North American Society for Psychotherapy Research 2011 Meeting

September 22^{nd} to 24^{th}
Banff, Alberta, Canada
NASPR Governance

President 2011-2013
Laurie Heatherington
Williams College

Executive Officer
Sarah Knox
Marquette University

President-Elect (for 2013-2015)
Michael Constantino
University of Massachusetts

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Jeff Hayes, 2007-2009
J. Christopher Muran, 2005-2007
Lynne Angus, 2003-2004
Louis Castonguay, 2001-2002
Adam Horvath, 1999-2001
Ellen Frank, 1996-1998
Tracie Shea, 1994-1995
Varda Shoham, 1993
Karla Moras, 1992
Robert Elliott, 1991
Clara Hill, 1990
David Orlinsky, 1989

NASPR Past Meetings

New Haven, Connecticut, 2008
Burr Oak, Ohio, 2006
Springdale, Utah, 2004
Newport, Rhode Island, 2003
Puerta Vallarta, Mexico, 2001
Tucson, Arizona, 1997
Santa Fe, New Mexico, 1994
Panama City, Florida, 1991
Committees and Acknowledgments

Conference Planning Committee
Laurie Heatherington (Chair), Williams College
Anthony Joyce, University of Alberta
Michael Constantino, University of Massachusetts
George Silberschatz, UCSF School of Medicine
Sarah Knox, Marquette University

Program Committee
Michael Constantino (Co-Chair), University of Massachusetts
Laurie Heatherington (Co-Chair), Williams College
George Silberschatz, UCSF School of Medicine
Ken Crutchfield, University of Utah
Lynne Knobloch-Fedders, The Family Institute at Northwestern University
John Ogrodniczuk, University of British Columbia
George Tasca, University of Ottawa

Local Arrangements Committee
Anthony Joyce (Chair), University of Alberta

Continuing Education Committee
Michael Constantino (Chair), University of Massachusetts
George Silberschatz, UCSF School of Medicine

Banquet/Entertainment Committee
Laurie Heatherington, Williams College
Michael Constantino, University of Massachusetts
Anthony Joyce, University of Alberta

Web and IT Services
Sven Schneider, University of Ulm, Germany
Nichelle Rothong, Marquette University

Student Volunteers
Rebecca Ametranho, University of Massachusetts
Brenda Maire, University of Alberta
Holly Laws, University of Massachusetts
Nicolas Morrison, University of Massachusetts
Carlee Ruddy, University of Alberta

Additional Acknowledgements
Tracy Eells (SPR Executive Officer), University of Louisville
Diana Owyang, Conference Consultant
Banff Conference Center Staff
San Francisco Psychotherapy Research Group
Williams College Psychology Department

THANK YOU!
Dear Colleagues:

On behalf of the North American Society for Psychotherapy Research (NASPR), we welcome you to the beautiful Canadian Rockies for our 9th regional meeting. Like its international parent organization, NASPR is a lively organization dedicated to psychotherapy research of all kinds. The regional meetings are intimate, with shared meals and a high level of interaction between more and less experienced researchers and clinicians, and across diverse orientations and methodologies. The theme for the present meeting is “Therapy Relationships: The Dyad and Beyond.” The Program Committee, with assistance from an impressive array of submissions, has created a stimulating program weighted toward research, theory, and practice innovations related to relational process within and across multiple psychotherapy formats. Of course, in keeping with NASPR tradition, we accepted submissions reflecting all areas of psychotherapy research, which has led to a diverse program with regard to research constructs, patient populations, and theoretical approaches. Overall, there are 3 pre-conference workshops, 2 plenary discussions, 1 special paper presentation, 13 panel sessions, 7 paper sessions, 4 discussion groups, and 22 poster presentations. Please note that some of these sessions are designated with a CE notation in the program agenda below. For these select sessions, you are eligible to receive continuing education credits for attendance at the entire session. Our student volunteers will sign you in and out of these sessions if applicable.

The conference program officially begins on Thursday afternoon with three pre-conference workshops, followed by an opening reception from 6:00-8:00pm. Friday begins with breakfast at 7:30am, followed by opening remarks from our President. The opening plenary discussion (Responsiveness in psychotherapy and psychotherapy research: What is it and how can we address it?) is next, and it promises to be an invigorating exchange among several experts on a timely and important psychotherapy topic. Friday also features multiple parallel sessions and our traditional lunch/business meeting (the business meeting will also include our announcement of student travel awards). The day will end with the poster session and a cash bar from 6:00-7:30pm. Saturday also begins with breakfast at 7:30am followed by multiple parallel sessions throughout the day. Saturday also features lunch, a special paper presentation, Treatment fidelity: The elusive independent variable in psychotherapy research, and a fascinating closing plenary discussion, Past, current, and future of psychotherapy research: A tribute to luminaries of NASPR, from 5:00-6:30pm. The evening, and the meeting, will end with dinner, dancing, and great conversation at the banquet from 7:30-11:00pm.

Of course, we also hope that you will take in the breath-taking beauty surrounding the conference locale. The town of Banff serves as the gateway to Canada’s first national park, and it boasts a number of shops, galleries, fine restaurants, and busy nightspots, all of which are easily accessible on foot. There are also many attractions for sightseeing, including the Banff Springs Hotel, the Cave and Basin hot springs and pool, Lake Minnewanka, and Sulphur Mountain. Many additional spots can be reached by a short drive from Banff, including Sunshine Village, Lake Louise and the Chateau, and the Columbia Ice fields. Moreover, the Banff Centre itself is vibrant. The Centre is a state-of-the-art conference facility with spectacular views of the Bow River Valley and surrounding mountains. The Centre also features exceptional venues for dining and a full range of resources for recreation (i.e., gym, climbing wall, indoor pool, racquet courts, etc.). We genuinely hope you enjoy the scientific program, as well as your stay and play!

Sincerely,

Your Conference and Programs Planners (Laurie Heatherington, Michael Constantino, Anthony Joyce, George Silberschatz, and Sarah Knox)
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<th>Start</th>
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<tr>
<td>12:00 pm</td>
<td>7:00 pm</td>
<td>Conference Registration (Outside of Room 203 Kinnear)</td>
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<tr>
<td>12:00 pm</td>
<td>3:00 pm</td>
<td>CE Workshop 1 – Multilevel modeling for the psychotherapy researcher: Analysing grouped and longitudinal data (Room 203 Kinnear) George A. Tasca (University of Ottawa &amp; The Ottawa Hospital)</td>
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<td>12:00 pm</td>
<td>3:00 pm</td>
<td>CE Workshop 2 – Ethical implications of the new DSM-5 (Room 205 Kinnear) Marna S. Barrett (University of Pennsylvania) &amp; Dominic A. Sisti</td>
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<td>3:00 pm</td>
<td>6:00 pm</td>
<td>CE Workshop 2 - Interpersonal Reconstructive Therapy with the “family in the head” (Room 203) Lorna Smith Benjamin (University of Utah Neuropsychiatric Institute)</td>
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<td>6:00 pm</td>
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<td>Opening Reception (Room 205 Kinnear)</td>
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<td>Breakfast (Sally Bordin Building)</td>
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<td>8:30 am</td>
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<td>Welcome – Opening Remarks (203 Kinnear) Laurie Heatherington (Williams College)</td>
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<td>8:45 am</td>
<td>10:15 am</td>
<td>CE Opening Plenary Discussion – Responsiveness in psychotherapy and psychotherapy research: What is it and how can we address it? (203 Kinnear) Michael J. Constantino (University of Massachusetts) &amp; Laurie Heatherington (Williams College) Gary Burlingame (Brigham Young University), Paul Crits-Christoph (University of Pennsylvania), George Silberschatz (University of California, San Francisco), &amp; Varda Shoham (University of Arizona and the National Institute on Mental Health) William B. Stiles (Miami University)</td>
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<td>Coffee Break (Kinnear 2nd Floor Galleria)</td>
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<td>10:30 am</td>
<td>11:45 am</td>
<td>Panel Session 1 – The effects of alliance-focused training on patient and therapist interpersonal process, the supervisory relationship, and patient personality dimensions (Room 201 Kinnear) Jeremy D. Safran (The New School for Social Research)</td>
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<td>10:30 am</td>
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<td>Paper Session 1 – Attachment and therapy relationship (Room 203 Kinnear) Susan Woodhouse (Pennsylvania State University)</td>
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<td>10:30 am</td>
<td>11:45 am</td>
<td>Discussion Group 1 – “Beyond the dyad” into psychotherapy research with couples and families: Where have we been and where are we going? (Room 205 Kinnear) Lynne M. Knobloch-Fedders (The Family Institute at Northwestern University) &amp; Myrna L. Friedlander (University at Albany)</td>
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<td>12:00</td>
<td>Lunch &amp; Business Meeting (Sally Bordin Building)</td>
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<td>Panel Session 2 – The therapeutic alliance: Predictors, mechanisms, dyadic perspectives, and training (Room 201 Kinnear)</td>
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<td>Paper Session 2 – Therapy practice and effectiveness (Room 203 Kinnear)</td>
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<td>3:00</td>
<td>Discussion Group 2 – Psychotherapy research, positive psychology, and coaching: beginning to dialogue (Room 205 Kinnear)</td>
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**Panel Session 2 – The therapeutic alliance: Predictors, mechanisms, dyadic perspectives, and training (Room 201 Kinnear)**

**Moderator:** Michael J. Constantino (University of Massachusetts)

- **Do patients’ pre-treatment beliefs about illness causes and preferences for treatment modality moderate therapeutic alliance quality and treatment outcome in two types of psychotherapy?**
  - Dana Steidtmann (Stanford University), Bruce A. Arnow, Christine Blasey, & Rachel Manber

- **Change in patients’ interpersonal style as a mediator of the alliance-outcome association in treatment for chronic depression**
  - Michael J. Constantino (University of Massachusetts), Holly B. Laws, Rachel Manber, & Bruce A. Arnow

- **Modeling the alliance as a dyadic construct in psychotherapy research**
  - Holly B. Laws (University of Massachusetts), Michael J. Constantino, & Bruce A. Arnow

**Paper Session 2 – Therapy practice and effectiveness (Room 203 Kinnear)**

**Moderator:** Mary Beth Connolly Gibbons (University of Pennsylvania)

- **Factor structure and validity of the Therapeutic Factors Inventory – Short Form**
  - Anthony S. Joyce (University of Alberta), Rebecca MacNair-Semands, Giorgio A. Tasca, & John S. Ogrodniczuk

- **Both the clients and the therapist are the experts: a model for integration of systemic and sex therapy**
  - Desa Markovic (Regent’s College)

- **The challenges faced during the training phase of a psychotherapy comparative effectiveness study conducted in the community mental health system**
  - Mary Beth Connolly Gibbons (University of Pennsylvania), Sarah Ring-Kurtz, Lindsay A. Schauble, Kelli Scott, Donald Thompson, Dawn Connors, & Paul Crits-Christoph

**Discussion Group 2 – Psychotherapy research, positive psychology, and coaching: beginning to dialogue (Room 205 Kinnear)**

**Participants:** Margarita Tarragona (Universidad Iberoamericana, PositivaMente & Grupo Campos Elíseos, Mexico) & David Orlinsky (University of Chicago)
### Panel Session 3 – Latest findings on the tripartite model of the psychotherapy relationship: Countertransference and the real relationship

*Room 201 Kinnear*

**Moderator:** Charles J. Gelso (University of Maryland)

- Therapist self-disclosure and the real relationship: A dyad study
  - Stacie Ain (University of Maryland) & Charles Gelso

- The real relationship, therapist immediacy, and client experiencing: A dyad study of person-to-person process, connection, and outcome
  - Tamara T. Walden (University of Maryland), Charles J. Gelso, Jairo Fuertes, & Julie Parsons

- Therapist reactions to clients facing terminal illness: A test of ego and countertransference
  - Ann M. Hummel (University of Maryland), Charles J. Gelso, & Andres Perez Rojas

- Disentangling the therapist’s contribution to the therapeutic relationship: How do countertransference behaviors, real relationship and attachment style relate to each other?
  - Beatriz Palma (University of Maryland) & Charles J. Gelso

### Paper Session 3 – Cultural diversity and psychotherapy

*Room 203 Kinnear*

**Moderator:** Nicholas Ladany (Loyola Marymount University)

- Psychotherapy process and social class
  - Nicholas Ladany (Loyola Marymount University) & Maryann Krikorian

- The influence of cultural background on client preferences for treatment types, therapy roles, and therapist characteristics
  - Joshua K. Swift (University of Alaska Anchorage), Jason L. Whipple, & Nina Greenon

- Cross-cultural comparisons of patient characteristics between mainland China and the U.S.
  - Xiaoxia Song (Ohio University), Larry E. Beutler, Guohong Wu, Timothy Anderson, Shijin Sun, Satoko Kimpara, Lindsey Hogan, Aaron, Michelson, Margaret Mahoney, & Andrew McClintock

### CE Discussion Group 3 – Four generations of qualitative psychotherapy researchers

*Room 205 Kinnear*

**Moderator:** Kathrin Moertl (York University)

**Participants:** Kathrin Moertl (York University), David Rennie (York University), Lynne Angus (York University), Heidi Levitt (The University of Massachusetts Boston), & Elizabeth Piazza-Bonin (The University of Memphis)

### Coffee Break

*Kinnear 2nd Floor Galleria*

### Panel Session 4 – Interpersonal process in cognitive behavioral therapy for generalized anxiety disorder

*Room 201 Kinnear*

**Moderator:** Henny A. Westra (York University)

### Paper Session 4 – Emotionally focused therapy

*Room 203 Kinnear*

**Moderator:** Adele Lafrance Robinson (Laurentian University)

**Participants:** Jesse Geller (Yale University), Clara E. Hill (University of Maryland), James Boswell (The University of Memphis)

**Discussion Group 4 – Clinical and research issues involved in therapists-in-training transferring clients and seeing transferred clients**

*Room 205 Kinnear*

**Participants:** Jesse Geller (Yale University), Clara E. Hill (University of Maryland), James Boswell (The University of Memphis)
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<thead>
<tr>
<th>Title</th>
<th>Authors</th>
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<tr>
<td>The impact of adding motivational interviewing on interpersonal processes within cognitive behavioral therapy</td>
<td>Angela Keretes (York University) &amp; Henny Westra</td>
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<tr>
<td>Interpersonal process and client outcome expectations in cognitive behavioral therapy</td>
<td>Mariyam Ahmed (York University), Henny Westra, &amp; Michael J. Constantino</td>
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<td>Patterns of early resistance and client outcome in cognitive behavioral therapy</td>
<td>Adi Aviram (York University), Henny Westra, &amp; John Eastwood</td>
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<td>Discussant: Kenneth Critchfield (University of Utah)</td>
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<td>The impact of emotionally focused therapy for couples on romantic attachment orientations: A study using hierarchical liner modeling</td>
<td>Melissa Burgess-Moser (University of Ottawa), Tracy L. Dalgleish, &amp; Susan M. Johnson</td>
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<td>Predicting change in marital satisfaction following emotionally focused couples therapy</td>
<td>Tracy L. Dalgleish (University of Ottawa), Melissa Burgess-Moser, &amp; Susan M. Johnson</td>
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<td>Emotion-focused therapy group for anxiety and depression: A case study</td>
<td>Elizabeth Emptage McCague (Laurentian University), Adele Lafrance Robinson, Lize Jalbert, &amp; Cynthia Whissell</td>
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<td>The value of clinical skills in clinical psychology Ph.D. program admissions</td>
<td>Jesse A. Metzger (McGill University)</td>
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<td>Is it useful to analyze language in psychotherapy at the level of words?</td>
<td>Catherine M. Reich (University of Memphis), Jeffrey S. Berman, Rick Dale, Heidi M. Levitt, &amp; Susan S. Mathews</td>
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<td>The therapeutic alliance from the client’s perspective: A qualitative approach</td>
<td>Peter MacFarlane (Ohio University), Timothy Anderson, &amp; Andrew McClintock</td>
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<td>Therapeutic reactance and session outcome in dream sessions</td>
<td>Rachel E. Crook Lyon (Brigham Young University), Loren Brown, &amp; Rod Veas</td>
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<td>Exploring the impact of alliance focused training on therapists’ capacity for experiencing in the context of therapeutic relationship</td>
<td>Catherine Boutwell (The New School for Social Research) &amp; Jeremy D. Safran</td>
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<td>Differences in attitudes toward pharmacological treatment and psychotherapy by race in the community mental health system</td>
<td>Lindsay A. Schauble (University of Pennsylvania), Mary Beth Connolly Gibbons, Sarah Ring-Kurtz, Kelli Scott, &amp; Paul Crits-Christoph</td>
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**Poster Session (& Cash Bar) (Room 305 Kinnear)**

1. A qualitative thematic microanalysis on the emotion-focused therapy sessions of depressed clients using the Operationalized Psychodynamic Diagnosis Manual OPD-2 Axis III conflicts
   - Mark Levin (York University), Kathrin Moertl, & Lynne Angus

2. Hospice workers’ dreams of patients
   - Shirley A. Hess (Shippensburg University), Clara E. Hill, Sarah Knox, Patricia Spangler, & Tara Byers

3. The synergy of self: How reflection impacts congruence in psychotherapists
   - Holly Whyte (University of Alberta) & Derek Truscott

4. Measuring the milieu: Outcomes of a unique residential treatment for major mental illness
   - Laurie Heatherington (Williams College), Bryan Bonner, Jane Linsely, & Cory Loder

5. The impact of attachment anxiety on interpersonal complementary interactions in group psychotherapy of women with binge eating disorder
   - Hilary Maxwell (Carleton University), G. A. Tasca, M. Gick, L. Balfour, K. Ritchie, & H. Bissada

6. Client experiences during hope-focused therapeutic activities in a chronic pain group
   - Natasha A. Egeli (University of Alberta) & Denise Larsen

7. The impact of conversational acknowledgers on perceptions of psychotherapists
   - Megan B. Battles (University of Memphis) & Jeffrey S. Berman
| 8:30 | 10:00 | Conference Registration  
(Outside of Room 203 Kinnear) |
|------|-------|---------------------|
| 7:30 am | 8:30 am | Breakfast  
(Sally Bordin Building) |
| 8:30 am | 9:45 am | Panel Session 5 – Relational work in psychotherapy  
(Room 201 Kinnear)  
*Moderator: Clara E. Hill (University of Maryland)*  
Types of immediacy events in more and less successful cases of psychodynamic psychotherapy  
Harold Chui (University of Maryland), Stacie Ain, Avantika Bhatia, Shudarshana Gupta, Teresa Huang, Kayi Hui, Ann Hummel, Joe Miles, Beatriz Palma, Patricia Spangler, Clara E. Hill, & Charles J. Gelso  
Types of immediacy events in psychodynamic psychotherapy for clients who are high and low on attachment anxiety and high and low on attachment avoidance  
Patricia Spangler (University of Maryland), Stacie Ain, Avantika Bhatia, Harold Chui, Shudarshana Gupta, Teresa Huang, Kayi Hui, Ann Hummel, | Paper Session 5 – Therapy participant variables  
(Room 203 Kinnear)  
*Moderator: Barry A. Farber (Teachers College, Columbia University)*  
Predictors of positive consequences of disclosure for adult survivors of childhood sexual abuse  
Barry A. Farber (Teachers College, Columbia University) & Sarah Feldman  
Mapping therapist emotional reactions in cognitive behavioural therapy  
Rachel L. Siegal (York University) & Henny Westra  
Exploring presenting problems and outcome as a function of distress at intake in a college patient sample  
Stephen M. Saunders (Marquette University), Megan Petrik, S. Mark Kopta, & Michael Mond  
Anxiety predicts early rapid response in treatment for depression: A finding that’s too good to be true?  
Nicholas R. Forand (University of Pennsylvania)  
| Panel Session 6 – A cross-section of contemporary alliance research: Therapist characteristics, autobiographical memory, working with men  
(Room 205 Kinnear)  
*Moderator: Robinder P. Bedi (Western Washington University)*  
The influence of pre-training therapist facilitative interpersonal skills on trainee working alliance: A prospective design  
Timothy Anderson (Ohio University), Candace Patterson, Gregory A. Goldman, Brain Uhlin, Peter MacFarlane, Elizabeth Davis Goldman, D’Arcy Reynolds, Xiaoxia Song, Andrew McClintock, & Margaret Mahoney  
The therapeutic alliance and autobiographical memory specificity in emotion-focused and client-centered treatments for depression: A process-outcome analysis  
James Watson-Gaze (York University), Lynne Angus, E. M. Romero Escobar,
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<tr>
<td>9:45 am</td>
<td>Panel Session 7 – Patient factors and psychotherapy process and outcome across diverse naturalistic treatment settings (Room 201 Kinnear)</td>
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<tr>
<td>10:00 am</td>
<td><strong>Moderator:</strong> Michael J. Constantino (University of Massachusetts)</td>
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<td>Patient outcome expectations and credibility beliefs as predictors of the alliance and treatment outcomes</td>
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<td>Rebecca M. Ametrano (University of Pennsylvania) &amp; Robert J. DeRubeis</td>
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<td>10:45 am</td>
<td>Coffee Break (Kinnear 2nd Floor Galleria)</td>
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<td>11:00 am</td>
<td>Panel Session 8 – Dynamic psychotherapeutic interventions that improve defenses, depression, and suicidality (Room 205 Kinnear)</td>
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<td><strong>Moderator:</strong> J. Christopher Perry (McGill University at the Institute of Community and Family Psychiatry, S.M.B.D. Jewish General Hospital)</td>
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<td>Paper Session 6 – Psychotherapist development and identity (Room 203 Kinnear)</td>
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<td><strong>Moderator:</strong> Andrew Leggett (University of Queensland School of Medicine)</td>
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<td>Transcultural and gender issues in the content, process and group dynamics of a Balint clinical reflection group for community mental health workers</td>
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<td>Andrew Leggett (University of Queensland School of Medicine)</td>
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<td>Discussant: Charles J. Gelso (University of Maryland)</td>
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<td>Albert E. Pos, &amp; Tali Boritz (Western Washington University)</td>
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<td>11:30 am</td>
<td>Paper Presentation – Treatment fidelity: The elusive independent variable in psychotherapy research (203 Kinnear)</td>
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<td><strong>Presenter:</strong> Varda Shoham (University of Arizona and the National Institute on Mental Health)</td>
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<td><strong>Discussant:</strong> Dianne Chambless (University of Pennsylvania)</td>
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<td>12:30 pm</td>
<td>Lunch</td>
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<td>(Sally Bordin Building)</td>
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<td>2:00 pm</td>
<td>Panel Session 9 – The Narrative and Emotion Process Coding System (NEPCS): Development, application, and future directions (Room 201 Kinnear)</td>
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<td><strong>Moderator:</strong> Tali Boritz (York University)</td>
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<td>Working with narrative in Emotion-Focused Therapy: Implications for theory, practice and research</td>
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<td>Lynne Angus (York University), Leslie Greenberg, Emily Bryntwick, &amp; Tali Boritz</td>
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<td>The Narrative and Emotion Process Coding System (NEPCS)</td>
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<td>Tali Boritz (York University), Emily Bryntwick, Lynne Angus, Leslie Greenberg, &amp; Michael J. Constantino</td>
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<td>3:15 pm</td>
<td>Paper Session 7 – Therapeutic alliance and therapy relationship (Room 203 Kinnear)</td>
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<td><strong>Moderator:</strong> Lynne M. Knobloch-Fedders (The Family Institute at Northwestern University)</td>
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<td>The alliance–outcome correlation is larger than you might think</td>
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<td>Paul Crist-Christoph (University of Pennsylvania), Mary Beth Connolly Gibbons, Jessica Hamilton, Sarah Ring-Kurtz, &amp; Robert Gallop</td>
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<td>Alliance and outcome in couple therapy: A longitudinal investigation</td>
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<td>Lynne M. Knobloch-Fedders (The Family Institute at Northwestern University), Emily Durbin, Tara Latta, &amp; William Pinsof</td>
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<td>Panel Session 10 – Meeting the mental health needs of ethnic minority college students (Room 205 Kinnear)</td>
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<td><strong>Moderator:</strong> Louis G. Castonguay (Penn State University)</td>
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<td>Do double minority students face double jeopardy? Testing minority stress theory in clinical and non-clinical samples</td>
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<td>Jeffrey A. Hayes (Penn State University), Caitlin Chun-Kennedy, Astrid Edens, &amp; Benjamin D. Locke</td>
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<td>Rates and predictors of counseling center utilization among college students of color</td>
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<td>Soo Jeong Youn (Penn State University), Louis G. Castonguay, Jeffrey A. Hayes, Benjamin D. Locke, Andrew A. McAleavey, &amp; Sam</td>
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<td>3:30</td>
<td>Panel Session 11 – Models for improving quality in naturalistic settings of care</td>
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<td>4:45</td>
<td>Panel Session 12 – How can we assess whether a therapist’s interventions are suitable to the patient’s needs?</td>
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<td>4:45</td>
<td>Coffee Break (Kinnear 2nd Floor Galleria)</td>
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<td>5:00</td>
<td>Closing Plenary Discussion – Past, current, and future of psychotherapy research: A tribute to luminaries of NASPR</td>
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**Panel Session 11** – Models for improving quality in naturalistic settings of care

*Room 201 Kinnear*

**Moderator:** Jim Fauth (Antioch University New England)

- Modifying routine practice proves difficult even when it is easy
  - Michael J. Lambert (Brigham Young University), Jason Whipple, & David Vermeersch
  - A methodology for improving patient outcomes and producing effectiveness research in clinical settings
  - S. Mark Kopta (University of Evansville)
  - Improving mental healthcare quality with practice-based participatory research
  - Jim Fauth (Antioch University New England) & George Tremblay

**Panel Session 12** – How can we assess whether a therapist’s interventions are suitable to the patient’s needs?

*Room 203 Kinnear*

**Moderator:** George Silberschatz (University of California, San Francisco)

- Meeting and measuring needs is relative to definitions of psychopathology and treatment goals
  - Smith Benjamin (University of Utah Neuropsychiatric Institute)
  - Interventions are suitable to the extent that they are responsive to the patient’s plan
  - George Silberschatz (University of California, San Francisco)
  - How case formulation helps assess a therapist’s contribution to outcome
  - Tracy Eells (University of Louisville)

**Closing Plenary Discussion** – Past, current, and future of psychotherapy research: A tribute to luminaries of NASPR

*Room 203 Kinnear*

**Moderators:** Louis Castonguay (Penn State University), J. Christopher Muran (Adelphi University), Lynne Angus (York University), Jeffrey Hayes (Penn State University), Nicholas Ladany (Loyola Marymount University), & Timothy Anderson (Ohio University)

**Participants:** Allen Bergin (Brigham Young University), Marvin Goldfried (Stony Brook University), Clara Hill (University of Maryland), Michael Lambert (Brigham Young University), David Orlinsky (University of Chicago), William Piper (University of British Columbia), Lorna Smith Benjamin (University of Utah Neuropsychiatric Institute), & William Stiles (Miami University)
7:30 pm  11:00 pm  

Banquet  
(Husky Great Hall - Kinnear)  

Notes