderator

Robert Elliott, Ph.D.
University of Toledo

Participants

Clara E. Hill, Ph.D.
University of Maryland

Michael Barkham, A.B.
Brighton Polytechnic, Brighton

Angelika Wagner, Ph.D.
Padagogische Hochschule Reutlingen

Reiner Bastine, Ph.D.
*Psychologisches Institut der Universität
Heidelberg*

Thursday — July 7

8:45-
10:15 a.m.

Long Paper Sessions

Section I: Process-Outcomes Studies

Room A

Moderator

Enrico Jones, Ph.D.
University of California, Berkeley

Participants

**Mardi J. Horowitz, M.D., Charles R.
Marmar, M.D., Daniel S. Weiss,
Ph.D., Kathryn N. DeWitt, Ph.D.,
Robert L. Rosenbaum, Ph.D.**

University of California, San Francisco
"Research on Brief
Psychotherapy: The Relationship
of Process to Outcome"

Robert Elliott, Ph.D.
University of Toledo
"Effective Processes in
Psychotherapy: Four Evaluative
Paradigms"

Section II: Therapist Intentions and Decisions

Room B

Moderator

David A. Shapiro, Ph.D.
University of Sheffield

Participants

Clara E. Hill, Ph.D.
University of Maryland
"Therapist's Intentions in Selecting
Interventions Within
Psychotherapy Sessions"

Frederick L. Newman, Ph.D.
*Institute of Psychiatry, Northwestern
University and
Daniel Giladi, Ph.D.*
JFK Community Mental Health Center
"Factors Influencing Clinical
Decisions"

Section III: Biology and Linguistics

Room C

Moderator

A. John Rush
~~Herzig Dahl, M.D.~~

Southwestern Medical School

"Biologic Derangements in
Depression: Implications for
Psychotherapy Research"

Wilma Bucci, Ph.D.

Downstate Medical Center, New York

"The Use of Linguistic Indicators for
Evaluation of Psychoanalytic
Interpretations"

**Section IV: Effective Processes in
Experiential and Group Therapies**

Room D

Moderator

Kenneth I. Howard, Ph.D.

Northwestern University

Participants

Germain Lietaer, Ph.D.

Catholic University, Leuven

"Client and Therapist Views of
Helping and Hindering Processes
in Experiential Therapy"

Ingemar Haglund, Ph.D.

University Hospital Uppsala

"Individualized Outcome/Process
Study of Group Psychotherapy In
Neurotic States"

10:15 Coffee/Tea

10:30 a.m.-
12:30 p.m. **Plenary Session II: Family Therapy
and Schizophrenia: New
Research Directions**

Main Hall

Moderator

Loren Mosher, M.D.

Uniformed Services University of the Health
Sciences, Bethesda

Participants

Carol Anderson, Ph.D.

Western Psychiatric Institute and Clinic,
Pittsburgh

Ian Falloon, M.D.

University of Southern California School of
Medicine

Michael Goldstein, Ph.D.

University of California, Los Angeles

Julian Leff, M.D.

Friern Hospital, London

Discussant

Donald Bloch, M.D.

Ackerman Institute for Family Therapy,
New York

12:30 p.m. Lunch
Dining Room

2:00 p.m. Tour

Friday — July 8

9:00-
11:30 a.m.

WORKSHOPS

**Workshop I: Family Assessment and
Family Health Measurement**

Room A

Moderator

Warren Kinston, MRC Psych

Brunel University, Hospital for
Sick Children, London

Participants

**Warren Kinston, MRC
Psych**

Brunel University, Hospital for
Sick Children, London

Liza Bingley, MSc

Hospital for Sick Children,
London

Peter J. Loader, MRC Psych

Hospital for Sick Children,
London

**Workshop J: A Conversational Model of
Psychotherapy: Training and
Impact**

Room B

Moderator

David A. Shapiro, Ph.D.

University of Sheffield

Participants

Robert F. Hobson, M.D.
University of Manchester

David P. Goldberg, M.D.
University of Manchester

Frank R. Margison, MSc
University of Manchester

Jenny A. Firth, MSc
University of Sheffield

**Workshop K: Measuring
Transference: The Core Theme vs.
The Plan Diagnosis vs. The
Gill-Hoffman Methods**

Room C

Moderator

Lester Luborsky, Ph.D.
University of Pennsylvania

Participants

Paul Gerin, M.D.

H. Sali, M.D.

Joel Baguet, M.D.

*Institut National de la Santé et de la
Recherche Medicale, Lyon*

Helmut Thomae, M.D.
Universitat Ulm

Horst Kaechele, M.D.
Universitat Ulm

Saul Rosenberg, Ph.D.
Mount Zion Hospital, San Francisco

Paul Van Ravenswaay, M.D.
University of Pennsylvania

Lester Luborsky, Ph.D.
University of Pennsylvania

11:30 a.m. - Business Meeting
2:00 p.m. Dining Room

2:15- Plenary Session III: Status of the
4:15 p.m. Non-Specific Hypothesis of
Therapeutic Effectiveness

Moderator

Arthur Auerbach, M.D.
University of Pennsylvania

Participants

Jerome Frank, M.D., Ph.D.
Johns Hopkins University

Sol Garfield, Ph.D.
Washington, University

Hans Strupp, Ph.D.
Vanderbilt University

Marvin Goldfried, Ph.D.
State University of New York, Stony Brook

4:15-
5:15 p.m.

Poster Session
Main Hall *Room D - Art*

6:00-
8:00 p.m.

Conference Banquet
Dining Room

8:00-
10:00 p.m.

**Plenary Session IV: Psychotherapy
Research and Policy
Decisions**

Main Hall

Moderator

Arthur Auerbach, M.D.
University of Pennsylvania

Participants

Herbert Pardes, M.D.
National Institute of Mental Health

Gerald L. Klermn, M.D.
Harvard University

Martin Orne, M.D., Ph.D.
University of Pennsylvania

Charles A. Kiesler, Ph.D.
Carnegie-Mellon University, Pittsburgh
Perry London
Michael Gelder

Saturday — July 9

9:00-

Paper Sessions

10:15 a.m.

**Section I: Successful and Unsuccessful
Therapies**

Room A

Moderator

Robert Elliott, Ph.D.
University of Toledo

Participants

Lester Luborsky, Ph.D., A. Thomas McLellan, Ph.D., George E. Woody, M.D., Charles P. O'Brien, M.D., Ph.D.

University of Pennsylvania

"Therapists' Success Rates and Their Determinants"

Erica Brostoff, M.Sc.

London

"Patients' Experiences in Unsatisfactory Therapies"

James P. McCullough, Ph.D.

Virginia Commonwealth University

"Cognitive-Behavioral Analysis System of Psychotherapy: An Interactional Treatment Approach to Dysthymic Disorder"

Section II: Outcome Assessment Studies

Room B.

Moderator

Charles Marmar, M.D.

University of California, San Francisco

Participants

William E. Piper, Ph.D., Elie G. Debbane, M.D., Jean-Pierre Bienvenu, M.D.

Allan Memorial Institute, Montreal and Jacques Garant, M.D.

Hospital Pierre Boucher, Longueuil

"A Comparative Study of Short-Term Individual Therapy, Short-Term Group Therapy, Long-Term Individual Therapy and Long-Term Group Therapy"

Dianna Hartley, Ph.D., Rebecca Behrends, Ph.D., Jesse Geller, Ph.D.

Yale University

"A Method for Assessing Changes in Object Relations During Intensive Psychotherapy"

Angus Strachan, Ph.D.

Institute of Psychiatry, London

"Family Intervention in Schizophrenia: The Assessment of Change"

Section III: Diagnosis, Prediction, and Follow-Up

Room C

Moderator

Frederick L. Newman, Ph.D.

Institute of Psychiatry, Northwestern University

Participants

J. Denford, MRC Psych, J. Schachter, MRC Psych

Cassel Hospital, Richmond

N. Temple, MRC Psych

Portman Clinic, London

P. Kind, MSc, R. Rosser, MRC Psych

Charing Cross Hospital, London

"Selection and Outcome in In-Patient Psychotherapy"

Pentti Leiman

National Board of Health, Helsinki

"Diagnostic Competence of Therapists in Intake Interviews"

Christer Sandahl, Staffan Lindberg, and Hans Bergman

Karolinska Institute, Stockholm

"Alcoholics' Self-Reports Regarding Alcohol Consumption Related to Mental Status — A Two Year Follow-Up Study"

10:30 a.m.-
12:30 p.m.

WORKSHOPS

Workshop L: Futures Projection in Psychotherapy Research

Room A

Moderator

John Docherty, M.D.

National Institute of Mental Health

Participants

Perry London, Ph.D.

Harvard University

Martin Orne, M.D., Ph.D.

University of Pennsylvania

Irene Elkin Waskow, Ph.D.

National Institute of Mental Health

Arthur Auerbach, M.D.

University of Pennsylvania

Workshop M: Measurement Issues in Children's Mental Health

Room B

Moderator

Lenore Radloff
National Institute of Mental Health

Participants

Barbara Burns, Ph.D.
National Institute of Mental Health

Jeanne Phillips, Ph.D.
University of Denver

Lenore Radloff
National Institute of Mental Health

Eric Taylor, M.D.
Institute of Psychiatry, London

**Workshop N. Predicting Effectiveness of
Group Psychotherapy Through
Group Climate Measurements**

Room C

Moderator

K. Roy MacKenzie, M.D. FRCP(C)
Foothills Hospital, Calgary

Participants

K. Roy Mackenzie M.D. FRCP (C)
Foothills Hospital, Calgary

Leif J. Braaten, Ph.D.
University of Oslo

12:30 p.m. **End**

SEE YOU IN BANFF, JUNE 1984!!

— NOTES —

SOCIETY FOR PSYCHOTHERAPY RESEARCH

an international multidisciplinary,
scientific organization

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Its purpose is to encourage the systematic study of psychological principles underlying personality and behavior change resulting from psychotherapeutic intervention. Through its annual meeting and related activities, it seeks to encourage informal exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communication among researchers.

Membership is open to persons interested or engaged in the study of psychotherapy irrespective of theoretical orientation, professional affiliation, or philosophical commitment. You may fill out an application blank at the conference registration desk or write to: Michael J. Lambert, Ph.D., Department of Psychology, Brigham Young University, 272 TLRB, Provo, Utah 84602.

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