Society for the Exploration of Psychotherapy Integration

Conference Program
Revised with last minute updates April 2, 2014
Montreal, Canada, April 10-13, 2014
Psychotherapy Integration in the Trenches: How Psychotherapy Integration is Put into Practice

SEPI 30th ANNUAL MEETING
PROGRAM COMMITTEE

Stanley B. Messer, Ph.D., (Program Chair), Graduate School of Applied & Professional Psychology—Rutgers University, USA

Daniel J. Gaztambide, M.A., Psy.M., (Assistant to the Program Chair), Graduate School of Applied & Professional Psychology—Rutgers University, USA

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Henny Westra, Ph.D., Canada
Abe Wolfe, Ph.D., USA (Future Program Chair, Philadelphia, 2015)
Tracey Martin, USA, Conference Coordinator

LOCAL HOST COMMITTEE

Martin Drapeau, Ph.D., (Local Chair), Department of Counseling Psychology & Psychiatry, McGill University, Canada.

Stacy Bradley, MA, (Assistant to the Local Host), Psychotherapy Process Research Group, McGill University, Canada

CO-CHAIRS, SEPI BOARD OF DIRECTORS

Louis Castonguay, Ph.D., USA

Shelley McMain, Ph.D., Canada
WELCOME TO SEPI 2014, MONTREAL!

Stanley Messer (Program Chair) & Martin Drapeau (Local Host)

On behalf of the program and local organizing committees, we welcome you to SEPI’s 30th annual meeting in Montreal, Quebec, Canada. We have had an excellent response to this year’s conference, meaning that you may find yourself reacting as anxiously as Pavlov’s dogs in trying to discriminate among equally attractive session possibilities! The program includes half-day workshops, individual keynote addresses, plenary panels, submitted panels and those arranged thematically from submitted brief papers, mini-workshops, structured discussions and posters. There are lunch breaks and coffee breaks each day to allow you to refresh yourself, network and continue dialoguing and debating the merits of the ideas to which you have been exposed in the presentations. The topics range very widely and cover much of the important ground regarding the practice of psychotherapy integration in the trenches. You will find clinical, research and conceptual presentations, individual, couples, group and family therapy representing several theoretical orientations as applied to many forms of psychopathology and human distress. Your learning will come not only from the efforts at integration but in the exploration of similarities and differences across modalities.

We wish you a most rewarding meeting, with the excitement of new ideas, clinical techniques and areas to explore. We hope that you will also get to see some of this great city of Montreal, known as the Paris of North America.

Hanna Levenson (Membership Chair of SEPI)

Let me welcome all new members (and returning ones) to Montreal. Your joining SEPI (the only international organization devoted to exploring the integration of diverse clinical and theoretical perspectives) is proof positive of your exceptional intelligence, allegiance to quality therapy and empirical inquiry, and commitment to advancing the theory and practice of what works in clinical practice. During the Conference, please come and say “Hi” to me (and to members of the Program Committee). I want to welcome you personally and thank you for your support of SEPI. Hope you have a marvelous time.

SEPI Regional Networks Program: You have the opportunity to meet two of the international Network coordinators: Nuno Conceicao (Lisbon) and Beatriz Gomez (Buenos Aires). Take a few moments for regional networking so you can be put in touch with others in your area when you get back home.

IN MEMORIAM

Alan S. Gurman, Ph.D., a long-time member of SEPI, died suddenly on September 6, 2013. I (SBM) had the good fortune to get to know Al through our joint work over two decades on three editions of the edited volume, Essential Psychotherapies: Theory and Practice. I always looked forward to our many phone sessions (we only met twice in person, as he was not a conference go-er) in which we would debate the concepts in each chapter and fuss over the wording and grammar. Although we each had our spheres of expertise—he in couples, family and behavioral approaches, and I in the psychodynamic, person-centered and existential modalities—we overlapped in our shared interest in psychotherapy integration. We have lost a dear friend, family man, and extraordinary psychologist, author and therapist.
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Thursday, 10 April 2014

1. **Pre-Conference Workshop**
   *Integration*
   Organizer/Moderator: Jeff E. Harris, Texas Woman’s University
   **Thursday | 9:30 AM-12:30 PM | Fundy**
   **Becoming a More Integrative Psychotherapist: Expanding Your Multitheoretical Repertoire of Key Strategies**

2. **Pre-Conference Workshop**
   Organizer/Moderator: Lisa Firestone, The Glendon Association
   **Thursday | 9:30 AM-12:30 PM | Longueuil**
   **An Integrative Cognitive, Affective, Behavioral Approach to Differentiation of Self**

3. **Thursday | 12:30 PM-2:00 PM | Bon appetit! Peruse local restaurants.**
   **Lunch on your own**

4. **Pre-Conference Workshop**
   *Addiction*
   Organizer/Moderator: Andrew Tatarsky, Center for Optimal Living
   **Thursday | 2:00 PM-5:00 PM | Fundy**
   **In Introduction to Integrative Harm Reduction Psychotherapy for the Spectrum of Addictive and Risky Behavior**

5. **Pre-Conference Workshop**
   *Emotion-focused*
   Organizer/Moderator: Jeanne Watson, University of Toronto, Canada
   **Thursday | 2:00 PM-5:00 PM | Longueuil**
   **Transforming Pain with Emotion Focused Therapy**

Friday, 11 April 2014
6. Opening Remarks

Stanley Messer, Rutgers University, Piscataway, USA

7. KEYNOTE PLENARY

Clinician and researcher partnerships: Creating new landscapes of practice and knowledge
Louis G. Castonguay, Penn State University, University Park, USA

8. Coffee Break

9. Panel

Therapist factors
Organizer/Moderator: Michael Basseches, Suffolk University, Boston, USA

The Interaction among Therapists` Practices, Lives and Development

Reflective Practice and Experiential Avoidance as issues in Therapists' Continuing Development
Alison Rachel Thomas, Suffolk University, Boston, USA; Megan Clapp, Suffolk University, Boston, USA; Michael Basseches, Suffolk University, Boston, USA

Self-compassion: Relevance to Therapists' Development &

Vitality
Vanessa Alvarez, Suffolk University, Boston, USA; Grace Gu, Suffolk University, Boston, USA; Michael Basseches, Suffolk University, Boston, USA

What Helps Therapists Maintain Vital Engagement in Their Work?
Michael Basseches, Suffolk University, Boston, USA; Angela Brandao, University of Lisbon, Portugal; Grace Gu, Suffolk University, Boston, USA

10. Mini-Workshop

**Experiential**
Organizer/Moderator: Danny Yeung, University of Toronto, Canada

Friday | 10:00 AM-11:10 AM | Jacques Cartier

The Heart and Soul of Healing: Working with Positive Emotions and Spirituality in Accelerated Experiential Dynamic Psychotherapy

11. Panel

Organizer/Moderator: Yehuda Aryeh Gabler, York University, Canada

Friday | 10:00 AM-11:10 AM | Longueuil

Philosophical Issues in Psychotherapy Integration

**Psychotherapies as Modes of Representation**
Pavan Brar, York University, Canada

**Freewill and Psychotherapy: A Dialectical Constructivist Account and Two Complementary Points of View**
Yehuda Aryeh Gabler, York University, Canada; Crescendo Verrelli, York University, Canada

**A Critical Analysis of the DSM's Support of the Medical Model and a Humanistic Alternative**
Lisa Feingold, York University, Canada; Thomas Teo, York University, Canada
12. **Mini-Workshop**
   **CBT**
   Organizer/Moderator: Stephen J. F. Holland, Capital Institute for Cognitive Therapy
   Friday | 10:00 AM-11:10 AM | Mt. Roy/Hamp/CSL
   **Practicing Empirically Supported Cognitive-Behavioral Therapy within a Psychodynamically Informed Integrative Model**

13. **Panel**
   **Anxiety**
   Organizer/Moderator: Lynne Angus, York University, Canada
   Friday | 10:00 AM-11:10 AM | Pointe-aux-Trembles
   **Client corrective experiences in Motivational Interviewing/ CBT for Severe Generalized Anxiety Disorders : From first person accounts to video-based coding systems.**
   **Integrating Motivational Interviewing with CBT for the Treatment of Generalized Anxiety**
   Adi Aviram, York University, Canada; Henny A. Westra, York University, Canada
   **Client Perspectives on Corrective Experiences in Cognitive Behavioural Therapy and Motivational Interviewing for Generalized Anxiety Disorder: A Pilot Study**
   Jasmine Khattra, York University, Canada; Lynne Angus, York University, Canada; Christianne Braid Macaulay, York University, Canada; Henny A. Westra, York University, Canada
   **Narrative-emotion processes and corrective experiences in therapy for generalized anxiety disorder**
   Christianne Braid Macaulay, York University, Canada; Jasmine Khattra, York University, Canada; Lynne Angus, York University, Canada; Henny A. Westra, York University, Canada
   **Discussant:**
   Michael J. Constantino, University of Massachusetts Amherst

14. Friday | 10:00 AM-11:10 AM | St. Pierre
Panel

Integration
Organizer/Moderator: Sarah Bloch-Elkouby, Adelphi University, New York, USA

One complex case: Three Integrative Theory Options

Assimilative Psychodynamic Psychotherapy: a case study
Sarah Bloch-Elkouby, Adelphi University, New York, USA; Jerry Gold, Adelphi University, New York, USA

Conflict-Resolution Theory
Susan Heitler, private practice

Convergence and complementarity between assimilative approaches to psychotherapy
Louis G. Castonguay, Penn State University, University Park, USA

Discussant:
Jeanne Watson, University of Toronto, Canada

15. Structured Discussion

Supervision
Organizer/Moderators: Karen Fergus, York University, Canada; Lynne Angus, York University, Canada; John Eastwood, York University, Canada; Henny A Westra, York University, Canada; Louise Hartley, York University, Canada; Alberta Eveline Pos, York University, Canada; David W. Reid, York University, Canada

Friday | 11:15 AM-12:25 PM | Jacques Cartier
Psychotherapy Training at York University: An Evolving Model of Integrative Training

16. Panel

Organizer/Moderator: Kenneth Barish, Weill Medical College, Cornell University

Overcoming Bullying - Cognitive Behavioral Therapy (OB-CBT): The Best of All Worlds for the Benefit of Peer Victimized Youth
Gili Wendy Adler Nevo, University of Toronto, Canada; Howard Book, University of Toronto, Canada
**Working integratively in the "therapeutic milieu": a promising approach for dissocial children and adolescents.**  
Katharina Gerlich, Danube University Krems

**Disentangling successful outpatient treatments with adolescents -- some reflections about the ending of treatments**  
Arne Kristian Henriksen, Ostfold Hospital Trust

**Bad Feelings: An Integrative Model of Child and Adolescent Psychotherapy**  
Kenneth Barish, Weill Medical College, Cornell University

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17.  
**Panel**  
Organizer/Moderator: Jonathan Petraglia, McGill University, Montreal, Canada  
Friday | 11:15 AM-12:25 PM | Longueuil

**Working with Emotions, Defenses, and Somatic Experience**

Which clinical guidelines are ranked as most important by psychodynamic therapists when interpreting patient defenses?  
Maneet Bhatia, McGill University, Montreal, Canada; Jonathan Petraglia, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

**Ten Principles to Guide Psychodynamic Technique with Defense Mechanisms: An Examination of Theory, Research, and Clinical Implications**  
Jonathan Petraglia, McGill University, Montreal, Canada; Maneet Bhatia, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

**A New Technique for Making Psychodynamic Interventions More Rapid and More Powerful: A Video**  
Susan Heitler, private practice

**Somatic Psychotherapy: History, Present Perspectives and Future Directions**  
Dawn Bhat, USABP, New York; Jacqueline Carleton, USABP, New York; Alla Malovichko, Columbia University
18. Mini-Workshop
   Trauma
   Organizer/Moderator: Bruce Liese, University of Kansas Medical Center

   Friday | 11:15 AM-12:25 PM | Mt. Roy/Hamp/CSL
   Integrative Group Therapy for Treating Diverse Problems: Anxiety, Depression, Anger, and Addictive Behaviors

19. Panel
   Supervision
   Organizer/Moderator: Shalonda Kelly, Rutgers University, Piscataway, USA

   Friday | 11:15 AM-12:25 PM | Pointe-aux-Trembles
   Supervision Involving the Integrative Treatment of Culturally Diverse Clients

   Integrating Cognitive-Behavioral, Systems, and Multicultural Perspectives in the Supervised Treatment of an African-American Blended Family
   Traci Maynigo, Rutgers University, Piscataway, USA

   Integrating Cognitive-Behavioral, Multicultural, and Emotionally-focused Orientations in Supervision for Couple Therapy
   Kiara c. Wesley, Rutgers University, Piscataway, USA

   Principle-Based Intervention and Psychotherapy Integration: The Perspective of a Supervisee
   Steven M. Clark, Rutgers University, Piscataway, USA

   Discussant:

   Jay Lebow, Family Institute at Northwestern

20. Panel
   Common Factors
   Organizer/Moderator: Catherine Eubanks-Carter, Yeshiva University

   Friday | 11:15 AM-12:25 PM | St. Pierre
   When the best laid plans go awry: An exploration of patient deterioration and therapist noncompliance

   Deterioration in psychotherapy and incongruence between therapists' and patients' subjective experience
   Sarah Bloch-Elkouby, Adelphi University, New York, USA; J. Christopher Muran, Adelphi University, New York, USA; Lauren Knopf, Adelphi
University, New York, USA; Catherine Eubanks-Carter, Yeshiva University; Jeremy Safran, New School University, New York, USA

**Therapist non-compliance to manualized techniques: A factor of struggling therapeutic relationships?**
Clara Hungr, Adelphi University, New York, USA; J. Christopher Muran, Adelphi University, New York, USA; Rachel Small, Adelphi University, New York, USA; Jeremy Safran, New School University, New York, USA

**A closer look at deterioration and noncompliance: An evidence-based case study**
Catherine Eubanks-Carter, Yeshiva University; Sarah Bloch-Elkouby, Adelphi University, New York, USA; Clara Hungr, Adelphi University, New York, USA; J. Christopher Muran, Adelphi University, New York, USA; Jeremy Safran, New School University, New York, USA

Discussant:
Shelley McMain, Centre for Addiction and Mental Health and the University of Toronto

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**Lunch on your own**

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22. Friday | 1:45 PM-3:15 PM | Mt. Roy/Hamp/CSL
**PLENARY PANEL: Integration in Couples Therapy: What are the Key Ingredients?**

**Principle-based Couple Therapy**
Shalonda Kelly, Rutgers University, Piscataway, USA

**Common factors and Shared Strategies and Techniques in Couple Therapy**
Jay Lebow, Family Institute at Northwestern

**Time, Power, and Connection: Three Dimensions of an Integrative Couple Therapy**
Peter Fraenkel, City University of New York, USA
Emotion in Couples Therapy
Rhonda Goldman, Illinois School of Professional Psychology, Argosy University, Schaumburg

23. Friday | 3:15 PM-3:30 PM | Foyer/Afternoon Break
Coffee Break

24. Friday | 3:30 PM-4:40 PM | Jacques Cartier
Structured Discussion
Supervision
Organizer/Moderators: Eva Feindler, Long Island University; Kenneth Frank, National Institute for the Psychotherapies; Marvin Goldfried, Stony Brook University, USA
Perspectives on Parallel Process in Clinical Supervision

25. Friday | 3:30 PM-4:40 PM | Fundy
Panel
Change Process
Organizer/Moderator: Jeanne Watson, University of Toronto, Canada
Models of clients’ cognitive and affective processes in psychotherapy
Understanding pathological worry from an attachment perspective
Aline Rodrigues, University of Toronto; Jeanne Watson, University of Toronto, Canada
Working with maladaptive appraisals in the treatment of depression
Laura Gollino, University of Toronto, Canada; Jeanne Watson, University of Toronto, Canada
Resolving Interpersonal Relatedness Concerns in Emotion-Focused Therapy
Jason Mark Sharbanee, York University, Canada; Jeanne Watson, University of Toronto, Canada; Leslie S. Greenberg, York University, Canada

Increasing our understanding of treatment efficacy through an exploration of similarities and differences in clients’ productive processing across two treatment approaches.
Evelyn J. McMullen, University of Toronto, Canada; Jeanne Watson, University of Toronto, Canada

26. Panel
Process-outcome
Organizer/Moderator: Annette Dufresne, University of Windsor, Ontario, Canada

Friday | 3:30 PM-4:40 PM | Longueuil
Incorporating Feedback Tools into Clinical Training in Psychotherapy

Current Training Practices in Progress Monitoring Measures
Louise C Overington, McGill University, Montreal, Canada; Marilyn R. Fitzpatrick, McGill University, Montreal, Canada

Client Perceptions of Helpful Aspects of Therapy: Implications for Training and Practice
Beatriz Rodriguez Rubio, University of Windsor, Ontario, Canada; Ula Khayyat-Abuaita, University of Windsor, Ontario, Canada; Annette Dufresne, University of Windsor, Ontario, Canada

Client and Trainee Perspectives on Process and Outcome in Psychotherapy: Illustrative Case Studies Using an Integrative Approach
Ula Khayyat-Abuaita, University of Windsor, Ontario, Canada; Beatriz Rodriguez Rubio, University of Windsor, Ontario, Canada; Annette Dufresne, University of Windsor, Ontario, Canada

27. Mini-Workshop
Finding the Road to the Unconscious with Davanloo`s
28. Panel
Change Process
Organizer/Moderator: Michael Basseches, Suffolk University, Boston, USA

**Intensive Short-Term Dynamic Psychotherapy**

Friday | 3:30 PM-4:40 PM | Pointe-aux-Trembles

**To the Trenches: Transforming the Developmental Analysis of Psychotherapy Process (DAPP) Research Approach into an Optimally Useful Tool for Therapists' Reflective Practice.**

The growing impetus for bringing the developmental analysis of psychotherapy process (DAPP) into the trenches.
Alison Rachel Thomas, Suffolk University, Boston, USA; Michael Basseches, Suffolk University, Boston, USA; Vanessa Alvarez, Suffolk University, Boston, USA; Megan Clapp, Suffolk University, Boston, USA

Transforming the developmental analysis of psychotherapy process (DAPP) framework from a research method into a training and reflective practice tool for clinicians.
Megan Clapp, Suffolk University, Boston, USA; Vanessa Alvarez, Suffolk University, Boston, USA; Michael Basseches, Suffolk University, Boston, USA; Alison Rachel Thomas, Suffolk University, Boston, USA

Learning the developmental analysis of psychotherapy process (DAPP) using a practitioner-oriented coding manual.
Grace Gu, Suffolk University, Boston, USA; Megan Clapp, Suffolk University, Boston, USA; Michael Basseches, Suffolk University, Boston, USA; Alison Rachel Thomas, Suffolk University, Boston, USA; Vanessa Alvarez, Suffolk University, Boston, USA

Discussant:
Michael Basseches, Suffolk University, Boston, USA

29. Panel
Theoretical Integration and Cultural Competency in Clinical Social Work Practice

Organizer/Moderator: Terry Northcut, Loyola University of Chicago

Friday | 3:30 PM-4:40 PM | St. Pierre
The Use of Integrative Practices Across Mental Health Settings:
Experiences from the Field and Implications for the Future
Natalie Beck, Loyola University of Chicago; John Lingener, Loyola University of Chicago; Stacia Noll, Loyola University of Chicago

Addressing Comorbidity of Substance Disorders and Mood disorders from an Integrative Social Work Perspective
John Castino, Loyola University of Chicago; Joy Berry, Loyola University of Chicago; Adrian Brown, Loyola University of Chicago

Rethinking "Cultural Competency" through the use of the concept of Intersectionality and the practice of Mindfulness
Rachel Seed, Loyola University of Chicago; Amelia Joseph, Loyola University of Chicago; Bevin Titcomb, Loyola University of Chicago; Ethan Weiss, Loyola University of Chicago; Anthony De la Cruz, Loyola University of Chicago; Kathryn Krzykala, Loyola University of Chicago

30.
Panel
Narrative
Organizer/Moderator: Peter Muntigl, Ghent University, Belgium

Friday | 4:45 PM-5:55 PM | Fundy
Integrative Psychotherapy Perspectives on Client Stories and Emotional Disclosure in Brief Emotion-Focused Therapy of Depression

Therapist practices that call attention to the emotional impact of stories in brief Emotion-focused therapy of depression: A conversation analytic view
Peter Muntigl, Ghent University, Belgium; Naomi Knight, Simon Fraser University, Burnaby, Canada; Lynne Angus, York University, Canada

Towards an enhanced understanding of how emotion elaboration and narrative integration happens in brief Emotion-focused therapy of depression
James Watson-Gaze, York University, Canada; Lynne Angus, York University, Canada; Emily Bryntwick, York University, Canada; Naomi Carpenter, York University, Canada

Shifting stories: Narrative-emotion process patterns in brief psychotherapy for depression
Tali Boritz, Centre for Addiction and Mental Health; Lynne Angus, York University, Canada; Ryan Barnhart, Centre for Addiction and Mental Health; Michael J. Constantino, University of Massachusetts Amherst
Discussant:

Lynne Angus, York University, Canada

31. Mini-Workshop
   
   **Couple**
   
   Organizer/Moderator: Susan Heitler, private practice

   Friday | 4:45 PM-5:55 PM | Jacques Cartier
   
   Integrating Couple and Individual Treatment Elements

32. Panel
   
   **Change Process**
   
   Organizer/Moderators: Nuno Conceicao, University of Lisbon, Portugal; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan

   Friday | 4:45 PM-5:55 PM | Longueuil
   
   AEDP from Clients’ Perspective: How clients experience their change in and out of therapy.

   Clients perspective of in session change processes in AEDP: a qualitative study on what clients and therapist do in the sessions.
   Pamela Rodrigues, University of Lisbon, Portugal; Nuno Conceicao, University of Lisbon, Portugal; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Ana Isabel Silva, University of Lisbon, Portugal

   Clients' perspectives of out of session change mechanisms in AEDP: a qualitative study on the translation of in-session change into daily life's change.
   Nuno Conceicao, University of Lisbon, Portugal; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Ana Isabel Silva, University of Lisbon, Portugal; Pamela Rodrigues, University of Lisbon, Portugal

   A phenomenological study on the client experience of change in AEDP
   Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Nuno Conceicao, University of Lisbon, Portugal; Diana Fosha, The AEDP Institute

33. Mini-Workshop
   
   **Training psychotherapists: An integrative perspective**

   Friday | 4:45 PM-5:55 PM | Mt. Roy/Hamp/CSL
Training
Organizer/Moderators: Beatriz Gómez, Aigle Foundation; Héctor Fernández-Alvarez, Aigle Foundation

to expand therapists` resources.

34. Panel

Process-outcome
Organizer/Moderator: Joel Town, Dalhousie University, Canada

Friday | 4:45 PM-5:55 PM | Pointe-aux-Trembles

Insights gained from process-outcome studies of psychodynamic psychotherapy: Implications for effective therapy

The effectiveness of brief psychotherapy for somatic symptoms: Role of patient characteristics and common versus specific psychotherapy variables
Joel Town, Dalhousie University, Canada

Use of psychodynamic-interpersonal and cognitive-behavioral techniques within an Intensive Short-Term Dynamic Psychotherapy Trial Therapy
Amgad Barsoum Barsoum, Dalhousie University, Halifax, NS, Canada; Joel Town, Dalhousie University, Canada

Post-session change in Intensive Short-Term Psychodynamic Psychotherapy: Contribution of patient in-session motivation, insight and affective arousal
Elizabeth Silker Pienkos, Rutgers University, Piscataway, USA; Joel Town, Dalhousie University, Canada

Discussant:

Allan Abbass, Dalhousie University
Panel

Organizer/Moderator: David Zuroff, McGill University, Montreal, Canada

35. Friday | 4:45 PM-5:55 PM | St. Pierre

Comparing Change Processes and Common Factors across Therapies

Treatment objectives as predictors of outcome in short-term dynamic psychotherapy and cognitive therapy with cluster C personality disorders
Truls Ryum, Norwegian University of Science and Technology, Trondheim, Norway; Jakob Valen, ; Tore C. stiles, Norwegian University of Science and Technology, Tordheim, Norway; Martin svartberg, ; Truls Ryum, Norwegian University of Science and Technology, Trondheim, Norway

Differences and Similarities in the Use of the Common Factors in Psychodynamic, Cognitive, and Behavioral Therapies
Kevin S McCarthy, Chestnut Hill College; David Butman, Chestnut Hill College; Ulrike Dinger, University of Heidelberg, Germany; Dianne L. Chambless, University of Pennsylvania, Philadelphia, USA; Barbara Milrod, Weill-Cornell Medical College; Jacques P. Barber, Adelphi University, New York, USA

Patient Personality and the Therapeutic Relationship as Common Factors in Treatment: Dependency, Self-Critical Perfectionism, and the Rogerian Conditions in the TDCRP
David Zuroff, McGill University, Montreal, Canada; Sidney J. Blatt, Yale University

An Idiographic Analysis of Change Processes in the Transdiagnostic Treatment of Depression and Anxiety
James Franklin Boswell, University at Albany/SUNY, USA; Lisa M. Anderson, University at Albany/SUNY, USA

36. Friday | 6:00 PM-7:00 PM | Bonaventure (Formerly Le Portage)

Poster Session and Welcome Reception

1. An Integrative Therapy Model Interweaving CBT (Cognitive Behavior Therapy), Transactional Analysis, Redecision Therapy, Gestalt and KEG therapy cards (Keys to Emotional Growth)
Eleanor Avinor, Bnai Zion Hospital; Joanne Silman, KEG Cards
2. Motivational Enhancement in CBT for Adult ADHD
J. Russell Ramsay, University of Pennsylvania, Philadelphia, USA

3. The Integration of Cognitive Behavioural Therapy with Systemic-Constructivist Couple Therapy in the Treatment of Obsessive-Compulsive Disorder: Theoretical Underpinnings and Preliminary Findings
Rachel L. Siegal, York University, Canada; David W. Reid, York University, Canada; Margaret Anne Richter, University of Toronto, Canada

4. Exploring a Feedback and Clinical Support Tools Intervention in Psychotherapy with Patients at Risk for Treatment Failure
Erica E. Gardner-Schuster, The New School for Social Research, New York, NY; Jeremy Safran, New School University, New York, USA; J. Christopher Muran, Adelphi University, New York, USA; Catherine Eubanks-Carter, Yeshiva University; Russell J. Bailey, Brigham Young University, Provo, USA; Michael J. Lambert, Brigham Young University, Provo, USA

5. Approach/Avoidance Training as an Adjunct to Psychotherapy for Alcohol Use Problems: A test of the Causal Mechanism
Jason Mark Sharbanee, York University, Canada; Litje Hu, York University, Canada; Werner Stritzke, University of Western Australia, Crawley; Reinout Wiers, University of Amsterdam; Mike Rinck, Radboud University, Nijmegen, Netherlands; Colin MacLeod, University of Western Australia, Crawley

6. Attachment and expectations about helpful psychotherapeutic interventions in college students
Tracy Lynn Clouthier, Penn State University, University Park, USA; Samantha L. Bernecker, University of Massachusetts Amherst; Shannon M. McCarrick, Ohio University, Athens, USA; Kenneth N. Levy, Penn State University, University Park, USA

7. A multiple quantitative case study with the Patient Attachment Coding System: How do insecurely attached patients become secure?
Alessandro Talia, University of Copenhagen, Denmark; Thea Bølling, University of Copenhagen, Denmark; Katrine Pelle, University of Copenhagen, Denmark; Sarah Daniel, University of Copenhagen; Stig Poulsen, University of Copenhagen, Denmark

8. Affective-meaning transformation: Exploring successful and unsuccessful emotional development in expressive writing
Tsubasa (Subie) Sawashima, University of Windsor, Ontario, Canada; Shawn Harrington, University of Windsor, Ontario, Canada; Antonio Pascual-Leone, University of Windsor, Ontario, Canada
9. Increasing Access to Psychotherapy in Canada through Government-Funded Psychotherapy: Documenting the Perspectives of Clinicians
Stacy Bradley, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

10. Exploring the relationship between patients' in-session attachment patterns, alliance, and outcome with the Patient Attachment Coding System (PACS).
Madeleine Miller-Bottome, New School University, New York, USA; Alessandro Talia, University of Copenhagen, Denmark; Peter Lilliengren, Stockholm University, Sweden; Amy Withers, New School University, New York, USA; Sarah Daniel, University of Copenhagen; Jeremy Safran, New School University, New York, USA

11. The development of theoretical orientation for clinical psychology students
Eva Feindler, Long Island University: Post; Christina Pettiti, Long Island University; Marc Diener, Long Island University

12. A short-term child intervention using "Mytheutiki" integrative model to enhance family cohesion in Cyprus' economic crisis
Kyriakos N. Platrites, Cyprus Institute of Psychotherapy; Vasiliki Christodoulou, Cyprus Institute of Psychotherapy
Saturday, 12 April 2014

37. 
Keynote
Organizer/Moderator: Stanley Messer, Rutgers University, Piscataway, USA

Saturday | 8:30 AM-9:30 AM | Mt. Roy/Hamp/CSL
KEYNOTE PLENARY

Meaning in Life: An Unexamined Topic in Psychotherapy and Psychotherapy Research
Clara Hill, University of Maryland, College Park, USA

38. 
Saturday | 9:30 AM-9:45 AM | Foyer/Morning Break
Coffee Break

39. 
Structured Discussion
Integration
Organizer/Moderators: Evgenia Milman, McGill University, Montreal, Canada; Zofia Czajkowska, McGill University, Montreal, Canada; Karolina Rozworska, University of British Columbia, Vancouver, Canada

Saturday | 9:45 AM-11:00 AM | Fundy
The Role of Psychotherapy Theory in the Clinical Component of Training Counselling Psychologists

40. 
Panel
Trauma
Organizer/Moderator: Denise Hien, City University of New York, USA

Saturday | 9:45 AM-11:00 AM | Jacques Cartier
Treating Trauma in the Real World: Implementation Challenges

Concurrent treatment for PTSD and SUDS with Prolonged Exposure (COPE) in the trenches
Meg Rauen, City University of New York, USA; Denise Hien, City University of New York, USA
Effects of Disclosure on Mental Health Functioning in US Army Veterans Exposed to a Traumatic Event
Matthew Southard, City University of New York, USA

Evaluating the Effectiveness of Supervision on Training Clinicians in an Integrated Approach to CBT for PTSD within the Assertive Community Treatment Model.
Sacha Zilkha, City University of New York, USA

Discussants:
Denise Hien, City University of New York, USA
Devon Harrison, City University of New York, USA

41. 
Panel Change Process
Organizer/Moderator: Alberta Eveline Pos, York University, Canada
Saturday | 9:45 AM-11:00 AM | Longueuil
The process of emotional change during experiential therapy for depression

Clients' Expressed Emotional Arousal in Therapy: Does It Help Resolve Depression?
Danielle Paolone, York University, Canada; Alberta Eveline Pos, York University, Canada

Examining Processes of Change for Experientially Distant and Non-Distant Client Subgroups in Experiential Therapy for Depression
Karen Wong, York University, Canada; Alberta Eveline Pos, York University, Canada

Emotional change in resolving depressive self-criticism during experiential treatment
Bryan Choi, York University, Canada; Alberta Eveline Pos, York University, Canada

Discussant:
Antonio Pascual-Leone, University of Windsor, Ontario, Canada
Mini-Workshop  
**Couple**  
Organizer/Moderator: Ellen Wachtel, Private Practice, New York City

**Saturday | 9:45 AM-11:00 AM | Mt. Roy/Hamp/CSL**  
**Improving Your Skills as a Couples Therapist**

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Panel

Organizer/Moderator: Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA

**Saturday | 9:45 AM-11:00 AM | Pointe-aux-Trembles**

**Reducing Patient and Therapist Obstacles to Treatment Progress**

*If countertransference happens and the therapist doesn’t perceive or manage it, does it still impact the therapy? A call to acknowledge the relevance of countertransference as a nonspecific, evidence-based phenomenon*

Jennifer Davidtz, Nova Southeastern University

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**Integrating Patient Preferences into the Treatment of Depression in the Community**

Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA; Robert Gallop, University of Pennsylvania, Philadelphia, USA; Hannah M. Markell, University of Pennsylvania, Philadelphia, USA; Jacqueline K. Lee, University of Pennsylvania, Philadelphia, USA; Rachel A. Mack, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA

**Rediscovering the Role of Avoidance in Psychotherapy Progress and Outcome**

Scott Meier, University at Buffalo; Susan R. Davis, Linwood Psychotherapy Services

**Ambivalence and Homework Compliance in Cognitive-Behavioral Therapy**

Melissa Lauren Button, York University, Canada; Henny A. Westra, York University, Canada; Kimberley Michelle Hara, York University, Canada
44. **Panel**

Organizer/Moderator: Paul Wachtel, City University of New York, USA

Saturday | 9:45 AM-11:00 AM | St. Pierre

**Cultural Dimensions in Psychotherapy Integration**

- **Historicizing psychotherapy: Recovering 'subjugated discourses' in the consulting room.**
  Matthew Steinfeld, Yale University School of Medicine

- **Buddhism and Integration of Psychotherapy**
  Namhee Stokvis, Rutgers University, Piscataway, USA

- **Integrating cultural competency in psychotherapy: Is there an evidence-base? Are there best practice guidelines?**
  Daniel J. Gaztambide, Rutgers University, Piscataway, USA

Discussant:

Paul Wachtel, City University of New York, USA

45. **Structured Discussion**

**Trauma**

Organizer/Moderators: Frances Wen, University of Oklahoma-Tulsa; Kim A Coon, The University of Oklahoma School of Community Medicine; Julie E Miller-Cribbs, The University of Oklahoma; Martina Jelley, The University of Oklahoma School of Community Medicine; Kristin A Foulks, The University of Oklahoma School of Community Medicine

Saturday | 11:05 AM-12:15 PM | Fundy

**Building Integrative Research and Training Programs to Address Adult Sequelae of Childhood Trauma**

46. **Mini-Workshop**

**Emotion-focused**

Organizer/Moderator: Lorrie L Brubacher, Greensboro Charlotte Center for EFT

Saturday | 11:05 AM-12:15 PM | Jacques Cartier

**Emotionally Focused Individual Therapy - Extending an Attachment-Based Couple Model into Working with Individuals**
Panel
Case studies
Organizer/Moderator: Daniel B. Fishman, Rutgers University

Saturday | 11:05 AM-12:15 PM | Longueuil
Motivational Interviewing (MI) as a Therapeutic Intervention for Latinos with Depression: Integrating RCT and Systematic Case Study Knowledge

Introduction to the MI Project, Its Underlying Logic Model, and Synthesizing RCT and Case Study Knowledge
Daniel B. Fishman, Rutgers University; William M. Buerger, Rutgers University

A Randomized-Controlled Trial of an Intervention to Improve Antidepressant Adherence among Latinos with Depression
William M. Buerger, Rutgers University; Alejandro Interian, Veterans Administration, NJ Health Care System

Systematic Case Study Analyses of Motivational Interviewing With Depressed Latinos: The Cases of "Lupe," "Maria," and "Ana"
Ariana Prawda, Psychiatric Emergency Services, Woodburn Center for Community Mental Health

Discussant:
Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan

Mini-Workshop
Spirituality
Organizer/Moderators: Danielle Magaldi-Dopman, City University of New York, USA; Leora Trub, Pace University

Saturday | 11:05 AM-12:15 PM | Mt. Roy/Hamp/CSL
How Accepting are We? Psychotherapists and our Religious Clients
Panel

Organizer/Moderator: Mary Virginia Minges, Beth Israel Medical Center, New York, USA

Saturday | 11:05 AM-12:15 PM | Pointe-aux-Trembles

Therapeutic Action in Mindfulness: Affect, Cognition, and Creativity

Mindfulness Deconstructed: Two Processes Not One
Jeffery Smith, New York Medical College

The effects of mindful yoga practice on the well-being of college students: Results from a randomized controlled dismantling trial.
Kadie Ann Bourgoin, Florida State University, Tallahassee, USA; Georgios Lampropoulos, Adler School of Professional Psychology, Chicago, USA

Principles of Change at Work Beyond Technique: Cognitive Complexity in Creativity Tasks
Mary Virginia Minges, Beth Israel Medical Center, New York, USA; Joan Miller, Beth Israel Medical Center, New York, USA

Understanding the mechanisms underlying posttraumatic growth: Merging Acceptance and Commitment Therapy and Posttraumatic Growth as a proposed model.
Thea Lauree Comeau, McGill University, Montreal, Canada; Heather B. MacIntosh, McGill University, Montreal, Canada; Marilyn R. Fitzpatrick, McGill University, Montreal, Canada

Panel

Emotion

Organizer/Moderator: Joel Town, Dalhousie University, Canada

Saturday | 11:05 AM-12:15 PM | St. Pierre

The role and effects of emotional mobilization in psychotherapy

A qualitative study of patients' experience and understanding of the role of emotional mobilization associated to therapeutic change
Joel Town, Dalhousie University, Canada

Mobilization in unconscious complex feelings: correlation with treatment outcome
Allan Abbass, Dalhousie University

Quantifying emotional mobilization: a reliability and training
study
Ryan Wilson, Dalhousie University, Canada; Joel Town, Dalhousie University, Canada

Discussant:
Antonio Pascual-Leone, University of Windsor, Ontario, Canada

51. Saturday | 12:20 PM-1:30 PM | Bon appetit! Enjoy!
Lunch on your own

52. Saturday | 12:20 PM-1:30 PM | St. Pierre
Research Consultation (Bring your own lunch)

Organizer/Moderator: Kenneth L Critchfield, University of Utah, Salt Lake City, USA

53. Saturday | 1:30 PM-2:45 PM | Mt. Roy/Hamp/CSL
PLENARY PANEL: Psychotherapy Integration and Different Modes of Treating the Borderline Personality

Personality disorders
Organizer/Moderator: Stanley Messer, Rutgers University, Piscataway, USA

Recent empirical findings on borderline personality disorder and their implications for integrated treatment
Kenneth N. Levy, Penn State University, University Park, USA

Treatment for BPD: Integrated and relatively brief
Joel Paris, McGill University, Montreal, Canada

Therapist focusing on the patient's motives: the Plan Analysis approach to understanding Borderline Personality Disorder
Ueli Kramer, University of Lausanne, Switzerland

Psychotherapy for Borderline Personality Disorder: Common Relationship Strategies
Shelley McMain, Centre for Addiction and Mental Health and the
54. Saturday | 2:45 PM-3:00 PM | Foyer/Afternoon Break
Coffee Break

55. Saturday | 3:00 PM-4:15 PM | Fundy
**Structured Discussion Culture**
Organizer/Moderator: James Tyler Carpenter, Ph.D., FAACP, Program in Psychiatry and the Law
**Skype and Psychotherapy Integration in China: An Ongoing Consultation Across Modalities and Cultures.**

56. Saturday | 3:00 PM-4:15 PM | Jacques Cartier
**Mini-Workshop Integration**
Organizer/Moderators: Evelyn Rappoport, NYU Postdoctoral; Erika Nagy, National Institute for the Psychotherapies; Cheryl Fagenson, NYU Postdoctoral; Claire Haiman, NYU Post Doctoral; Susan Clarvit, Psychiatrist
**A Supervision Group Journey: Integrating Somatic Modalities within Contemporary Psychoanalysis**
57. **Panel**  
**Integration**  
Organizer/Moderators: Dustin Kahoud, Long Island University, Brookville, NY; Eva Feindler, Long Island University: Post  
Saturday | 3:00 PM-4:15 PM | Longueuil  
**Multiple Perspectives on Training in a Dual-Orientation Clinical Psychology Doctoral Program**

Experiences as Program Director of a Dual-Orientation Clinical Psychology Doctoral Program  
Eva Feindler, Long Island University: Post

A Path Toward Personal and Theoretical Integration  
Dustin Kahoud, Long Island University, Brookville, NY

Dual orientation versus integration orientation in a clinical psychology doctoral training program  
Kateri Arielle Berasi, Long Island University, Brookville, USA; Noel Hunter, Long Island University; Debra Japko, Long Island University

Discussant:  
Daniel B. Fishman, Rutgers University

58. **Mini-Workshop**  
**Patient/client factors**  
Organizer/Moderator: Paul Wachtel, City University of New York, USA  
Saturday | 3:00 PM-4:15 PM | Mt. Roy/Hamp/CSL  
**The Therapist Matters, the Patient Matters, the PAIRING Matters: Video Presentation and Discussion**

Discussant:  
Danny Yeung, University of Toronto, Canada

59. **Panel**  
**Assessment**  
Organizer/Moderator: Maxwell Levis, Boston University  
Saturday | 3:00 PM-4:15 PM | Pointe-aux-Trembles  
**Creativity and Power Management: A manual driven concise integrative psychotherapy and program of emotional education**

The Formal Theoretical Unconscious: The conceptual foundation of Creativity and Power Management  
Albert J. Levis, Museum of the Creative Process

The Conflict Analysis Battery: A diagnostic and therapeutic self-assessment
Melissa Levis, Museum of the Creative Process

Creativity for Self-Discovery: Psychometric explorations of an online diagnostic and therapeutic instrument
Maxwell Levis, Boston University

60. Saturday | 3:00 PM-4:15 PM | St. Pierre
Panel
Diverse Methods for Measuring and Monitoring Change in Psychotherapy

Organizer/Moderator: Andre Marquis, University of Rochester

Developments in Assessing Therapeutic Factors in Outcome-Informed Treatment
Russell J. Bailey, Brigham Young University, Provo, USA; Michael J. Lambert, Brigham Young University, Provo, USA; Missy White, Brigham Young University, Provo, USA

Integral Psychotherapy in Practice: How Results from a Discovery-Oriented Process Study have led to Changes in the Theory and Practice of Integral Psychotherapy
Andre Marquis, University of Rochester

Adapting and Translating a Narrow-Band Measure for Latino/a Populations: Implications for Tailoring Culturally Congruent Treatment and Outcome Measures for Distinct Populations
Andrea Michelle Millen, Pacific University; Kelsy Newton, Pacific University; Anthony Lombardi, Pacific University; Roxanne Duran, Pacific University; Bjorn Bergstrom, Pacific University

Attitudes and possible solutions for the problem of measurement in existential psychotherapy
Mark Rayner, Regent's College, London, UK; Diego Vitali, Regent's College, London, UK
61. **Structured Discussion Integration**
Organizer/Moderators: Rosaleen McElvaney, Dublin City University, Ireland; Evelyn Gordon, Dublin City University

**Integrative Psychotherapy Training: Theory and Practice**
Saturday | 4:20 PM-5:30 PM | Fundy

62. **Panel**
Organizer/Moderator: Daniel J. Gaztambide, Rutgers University, Piscataway, USA

**Substance Use Disorders and Integrative Psychotherapy**
Saturday | 4:20 PM-5:30 PM | Jacques Cartier

An integrative model of the mechanisms of change present in the concepts and application of principles of Alcoholics Anonymous; understanding the "Big Book", 12 Steps and concept of "higher power" through an integrative and agnostic model
Mary Virginia Minges, Beth Israel Medical Center, New York, USA

**Easy as A-B-C 1,2,3: An Integrative Personal Knowledge Approach to Relapse Prevention**
Alan Hill, Kalamazoo College

**Including the Treatment of Addictions in Your Private Practice: An Integrative Approach**
F. Michler Bishop, SUNY/College at Old Westbury

**Treating substance use disorders in ethnic minority populations: Integrating relational, evidence-based, and culturally competent interventions**
Daniel J. Gaztambide, Rutgers University, Piscataway, USA
63.
**Panel**  
*Therapist factors*

Organizer/Moderator: Michael J. Constantino, University of Massachusetts Amherst

**Saturday | 4:20 PM-5:30 PM | Longueuil**

**Integrative Therapist Responsiveness in Psychotherapy Practice and Training**

*Context-Responsive Psychotherapy Integration as a Framework for a Unified Clinical Science: Conceptual and Empirical Considerations*

Michael J. Constantino, University of Massachusetts Amherst; James Franklin Boswell, University at Albany/SUNY, USA; Samantha L. Bernecker, University of Massachusetts Amherst; Louis G. Castonguay, Penn State University, University Park, USA

**Promoting Context-Responsiveness with Routine Outcomes Monitoring**

James Franklin Boswell, University at Albany/SUNY, USA; Michael J. Constantino, University of Massachusetts Amherst; David R. Kraus, Outcome Referrals, Inc.

**The State of Therapeutic Alliance Training in Clinical and Counseling Psychology Graduate Programs**

Nicholas R. Morrison, University of Massachusetts Amherst; Michael J. Constantino, University of Massachusetts Amherst; Kaitlin Silkowitz, Amherst College; Terence Howard, University of Massachusetts Amherst

**Therapist Awareness of Client Resistance**

Kimberley Michelle Hara, York University, Canada; Henny A. Westra, York University, Canada; Michael J. Constantino, University of Massachusetts Amherst; Martin M. Antony, Ryerson University, Canada; Melissa Lauren Button, York University, Canada

64.
**Panel**  
*Emotion*

Organizer/Moderator: Antonio Pascual-Leone, University of Windsor, Ontario, Canada

**Saturday | 4:20 PM-5:30 PM | Pointe-aux-Trembles**

**Research on emotional processes and implications for treatment**

*Attachment, emotion and experiential avoidance in non-suicidal self-injury: Necessary elements of an integrative treatment*

Sandra J. Hall, University of Alberta, Edmonton, Canada; William J Whelton, University of Alberta, Edmonton, Canada; Donald Sharpe, University of Regina, Regina, Canada
Emotional processing related to self-criticism in anger-prone subjects: An experimental study
Ueli Kramer, University of Lausanne, Switzerland; Antonio Pascual-Leone, University of Windsor, Ontario, Canada

Using the sequential model of emotional processing to inform case conceptualizations: A demonstration using two contrasting cases
Antonio Pascual-Leone, University of Windsor, Ontario, Canada; Ueli Kramer, University of Lausanne, Switzerland

Discussant:
Alberta Eveline Pos, York University, Canada

Panel
Organizer/Moderator: Deborah Hudson, University of Rochester
Saturday | 4:20 PM-5:30 PM | St. Pierre

Integrating Psychodynamic Therapy with Other Therapies

Integrative use of cognitive-behavioral and psychodynamic-interpersonal techniques in Interpersonal Reconstructive Therapy
Kenneth L Critchfield, University of Utah, Salt Lake City, USA; Julia E. Mackaronis, University of Utah, Salt Lake City, USA; Lorna S. Benjamin, University of Utah, Salt Lake City, USA

Sequencing Interventions in Couple Therapy
Arthur Nielsen, Northwestern University, Evanston, USA

The Forgotten Superego: A Key Link In Psychotherapy Integration
Jeffery Smith, New York Medical College

Therapy Integration: Davanloo’s Intensive Short-Term Dynamic Psychotherapy with Linehan’s Dialectical Behavior Therapy in the Treatment of Personality Disorders
Deborah Hudson, University of Rochester; Jennifer Agor,
13. Clients' experience of seeking counseling: A qualitative study on the process leading to the first counseling session.
Tomoko Nomura, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan

14. Delineating components of corrective emotional experience in AEDP: A qualitative study
Kaori Nakamura, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ochanomizu University, Tokyo, Japan; Diana Fosha, private practice; Nuno Conceicao, University of Lisbon, Portugal

15. Clinical intuition as a common process across theoretical orientations -- an Internet survey among clinical psychologists working in Norway
Emma Jones, Department of Clinical Psychology, University of Bergen; Elisabeth Norman, University of Bergen; Geir Høstmark Nielsen, University of Bergen; Mark C. Price, University of Bergen

16. Assessing the Acquisition of Compensatory Skills in Patients Receiving Services for Depression in a Community Mental Health Setting
Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA; Jacqueline K. Lee, University of Pennsylvania, Philadelphia, USA; Rachel A. Mack, University of Pennsylvania, Philadelphia, USA; Hannah M. Markell, University of Pennsylvania, Philadelphia, USA; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA

17. Understanding the Implications of Substance Use Disorders in the Treatment of MDD in the Community
Jacqueline K. Lee, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA; Hannah M. Markell, University of Pennsylvania, Philadelphia, USA; Rachel A. Mack, University of Pennsylvania, Philadelphia, USA; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA

18. Does personal therapy (individual coaching) in psychotherapy training prevent psychotherapy integration? Personal therapy in the context of psychotherapy training in Austria.
Katharina Gerlich, Danube University Krems; Heidemarie Hinterwallner, Danube University Krems
19. Disentangling the Impact of Client Resistance and Ambivalence on Therapy Outcomes
Melissa Lauren Button, York University, Canada; Henny A. Westra, York University, Canada; Kimberley Michelle Hara, York University, Canada

20. Does Standard CBT for GAD Need to be Modified for African Americans?
Hannah M. Markell, University of Pennsylvania, Philadelphia, USA; Michelle G. Newman, Penn State University, University Park, USA; Robert Gallop, University of Pennsylvania, Philadelphia, USA; Mary Beth Connolly Gibbons, University of Pennsylvania, Philadelphia, USA; Jacqueline K. Lee, University of Pennsylvania, Philadelphia, USA; Paul Crits-Christoph, University of Pennsylvania, Philadelphia, USA

21. What people really say in trauma narratives: A comprehensive look at word use and trauma.
Orrin-Porter Morrison, University of Windsor, Ontario, Canada; Antonio Pascual-Leone, University of Windsor, Ontario, Canada

22. Transcultural adaptation and validation of the CASES: what self-efficacy might tell us about the psychologist's professional development.
Giancarlo Jr Collacciani, Université du Québec à Montréal; Marc-Simon Drouin, ; Gilles Dupuis,

23. Dual orientation versus integration orientation in a clinical psychology doctoral training program
Kateri Arielle Berasi, Long Island University, Brookville, USA; Noel Hunter, Long Island University; Debra Japko, Long Island University

Natalie Ferreira, York University, Canada

25. Therapist Awareness of Client Outcome Expectations
Kimberley Michelle Hara, York University, Canada; Adi Aviram, York University, Canada; Henny A. Westra, York University, Canada; Michael J. Constantino, University of Massachusetts Amherst; Martin M. Antony, Ryerson University, Canada
67. Saturday | 5:35 PM-6:45 PM | Pointe-aux-Trembles
Dissertation and New Investigator Award Ceremony

Organizer/Moderator: Kenneth L Critchfield, University of Utah, Salt Lake City, USA

The influence of expectancy persuasion techniques on socially anxious analogue patients' treatment beliefs and therapeutic actions
Rebecca M. Ametrano, University of Massachusetts Amherst

The therapeutic alliance: From correlational research to training models
Lotte Smith-Hansen, Salem State University

68. Saturday | 7:30 PM-10:30 PM | Le Newtown 1476 Crescent St.
Gala

TICKET REQUIRED
69. **Structured Discussion Integration**
Organizer/Moderators: Lynne Angus, York University, Canada; Giorgio Tasca, Ottawa Hospital/University of Ottawa, Canada; Marilyn R Fitzpatrick, McGill University, Montreal, Canada; Louise Hartley, York University, Canada; Annette Dufresne, University of Windsor, Ontario, Canada; Adrienne Eastwood, Wise Elephant Family Health Team, Brampton

70. **Panel Group**
Organizer/Moderator: Sandra Lema-Stern, Argosy University, Schaumburg, USA

**Sunday, 13 April 2014**

**Structured Discussion Integration**
Developing Psychotherapy Practitioner-Researcher Partnerships--From Community-based Clinicians to Psychology/counselling Clinics

**Panel Group**
The Context of Group Psychotherapy

Leadership Roles and Perception of Goal Achievement
Thaddeus M. Allen, Argosy University, Schaumburg, USA; James M. Dugo, Argosy University, Schaumburg, USA

The context of group therapy: Maximizing alliance, individual outcome and group development
James M. Dugo, Argosy University, Schaumburg, USA; Sandra Lema-Stern, Argosy University, Schaumburg, USA

Alliance and Group Leadership Roles
Jessica Lynne Brese, Argosy University, Schaumburg, USA; Sandra Lema-Stern, Argosy University, Schaumburg, USA
71. **Panel**

**Training**
Organizer/Moderator: Kenneth Frank, National Institute for the Psychotherapies

- **Sunday | 8:25 AM-9:40 AM | Longueuil**
  - *Forty Years in the Trenches Developing Psychotherapy Integration Training*

  **Teaching and Learning Psychotherapy Integration in the Trenches**
  Kenneth Frank, National Institute for the Psychotherapies

  **An Integrative Approach to Trauma Treatment**
  Sandra Shapiro, National Institute for the Psychotherapies

  **A Contemporary Training Program in Psychotherapy Integration**
  Anja Behm, National Institute for the Psychotherapies

72. **Mini-Workshop**

**Integration**
Organizer/Moderators: Eleanor Avinor, Bnai Zion Hospital; Joanne Silman, KEG Cards

- **Sunday | 8:25 AM-9:40 AM | Mt. Roy/Hamp/CSL**
  - *Working with Traumas using KEG therapy cards (Keys to Emotional Growth)*

73. **Panel**

**CBT**
Organizer/Moderator: Robert Cohen, Madonna University

- **Sunday | 8:25 AM-9:40 AM | Pointe-aux-Trembles**
  - *Getting in the ACT with Psychoanalytic Therapy*

  **A case presentation**
  Robert Cohen, Madonna University

  **Discussants:**
  Stephen J F Holland, Capital Institute for Cognitive Therapy
  Jill Bresler, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis

74. **Panel**

**New Approaches to Psychotherapy Integration**

- **Sunday | 8:25 AM-9:40 AM | St. Pierre**
** Integral Methodological Pluralism: Methodological Considerations of Studying a Metatheoretical Approach to Psychotherapy Integration**  
Andre Marquis, University of Rochester

**A Dialectical Constructivist Model of Change for Maladaptive Worry**  
Yehuda Aryeh Gabler, York University, Canada; Leslie S. Greenberg, York University, Canada; Sara Miller, York University, Canada

**Integrating the Cognitive Affective Processing System (CAPS) into Psychotherapeutic Assessment and Technique**  
Sharon Marie Nelson, Eastern Michigan University; Steven K. Huprich, Eastern Michigan University

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75. **Structured Discussion**  
**Training**  
Organizer/Moderators: Jill Bresler, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis; Kenneth Frank, National Institute for the Psychotherapies

**Training flexibility: From "choosing sides" to choosing wisely**

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76. **Panel**  
**Supervision**  
Organizer/Moderator: Rebecca Curtis, Adelphi University, New York, USA

**A Psychoanalytically-Oriented Pragmatic Integrative Supervision**

**Pragmatic Integrative Supervision of an Isolated Young Female**  
Gabriela Cardona, Adelphi University, New York, USA; Rebecca Curtis, Adelphi University, New York, USA

**Pragmatic Integrative Supervision for a Patient with a History of Cutting and Hallucinations**
Laura Tittel, Adelphi University, New York, USA; Rebecca Curtis, Adelphi University, New York, USA

Discussant:

Lynne Angus, York University, Canada

77. Panel
Therapist factors
Organizer/Moderator: Barry Farber, Teachers College, Columbia Univ

Sunday | 9:45 AM-11:00 AM | Longueuil
Perceptions and Experiences of Beginning Psychotherapists

Changes in Doctoral Students' Self-perceptions and Techniques during Externship
Clara Hill, University of Maryland, College Park, USA

Beginning Therapists: "Real" vs "Presented" Professional Self
Barry Farber, Teachers College, Columbia Univ; Sidney Coren, Teachers College, Columbia Univ

Empirical and Clinical Perspectives on Therapist Courage
Jesse Geller, Teachers College, Columbia Univ; Emily Lyman, Teachers College, Columbia Univ

78. Mini-Workshop
Supervision
Organizer/Moderators: Kristin Osborn, Harvard Medical School; Maneet Bhatia, McGill University, Montreal, Canada

Sunday | 9:45 AM-11:00 AM | Mt. Roy/Hamp/CSL
Affect Phobia Therapy Supervision: integrating video segments of psychotherapy and research scales to maximize therapeutic effectiveness
Panel

Common Factors
Organizer/Moderator: Lyane Trepanier, McGill University, Montreal, Canada

Sunday | 9:45 AM-11:00 AM | Pointe-aux-Trembles

Common Factors in Psychotherapy: When Theory Meets Practice

Psychologist Perceptions of the Importance of Common Factors for Successful Psychotherapeutic Outcomes
Constantina Stamoulos, McGill University, Montreal, Canada; Lyane Trepanier, McGill University, Montreal, Canada; Sophia Bourkas, McGill University, Montreal, Canada; Stacy Bradley, McGill University, Montreal, Canada; Kelly Stelmaszczyk, McGill University, Montreal, Canada; Deborah Schwartzman, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

Common Factors in Psychotherapy: From Literature to Practice
Andrea Reyes Ayllon, Stacy Bradley, McGill University, Montreal, Canada; Kelly Stelmaszczyk, McGill University, Montreal, Canada; Deborah Schwartzman, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

Fostering Common Factors in Psychotherapy: Psychologists Share Tips and Techniques
Lyane Trepanier, McGill University, Montreal, Canada; Constantina Stamoulos, McGill University, Montreal, Canada; Sophia Bourkas, McGill University, Montreal, Canada; Stacy Bradley, McGill University, Montreal, Canada; Kelly Stelmaszczyk, McGill University, Montreal, Canada; Deborah Schwartzman, McGill University, Montreal, Canada; Martin Drapeau, McGill University, Montreal, Canada

Panel

The Role of Personality and Training in Becoming Integrative Psychotherapists

How do Integrative Psychotherapists Integrate? A Qualitative Exploration of Tales from the Trenches
Marcella Finnerty, Institute of Integrative Counselling and Psychotherapy

Personality and training as predictors of psychology students' theoretical orientation
Elyssa Barbash, Florida State University, Tallahassee, USA; Georgios Lampropoulos, Adler School of Professional Psychology, Chicago, USA

**Supervising for Integrative Practice: Challenges and Strategies**
Stephen J F Holland, Capital Institute for Cognitive Therapy

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81. Sunday | 11:00 AM-11:15 AM | Foyer/Morning Break

**Coffee Break**

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82. Sunday | 11:15 AM-12:45 PM | Mt. Roy/Hamp/CSL

**PLENARY PANEL: The SEPI Pioneers: Recalling the Past and Reflecting on the Future of Psychotherapy Integration**

Organizer/Moderators: Shelley McMain, Centre for Addiction and Mental Health and the University of Toronto; Louis G. Castonguay, Penn State University, University Park, USA

Carol Glass, The Catholic University of America
Diane Arnkoff, The Catholic University of America
Marvin Goldfried, Stony Brook University, USA

Via DVD
George Stricker, Argosy University, Washington, DC
Paul Wachtel, City University of New York, USA
Barry Wolfe, Sarasota, FL

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83. Sunday | 12:45 PM-1:00 PM | Mt. Roy/Hamp/CSL

**Closing Remarks**

Organizer/Moderator: Stanley Messer, Rutgers University, Piscataway, USA
1st Annual SEPI Fun Run:
"Exercise has a very large effect in improving mental health"

When: Sunday April 13th, 2014 at 2pm; scheduled one hour after the Closing Remarks of the conference.

Where: In the lobby and near the front doors of the Hilton Montreal Bonaventure (conference venue). Grab a snack after the closing remarks, get your running shoes on, and meet us there!

Where to: TBA pending weather and based on who shows up.

- **Route one:** Up the hill on the Mt Royal Park. We go up the hill, through McGill, Jeanne-Mance park, finally at the top of hill, we can look down the city. A very good finish. Nature. After all, it is Mont Royal.

- **Route Two:** Old Montreal to Canal Lachine to Atwater Market. This is by the water, flat, and final destination....at water market where you can eat. Easy run. Comfortable.

How: Dress ready to run! Rain or shine, we run.

Who: Anyone who wants to join in

Antonio Pascual-Leone    Shigeru Iwakabe    Nuno Conceicao
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Abbass, Allan (allan.abbass@cdha.nshealth.ca): 34, 50
Adler Nevo, Gili Wendy (gili.adlernevo@sunnybrook.ca): 16
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Allen, Thaddeus M (allenthad@yahoo.com): 70
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Avinor, Eleanor (eleanav@research.haifa.ac.il): 36, 72
Aviram, Adi (aviram.adi@gmail.com): 13, 66
Bailey, Russell J. (russ_baley@byu.edu): 36, 60
Balling, Thea (crh373@alumni.ku.dk): 36
Barbash, Elyssa (elyssa.barbash@gmail.com): 80
Barber, Jacques P (jbarber@adelphi.edu): 35
Barish, Kenneth (kbarish280@aol.com): 16
Barnhart, Ryan (ryan.barnhart@camh.ca): 30
Barsoum, Amgard Barsoum (amgardbarsoum@yahoo.com): 34
Basseches, Michael (mbasseches@gmail.com): 9, 28
Beck, Natalie (nataliemariebeck@gmail.com): 29
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Bergstrom, Bjorn (bpb@pacificu.edu): 60
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Bhat, Dawn (dawn.bhat@gmail.com): 17
Bhatia, Maneet (maneet.bhatia@mail.mcgill.ca): 17, 78
Bishop, F. Michler (fmbishop@aol.com): 62
Blatt, Sidney J (sidney.blatt@yale.edu): 35
Bloch-Elkouby, Sarah (sarahelkouby@hotmail.com): 14, 20
Book, Howard (hbook@sympatico.ca): 16
Boritz, Tali (tali.boritz@camh.ca): 30, 53
Boswell, James Franklin (jboswell@albany.edu): 35, 63
BourgoIn, Kadie Ann (kadieann.bourgoIn@gmail.com): 49
Bourkas, Sophia (Sophia.bourkas@mail.mcgill.ca): 79
Bradley, Stacy (Stacy.Bradley@mail.mcgill.ca): 36, 79
Brandao, Angela (angela.brandao.psi@gmail.com): 9
Brar, Pavan (pavanb@yorku.ca): 11
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Bresler, Jill (drjbrresler@gmail.com): 73, 75
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Bryntwick, Emily (ebryntwi@yorku.ca): 30
Buerger, William M. (will.buerger@gmail.com): 47
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Button, Melissa Lauren (mbutton@yorku.ca): 43, 66
Khattra, Jasmine (jasmine1jasmine@gmail.com): 13
Khayyat-Abuaita, Ula (khayyat@uwingmail.uwindsor.ca): 26
Knight, Naomi (naomik@sfu.ca): 30
Knopf, Lauren (laurennkopf@mail.adelphi.edu): 20
Kramer, Ueli (Ueli.Kramer@chuv.ch): 53, 64
Kraus, David R. (dkraus@outcomereferrals.com): 63
Krzykala, Kathryn (kkrzykala@luc.edu): 29
Lambert, Michael J (michael_lambert@byu.edu): 36, 60
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Lebow, Jay (jaylebow@gmail.com): 19, 22
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Lema-Stern, Sandra (sandralema2002@yahoo.com): 70
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Leybman, Michelle (michelle.leybman@camh.ca): 53
Liese, Bruce (bliese@kumc.edu): 18
Lilliengren, Peter (p_lilliengren@hotmail.com): 36
Lingener, John (jelingner@gmail.com): 29
Lombardi, Anthony (lomb6463@pacificu.edu): 60
Lyman, Emily (ell2126@tc.columbia.edu): 77
Macaulay, Christianne Braid (chrissymacaulay@gmail.com): 13
MacIntosh, Heather B (heather.macintosh@mcgill.ca): 49
Mack, Rachel A (ramack@mail.med.upenn.edu): 43, 66
Mackaronis, Julia E (julia.mackaronis@gmail.com): 65
MacLeod, Colin (colin.macleod@uwa.edu.au): 36
Magaldi-Dopman, Danielle (danielle.magaldidopman@lehman.cuny.edu): 48
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Markell, Hannah M. (hmarkell@mail.med.upenn.edu): 43, 66
Marquis, Andre (amarquis@warner.rochester.edu): 60, 74
Maynigo, Traci (tracimaynigo@gmail.com): 19
McCarrick, Shannon M (mccarrickshannon@gmail.com): 36
McCarthy, Kevin S (mccarthyk1@chc.edu): 35
McElvaney, Rosaleen (rosaleen.mcelvaney@dcu.ie): 61
McMain, Shelley (shelley.mcmain@camh.ca): 20, 53, 82
McMullen, Evelyn J. (evelyn.mcmullen@mail.utoronto.ca): 25
Meier, Scott (stmeier@buffalo.edu): 43
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Miller-Bottome, Madeleine (madeleine.mmb@gmail.com): 36
Miller-Cripps, Julie E (jmcriggs@ou.edu): 45
Milman, Evgenia (evgenia.milman@mail.mcgill.ca): 39
Milrod, Barbara (bmilrod@med.cornell.edu): 35
Minges, Mary Virginia (maryminges@gmail.com): 49, 62
Moore, PhD, Linda Smoling (DrMoore@DrlLSMoore.com): 27
Morrison, Nicholas R. (nmorrison@psych.umass.edu): 63
Morrison, Orrin-Porter (morrisoo@uwindsor.ca): 66
Muntigl, Peter (muntigl@sfu.ca): 30