

# **SPR**

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## **Society for Psychotherapy Research**

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**16TH ANNUAL MEETING  
JUNE 18-22, 1985**

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**THE ORRINGTON HOTEL  
EVANSTON, ILLINOIS**

# SPR

Society For Psychotherapy Research  
an international, multidisciplinary, scientific organization

## EVANSTON CONFERENCE June 18-22, 1985

### POSTER AND BOOK DISPLAY

Posters will be displayed on Wednesday, June 19, 4:30-5:30 p.m.  
Books relevant to psychotherapy research will be displayed in  
the hospitality suite. All display books will be donated to  
the Northwestern University Library.

### REGISTRATION

Registration fees are \$40.00 for North American members and  
\$25.00 for foreign members and students. There is a separate  
\$10.00 fee for members attending the business luncheon. The  
banquet and dance on Friday, June 21, features a tribute to  
SPR's founding fathers, and also carries a separate fee of  
\$25.00 for North American members and \$15.00 for foreign members  
and students.

### EVANSTON HOST

Kenneth I. Howard, Ph.D., Department of Psychology, Northwestern  
University, Evanston, Illinois. (312)491-4996

### TUESDAY, JUNE 18

1:00- 7:30 p.m. Arrival & Registration at SPR office - Ante-Room  
7:00-10:00 p.m. Reception - Heritage Room

### WEDNESDAY, JUNE 19

8:00 a.m. -  
4:30 p.m. Registration - Ante-Room  
8:45- 9:00 a.m. Greetings - Grand Ballroom  
Jim Mintz, Ph.D., President Elect,  
University of California, Los Angeles  
9:00-10:00 a.m. Presidential Address - Grand Ballroom  
A. John Rush, M.D., University of  
Texas Health Science Center  
Introduction - Grand Ballroom  
Jim Mintz, Ph.D., University of  
California, Los Angeles  
10:00-10:15 a.m. Coffee/Tea - Grand Ballroom  
10:15-10:30 a.m. Announcements - Grand Ballroom  
10:30-11:00 a.m. SPR Research Awards - Grand Ballroom  
Marjorie Klein, Ph.D., University  
of Wisconsin Medical School  
Presentation to Winner of Young Investigator  
Award  
11:00 a.m. -  
12:15 p.m. Round Table Introductions - Grand Ballroom  
Jim Mintz, Ph.D., University of  
California, Los Angeles  
Round Table 1 - Subject Selection  
Saul Rosenberg, Ph.D., University  
of California, San Francisco

Round Table II - Interventions

Steve Hollen, Ph.D., University of Minnesota

Round Table III - Research Methods

Neil Jacobson, Ph.D., University of Washington

Round Table IV - Significance

Robert Elliott, Ph.D., University of Toledo

12:15- 1:30 p.m. Lunch

1:30- 3:00 p.m. Round Table Discussions - Grand Ballroom, Heritage Room, Mulford Room, Garnett Room

3:00- 3:30 p.m. Coffee/Tea - Grand Ballroom

3:30- 4:30 p.m. Plenary Session I - Round Table Reports - Grand Ballroom

I. Subject Selection
Charles R. Marmar, M.D., University of California, San Francisco

II. Interventions
A. John Rush, M.D., University of Texas Health Science Center

III. Research Methods
Jim Mintz, Ph.D., University of California, Los Angeles

IV. Significance & Utilization
Arthur Auerbach, M.D., University of Pennsylvania

4:30- 5:30 p.m. Poster Session - Heritage Room

5:30- 6:30 p.m. Hospitality Hour - Hospitality Suite

8:00- 9:30 p.m. International Forum: Psychotherapy in Eastern & Western Europe - Grand Ballroom

Moderator: Alan Bergin, Ph.D., Brigham Young University

Participants:

David Shapiro, Ph.D., University of Sheffield
Paul Emmelkamp, Ph.D., Rijksuniversiteit, Netherlands
Winfred Huber, Ph.D., Catholic University of Louvain, Belgium
Wolf Minzel, Ph.D., Seminar fur Psychologie, West Germany
Stephan Leder, M.D., Psychoneurological Institute, Poland

THURSDAY, JUNE 20

8:45-10:15 a.m. Plenary Session II - The Grants Process: An Information Exchange - Grand Ballroom

Moderator: Suzanne Hadley, Ph.D., National Institute of Mental Health

Participants (representative of NIMH review committees):

David Barlow, Ph.D., SUNY Buffalo
Rosalind Cartwright, Ph.D., Rush Presbyterian-St. Luke's Medical Center
Sol Garfield, Ph.D., Washington University
Marjorie Klein, Ph.D., University of Wisconsin Medical School
Peter Knapp, M.D., Boston University School of Medicine
A. John Rush, M.D., University of Texas Health Science Center

10:15-10:30 a.m. Coffee/Tea - Grand Ballroom

10:30 a.m. -

12:15 p.m.

Workshops A-C

\* Workshop A - "Values, Mental Health, and Therapeutic Change (Part 2)" - Heritage Room

Moderator: Alan Bergin, Ph.D., Brigham Young University

Participants:

Larry Beutler, Ph.D., University of Arizona
Suzanne Hadley, Ph.D., NIMH
Jay Jensen, M.A., Brigham Young University
Daniel Offer, M.D., University of Chicago

\* Workshop B - "Assessing Clinical Significance of Change" - Garnett Room

Moderator: Neil Jacobson, Ph.D., University of Washington

Participants:

Dirk Revenstorf, University of Tubingen, West Germany
Leanne Wilson, University of Washington

\* Workshop C - "Psychosocial Treatment of Borderline and Schizotypal Disorders: Methodological Strategies" - Mulford Room

Moderator: Ralph Turner, Ph.D., Temple University School of Medicine

Participants:

John Docherty, M.D., NIMH
Mardi Horowitz, M.D., University of California, San Francisco
J. Christopher Perry, Harvard Medical School
Tracie Shea, Ph.D., NIMH

12:15- 1:30 p.m.	Lunch		3:15- 5:00 p.m.	Workshops D-F
1:30- 3:00 p.m.	Panel Sessions 1-4			
	* <u>Panel 1</u> - "Is Psychotherapy Research Useful to Practitioners? Four Recent Surveys"	- Garnett Room		* <u>Workshop D</u> - "Issues of Assessing Cognitive Change in Cognitive Therapy"
	Moderator: Robert Elliott, Ph.D., University of Toledo			Moderator: Larry Beutler, Ph.D., University of Arizona
	Participants:			Participants:
	Joan Migdol, Ph.D., Northwestern University			Amy Holtzworth-Monroe, University of Washington
	Cheryl Morrow-Bradley, Ph.D., University of Toledo			Neil Jacobson, Ph.D., University of Washington
	David Rardin, Ph.D., University of Maryland			Robert Neimeyer, Ph.D., Memphis State University
	Barbara Gronsky, Ph.D., University of Maryland			Forrest Scogin, Ph.D., University of Alabama
				Ann Simons, Ph.D., Western Psychiatric Institute
	* <u>Panel 2</u> - "The Inner Experience of Psychotherapy: Three Qualitative Analyses of Participants' Accounts"	- Mulford Room		* <u>Workshop E</u> - "Task Analysis of Change Events"
	Moderator: David Rennie, Ph.D., York University			Moderator: Leslie Greenberg, Ph.D., University of British Columbia
	Participants:			Participants:
	Lynn Angus, M.A., York University			Marvin Goldfried, Ph.D., SUNY Stony Brook
	Jeff Phillips, Ph.D., North Bay Psychiatric Hospital			Laura Rice, York University
				Jeremy Safran, Ph.D., Clarke Institute of Psychiatry
				Hadas Wiseman, York University
	* <u>Panel 3</u> - "New Methods For Assessing Interpersonal Problems and Dynamic Conflicts"	- Heritage Room		* <u>Workshop F</u> - "Treatment Specification and Adherence Rating in Dynamic Psychotherapy"
	Moderator: Saul Rosenberg, Ph.D., University of California, San Francisco			Moderator: Charles R. Marmar, M.D., University of California San Francisco
	Participants:			Participants:
	Leonard Horowitz, Ph.D., Stanford University			John Clarkin, Ph.D., Cornell University Medical Center
	J. Christopher Perry, M.D., Harvard Medical School			Lester Luborsky, Ph.D., University of Pennsylvania School of Medicine
	Hans H. Strupp, Ph.D., Vanderbilt University			Hans H. Strupp, Ph.D., Vanderbilt University
C *	<u>Panel 4</u> - "Family Therapy Research: An Update"	- Grand Ballroom	5:30- 6:30 p.m.	Hospitality Hour - Hospitality Suite
	Moderator: Angus Strachan, Ph.D., University of California, Los Angeles			
	Participants:			
	John Clarkin, Ph.D., Cornell Westchester			
	Gretchen Haas, Ph.D., Cornell Westchester			
	Howard Barnes, M.S., University of Minnesota			
	William Pinsof, Ph.D., Northwestern University			
3:00- 3:15 p.m.	Coffee/Tea	- Ante-Room		

**FRIDAY, JUNE 21**

8:45-10:15 a.m. Panel Sessions 5-8

- \* Panel 5 - "What Do We Mean by Structural Change?" - Grand Ballroom

Moderator: Hartvig Dahl, M.D.,  
SUNY Downstate

Participants:

- Wilma Bucci, Ph.D., Adelphi University
- Lester Luborsky, Ph.D., University of Pennsylvania
- George Silbershatz, Ph.D., Mount Zion Hospital & Medical Center
- Dianna Hartley, Ph.D., University of California, San Francisco

- \* Panel 6 - "Patient Characteristics Related to the Process and Outcome of Psychotherapy" - Mulford Room

Moderator: Saul Rosenberg, Ph.D.,  
University of California,  
San Francisco

Participants:

- Kenneth Howard, Northwestern University
- Enrico Jones, Ph.D., University of California, Berkeley
- Daniel Weiss, Ph.D., University of California, San Francisco
- Nathan Zilberg, Ph.D., University of California, San Francisco

- \* Panel 7 - "Paradigms for the Assessment of Self-Schema Change" - Garnett Room

Moderator: S. G. Toukmanian,  
York University

Participants:

- Catherine Classen, M.A., York University
- Nigel Field, M.A., York University
- Marvin Goldfried, Ph.D., SUNY Stony Brook
- Zindel Segal, Clarke Institute of Psychiatry

- \* Panel 8 - "Report from the 1984 National Institute of Mental Health Workshops" - Heritage Room

Moderator: Barry Wolfe, Ph.D., NIMH

Participants:

- John Docherty, M.D., NIMH
- Susan Fiester, M.D., NIMH
- Tracie Shea, Ph.D., NIMH

10:15-10:30 a.m. Coffee/Tea

- Ante-Room

10:30 a.m. -  
12:00 p.m.

Papers 1-15

- \* Papers 1-3 "Preliminary Results from the Maryland Process Study" - Garnett Room

Clara E. Hill, Ph.D., University of Maryland  
Janet Helms, Ph.D., University of Maryland  
Victoria Tichnor, M.A., University of Maryland

- \* Papers 4-7 "The Attrition Problem" - Mulford Room

4. "The Impact of Attrition on Psychotherapy Theory, Research & Practice"

E. Lakin Phillips, Ph.D., George Washington University

5. "Predicting Premature Terminators from Group Climate Scores"

K. Roy MacKenzie, M.D., FRCP(C),  
University of Calgary

6. "A Structural Analysis of the Components of Expectation in Relationship to Continuation in Psychotherapy"

Gayle M. Frommelt, B.A., Northwestern University

7. "Interactional Correlates of Premature Termination: Two Studies"

Terance J. Tracey, Ph.D., University of Illinois-Urbana, Champaign

- \* Papers 8-11 "New Dynamic Therapy Measures" - Heritage Room

8. "The Assessment of Object Relations and the Beginning of Psychotherapy"

Mark P. McGovern, Ph.D., Temple University  
Donna Golden, Northwestern University Medical School  
William H. Melon, Northwestern University Medical School

9. "Measurement of Patient Capacity for Dynamic Process"

Michael Thackrey, Ph.D., Vanderbilt University  
Steven F. Butler, Ph.D., Vanderbilt University  
Hans H. Strupp, Ph.D., Vanderbilt University

10. "The Therapeutic Alliance: Its Place as a Process and Outcome Variable in Psychotherapy Research"

Siebolt Frieswyk, Ph.D.,  
John G. Allen, Ph.D.,  
Donald B. Colson, Ph.D.,  
Lola Faye Coyne, Ph.D.,  
Glen O. Gabbard, M.D.,  
Leonard Horwitz, Ph.D.,  
Gavin Newsom, M.S.W.,  
The Menninger Foundation

11. "Measuring Adaptive Regression  
in Psychotherapy Sessions"

John Bugas, M.S., Mt. Zion Hospital  
& Medical Center  
George Silberschatz, Ph.D., Mt. Zion  
Hospital & Medical Center

\* Papers 12-15 "Change Events - Grand Ballroom  
in Psychotherapy"

12. "Measuring Session Change in  
Cognitive Therapy"

Jeremy D. Safran, Ph.D.,  
T. Michael Vallis, Ph.D.,  
Zindel V. Segal, Ph.D.,  
Brian F. Shaw, Ph.D.,  
Clarke Institute of Psychiatry &  
University of Toronto  
Wallace Baylog, M.S.,  
Leah Epstein, M.Ed.,  
Clarke Institute of Psychiatry

13. "Therapist-Client Agreement on the  
Impact of Their Psychotherapy Sessions"

Teresa Dill-Standiford, Miami University  
William B. Stiles, Ph.D., Miami  
University

14. "Awareness in Psychotherapy:  
A Comprehensive Process Analysis of  
Awareness Events"

Robert Elliott, Ph.D.,  
Laura Underwood, B.A.,  
David Cislo, M.A.,  
Linda Webb, B.A.,  
University of Toledo

15. "A Test of a Performance Model of  
the Unfolding of Problematic Reactions"

Jeanne C. Lowenstein, York University  
Laura N. Rice, Ph.D., York University

12:00- 2:00 p.m. Business Meeting Luncheon - Grand Ballroom

2:15- 3:15 p.m. Papers 16-27

\* Papers 16-18 "Three Meta- - Heritage Room  
Analyses"

16. "Combined Psychotherapy and  
Pharmacotherapy in the Treatment of  
Depression: A Modified Meta-analytic  
Approach"

Hope R. Conte, Ph.D.,  
Robert Plutchik, Ph.D.,  
Katherine V. Wyld, M.A.,  
Toksoz B. Karasu, M.D.,  
Albert Einstein College of Medicine

17. "The Zung Beck and Hamilton Rating  
Scales as Measures of Treatment Outcome:  
A Meta-analytic Comparison"

Doxey R. Hatch,  
Michael J. Lambert,  
Merrill D. Kingston,  
Byron C. Edwards,  
Brigham Young University

18. "Do Psychotherapists Vary Much  
in Their Success? The Answer Within  
Four Outcome Studies"

Paul Crits-Christoph, Ph.D.,  
Lester Luborsky, Ph.D.,  
A. Thomas McLellan, Ph.D.,  
George Woody, M.D.,  
University of Pennsylvania  
William Piper, Ph.D., McGill  
University  
Bernard Liberman, Ph.D., Johns  
Hopkins University  
Stanley Imber, Ph.D., University  
of Pittsburgh  
Leslie Alexander, Ph.D., Bryn  
Mawr College

\* Papers 19-21 "Treatment of - Grand Ballroom  
Anxiety Disorders"

19. "Agoraphobia: Behavioral  
and Pharmacological Treatment"

Matig Mavissakalian, M.D., University  
of Pittsburgh School of Medicine  
Larry Michaelson, Ph.D., University of  
Pittsburgh School of Medicine

20. "Cognitive and Exposure Treatment  
for Agoraphobia: Re-examination of the  
Outcome Research"

Mia Biran, Ph.D., Miami University

21. "Conceptual and Methodological  
Issues in Evaluating Treatment of Post-  
Traumatic Stress Disorder"

Bonnie L. Green, Ph.D.,  
Jacob D. Lindy, M.D.,  
Mary C. Grace, M.Ed., M.S.,  
University of Cincinnati

\* Papers 22-24 "Outcome of - Mulford Room  
Cognitive and Behavioral Therapy"

22. "Treatment Outcome in Assertiveness  
Training"

Randall F. Hyde, University of Utah  
Michael J. Lambert,  
Bruce L. Brown,  
Sally H. Barlowe,  
Brigham Young University

23. "Homework Compliance: Uncontrolled  
Variable in Cognitive-Behavioral Psycho-  
therapy Outcome Research"

Laura Primakoff, Ph.D., Johns Hopkins  
University School of Medicine  
Norman Epstein, Ph.D., University of  
Maryland  
Lino Covi, M.D., Johns Hopkins  
University School of Medicine

24. "Outcome of Cognitive Therapy for  
Depression in Private Patients"

Jacqueline B. Persons, University of  
California, San Francisco  
David. D. Burns, Presbyterian-University  
of Pennsylvania Medical Center

- \* Papers 25-27 "Process Research: Conceptual and Methodological Issues" - Garnett Room

25. "The Relation of Process to Outcome in Time Limited Psychotherapy"

Andrew L. Molteni, Ph.D., University of Maine  
Janet B. Stedman, Ph.D., Ohio University  
John P. Garske, Ph.D., Ohio University

26. "Affective Interaction, Therapeutic Interventions and Change Patterns in Individual and Group Psychotherapy"

Sandra Rafman, Ph.D., McGill University

27. "Time Series Analysis"

Dirk Revenstorf, Ph.D., University of Tubingen, West Germany

3:15- 3:30 p.m. Coffee/Tea - Ante-Room

3:30- 5:00 p.m. Panel Sessions 9-12

- \* Panel 9 "The Role of the Clinical Evaluator in Psychotherapy Research: Experience from the NIMH Treatment of Depression Collaborative Project" - Garnett Room

Moderator: Ernest E. Beckham, Ph.D., University of Oklahoma

Participants:

Jenny Boyer, J.D., University of Oklahoma  
Anita Brown, Ph.D., Western Psychiatric Institute  
Lawrence Glanz, Ph.D., Western Psychiatric Institute  
Fran Strassburger, Ph.D., George Washington University

- \* Panel 10 "The Advent of Objective Measures of Transference" - Grand Ballroom

Moderator: John Docherty, M.D., NIMH

Participants:

Paul Crits-Christoph, Ph.D., University of Pennsylvania  
Horst Kachele, M.D., Universitat Ulm, West Germany  
Lester Luborsky, Ph.D., University of Pennsylvania

- \* Panel 11 "Process-Outcome Research Strategies: The Sheffield Research Project" - Mulford Room

Moderator: David A. Shapiro, Ph.D., University of Sheffield

Participants:

Robert Elliott, Ph.D., University of Toledo  
Jennie Firth, M.S.C., University of Sheffield  
William Stiles, Miami University

- \* Panel 12 "Multiple Perspectives of Outcome: Are They Necessary?" - Heritage Room

Moderator: Ralph Turner, Ph.D., Temple University

Participants:

Beth Jacobs, Northwestern University  
Mark McGovern, Temple University  
Jim Mintz, Ph.D., University of California, Los Angeles  
Hans H. Strupp, Ph.D., Vanderbilt University

6:30 p.m.

SPR Banquet - A Tribute to SPR's Founding Fathers - Grand Ballroom  
Dinner & Dancing

## SATURDAY, JUNE 22

8:45 a.m. -

12:00 p.m. Ad Hoc Workshops - Mulford Room  
Garnett Room

12:00 p.m.

Conclusion of Conference

-See you in Boston in 1986-

SOCIETY FOR PSYCHOTHERAPY RESEARCH

an international multidisciplinary,  
scientific organization

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Through its annual meeting and related activities, it seeks to encourage an exchange of information on research in progress, discussion of theoretical and methodological issues, and improved communication among researchers.

For information on membership, contact:

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