

SPR

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**Society For  
Psychotherapy  
Research**

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18TH ANNUAL MEETING  
JUNE 16-20, 1987

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ULM, WEST-GERMANY

**SPR**

**ULM CONFERENCE  
June 16-20, 1987**

**Program Chairs:** Jim Mintz, Ph.D. (University of California, Los Angeles), Horst Kächele, M.D. (Universität Ulm).

**European Program Committee:** B-Å. Armelius, Ph.D. (University of Umeå/Sweden), R. Bastine, Ph.D. (Universität Heidelberg/West-Germany), K. Grawe, Ph.D. (Universität Bern/Switzerland), W. Huber, Ph.D. (University of Louvain/Belgium), H. Kächele, M.D. (Universität Ulm/West-Germany), A. -E. Meyer, M.D., Ph.D. (Universität Hamburg/West-Germany), D. Shapiro, Ph.D. (University of Sheffield/United Kingdom).

**Local Program Committee:** Horst Kächele, Manfred Cierpka, Michael Hölzer (Universität Ulm, Special Collaborative Research Program 129 "Psychotherapeutic Processes").

**Tuesday, June 16, 1987**

**Tuesday--19:00 Reception**

Welcome address by the Head of the University of Ulm, the Lord Mayor of Ulm, and Horst Kächele, our local host.

**Tuesday--20:00 Presidential Address**

**L.E. Beutler** (University of Arizona): Stepping Forward into the Past--The Once and Future Role of Diagnosis in Psychotherapy Research.

**Wednesday, June 17, 1987**

**Wednesday--08:45-09:00 Greetings**

**Wednesday--09:00-10:30 SESSIONS 1-4**

Room 1

1. Therapeutic Tasks and Change.

Moderator: **E. Bordin** (University of Michigan)

Participants: **H. Dahl** (State University of New York)  
**L. Greenberg** (York University)  
**R. Jarrett** (University of Texas, Dallas)

Room 2

2. The Bernese Comparative Treatment Study: Design and Results of Process-Outcome Analyses.

Moderator: **Klaus Grawe** (Universität Bern)

Participants: **U. Mezenen** (Universität Bern)  
**H.P. Müller** (Universität Bern)  
**H.R. Ambühl** (Universität Bern)  
**F. Caspar** (Universität Bern)  
**E. Erhold** (Universität Bern)

Room 3

3. The Psychotherapy Delivery System.

Moderator: **E. Lakin Phillips** (George Washington University)

Participants: **E. Lakin Phillips** (George Washington University): The attrition curve.  
**K.I. Howard** (Northwestern University): Patterns of psychotherapy utilization.  
**H. Kächele & E. Mergenthaler** (Universität Ulm): Outpatient service in a psychoanalytic university department.  
**G. Vaslamatzis, S. Verveniotis & S. Taraviras** (University of Athens): Investigating the dropout phenomenon in short-term dynamic psychotherapy.

Room 4

4. Models of Short-Term Psychotherapy.  
Moderator: **H.H. Strupp** (Vanderbilt University)  
Participants: **P. Brown** (The Jerusalem Institute for Brief Psychotherapy, Jerusalem): Brief problem-focused therapy.  
**H.H. Strupp, S.F. Butler, J.L. Binder, T.E. Schacht & C.L. Rosser** (Vanderbilt University): Time-limited dynamic psychotherapy--Development and implementation of a training program.  
**A.S. Joyce & W.E. Piper** (University of Alberta): An examination of Mann's model of time-limited psychotherapy.  
**A. Blaser** (Universitätspoliklinik Bern): Problem oriented short-term therapy.

Wednesday--10:30-11:00 Coffee/Tea

Wednesday--11:00-12:30 SESSIONS 5-8  
(Optional continuation of Sessions 1-4 in Rooms 1-4)

Room 5

5. Patients' and Therapists' Intersession Experiences: New Studies in the Phenomenology of Process.  
Moderator: **D.E. Orlinsky** (University of Chicago)  
Participants: **M. Tarragona & D.E. Orlinsky** (University of Chicago): Patients' experiences of therapy between sessions.  
**M. Lundy & D.E. Orlinsky** (University of Chicago): Therapists' experiences of therapy between sessions.  
**R. Rhodes & B. Farber** (Columbia University): Therapists' experience of patienthood as an influence upon their intersession representations of their own patients.  
**W. Huber** (University of Louvain): Discussant.

Room 6

6. The Microanalysis of Incongruities and Anomalies.  
Moderator: **H. Dahl** (State University of New York)  
Participants: **V. Teller** (City University of New York, Hunter College): The linguistic analysis of an anomalous therapist intervention.  
**H. Dahl** (State University of New York): The logical structure of childhood episodes and their transference repetitions.  
**G. Silberschatz** (Mount Zion Hospital & Medical Center, San Francisco): Deviations from neutrality in therapists' interventions.

Room 7

7. Psychophysiological Contributions to Psychotherapy Research.  
Moderator: **W. Ehlers** (Universität Ulm) & **F. Lolas** (Universidad del Santiago de Chile)  
Participants: **M. Koukkou-Lehmann** (Universität Zürich): Functional states of the brain--A model of action in psychotherapy.  
**M. Ermann** (Universität München): Dream mechanism and regression.  
**R. Richter** (Universität Hamburg): Conflict and heart rate--Symptom-context in the psychoanalytic interview.  
**H. Traue** (Universität Ulm): Behavioral inhibition and arousal--Toward the etiology and treatment of psychosomatic disorders.  
**D. Dubrovsky** (Allan Memorial Institut, Montreal): Discussant.

Room 8

8. Psychotherapy and Cancer.  
Moderator: **M.A. van Kalmthout** (Catholic University of Nijmegen)  
Participants: **M.J. De Vries** (Erasmus University Rotterdam): A psychosomatic model of cancer.  
**D. van Baalen** (Erasmus University Rotterdam): The phenomenon of spontaneous regression of cancer and its relevance for psychotherapy.  
**M.A. van Kalmthout** (Catholic University of Nijmegen): On psychotherapy with cancer patients.  
**M. Wirsching** (Universität Gießen): On the influence of different interventions on the course of bronchial carcinoma--A controlled study.

Wednesday--12:30 LUNCH

Wednesday--14:00-15:30 SESSIONS 9-12  
(Optional continuation of Sessions 5-8 in Rooms 5-8)

Room 1

9. Using the Kelly Grid-Technique in Clinical Research.  
Moderators: **A. Catina** (Universität Ulm)  
Participants: **A. Catina** (Universität Ulm): Self-reconstructing as a result of the social interaction in analytic group psychotherapy.  
**D. Winter** (Napsburg Hospital, London): Constructing and response to therapy in agoraphobia.

(Session 9 continued on next page.)

**R. Neimeyer, S. Harter, P. Alexander & M.K. Moore** (Memphis State University): Repertory grid indices of group processes in the treatment of incest.  
**M. Bassler & U.T. Egle** (Universität Mainz): Evaluation of therapeutic process and outcome for inpatient psychotherapy of 13 chronic pain patients.  
**G.M. Schmitt** (Westfälische Wilhelms-universität) & **I.Gerlach** (Universität Marburg): Analysis of the therapy process of a Morbus Crohn patient.

Room 2

10. Non-Verbal Measures in Psychotherapy Research.  
Moderator: **F. Caspar** (Universität Bern) & **R. Krause** (Universität Saarbrücken)  
Participants: **J.H. Ellgring** (Max-Planck Institute for Psychiatry, München): Function of gaze behavior in the therapeutic interaction.  
**F. Caspar** (Universität Bern): Plan analysis--Non-verbal behavior, hidden conflicts and the person as a whole.  
**H. Wallbott** (Justus Liebig Universität): Vocal indicators of mental disturbances--Methodological considerations.  
**I. Elkin** (National Institute of Mental Health, Washington, D.C.): Discussant.

Room 3

11. Group Therapy Research.  
Moderator: **K. R. MacKenzie** (University of Texas, Houston)  
Participants: **P. Dierick & G. Lietaer** (Catholic University of Leuven): Member and therapist perceptions of helping processes in group psychotherapy and growth groups.  
**H. Hess & K. Höck** (Haus der Gesundheit, East Berlin): Evaluation of combined inpatient and outpatient group therapy.  
**L. J. Braaten** (University of Oslo): The effects of person-centered group therapy on mixed neurotic clients and normals.

Room 4

12. Interaction in Therapeutic Discourse.  
Moderator: **St. Wilke** (Freie Universität Berlin)  
Participants: **A. Speck** (Freie Universität Berlin): How to analyze "interaction" in therapeutic discourse.  
**St. Wilke** (Freie Universität Berlin): The opening sequence in initial interviews.

(Session 12 continued on next page.)

**S. Stitz & A. Torhorst** (Freie Universität Berlin): Therapeutic processes with suicidal clients--The results of linguistic research.  
**S. Gebel** (Freie Universität Berlin): Triadic interaction in therapies after a suicide attempt.

Wednesday--15:30-16:00 Coffee/Tea

Wednesday--16:00-17:30 PAPER SESSIONS 1-4  
(Optional continuation of Sessions 9-12 in Rooms 1-4)

Room 5

Paper Session 1

Moderator: **L. McCullough** (Beth Israel Medical Center, New York)  
Presenters: **J. Pollack, R.S. Kestenbaum, W. Flegenheimer, L. McCullough & A. Winston** (Beth Israel Medical Center): Brief Adaptational Psychotherapy (BAP)--Treatment procedures and clinical efficacy.  
**A. Winston, W. Flegenheimer, J. Pollack, M. Laiken, R. Kestenbaum & L. McCullough** (Beth Israel Medical Center, New York): A brief psychotherapy fidelity scale--Reliability, validity and relation to outcome.  
**M. Geyer & G. Plottner** (Karl-Marx Universität, Leipzig): On the representation of internal configurations by means of semantic differentials.

Room 6

Paper Session 2

Moderator: **H. Traue** (Universität Ulm)  
Presenters: **D. Martinez, P.C. Mohl, C. Ticknor, L. Cordell & A. Mumford** (University of Texas, San Antonio): Diagnostic evaluation--A consumer report.  
**P.C. Mohl, D. Martinez, C. Ticknor & J. Appleby** (University of Texas, San Antonio): Correlates of retention in and completion of treatment.  
**C.J. Rogalski** (West Side Veterans' Administration Hospital, Chicago): Attrition in a detoxification unit--Patient response to policy and psychological intervention.  
**S.B. Noel** (University of Wisconsin, Milwaukee): Initial contact and engagement in psychotherapy.

Room 7

Paper Session 3

- Moderator: **W. Huber** (University of Louvain)  
Presenters: **W. Bucci** (Adelphi University): A reconstruction of the tally argument.  
**W. Kerz** (Universität Frankfurt): Some critical comments on Gruenbaum's use of the tally argument.  
**D. Priebe** (Freie Universität Berlin): The structure of the therapeutic system--A model for empirical evaluation of system's theory in psychotherapy.  
**H. Thomae** (Universität Ulm): The relation of theory and technique in psychoanalysis.

Room 8

Paper Session 4

- Moderator: **R. Elliott** (University of Toledo)  
Presenters: **E. Marziali** (University of Toronto) & **L. Angus** (Clarke Institute of Psychiatry, Toronto): The Process Interaction Scale--A sequential system for coding therapist interventions and patient responses.  
**T. Schröder** (Southern Derbyshire Health Authority), **M. Binns** (Carlton Hayes Hospital, Leicester), **J.D. Davis** (University of Warwick), **M.L. Davis** (Walsgrave Hospital, Coventry), **R. Elliott** (University of Toledo), **V.M. Francis** (Country Hospital, Hereford) & **J.E. Kelman** (Ulffculme Clinic, Birmingham): A taxonomy of therapist coping strategies.  
**T. Schröder** (Southern Derbyshire Health Authority), **M. Binns** (Carlton Hayes Hospital, Leicester), **J.D. Davis** (University of Warwick), **M.L. Davis** (Walsgrave Hospital, Coventry), **R. Elliott**, (University of Toledo) **V.M. Francis** (Country Hospital, Hereford) & **J.E. Kelman** (Ulffculme Clinic, Birmingham): A taxonomy of therapist difficulties.  
**R. L. Russell & C. Staszewski** (New School for Social Research): The unit problem--Some systematic distinctions and explorations of trends in studies of psychotherapeutic discourse.

Wednesday--18:00 POSTER SESSION

- B-Å. Armelius & D. Stiwne** (University of Umeå): The effects of two years of group psychotherapy for borderline patients--Projection of results by means of principal components models.  
(Poster Session continued on next page.)

- R. Buschmann-Steinhage** (Universität Mainz): Self concept and denial of illness in schizophrenic patients--A Repertory-Grid study.  
**M. Franssen, C. Bostijn, S. Verhaest & R. Pierlout** (Universitair Psychiatrisch Centrum V.Z.W.): The development of a basic psychotherapeutic variable--The atmosphere of a psychoanalytic ward.  
**M. Fichter, U. Frick, R. Koloska & J. Rehm** (Psychiatrische Universitätsklinik München): Evaluation of inpatient therapy of alcoholics including significant others.  
**M.E. Houben, M. Franssen & S. Verhaest** (Universitair Psychiatrisch Centrum V.Z.W.): The evaluation of psychotherapeutic process and outcome in psychoanalytic wards.  
**W. König** (Wilhelm Griesinger Hospital, East Berlin): The objectivation of unconscious expectation fright.  
**K. Kreppner** (Max-Planck Institut für Bildungsforschung, Berlin): The arrival of a second child--A longitudinal study of interaction changes in normal families.  
**M.J. Lambert & K. Masters** (Brigham Young University): A comparison of the Zung, Beck, and Hamilton scales as measures of treatment outcome--Effect size and clinical significance.  
**F. Lamprecht** (Freie Universität Berlin), **J. Schmidt & P. Bernhard** (Psychosomatische Klinik Schömberg): The three year follow-up of the Magic Mountain Study (Schömberg).  
**L. Lewandowski & G. Buchkremer** (Universität Münster): The perception of the initial group-process in schizophrenic outpatients and its relevance for outcome--Results of a two-year follow-up.  
**U. Rosin, L. Alberti & H. Pohnke** (Universität Düsseldorf): Content and temporal aspects in Balint- and Self-experiencing groups.  
**S. Sreni & R. Basile** (University of Milano): The place of psychotherapy in the public assistance program in Italy.  
**U. Stuhr, A.-E. Meyer & U. Wirth** (Universität Hamburg): 12 year follow-up--Former therapeutic relationship, outcome and the post-therapy development of partnerships.  
**S. Verhaest, M. Franssen & M. Franssen** (Universitair Psychiatrisch Centrum V.Z.W.): Predictions about psychotherapeutic process and outcome in a psychoanalytic ward.  
**A.C. Wagner** (Universität Hamburg): The effects of "focusing" and the ending of "knots" on reducing speech-anxiety in females--An empirical study.  
**B. Weidenhammer** (Universität Düsseldorf): Qualitative analysis of the psychoanalytic "narrative situation."

Thursday, June 18, 1987

Thursday--09:00-10:30 SESSIONS 13-16

Room 1

13. Abuse of the Drug Metaphor in Therapy Research.  
Moderator: **W.B. Stiles** (Miami University of Ohio)  
Participants: **D. Shapiro** (University of Sheffield): The high water mark of the drug metaphor?  
**R.L. Russell** (New School for Social Research): How strong is the strength of treatment idea?  
**W.B. Stiles** (Miami University of Ohio): Process-outcome correlations may be misleading.

Room 2

14. Methods of Assessing Interpersonal Problems and Psychodynamic Conflict.  
Moderator: **L.M. Horowitz** (Stanford University)  
Participants: **L. Luborsky** (University of Pennsylvania): Recent developments in the Core-Conflict Relationship Method.  
**J.C. Perry** (Harvard University): Rating psychodynamic conflicts--The Idiographic Conflict Formulation.  
**H.H. Strupp** (Vanderbilt University): Measuring intrapsychic and interpersonal change in time-limited psychotherapy.  
**L.M. Horowitz** (Stanford University): Interpersonal problems and change.

Room 3

15. Characteristics of Treatment Non-Responders.  
Moderator: **M.T. Shea** (National Institute of Mental Health, Washington, D.C.)  
Participants: **I. Blackburn** (Thomas Clouston Clinic, Edinburgh)  
**S. Imber** (University of Pittsburgh)  
**G. Murphy** (Washington University Medical School)  
**S. Sotsky** (George Washington University)

Room 4

16. Symlog: An Instrument for Group and Family Processes.  
Moderator: **J. Schneider** (Universität München)  
Participants: **F. Kröger, A. Drinkmann, E. Petzold** (Universität Heidelberg) & **M. Schmidt-Rinke** (Universität Saarbrücken): Symlog as an instrument for measuring interaction and perceptual structures by self and other descriptions.

(Session 16 continued on next page.)

V. Tschuschke & M.M. Ernst (Universität Ulm): Symlog coding in group therapy.

Thursday--10:30-11:00 Coffee/Tea

Thursday--11:00-12:30 SESSIONS 17-20  
(Optional continuation of Sessions 13-16 in Rooms 1-4)

Room 5

17. Family Therapy Research.  
Moderator: **W.-R. Minsel** (Universität zu Köln)  
Participants: **F. Balck** (Medizinische Hochschule Lübeck): Comparison of family evaluation--Internal versus external evaluation.  
**W.-R. Minsel & W. Herff** (Universität zu Köln): Report on research in family enrichment.  
**P. Joraschky, G. Engelbrecht-Philipp** (Universität Erlangen) & **M. Cierpka** (Universität Ulm): Comparison of boundary disturbance in families with a psychotic member and normals.

Room 6

18. The Application of Relationship Pattern Measures to Psychotherapy Sessions.  
Moderator: **L. Luborsky** (University of Pennsylvania)  
Participants: **L. Luborsky** (University of Pennsylvania): What are the new relationship pattern measures and what have they set out to accomplish?  
**P. Chrits-Cristoph** (University of Pennsylvania): How well does "accuracy of interpretation" predict the patient's benefits in psychotherapy?  
**D. Fried** (Cornell University): Does the relationship with the therapist become like a general relationship pattern?  
**C. Popp** (University of Pennsylvania): How does the data base influence the CCRT?--A comparison of dreams, narratives and their combinations.  
**J.C. Perry** (Harvard University): What is the progress in studies comparing these measures with each other?

Room 7

19. The Psychotherapy Patient in Outpatient Medical Care.  
Moderator: **M. Linden** (Freie Universität Berlin)  
Participants: **B. Geiselmann** (Freie Universität Berlin): Long-term outpatient treatment with benzodiazepines and no psychotherapy.

(Session 19 continued on next page.)

**M. Linden** (Freie Universität Berlin): Patients who are referred to psychologists in order to get specialized behavior therapy.  
**D.A. Alexander & J.M. Eagles** (University of Aberdeen): Clinical and sociodemographic features of outpatients.  
**G. Schüssler** (Universität Göttingen): Patients who get biofeedback relaxation training in private psychiatric practice.

Room 8

20. Coding Videotaped Psychotherapy Sessions: Therapists' Interventions, Patients' Responses and the Relationship with Outcome.

Moderator: **D. Revenstorf** (Universität Tübingen)  
 Participants: **A. Winston** (Beth Israel Medical Center, New York): The immediate effects of interpretation on patient in-session response in short-term dynamic psychotherapy.  
**L. McCullough** (Beth Israel Medical Center, New York): The effects of therapist interventions combined with different patient responses and correlated with outcome at termination of treatment.  
**D. Revenstorf & M. Weber** (Universität Tübingen): A school-transcending coding system for therapist-client interaction--An empirical analysis of critical sequences.

Thursday--12:30 LUNCH

Thursday--14:00-15:30 SESSIONS 21-24  
 (Optional continuation of Sessions 17-20 in Rooms 5-8)

Room 1

21. Studying Long-Term Therapeutic Process.

Moderator: **R. Hohage** (Universität Ulm)  
 Participants: **H. Michélsen** (University of Stockholm) & **G. Bohman** (Karolinska Institute, Stockholm): A study of the therapeutic process with notes from the therapist.  
**E.E. Jones** (University of California, Berkeley) & **M.J. Windholz** (University of California, San Francisco): The psychoanalytic case study--Toward a method for systematic inquiry.  
**R. Hohage & L. Neudert** (Universität Ulm): Insight, suffering and separation anxiety during the termination sessions of psychoanalytic treatment.  
**P.M. Gedo** (University of Chicago): A method for elucidating patterns of significance and continuity across a psychoanalysis.

Room 2

22. Marital Relationship Diagnosis with the Giessen-Test.

Moderator: **E. Brähler** (Universität Gießen)  
 Participants: **E. Brähler** (Universität Gießen): Fields of application of Giessen-Test relationship diagnosis in psychotherapy.  
**P. Buchheim, G. Scheibe** (Universität München), **M. Cierpka & P. Braum** (Universität Ulm): Relationships between patients with anxiety disorders and their spouses in psychiatric outpatient clinics.  
**W. Steffens, M. Lion & H.-J. Grünzig** (Universität Ulm): Relationship patterns among parents of anorectic girls.

Room 3

23. Quantitative Text Analysis as a Tool in Psychotherapy Research.

Moderators: **H. Kächele & E. Mergenthaler** (Universität Ulm)  
 Participants: **M. Hölzer, I Fiedler, H. Kächele** (Universität Ulm) & **L. Luborsky** (University of Pennsylvania): Vocabulary measures for the evaluation of therapy outcome--A pilot study of transcripts from the Penn Psychotherapy Project.  
**G. Schiebe & P. Buchheim** (Universität München): Evaluation of the outpatient psychiatric interview--Emotional and verbal changes of patients and psychiatrists.  
**E. Mergenthaler, S. Göser & H. Kächele** (Universität Ulm): Language in psychoanalytic initial interviews.  
**M. Jeanneau** (University of Umeå): Linguistic patterns as psychological fingerprints.

Room 4

24. Group Therapy Research.

Moderator: **S. Davies-Osterkamp** (Universität Düsseldorf)  
 Participants: **G.M. Burlingame** (Brigham Young University): Specific and nonspecific factors in group psychotherapy.  
**L. Alberti** (Universität Düsseldorf): The temporal structure of group psychotherapy--A comparison.  
**H. Eichhorn** (Karl-Marx Universität, Leipzig): Evaluating the effects of dynamic psychotherapy in open and closed groups.  
**J.L. Boyer, E.E. Beckham & P. Buck** (University of Oklahoma): A cognitive-behavioral treatment of impulse control disorders--Outcome and follow-up.

**Thursday--15:30-16:00 Coffee/Tea**

**Thursday--16:00-17:30 PAPER SESSIONS 5-8**  
(Optional continuation of Sessions 21-24 in Rooms 1-4)

Room 5  
Paper Session 5

Moderator: **H.H. Strupp** (Vanderbilt University)  
Presenters: **S.F. Butler & H.H. Strupp** (Vanderbilt University): The Time-Limited Dynamic Psychotherapy Therapeutic Strategies Scale--An adherence measure.  
**S.F. Butler, M. Thackrey & H.H. Strupp** (Vanderbilt University): Capacity for Dynamic Process Scale--Relation to patient variables, process and outcome in Time-Limited Dynamic Psychotherapy.  
**T.W. Lane & H.H. Strupp** (Vanderbilt University): The effects of patient qualities and process contribution on measures of therapeutic change--A preliminary report.  
**P. Crits-Christoph** (University of Pennsylvania), **J. Mintz** (University of California, Los Angeles) & **L. Luborsky** (University of Pennsylvania): The size of therapist effects and the problem of non-independence in psychotherapy research.

Room 6  
Paper Session 6

Moderator: **B.-Å. Armelius** (University of Umeå)  
Presenters: **A. Dazord, P. Gerin & S. Manificat** (University of Lyon): Therapeutic approach with children according to patient request.  
**S. Reiter-Theil** (Universität Wien): Between moralism and technicism--Towards a reasonable ethics in family therapy.  
**I. Seiffge-Krenke** (Universität Geißen): Problem intensity and the disposition of adolescents to take therapeutic advice.  
**I. van Mechelen** (Catholic University of Leuven): Healing theories of psychiatric inpatients.

Room 7  
Paper Session 7

Moderator: **H. Enke** (Universität Ulm)  
Presenters: **K.R. MacKenzie** (University of Texas, Houston): Measurement of interpersonal dimensions in a psychotherapy group--Preliminary results with a new instrument.

(Paper Session 7 continued on next page.)

**M. Leuzinger & H. Kächele** (Universität Ulm): Changes of cognitive contexts in four psychoanalytic cases.  
**R. Teufel, W. Volk & R. Wunderlich** (Forschungsstelle für Psychotherapie, Stuttgart): The outcome of inpatient psychotherapy.  
**E. Marziali** (University of Toronto) & **J. Oleniuk** (The Clarke Institute of Psychiatry, Toronto): The measurement of developmental levels of object representations.

Room 8  
Paper Session 8

Moderator: **H. Zenz** (Universität Ulm)  
Presenters: **J. Smedslund** (University of Oslo): Some conceptual preconditions for psychotherapy research.  
**G. Silberschatz, S. Nathans & J.T. Curtis** (Mount Zion Hospital & Medical Center, San Francisco): Using the patient's plan to assess progress in psychotherapy.  
**D. Podrug** (Downstate Medical Center, New York): Work on a core theme (CCRT) as a measure of change in psychotherapy.  
**R. Pfitzner & H. Rehm** (Universität München): Differential diagnosis of hospitalized patients using the Rorschach Test--Catamnestic individual case studies.

**Thursday--19:30-21:00 SPECIAL EVENT**  
**E. Mergenthaler, S. Göser, U. Kemmer, M. Mühl & H. Kächele** (Universität Ulm): Computer Assisted Text Analysis--A Demonstration of the Ulm TEXTBANK.

**Friday, June 19, 1987**

**Friday--08:30-10:00 SESSIONS 25-28**

Room 1  
25. Time Series, Markov Chains and Cattell's P-Technique.  
Moderator: **D. Czogalik** (Universität Ulm)  
Participants: **R. Hettinger** (Universität Ulm): Application of Markov chains to psychotherapeutic processes.  
**P. Fiedler, F.J. Geider & K. Rogge** (Universität Heidelberg): The course of therapeutic interactions in cognitive behavior therapy and crisis intervention--Markov-chain analysis and pattern testing.

(Session 25 continued on next page.)



**D. Czogalik** (Universität Ulm): Multidimensional analysis of psychotherapeutic processes.

**L. Gaston & C. Marmar** (University of California, San Francisco): Quantitative and qualitative approaches--their integration through time-series designs.

Room 2

26. Long-Term Outcome Following Individual Treatment.

Moderator: **A.-E. Meyer** (Universität Hamburg)

Participants: **G. Steketee** (Boston University): Social support systems as predictors of long-term outcome following individual treatment.

**A.-E. Meyer, U. Stuhr & U. Wirth** (Universität Hamburg): A 12 year follow-up study of the Hamburg short-term psychotherapy comparison project.

**H. Kordy & W. Senf** (Universität Heidelberg): Follow-up of long-term psychotherapy.

**Fischer & Hand** (Universität Hamburg): Long term follow-up of short term therapy for phobics.

Room 3

27. The Experiential Therapy of Depression Project: Initial Report.

Moderator: **R. Elliott** (University of Toledo)

Participants: **L. Greenberg** (York University): Experiential therapy and depression--Theoretical background.

**R. Elliott** (University of Toledo): Methods used in the experiential therapy of depression project.

**V. Kemeny & C. Clark** (University of Toledo): Helpful aspects of experiential therapy of depression.

**C. Mack** (University of Toledo): Clients' models of the change process in experiential therapy.

Room 4

28. Psychotherapy with Severely Ill Patients.

Moderator: **B.-Å. Armelius** (University of Umeå)

Participants: **R. Forssman-Falk** (Virginia Commonwealth University) & **K. Hudgins** (Richmond, Virginia): The process-stage model--Operationalization of the psychotherapy process with borderline patients.

(Session 28 continued on next page.)

**G. Buchkremer, P. Fiedler & L. Lewandowski** (Universität Münster): Comparison between cognitive- and action-oriented psychotherapy for relapse prevention in schizophrenic patients--A five-year follow-up.

**A. Frank** (Cornell University): Discussant.

Friday--10:00-10:30

Coffee/Tea

Friday--10:30-12:00

SESSIONS 29-32

(Optional continuation of Sessions 25-28 in Rooms 1-4)

Room 5

29. Family Therapy Research: The Clinical Utility of the Family Assessment Measure.

Moderator: **M. Cierpka** (Universität Ulm)

Participants: **P.D. Steinhauer** (Hospital for Sick Children, Toronto): Overview of the process model of family functioning--Clinical qualities of a useful model.

**H. A. Skinner** (Addiction Research Foundation, Toronto): Validation studies with FAM III.

**M. Cierpka** (Universität Ulm): Concurrent validity between FAM III and FACES II/III.

Room 6

30. Applying Prigogine's Theory of Self-Organizing Process to the Conceptualization of Change in Psychotherapy.

Moderator: **H. Schneider** (Universität Zürich)

Participants: **U. Wüthrich** (Universität Bern)

**H. Schneider** (Universität Zürich)

**C. Marmar** (University of California, San Francisco)

Room 7

31. The Berlin Study of Psychotherapy.

Moderator: **G. Rudolph** (Freie Universität Berlin)

Participants: **G. Rudolph** (Freie Universität Berlin): The development of the therapeutic relation--Approaches and results.

**T. Grande** (Freie Universität Berlin): The therapeutic relationship as a predictor of psychotherapy outcome.

**U. Porsch** (Freie Universität Berlin): Reciprocal effects of therapist's and patient's personality and characteristics of the psychotherapeutic relationship.

**C. von Essen** (Freie Universität Berlin): About the validity of a diagnostic category system.

Room 8

32. Methodological Issues in Outcome Research.

- Moderator: **I. Hand** (Universität Hamburg)  
Participants: **B.-Å. Armelius** (University of Umeå)  
**K. Grawe** (Universität Bern)  
**P.K. Gunther** (Universität Düsseldorf)  
**I. Hand** (Universität Hamburg)  
**K.I. Howard** (Northwestern University)  
**H. Kordy** (Universität Heidelberg)  
**R.L. Russell** (New School for Social Research)

Friday--12:00-14:00 **BUSINESS LUNCH**

Friday--14:00-15:30 **SESSIONS 33-36**

(Optional continuation of Sessions 29-32 in Rooms 5-8)

Room 1

33. Comparative Studies on the Therapy of Depression.

- Moderators: **M. Hautzinger & R. deJong** (Universität Konstanz)  
Participants: **M. Hautzinger** (Universität Konstanz): Two collaborative treatment outcome studies with neurotic- and endogenous-depressed patients.  
**F. Zimmer, H. Polzer, D. Zimmer & H. Heimann** (Universität Tübingen): The role of marital interaction in chronic depression.  
**D. Shapiro, M.J. Barkham, G.E. Hardy & L.A. Morrison** (University of Sheffield): Preliminary outcome data from the Second Sheffield Psychotherapy Project.  
**A.J. Rush** (University of Texas, Dallas): Discussant.

Room 2

34. Research on the Therapeutic Alliance.

- Moderator: **U. Hentschel** (Universität Mainz)  
Participants: **L. Wittmann** (Universität Zürich): The therapeutic relationship as a process.  
**U. Hentschel & H. Reinisch** (Universität Mainz): Therapeutic alliance in a cognitive behavioral short-term therapy.  
**C. Marmar, D. Gallagher** (University of California, San Francisco) & **L.W. Thompson** (Stanford University): The therapeutic alliance and the outcome of cognitive, behavioral and dynamic psychotherapy for late-life depression.

Room 3

35. Facial Expression as an Indicator of Change Processes.

- Moderator: **R. Krause** (Universität Saarbrücken)  
Participants: **R. Krause** (Universität Saarbrücken): Change of facial expression of patient and therapist during a successful brief psychotherapy.  
**B. Ullrich** (Universität Saarbrücken): Facial expressions and speech content during a short-term psychotherapy.  
**E. Bänniger-Huber & F. Steiner** (Universität Zürich): Comparing different facial indicators within a psychotherapy study.

Room 4

36. Measurement of Structural Change.

- Moderator: **D. Hartley** (University of California, San Francisco)  
Participants: **R. Russell** (New School for Social Research) Structural transformations of children's autogenic stories in therapeutic retelling--An empirical investigation.  
**A. Wilson** (New School for Social Research): An epigenetic approach to the assessment of modes of organization (EPITAT).  
**J.H. Ghannam** (University of California, San Francisco): Representation of self and other from clinical transcripts--A quantitative approach for characterizing schemas.  
**D. Hartley** (University of California, San Francisco): Developmental level of object representations and psychotherapy outcome.

Friday--15:30-16:00 **Coffee/Tea**

Friday--16:00-17:30 **PAPER SESSIONS 9-13**

(Optional continuation of Sessions 33-36 in Rooms 1-4)

Room 5

Paper Session 9

- Moderator: **A.J. Rush** (University of Texas, Dallas)  
Presenters: **M.W. Biran** (Miami University): Outcome of cognitive-behavioral treatment of speech-anxiety and basic personality patterns.  
**R.B. Jarrett & A.J. Rush** (University of Texas, Dallas): The cognitions of depressed patients--What happens after treatment?  
**A. Wagner** (Universität Hamburg): The effects of "Focusing" and the ending of "Knots" on reducing speech-anxiety.

(Paper Session 9 continued on next page.)

**J.M.G. Williams** (Cambridge, UK):  
General and specific memories in  
parasuicide patients.

Room 6

Paper Session 10

Moderator: **W.B. Stiles** (Miami University of Ohio)  
Presenters: **J.C. Christenson, T. W. Lane & H.H. Strupp** (Vanderbilt University): Pre-therapy interpersonal relations and introject, as reflected in the therapeutic process.  
**E.A. Bankoff** (Northwestern University): The interplay between psychotherapy patients' support systems and engagement in the psychotherapeutic process.  
**D.P. Knight & W.B. Stiles** (Miami University of Ohio): Gender and verbal interaction in therapy.  
**A. Nocita & W.B. Stiles** (Miami University of Ohio): Some effects of gender upon psychotherapy impact ratings.

Room 7

Paper Session 11

Moderator: **K.I. Howard** (Northwestern University)  
Presenters: **G.K. Kolden & K.I. Howard** (Northwestern University): Presenting symptoms, early psychotherapeutic experience and engagement in psychotherapy.  
**S. Saunders, & K.I. Howard** (Northwestern University): Correlates of the patient's affective experience of the psychotherapy session.  
**H. Vertommen & Ch. Van Audenhove** (Katholieke Universiteit of Leuven): The client's perspective on psychotherapy--The usefulness of the client's request for the early stages of psychotherapy.  
**M.A. Zola** (University of Chicago), **K.I. Howard** (Northwestern University) & **D.E. Orlinsky** (University of Chicago): The process of outcome--The remission patterns of individual symptoms.

Room 8

Paper Session 12

Moderator: **P. Novak** (Universität Ulm)  
Presenters: **T. Niemi** (Finnish Student Health Service, Helsinki): Prediction of successful psychotherapies of university students in Finland.

(Paper Session 12 continued on next page.)

**R. Stinchfield** (Brigham Young University): Comparison of the use of advice between professional and non-professional therapists.

**S. Bloch** (Oxford University): Attitudes of British psychotherapists towards the role of humour in psychotherapy.

**G. Olsson** (Göteborg University): Transference and countertransference in short-term psychotherapy.

Room 9

Paper Session 13

Moderator: **A.-E. Meyer** (Universität Hamburg)  
Presenters: **P.C. Alexander, R.A. Neimeyer & V.M. Follette** (Memphis State University): A comparison of group treatments for incest victims.  
**D. Schulte** (Universität Bochum): Standard treatment versus individualized treatment with phobic patients.  
**K. Engel & H. Wilms** (Universität Mainz): Two questionnaires for therapy motivation in anorexia--Construction and first results.  
**P. von Korff & W. Bucci** (Adelphi University): Referential activity and the therapeutic process.

Friday--20:00

**Garden Party am Hochstrass**

Celebrating the 20th anniversary of the department of psychotherapy.

**Saturday, June 20, 1987**

Saturday--09:00-10:30      SESSIONS 37-40

Room 1

37. The Bernese Project of a Differential Analysis of Psychotherapy Outcome Studies: A Summary Report of the Most Interesting Results.

Moderator: **K. Grawe** (Universität Bern)  
Participants: **J. Siegfried** (Universität Bern)  
**R. Donati** (Universität Bern)  
**C. Louis** (Universität Bern)  
**F. Bernauer** (Universität Bern)

Room 2

38. NIMH Treatment of Depression Collaborative Research Program: An Update of Findings.

Moderator: **I. Elkin** (National Institute of Mental Health, Washington, D.C.)

Participants: **E.E. Beckham** (University of Oklahoma)  
**I. Elkin** (National Institute of Mental Health, Washington, D.C.)  
**M.T. Shea** (National Institute of Mental Health, Washington, D.C.)  
**S. Sotsky** (George Washington University)  
**J. Watkins** (University of Oklahoma)

Room 3

39. Application of Structural Analysis of Social Behavior (SASB) to the Study of Interpersonal Process in Psychotherapy.

Moderator: **L. Benjamin** (University of Wisconsin)

Participants: **W. Henry & H.H. Strupp** (Vanderbilt University)  
**P. Muller** (Universität Bern)  
**P. Fiedler** (Universität Heidelberg)  
**B.-Å. Armelius** (University of Umeå)

Room 4

40. Barriers to Research Investigation of Long-Term Psychotherapy.

Moderator: **J. Clarkin** (Cornell University)

Participants: **H.W. Koenigsberg** (Cornell University): Defining the treatment and controlling drift in technique in long-term therapy.  
**K.I. Howard** (Northwestern University): Phases in long-term psychotherapy.  
**A. Frank** (Harvard University): The problem of premature termination and drop-out in long-term therapy.  
**C. Marmar** (University of California, San Francisco) & **H. Kächele** (Universität Ulm): Discussants.

Saturday--10:30-11:00 Coffee/Tea

Saturday--11:00-12:30 SESSIONS 41-43

(Optional continuation of Sessions 37-40 in Rooms 1-4)

Room 5

41. Family Therapy Research.

Moderators: **L. Reiter** (Universität Wien)

Participants: **E. Steiner** (Institute for Marriage and Family Therapy, Wien) & **L. Reiter** (Universität Wien): Therapy with families connected to multiple helping agencies.

(Session 41 continued on next page.)

**G. Bernal** (Universidad de Puerto Rico),  
**Y. Flores-Ortiz**, **J.L. Sorensen**, **J. Miranda**, **G. Diamond & M.A. Alvarez** (University of California, San Francisco): Intergenerational family therapy with methadone maintenance--A clinical outcome study of patients and family members.

**H. Peter & I. Hand** (Universität Hamburg): Expressed emotion and agoraphobia in the Camberwell family interview.

Room 6

42. Group Therapy Research.

Moderator: **V. Tschuschke** (Universität Ulm)

Participants: **J. Dugo** (DesPlaines, Illinois) & **A.P. Beck** (Indian Head Park, Illinois): Outcome as related to position in the group and level of involvement.  
**V. Tschuschke & A. Catina** (Universität Ulm): The prognostic value of specific interaction patterns in early group sessions of a long-term inpatient group therapy.  
**W.E. Piper** (University of Alberta), **M. McCallum** (University of Alberta Hospitals) & **H.F. Azim** (University of Alberta): Patient suitability for short-term group psychotherapy--Interim report.

Room 7

43. Funding Psychotherapy Research.

Moderator: **D.E. Orlinsky** (University of Chicago)

Participants: **B.E. Wolfe** (National Institute of Mental Health, Washington, D.C.): The NIMH psychotherapy research grant program.  
**A.-E. Meyer** (Universität Hamburg): Psychotherapy research funded by the German Research Foundation.  
**D. Shapiro** (University of Sheffield): Funding of psychotherapy research in the United Kingdom.  
**D.E. Orlinsky** (University of Chicago): How to do research without a grant.

NOTES

**SPR**

**Society For Psychotherapy Research**

an international, multidisciplinary, scientific organization

The Society for Psychotherapy Research, founded in 1968 as an independent organization, is dedicated to the scientific study of psychotherapy. Through its annual meeting and related activities it seeks to encourage an exchange of information on research in progress, discussions of theoretical and methodological issues, and improved communication among researchers.

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