Stories from the Frontlines of Violent Death Surveillance
About the Safe States Alliance

Established in 1993, the Safe States Alliance is a national non-profit organization and professional association whose mission is to strengthen the practice of injury and violence prevention. Safe States is the only national non-profit organization and professional association that represents the diverse and ever-expanding group of professionals who comprise the field of injury and violence prevention. Safe States Alliance engages in a variety of activities to advance the organization’s mission, including:

• Increasing awareness of injury and violence throughout the lifespan as a public health problem;
• Enhancing the capacity of public health agencies and their partners to ensure effective injury and violence prevention programs by disseminating best practices, setting standards for surveillance, conducting program assessments, and facilitating peer-to-peer technical assistance;
• Providing educational opportunities, training, and professional development for those within the injury and violence prevention field;
• Collaborating with other national organizations and federal agencies to achieve shared goals;
• Advocating for public health policies designed to advance injury and violence prevention;
• Convening leaders and serving as the voice of injury and violence prevention programs within state health departments; and
• Representing the diverse professionals making up the injury and violence prevention field.

For more information about the Safe States Alliance, contact the national office:

Safe States Alliance
2200 Century Parkway, Suite 700
Atlanta, Georgia 30345
(770) 690-9000 (Phone)
info@safesatates.org (Email)
www.safestates.org


The development and publication of this document was made possible through funding from the Centers for Disease Control and Prevention (CDC) under the Cooperative Agreement 5U50CE001475-05, “Strengthening State and Territorial Public Health Injury and Violence Prevention Programs.” CDC and the U.S. Department of Health and Human Services (DHHS) assume no responsibility for the factual accuracy of the items presented. The selection, omission, or content of items does not imply any endorsement or other position taken by CDC or DHHS. Opinions expressed by and findings and conclusions in this report by the Safe States Alliance are strictly their own and are in no way meant to represent the opinion, views, or policies of CDC or DHHS. References to products, trade names, publications, news sources, and non-CDC websites are provided solely for informational purposes and do not imply endorsement by CDC or DHHS.

A 2015 update to this document was made possible through funding from The Joyce Foundation. The Joyce Foundation supports the development of policies that both improve the quality of life for people in the Great Lakes region and serve as models for the rest of the country. The Joyce Foundation’s grant making supports research into Great Lakes protection and restoration, energy efficiency, teacher quality and early reading, workforce development, gun violence prevention, diverse art for diverse audiences, and a strong, thriving democracy. The Foundation encourages innovative and collaborative approaches with a regional focus and the potential for a national reach.
FOREWORD

We are pleased to present, *NVDRS: Stories from the Frontlines of Violent Death Surveillance*, a document designed to communicate the unique capacity of the National Violence Death Reporting System (NVDRS) and the benefits states gain from participating in this nationwide, state-based surveillance system.

The NVDRS links data from vital statistics, medical examiners and coroners, law enforcement, crime laboratories, and other sources to provide - for the first time - a more complete understanding of violent deaths in the U.S., states and local communities. It was established in 2002, is funded by CDC and currently operates in 32 states. The goal is to expand NVDRS participation to all U.S. states and territories.

The stories in this document highlight the experience of several NVDRS states by first telling the story of a typical violent death in the state. Each story is told using the kind of data typically gleaned from NVDRS sources - information about victims and suspects, their relationships, important circumstances contributing to the death, and weapons used. To protect confidentiality, the stories reflect typical information, not real deaths.

The document also presents recent rates and trends for specific types of violent deaths - valuable data generated by state violent death reporting systems not feasibly collected, linked and analyzed prior to the NVDRS. These data expand our understanding of factors contributing to violent deaths, from homicide-suicides to suicides related to domestic violence and elder abuse. Also included are exciting examples of how states have translated NVDRS data into actions targeting and informing violence prevention efforts at state and local levels.

We hope you find this an engaging, useful tool for demonstrating the unique capacity of the NVDRS, building support for this surveillance system and helping expand state participation. As this document illustrates, linking data about violence can save lives.

*Amber Williams*  
Executive Director  
Safe States Alliance
NVDRS: STORIES FROM THE FRONTLINES OF VIOLENT DEATH SURVEILLANCE

THE NATIONAL VIOLENT DEATH REPORTING SYSTEM (NVDRS)

Creating a more complete picture of violent deaths
In 2013, a total of 16,121 people were victims of homicide and 41,149 people took their own life, according to the CDC. Valuable information about these and other violent deaths is collected by many sources – law enforcement agents, coroners, medical examiners, crime lab investigators, and state vital records offices. But these data are rarely combined in a systematic way to provide a complete picture of violent incidents – a picture with details about victims and suspects, their relationships, important circumstances contributing to a death, and weapons used.

The National Violent Death Reporting System (NVDRS) is a nationwide, state-based surveillance system established in 2002 and funded by CDC to collect data on violent deaths from participating states. The CDC currently funds 32 states, who have each established a state violent death reporting system and voluntarily report state data to CDC.

Linking data from multiple sources
The NVDRS collects and links data from four major sources about the same violent death incident:
- Death certificates
- Coroner/medical examiner reports
- Law enforcement reports
- Crime laboratories

Some states may incorporate additional data sources, including Child Fatality Reviews or Domestic Violence Fatality Reviews. After all identifying information is removed, these data are linked in an anonymous state database and submitted to the NVDRS. The names of individual victims and suspects are not released, and laws protecting other types of health department records, such as communicable disease records, also apply to NVDRS files.

The power of an incident-based system
While some systems – such as vital statistics – count deaths, the NVDRS collects data on the entire violent incident. A single incident can have one or more victims and/or suspects. The NVDRS can identify all victims in a multi-homicide, or link victims and a suspect in a homicide-suicide.

Linking data into one database places a death into context and provides information not previously possible, such as:
- the relationship between the victim and perpetrator, including if they knew each other;
- information about the perpetrator, including criminal history;
- circumstances such as a history of depression or other mental health problems, chronic illness, alcohol or drug use, recent problems with a job, finances or relationships, gang activity, or the recent death of a family member; and
- circumstances unique to intimate partner violence, including prior incidents of abuse.

Translating data into action
The NVDRS provides the nation, states and communities with a clearer understanding of violent deaths and their circumstances by:
- describing the magnitude of and trends for specific types of violence,
- identifying risk factors associated with violence at state and local levels, and
- targeting and guiding state and local violence prevention programs, policies and practices.

CURRENT NVDRS STATES
Alaska • Arizona • Colorado • Connecticut • Georgia • Hawaii • Illinois • Indiana • Iowa
Kansas • Kentucky • Maine • Maryland • Massachusetts • Michigan • Minnesota • New Hampshire
New Jersey • New Mexico • New York • North Carolina • Ohio • Oklahoma • Oregon • Pennsylvania
Rhode Island • South Carolina • Utah • Vermont • Virginia • Washington • Wisconsin

WHAT IS A VIOLENT DEATH?
According to the CDC: A violent death is a death that results from the intentional use of physical force or power, threatened or actual, against oneself, another person, or a group or community.
## Typical Data from NVDRS Sources

### Death Certificate
- Age
- Gender
- Residence
- Marital status
- Profession
- Employment status
- Veteran status
- Cause of death
- Manner of death
- Time of death
- Pregnancy status

### Medical Examiner/Coroner
- Brief narrative of incident
- Demographics
- Wound location
- Weapon information, patterns on victim
- Cause of death
- Manner of death
- Current disease/health condition
- Current/recent medical treatment
- Current medication
- Relationships among involved persons (if available)
- Circumstances relevant to death

### Law Enforcement
- Narrative on the circumstances of the death
- Wound locations
- Weapon information
- Relationships among victim, perpetrator, others involved
- Information on suspect(s)
- Potential evidence to substantiate/support conclusion about violent death type (suicide, homicide)
- Presence/absence of suicide note
- Interviews with any witnesses, family members, others
- Critical stressors in victim’s life

### Child Fatality Review
Information on victim's:
- Household
- Caregivers
- Supervision
- Previous contacts with child protective services
- Relationship with perpetrator

### Domestic Violence Fatality Review
Information on current/former girlfriend, boyfriend, date, spouse
- Length of relationship
- Breakup/breakup in progress
- Court/prosecutor & restraining order records
- Domestic-violence related services (safety planning, shelter, lethality assessment)
- Perpetrator criminal history, charge/conviction
- # of children exposed to homicide

### Toxicology
- Presence or absence of alcohol or drugs in victim(s)

### Crime Lab
- Firearms involved
  - Type, make & model
  - Caliber or gauge
  - Serial number
  - Importer’s name & address

---

### Data Elements Overlap
Same information may come from multiple sources
A SUICIDE IN ALASKA

To ensure confidentiality, the example below is not the story of an actual death in Alaska. The example was created to illustrate the violent death data typically collected and linked in the Alaska Violent Death Reporting System (AKVDRS).

DEATH CERTIFICATE
A 26-year-old female was last seen alive by her sister as she left a family event in a small community. Skeletal remains found several months later near a hiking trail were identified as the victim. Victim died from a self-inflicted gunshot wound to the head. The manner of death was suicide.

MEDICAL EXAMINER
The victim was a 26-year-old female who died from a single gunshot wound to the head. The victim’s remains were found next to a small creek. A forensic odonatologist and a forensic anthropologist were consulted to provide positive identification and assist in identifying the breakage patterns of the skull to determine a probable cause of death.

A review of the victim’s medical records indicated she had been seen approximately 11 months prior in a local emergency department for domestic violence-related injuries but otherwise had no significant medical or mental health issues. She had no history of drug or alcohol treatment, but court records indicate a previous arrest for possession of narcotics.

LAW ENFORCEMENT
After being unsuccessful in locating the victim, the family contacted 911. Troopers issued a missing persons notice and initiated a search. On the third day of the search, troopers found the victim’s vehicle parked at a popular trail head with the keys in the ignition and the victim’s personal belongings inside and untouched. A notebook on the passenger seat contained a suicide note alluding to feeling threatened by her boyfriend and living in fear of his continual “on again, off again” physical and sexual assaults, as well as her frustration of not being able to stop using heroin and the resulting financial burdens.

Hikers found a backpack in a ravine next to a small creek, and upon closer inspection, a portion of the victim’s remains in a face down position a short distance from the backpack.

Interviews with family members and friends revealed the victim had made vague suicide ideations in the past, but the family did not think they were serious and did not act. The victim’s employer stated that the victim was working as a check-out clerk at a local store and was recently disciplined for poor performance.

TOXICOLOGY
Postmortem toxicological studies (tissue only) determined the victim had used heroin prior to her demise.
Alaska Violent Death Reporting System (AKVDRS) data show that suicide is a significant public and mental health issue in Alaska.

- Alaska had the second highest suicide rate in the nation in 2013.
- During 2009–2013 in Alaska, suicide was the leading cause of death among Alaskans ages 15–44, the sixth leading cause of death overall, and the most common type of violent death (62%).

Among the 798 suicide deaths recorded in Alaska during 2009-2013:

- Males, young adults, American Indian/Alaska Native people, and persons living in rural regions of the state had the highest suicide rates.
- The vast majority (92%) had at least one of the mental health problems and/or other life stressors highly associated with suicide.
- Alcohol intoxication and current depressed mood were the most common suicide characteristics, and 22% had a known alcohol or substance abuse problem (dependency).
- Intimate partner problem was often identified (33%); 59 (5%) decedents perpetrated intimate partner violence within the past month.
- 26 (3%) decedents killed at least one other person before taking his/her own life, resulting in 14 homicide deaths.
- Gunshot injury was the most common cause of death (males: 427/631, 68%; females: 79/158, 50%), followed by hanging/strangulation/suffocation and poisoning.
- 169 (21%) were current or former U.S. military personnel; with about 15% of the Alaska population composed of current or former U.S. military personnel, this population may be at increased risk for suicide in Alaska.

TRANSLATING DATA INTO ACTION

Improving quality of veteran suicide data

Collaboration and data sharing between the AKVDRS and Alaska Suicide Prevention programs (municipal, state, tribal, and veteran) resulted in:

- Improved identification of suicide victims particularly those individuals qualifying for veteran services, when “military experience” is reflected on death certificates.
- Expanded data on the circumstances around family/domestic violence and veteran suicides, such as if the victim was engaged with mental health services.

Improving suicide prevention & postvention

- AKVDRS data have been used to develop prevention strategies such as the Alaska State Suicide Prevention Plan, and inform interventions with those most at risk for suicide. These strategies include the Applied Suicide Intervention Skills Training to help caregivers become more willing, ready and able to help persons at risk, and Gatekeeper Training that teaches anyone – public or private – how to determine if a person is at risk and connect them to help.
- Local and tribal health care facilities serving veterans have used AKVDRS data on veterans’ engagement with mental health services to improve these services and suicide prevention efforts.
- AKVDRS data on suicide circumstances and local suicide patterns help inform state and local “postvention” efforts after a suicide, especially among small villages where suicide may run in families or groups.
- Postvention is a best practice to document and understand a suicide death, help answer the question of “why?”, and improve suicide prevention efforts. Postvention supports family, friends and others affected by the suicide, and aims to reduce suicidal behavior among these surviving individuals and break the chain of events that lead to self-harm.
- AKVDRS data inform state and local postvention after a suicide.
- Local and tribal health care facilities improved veteran services using AKVDRS data.
- Expanded data on family/domestic violence and veteran suicides.
DEATH CERTIFICATE
The victim was a 43-year-old white female. She was injured and died in her residence from gunshot wounds. The manner of death was homicide. She was an office secretary. Another victim was a 52-year-old white male. He died at the scene from a gunshot wound to the head. The manner of death was suicide. He was a laborer working in construction.

MEDICAL EXAMINER
• Female died from 4 gunshots to torso
• Male died from 1 gunshot to head

LAW ENFORCEMENT
• Co-worker stated victim had broken up with suspect 10 days ago
• No prior reports of domestic violence

A HOMICIDE-SUICIDE IN MASSACHUSETTS
The example below tells the story of a suicide in Massachusetts, but to ensure confidentiality, it is not the story of an actual death. The example was created to illustrate the violent death data typically collected and linked in the Massachusetts Violent Death Reporting System (MAVDRS).

DEATH CERTIFICATE
• Homicide victim: 43-year-old white female
• Suicide victim: 52-year-old white male

MEDICAL EXAMINER
• Female died from 4 gunshots to torso
• Male died from 1 gunshot to head

LAW ENFORCEMENT
• Co-worker stated victim had broken up with suspect 10 days ago
• No prior reports of domestic violence

TOXICOLOGY
Both the victim and the boyfriend had negative toxicology results.

When the victim, a 43-year-old white female, did not show up for work, the victim’s co-workers called police to assist in a well-being check. Police responded to the victim’s residence and found her on the floor of the living room with gunshot wounds to her torso. Upon further investigation, police discovered the body of a 52-year-old white male in the rear of the home with a gunshot wound to his head. A co-worker on the scene stated that the deceased male was the victim’s estranged boyfriend. The co-worker stated the victim had broken up with the boyfriend 10 days prior after a relationship of many years.

The victim and the boyfriend had one minor child, a 4-year-old son, between them. The child was not at home at the time of the incident. The child was with his grandmother, the victim’s mother, who lives nearby. The victim’s mother told law enforcement that the victim had complained to her that the boyfriend would get very angry whenever the victim talked about breaking up.

According to police reports, there were no prior incidents of domestic violence reported. Family and neighbors also were unaware of any domestic disturbance between the victim and the boyfriend.
Massachusetts Violent Death Reporting System
Part of CDC’s National Violent Death Reporting System
Operated by the Massachusetts Department of Public Health, Injury Surveillance Program
Collecting data since 2003

The Big Picture
Homicide-suicide incidents are rare but violent events with long-lasting effects on families and communities. From 2003-2007 in Massachusetts, there were 41 homicide-suicide incidents in the state that resulted in 49 homicides and 41 suicides, for a total of 90 deaths, per Massachusetts Violent Death Reporting System (MAVDRS) data. Among the 41 homicide-suicide incidents (in which the fatal injuries were inflicted less than 24 hours apart) during 2003-2007, most were:
- intimate partner violence-related,
- perpetrated by white males,
- involved the use of a firearm,
- did not involve an intoxicated perpetrator,
- had homicide victims who were female and older than all other homicide victims on average, and
- had perpetrators who were known to the homicide victim.

Translating Data into Action
Capturing new information
Before the MAVDRS, there was no official way to capture information on homicide-suicide incidents because existing surveillance systems were person-based.

- The MAVDRS is incident-based, which enables identification of multiple deaths from the same incident or between victims and suspects, and provides a better understanding of the violent deaths.
- Without the MAVDRS, important differences between homicide-suicides and separate, unrelated homicides or suicides could be missed.

Sharing new information
New information about violent deaths is available through the MAVDRS, and the Injury Surveillance Program has disseminated these findings through 7 annual data reports, 4 special bulletins and many responses to data requests. For example, the program:
- identified and disseminated new findings about an increase in suicides among middle aged white males,
- identified and disseminated new findings about an increase in multiple-victim incidents in general, and particularly among homicide-suicide incidents,
- is tracking the emerging issue of suicide by hydrogen sulfide, which results from mixing household chemicals - chemicals that can produce fumes dangerous to first responders and other people living in the building where an incident occurs;
- analyzed train-related death data for the state suicide prevention program;
- analyzed youth-related violent death data for the governor’s Safe and Successful Youth Program; and
- regularly responds to a variety of data requests from counties, cities and towns.

Improving data quality
Because it double checks data from each source and corrects coding mistakes, the MAVDRS has improved the quality of data from Vital Records, medical examiners and law enforcement.

Improved collaboration
Other benefits of implementing the MAVDRS are improved relationships and data sharing among public health, medical examiners and law enforcement agencies. Improved collaboration with the Boston Police Department has increased the amount of information on circumstances and suspects that the agency shares with the Injury Surveillance Program.

41% of homicide-suicide incidents resulted in 49 homicides & 41 suicides (90 deaths)
ADULT PROTECTIVE SERVICES
Several reports were made due to self-neglect and concern from the victim’s family. The victim was known to have a long psychiatric history and was not compliant with his medication. The victim had been involuntarily committed on several occasions and attempted suicide twice by overdose. The reports were substantiated and the victim last had contact with the Department of Social Services a year prior to his death.

NORTH CAROLINA Violent Death Reporting System
Part of CDC’s National Violent Death Reporting System
Operated by the North Carolina Division of Public Health, Injury & Violence Prevention Branch
Collecting data since 2004

AN ELDER ABUSE SUICIDE IN NORTH CAROLINA
The example below tells the story of a suicide in North Carolina, but to ensure confidentiality, it is not the story of an actual death. The example was created to illustrate the violent death data typically collected and linked in the North Carolina Violent Death Reporting System (NC-VDRS).

DEATH CERTIFICATE
The victim was a 62 year old male who died from an intentional overdose of methadone.

MEDICAL EXAMINER/ CORONER
The victim was a 62 year old male who was found unresponsive in his residence by a family member who checked on him every morning. EMS was called and the victim was pronounced dead on the scene. The victim had many health problems which resulted in significant pain. He was prescribed methadone to control the pain and was noted to abuse his medication. The victim also had been diagnosed with bipolar disorder and was receiving treatment. The victim was described as depressed in the weeks leading up to his death due to his health condition and limited finances. There was no information on whether the victim had ever attempted or threatened suicide in the past and he did not leave a note. It was determined that the victim died from an intentional overdose of methadone.

LAW ENFORCEMENT
The victim was a 62 year old male who was found unresponsive in his residence after a family member requested authorities do a welfare check on the victim. The victim was found lying unresponsive inside his home with an empty medication bottle lying nearby. According to his family, the victim suffered from chronic pain after being injured in a motor vehicle crash several years earlier. He was prescribed methadone to control the pain and was noted to abuse his medication. This addiction to prescription medication led to the victim using crack cocaine as well. The victim had been diagnosed with bipolar disorder and was receiving treatment. He was described as depressed in the weeks leading up to his death due to his addiction, which had resulted in financial problems. The victim had attempted suicide in the past but the method is not known. The victim did not leave a note.

ADULT PROTECTIVE SERVICES (APS)
• Prior reports due to self-neglect
• Extensive psychiatric history, 2 previous suicide attempts by overdose
• Last contact with APS was 1 year ago

DEATH CERTIFICATE
• 62-year-old male
• Died from intentional overdose of methadone

LAW ENFORCEMENT
• Abused methadone, used cocaine
• Depressed, financial problems
• Previous suicide attempt

MEDICAL EXAMINER/ CORONER
• Victim’s pain was worsening
• Treated for bipolar disorder

ADULT PROTECTIVE SERVICES (APS)
• Prior reports due to self-neglect
• Extensive psychiatric history, 2 previous suicide attempts by overdose
• Last contact with APS was 1 year ago
THE BIG PICTURE

Elder maltreatment is an increasing problem across the U.S., and this maltreatment may contribute to suicide and homicide among older adults. Data from the North Carolina Violent Death Reporting System (NC-VDRS) show that for the 652 elder North Carolina residents who died as a result of violence from 2008 to 2009,

- 530 (81%) were suicide-related,
- 34% of all elder males and 48% of elder females had been characterized as having a current mental health problem by a medical professional, and
- 32% of males and 31% of females disclosed their intention to commit suicide to someone else.

Older adults, disabled adults and disabled emancipated minors served by North Carolina’s Adult Protective Services may be particularly vulnerable to abuse and neglect, and at risk for a violent death.

81% of the 652 elder deaths from violence in 2008-2009 were suicide-related.

TRANSLATING DATA INTO ACTION

Few states have surveillance systems which allow them to adequately understand the magnitude of elder maltreatment in their state. North Carolina improved its elder maltreatment surveillance by linking data from the North Carolina Violent Death Reporting System (NC-VDRS) with records from the Division of Aging and Adult Services’ Adult Protective Services (APS), which works through 100 county social services departments to identify and serve adults in need of protective services.

New linked data

North Carolina quantified and described - for the first time - violent deaths among persons age 18 and above in care of APS. During 2005-2008:

- Most APS deaths were among females, but males accounted for over 60% of violence-related APS deaths.
- Violence-related APS deaths occurred most often among persons ages 45-54, while all other types of APS deaths occurred most often over age 75.
- Among adults in APS care who died from suicide, over 70% were identified as having a mental health diagnosis and almost 70% were receiving treatment at the time of their death.

Case-level data

Linking NC-VDRS and APS data provided important case-level information, including if the person had ever been or was currently in APS care at the time of death, and if so, the county social service involved at the time of death, the length of time in this care, and the type of protective services received.

Targeted services & improved programs

The Division of Aging and Adult Services used the linked data to work with APS in counties where these deaths occurred to better target elder maltreatment prevention programs and improve staff training to identify violent death risks, such as indicators of suicidal ideation or prior attempts.

New adult fatality review process

Based on its collaboration with the NC-VDRS, the Division of Aging and Adult Services is developing an adult fatality case review protocol and data collection process that will be conducted for every adult in APS care who dies.

NC-VDRS & APS data linked for the first time

APS can better target elder maltreatment prevention programs

Adult Fatality Case Review will be conducted for every adult who dies in APS care
NO CENTRALIZED SOURCE FOR CORONER & LAW ENFORCEMENT DATA
- 88 county coroners
- 900+ law enforcement agencies

EXISTING STATE CONFIDENTIALITY LAWS
- Public Records Law & Open Meeting Acts
- Parts of Coroner reports considered confidential
- Law enforcement records confidential while death under investigation (can take years)

EDUCATE PARTNERS such as Coroners & Law Enforcement about benefits of a state violent death reporting system & how it works

ESTABLISH ADVISORY BOARD that includes partners who will provide data to & use data from the state violent death reporting system

PARTNERS CAN ADVOCATE through their professional organizations for the new system

LEGAL COUNSEL & GOVERNMENT AFFAIRS STAFF for the state health department can provide assistance

PARTNERSHIPS

CHALLENGES

LINKED DATA in the OH-VDRS provide a more COMPLETE PICTURE of violent deaths in Ohio

Benefits of Legislation

EASED CONFIDENTIALITY CONCERNS
- Law supports OH-VDRS when it requests data
- Law supports coroners & law enforcement when they provide data

ENSURES DATA will be used for VALID PUBLIC HEALTH REPORTING PURPOSES

LOCAL-LEVEL VIOLENT DEATH DATA AVAILABLE for partners to use in their communities

HIGH PARTICIPATION RATES from coroners & law enforcement

LOCAL-LEVEL VIOLENT DEATH DATA AVAILABLE for partners to use in their communities

Ensures data will be used for VALID PUBLIC HEALTH REPORTING PURPOSES

OHIO Violent Death Reporting System
Part of CDC’s National Violent Death Reporting System
Operated by the Ohio Department of Health, Violence & Injury Prevention Program
Collecting data since 2010
A LEGISLATIVE APPROACH TO ESTABLISHING THE OH-VDRS

To establish the Ohio Violent Death Reporting System (OH-VDRS), the Ohio Department of Health determined that legislation that mandates reporting by key data providers - including coroners and law enforcement agencies - was a necessary first step.

CHALLENGES
Like many states, Ohio has no centralized coroner or law enforcement data systems. Prior to the OH-VDRS, a request for data about a death had to be made to one of 88 county coroners, and at least one of the state’s 900+ local law enforcement agencies.

Existing state laws regarding confidentiality presented challenges for establishing the OH-VDRS, including Ohio’s Sunshine Laws (Public Records Law & Open Meeting Acts), which allow any person to make a request for information; law enforcement records that remain confidential while a death is under investigation (for homicides, this may take years); and coroner records, which include investigative notes that may remain confidential, while other coroner data are made public.

PARTNERSHIPS
Partnerships with coroners, medical examiners and law enforcement agencies - and the professional associations representing these partners - were central to the successful passage of the legislation.

To educate partners, the Violence & Injury Prevention Program (VIPP) provided information about the OH-VDRS to coroners, law enforcement and others. Partners supported the OH-VDRS and recommended a legislative approach once they understood how their data would be kept confidential and used for violence prevention efforts (not typical prior to the OH-VDRS). They also valued being able to share county-level data from the OH-VDRS with prevention partners in their communities.

The OH-VDRS Advisory Board included representatives from coroner and law enforcement associations, who spoke on behalf of the OH-VDRS during legislative hearings.

Legal counsel from the Ohio Department of Health helped the VIPP to draft model language. Staff from the department’s Office of Government Affairs helped to identify potential legislative paths for the OH-VDRS legislation (e.g. state biennium and mid-biennium budget bills) and respond to requests about the legislation.

LEGISLATION
After multiple attempts over two years, legislation was passed that (1) established the OH-VDRS, (2) authorized the Ohio Department of Health to study and collect violent death data, (3) mandated reporting from key data sources relevant to the OH-VDRS, and (4) deemed all data collected and subsequent work products to be confidential and exempt from public record requests.

IMPACT OF LEGISLATION & MANDATED REPORTING
Ohio’s legislation requiring confidential, mandated reporting contributed to the credibility and effectiveness of the OH-VDRS. The legislation:

- supports the OH-VDRS when it requests data from coroners, medical examiners and law enforcement, and supports coroners and law enforcement when they release data to the OH-VDRS;
- ensures that data collected for the OH-VDRS will be used for valid public health reporting purposes; and
- has resulted in high participation rates - almost 100% among coroners and about 80% among law enforcement - which in turn help ensure OH-VDRS’s long-term sustainability.

THE BIG PICTURE
Prior to establishing the OH-VDRS, the Violence & Injury Prevention Program (VIPP) had little data to support its assumptions about different kinds of violent deaths. Now the state has important information about violent deaths. For example:

- In 2010, there were 2,192 violent deaths in Ohio.
- 65%, or nearly two-thirds, of these violent deaths were suicides.
- About 25% of these deaths were homicides.

OH-VDRS data also includes information about the circumstances of violent deaths. With these data, the VIPP has evidence that:

Among women who died from homicide
- 54.2% of these deaths were related to intimate partner violence.

Among persons who died from suicide
- 41.3% were currently depressed,
- 53.1% had a current mental health problem,
- 21.7% had a previous suicide attempt, and 30.8% had disclosed their intent to someone.

54% of homicide deaths among women were related to intimate partner violence.
A SUICIDE IN OKLAHOMA
The example below tells the story of a suicide in Oklahoma, but to ensure confidentiality, it is not the story of an actual death. The example was created to illustrate the violent death data typically collected and linked in the Oklahoma Violent Death Reporting System (OKVDRS).

DEATH CERTIFICATE
The victim was a 47-year-old white male who lived in a rural area of eastern Oklahoma. He was a married oilfield worker with a high school diploma. He died at home due to a single gunshot wound to the head. The manner of death was suicide. The victim was a veteran of the U.S. Armed Forces.

MEDICAL EXAMINER
A 47-year-old white male died from a single gunshot wound to the head. The investigator reports the victim was found in his bedroom after the victim’s son heard a shot. The victim was reported to have been drinking earlier that day and had argued with his wife. The victim had recently been having trouble at work due to layoffs. The victim had a previous medical history of depression and had been stressed about a recent health scare. No suicide note was found.

LAW ENFORCEMENT
Law enforcement responded to the home when the victim’s son called police after hearing a gunshot and finding his father in the bedroom. The victim’s wife reported that she and the victim had argued that morning over finances. She said the victim had threatened to kill himself during the argument, but he often threatened to kill himself when they argued and she didn’t think anything of it. She said the victim went to a nearby pond to drink alcohol and shoot guns, but he returned later that afternoon and acted normal. An interview with the victim’s son revealed that the victim had seemed stressed lately due to problems at work, concern about losing his job, and a recent diagnosis of cancer with possible related surgery and treatment. There was no suicide note left. A 9mm semi-automatic pistol was found near the victim.

TOXICOLOGY
Toxicology reports showed the victim had a blood alcohol concentration of 0.16.
THE BIG PICTURE

The age-adjusted suicide rate in Oklahoma was 33% higher than the same rate for the U.S. in 2013. Oklahoma Violent Death Reporting System (OKVDRS) data illustrate the extent of this problem.

• Suicide was the third leading cause of death for Oklahomans age 10-34 in 2013, and the most prevalent type of violent death from 2004-2013, accounting for nearly 600 resident deaths each year.

• Suicides outnumber homicides by about three to one

• The Veteran suicide death rate increased by 34% from 2005-2012, with over 1,000 veteran suicides during that time; the suicide rate among veterans was twice that of non-veterans.

Among the 5,881 suicide deaths in Oklahoma from 2004-2013:

• 79% were male, and 21% were female
• 22% of suicide victims were veterans

• 144 (2.4%) victims killed at least one other person before taking his/her own life, resulting in 173 homicide deaths.

• Firearms (61%) were the most prevalent means of suicide, followed by hanging/strangulation (20%), poisoning (14%), and other means (5%); immediate access to lethal means may increase the risk for suicide.

• Among suicide victims noted to have a diagnosed mental health problem (2,098), 62% were currently receiving mental health treatment.

• A significant number of suicides were associated with a current depressed mood, intimate partner problem, mental and/or physical health problem, and/or crisis in the past weeks.

TRANSLATING DATA INTO ACTION

Informing prevention planning

• The Oklahoma Injury Prevention Service provides OKVDRS data and statistics and works closely with the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS), the Oklahoma Suicide Prevention Council, and other suicide prevention groups.

• OKVDRS suicide data informed the Council’s 2011 Oklahoma Strategy for Suicide Prevention.

Supporting veteran suicide prevention

With five military bases in Oklahoma, veterans’ health issues impact more than 300,000 Oklahomans. An OKVDRS special study and report on veteran suicides opened doors for collaboration with the Veterans Administration in Oklahoma, and helped illustrate the:

• increased risk for suicide among veterans of all ages

• leading circumstances associated with veteran suicides across the lifespan – physical and mental health problems, depressed mood, and intimate partner problems

• most common means of suicide (firearms)

Expanding the power of OKVDRS data

• OKVDRS data will be linked to other state databases to better inform suicide prevention, mental health treatment, and problematic drug prescriptions related to suicide.

• OKVDRS staff worked with law enforcement, the Child Death Review Board, and the Oklahoma Suicide Prevention Council to modify a pocket card that helps law enforcement collect more complete and accurate suicide circumstances data, which are used to understand suicide risks.

Partnering with law enforcement

• The Oklahoma Association of Chiefs of Police hosts the OKVDRS Advisory Committee meetings and distributes data reports to its members.

• The Oklahoma State Bureau of Investigation maintains a full time program officer to collect law enforcement data for the OKVDRS through a contract with the Injury Prevention Service.
The victim had been treated for depression several years earlier and had no history of suicide ideation or attempts.

The victim was a 43-year-old white male who lived in a suburb in central Rhode Island. He was a divorced, unemployed machinist. He died at home due to asphyxia from hanging. The manner of death was suicide.

Law enforcement responded to the victim’s home when a neighbor notified law enforcement that when he was returning a tool he borrowed from the victim, he noticed the victim hanging in the victim’s garage. While law enforcement were investigating, the victim’s ex-wife arrived on scene and stated that a week prior their divorce had been finalized. The victim’s wife also stated that she had left him because he stopped going to treatment for his alcoholism. She stated the victim would become violent when he drank and she thinks his drinking also caused him to lose his job. She said he has a history of depression and had been treated for it in the past. She also stated he had no past history of suicide attempts or ideation. A note was found where the victim stated he felt worthless and could not go on without his family.

Toxicology reports showed the victim had a Blood Alcohol Concentration of .32. There were no other drugs in his system.

The victim had been treated for depression several years earlier and had no history of suicide ideation or attempts.
THE BIG PICTURE

In Rhode Island during 2010, there were 165 violent deaths: 135 suicides, 26 homicides and 4 deaths of undetermined manner. The number of suicides in Rhode Island peaked in 2010, declining from 102 suicides in 2011 to 89 in 2012, based on provisional 2012 data.

RIVDRS data for 2004-2010 show that:
• During this seven year period, there were a total of 731 suicides in Rhode Island.
• Males (78%) were far more likely to commit suicide than females (22%).
• Male and female suicide deaths peaked in the age group 45-54 years.
• There were 18 suicides among those aged less than 18 (15 males, 3 females).
• Just over half (52%) of those who died by suicide had a current mental health problem, and 43% were currently receiving mental health treatment.
• Nearly one in five (18%) of those who died by suicide experienced an intimate partner problem.
• 25% of those who died by suicide experienced a crisis in the two weeks prior to death.
• Only 37% of those who died by suicide left a note.

TRANSLATING DATA INTO ACTION

Data from the Rhode Island Violent Death Reporting System (RIVDRS) provided new information on suicide and a better understanding of who is at risk.

RIVDRS data were used by the Department of Health’s Violence & Injury Prevention Program and its prevention partners for ground-breaking priority setting and program planning.

Using new suicide data from the RIVDRS, the Suicide Prevention Subcommittee of the Rhode Island Injury Community Planning Group identified the adult, working age population as being at increased risk for suicide and suicide attempts.

The data were shared with key partners through the subcommittee’s members, including the State Medical Examiner, RIVDRS Program Manager and Epidemiologist, Violence & Injury Prevention Program manager, and representatives from the Samaritans, American Foundation for Suicide Prevention, community health and mental health centers, Bradley Children’s Hospital, Brown University, Coastline Employee Assistance Program, and the Rhode Island Student Assistance Program.

An “Economic Impact of Depression and Suicide in the Workplace” symposium, co-sponsored by the Violence & Injury Prevention Program and Coastline Employee Assistance Program, increased awareness of depression and suicide among working age adults and provided strategies for integrating suicide prevention into worksites.

Symposium participants included high-level managers and human resource representatives from the two largest employers in Rhode Island.

Coastline Employee Assistance Program integrated suicide prevention into its mission statement and now provides training in early identification and referral of at risk employees to their clinical staff as well as their clients.

RIVDRS data show working age adults are at increased risk for suicide.

RIVDRS shares data with suicide prevention partners & 2 of state’s largest employers.

Employee assistance program adds suicide prevention to its mission, refers at-risk employees to clinical staff.
A 51-year-old Hispanic female died at her residence. She was stabbed five times in her abdomen with a large kitchen knife. The manner of death is homicide.

The suspect is a 54-year-old Hispanic male. The victim and suspect were reported as arguing early this morning. Witnesses at the scene indicated they saw the suspect at the victim’s home several times in the past few days. Once, the victim and suspect were seen fighting in the yard; the suspect slapped the victim and then immediately left.

The suspect had a long criminal history with several charges relating to assault and domestic violence in the presence of a child. The suspect’s criminal history shows an escalation in violence-related charges over the past year. The last incident occurred five weeks prior to the victim’s death.

Two months prior, the suspect assaulted the victim, who required hospitalization due to the assault. The suspect confessed to clergy that he had assaulted the victim.

The 14-year old daughter indicated that the victim was afraid of the suspect and overheard her mother telling a friend that he would kill her one day. The victim was no longer interested in the suspect and was planning on getting married to another man. The victim indicated that this news upset the suspect, but that he just needed time, would soon accept her decision to re-marry, and would then leave her alone.

The victim also had three fractures in her arm and bruises on her back in various stages of healing. Toxicology reports indicate that the victim had no substances present.

The suspect stalked and harassed the victim. Two months prior to her death, the victim was referred to a victim advocate after she was hospitalized for injuries inflicted by the suspect. The victim was advised to seek domestic violence shelter services. The victim received relocation funds for a new apartment after the assault. For the homicide, the Office of Crime Victim Reparations paid for counseling and mental health services for the 14-year old daughter and for costs of the victim’s funeral. The suspect pleaded down from manslaughter (First Degree Felony) to a Second Degree Felony.
THE BIG PICTURE

Domestic violence is one of the fastest growing violent crimes in Utah. Findings from the 2010 publication, *Domestic Violence Fatalities in Utah, 2003-2008*, by the Utah Department of Health’s Violence and Injury Prevention Program and the Domestic Violence Fatality Review Committee, include:

- 1 out of 3 adult homicides are domestic violence homicides.
- Females are 10 times more likely than males to die from domestic violence.
- The majority of domestic violence homicides are committed by males.
- While Hispanic persons comprise only 10% of Utah’s population, they account for 77% of domestic violence victims.
- 52% of intimate partner homicides were premeditated.
- One-third of domestic violence perpetrators committed suicide after committing a homicide.
- 91% of the domestic violence-related suicide victims experienced a crisis prior to the incident or faced an impending crisis - the most common of which was facing a criminal legal problem such as a recent or impending arrest, police pursuit, or an impending criminal court date (32.7%).
- In 44% of intimate partner violence incidents, one or more children under age 18 were living at the victim’s home at the time of the incident (76 children total).
- 147 children under age 18 were directly exposed to the homicide - they saw it, heard it through the walls, were attacked or threatened during the incident, or discovered the body. Of these children, 78% were 5 years old or younger.

78% of the 147 children directly exposed to a homicide in 2003-2008 were age 5 or younger

UTVDRS data expanded to include any intimate partner, family member or roommate in incident

UTVDRS worked with state DFCS to close gap in services for victim's children

Children of victims now connected to mental health & other services

TRANSLATING DATA INTO ACTION

Better data provide more complete picture of domestic violence deaths

A decade ago, it was difficult to know the extent of domestic violence in Utah because of limited data. The Utah Violent Death Reporting System (UTVDRS) has developed a more complete picture of domestic violence and its tragic impact on men, women, and children by:

- fostering a strong partnership between the Utah Department of Health’s Violence and Injury Prevention Program (VIPP) and the state’s multi-disciplinary Domestic Violence Fatality Review Committee (DVFRC), which includes more than 9 agencies,
- expanding domestic violence data collection beyond the victim and suspect to include any intimate partner, family member and/or roommate involved in the incident,
- combining national and state-specific intimate partner violence variables to enable the UTVDRS to collect more - and more detailed - domestic violence-related data, and
- linking data in the UTVDRS to identify and review - for the first time - when a domestic violence suspect committed suicide after the homicide.

Linking children of victims to needed services

Intimate partner violence is particularly damaging to children who witness this violence. They are at greater risk of developing psychiatric disorders, developmental problems, school failure, violence against others, and low self-esteem, and younger children typically display higher levels of distress than do older children.

Through their collaboration on the UTVDRS, the VIPP and DVFRC helped inform a policy change to close a gap in services for the children of domestic violence-related homicide victims.

- Following recommendations from a Domestic Violence Fatality Recommendations Symposium, the VIPP and DVFRC worked with the state Department of Children and Family Services (DFCS) to increase immediate referrals to DFCS at the time of a homicide - usually by law enforcement investigating the death - if the victim or perpetrator has one or more children in the home, regardless if a child was present during the incident.
- These referrals enabled these children and their families to receive an assessment and get connected to intervention and follow-up services, such as mental health services, to help cope with the homicide and other domestic violence-related issues.

- A referral to DFCS was made in 13 (46%) of the 28 intimate partner violence incidents with children in the home during 2003-2008.
VIRGINIA Violent Death Reporting System

Part of CDC’s National Violent Death Reporting System

Operated by the Virginia Department of Health, Office of the Chief Medical Examiner

Collecting data since 2003

A SUICIDE IN VIRGINIA

The example below tells the story of a suicide in Virginia, but to ensure confidentiality, it is not the story of an actual death. The example was created to illustrate the violent death data typically collected and linked in the Virginia Violent Death Reporting System (VVDRS).

DEATH CERTIFICATE

- 82-year-old white male
- Widowed veteran
- Suicide

MEDICAL EXAMINER

- Suffering from lung cancer
- Had stopped chemotherapy
- Taking pain medication

LAW ENFORCEMENT

- 2 bottles of prescription pain meds on counter
- Suicide note left by victim
- Victim’s daughter said her father would kill himself if cancer got bad again

DEATH CERTIFICATE

The victim was an 82-year-old white man who lived in a small rural community in Southwest Virginia. He was a U.S. citizen born in North Carolina. He was a widowed veteran and a retired truck driver for a regional supermarket chain. He died at home from a gunshot wound to the head. The manner of death was suicide.

MEDICAL EXAMINER/ CORONER

The victim died from a gunshot wound to the head. Entrance and exit wounds reveal a single intra-oral shot using a revolver. Other pathological diagnosis included lesions on his right lung and a history of surgical removal of the lower lobe of the left lung. The victim had a tattoo with a U.S. Navy 1949-1951 anchor on his right forearm. Bruising on his forehead at autopsy suggested that he had fallen and hit his head near the time of his death. Medical records revealed that he was suffering from lung cancer, had stopped receiving chemotherapy, and was recently referred to a pain management specialist because he was frustrated with his level of pain. Pill counts revealed he had taken one dose of Oxymorphone and one of Percocet.

LAW ENFORCEMENT

Law enforcement was called to the victim’s home when a neighbor reported that she had not seen him for a few days. His car was in the driveway. Law enforcement responded for a welfare check and discovered a mildly decomposed body on the living room floor of the home with a revolver lying near the right side of his body. The home was locked and secure. Law enforcement described the home as clean and neat with no evidence of foul play or intrusion. Notes on a nearby table provided post-mortem instructions on bills and funeral arrangements and a copy of his will. Two bottles of prescription medicine, one for Oxymorphone and one for Percocet, were found on the kitchen counter. Law enforcement interviewed the victim’s daughter who reported that her father had been diagnosed with a recurrence of lung cancer five months ago and complained about significant pain. He had told family and friends repeatedly that if his cancer ever got bad again, he would just end it. The daughter reported that her father had no history of mental health problems and that he did not like to take pain medications because it made him sleepy and caused him to lose his balance.

TOXICOLOGY

Toxicology studies revealed that the victim did not have any opiates in his blood, but did have a Blood Alcohol Concentration of .028. Medical records showed that he had gone to a pain specialist who prescribed Oxymorphone and Percocet.
VIRGINIA Violent Death Reporting System
Part of CDC’s National Violent Death Reporting System
Operated by the Virginia Department of Health, Office of the Chief Medical Examiner
Collecting data since 2003

THE BIG PICTURE

Elder suicide is a complex social problem that is often overshadowed by a focus on suicide among youth, college students or veterans. Data from the Virginia Violent Death Reporting System (VVDRS) show that:

- **elders have a higher suicide risk** (rate of 15.6) than non-elders (rate of 10.7);
- elder men are 6 times more likely than elder women to die from suicide, and as elder men age, their suicide rate increases while it decreases for elder women; and
- elder and non-elder suicides **differ notably in the circumstances and life events that lead to suicide**, including the presence of mental and physical health problems.

TRANSLATING DATA INTO ACTION

**A new picture of elder suicide**

Combining data sources through the VVDRS enabled the Virginia Department of Health to:

- develop a **new and more complete picture of elder suicide** by exploring it as a separate and unique phenomenon;
- identify what makes elder suicide fundamentally different from non-elder suicide – including life altering events such as a change in marital status, onset of illness, loss of capacity for independent living, and mental and physical health problems;
- make recommendations for where to target prevention efforts, particularly among older men; and
- conclude, in its report *Elder Suicide in Virginia: 2003-2010*, that **elder suicide is an issue that can only be addressed by treating it as distinct from non-elder suicide**.

**Regional summits increase resources**

- Spurred by the release of the VVDRS data, the Virginia Department of Behavioral Health and Developmental Services – a key partner and VVDRS Advisory Committee member - funded **7 regional suicide summits** to bring together mental health, public health and other violence prevention advocates for a day of suicide prevention planning.
- In each region, Department of Health staff used VVDRS data to give a tailored data presentation on suicide. Summit participants then looked at state and local resources and **developed a regional suicide prevention plan** to address at-risk populations and the specific circumstances associated with suicide in their communities.
- Based on VVDRS data and the momentum generated by the regional summits, the Virginia Department of Behavioral Health and Developmental Services requested and received funding for a state suicide prevention coordinator to address suicide issues across the lifespan.

**Educating through data**

- In response to frequent media and community-level requests for data, VVDRS staff have provided data, radio and newspaper interviews, and education around the fact that suicide is more common than homicide in Virginia – a fact that often surprises those requesting the data.
- Since the VVDRS began publishing its data, staff has seen a **jump in requests** – from about 3 to 30 per year.
- With the VVDRS, the Department of Health can respond with more robust, useful and finely-tuned information – including the circumstances, methods of fatal injury, and risk factors related to violent deaths that enable communities to hone in on specific local issues and inform the work of their prevention specialists.
- **Specialized VVDRS reports** on the circumstances of a particular type of violent death – such as who dies at work and the issue of suicide among military members – have garnered extensive interest from the media, data users and stakeholders.
A SUICIDE IN WISCONSIN
To ensure confidentiality, this is not an actual suicide but the profile of a suicide in Wisconsin. The example was created to illustrate the type of violent death data collected and linked in the Wisconsin Violent Death Reporting System (WVDRS).

DEATH CERTIFICATE
The victim was a 16-year-old white male who lived in rural northern Wisconsin. He was a high school student. He died at his residence due to a gunshot wound to the head. The manner of death was suicide.

MEDICAL EXAMINER/ CORONER
The 16-year-old white male victim died from a self-inflicted gunshot wound to the head. The victim's parents stated that he suffered from mild depression but only occasionally saw a therapist, since she was 30 miles away. They stated he did not have a lot of friends, and one day in the past week he came home from school very upset after being teased by a few classmates for being overweight.

LAW ENFORCEMENT
The victim told his parents he was going for a walk in the evening. About 15 minutes later, they heard the sound of a gunshot nearby. They went outside and found their son in a wooded area in their backyard with a gunshot wound to the head. Law enforcement responded upon receiving a call from the parents. The victim was pronounced dead at the scene. The father stated that the gun that was used belonged to him; he kept it hidden (not locked) in the basement. There was no suicide note found, and the parents stated he had not had any past suicidal attempts or ideations.

TOXICOLOGY
There were no drugs or alcohol found in the victim's system.
**THE BIG PICTURE**

The Wisconsin Violent Death Reporting System (WVDRS) has provided a better understanding of who is dying, how they are dying, and the circumstances that may be associated with those violent deaths.

- Among the 249 youth under age 18 who died from suicide during 2004-2013:
  - 186 (75%) were male
  - 103 (41.4%) of the deaths were committed with a firearm; among these cases, the firearm owner was the child’s parent in at least 40 cases (38.8%) and the firearm was stored unlocked in at least 22 cases (21.4%)
  - Among the 228 (91.6%) youth suicides where circumstances surrounding the death were known by either the coroner/medical examiner or law enforcement:
    - 97 (42.5%) had a current mental health problem and 104 (45.6%) currently or in the past had treatment for mental illness
  - 119 (52.2%) experienced a crisis in the preceding two weeks (compared to 37.2% of adult suicides)
  - 70 (30.7%) were experiencing problems at or related to school
  - The highest age-adjusted death rates for youth suicides tend to be in more rural counties, yet Wisconsin’s western and northern rural counties have the lowest number of mental health providers per capita.
  - Groups at higher risk for suicide in Wisconsin include youth in more rural counties, American Indians/Alaska Natives, LGBT persons, and veterans.
  - Whites have the highest suicide rate overall, but non-white students were more likely to report attempting, planning or considering suicide in the past 12 months.

**TRANSLATING DATA INTO ACTION**

**Informing prevention**

- WVDRS data were used to develop and inform content of the 2015 Wisconsin Suicide Prevention Strategy, and local-level WVDRS data can help local coalitions identify how best to target their suicide prevention efforts.
- Wisconsin’s WVDRS and Maternal Child Health (MCH) program partnered with Mental Health America of Wisconsin to support and advise local health departments in Wisconsin on best practices for adolescent suicide prevention, including coalition development, QPR gatekeeper training, Zero Suicide, and means reduction.

**Improving access to and quality of mental health services**

WVDRS data helped inform the Wisconsin School Mental Health Project, a five-year project launched in 2015 in over 25 school districts that includes youth suicide prevention. The project reflects efforts of Wisconsin’s mental health, public health, and education agencies and advocates to reduce perceived stigma attached to mental illness and accessing mental health services; train school-community teams; and increase the number of adults who recognize the signs of youth who are having trouble and know how to approach students and their families to access appropriate services.

**Addressing the how in suicide**

How persons attempt suicide plays a key role in whether they live or die. “Means reduction” - reducing a suicidal person’s access to highly lethal means such as firearms is recognized as an evidence-based practice that is an important part of a comprehensive approach to suicide prevention.

- The 2015 Wisconsin Suicide Prevention Strategy includes an objective to create suicide-safe environments for people at risk of suicide through strategies such as means reduction.
- The best-practice program CALM: Counseling on Access to Lethal Means trains providers to implement counseling strategies to help clients at risk for suicide and their families reduce access to lethal means, particularly (but not exclusively) firearms.
- County-level suicide prevention efforts have included offering cable gun locks and providing firearm safety and means restriction/reduction education. Acknowledging that most teens know where their parents keep their guns, messages include storing guns that are locked, unloaded and with ammunition locked and stored separately.
Safe States Alliances thanks the individuals who contributed to *NVDRS: Stories from the Frontlines of Violent Death Surveillance*.

State health department staff from the states below contributed their time to gather and share information, data and their experiences with the NVDRS and their state violent death reporting systems. Their efforts made this document possible.

### ALASKA
Deborah Hull-Jilly
Scott Saxon
Injury Surveillance Program
Alaska Division of Public Health
3601 C Street, Suite 540
P.O. Box 240249
Anchorage, AK 99524-0249
(907) 269-8078
deborah_jilly@health.state.ak.us
scott_saxon@health.state.ak.us
dhss.alaska.gov/dph/Epi/injury/Pages/akvdrs/default.aspx

### MASSACHUSETTS
Lauren Larochelle
Injury Surveillance Program
Massachusetts Department of Public Health
250 Washington Street, 6th Floor
Boston, MA 02108
(617) 624-5664
lauren.larochelle@state.ma.us
www.mass.gov/dph/isp

### NORTH CAROLINA
Tammy Norwood
Injury and Violence Prevention Branch
North Carolina Department of Health and Human Services
5505 Six Forks Road
Raleigh, NC 27609
(919) 707-5432
tammy.norwood@dhs.nc.gov
www.injuryfreenc.ncdhhs.gov

### OHIO
Jolene DeFiore-Hyrmer
Ohio Violence and Injury Prevention Program
Ohio Department of Health
246 N. High Street, 8th Floor
Columbus, Ohio 43215
(614) 644-0135
jolene.dhyrmer@odh.ohio.gov
www.healthy.ohio.gov/vipp/ohvdrs.aspx

### OKLAHOMA
Sheryll Brown
Brandi Woods-Littlejohn
Injury Prevention Service
Oklahoma State Department of Health
1000 NE 10th Street
Oklahoma City, OK 73117-1207
405-271-3430
sherylls@health.ok.gov
brandiw@health.ok.gov

### RHODE ISLAND
Samara Viner-Brown
Center for Health Data & Analysis
Rhode Island Department of Health
3 Capitol Hill, Room 407
Providence, RI 02908
(401) 222-5122
samara.viner-brown@health.ri.gov
www.health.ri.gov/programs/healthdataandanalysis/

### UTAH
Anna Fondario
Trisha Keller
Violence and Injury Prevention Program
Utah Department of Health
PO Box 142106
Salt Lake City, UT 84114-2106
(801) 538-6141
afondario@utah.gov
trishakeller@utah.gov

### VIRGINIA
Virginia Powell
Office of the Chief Medical Examiner
737 North 5th Street, Suite 301
Richmond, VA 23219
(804) 205.3856
virginia.powell@vdh.virginia.gov

### WISCONSIN
Brittany Grogan
Hank Weiss
Injury and Violence Prevention Program
Wisconsin Department of Health Services
1 West Wilson Street, Room 233
Madison, WI 53703
(608) 267-9008
brittany.grogan@dhs.wisconsin.gov
harold.weiss@dhs.wisconsin.gov
www.dhs.wisconsin.gov/wish/violent-death/nvdrs.htm

Kristen Lindemer of Safe States Alliance compiled and edited the document. Graphic design and layout by Melba Searcy, Creative Director, Toasted Ink (Atlanta). Layout updates in 2015 by Julie Alonso, Safe States Alliance.