

S P R

**Society for
Psychotherapy Research**

21ST ANNUAL MEETING
JUNE 26-30, 1990

WINTERGREEN, VIRGINIA, USA

SPR
Society For Psychotherapy Research
an international, multidisciplinary, scientific organization

WINTERGREEN CONFERENCE
June 26-30, 1990

Program Chair: Horst Kächele, M.D. (Universität Ulm)

Program Committee: Lorna Benjamin, Ph.D. (University of Utah),
Leslie Greenberg, Ph.D. (York University), Irene Elkin, Ph.D.
(National Institute of Mental Health), Clara Hill, Ph.D. (University
of Maryland), Horst Kächele, M.D. (Universität Ulm).

Local Arrangements: Irene Elkin, Ph.D. (National Institute of
Mental Health), Clara Hill, Ph.D. (University of Maryland).

Location: Wintergreen, Virginia, USA.

TUESDAY, June 26, 1990

Tuesday--12:00-7:00 REGISTRATION
Loggers Lobby

**Tuesday--1:00-3:30 PRECONFERENCE
WORKSHOPS**

Crawford South

Psychotherapy Service Research.

K.I. Howard (Northwestern U.)

David Larson (NIMH)

E. Lakin Phillips (George Washington U.)

H. Schlesinger (New School for Social Research)

Crawford North

**A Collaborative SPR Study on the Development of
Psychotherapists.**

C. Davidson (Northwestern U.)

A. Dazord(Script-Inserm)

P. Gerin (Script-Inserm)

D.E. Orlinsky (U. of Chicago)

**Tuesday--6:00-10:00 RECEPTION AT THE
PRYOR'S PORCH**

WEDNESDAY, June 27, 1990

Wednesday--8:00-7:00 REGISTRATION
Loggers Lobby

Wednesday--8:30-8:45 WELCOME
Commonwealth Ballroom

**Wednesday--8:45-9:45 PRESIDENTIAL
ADDRESS**
Commonwealth Ballroom
L. Greenberg (York U.):
"CHANGE PROCESS RESEARCH"

Wednesday--9:45-10:30 Coffee/Tea
Loggers Alley

Wednesday--10:30-12:00 PANELS 1-4
Shenandoah Room --Panel 1

Indicators of Differential Treatment Outcomes.

Moderator: L.E. Beutler (U. of Arizona)

Participants: L.E. Beutler (U. of Arizona) & K. Grawe
(U. of Bern): A cross-cultural comparison of
differential improvement rates.

D.C. Mohr (U. of Arizona) & **G. Rudolph**
(U. of Heidelberg): A cross-cultural comparison
of negative effects.

K. Grawe (U. of Bern): Differential effects in
the Bernese program.

WEDNESDAY

Rockfish Room--Panel 2

Personality Disorders: What We Know, What We Don't Know and What We Wish We knew.

Moderator: **S.H. Budman** (Harvard Medical School)

Participants: **M.T. Shea** (NIMH): Functioning of personality disorder patients when recovered from depression.

S.F. Butler (Medical College of Virginia): Assessment of personality disorders: The perspective of the psychotherapy researcher.

P.A. Pilkonis, C. Heape, J. Ruddy & P. Serrao (U. of Pittsburgh): Validity in the diagnosis of personality disorders: Use of the LEAD standard.

S.H. Budman (Harvard Medical School): Problems in psychotherapy research using DSM-III-R, Axis-II diagnosis.

Crawford South--Panel 3

Therapeutic Weeping and Sadness.

Moderator: **L.S. Greenberg** (York U.)

Participants: **M. McGlenn, S. Labott & R. Elliott** (U. of Toledo): The experience of weeping.

S. Labott, R. Elliott & P. Eason (U. of Toledo): "If you love someone, you don't hurt them": A comprehensive process analysis of a weeping event in psychotherapy.

R. Rhodes (Teachers College, Columbia) & **L.S. Greenberg** (York U.): The facilitating environment for the expression of sadness: The interpersonal factor.

L.S. Greenberg & R.L. Rohn (York U.): Task analysis of therapeutic weeping events.

Crawford North--Panel 4

Advances in Child Psychotherapy Research Using the Mount Zion Psychotherapy Research Model.

Moderator: **G. Silberschatz** (Mount Zion Medical Center)

Participants: **J.D. Gibbins** (Mount Zion Medical Center): Overview of research program.

S.A. Foreman (Mount Zion Medical Center): Progressiveness Scale for children.

J.D. Gibbins (Mount Zion Medical Center): Using condensed transcripts of observed behavior and verbalization in the study of child psychotherapy process.

S.A. Foreman (Mount Zion Medical Center): Intervention study.

Wednesday--12:00-2:00 LUNCH
Skyline Pavilion

WEDNESDAY

Wednesday--2:00-3:30 PAPER SESSIONS 1-4

Shenandoah Room--Paper Session 1

Moderator: **K. Grawe** (U. of Bern)

Presenters: **S.M. Saunders** (Northwestern U.): The process of seeking psychotherapy.

K.J. Perry & K.I. Howard (Northwestern U.): Previous psychotherapy: Relationship to current treatment episode.

E.A. Bankoff & K.I. Howard (Northwestern U.): The interpersonal context of the therapy patient.

L.B. Alexander (Bryn Mawr College), **J. Barber, L. Luborsky & P. Crits-Christoph** (U. of Pennsylvania): Giving choice of therapist a chance in psychotherapy.

Rockfish Room--Paper Session 2

Moderator: **W.B. Stiles** (Miami U.)

Presenters: **H. Schneider** (U. of Zürich): Tracing change in psychotherapy: Reflections on a methodological approach based on theories of self-organizing processes.

W.W. Sloan, Jr. & W.B. Stiles (Miami U.): Development of the Relational Immediacy Coding System: Correlations with the Experiencing Scale.

M.E. Johnson (U. of Manitoba): The social relations model: Implications for psychotherapy research.

L. Luborsky, J. Barber, & P. Schaffler (U. of Pennsylvania): Narratives about self-other relationships told during psychotherapy: A promising unit for empirical study.

Crawford South--Paper Session 3

Moderator: **R. Elliott** (U. of Toledo)

Presenters: **V. Tschuschke & R. Hettinger** (U. of Ulm): Affective interactions between therapists and patients in short-term therapies.

Franz, Schiessl, R. Manz, Fellhauer, H. Schepank & W. Tress (Central Institute of Mental Health, Mannheim): Preliminary results concerning problems with the acceptance of psychotherapy and motivation in a representative high-risk population.

U. Hentschel (U. of Leiden) & **M. Kiessling** (U. of Mainz): On the evaluation of therapeutic alliance in two case studies.

B. Sollors-Mossler, G. Reister & H. Schepank (Central Institute of Mental Health, Mannheim): Problems of motivating individuals to take part in an interventional study of psychogenic disorders.

WEDNESDAY

Crawford North--Paper Session 4

Moderator: L. Horowitz (Stanford U.)

Presenters: A.P. Beck, J.A. Brusa & M. Stone (Indian Head Park): A sociometric measure of emergent leadership in group psychotherapy.
R. Plutchik, H.R. Conte & T.B. Karasu (Albert Einstein College of Medicine): Frequency and importance of critical incidents in therapy.
P. Høglend (U. of Oslo): An investigation of "The Radical View" in brief dynamic therapy.
C.L. Ford & L. Greenberg (York U.): Effects of self-disclosure in marital therapy.

Wednesday--3:30-4:00 Soft Drinks

Loggers Alley

Wednesday--4:00-5:30 PANELS 5-8

Shenandoah Room--Panel 5

Integrating Psychotherapy Research Into Training Clinics.

Moderator: D.M. Todd (U. of Massachusetts)

Participants: J. Jackson & W. Bucci (Adelphi U.): Beyond Sisyphus: Research in a psychoanalytically oriented training clinic.

R.L. Hatcher (U. of Michigan): A psychotherapy research program in a psychological clinic.

D.M. Todd (U. of Massachusetts): Integrating research, practice and training in a psychological services center.

Rockfish Room--Panel 6

The Use and Impact of Transference Interpretations in Dynamically-Oriented Psychotherapy.

Moderator: H.F.A. Azim (U. of Alberta)

Presenters: S.H. Frieswyk, L. Horwitz & G.O. Gabbard (Menninger Clinic): The effect of transference interpretation on a borderline patient.

W.E. Piper, H.F.A. Azim, A.S. Joyce & M. McCallum (U. of Alberta): Transference interpretations and "toxicity" in short-term individual therapy.

C. Bullit, S. Batchelder & L. McCullough (Beth Israel Medical Center): Intensive content and process analysis of transference interpretations and the effects of outcome.

Crawford South Room--Panel 7

Understanding Change in Psychotherapy: Micro-analysis of Client-Therapist Interaction.

Moderator: E. Bänninger-Huber (U. of Zürich)

Participants: H. Schneider (U. of Zürich)

E. Bänninger-Huber (U. of Zürich)

WEDNESDAY

Crawford North--Panel 8

Family Therapy Process.

Moderator: M. Cierpka (U. of Ulm)

Participants: M. Cierpka, G. Frevert & M. Weber (U. of Ulm): Interaction processes between the family and therapist systems.

D. Pocorny (U. of Ulm): Analysis of speaker sequences in group and family therapy.

P. Buchheim (U. of Munich), M. Cierpka (U. of Ulm), G. Scheibe (U. of Munich) & P. Braun (U. of Ulm): Assessment of families with patients suffering from anxiety disorders.

Wednesday--5:30-7:30 POSTERS & CASH-BAR

Pryor's Porch

H. Abramson, A.C. Houts & J.S. Berman (Memphis State U.): The effectiveness of medical and psychological treatments for nocturnal enuresis.

V.S. Alpher & A.-C. France (U. of Texas Medical School, Houston): A role for SASB in developing intervention programs for caregivers and their families: An exploratory analysis.

K. Baranackie, P. Crits-Christoph & J.S. Kurcias (U. of Pennsylvania): Therapeutic techniques employed in the cognitive therapy of drug dependency.

J. Barber, P. Crits-Christoph & L. Luborsky (U. of Pennsylvania): Dimensions of psychodynamic themes: Cluster analysis of the CCRT standard categories.

J. Barber, L. Luborsky, J. Cacciola, A. Levinson, M. Prytowsky, G. Flickenger, J. Bastian, P. Crits-Christoph & P. Shaffler (U. of Pennsylvania): Changes in immunocompetence before and after psychotherapy for major depression.

B.D. Carter, L.J. Reed & L.C. Miller (U. of Louisville School of Medicine): Therapists' ratings across the course of individual child psychotherapy: Response patterns and their relationship to children's ratings.

M. Cierpka (U. of Ulm): The contribution of schizophrenic patients to the dysfunctionalities of their families.

M.B.K. Connolly & H.H. Strupp (Vanderbilt U.): The retrospective analysis of the therapeutic relationship.

B.L. Davis (Bryn Mawr College) & R. Elliott (U. of Toledo): Listening to the client's voice at the gateway: A first look at a helping event during an initial therapy interview.

R.T. Dolan, D.B. Arnkoff & C.R. Glass (Catholic U.): Attachment style, interpersonal perceptions, and psychiatric symptoms in a college sample.

K.E. Edstrom & G.B. Friedman (Northwestern U.): The relationship of treatment satisfaction to treatment outcome in a chronic psychiatric population.

S. Greenwald & R.L. Russell (New School for Social Research): Inclusive meta-analytic samples: Some heretical observations.

(Posters continue on next page.)

WEDNESDAY-THURSDAY

THURSDAY

K.I. Howard & C.L. McNeilly (Northwestern U.):
Psychotherapy works: A re-analysis of Eysenck's 1952 report using the dosage model.

J.R. Iberg (Illinois School of Professional Psychology): An example of statistical process control in the supervision and instruction of clinical psychology graduate students.

H. Kächele (U. of Ulm) and colleagues: A multi-center inpatient and outpatient treatment of eating disorders: Stages of planning.

**Wednesday--7:30-
Pryor's Porch** MUSIC & CASH-BAR

THURSDAY, June 28, 1990

Thursday--8:30-10:00 PANELS 9-13

Shenandoah Room--Panel 9

NIMH Treatment of Depression Collaborative Research Program: Follow-up Findings.

Moderator: **I. Elkin** (NIMH)

Participants: **M.T. Shea, I. Elkin** (NIMH) & **J. Collins** (VA, Perry Point): Follow-up findings from the NIMH TDCRP: Course of depression.

S.M. Sotsky, A. Sigafos (George Washington U.), **J. Collins** (VA, Perry Point) & **I. Elkin** (NIMH): Modality specific outcome of treatments for depression at follow-up.

W.R. Leber (VA, Oklahoma City), **E.E. Beckham** (U. of Oklahoma) & **J.T. Watkins** (Psychiatric Consultants Group of Atlanta): Prediction of relapse within eighteen months following treatment.

P.A. Pilkonis, S.D. Imber & J.M. Proietti (U. of Pittsburgh): Relationships among life stress, social networks, and depression.

Discussant: **A.J. Rush** (U. of Texas Southwestern Medical Center)

Blue Ridge Room--Panel 10

Task Analysis, Methods and Application.

Moderator: **L.N. Rice** (York U.)

Participants: **K.M. Clarke** (St. Paul U.): A preliminary performance model of the creation of meaning.

F. Foerster & L.S. Greenberg (York U.): Toward construction and verification of a model of the resolution of unfinished business.

J.W. Lowenstein (York U.): Validating a performance model from the client's perspective.

Discussant: **L.S. Greenberg** (York U.)

Rockfish Room--Panel 11

Emotion Structures.

Moderator: **H. Dahl** (SUNY, Health Science Center)

Participants: **H. Dahl** (SUNY, Health Science Center)

M. Hölzer (U. of Ulm)

H. Kächele (U. of Ulm)

D. Pokorny (U. of Ulm)

N. Scheytt (U. of Ulm)

Discussant: **G. Silberschatz** (Mount Zion Hospital, S.F.)

Crawford South--Panel 12

Empirical Research on Inpatient Psychotherapy.

Moderator: **H. Kordy** (U. of Heidelberg)

Participants: **M. Bassler & S.O. Hoffman** (U. of Mainz):

The therapeutic relationship within the frame of inpatient psychotherapy.

H. Kordy & O. Schöneberg (U. of Heidelberg): Differential relevance of therapeutic factors in inpatient psychotherapy.

H. Koenigsberg (Cornell Medical Center)

Crawford North--Panel 13

Defense, Motive, Conflict and Therapeutic Alliance: Dynamic Assessment Methods Developed at The Cambridge Hospital.

Moderator: **J.C. Perry** (The Cambridge Hospital and Harvard Medical School)

Participants: **M. O'Connell, M. Kardos, C.J. Pagno, J.C. Perry & D. Young** (The Cambridge Hospital and Harvard Medical School): Assessing changes in defensive functioning with the Defense Mechanism Rating Scales (DMRS).

J. Wechter, F. Augusto, M. Kardos, M. O'Connell, J.C. Perry & B. Simon (The Cambridge Hospital and Harvard Medical School): Assessing conflicts: The Psychodynamic Conflict Rating Scales (PCRS) for psychopathology and adaptation.

M. Kardos, F. Augusto, M. O'Connell, J.D. Perry & J.C. Perry (The Cambridge Hospital and Harvard Medical School): Standardized assessment of motives: The Wish and Fear List.

B. Brysk (Princeton), **J.D. Perry, M. Kardos & J.C. Perry** (The Cambridge Hospital and Harvard Medical School): Measuring therapeutic alliance in or out of the therapy context: The Therapeutic Alliance Analogue Scales (TAAS).

J.C. Perry (The Cambridge Hospital and Harvard Medical School): How can we use these methods to advance treatment research?

Thursday--10:00-10:30 Coffee/Tea
Loggers Alley

THURSDAY

Thursday--10:30-12:00 PAPER SESSIONS 5-9

Shenandoah Room--Paper Session 5

Moderator: **C. Hill** (U. of Maryland)

- Presenters: **A.F. Badalamenti & R.J. Langa** (Nathan Kline Institute for Psychiatric Research): An empirical investigation of human dyadic systems in the time and frequency domains.
E.E. Beckham, J. Boyer (U. of Oklahoma) & **J. Watkins** (Psychiatric Consultants Group of Atlanta): Analyzing depression treatment for patterns of response: Results from the Treatment of Depression Collaborative Research Program.
S.C. Paivio (York U.): Interactional sequences in important therapeutic events: A case study of experiential psychotherapy.
D. Podrug (SUNY Brooklyn): The systematic deviations from the correlation between the therapist interventions and patients' insight as novel outcome measures.

Blue Ridge Room--Paper Session 6

Moderator: **C. R. Marmar** (U. of California, S. F.)

- Presenters: **S. Sabourin** (U. of Montreal): Further aspects of the validity of the California Psychotherapy Alliance Scales
J. Hansell (U. of Michigan): The relationship of the California Psychotherapy Alliance Scales to other measures of the alliance.
J. Gutfreund (Cornell Medical Center): The relation of the alliance and therapist interventions to outcome of dynamic psychotherapy.
L. Gaston (McGill U.): Reliability and criterion-related validity of the California Psychotherapy Alliance Scales.

Rockfish Room--Paper Session 7

Moderator: **D.E. Orlinsky** (U. of Chicago)

- Presenters: **L. Jackson & R. Elliott** (U. of Toledo): Is experiential therapy effective in treating depression?: Initial outcome data.
E.E. Jones, L.A. Parke, S.M. Poulos & S. L. Tunis (U. of California): Comparing psychodynamic and cognitive-behavioral treatments: Empirical descriptions of the therapy process.
J.P. Barber, R.J. DeRubeis, A.T. Beck, L. Luborsky & E.E. Schweizer (U. of Pennsylvania): Do compensatory skills or attributional style specifically improve during cognitive therapy?
L.E. Beutler, D. Engle, D. Mohr, R.J. Daldrup, J. Bergan, K. Meredith & W. Merry (U. of Arizona): Predictors of differential response to therapeutic procedures.

THURSDAY

Crawford South--Paper Session 8

Moderator: **K.I. Howard** (Northwestern U.)

- Presenters: **E.L. Phillips** (George Washington U.): New ways in process research.
C.J. Rogalski (West Side VA Medical Center, Chicago): Attrition and stabilization in outpatient substance abuse treatment.
C.V. Davidson, K.I. Howard (Northwestern U.), **D.E. Orlinsky** (U. of Chicago) & **M.T. O'Mahoney** (Northwestern U.): Distress, dysfunction, treatment expectations and utilization among psychotherapy patients.
R.S. Koehler & K.I. Howard (Northwestern U.): Psychotherapy utilization of depressed patients with and without personality disorders: A survival analysis.

Crawford North--Paper Session 9

Moderator: **H. Kächele** (U. of Ulm)

- Presenters: **H.R. Conte, R. Plutchik, L. Buck, S. Picard & T.B. Karasu** (Albert Einstein College of Medicine): Interrelations among ego functions and personality traits: Their relation to psychotherapy outcome.
M. Körner (U. of Ulm): Defense or coping?: A qualitative, text-analytical approach.
T. Anderson & L.M. Leitner (Miami U.): The relationship of defense mechanism and reported symptomatology in college females.
R. Manz, G. Reister & W. Tress (Central Institute of Mental Health, Mannheim): Validation of the German version of Bond's Questionnaire on defense styles.

Thursday--12:00-2:00 BUSINESS LUNCH
Skyline Pavilion

Thursday--2:00-3:30 PAPER SESSIONS 10-13

Shenandoah Room--Paper Session 10

Moderator: **M.T. Shea** (NIMH)

- Presenters: **B.E. Wolfe** (NIMH): A report on two recent NIMH workshops on the treatment of phobias and panic.
A.J. Derefinko (Northwestern U.): Exploring narcissistic patients' experience of the therapeutic bond.
E. Gordon (Northwestern U.): The role of personality disorder on the patient's initial development of the therapeutic bond.
M. Mavissakalian, M.S. Hamman & B. Jones (Ohio State U.): DSM-III personality disorders in obsessive-compulsive disorder: Changes with treatment.

THURSDAY

Rockfish Room--Paper Session 11

- Moderator: **L.S. Benjamin** (U. of Utah)
Presenters: **S. F. Butler** (Medical College of Virginia) & **D.L. Rock** (Vanderbilt U.): Characteristics of expertise in psychotherapy.
S.H. Jones, R.F. Krasner & K.I. Howard (Northwestern U.): Measuring therapist skillfulness via supervisor questionnaire: Pilot test of a new instrument.
L. Najavits & J.L. Binder (Vanderbilt U.): The quest for a multidimensional model of therapist skill.
P. Crits-Christoph, K. Baranackie, J.S. Kurcias, A.T. Beck (U. of Pennsylvania), **K. Carroll** (Yale U.), **K. Perry** (Northwestern U.), **L. Luborsky** (U. of Pennsylvania), **A.T. McLellan, G.E. Woody** (VA Philadelphia), **L. Thompson, D. Gallagher** (VA Palo Alto) & **C. Zitrin** (Long Island Jewish Hillside Medical Center): Meta-analysis of therapist effects in therapy outcome studies.

Crawford South--Paper Session 12

- Moderator: **R.L. Russell** (New School for Social Research)
Presenters: **P. Buchheim, G. Scheibe** (U. of Munich), **E. Mergenthaler & M. Schmidt-Kulbe** (U. of Ulm): Evaluation of group psychotherapy process by textanalytical methods: Long-term group psychotherapy of outpatients with anxiety disorders.
J.J. Lord, C.T. Castelino & R.L. Russell (New School for Social Research): Linguistic aspects of client discourse: Affect, subjectivity, and client experiencing level.
E. Mergenthaler (U. of Ulm): Parts of speech: A measure of therapeutic alliance?
H. Kächele (U. of Ulm): A computer-based assessment of long-term transference trends.

Crawford North--Paper Session 13

- Moderator: **P. Gerin** (Script-Inserm)
Presenters: **E.E. Beckham** (U. of Oklahoma): Predicting patient dropout in psychotherapy.
M. Weissmark & D. Giacomo (Harvard U.): Basic psychotherapy operations as predictors of outcome.
A. Dazord, P. Gerin & C. Brochier (Script-Inserm): Alcoholic patients: Predictors of short-term outcome.
S.M. Kopta (U. of Evansville), **K.I. Howard** (Northwestern U.), **P.K. Richardson & J.L. Lowry** (U. of Evansville): The psychotherapy dosage model and clinical significance: Estimating dose-effect relations for symptoms.

Thursday--3:30-4:00 Soft Drinks
Loggers Alley

Thursday--4:00-5:30 PANELS 14-17

- Shenandoah Room--Panel 14
Religious Values in Psychotherapy and Mental Health: Empirical Findings and Issues.
Moderator: **L.R. Probst** (Lewis and Clark)
Participants: **L.R. Probst** (Lewis and Clark): The comparative efficacy of religious and non-religious therapy for religious clients: Final report.
A. Bergin (Brigham Young U.): Therapeutic versus negative effects of religiousness.
L. Beutler (U. of Arizona): Psychotherapy and religious values: An update.
D. Larson (NIMH): The public policy relevance of research on religious variables in mental health for mental health services.

Rockfish Room--Panel 15

- Statistical Modeling in Psychotherapy Research.**
Moderator: **H. Kordy** (U. of Heidelberg)
Participants: **D. Pokorny & M. Hölzer** (U. of Ulm): Key words and islands: Data analysis of the word usage dynamics in individual therapy sessions.
B. Strauss (U. of Kiel)

Crawford South--Panel 16

- Structural Analysis of Social Behavior and Psychotherapy Outcome Research.**
Moderators: **V.S. Alpher** (U. of Texas Medical School, Houston) & **W.P. Henry** (Vanderbilt U.)
Participants: **V.S. Alpher** (U. of Texas Medical School, Houston): Periodic assessment of relationship structure in psychotherapy: Measuring and integrating "mini-outcomes" in reconstructive therapy.
W.P. Henry (Vanderbilt U.): The use of SASB Intrex Questionnaire to measure change in cyclical maladaptive interpersonal patterns.
K.R. MacKenzie (McMaster U.): SASB Intrex Form as a change measure.
Discussant: **L.S. Benjamin** (U. of Utah)

Crawford North--Panel 17

- Correlates of Differential Psychotherapy Process.**
Moderator: **L.E. Beutler** (U. of Arizona)
Participants: **M. Salvio, L.E. Beutler, D. Engle & J. Bergan** (U. of Arizona): Common factors and differential response to cognitive and expressive treatments.
K. Grawe (U. of Bern): Differential processes in the Bernese project.
A.-E. Meyer (Hamburg U.): Nonspecific and common factors in treatment outcome: Another myth?

THURSDAY

Thursday--5:30-7:30 POSTERS & CASH-BAR

Prvor's Porch

- G.G. Kolden (Colby College): The psychotherapy service delivery system: Characteristics of adults entering psychotherapy in a rural community mental health center.
- G.G. Kolden (Colby College): Helpful early sessions of psychotherapy: Contributions from the Generic Model and Stile's et al. Assimilation Model.
- G.G. Kolden & D.A. York (Colby College): Pre-therapy patient characteristics and the therapeutic bond: Gender, cognitive style, and level of psychopathology.
- J.S. Kurcias, P. Crits-Christoph & K. Baranackie (U. of Pennsylvania): Assessment of how therapists view and respond to their patients' psychodynamic themes.
- R. Miyaguchi & L. Leitner (Miami U.): An integration of personal construct theory with the events paradigm.
- B.M. Ogles (Indiana State U.), M.J. Lambert (Brigham Young U.) & D. Craig (Utah State U.): A comparison of self-help books for coping with love loss: Expectations and attributions.
- D.L. Rock (Vanderbilt U.): The tetrahedron model of clinical judgment: An empirical test.
- U. Rosin (Heinrich-Heine-U.) & G.-K. Köhler (Krankenanstalten Duisburg-Nord): The chief physician ward round in a psychiatric hospital: Results of an inquiry of 600 former patients.
- S.M. Saunders (Northwestern U.): The Process of Seeking Therapy Questionnaire.
- S. Shirk, C. Saiz (U. of Denver), B. Green & D. Hanze (Denver Children's Hospital): Measuring patient participation in child psychotherapy.
- D.A. Spiegel & C.G. Heineke (U. of Illinois College of Medicine, Peoria): Group behavioral treatment of panic disorder in the presence of pharmacotherapy: A pilot study.
- D. Todd & S. Jacobus (U. of Massachusetts): Therapy in a context: An evolving study of a training clinic.
- V. Tschuschke (U. of Ulm) & A. Catina (Center for Psychotherapy Research, Stuttgart): Process-outcome relationships in psychoanalytic long-term group therapy.
- M.A. Westerman, J.S. Foote (New York U.), L. McCullough & A. Winston (Beth Israel Medical Center): Patient coordination in different phases of short-term therapy and process-outcome relations.
- L. Wolowitz & B.P. Karon (Michigan State U.): An empirical test of Kohut's mirroring and idealizing with schizophrenic patients.

Thursday--7:30-
Prvor's Porch

MUSIC & CASH-BAR

FRIDAY, June 29, 1990

Friday--8:30-10:00 PANELS 18-22

Shenandoah Room--Panel 18

The Role of Attributional Style in Depression: Theory, Measurement and Prediction.

Moderator: R.B. Jarrett (U. of Texas Southwestern Medical Center)

Participants: G. Casenave, C.M. Gullion & R.B. Jarrett (U. of Texas Southwestern Medical Center): Important design factors in the investigation of the role of attributions in depression: A critical piece to the puzzle.

R.M. D'Arcangelis (U. of Texas, Arlington), G. Casenave (U. of Texas Southwestern Medical Center), R.M. Kolodner (VA, Dallas), L.L. Peterson (U. of Texas, Arlington) & R.B. Jarrett (U. of Texas Southwestern Medical Center): A computer-assisted content analytic approach to rating biased attributions.

R.B. Jarrett, C.M. Gullion, J.R. Debus, J.W. Cain, M.R. Basco & A.J. Rush (U. of Texas Southwestern Medical Center): Do dysfunctional cognitions predict relapse/recurrence in medication-responsive depressed outpatients?

Blue Ridge Room--Panel 19

Short-term Group Therapy: Previous Explorations and Current Findings from a Controlled Clinical Trial.

Moderator: W.E. Piper (U. of Alberta)

Participants: K.R. MacKenzie (McMaster U.): Conceptual and technical issues in short-term group therapy.
M. McCallum (U. of Alberta): Design and procedure of the Edmonton loss group study.
W.E. Piper & H.F.A. Azim (U. of Alberta): Findings of the Edmonton loss group study.

Discussant: D.R. Boroto (Florida State U.)

Rockfish Room--Panel 20

New Research on the EPI-TAT: Implications for Psychotherapy.

Moderator: A. Wilson (New School for Social Research)

Participants: D.S. Keller (U. of California, L.A.): Affect tolerance and expression in cocaine and opiate abusers.

J. Faude (Philadelphia Psychiatric Center): A longitudinal study of major depressives using the EPI-TAT: Process and outcome.

S.D. Passik (N. Y. Hospital, Payne Whitney): A study of schizophrenics' parents expressed emotion, empathy and affectivity and their children's premorbid adjustment and symptomatology: An epigenetic and psychoanalytic perspective on object relations in schizophrenia.

(Panel continues on next page.)

FRIDAY

A. Turner (New School for Social Research): Epigenetic assessment and failures of self regulation: A comparison.

Crawford South--Panel 21

The Joint Exploration of Emotional Meaning in Psychotherapy.

Moderator: W. Bucci (Adelphi U.)

Participants: W. Bucci (Adelphi U.): Love is the name of the file: Measuring emotional expression in spoken language.

G. Alter (Adelphi U.): The effects of patients' referential activity on therapists' level of empathy.

K.M. Clarke (St. Paul U.): Referential activity in successful and unsuccessful creation of meaning episodes.

J.W. Hull, T. Ellenhorn & W. Bucci (Adelphi U.): The rhythm of dialogue in psychotherapy: Empirical findings.

T.J. Ellenhorn (Adelphi U.), J. Hull (Cornell Medical Center), & W. Bucci (Adelphi U.): Attunement and the rhythm of dialogue in psychotherapy: Theoretical implications.

Crawford North--Panel 22

Clinical Significance and Interpersonal Style.

Moderator: G.M. Burlingame (Brigham Young U.)

Participants: M.J. Lambert & R. Tingey (Brigham Young U.): Recent empirical developments in clinical significance.

G.M. Burlingame & L. Richards (Brigham Young U.): An examination of interpersonal process in successful and unsuccessful group psychotherapy participants.

Discussant: L.S. Benjamin (U. of Utah)

Friday--10:00-10:30 Coffee/Tea
Loggers Alley

Friday--10:30-12:00 PAPER SESSIONS 14-18

Shenandoah Room--Paper Session 14

Moderator: M. Goldfried (SUNY, Stony Brook)

Presenters: A. Bachelor (U. Laval): Intercorrelations and relationships to outcome of diverse dimensions of the helping alliance as seen by client and therapist.

L. Gaston (McGill U.): Dimensions of therapeutic alliance and therapeutic outcome.

R. Hatcher, J. Ansell, A. Barends, K. Leary, J. Stuart & K. White (U. of Michigan): Comparison of several psychotherapy alliance measures.

G.G. Kolden (Colby College): Further explorations with the Generic Model: A cross validation.

FRIDAY

Blue Ridge Room--Paper Session 15

Moderator: S. Messer (Rutgers U.)

Presenters: R.S. Angle & H.H. Strupp (Vanderbilt U.): Patient ecology: The effects upon patients who participated in the Vanderbilt II project.

W.E. Piper, H.F.A. Azim, A.S. Joyce, M. McCallum, G.W.H. Nixon & P.S. Segal (U. of Alberta): Quality of object relations vs. interpersonal functioning as predictors of therapeutic alliance and psychotherapy outcome.

E.T. Klass (Hunter College), M.G. Grasko & D.H. Barlow (SUNY, Albany): Pretreatment predictors of response to behavioral treatment of panic disorder.

A. Horn (Northwestern U.): The development and evaluation of a measure of therapeutic assets.

Rockfish Room--Paper Session 16

Moderator: H. Kordy (U. of Heidelberg)

Presenters: L. Marchitelli, A. Karasz, J. Miranda, Y.-W. Ying & R. Munoz (U. of California, S.F.): Reliability and validity of cognitive-behavioral measures of depression in multi-ethnic medical outpatients.

L.S. Benjamin (U. of Utah): But what if normals are not normally distributed?

K.D. Baker & R.A. Neimeyer (Memphis State U.): A confirmatory factor analysis of the Beck Depression Inventory: Testing a hierarchical structural model.

S. Miller (Adelphi U.): Structural change in patients: A reliability study.

Crawford South--Paper Session 17

Moderator: K. Moras (SUNY, Albany)

Presenters: R. Elliott (U. of Toledo): The five dimensions of therapy process.

C.L. McNeilly & K.I. Howard (Northwestern U.): The Therapeutic Procedures Inventory: Psychometric properties and relationship to phase of treatment.

S. Smith-Acuna, J.A. Durlak, J.C. Kaspar & J. Faier-Routman (Loyola U. of Chicago): Examining the process of child psychotherapy: Developing self-report instruments for therapist and child clients.

L.G. Castenguay, M.R. Goldfried, A.M. Hayes, P.J. Raue, S.L. Wiser (SUNY, Stony Brook) & D.A. Shapiro (U. of Sheffield): Quantitative and qualitative analyses of process-outcome data for different therapeutic approaches.

FRIDAY

Crawford North--Paper Session 18

Moderator: F. Caspar (U. of Bern)

Presenters: L. von Benedek & J.-M. Kespi (Paris): Combination therapy: Psychodynamic psychotherapy and acupuncture.
H.W. Koenigsberg, O.F. Kernberg & A.H. Appelbaum (Cornell U. Medical College): A method for analyzing therapist interventions in the psychotherapy of borderline patients
H.H. Strupp (Vanderbilt U.): The case of Helen R: A therapeutic failure?
F.R. Margison & S. Moss (U. of Manchester): The teaching and maintenance of skills in the conversational model of psychotherapy: A cluster and factor analysis approach to understanding the data.

Friday--12:00-2:00 LUNCH
Skyline Pavilion

Friday--2:00-3:30 PANELS 23-26

Shenandoah Room--Panel 23

Applications of a Model for Studying and Comparing Theories of Psychotherapy.

Moderator: J.T. Curtis (Mt. Zion Hospital, S. F.)

Participants: J.T. Curtis & G. Silberschatz (Mt. Zion Hospital, S. F.): Creating reliable psychodynamic formulations.

W. Collins & S. Messer (Rutgers U.): Development of case formulations employing the Mount Zion Plan Formulation Method.

G. Silberschatz & J.T. Curtis (Mt. Zion Hospital, S. F.): An empirical test of psychotherapy process predictions derived from alternative psychodynamic formulations.

S. Messer & W. Collins (Rutgers U.): Methodological issues in the comparison of theories of the psychotherapeutic process.

Rockfish Room--Panel 24

Activating Cognitive Structures: Implications for Psychotherapy Research.

Moderator: J.B. Persons (U. of California, S.F.)

Participants: R.E. Ingram (San Diego State U.): Negative schema accessibility in depression: Theoretical, empirical, and methodological aspects.

J. Miranda (U. of California, S.F.): Activation of dysfunctional beliefs.

Z.V. Segal (U. of Toronto): A review of cognitive priming strategies with special application to psychotherapy research.

Discussant: L. Horowitz (Stanford U.)

FRIDAY

Crawford South--Panel 25

Hunting Anomalies: Empirical Approaches to Short-term Inpatient Psychotherapy.

Moderator: T.S. Essig (Kings County Hospital Center)

Participants: B.A. Pivnick (SUNY, Brooklyn): Symbolization and its discontents: Setting a discharge date during inpatient treatment.

I.L. Abel (SUNY, Brooklyn): Matching therapist level of intervention to level of patient functioning in short-term inpatient treatment.

T.S. Essig (Kings County Hospital Center): Therapeutic change during short-term inpatient treatment: A strategy for description.

J. Walkup (SUNY, Brooklyn): Mental health policy and inpatient psychotherapy.

Crawford North--Panel 26

Recent Findings from the University of Maryland Psychotherapy Process Research Team.

Moderator: C.E. Hill (U. of Maryland)

Participants: C.E. Hill & B.J. Thompson (U. of Maryland): Which reactions do clients hide?

A. Regan & C.E. Hill (U. of Maryland): What do clients leave unsaid during therapy sessions?

L. Edwards & C.E. Hill (U. of Maryland): The effects of therapist confrontation.

D. Falk & C.E. Hill (U. of Maryland): An examination of therapist behaviors preceding client laughter.

Discussant: R. Elliott (U. of Toledo)

Friday--3:30-4:00 Soft Drinks
Loggers Alley

Friday--4:00-5:30 PANELS 27-30

Shenandoah Room--Panel 27

Therapeutic Alliance and Psychotherapy Outcome.

Moderator: S.M. Sotsky (George Washington U.)

Participants: J. Krupnick (George Washington U.): The relationship of therapeutic alliance and outcome in Interpersonal Psychotherapy and Cognitive Behavior Therapy.

C. Marmar (U. of California, S.F.): The therapeutic alliance in brief psychodynamic psychotherapy and Cognitive Behavior Therapy.

L. Luborsky (U. of Pennsylvania): The predictive validity and needed development of three operational measures of the therapeutic alliance.

A.O. Horvath & D.B. Symond (Simon Fraser U.): The therapeutic alliance and therapy outcome: An integration of the past decade of research.

FRIDAY

Rockfish Room--Panel 28

Research in Inpatient Group Psychotherapy.

Moderator: **B. Strauss** (U. of Kiel)

Participants: **B. Strauss** (U. of Kiel): Inpatient group psychotherapy research: State of the art.

H. Kordy & M. von Rad (U. of Heidelberg): Therapeutic outcome in group psychotherapy and to what patients attribute it.

M. Burgmeier (U. of Kiel): Process research on higher-level inpatient therapy groups: First results from the Kiel group psychotherapy study.

Discussant: **F. Cramer-Azima** (McGill U.)

Crawford South--Panel 29

Complementizing Different Methods of Content Analysis of Psychotherapeutic Texts: A Linguistic Approach.

Moderator: **W. Bucci** (Adelphi U.)

Participants: **A. Speck** (U. of Heidelberg): Are linguistic findings relevant for diagnosis?

S. Wilke (U. of Berlin): Content analysis of initial interviews: A comparison of patients with psychosomatic, functional, and neurotic disorders.

M. Berzofsky (SUNY, Downstate Medical Center): Alterations in associative organization during psychoanalytically-informed treatment.

Crawford North--Panel 30

Individual Differences and Psychotherapy Research.

Moderator: **C. Yoken** (Northern Illinois U.)

Participants: **C. Yoken** (Northern Illinois U.): Can findings from research in behavior genetics be integrated into psychotherapy research?

V. Shoham-Salomon & D. Bice-Broussard (U. of Arizona): Individual change-curves in search of attention.

R. Elliott (U. of Toledo): Understanding the contexts of significant therapy events.

Friday--6:00

BANQUET

Blue Ridge Terrace--Mountain View Barbeque

SATURDAY, June 30, 1990

Saturday--8:30-10:00 PANELS 31-34

Shenandoah Room--Panel 31

Different Psychotherapies Are Different.

Moderator: **K. Grawe** (U. of Bern)

Participants: **F. Caspar** (U. of Bern)

H. Ambühl (U. of Bern)

Rockfish Room--Panel 32

Transference and the Therapeutic Alliance.

Moderator: **R. Hatcher** (U. of Michigan)

Participants: **R. Hatcher & J. Hansell** (U. of Michigan): Transference and the therapeutic alliance.

K. Leary, J. Hansell & R. Hatcher (U. of Michigan): The theories behind the measures: A conceptual analysis.

L. Gaston (McGill U.): Transference versus alliance: Theoretical considerations and methodological strategies.

Discussant: **E. Bordin** (U. of Michigan)

Crawford South--Panel 33

Protocol Therapists' Observations on Threats to the Validity of Protocol Therapy.

Moderator: **K. Moras** (SUNY, Albany)

Participants: **V. Greenwood** (Washington Center for Cognitive Therapy): Cognitive therapy for depression: Potential threats to external validity from manual adherence.

L. McCullough (Beth Israel Medical Center): Negative effects of adherence to a manual in short dynamic psychotherapy.

K. Moras (SUNY, Albany): Cognitive Behavioral treatment for panic disorder: Potential threats to external validity from manual adherence.

C.L. Rosser (Vanderbilt U.): Therapists' perceptions of treatment manual adherence as a threat to the external validity of time-limited dynamic psychotherapy.

Discussant: **G. Silbershatz** (Mt. Zion Hospital)

Crawford North--Panel 34

Narrative Process, Interpretation and Insight in a Psychoanalytic Session: Reconstructing Clinical Complexity Through the Coordination of Diverse Research Methods.

Moderator: **D.E. Orlinsky** (U. of Chicago)

Participants: **P. Gedo** (Chestnut Lodge): Content analysis of insight and interpretation in an analytic session.

C. Nye (U. of Chicago): Discourse analysis of narrative process in a psychoanalytic session.

P. Gedo (Chestnut Lodge): A clinical understanding of a psychoanalytic session in the context of case material.

Saturday--10:00-10:45 Coffee/Tea
Loggers Alley

Saturday--10:45-12:15 PLENARY

Commonwealth Ballroom

Lessons in History: Three Generations of Therapy Research.

Moderator: D.A. Shapiro (U. of Sheffield)

Participants: I. Elkin (NIMH)

L.S. Greenberg (York U.)

H.H. Strupp (Vanderbilt U.)

Discussant: A.E. Bergin (Brigham Young U.)

SPR

Society For Psychotherapy Research

an international, multidisciplinary, scientific organization

The Society for Psychotherapy Research, founded in 1968 as an independent international organization, is dedicated to the scientific study of psychotherapy. Through its annual meeting and related activities it seeks to encourage an exchange of information on research in progress, discussions of theoretical and methodological issues, and improved communication among researchers.

For information about membership, contact our Central Office:

Kenneth I. Howard, Executive Officer
Society for Psychotherapy Research
2626 Sheridan Road
Evanston, Illinois 60201
USA
(708)-475-5974

OFFICERS:

| | |
|------------------------------|-------------------------|
| General Vice-President | Lorna Benjamin, Ph.D. |
| President Elect | Horst Kächele, M.D. |
| President | Leslie Greenberg, Ph.D. |
| Past President | Charles Marmar, M.D. |
| European Regional V.P. | Klaus Grawe, Ph.D. |
| North American Regional V.P. | Clara Hill, Ph.D. |
| United Kingdom Regional V.P. | Frank Margison, Ph.D. |