

SPR

**Society for
Psychotherapy
Research**

**19TH ANNUAL MEETING
JUNE 14-18, 1988**

SANTA FE, NEW MEXICO, USA

SPR
Society For Psychotherapy Research
an international, multidisciplinary, scientific organization

SANTA FE CONFERENCE
June 14-18, 1988

Program Chair: Charles Marmor, M.D.

**Program Committee: Larry Beutler, Ph.D. (University of Arizona),
Lealie Greenberg, Ph.D. (York University), Winfred Huber, Ph.D.
(University of Louvain), Jim Mintz, Ph.D. (University of
California), David Orfinsky, Ph.D. (University of Chicago), David
Shapiro, Ph.D. (University of Sheffield).**

**Local Arrangements Chairman: A. John Rush, M.D. (University
of Texas)**

Location: Sweeney Convention Center, Santa Fe, New Mexico

TUESDAY, June 14, 1988

Tuesday--11:00-6:30 REGISTRATION

**Tuesday--1:30-4:00 PRECONFERENCE
WORKSHOPS**

Room 1

**Overview of Grant Process from the Perspective of
Staff and Members of the Treatment Development
and Assessment Research Reviews Committee.**

**T. Borkovec (Pennsylvania State U.)
M. R. Goldfried (State U. of New York, Stony Brook)
E. Otey (National Institute of Mental Health)
A. J. Rush (U. of Texas)
B. E. Wolfe (National Institute of Mental Health)**

Room 2

**Research Consultation for Specific Design, Method
or Data Analysis Problems.**

**L. E. Beutler (U. of Arizona)
N. Jacobson (U. of Washington)
K. I. Howard (Northwestern U.)
D. S. Weiss (U. of California, S.F.)**

Room 3

Consultation on the Use of SASB.

**L. S. Benjamin (U. of Utah)
D. Hartley (U. of California, S.F.)
W. P. Henry (Vanderbilt U.)**

**Tuesday--6:00-10:00 Reception at the Santa Fe
Indian Arts Museum**

WEDNESDAY, June 15, 1988

Wednesday--8:30-10:00 PANELS 1-4

Room 1--Panel 1

**Update on the NIMH Psychosocial Treatment
Program.**

**Moderator: R. M. A. Hirschfeld (National Institute of
Mental Health)**

**Participants: R. M. A. Hirschfeld (National Institute of
Mental Health): An overview of NIMH supported
psychosocial research**

**M. T. Shea & R. F. Prien (National Institute
of Mental Health): Combined psychotherapy and
pharmacotherapy for depressive disorders--A
NIMH workshop.**

**B. E. Wolfe (National Institute of Mental
Health): Research on brief psychodynamic
therapy with depression--A NIMH initiative.**

**A. Lowery (National Institute of Mental
Health): Innovative rehabilitation and treatment
approaches for schizophrenia**

WEDNESDAY

WEDNESDAY

Room 2--Panel 2

The Complex Interplay Between the Processes of Representation and Internalization in Psychotherapy and Psychotherapy Supervision.

Moderator: **J. D. Geller** (Yale U.) & **B. A. Farber** (Columbia U.)

Participants: **J. D. Geller** (Yale U.) & **B. A. Farber** (Columbia U.): Factors influencing the process of internalization during psychotherapy.

S. H. Montgomery (Smith College): The unfolding of representations of the therapy relationship.

J. D. Geller & C. E. Schaffer (Yale U.): Internalization in the supervisory relationship.

Discussant: **L. Luborsky** (U. of Pennsylvania)

Room 3--Panel 3

The Therapeutic Alliance in Family, Group and Individual Psychotherapy: New Perspectives and Findings.

Moderator: **W. Pinsof** (Family Institute of Chicago)

Participants: **W. Pinsof** (Family Institute of Chicago): Family therapy.

S. H. Budman (Harvard Community Health Plan): Group therapy.

C. R. Marmar (U. of California, S.F.): Individual therapy.

Discussant: **E. Bordin** (U. of Michigan)

Room 4--Panel 4

The Vanderbilt II Project: Progress Report.

Moderator: **H. H. Strupp** (Vanderbilt U.)

Participants: **S. F. Butler, T. W. Lane & H. H. Strupp** (Vanderbilt U.): Patterns of therapeutic skill acquisition as a result of training in time-limited dynamic psychotherapy.

W. P. Henry (Vanderbilt U.): Approaches to data analysis.

T. W. Lane (Vanderbilt U.): An investigation of process and outcome relationships utilizing the Vanderbilt Psychotherapy Process Scale.

C. L. Rosser (Vanderbilt U.): An investigation of negative factors in therapy process utilizing the Vanderbilt Negative Indicators Scale.

Wednesday--10:00-10:45 Coffee/Tea

Wednesday--10:45-12:15 PANELS 5-8

Room 1--Panel 5

A System for Measuring Therapist Adherence.

Moderator: **I. Elkin** (National Institute of Mental Health)

Participants: **S. Hollon** (Vanderbilt U.): Rating therapies for depression--Final report on the CSPRS.

C. E. Hill (U. of Maryland): Adherence in Cognitive/Behavioral Therapy, Interpersonal Therapy and Clinical Management.

I. Elkin (National Institute of Mental Health): Relationship of therapists' adherence to treatment outcome in the NIMH Treatment of Depression Collaborative Research Program.

Discussant: **L. Luborsky** (U. of Pennsylvania)

Room 2--Panel 6

Process and Outcome of Brief Therapy: Current Work of the Sheffield Group.

Moderator: **R. Elliott** (U. of Toledo)

Participants: **D. A. Shapiro & M. J. Barkham** (U. of Sheffield): The Sheffield programme.

M. J. Barkham & D. A. Shapiro (U. of Sheffield): Exploratory and prescriptive therapy in 2+1 sessions.

L. A. Morrison (U. of Sheffield) & **R. Elliott** (U. of Toledo): Brief structured recall of exploratory and prescriptive sessions.

W. B. Stiles (Miami U.) & **L. A. Morrison** (U. of Sheffield): Clients' assimilation of problematic experiences in psychotherapy.

Room 3--Panel 7

Doing Research with Borderline Patients.

Moderator: **E. Marziali** (U. of Toronto)

Participants: **J. F. Clarkin, H. Koensigsberg & F. Yeomans** (Cornell Medical Center): Long-term psychodynamic treatment of the borderline patient: Design issues.

A. Frank (McLean Hospital, Boston): Problems in studying treatment of borderlines.

H. M. Blum & E. Marziali (U. of Toronto): Difficulties in conducting research on the borderline patient.

Room 4--Panel 8

Formulating Psychodynamic Themes and Issues From a Videotaped Interview.

Moderator: **S.E. Rosenberg** (Kaiser Permanente Medical Center, S.F.)

Participants: **S. E. Rosenberg** (Kaiser Permanente Medical Center, S.F.)

H. H. Strupp (Vanderbilt U.)

C. A. Popp (U. of Pennsylvania)

WEDNESDAY

Wednesday--12:15-1:15 Lunch

Wednesday--1:30-3:00 PAPER SESSIONS 1-4

Room 1--Paper Session 1

Moderator: **D. E. Orlinsky** (U. of Chicago)

Presenters: **P. Gedo & D. E. Orlinsky** (U. of Chicago): The interplay between insight and interpretation in a psychoanalytic case: A preliminary quantitative analysis.

M. Tarragona & D. E. Orlinsky (U. of Chicago): During and beyond the therapeutic hour: An exploration of the relationship between patients' experiences of therapy within and between sessions.

G. M. Frommelt (Northwestern U.): The relationship between patient-therapist goal congruence and therapy outcome.

G. G. Kolden & K. I. Howard (Northwestern U.): Orlinsky and Howard's Generic Model of Psychotherapy: An empirical examination in the early sessions of therapy.

Room 2--Paper Session 2

Moderator: **L. S. Benjamin** (U. of Utah)

Presenters: **L. M. Horowitz** (Stanford U.): The dynamic formulation as a predictor of the kinds of interpersonal problems discussed and the outcome of psychodynamic psychotherapy.

M. K. Hudgins (Richmond, VA) & **L. S. Benjamin** (U. of Utah): The INTREX Questionnaire: A bridge between scientist and practitioner.

L. J. Braaten (U. of Oslo): The Self-Development Project List-90: A new instrument to measure positive goal attainment.

V. S. Alpher (U. of Texas, Houston), **W. P. Henry & H. H. Strupp** (Vanderbilt U.): Developmental level of object representation, capacity for dynamic process and intrapsychic change during short-term dynamic therapy.

Room 3--Paper Session 3

Moderator: **L. E. Beutler** (U. of Arizona)

Presenters: **D. C. Hill, L. E. Beutler & R. Daldrup** (U. of Arizona): The relationship of process to outcome in brief experiential psychotherapy for chronic pain.

M. A. Corbishley, R. Hendrickson, L. E. Beutler, D. Engle & R. Daldrup (U. of Arizona): Behavior, affect and cognition among psychogenic pain patients in group expressive psychotherapy.

WEDNESDAY

C. M. Baldwin, J. L. Lauter & P. C. Facciola (U. of Arizona): Toward a taxonomy of vocal expressions of emotion.

D. Mohr, V. Shoham-Salomon & D. Engle (U. of Arizona): Anger in focused expressive psychotherapy: Its measurement and role.

Room 4--Paper Session 4

Moderator: **A. J. Rush** (U. of Texas)

Presenters: **R. B. Jarrett, A. J. Rush, D. E. Giles & C. M. Gullion** (U. of Texas): Predictors of response to cognitive therapy or tricyclic antidepressants in depressed outpatients.

E. Beckham (U. of Oklahoma): Characteristics of rapid responders in depression treatment.

D. A. Alexander & J. M. Eagles (U. of Aberdeen): Which neurotic patients are offered which psychotherapy?

S. Harter, R. A. Neimeyer & P. C. Alexander (Memphis State U.): Group process predictors of outcome in the treatment of incest survivors.

Wednesday--3:00-3:45 Coffee/Tea

Wednesday--3:45-5:15 PAPER SESSIONS 5-8

Room 1--Paper Session 5

Moderator: **L. Luborsky** (U. of Pennsylvania)

Presenters: **D. Podrug** (State U. of New York, Brooklyn): Differential effects of transference and extratransference interpretations in a short-term psychotherapy case.

P. Fretter (Mount Zion Hospital & Medical Center, S.F.): Plan--better than transference or a measure of transference?

P. Crits-Christoph (U. of Pennsylvania), **R. Schuller** (Temple U.) & **M. B. Connolly** (U. of Pennsylvania): The impact of the accuracy of therapists' interpretations on patients' levels of resistance in dynamic psychotherapy.

A. S. Joyce, W. E. Piper, M. McCallum & H. F. A. Azim (U. of Alberta Hospitals): A measure of patient response to interpretation.

Room 2--Paper Session 6

Moderator: **W. Huber** (U. of Louvain)

Presenters: **D. S. Weiss, N. L. Zilberg & J. Genevro** (U. of California, S.F.): Views of construct validity of Loewinger's Sentence Completion Test in an adult psychiatric outpatient sample.

(Paper Session 6 continues on next page)

WEDNESDAY

- A. Zintel-Wiegand, B. Krumm & S. Weyerer** (Central Institute of Mental Health, Mannheim): Psychological disturbances among adolescent clientele in general medical practices.
- A. Vansteenwegen** (Catholic U. of Leuven): The outcome of marital therapy after seven years: Individual and relational changes.
- W. Tress** (U. of Heidelberg, Mannheim): The epidemiology of psychogenic disorders and consequences for prevention.

Room 3--Paper Session 7

Moderator: **C. E. Hill** (U. of Maryland)

- Presenters: **P. Lafferty** (U. of California, L.A.) & **L. E. Beutler** (U. of Arizona): Differences between more and less effective psychotherapists: A study of select therapist variables.
- B. Thompson & C. E. Hill** (U. of Maryland): The role of client reactions in determining the process of therapy.
- J. Mahalik, C. E. Hill & B. J. Thompson** (U. of Maryland): The effects of four types of therapist self-disclosure in brief therapy.
- C. Geisler & R. Nishimoto** (New York U.): Techniques, therapeutic relationship and outcome: A comparison of psychoanalytic and eclectic treatments from the therapist and client perspectives.

Room 4--Paper Session 8

Moderator: **K. I. Howard** (Northwestern U.)

- Presenters: **C. McNeilly & K. I. Howard** (Northwestern U.): The Therapeutic Procedures Inventory as a measure of therapeutic ideology in an outpatient clinic.
- S. Saunders & K. I. Howard** (Northwestern U.): Correlation between the therapeutic relationship and treatment effectiveness as a function of amount of time between their assessments and level of role investment.
- K. Perry & K. I. Howard** (Northwestern U.): Symptoms, dose and outcome in psychotherapy.
- E. Bankoff** (Northwestern U.): The relationship between psychotherapy patients' support systems and therapeutic bonding.

Wednesday--5:15-6:30 POSTERS & COCKTAILS

- A. Ahmad & K. I. Howard** (Northwestern U.): Historical trends in psychotherapy research: Where have we been and where are we heading?
- J. P. Barber, P. Badgio, M. Feeley & R. J. DeRubeis** (U. of Pennsylvania): Are coping skills learned during cognitive therapy of depression?

WEDNESDAY-THURSDAY

- S. B. Berlin, K. B. Mann & S. F. Grossman** (U. of Chicago): Task-analysis of cognitive therapy for depression.
- R. Bryant** (Adelphi U.): Correspondence between psychodynamic contents and characteristics of language style.
- F. M. Caspar** (U. of Bern): Information processing in therapy interviews: Sketch of a project and results of an experiment.
- H. R. Conte, R. Plutchik, P. Buckley, D. W. Spence & T. B. Karasu** (Albert Einstein College of Medicine): Outpatients view their psychiatric treatment.
- A. E. Eichen** (Adelphi U.): Patient vocal quality and referential activity in psychotherapy.
- R. Ferguson** (Adelphi U.): Conscious and unconscious communicative approaches to psychotherapy.
- V. Follette, P. C. Alexander & M. Moore** (Memphis State U.): Individual predictors of outcome in group treatment for incest victims.
- G. M. Frommelt** (Northwestern U.): Patient and therapist goals: A descriptive study of psychotherapy.
- M. L. Guihan, M. Tuscano, B. Carlton, D. Miller & F. L. Newman** (Northwestern U.): The family's support of the treatment of the severely disturbed adolescent.
- L. Heatherington** (Williams College) & **M. Friedlander** (State U. of New York, Albany): Mapping interpersonal change events in structural family therapy.

THURSDAY, June 16, 1988

Thursday--8:30-10:00 PANELS 9-12

Room 1--Panel 9

Selecting Raters for Therapy Process Research.

- Moderators: **K. Moras** (National Institute of Mental Health) & **C. E. Hill** (U. of Maryland)
- Participants: **L. N. Rice** (York U.): Issues in rater selection and preliminary training.
- L. S. Benjamin** (U. of Utah): Selecting and training SASB coders.
- R. Elliott** (U. of Toledo): Issues in the selection, training and management of raters.
- C. R. Marmar** (U. of California, S.F.): Individual differences among raters.

Room 2--Panel 10

Schema Theory, Schema Analysis and Heuristic Psychotherapy.

- Moderator: **K. Grawe** (U. of Bern)
- Participants: **K. Grawe** (U. of Bern): Basic concepts of the schema approach to psychotherapy.
- F. M. Caspar** (U. of Bern): A case conception in the view of the schema theory.
- U. Wüthrich** (U. of Bern): Therapeutic process from the perspective of schema theory.

THURSDAY

Room 3--Panel 11

Patient Affective and Defensive Behavior in Brief Dynamic Psychotherapy.

Moderator: **A. Winston** (Beth Israel Medical Center, NY)

Participants: **M. Salerno** (Columbia U.), **L. McCullough** (Beth Israel Medical Center, NY), **A. Winston** (Beth Israel Medical Center, NY), **B. Farber** (Columbia U.) & **J. Pollack** (Beth Israel Medical Center, NY): The effects of confrontation versus clarification on patient affective and defensive responding.

J. Foote (New York U.), **L. McCullough**, **A. Winston**, **J. Pollack** & **M. Laikin** (Beth Israel Medical Center, NY): The emergence of patient affective responding as a result of specific therapeutic interventions.

E. Taurke (New York U.), **L. McCullough**, **A. Winston**, **J. Pollack** & **W. Flegenheimer** (Beth Israel Medical Center, NY): Change in affect/defense ratio from early to late sessions in relationship to outcome.

Discussant: **L. McCullough** (Beth Israel Medical Center, NY)

Room 4--Panel 12

Family Versus Child Therapy for Problematic Hispanic Boys--A Five-Year Study.

Moderator: **E. J. Murray** (U. of Miami)

Participants: **E. J. Murray** (U. of Miami)
J. Szapocznik (U. of Miami)
A. Rio (U. of Miami)

Thursday--10:00-10:45 Coffee/Tea

Thursday--10:45-12:15 PANELS 13-16

Room 1--Panel 13

The Effect of Interventions on Unconscious Communication and Referential Activity.

Moderator: **W. Bucci** (Adelphi U.)

Participants: **R. J. Langs** (Beth Israel Medical Center, NY): A comparative study of responses to interventional style and content.

P. B. Fretter (Mount Zion Medical Center, S.F.): The immediate effects of interpretations on referential activity as a measure of three patients' progress in brief, dynamic therapy.

M. Dodd (Adelphi U.): Orientation intervention and referential activity--An experimental study.

Room 2--Panel 14

The PEP Project, N=2 Research: A Cooperative Study

Moderator: **K. Grawe** (U. of Bern)

THURSDAY

Participants: **K. Grawe** (U. of Bern): Back to single case research.

H. Kächele (U. of Ulm): Methods with which therapies are being analyzed.

H. R. Ambulh (U. of Bern): The therapeutic process in both therapies from the perspective of the realization of therapeutic heuristics.

V. Tschuschke & **R. Hettinger** (U. of Ulm): Verbal-affective interactions between therapists and patients in short-term therapy.

Room 3--Panel 15

Methods for Studying Nonverbal Aspects of Psychotherapeutic Processes.

Moderator: **V. Shoham-Salomon** (Tel-Aviv U.)

Participants: **H. S. Friedman** (U. of California, Riverside): Personality and nonverbal cues.

J. Burgoon (U. of Arizona): Defining nonverbal themes.

V. Shoham-Salomon (Tel-Aviv U.): Nonverbal cues of resistance.

L. S. Greenberg (York U.): Vocal quality and conflict resolution.

Room 4--Panel 16

The Significance of the Initial Evaluation Interview: The Brief Psychotherapy Project.

Moderator: **B. A. Rudolph** (Illinois School of Professional Psychology)

Participants: **B. A. Rudolph** (Illinois School of Professional Psychology): Overview.

J. Jochem (Illinois School of Professional Psychology): Stress themes.

R. Cardella (Illinois School of Professional Psychology): Signs and symptoms of stress response syndrome.

M. Kadlec (Illinois School of Professional Psychology): Self-esteem.

E. Somberg (Illinois School of Professional Psychology): Psychosocial development level.

G. Mann (Illinois School of Professional Psychology): Openness as a trait.

H. Datz (Illinois School of Professional Psychology): Initial therapist actions to structure and focus a working alliance.

Thursday--12:15-2:00 Business Lunch

Thursday--2:00-3:00 "Presidential" Address

K. I. Howard (Northwestern U.): The psychotherapeutic service delivery system.

THURSDAY

THURSDAY

Thursday--3:45-5:15 PAPER SESSIONS 9-12

Room 1--Paper Session 9

Moderator: **D. Engle** (U. of Arizona)

Presenters: **V. Shoham-Salomon** (Tel Aviv U.), **R. Avner** (U. of Arizona) & **R. Zevlodever** (Tel Aviv U.): You're changed if you do and changed if you don't: Mechanisms underlying paradoxical interventions.

M. M. Wexler & R. Elliott (U. of Toledo): Experiential therapy of depression.

R. Elliott, C. Clark, V. Kemeny, M. M. Wexler, C. Mack & J. Brinkerhoff (U. of Toledo): Brief structured recall of significant therapy events in experiential therapy of depression.

K. Moras (National Institute of Mental Health): The Interpersonal Psychotherapy Specific Effects Process Scale: A method for testing the IPT theory of therapeutic change.

Room 2--Paper Session 10

Moderator: **M. J. Lambert** (Brigham Young U.)

Presenters: **L. A. Robinson & J. S. Berman** (Memphis State U.): Psychotherapy for depression: A comprehensive review of controlled outcome research.

C. J. Rogalski (West Side V.A. Hospital, Chicago): The Addiction Severity Index: Predicting relationship to a hospital and a professional.

L. Michelson (U. of Pittsburgh): Cognitive, behavioral and psychophysiological treatments of agoraphobia: A comparative outcome investigation.

C. P. Freeman, F. Barry, J. Dunkeld-Turnbull & A. Henderson (Edinburgh U.): A controlled trial of psychotherapy for bulimia nervosa.

Room 3--Paper Session 11

Moderator: **H. H. Strupp** (Vanderbilt U.)

Presenters: **D. L. Hamblin, L. E. Beutler, F. R. Scogin & A. Corbishley** (U. of Arizona): Sensitivity to therapist values and outcome in group cognitive therapy.

F. Talley & H. H. Strupp (Vanderbilt U.): Matchmaking in psychotherapy: Therapist-patient interpersonal dimensions and their effect on process and outcome.

P. Gerin, A. Dazard (Script-Inserm Hospital St. Jean de Dieu, Lyon), **B. Reith** (Institutions Universitaires de Psychiatrie, Geneve), **S. Manificat** (Script-Inserm Hospital St. Jean de

Dieu, Lyon) **P. Guisti** (Hospital du Vinatier Bron), **A. Sali, C. Péchine, H. Beyer** (Script-Inserm Hospital St. Jean de Dieu, Lyon) & **A. Andréoli** (Institutions Universitaires de Psychiatrie, Geneve): Patient's and therapist's mental representations of the patient's difficulties: Their degree of convergence as an outcome factor.

M. A. Westerman & J. P. Foote (New York U.): Revised scales for measuring coordinating style: Psychometric properties and relations with other patient interpersonal behavior variables.

Room 4--Paper Session 12

Moderator: **D. A. Alexander** (U. of Aberdeen)

Presenters: **M. Bassler & S. O. Hoffman** (Johannes Gutenberg-U., Mainz): The therapeutic process in anxiety patients during psychoanalytically oriented in-hospital therapy.

G. Olsson (Göteborgs U.): Different aspects of countertransference.

C. Drucker, P. Ransohoff & F. Sampson (Mount Zion Hospital & Medical Center, S.F.): Empirical demonstration of changes that occur during a psychoanalysis.

D. Fried (Yale U.), **P. Crits-Christoph & L. Luborsky** (U. of Pennsylvania): Measurement of the central parallel in transference in psychotherapy: The experience of the relationship to the therapist vs. to others.

Thursday--5:15-6:30 POSTERS & COCKTAILS

T. M. LaFromboise, L. Horowitz (Stanford U.) & **T. V. Mertuzzi** (U. of California, S.F.): An interpersonal view of the impact of affinity, clarification and helpful responses with American Indians.

J. Leeds (Adelphi U.): A new model for psychotherapy research: Repeating patterns of action, motivation and representation.

D. Moore & K. I. Howard (Northwestern U.): Change in dysfunctional attitudes and therapeutic outcome.

R. C. Qualls & J. S. Berman (Memphis State U.): The efficacy of treatments for anorexia nervosa.

R. L. Russell (New School for Social Research) & **S. R. Shirk** (U. of Denver): Assessing Weisz et al.'s (1987) meta-analytic study of the effectiveness of child therapy.

D. Schwartz & K. I. Howard (Northwestern U.): A follow up study of very early terminators from the psychotherapy service delivery system.

(Poster Session continues on next page)

THURSDAY

- O. M. Svartberg** (U. of Trondheim): Psychophysiological assessment of dynamic therapy outcome: presentation of methodology.
- D. M. Todd & S. Jacobus** (U. of Massachusetts): Computer-assisted qualitative text analysis as a tool in psychotherapy research.
- M. Wiener** (Clark U.), **S. E. Burney**, **L. Wood & R. L. Russell** (New School for Social Research): Nonverbal events in psychotherapy: A critical review.
- L. Wittmann** (U. of Zürich): The Speech Characterization Coding System: A new tool for psychotherapy research.
- G. E. Woody**, **L. Luborsky**, **A. T. McLellan & C. P. O'Brien** (U. of Pennsylvania): Professional psychotherapy for psychiatrically impaired methadone maintained patients in community-based programs.

Thursday--8:00-9:30pm PANELS 17-20

Room 1--Panel 17

The Role of the Helping Alliance and Other Process Variables in Cognitive Therapy.

Moderator: **R. J. DeRubeis** (U. of Pennsylvania)

Participants: **R. J. DeRubeis**, **M. Feeley & J. P. Barber** (U. of Pennsylvania): Facilitative conditions, adherence, client cooperation and helping alliance in cognitive therapy of depression.

L. Gaston, **C. R. Marmar** (U. of California, S.F.), **D. Gallagher & L. Thompson** (Stanford U.): Determinants and effects of the therapeutic alliance in cognitive therapy with elderly depressed patients.

P. Crits-Christoph & K. Beebe (U. of Pennsylvania): Quality of cognitive therapy, helping alliance and the outcome of cognitive therapy with opiate addicts.

Discussant: **E. E. Jones** (U. of California, Berkeley)

Room 2--Panel 18

Measuring Process Dimensions in Group Psychotherapy: A Comparison of Methods.

Moderator: **L. E. Beutler** (U. of Arizona)

Participants: **S. H. Budman** (Harvard Community Health Plan): The HCCP Group Cohesiveness Scale.

W. E. Piper (U. of Alberta): Psychodynamic Work and Object Rating System.

K. R. MacKenzie (U. of Texas): Group climate and SASB.

V. Tschuschke (U. of Ulm): SYMLOG and Gottshalk-Gleser content ratings.

D. Engle (U. of Arizona): A comparison of systems: Data.

Discussant: **L. Horwitz** (Menninger Foundation)

THURSDAY-FRIDAY

Room 3--Panel 19

Toward a Conceptual Scheme for Organizing Outcome Assessment.

Moderator: **M. J. Lambert** (Brigham Young U.)

Participants: **M. J. Lambert** (Brigham Young U.): A conceptual scheme for organizing outcome assessment.

D. E. Orlinsky (U. of Chicago): From micro-outcome to mega-outcome--Observational time-frames in the measurement of outcome.

R. M. Turner (Temple U.): On conceptual schemes for outcome measurement.

G. M. Burlingame (Brigham Young U.): Multidimensional assessment of outcome--Theoretical and psychometric tradeoffs.

Discussant: **D. A. Shapiro** (U. of Sheffield)

Room 4--Panel 20

Intensive Psychotherapy with the Severely Disturbed: Indications, Outcomes and Research Agendas.

Moderator: **M. P. McGovern** (Northwestern U. Medical School)

Participants: **M. P. McGovern** (Northwestern U. Medical School): Explanatory models and severe psychopathology--Measurement, predictive utility and implications for psychotherapy.

B. P. Karon (Michigan State U.): Current misconceptions about the status of research on psychotherapy with schizophrenics.

H. Koenigsberg, **J. F. Clarkin & M. Selzer** (Cornell Medical Center): Studying the long-term psychotherapy of borderline patients.

N. D. Schaffer (Northwestern U. Medical School): Designing relevant and feasible psychotherapy research on the borderline patient.

Discussant: **H. C. Pomp** (Northwestern U. Medical School)

FRIDAY, June 17, 1988

Friday--8:30-10:00 PANELS 21-24

Room 1--Panel 21

Research on The Individual Outcome of Psychotherapy: Single Case Statistics and Statistics of (Many) Single Cases.

Moderator: **H. Kordy** (U. of Heidelberg)

Participants: **B. Strauss** (U. of Kiel): Single case statistics in therapy research--Methods and applications.

H. Kordy (U. of Heidelberg): Construction of functional models of change.

L. Gaston (University of California, S.F.): Sequential analysis of single case data.

Discussant: **P. Gedo** (U. of Chicago)

FRIDAY

Room 2--Panel 22

Research on Long-Term Psychotherapy: The Northwestern-Chicago Project.

Moderator: **K. I. Howard** (Northwestern U.)

Participants: **M. T. O'Mahoney** (Northwestern U. Medical School): Developing the clinical research site.

K. I. Howard (Northwestern U.): An overview of the long-term psychotherapy project.

C. V. Davidson (Northwestern U. Medical School): Demonstrating treatment integrity in naturalistic research on long-term therapy.

D. E. Orlinsky (U. of Chicago): Preparedness for psychotherapy.

Discussant: **D. B. Larson** (National Institute of Mental Health)

Room 3--Panel 23

A Method for Studying and Comparing Psychoanalytic Theories of Psychotherapy.

Moderator: **J. T. Curtis** (Mount Zion Hospital & Medical Center, S.F.)

Participants: **J. T. Curtis & G. Silberschatz** (Mount Zion Hospital & Medical Center, SF): Creating reliable psychodynamic foundations.

G. Silberschatz & J. T. Curtis (Mount Zion Hospital & Medical Center, SF): Therapist adherence to the patient's plan as a predictor of treatment outcome.

W. Collins & S. Messer (Rutgers U.): Development of case formulations employing the Mount Zion Plan Formulation Method.

S. Nathans, J. T. Curtis & G. Silberschatz (Mount Zion Hospital & Medical Center, SF): Plan attainment: A reliable, case-specific outcome measure.

Room 4--Panel 24

Research on Therapist Intentions: Conceptual and Empirical Issues.

Moderator: **A. O. Horvath** (Simon Fraser U.)

Participants: **A. O. Horvath** (Simon Fraser U.): A naturalistic exploration of clients' decoding of counselors' intention.

W. B. Stiles (Miami U.): Levels of therapists' intended meaning.

J. Martin (U. of Western Ontario): Cognitive-mediational models of action-act sequences.

Friday--10:00-10:45 Coffee/Tea

FRIDAY

Friday--10:45-12:15 PANELS 25-28

Room 1--Panel 25

Issues in the Prediction of Relapse from Longitudinal Follow-up of Psychotherapy.

Moderator: **R. B. Jarrett** (U. of Texas)

Participants: **G. Steketee** (Boston U.): Prediction of relapse in anxiety disorders.

R. B. Jarrett (U. of Texas): Predicting relapse after cognitive therapy for depression.

Discussant: **E. Frank** (U. of Pittsburgh)

Room 2--Panel 26

Antecedents and Consequences of Transference Interpretations in Short-Term Psychotherapy.

Moderator: **W. E. Piper** (U. of Alberta)

Participants: **H. F. A. Azim** (U. of Alberta)

W. E. Piper (U. of Alberta)

M. McCallum (U. of Alberta Hospitals)

A. S. Joyce (U. of Alberta Hospitals)

L. McCullough (Beth Israel Medical Center, NY)

Discussant: **H. F. A. Azim** (U. of Alberta)

Room 3--Panel 27

Relationship Between Anxiety and Personality Disorders.

Moderator: **E. T. Klass** (State U. of New York, Albany)

Participants: **R. M. Turner** (Temple U.): Multiple-baseline evaluation of a bio-social-learning approach to borderline personality disorders.

J. C. Perry (Harvard Medical School): The natural history of anxiety symptoms in personality disorders.

E. T. Klass (State U. of New York, Albany): Personality disorder in anxiety-disordered samples.

Discussant: **S. J. Fiestler** (Nashua Brookside Hospital, Nashua, NH)

Room 4--Panel 28

The Berkeley Psychotherapy Project.

Moderator: **E. E. Jones** (U. of California, Berkeley)

Participants: **E. E. Jones & S. M. Pulos** (U. of California, Berkeley): On process research in psychotherapy.

E. E. Jones, L. A. Parke & S. M. Pulos (U. of California, Berkeley): Therapy process--A view over time.

T. Soo-Hoo, E. E. Jones & S. M. Pulos (U. of California, Berkeley): An empirical investigation of the therapeutic alliance construct.

Discussant: **L. S. Greenberg** (York U.)

Friday--12:15 Lunch

FRIDAY

Friday--1:30-3:00 PAPER SESSIONS 13-15

Room 1--Paper Session 13

Moderator: **H. Dahl** (Downstate Medical Center, NY)
Presenters: **R. J. Langs, P. E. Rapp, L. Thomson & A. Pinto** (Beth Israel Medical Center, NY): A method for quantifying the therapeutic process--Themes of gender and identity.
J. H. Ghannam (U. of California, S.F.): Structural change: A text analytic approach.
H. Kächele (U. of Ulm): The psychoanalyst's work with verbal symbols: An empirical contribution to the mechanism of interpretation.
E. Mergenthaler (U. of Ulm): Early memories revisited.

Room 2--Paper Session 14

Moderator: **I. Elkin** (National Institute of Mental Health)
Presenters: **E. L. Phillips** (Herndon, VA): Three basic patterns of psychotherapy delivery systems and what they mean.
K. P. Brown (Northwestern U.): Patterns of psychotherapy utilization: A survival analysis of length of treatment.
M. T. Shea (National Institute of Mental Health): Patterns and implications of attrition in the NIMH Treatment of Depression Collaborative Research Program.
M. Zola & K. I. Howard (Northwestern U.): Patterns of symptomatic remission in therapy.

Room 3--Paper Session 15

Moderator: **D. A. Shapiro** (U. of Scheffield)
Presenters: **M. E. Johnson** (Vanderbilt U.): Construct validation of the therapeutic alliance.
R. Agnew (U. of Sheffield): Therapist-client relationships: The development of a measure.
C. R. Marmar, D. S. Weiss & L. Gaston (U. of California, S.F.): Towards the validation of the Therapeutic Alliance Rating System.
P. E. Rapp (Medical College of Pennsylvania), **R. J. Langs & L. Thompson** (Beth Israel Medical Center, NY): Quantitative characterizations of dynamic pattern in patient-therapist communication.

Friday--3:00-3:45 Coffee/Tea

Friday--3:45-5:15 PAPER SESSIONS 16-19

Room 1--Paper Session 16

Moderator: **L. N. Rice** (York U.)
Presenters: **P. E. Maxim & E. Lee** (U. of Washington): Modelling therapeutic interaction.

FRIDAY

R. Hilliard, I. Mauch-Puhala & L. Wittman (U. of Zürich): The Speech Characterization Coding System (SCCS).
L. McMullen (U. of Saskatchewan): Use of figurative language in successful and unsuccessful cases of psychotherapy: Four comparisons.
D. Revenstorff (U. of Tübingen): The use of time series analysis in clinical research.

Room 2--Paper Session 17

Moderator: **L. S. Greenberg** (York U.)
Presenters: **H. Harper** (U. of Sheffield): When the alliance is under challenge.
M. J. Horowitz, R. Rosenbaum & N. Wilner (U. of California, S.F.): Role relationship dilemmas: A new process variable.
L. Gaston, C. R. Marmar & J. M. Ring (U. of California, S.F.): Engaging the difficult patient in cognitive therapy.
G. Rudolph (Freie U. Berlin): Neurotic patterns of interaction and their clinical relevance; An overview based on the Psychic- and Social-Communicative Inventory (PSKB).

Room 3--Paper Session 18

Moderator: **H. Kächele** (U. of Ulm)
Presenters: **C. Yoken** (Loyola U. of Chicago): Classifying patients' self reported presenting problems.
S. B. Noel (U. of Wisconsin, Milwaukee): Do presenting problems differ for the most and least distressed individuals seeking therapy?
F. L. Newman (U. of Illinois at Chicago), **S. M. Kopta** (U. of Evansville), **M. P. McGovern, K. I. Howard & C. L. McNeilly** (Northwestern U.): Evaluating trainees relative to their supervisors during the psychology internship.
M. Mavissakalian (Ohio State U.): Mutual potentiating effects of Imipramine and Exposure in agoraphobia: Empirical evidence.

Room 4--Paper Session 19

Moderator: **W. Pinsof** (Family Institute of Chicago)
Presenters: **H. Liddle** (University of California, S.F.): Systemic anatomy of a community based family therapy research project.
J. Lebow (Family Institute of Chicago): Drawing distinctions between family and individual therapy research.
J. C. Coyne (U. of Michigan Medical School): Barriers to family therapy research: The myth of holism.

Friday--6:45

Banquet

SATURDAY

SATURDAY, June 18, 1988

Saturday--8:30-10:00 PANELS 29-32

Room 1--Panel 29

Conceptualizing and Defining Clinical Significance in Psychotherapy Research.

Moderator: N. Jacobson (U. of Washington)

Participants: N. Jacobson (U. of Washington)
D. Revenstorf (U. of Tübingen)
M. T. Nietzel (U. of Kentucky)
E. B. Blanchard (State U. of New York, Albany)

Discussants: S. D. Hollon (Vanderbilt U.)

K. I. Howard (Northwestern U.)

Room 2--Panel 30

Can We Construct a Taxonomy of the Basic Elements of Psychodynamic Functioning for Use in Psychotherapy Research?

Moderator: J. C. Perry (Harvard Medical School)

Participants: G. Silberschatz (Mount Zion Hospital & Medical Center, S.F.): An approach to standardizing ratings of the plan diagnosis.
J. C. Perry, M. E. O'Connell, B. Simon, L. Hoke, B. Matthews & L. Heckleman (Harvard Medical School): Toward a taxonomy of basic dynamic wishes and fears.
H. Dahl (Downstate Medical Center, New York): A theory of emotions as a fundamental basis for psychotherapy research.
P. Crits-Christoph (U. of Pennsylvania) & A. Demorest (Swarthmore College): The development of standard categories for the CCRT Method.
F. M. Caspar (U. of Bern): The dangers of standardizing dynamic formulations.

Room 3--Panel 31

Child-Focused Family Therapies: Mechanisms of Change as Identified Through a Process Rating System.

Moderator: M. J. Lambert (Brigham Young U.)

Participants: M. J. Lambert (Brigham Young U.): Introduction and justification for research on child-focused behavioral and strategic therapies.
S. A. Szykula (U. of Utah): Design of the study.
P. Butler (Brigham Young U.): Thematic therapy interaction coding and training systems (TTICS).
S. B. Morris (U. of Utah): Reliability of TTICS and its relation to outcome.

SATURDAY

Room 4--Panel 32

Prevention of Recurrence/Relapse in Depression and Bulimia.

Moderator: A. J. Rush (U. of Texas)

Participants: A. J. Rush (U. of Texas): Overview of literature on recurrence of depression and bulimia.

S. Hollon (Vanderbilt U.): Differential relapse following cognitive therapy and pharmacotherapy for outpatient depression.

E. Frank (U. of Pittsburgh): Efficacy of pharmacotherapy, psychotherapy and combination for the prevention of recurrence in unipolar depression.

J. Mitchell (U. of Minnesota, Minneapolis): Antidepressant vs. group psychotherapy for bulimia nervosa.

Discussant: D. J. Kupfer (U. of Pittsburgh)

Saturday--10:00-10:45 Coffee/Tea

Saturday--10:45-12:15 SESSION 33

Plenary Session

The Translation of Research Findings into Clinical Practice.

Moderator: F. Talley (Vanderbilt U.)

Participants: S. F. Butler & H. H. Strupp (Vanderbilt U.): On psychotherapy research and clinical practice.
H. Dahl (Down State Medical Center, NY): The convergence of research findings.
M. Horowitz (U. of California, S.F.): The relationship of research to clinical practice--Consequences of case reviews by configurational analysis.
L. Luborsky (U. of Pennsylvania): Translating research findings.

Discussant: M. B. Parloff (Washington, D.C.)

NOTES

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Kenneth I. Howard, Executive Officer
Society for Psychotherapy Research
2626 Sheridan Road
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