Training Programs in Psychotherapy Integration

We conducted an electronic survey of the entire SEPI membership (55% response rate) in 2016 regarding their sociodemographic characteristics, theoretical commitments, integrative practices, and organizational satisfactions. The final section of the survey addressed training programs in psychotherapy integration.

This document features the 66 integrative training programs described by the respondents. We combined information on identical training programs, and we omitted a few programs for which insufficient information was provided.

SEPI members were specifically asked, “Are you affiliated with any integrative training programs at the graduate or post-graduate level?” If responding in the affirmative, they provided the following information about that training program: name/title; web address; country; training level; eligible trainees; duration; degree or certificate awarded upon completion; and name of the SEPI contract person.

The final multi-part question concerned the extent to which five theoretical systems were represented in the training program. SEPI members responded on a five-point, Likert-style scale where 1 = not at all represented, 2 = a little representation, 3 = somewhat represented, 4 = a lot representation, and 5 = strongly represented.

The dual purposes of this alphabetical listing by country, as its 1990s predecessors (J. C. Norcross, 1998 & 1999, Integrative/eclectic training institutes, Journal of Psychotherapy Integration), are to highlight training in psychotherapy integration around the world and to assist those seeking such integrative training. Additions and amendments to the list should be directed to Jack C. Anchin (SEPI Education & Training Committee) at anchin@buffalo.edu

We hope this training list proves both useful and inspiring!

John C. Norcross, Bryan M. Nolan, Dana C. Kosman, & Hector Fernández-Alvarez

Argentina

Doctoral Program in Neuroscience
www.institucional.uflo.edu.ar/uflo/doctorado/4-informacion

Level: Doctoral
Trainees: Psychologists, Psychiatrists, & Psychotherapists
Duration: 2 years
Degree/Certificate: PhD with a specialization in neuroscience
SEPI Contact: Héctor Fernandez Alvarez

Theoretical Emphases:
- Cognitive/cognitive-behavioral
- Systems/family systems

Total Representation
Total Representation
Maestría de Clínica Psicológica Cognitiva
www.ub.edu.ar/inscripcion/posgrados/psicologia/psicologia_cognitiva.php

Level: Master’s program
Trainees: Psychologists, Psychiatrists, & Psychotherapists
Duration: 2 years
Degree/Certificate: Magister
SEPI Contact:
Theoretical Emphases:
- Behavioral/behavior analysis A Lot of Representation
- Cognitive/cognitive-behavioral A Lot of Representation
- Humanistic/experiential Some Representation
- Psychodynamic/psychoanalytic Some Representation
- Systems/family systems Some Representation

Postgraduate Psychotherapy Training Program
www.aigle.org.ar

Level: Post-graduate program
Trainees: Psychologists & Psychiatrists
Duration: 2 years, part-time
Degree/Certificate: Psychotherapy Specialist
SEPI Contact: Héctor Fernández-Alvarez
Theoretical Emphases:
- Behavioral/behavior analysis Some Representation
- Cognitive/cognitive-behavioral A Lot of Representation
- Humanistic/experiential A Lot of Representation
- Psychodynamic/psychoanalytic A Lot of Representation
- Systems/family systems A Lot of Representation

Psychoterapie Specialization in Integrative Model, Fundacion Aigle
www.aigle.org

Level: Post-graduate program
Trainees: Psychologists, Psychiatrists, Social Workers, & Psychotherapists
Duration: 2 years
Degree/Certificate: Carrera de Especializacion
SEPI Contact: Beatriz Gomez
Theoretical Emphases:
- Cognitive/cognitive-behavioral A Lot of Representation
- Humanistic/experiential A Lot of Representation
**Australia**

**Master of Professional Psychology**

**Level:** Master’s  
**Trainees:** Psychologists  
**Duration:** 1 years  
**Degree/Certificate:** Master of Professional Psychology  
**SEPI Contact:** Sandra Stewart  

**Theoretical Emphases:**
- Behavioral/behavior analysis: Some Representation  
- Cognitive/cognitive-behavioral: Some Representation  
- Humanistic/experiential: Some Representation  
- Psychodynamic/psychoanalytic: Some Representation  
- Systems/family systems: Some Representation

**Belgium**

**Conceptual Interaction**
www.educatieve-academie.be

**Level:** Diploma program  
**Trainees:** Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses  
**Duration:** 4 years  
**Degree/Certificate:** Psychotherapist  
**SEPI Contact:**  

**Theoretical Emphases:**
- Behavioral/behavior analysis: Some Representation  
- Cognitive/cognitive-behavioral: A Lot of Representation  
- Humanistic/experiential: A Lot of Representation  
- Psychodynamic/psychoanalytic: Some Representation  
- Systems/family systems: A Lot of Representation

**Integrative Psychotherapy**
www.psychology-integration.eu

**Level:** Diploma program  
**Trainees:** Counselors, Psychologists, Social Workers, Psychotherapists, Psychiatric Nurses, & Educators  
**Duration:** 4 years  
**Degree/Certificate:** Integrative Psychotherapist
SEPI Contact:
Theoretical Emphases:
- Behavioral/behavior analysis: Total Representation
- Cognitive/cognitive-behavioral: Total Representation
- Humanistic/experiential: Total Representation
- Psychodynamic/psychoanalytic: Total Representation
- Systems/family systems: Total Representation
- Other Representation: NLP, transactional analysis

Canada

Graduate Programme, York University

Level: Master’s (or equivalent) program & Doctoral (or equivalent) program
Trainees: Psychologists
Duration: 5/6 years, full-time
Degree/Certificate: PhD
SEPI Contact: Alberta Pos
Theoretical Emphases:
- Behavioral/behavior analysis: No Representation
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: Some Representation
- Systems/family systems: Some Representation

Object Relations Therapy and Self Psychology
www.oior.org

Level: Post-graduate program
Trainees: Counselors, psychologists, psychiatrists, social workers, psychotherapists
Duration: One year, three 45-hour instructional units
Degree/Certificate: Pending
SEPI Contact:
Theoretical Emphases:
- Behavioral/behavior analysis: A Little Representation
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Little Representation
- Other Representation: Relational and self psychology
Ottawa Hospital Psychology Clinical Internship and Psychiatry Residency Program, University of Ottawa

www.ottawahospital.on.ca/wps/portal/Base/TheHospital/OurModelofCare/ProfessionalTeam/Psychology/TrainingProgram; and www.med.uottawa.ca/psychiatry/eng/resident_program.html

Level: Residency & Internship program  
Trainees: Psychologists & Psychiatrists  
Duration: 1 year in psychology, 5 years in psychiatry  
Degree/Certificate:  
SEPI Contact:  
Theoretical Emphases:
- Cognitive/cognitive-behavioral: A Lot of Representation  
- Humanistic/experiential: A Little Representation  
- Psychodynamic/psychoanalytic: A Lot of Representation  
- Systems/family systems: A Little Representation  

Post-graduate Seminars on Integrated Treatment and Neuroscience of Psychotherapy, University of Alberta

Level: Residency program  
Trainees: Psychiatric residents and graduate/post-graduate trainees in the department of psychiatry  
Duration: 4 years  
Degree/Certificate: Part of obtaining psychiatrist designation or a graduate degree in psychology  
SEPI Contact: Y. Shapiro (yshapiro@shaw.ca)  
Theoretical Emphases:
- Behavioral/behavior analysis: Some Representation  
- Cognitive/cognitive-behavioral: Some Representation  
- Humanistic/experiential: Some Representation  
- Psychodynamic/psychoanalytic: A Lot of Representation  
- Systems/family systems: Some Representation  
- Other Representation: Integrated psychobiology (psychodynamic/neuroscience)

Psychotherapy Program, University of British Columbia

www.psychiatry.ubc.ca/programs/psychotherapy-program/

Level: Residency program  
Trainees: Psychiatrists  
Duration: 5 years, full-time  
Degree/Certificate: Qualification as psychiatrist  
SEPI Contact: David Kealy  
Theoretical Emphases:
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<td>Systems/family systems</td>
<td>A Little Representation</td>
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<tr>
<td>Other Representation</td>
<td>Supportive psychotherapy &amp; common factors</td>
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**University of Windsor, PhD Clinical Psychology, Adult Clinical Track**

**Level:** Doctoral (or equivalent) program  
**Trainees:** Psychologists  
**Duration:** 6 years, part time  
**Degree/Certificate:** PhD  
**SEPI Contact:**  
**Theoretical Emphases:**

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<td>Psychodynamic/psychoanalytic</td>
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**York University, Clinical Psychology Graduate Program**

www.psychology.gradstudies.yorku.ca/about/clinical/  
health.info.yorku.ca/future-psychology-student/  

**Level:** Master’s and Doctoral  
**Trainees:** Psychologists  
**Duration:** 5 – 8 years, full time  
**Degree/Certificate:** PhD  
**SEPI Contact:** Alberta Pos  
**Theoretical Emphases:**

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<td>Psychodynamic/psychoanalytic</td>
<td>A Little Representation</td>
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<tr>
<td>Systems/family systems</td>
<td>Some Representation</td>
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**Chile**

**Integrative Psychotherapy**

www.icpsi.cl  

**Level:** Master’s  
**Trainees:** Psychologists & Psychiatrists  
**Duration:** 2 years
Degree/Certificate: Master’s  
SEPI Contact:  
Theoretical Emphases:  
- Behavioral/behavior analysis: Some Representation  
- Cognitive/cognitive-behavioral: Some Representation  
- Humanistic/experiential: Some Representation  
- Psychodynamic/psychoanalytic: Some Representation  
- Systems/family systems: Some Representation  
- Other Representation: Biological and neuroscience

Cyprus  

Professional Postgraduate Studies in Integrative Psychotherapy  
www.psychotherapycyprus.com  

Level: Diploma program  
Trainees: Psychologists, psychiatrists, social workers, and psychiatric nurses  
Duration: 4 years, full-time  
Degree/Certificate: Diploma in integrative psychotherapy  
SEPI Contact: Platrites Kyriakos  
Theoretical Emphases:  
- Behavioral/behavior analysis: A Little Representation  
- Cognitive/cognitive-behavioral: Some Representation  
- Psychodynamic/psychoanalytic: A Little Representation  
- Systems/family systems: Some Representation  
- Other Representation: Common factors, theoretical integrative models

Czech Republic  

International Center for Integrated Psychotherapy and a Healthy Life Style (INCIP)  
www.incip.cz  

Level: Diploma program  
Trainees: Counselors, psychologists, psychiatrists, social workers, psychotherapists, psychiatric nurses  
Duration: Five years (part-time)  
Degree/Certificate: Certificate  
SEPI Contact:  
Theoretical Emphases:  
- Behavioral/behavior analysis: Total Representation  
- Cognitive/cognitive-behavioral: Total Representation  
- Humanistic/experiential: Total Representation  
- Psychodynamic/psychoanalytic: Total Representation  
- Systems/family systems: Total Representation
Skala Institute
www.skaluvinstitut.cz

Level: Diploma program
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses
Duration: 5 years, part time
Degree/Certificate: Certificate which is needed to reach postgraduate certification in psychiatry
SEPI Contact: Magdalena Frouzova

Theoretical Emphases:
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: Some Representation

SUR Program
www.skaluvinstitut.cz

Level: Program necessary for atestation exam in psychotherapy for psychologists and MDs
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, Psychiatric Nurses, Special and Social Pedagogists, & Priests
Duration: 5 years (800 hours)
Degree/Certificate: Certification in self-experienced training in group psychotherapy
SEPI Contact:
Theoretical Emphases:
- Behavioral/behavior analysis: A Lot of Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Lot of Representation

Training in Psychotherapy Integration
www.psychoterapie-integrace.cz

Level: Post-graduate in private training institute
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses
Duration: 5 years, part-time
Degree/Certificate: Certificate of graduation, Certified psychotherapist, EAIP level
SEPI Contact: Jan Roubal
Theoretical Emphases:
- Behavioral/behavior analysis: A Little Representation
- Cognitive/cognitive-behavioral: A Little Representation
- Humanistic/experiential: Total Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Lot of Representation
- Other Representation: Gestalt therapy

Ireland

Institute of Integrative Counselling & Psychotherapy
www.iicp.ie/

Level: Master’s, Diploma, & Post-graduate programs
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses
Duration: 4 years, part time + 2 more years, part time for MA (pending)
Degree/Certificate: BA and MA in Pluralistic Counseling and Psychotherapy
SEPI Contacts: John McLeod, Marcella Finnerty, Caitriona Kearns

Theoretical Emphases:
- Behavioral/behavior analysis: A Lot of Representation
- Cognitive/cognitive-behavioral: Total Representation
- Humanistic/experiential: Total Representation
- Psychodynamic/psychoanalytic: Some Representation
- Systems/family systems: Some Representation
- Other Representation: Multicultural, existential, pluralistic

Doctorate in Counselling Psychology
www.psychology.tcd.ie/postgraduate/d-couns/

Level: Doctoral (or equivalent) program
Trainees: Psychologists
Duration: 3 years, full-time
Degree/Certificate: Doctoral Degree
SEPI Contact: Ladislav Timulak

Theoretical Emphases:
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Lot of Representation
- Other Representation: EFT
M.Sc. in Psychotherapy
www101.dcu.ie/prospective/deginfo.php?classname=MCOU

Level: Master’s
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses
Duration: 4 years, part time
Degree/Certificate: M. Sc.
SEPI Contact: Rosaleen McElvaney

Theoretical Emphases:
- Behavioral/behavior analysis: A Little Representation
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: Some Representation
- Systems/family systems: Some Representation

Italy

Integrative Psychotherapy Training

Level: Post-graduate program
Trainees: Psychologists & MDs
Duration: 4 years, part-time
Degree/Certificate: Psychotherapist
SEPI Contact:

Theoretical Emphases:
- Behavioral/behavior analysis: No Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: Some Representation

Scuola dell'Accademia di Psicoterapia Psicoanalitica
www.accademiasapp.it/Home.aspx

Level: Post-graduate program
Trainees: Psychologists, psychiatrists, psychotherapists
Duration: 4 years
Degree/Certificate: Licensed Psychotherapist
SEPI Contact:

Theoretical Emphases:
- Behavioral/behavior analysis: A Little Representation
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: A Lot of Representation
Psychodynamic/psychoanalytic Total Representation
Systems/family systems Some Representation

Scuola di Psicoterapia Integrata e di Comunità (SPIC)
www.europsyche.org/cms-tag/247/situation-psychotherapy

Level: Post-graduate program
Trainees: Psychologists, Psychiatrists, Psychotherapists, & Physicians
Duration: 5 years, part time
Degree/Certificate: Specialista in Psicoterapia Integrativa e di Comunità
SEPI Contact:
Theoretical Emphases:
- Cognitive/cognitive-behavioral A Lot of Representation
- Humanistic/experiential A Lot of Representation
- Psychodynamic/psychoanalytic A Lot of Representation
- Systems/family systems Some Representation

Mexico

Maestria en Psicoterapia
posgrados.iteso.mx/maestria-psicoterapia

Level: Master’s
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, Psychiatric Nurses
Duration: 2 years, part time
Degree/Certificate: Master’s degree
SEPI Contact: Tania Zohn-Muldoon
Theoretical Emphases:
- Cognitive/cognitive-behavioral Some Representation
- Humanistic/experiential Some Representation
- Psychodynamic/psychoanalytic Some Representation
- Systems/family systems Some Representation
- Other Representation Narrative therapy

Netherlands

Systemic Relational and Family Psychotherapy
www.psioc.nl

Level: Post-graduate
Trainees: Psychologists, Psychiatrists, Psychotherapists, & Psychiatric Nurses
Duration: 1.5 years
Degree/Certificate: Certificate
SEPI Contact:
Theoretical Emphases:
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: A Little Representation
- Systems/family systems: A Lot of Representation
- Other Representation: Stress theory

Norway

Clinical Program, Department of Psychology
www.uio.no

Level: Master’s
Trainees: Psychologists
Duration: 6 years, full time
Degree/Certificate: Cand. Psychol.
SEPI Contact: Kirsten Benum & Hanne Weie Oddli
Theoretical Emphases:
- Behavioral/behavior analysis: A Lot of Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Lot of Representation
- Other Representation: Integrative psychology

Poland

Group Psychotherapy School by Studium Psychoterapi, Laboratorium Psychoterapii
www.lps.pl

Level: Post-graduate program
Trainees: Psychologists, Psychiatrists, & Psychotherapists
Duration: 2 years, full time
Degree/Certificate: Certificate
SEPI Contact: Jerzy Dmuchowski
Theoretical Emphases:
- Behavioral/behavior analysis: No Representation
- Cognitive/cognitive-behavioral: No Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Other Representation: Existential, interpersonal
Studium Psychoterapii
www.lps.pl

Level: Doctoral (or equivalent) program
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, Psychiatric Nurses, Sociologists, & Anthropologists
Duration: 4 years (at least 1300 hours)
Degree/Certificate: Diploma of Psychotherapist
SEPI Contact:

Theoretical Emphases:
- Behavioral/behavior analysis: A Little Representation
- Cognitive/cognitive-behavioral: A Little Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: Total Representation
- Systems/family systems: A Lot of Representation
- Other Representation: Relational

Portugal

Integrated Masters at Faculty of Psychology, University of Lisbon
www.psicologia.ulisboa.pt/cursosmodule/curso/id/24/

Level: Master’s
Trainees: Psychologists
Duration: 2 years, full time
Degree/Certificate: Master of Arts
SEPI Contact: Antonio Branco Vasco

Theoretical Emphases:
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: Some Representation
- Systems/family systems: Some Representation
- Other Representation: Transdiagnostic and transtheoretical approaches

Romania

Integrative Psychotherapy
www.psihoterapie-integrativa.eu

Level: Doctoral (or equivalent) program
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, & Psychotherapists
Duration: 5 years
**Degree/Certificate:** Certificate in integrative psychotherapy leading to practice license in Romania, European certificate for psychotherapy, European certificate for integrative psychotherapy
SEPI Contact: Popescu Oana Maria

**Theoretical Emphases:**
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: Some Representation

**Spain**

**Official Master in General Health Care Psychology**
www.blanquerna.edu/en/official-master-general-healthcare-psychology

Level: Master’s (or equivalent) program
Trainees: Psychologists
Duration: 2 years, part-time
**Degree/Certificate:** Official Master in General Health Care Psychology
SEPI Contact: Luis Botella

**Theoretical Emphases:**
- Behavioral/behavior analysis: A Little Representation
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: A Little Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: Some Representation
- Other Representation: Constructivist

**Sweden**

**Relational and Cognitive Program**
Sweden

Level: Master’s program
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, & Psychotherapists
Duration: 3 years
**Degree/Certificate:** Lic psychotherapist
SEPI Contact:

**Theoretical Emphases:**
- Behavioral/behavior analysis: A Lot of Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
Humanistic/experiential  A Little Representation
Psychodynamic/psychoanalytic  A Lot of Representation
Systems/family systems  A Little Representation

**Switzerland**

**MAS Psychotherapy, University Bern**
www.kpp.psy.unibe.ch/weiterbildung/mas_psychotherapie_bern/

**Level:** Post-graduate program  
**Trainees:** Psychologists  
**Duration:** 4 years, part time  
**Degree/Certificate:** Master of Advanced Studies  
**SEPI Contact:** Franz Casper  
**Theoretical Emphases:**
- Cognitive/cognitive-behavioral  A Lot of Representation  
- Humanistic/experiential  Some Representation  
- Psychodynamic/psychoanalytic  A Little Representation  
- Systems/family systems  Some Representation

**Turkey**

**Integrated Psychotherapy**
www.psikoterapi.org

**Level:** Master’s (or equivalent) program  
**Trainees:** Counselors, Psychologists, Psychiatrists, Social Workers, & Psychotherapists  
**Duration:** 3 years, part-time  
**Degree/Certificate:** Psychotherapist, Certificate of Participation  
**SEPI Contact:** Tahir Ozakkas  
**Theoretical Emphases:**
- Behavioral/behavior analysis  Some Representation  
- Cognitive/cognitive-behavioral  Some Representation  
- Humanistic/experiential  No Representation  
- Psychodynamic/psychoanalytic  A Lot of Representation  
- Systems/family systems  Some Representation  
- Other Representation  Existential, transference oriented, Kohut, Masterson

**United Kingdom**

**Integrative Psychotherapy at Metanoia**
www.metanoia.ac.uk

**Level:** Doctoral, Diploma, & Master’s
Trainees: Psychiatric Nurses, Psychotherapists, Social Workers, Psychiatrists, Psychologists, & Counselors
Duration: 5 years
Degree/Certificate: MSc, DCPsych, Clinical Diploma
SEPI Contact: Maria Gilbert

Theoretical Emphases:
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: A Little Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Little Representation
- Other Representation: Relational

United States of America

Advanced Psychodynamic Psychotherapy Fellowship Program
www.ssa.uchicago.edu/professional-development

Level: Post-doctoral fellowship program & Post-graduate program
Trainees: Psychologists, Psychiatrists, & Social Workers
Duration: 1 year, part-time
Degree/Certificate: Certificate
SEPI Contact: Maureen Stimming

Theoretical Emphases:
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: A Lot of Representation

AEDP
www.aedpinstitute.org

Level: Certification sequence
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, Psychiatric Nurses, & Trainees in university clinical training programs
Duration: 3 years, part-time
Degree/Certificate: Full certification AEDP
SEPI Contact: Diana Fosha

Theoretical Emphases:
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation

American School of Professional Psychology at Argosy University Washington DC
www.clinical.argosy.edu/locations/washington-dc/
Level: Master’s, Doctoral, & Internship  
Trainees: Psychologists  
Duration: 5 years, full time  
Degree/Certificate: PsyD  
SEPI Contact: George Stricker  

Theoretical Emphases:  
- Behavioral/behavior analysis: Total Representation  
- Cognitive/cognitive-behavioral: Total Representation  
- Humanistic/experiential: Some Representation  
- Psychodynamic/psychoanalytic: Total Representation  
- Systems/family systems: Total Representation

Catholic University of America PhD Program in Clinical Psychology  
www.psychology.cua.edu/graduate/phdclprog.cfm

Level: Doctoral (or equivalent) program  
Trainees: Psychologists  
Duration: 5 years, full-time (minimum)  
Degree/Certificate: PhD  
SEPI Contact: Carol Glass  

Theoretical Emphases:  
- Behavioral/behavior analysis: A Lot of Representation  
- Cognitive/cognitive-behavioral: A Lot of Representation  
- Humanistic/experiential: Some Representation  
- Psychodynamic/psychoanalytic: Some Representation  
- Systems/family systems: Some Representation  
- Other Representation: Mindfulness

Certified Sex Addiction Therapist  
www.iitap.com

Level: Post-graduate program  
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses  
Duration: 2 years  
Degree/Certificate: CSAT Certification  
SEPI Contact:  

Theoretical Emphases:  
- Behavioral/behavioral analysis: A Lot of Representation  
- Cognitive/cognitive-behavioral: A Lot of Representation  
- Humanistic/experiential: Some Representation  
- Psychodynamic/psychoanalytic: Some Representation  
- Systems/family systems: Some Representation
Clinical Psychology Doctoral Program, Fairleigh Dickinson University
www.view2.fdu.edu/academics/university-college/school-of-psychology/ph-d-program-in-clinical-psychology/

Level: Doctoral program
Trainees: Psychologists
Duration: 5 years, full time
Degree/Certificate: Ph.D.
SEPI Contact: 
Theoretical Emphases:
- Behavioral/behavior analysis: A Lot of Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Little Representation

Clinical Psychology Program, Teachers College

Level: Doctoral program
Trainees: Psychologists
Duration: 5 years, full time
Degree/Certificate: Ph.D.
SEPI Contact: Barry Farber
Theoretical Emphases:
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Little Representation

Combined-Integrated Doctoral Program in Clinical and School Psychology, James Madison University
www.psyc.jmu.edu/cipsyd/

Level: Doctoral program
Trainees: Psychologists
Duration: 4 years, full time (master’s required for admission)
Degree/Certificate: Doctor of Psychology (Psy.D.)
SEPI Contact: Ken Critchfield and Gregg Henriques
Theoretical Emphases:
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
**Counseling Psychology, Santa Clara University**  
www.scu.edu/

**Level:** Master’s  
**Trainees:** Counselors  
**Duration:** 2 years, full time  
**Degree/Certificate:** Master’s degree in Marriage and Family Therapy  
**SEPI Contact:**

**Theoretical Emphases:**  
- Behavioral/behavior analysis: Some Representation  
- Cognitive/cognitive-behavioral: A Lot of Representation  
- Humanistic/experiential: A Lot of Representation  
- Psychodynamic/psychoanalytic: A Lot of Representation  
- Systems/family systems: A Lot of Representation  
- Other Representation: Multicultural

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**Couple and Family Therapy Program, University of Maryland, College Park**  
www.sph.umd.edu/department/fmsc/ms-couple-family-therapy

**Level:** Master’s  
**Trainees:** Counselors, Psychologists, Social Workers, Psychotherapists, & Couple and Family Therapists  
**Duration:** 2 years, full time  
**Degree/Certificate:** MS  
**SEPI Contact:** Norman Epstein  
**Theoretical Emphases:**

- Behavioral/behavior analysis: Some Representation  
- Cognitive/cognitive-behavioral: A Lot of Representation  
- Humanistic/experiential: A Lot of Representation  
- Psychodynamic/psychoanalytic: A Lot of Representation

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**Dynamic Emotion Focused Therapy (DEFT) Training program**  
www.DEFTInstitute.com

**Level:** Post-graduate program  
**Trainees:** Psychologists, Psychiatrists, Social Workers, & Psychotherapists  
**Duration:** 3 years, part time  
**Degree/Certificate:** Certificate of completion  
**SEPI Contact:**
**Theoretical Emphases:**
- Behavioral/behavior analysis: A Lot of Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: Total Representation
- Psychodynamic/psychoanalytic: Total Representation
- Systems/family systems: A Little Representation

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**Existential-Humanistic Institute Certificate Program**
www.ehinstitute.org

**Level:** Master’s or above  
**Trainees:** Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses  
**Duration:** 1-2 years  
**Degree/Certificate:** Certificate in the Foundations of Existential-Humanistic Practice  
**SEPI Contact:** Orah Krug  

**Theoretical Emphases:**
- Behavioral/behavior analysis: A Little Representation  
- Cognitive/cognitive-behavioral: Some Representation  
- Humanistic/experiential: A Lot of Representation  
- Psychodynamic/psychoanalytic: Some Representation  
- Systems/family systems: No Representation  
- Other Representation: Multicultural and medical dimensions

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**Family Institute at Northwestern University**
www.family-institute.org

**Level:** Master’s (or equivalent) program, Diploma program, Internship program  
**Trainees:** Counselors, Psychologists, & Social Workers  
**Duration:** 2 years  
**Degree/Certificate:** MMFT  
**SEPI Contact:** Jay Lebow  

**Theoretical Emphases:**
- Behavioral/behavior analysis: A Lot of Representation  
- Cognitive/cognitive-behavioral: Some Representation  
- Humanistic/experiential: Some Representation  
- Psychodynamic/psychoanalytic: A Lot of Representation  
- Systems/family systems: A Lot of Representation

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**Integral Psychotherapy, JFKU**
www.jfku.edu/
Level: Master’s
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses
Duration: 3 years
Degree/Certificate: MA Counseling Psychology
SEPI Contact:
Theoretical Emphases:
- Behavioral/behavior analysis: A Lot of Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Lot of Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Lot of Representation

Long Island University – Post Campus
www.liu.edu/post

Level: Doctoral program
Trainees: Psychologists
Duration: 5 years, full-time
Degree/Certificate: PsyD
SEPI Contact: Eva Feindler, Hilary Vidair, or Jill Rathus
Theoretical Emphases:
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Little Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: Some Representation
- Other Representation: DBT/Third Wave

Long Island University, Brooklyn Campus
www.liu.edu/Brooklyn/Academics/Schools/College-of-Liberal-Arts-and-Sciences/Programs/Div3/Psychology/PhD-Psychology

Level: Doctoral (or equivalent) program
Trainees: Psychologists
Duration: 5 years, full-time
Degree/Certificate: PhD
SEPI Contact: Kevin B. Meehan
Theoretical Emphases:
- Behavioral/behavior analysis: No Representation
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: No Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
Mental Health Counseling Program, University of Redlands
www.redlands.edu/docs/SOE/Prog_Sheet_MA_Clinical_Mental_Health_Counseling2.pdf

**Level:** Master’s (or equivalent) program  
**Trainees:** Counselors  
**Duration:** 2 years, full-time (60 hours)  
**Degree/Certificate:** Masters  
**SEPI Contact:** Rod Goodyear

**Theoretical Emphases:**
- Behavioral/behavior analysis: No Representation  
- Cognitive/cognitive-behavioral: A Little Representation  
- Humanistic/experiential: A Lot of Representation  
- Psychodynamic/psychoanalytic: Some Representation  
- Systems/family systems: A Lot of Representation  
- Other Representation: Common factors approach

NIP Psychotherapy Integration Program
www.nipinst.org/nip/training/academic_programs/integration/

**Level:** Post-graduate program  
**Trainees:** Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses  
**Duration:** 2 years  
**Degree/Certificate:** Certificate in Integration; also trauma program  
**SEPI Contact:** Kenneth Frank

**Theoretical Emphases:**
- Behavioral/behavior analysis: Some Representation  
- Cognitive/cognitive-behavioral: A Lot of Representation  
- Humanistic/experiential: A Lot of Representation  
- Psychodynamic/psychoanalytic: A Lot of Representation  
- Systems/family systems: Some Representation

Ohio University
www.ohio.edu/cas/psychology/

**Level:** Doctoral program  
**Trainees:** Psychologists & Psychotherapy  
**Duration:** 5 years, full time  
**Degree/Certificate:** Ph.D.  
**SEPI Contact:**  
**Theoretical Emphases:**
Behavioral/behavior analysis: No Representation
Cognitive/cognitive-behavioral: A Lot of Representation
Humanistic/experiential: A Little Representation
Psychodynamic/psychoanalytic: A Little Representation
Systems/family systems: No Representation

Saybrook University

Level: Doctoral (or equivalent) program
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses
Duration: 1 year, part-time
Degree/Certificate: Integrative Mental Healthcare and/or Integrative Psychotherapies
SEPI Contact: Carol Veizer
Theoretical Emphases:
  Behavioral/behavior analysis: Some Representation
  Cognitive/cognitive-behavioral: Some Representation
  Humanistic/experiential: A Lot of Representation
  Psychodynamic/psychoanalytic: A Lot of Representation
  Systems/family systems: A Lot of Representation
  Other Representation: CAM/mind-body approaches

St. John’s University

www.stjohns.edu/

Level: Post-graduate program
Trainees: Counselors, Psychologists, Psychiatrists, Social Workers, Psychotherapists, & Psychiatric Nurses
Duration: 1 year
Degree/Certificate: Certificate in Family and Sex Therapy
SEPI Contact: drpatriciapitta@gmail.com
Theoretical Emphases:
  Behavioral/behavior analysis: A Lot of Representation
  Cognitive/cognitive-behavioral: A Lot of Representation
  Humanistic/experiential: A Lot of Representation
  Psychodynamic/psychoanalytic: A Lot of Representation
  Systems/family systems: A Lot of Representation

Suffolk University

www.suffolk.edu/

Level: Doctoral program
**Trainees:** Psychologists

**Duration:** Average 6-7 full-time years

**Degree/Certificate:** Ph.D.

**SEPI Contact:**

**Theoretical Emphases:**

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<tr>
<td>Systems/family systems</td>
<td>A Little Representation</td>
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<tr>
<td>Other Representation</td>
<td>Acceptance-Based</td>
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</tbody>
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**University at Albany, State University of New York**

www.albany.edu/

**Level:** Doctoral

**Trainees:** Psychologists

**Duration:** 5 years

**Degree/Certificate:** PhD in Clinical Psychology

**SEPI Contact:** James Boswell

**Theoretical Emphases:**

<table>
<thead>
<tr>
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**University of Michigan Psychological Clinic**

www.psychclinic.org

**Level:** Internship & Post-doctoral

**Trainees:** Psychologists & Social Workers

**Duration:** 1 year +, full time

**Degree/Certificate:** Certificate

**SEPI Contacts:** Todd Favorite & Jeff Urist

**Theoretical Emphases:**

<table>
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<tr>
<td>University of North Texas, Clinical Psychology</td>
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<td><a href="http://www.psychology.unt.edu/graduate-programs/clinical-psychology">www.psychology.unt.edu/graduate-programs/clinical-psychology</a></td>
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</tbody>
</table>

**Level:** Doctoral (or equivalent) program  
**Trainees:** Psychologists  
**Duration:** 6 years, on average  
**Degree/Certificate:** PhD  
**SEPI Contact:** Jennifer Callahan  

**Theoretical Emphases:**
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: Some Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: Some Representation
- Systems/family systems: Some Representation

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<thead>
<tr>
<th>USF Counseling Psychology &amp; MFT program, Sanville Institute</th>
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<tr>
<td><a href="http://www.sanville.edu">www.sanville.edu</a></td>
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</table>

**Level:** Master’s & Doctoral  
**Trainees:** Counselors, Psychologists, Social Workers, Psychotherapists, & LPCC  
**Duration:** 3 years for MFT & 6 years for PhD  
**Degree/Certificate:** MFT & PhD  
**SEPI Contact:** Mary Coombs  

**Theoretical Emphases:**
- Behavioral/behavior analysis: A Lot of Representation
- Cognitive/cognitive-behavioral: A Lot of Representation
- Humanistic/experiential: A Little Representation
- Psychodynamic/psychoanalytic: A Lot of Representation
- Systems/family systems: A Lot of Representation

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<tr>
<th>Yeshiva University</th>
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<tr>
<td><a href="http://www.yu.edu/ferkauf/clinical-psychology/">www.yu.edu/ferkauf/clinical-psychology/</a></td>
</tr>
</tbody>
</table>

**Level:** Doctoral (or equivalent) program  
**Trainees:** Psychologists  
**Duration:** 5 years  
**Degree/Certificate:** PsyD  
**SEPI Contact:** Catherine Eubanks-Carter  

**Theoretical Emphases:**
- Behavioral/behavior analysis: Some Representation
- Cognitive/cognitive-behavioral: Total Representation
- Humanistic/experiential: No Representation
- Psychodynamic/psychoanalytic: Total Representation
- Systems/family systems: Some Representation
Postgrados de Psicoterapia Integrativa

**Level:** Master’s (or equivalent) program  
**Trainees:** Psychologists, Psychiatrists, & Psychotherapists  
**Duration:** 2 years + 1 year practice supervision  
**Degree/Certificate:** Postgrado Universidad, Alapsi y Flapnie área Psicoterapia Fupsi y Flapsi  
**SEPI Contact:** Margarita Dubourdieu

**Theoretical Emphases:**
- Behavioral/behavior analysis: Total Representation
- Cognitive/cognitive-behavioral: Total Representation
- Humanistic/experiential: Some Representation
- Psychodynamic/psychoanalytic: A Little Representation
- Systems/family systems: Some Representation
- Other Representation: Interpersonal, Schema theory, Neuroscience, PNIE