29TH ANNUAL CONFERENCE
TRANSFORMING HEALTHCARE IN TEXAS
SEPTEMBER 7-10, 2017
HILTON AUSTIN - AUSTIN, TEXAS
From the President

It is with great pleasure and honor to extend to you a warm invitation to attend the 29th Annual TNP Conference, to be held September 7-10, 2017 at the Hilton in downtown Austin.

The theme of the conference is “Transforming Healthcare in Texas”. As we all know Nurse Practitioners are a vital part of healthcare delivery in Texas. The vast offerings at this conference are reflective of the impact that Nurse Practitioners have on the delivery of healthcare in Texas. You will find specific tracks for Acute Care, Pediatrics, Women’s Health, Psych/Mental Health, Personal/Professional Development, Geriatric and Family Practice.

Our Capitol city is a perfect venue for our annual conference and I hope that you will consider coming to the conference, network with colleagues and receive exceptional continuing education that Texas Nurse Practitioners has become known for providing.

Please join us in Austin this September. If you are not already a TNP member, we welcome you to join Texas Nurse Practitioners and receive substantial discounts on your registration. Register now and arrive a day early (Thursday) for phenomenal pre-conference day workshops. If you have an extra PTO day, make time to visit one of the Austin landmarks: Texas State Capitol; LBJ Presidential Library; Bullock Texas History Museum; Lady Bird Lake Hiking Trails; Zilker Metropolitan Park and the eclectic live music scene on 6th street.

Kind Regards,

Jan Zdanuk, DNP, FNP-BC, APRN, CNS, FAANP
Texas Nurse Practitioners President 2015-2017
TNP Lifetime Legacy Member
APRN Alliance Member

Welcome from the TNP 2017 Conference Planning Committee

Welcome to the Texas Nurse Practitioners (TNP) 29th Annual Conference in downtown Austin. As you look at the planned conference you will see great diversity in topics. In addition, we have included sessions that will meet the Texas Board of Nursing requirements for Pharmacology (RX), Ethics (E), Jurisprudence (J), Gero (G) and Controlled Substances (CS) requirements. Don’t forget the pre-conference workshops where there is opportunity to learn special skills and immerse yourself in areas of special interest. There truly is something for everyone! Take advantage of the high quality speakers we have selected to enhance your profession and your practice. We encourage you to take this opportunity to network, learn and enjoy all of the offerings at the 29th Annual TNP Conference. We look forward to seeing you.

Sincerely,
Sheri Innerarity, RN, PhD, ACNS, FNP
TNP Education Chair

Thank You!

Special Thanks to the 2017 Education Committee

Sheri Innerarity, Chair and Vice President
Anna Jessup, Vice Chair
June Belt
Johnanna Hernandez
Katherine Kleinsteuber
Shelagh Larson
Cathy Lux
Carole Moore
Katherine Reveles
Donna Rolins
Emily Eastin, TNP CEO
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<thead>
<tr>
<th>Day</th>
<th>September 6, 2017</th>
<th>September 7, 2017</th>
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<tr>
<td><strong>Wednesday</strong></td>
<td>3:00 – 7:00 p.m.</td>
<td>Registration</td>
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<td><strong>Thursday</strong></td>
<td>7:00 a.m. – 7:00 p.m.</td>
<td>Registration</td>
<td>8:30 – 11:45 a.m.</td>
<td><strong>Workshops</strong> (break from 10:00-10:15)</td>
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<td>12:00 – 1:00 p.m.</td>
<td><strong>Thursday Lunch Symposium (Non-CE)</strong></td>
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<td>1:15 – 4:30 p.m.</td>
<td><strong>Workshops</strong> (break from 3:00 – 3:15)</td>
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<td>4:30 – 6:30 p.m.</td>
<td>Welcome Reception</td>
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<td>6:45 – 8:30 p.m.</td>
<td>Pre-Conference Board Meeting</td>
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<td><strong>Friday</strong></td>
<td>7:00 a.m. – 5:00 p.m.</td>
<td><strong>Friday Breakfast Symposium (Non-CE)</strong></td>
<td>7:15 – 8:15 a.m.</td>
<td>Breakfast Concessions in Lone Star Ballroom Foyer</td>
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<td>Welcome by Jan Zdanuk, TNP President</td>
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<td>8:45 – 9:00 a.m.</td>
<td><strong>General Session (GS01): Legislative Welcome (.25CE)</strong></td>
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<td><strong>General Session (GS02): Lawful Prescribing and Prevention of Diversion</strong></td>
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<td>10:15 – 10:45 a.m.</td>
<td><strong>Morning Break in Exhibit Hall, Exhibits and Silent Auction Opens</strong></td>
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<td>First Breakout Session</td>
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<td>12:00 – 1:00 p.m.</td>
<td>Lunch Concessions</td>
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<td>1:15 – 2:15 p.m.</td>
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<td>2:15 – 2:45 p.m.</td>
<td>Break/Exhibits/Silent Auction</td>
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<td>2:45 – 3:45 p.m.</td>
<td>Poster Presentations</td>
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<td>3:45 – 4:15 p.m.</td>
<td>Third Breakout Session</td>
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<td>Break/Exhibits/Silent Auction</td>
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<td>4:15 – 5:15 p.m.</td>
<td>Exhibit Hall Closes</td>
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<td>6:30 – 9:30 p.m.</td>
<td>Fourth Breakout Session</td>
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<td><strong>Saturday</strong></td>
<td>7:00 a.m. – 5:00 p.m.</td>
<td>Registration</td>
<td>7:00 – 8:00 a.m.</td>
<td><strong>TNPF Walkathon (Ticketed Event)</strong></td>
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<td>7:30 a.m.</td>
<td>Exhibit Hall Opens</td>
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<td>7:30 – 8:30 a.m.</td>
<td>Breakfast Concessions</td>
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<td>7:30 – 8:30 a.m.</td>
<td><strong>Saturday Breakfast Symposium (Non-CE)</strong></td>
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<td>9:45 – 10:15 a.m.</td>
<td>Break/Exhibits/Silent Auction</td>
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<td>10:15 a.m.</td>
<td>Silent Auction Closes &amp; TNPF Drawings in Exhibit Hall</td>
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<td>10:15 – 11:15 a.m.</td>
<td>Second Breakout Session</td>
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<td>11:45 a.m.</td>
<td>Exhibit Hall Closes</td>
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<td>11:45 a.m. – 1:00 p.m.</td>
<td><strong>Awards/Business Luncheon (Members Only) (Those not attending membership luncheon will be on their own for lunch.)</strong></td>
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<td><strong>Sunday</strong></td>
<td>7:00 – 12:20 p.m.</td>
<td>Registration</td>
<td>7:00 – 8:00 a.m.</td>
<td>Breakfast Concessions</td>
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<td>7:00 – 8:00 a.m.</td>
<td><strong>Sunday Breakfast Symposium (Non-CE)</strong></td>
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<td>8:00 – 9:30 a.m.</td>
<td><strong>General Session (GS03): Legislative Update (1.5CE; .5RX)</strong></td>
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<td>Break</td>
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<td>9:45 – 10:45 a.m.</td>
<td><strong>General Session (GS04): Secondary Prevention of ASCVD: Novel Therapies to Improve Outcomes in Patients with Hypercholesterolemia (1CE; 1RX)</strong></td>
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<td>10:45 – 11:00 a.m.</td>
<td>Break</td>
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<td>11:00 a.m. – 12:00 p.m.</td>
<td><strong>General Session (GS05): Updates in Psoriasis and Psoriatic Arthritis Management: Best Practices for effective Care (1CE; 1RX)</strong></td>
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<td>12:15 p.m.</td>
<td>Post-Conference Board Meeting</td>
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*Hotels and meeting rooms can be cold when the air conditioner is running, so please dress accordingly and come prepared.*

*This activity is approved 20.1 contact hour(s) of continuing education (which includes 14.0 hours of pharmacology) by the American Association of Nurse Practitioners. Activity ID 17062718. This activity was planned in accordance with AANP CE Standards and Policies.*
For your convenience we have listed the programs within particular tracks that are being offered at the Fall Conference.

Many of the topics are family practice topics, but if you are looking for a track, please see the programs below:

**Acute:** WS02, WS08, F01, F07, F11, F13, F19, S25, S31, S37, S43, S47, S49  
**Gero:** F03, F05, F11, F15, F17, F23, S27, S35, S40, S46  
**Pediatric:** WS10, F04, F10, F22, S28, S34  
**Women’s Health:** WS04, F03, F09, F15, F16, S45  
**Psych/Mental Health:** WS12, F04, F10, F19, F22, S29, S53  
**Practice/Professional:** F06, F08, F12, F18, F24, S36, S41, S48, S52

In addition, we will include information next to the description if the session includes any of the following hours required by the Board of Nursing.

**Controlled Substance (CS):** WS07, WS12, F04  
**Ethics (E):** F06, F21, S30  
**Jurisprudence (J):** F08, S54  
**Gero (G):** F03, F05, F11, F15, F17, F23, S27, S35, S40, S46

Please see the conference program for a description of each workshop and session offered.
Thursday, September 7, 2017 | 8:30 - 11:45 a.m.

(WS01) Pharmacology Update
Amelie Hollier DNP, FNP-BC, FAANP
This 3 hour pharmacology update focuses on cost effective prescribing, avoiding common, dangerous drug interactions, and safe prescribing in older patients. *(3.25CE; 3RX)*

(WS02) Basic Suturing
Michael Hazel DNP, RN, FNP-BC
Basic wound closure is a must for the NP in the office, operating room or emergency department. This workshop will discuss wound healing, multiple types of wound closure with the opportunity for each participant to practice and receive help from experts in the area of suturing in a non-threatening and friendly manner. *(Limit 50) (3.25CE; .5RX)*

(WS03) 12 Lead ECG Interpretation: The Basics and Beyond
Cindy Weston DNP, RN, CCRN, CNS-CC, FNP-BC
This session will review the basics of a 12 lead electrocardiogram: when to order it, the most common rhythms and their treatment and the identification of acute myocardial infarction. *(3.25CE; .5RX)*

(WS04) Keep Up! Hot Topics in Women’s Health
Shelagh Larson RNC, WHNP, NCMP
This workshop will review hot topics in Women’s Health which will include pap smear screenings, warning signs for Human Sex Traffic victim, Female Viagra, BRCA 1 & 2 and US Medical Eligibility Criteria for Contraceptives. *(3.25CE; 1RX)*

(WS05) Introduction to Auricular Acupuncture for Pain Management
Karen Williams FNP-BC/DNP student & Karen Sova MSN, RN, FNP-BC
Auricular acupuncture has been around for centuries. It is an additional tool for NPs to utilize when treating patients with complaints of pain. It is easy to learn, safe, effective and cost effective. *(Limit 20) (3.25CE)*

(WS06) Primary Sexual Healthcare for Trans and Gender Non-conforming Patients
Andrea Gersh RN, FNP
This workshop is designed to provide the clinician with the language to interact with a Transgender or Gender Non-Conforming Patient in the primary care setting with compassion and humility. It also aims to create an awareness of the implications of a wide array of gender-affirming therapies on basic health promotion, preventative screening, and possible complications of therapies. *(3.25CE; 1RX)*

(WS07) Safe Prescribing of Controlled Substances
Amelie Hollier DNP, FNP-BC, FAANP
This 3 hour presentation on prescribing controlled substances will review the pertinent federal law associated with prescribing controlled substances and highlight safe and unsafe prescriber habits using clinical scenarios. *(3.25CE; 3RX; 3CS; 1J)*

(WS08) Advanced Wound Closure
Michael Hazel DNP, RN, FNP-BC
Advanced wound closure is for the NP who is ready to advance their skills to include wound blocks and complex wounds. This workshop will allow the learner to expand their scope of practice to tackle a more difficult wound which will need more than one stitch. This will allow the attendee to utilize multiple techniques of closure. *(Limit 50) (3.25CE; .5RX)*

(WS09) Skin Biopsy
Matthew Fox MD
Skin biopsies are often critical in the management of dermatologic conditions. In this session, we will review the utility and different types of skin biopsies, and will have hands-on training for the different biopsy techniques. *(3.25CE)*

(WS10) The Management of Sexual Abuse in the Pediatric Population
Khara Breeden DNP, MS, SANE-A, SANE-P, CA/CP-SANE
This workshop will review recommendations for the management of pediatric patients with suspected sexual abuse. This will include a review of normal and abnormal pediatric genital anatomy, the management of sexually transmitted infections, and overall practice recommendations for this special population. *(3.25CE; .75RX)*

(WS11) Imaging Essentials: What Advanced Practice Nurses Need to Know
Robert Milman MD
Appropriate use of diagnostic imaging tests is essential for best patient care and encourages a cost effective approach to providing care. Through this workshop, participants will explore ways to utilize imaging effectively and maximize best possible outcomes. *(3.25CE; .5RX)*

(WS12) Substance Induced Mood and Psychotic Disorders: What to do with Drug Users with Mental Health Problems
Justin Scaffa BSN,PMHNP
This presentation will discuss the DSM 5 diagnoses of Substance Induced Psychosis, Substance Induced Bipolar/Depressive Disorder, and Substance Induced Anxiety Disorder with emphasis on the presentation of these disorders, most likely substances that are the cause of these disorders, and treatment/prognosis. *(3.25CE; 3RX; 3CS)*
Friday, September 8, 2017 | 10:45 – 11:45 A.M.

(F01) My Patient is Bleeding: What Do I Do?
John Gonzalez DNP, RN, ACNP-BC, ANP-C
Adult Gerontology Acute Care Nurse Practitioners frequently provide care for patients who experience hemorrhagic episodes secondary to disease pathogenesis or anticoagulation adverse events. The expedient evaluation and management of these patients is essential to achieve positive outcomes. This case based presentation will explore the evaluation and management of common hemorrhagic states which are encountered in the hospital setting. 

(F02) Advanced Therapeutic Options for Management of the Type II Diabetic Patient in Primary Care
Carole Mackavey DNP, MSN, RN, FNP-C
Advanced Therapeutic Options for Management of the Type II Diabetic “One size does not fit all” Advanced Therapeutic Options for Management of the Type II Diabetic Patient in Primary Care.

(F03) Insights from Aging Mexican-American Women with a Lived Experience of Intimate Partner Violence: A Desire to Break the Cycle
Chris Divin PhD, RN, FNP-BC
Insights gleaned from a recent qualitative study that explored the lived experience of intimate partner violence in aging Mexican-American women and influential factors that sustained health will provide the framework for this presentation. Evidence based guidelines in screening and caring for women affected by IPV will also be reviewed.

(F04) Diagnosing and Treating ADHD in Children and Adolescents
Abigail Riggs MSN, RN, PHMNP-BC
Diagnosing and treating ADHD in the pediatric population can be both controversial and complex. This presentation will review the assessment, diagnosis, and treatment of ADHD in children and adolescents. We will also briefly address considerations for treating ADHD in the primary care setting, as well as discuss challenges specific to Nurse Practitioners who treat ADHD.

(F05) Management of Wounds in the Ambulatory Care Setting
Jennifer Kesey MSN, RN, FNP-BC, CWS
This session will describe wound management principles for ambulatory care settings. We will review wound assessments, diagnostics, dressing selection and application, and referral criteria.

(F06) Common Fraud, Waste, and Abuse Issues that Trigger Inspector General Action
Principal Deputy Inspector General Sylvia Kauffman
Join Deputy Inspector General Sylvia Kauffman to learn about the mission and functions of the HHSC Office of Inspector General and how the agency wants to work with you to combat fraud, waste and abuse. Kauffman will discuss the most common issues that cause investigations and audits as well as any changes as a result of the 85th Legislature.

Friday, September 8, 2017 | 1:15 – 2:15 P.M.

(F07) Antimicrobial Resistance and Appropriate Antibiotic Selection
Mari Galang MSN, RN, AGACNP, CCRN
A review of antimicrobial resistance and appropriate antibiotic selection.

(F08) Jurisprudence for Advanced Practice Nurses in Texas
Glenda Joiner-Rogers PhD, RN, ACNS-BC
Nursing jurisprudence is that area of law that is comprised of the legal laws, rules and regulations that exist to ensure patient safety and which affect the practice of Advance Practice Registered Nurses. When these rules and regulations are violated, complaint investigations may be conducted by the Texas Board of Nursing and/or civil or criminal charges may be brought regarding the conduct or decision making of the Advance Practice Registered Nurse and their continued licensure to practice. Advance Practice Nurses should know how to avoid such situations and understand the Texas Board of Nursing investigation process and their legal rights to protect themselves should their practice come under review.

(F09) Chronic Daily Headache- Who Is at Risk, and What can the Provider do About it?
Karen Williams FNP-BC/DNP student
Chronic Daily Headache affect 3-5% of the population, striking those in the most productive years of their lives. These patients require on-going education and care, in an empathic format. This presentation will cover the exam and treatment strategies that nurse practitioners will need to care for these patients.

(F10) Non-Suicidal Self-Injury (NSSI) in Youth: Evidenced-Based Practice Guidelines for the Primary Care Provider
Stephanie Key RN, MSN, CPNP-PC
This presentation will review findings from our research related to non-suicidal self-injury in youth and provide practical suggestions for clinical practice for primary care nurse practitioners.

(F11) Understanding Heart Failure with Preserved EF
Carole Moore RN, MNSc, ACNP-BC
Congestive heart failure represents a significant component of hospital admissions. Heart failure with preserved EF (HFpEF) occurs in about 50% of all heart failure episodes and is thought to be related to complex multisystem dynamics. Understanding
the relationships of comorbidities will help with early identification of HFpEF and promote management with healthy life-style behaviors and pharmacologic therapy as indicated. (1CE; .5RX; .5G)

(F12) Flipping the OSCE: A Teaching Innovation in a Distance Nurse Practitioner Program
Cristi Day DNP, FNP-C, ADM-BC & Connie Barker, APRN, PhD, FNP-C
This program describes a “flip” of the traditional Objective Structured Clinical Evaluation (OSCE) to improve evaluation for the NP student enrolled in a distance education program. The purpose of this teaching innovation was to evaluate the implementation and delivery of the video-enhanced OSCE as an effective formative evaluation method for the early identification of student learning needs. Clinical evaluations can be challenging because of the types and number of patients in diverse clinical sites with faculty and students often living and working at a distance from the university campus. (1CE)

Friday, September 8, 2017 | 2:45 – 3:45 P.M.

(F13) Diagnosing & Treating Cervical Spine Disorders: Evidence-Based Guidelines
Robert Metzger DNP, APRN, FNP-BC
This presentation will give the audience members a review of cervical anatomy. Using evidence-based practice (EBP) guidelines, the etiologies and physiologies of common cervical spine disorders will be presented. Specific cervical radiographs will be reviewed and EBP physical examination techniques pertaining to the diagnosis of these conditions discussed. EBP treatment modalities will be provided with both nonpharmacological and pharmacological management options. (1CE; .25RX)

(F14) Dermatology Diagnostic Pearls, Part 1
Dale Schaefer MD
Didactic Lecture on clinical clues that aid in making the correct clinical diagnosis in Dermatologic disease that often confuse primary care providers. (1CE)

(F15) Strategies in Treating Resistant Hypertension
Cindy Weston DNP, RN, CCRN, CNS-CC, FNP-BC
This presentation will review the background and diagnostic criteria for resistant hypertension along with evidence-based treatment. (1CE; .5RX; .5G)

(F16) Contraceptives: Un-complicated
Shelagh Larson RNC, WHNP, NCMP
This session will review the past, current and future of hormonal contraceptives. (1CE; 1RX)

(F17) Hypoglycemic Unawareness in the Geriatric Patient: A Safety Concern
Kenneth Lowrance DNP, APRN, CNS, FNP-BC, NEA-BC
At any age, hypoglycemia is a serious situation. This is particularly true for geriatric patients with diabetes. Physiologic, sensory, and cognitive changes of aging can inhibit internal mechanisms that produce warning symptoms of low blood sugar and diminish the ability for individuals to recognize symptoms. This presentation will discuss aspects of this phenomenon in the elderly along with associated risk factors, safety concerns, and preventive interventions. (1CE; 1G)

(F18) Financial Intelligence: What the NP Needs to Know
Emily Merrill PhD APRN FNP BD CNE FAANP
How is your financial intelligence? Join this session to explore content to impact NP practice. Whether you are employed, a business owner, or a NP educator, the session provides an opportunity to increase your financial intelligence. (1CE)

Friday, September 8, 2017 | 4:15 – 5:15 P.M.

(F19) Beyond Haldol: Pharmacological Management of Agitation in the Acute Medical Setting
Linda Barloon MSN, PMHCNS- BC, PMHNP-BC
This presentation is designed to help acute nurse practitioners understand pharmacological management of agitation, utilizing choices that are safe and effective. (1CE; 1RX)

(F20) Dermatology Diagnostic Pearls, Part 2
Dale Schaefer MD
Didactic Lecture on clinical clues that aid in making the correct clinical diagnosis in Dermatologic disease that often confuse primary care providers. (1CE; .5RX)

(F21) Genetic Variation in Candidate Biomarkers Predicts Recovery and may Affect Biomarker Utility
Nicole Osier PhD, BSN, BS, RN
Biomarkers are becoming a hot topic yet they remain understudied in the context of brain injury. Moreover, genes encoding putative biomarkers have variation in them that could affect their diagnostic and prognostic utility. This study explores the effect of genetic variation in single nucleotide polymorphisms (SNPs) related to 3 candidate biomarkers (GFAP, S100B, and UCHL1) and reports some SNPs predicted outcomes of severe brain injury. (1CE; .25RX; .25E)

(F22) Mindfulness Training for Adolescents at High Risk for Depression: Preliminary Findings and Implications for Primary Care
Cara Young PhD, RN, FNP-C
This presentation will focus on research findings from a feasibility pilot study testing a mindfulness training program with underserved adolescents at high risk for depression. Study results will be discussed within a framework of clinical practice suggestions for primary care providers. (1CE)

(F23) Management of Chronic Kidney Disease and Complications in Primary Care
Denise Link MPAS, PA-C
DM and HTN are the leading causes of CKD and hence ESRD in the United States. Every NP will treat a diabetic or hypertensive patient during their career. CKD patients are complex with many complications. This lecture will allow NPs to feel more comfortable treating this population and its associated complications. (1CE; .5RX; .5G)
Establishing and Evaluating a Nighttime Medical-Surgical Unit Nurse Practitioner Program
Elizabeth Gigliotti APRN, NP-C, ACNP-BC
Nurse practitioners (NPs) contribute to excellent patient outcomes by providing high quality care in a variety of clinical settings. This session will describe the development of a nighttime medical-surgical unit NP program and outcomes. (1CE)

Saturday, September 9, 2017 | 10:15 – 11:15 A.M.

(S25) “You want ME to take care of THAT?” Basic Assessment and Treatment of Complicated Wounds
Lisa Ginapp MSN, APRN, AGACNP-BC, WCC, DWC
This 60-minute presentation will include pictures of complicated patient wounds and case studies to educate providers. The intent is to provide the learner with a knowledge base for treatment decisions using evidence-based care guidelines for treatment of the patient with acute and chronic wounds. (1CE; .25RX; .25J)

(S26) The Obesity Epidemic: What Makes Us fat?
Christina Keil APRN, FNP-BC
There are many theories today about how and why we get fat. We will review and discuss the many factors that play a role in today’s obesity epidemic, which include much more than the calories in/calories out theory. (1CE)

(S27) Managing Atrial Fibrillation in the Primary Care Setting
Jose Villa DNP, APRN
Diagnosing and Managing Atrial Fibrillation in the Primary Care Setting. (1CE; .5RX; .5G)

(S28) Updates in Cystic Fibrosis
Kimberly English MSN, RN, FNP
There are new treatments and therapy for cystic fibrosis patients based on genetic mutations. This therapy is treating the basic defect in the CFTR gene. (1CE; .75RX)

(S29) Diagnosing and Managing Bipolar and Related Disorders in Primary Care
Donna Rolin PhD, APRN, PMHCNS-BC, PMHNP-BC
(1CE; .5RX)

(S30) Ethical Dilemmas in Advanced Practice: Origins and Resolution
Joy Pentecost PhD, FAAN, RN
This session provides an overview of ethical issues encountered by nurses in expanded roles and ethical decision making that facilitates resolution. Topics include characteristics of ethical advanced practice, influence of practice environments, barriers to full practice, social justice and the role of APRNS and case discussions. (1CE; 1E)

Saturday, September 9, 2017 | 10:15 – 11:15 A.M.

(S31) Establishing and Evaluating a Nighttime Medical-Surgical Unit Nurse Practitioner Program
Elizabeth Gigliotti APRN, NP-C, ACNP-BC
Nurse practitioners (NPs) contribute to excellent patient outcomes by providing high quality care in a variety of clinical settings. This session will describe the development of a nighttime medical-surgical unit NP program and outcomes. (1CE)

(S32) Providing Healthcare to Patients with Intellectual Disability
Martha Hare RN, FNP-BC
Discussion of commonly seen medical conditions in patients with ID, preventive healthcare recommendations, health promotion discussion and challenges in caring for this population. (1CE)

(S33) Ventricular Rhythm Disturbances
Jose Villa DNP, APRN
Diagnosing Ventricular Arrhythmias in the Primary Care Setting (1CE; .5RX)

(S34) Updates in Adolescent and Adult Immunizations in Ambulatory Care
Laurie Duran Adult Nurse Practitioner
This presentation will address general immunization updates for adolescents and adults, as well as specific patient population vaccine-related issues within ambulatory nursing. (1CE; 1J)

(S35) Understanding Syncope: Diagnosis, Risk Assessment, and Treatment
Rose Bagh MSN, APRN, CCRN, RNFA, FNP-BC, AGACNP-BC
Session will discuss the concept of Syncope, its relation to other causes of transient loss of consciousness (TLOC), certain conditions which may be misdiagnosed as Syncope, various causes and how to differentiate various types of Syncope, diagnostic tests with risk stratification, conditions and treatments, issues with older population, and driving restrictions relating to Syncope. (1CE; .25RX; 1G)

(S36) Primary Care Versus Acute Care Nurse Practitioner Scope of Practice: Does it Matter?
John Gonzalez DNP, RN, ACNP-BC, ANP-C
Nurse practitioners are routinely faced with scope of practice questions. These questions may be difficult to resolve and may pose a substantial risk for the clients for whom they provide care. The vague essence of scope of practice contributes to the challenges faced by nurse practitioners as they navigate their scope of practice concerns. The purpose of this presentation is to explore national advanced practice nursing policy’s definition of scope of practice and discuss the implications for nurse practitioner practice. (1CE)

(S37) Appraising the Evidence: Research, Guidelines & QI
Valerie Danesh PhD, RN, CCRP
An overview of evidence appraisal techniques that can be applied to research, clinical practice guidelines and quality improvement data. Practical application will also include reviewing run charts to prepare attendees to critically appraise clinical data. (1CE)

(S38) Treating Obesity-NOT Just with Surgery
Sandy McCoy RN, MSN, FNP-BC
Today we have more medical options than we have ever had to treat obesity. This course is designed to help you understand the disease of obesity and the medical options to treat obesity along with weight loss philosophies that work! (1CE; .75RX)
(S39) Common Thyroid Disorders
Louie Riesch
The goal of this talk will be to discuss two common thyroid disorders, hypothyroidism and hyperthyroidism, including clinical presentation, expected laboratory findings, and treatment options for both conditions. (1CE; .25RX)

(S40) Traumatic Brain Injury and Brain Tissue Oxygenation
Jonathan D. Hecht MSN, RN, ACNS-BC, CCRN, CNRN
Traumatic Brain Injury results in disorganized disruptions of blood flow to areas of injured and non-injured brain. These disruptions combined with cytotoxic and vasogenic edema can be devastating. Utilizing multi-modal monitoring to trend intracranial pressure, cerebral perfusion pressure, and brain tissue oxygen levels can provide data to support various treatments. This section will review the evidence on these complex monitoring and treatment strategies and associated outcomes. (1CE; .2G)

(S41) Precepting the Challenges and Rewards
Anna Jessup MSN, APRN, FNP-C
This session has been developed for clinical Nurse Practitioners who are currently precepting or considering the role of precepting. Introducing students to your professional life as a Nurse Practitioner can be one of the most satisfying experiences of your professional life. This session will focus on ways to maximize both the preceptor’s productivity, and the student’s clinical experience. (1CE)

(S42) What Every NP Student Needs to Know Before They Graduate
Monica Alleman DNP, APRN, FNP-C
If you are an NP student and plan to graduate in the next 12 months, this is the session for you! Knowing the steps from NP student to practicing NP doesn’t have to be daunting. Attend this session so you can learn every step in the process to get you to that best first job! (1CE; .25RX)

(S43) Antibiotic Rates, Resistance, & Stewardship: The Role as the APRN
E. Monee’ Reed (Carter-Griffin) DNP, RN, ACNP-BC
Antibiotics are a highly effective intervention for treating infections. Losing these agents will undermine our ability to fight infections especially in vulnerable populations such as the immunosuppressed. Improved awareness and education on prescribing rates, resistance and stewardship can improve our practice as providers to affect patient outcomes and reduce healthcare costs. (1CE; 1RX)

(S44) Delivering Quality Care in a 15 Minute (or less) Time Slot
Debbie Mahoney PhD, APRN, FNP-BC
Delivering quality care in a limited time slot can be challenging for the nurse practitioner as patients and providers each bring their expectations to the meeting. “Timekillers” are factors which rob precious time and impede the forward progress of the office visit. Strategies for overcoming timekillers will be discussed. (1CE; 1E)

(S45) Evaluating Chest Pain in Primary Care
Carole Moore RN, MNSc, ACNP-BC
Chest pain results from a variety of conditions ranging from benign and self-limiting to serious or life-threatening. Understanding the mechanisms behind the pain and recognizing characteristics suggestive of life-threatening etiologies facilitates appropriate testing versus early emergency referrals. This presentation will compare the various potential etiologies and how to delineate when to test and when to refer. (1CE; .5RX; 1G)

(S46) Delirium vs. Dementia in Critical Care
Jonathan D. Hecht MSN, RN, ACNS-BC, CCRN, CNRN
It is common for adult patients to experience altered mental status at some point during their hospitalization. Altered mentation may be due to an organic, pathologic, and/or iatrogenic cause. Differentiating between dementia and delirium is exceptionally important for the critical care clinician. This section will review the clinical criteria associated with delirium and dementia as well as subtle differences to help differentiate between the two along with the risk factors, prevention measures, and treatments associated with acute delirium in the critically ill adult patient. (1CE; .5RX)

(S47) Sepsis 2016 Guidelines - What’s New?
Mari Galang MSN, RN, AGACNP, CCRN
A review of the updated recommendations for Sepsis from the 2016 Guidelines. (1CE; .25RX)

(S48) Bio? Abstract? Basic Tools of the Trade
Alison Mitchell MSN, ACNP, FAANP
Writing a decent biography for presentations can be intimidating but easy with a little know how. Become proficient and confident in submitting your first abstract and writing a professional bio. (1CE)

(S49) Transplant- Cutting Edge Treatment of Choice for End Stage Organ Failure
Alison Mitchell MSN, ACNP, FAANP
Transplant- Cutting Edge Treatment of choice for End Stage Organ Failure - how experimental treatment has become standard practice with increasing success and decreased hospitalization time. Learn how to refer your patients to a transplant hospital near you! (1CE; .5RX)
(S50) Cardioversion: Keys to a Safe & Successful Cardioversion
Rose Bagh MSN, APRN, CCRN, RNFA, FNP-BC, AGACNP-BC
This session will discuss the definition of Cardioversion, indications, physiology, AHA Guidelines for Cardioversion, pre-Cardioversion safety checks, factors affecting success of Cardioversion, procedure steps, complications, post-procedure care, and follow up instructions. (1CE; .25RX)

(S51) Common Dermatological Conditions Referred to Surgery
Tara Roberts MSN, RN, ANP-BC
During this presentation we will be reviewing benign and cancerous skin conditions commonly referred to surgery as well as some medical/pharmaceutical and surgical treatments for those skin conditions. (1CE; .25RX)

(S52) Follow Your Dreams: Be Your Own Boss
Lacy Burkes APRN- CPNP-PC
Learn how to navigate the process of opening your own clinic from establishing a business entity to opening the doors for patients. (1CE)

(S53) Managing Psychiatric Conditions in Primary Care Beyond the Basics
Luís Berrios DNP, MHA, ANP, PMHNP
In today’s healthcare system, primary care providers play a larger role in managing psychiatric conditions due to limited access to psychiatry providers. Therefore primary care providers must understand the fundamentals of managing depression, bipolar disorder, and anxiety disorders. This briefing will provide a foundation on how to manage these conditions and go beyond the basics with case studies involving complex psychiatric patients. (1CE; .75RX)

(S54) Stay Ahead of the Curve: Don’t Become a Malpractice Case Study
Roxanne Filson BBA
A review of current TX NP claim data contrasted with data for NPs from across the country. This session includes claim scenarios as a risk education tool. (1CE; 1J)
Exercise and Cognitive Function in Type 2 Diabetes: A Review
Heather Cuevas PhD, RN, ACNS-BC
The purpose of this poster is to summarize the current status of knowledge regarding exercise and its relationship with cognitive function in people with diabetes in order to focus future investigations.

Mindfulness-Based Interventions in Addiction/Mood Disorder Dual Diagnosis
Alex Dodson RN, PhD
This presentation uses research on mindfulness meditation to make the case that we should be paying more attention to development and implementation of its tenets in the treatment of addiction, and in particular, in dual diagnosis with mood disorders.

Interventions in the Primary Care Setting Aimed at Improving the Rate of Completion of Advance Directives
Denise Goddard DNP APRN FNP-C
This is a study exploring whether the research stating that multimodal interventions increase the completion rate of Advance Directives would translate into practice and be feasible in the Primary Care setting.

Building FNP Student Confidence through Interprofessional Simulation
Martha Hare DNP, RN, FNP-BC
Building FNP Student Confidence through Interprofessional Simulation Poster

Depression Screening in the Diabetic Patient in a Primary Care Setting
Kelly Hunt DNPc
Utilizing the PHQ-9 to screen for depression in a diabetic patient in a primary care setting; Implementing evidence-based practice guidelines.

Mobile Health Unit in Rural Central Texas: Improving Health Outcomes and Health Equity
Anna Jessup MSN, APRN, FNP-C
An overview on how mobile health units can increase access to care to patients without transportation in rural areas.

Pocket Rocket: Clinical Consequences of Lithium Battery Explosion in Electronic Cigarettes
Jennifer Kesey MSN, RN, FNP-BC, CWS
Electronic nicotine delivery systems are potentially hazardous causing blast injuries to users. Specialized care is necessary and prevention strategies need to be investigated.

A Complex Case in Acute Care: A Hospitalist Perspective
Sayda Major RN, ACNP-BC
Adult Gerontology Acute Care Nurse Practitioners frequently provide care for HIV/AIDS patients, both in an in-patient or out-patient setting, who develop adverse effects from highly active antiretroviral therapy (HAART). One adverse effect, immune reconstitution inflammatory syndrome (IRIS), is a collection of inflammatory disorders associated with paradoxical worsening of a preexisting infectious process following the initiation of HAART. The ability to recognize and treat IRIS is important in the overall management of HIV patients. This case based presentation will explore the clinical presentation of HIV patients who experience IRIS after the initiation of HAART.

Screening for Acanthosis Nigricans in Texas — Like One Hand Clapping
Virginia G (Jini) Miller PhD, RN, FNP-BC
Screening for acanthosis nigricans in specific regions of the state has been mandated by Texas law to identify children at risk for diabetes type 2 since 1999. Hundreds of thousands of children have been screened since 1999, but no definitive studies of those who screened positive have been recorded with regard to the actual presence of diabetes or pre-diabetes. A vulnerable population is being identified, but is slipping away from definitive diagnosis by failure to mandate followup testing.

Interprofessional Teamwork Focusing on Medication Adherence
Tanja Morgan MSN, RN, FNP-C
Doctorate of Nursing Practice Project to focus on cost of medication in a vulnerable population with the interprofessional team focusing on medication adherence.

A Model Predicting Readmitted Patients in Acute Psychiatric Care
Jonathan Prokop MA, RN
Poster presentation in which a model of predicting readmissions in acute psychiatric care will be presented.

A Quality Improvement Intervention to Improve Elderly Participation in Advance Care Planning
Mary Roberts DNP, APRN, ACNP-BC
Poster Presentation sharing a study and findings on advance care planning for the geriatric person, while they are capable of decision-making.
Nursing Perceptions of Access to Care and Full Practice Authority in Texas
Sonya Shaw FNP-BC
This poster presentation explores the differences in the perceptions of APNs and non-advanced practice nurses and those working in urban versus rural regarding access to care and FPA in Texas, perceived barriers to independent practice for APNs and explore perceived barriers to legislation granting FPA in Texas.

A Review of Physical Activity Interventions to Decrease Substance Use in Youth: Clinical Application for Primary Care Nurse Practitioners
Amanda Simonton PhD/MSN Student
Based on a review of the literature regarding physical activity interventions to decrease substance use in youth, three recommendations for clinical practice are presented. They include: (a) screening, (b) tailored consultation, and (c) goal setting with behavioral contracts. Practical suggestions and examples are provided within each recommendation.

Decreasing OR Underutilization by Implementation of APRN Driven Surgical Optimization Clinic
Diane St. Pierre RN, MSN, ACNP-BC
Implementation of a Surgical Optimization clinic for all elective surgical cases with comorbidities to decrease OR underutilization and improve patient outcomes. Review of cost of underutilization. Discuss ways to quickly optimize patients for elective surgery. Identify appropriate criteria for referral to the clinic.

Cover your Cough: A TB Infection Control Program Implementation and Evaluation DNP Project
Katharine Vogelaar DNP student, FNP student
A poster presentation of a DNP project that implemented and evaluated a TB infection control program at an underserved clinic in Dallas, TX.

Health For All Meets CPRIT: An Innovative Collaboration to Deliver Well Woman Exams to the Medically Underserved
Shelley White-Corey RNC-OB, WHNP-BC
Participants will learn about an innovative program to coordinate grant funded breast and cervical cancer screening through the Cancer Prevention & Research Institute of Texas (CPRIT) with the family nurse practitioner program at Texas A&M University at Health For All, a nonprofit free health care clinic in the Brazos Valley of Texas.
Thursday Opening Night
“Welcome Networking Event”
Thursday, September 7, 2017
4:30 - 6:30 p.m.
Kick-off the 29th Annual with networking with others from your area of the state from 4:30 - 6:30 p.m.

TNP Legislative Champions Dinner (LD01)
Friday, September 8, 2017 | 6:30 - 9:30 p.m.
Enjoy an evening with your friends and colleagues, featuring an awards ceremony for TNP’s legislative champions and local Austin entertainment with music from “Minor Mishap.” Minor Mishap Marching Band is a 25-piece renegade circus brass band (think Bourbon Street meets Budapest) that is sure to dazzle with their black and yellow costumes, cacophonous brass, and splendid revelry. Bring your dancing shoes!
Ticketed Event ($100 per ticket) | Registration Required

TNPF Walk-a-Thon
Saturday, September 9 | 7:00 – 8:00 a.m.
Enjoy an invigorating walk on Saturday morning to benefit Texas Nurse Practitioners Foundation (TNPF). Participants are eligible for prizes and will receive a goodie bag. A special prize will be awarded to the walker who raises the most money for TNPF. The district raising the most money for TNPF will be recognized. You are encouraged to commit and collect from sponsors prior to coming to the conference. Registration is $15. If you prefer not to walk please consider making a donation to TNPF. So come join us and have fun while raising money for TNPF.

Walk-a-thon Details
Help Support Texas Nurse Practitioner Foundation
100% of proceeds benefit the Foundation
Thank you for helping Texas Nurse Practitioner Foundation fulfill its mission of providing educational opportunities for the advancement of registered nurses in a specialty field that promotes health care access to all people.

Esther’s Follies
Saturday, September 9, 2017 | 8:00 p.m
Tickets: $50
Join us for a night full of laughter and political satire. For 40+ seasons, Esther’s Follies has been Austin’s answer to SNL, entertaining Austinites and visitors alike with satire, sketches, magic and musical numbers that span the political divide — performed by some of Austin’s most talented actors and entertainers. The show begins at 8:00 p.m. Please plan to arrive by 7:40 p.m. Esther’s Follies is a short walk from the conference hotel. A cash bar will be available at the event.

Friday, September 8, 2017 | 9:00 – 10:15 a.m.
(GS02) Lawful Prescribing and Prevention of Diversion
William Van House
This presentation will review a brief history of narcotics laws with an emphasis on aspects of the CSA 1970. In addition, the position of the DEA on prescribing and the difference in state law regulations vs federal law regulations will be discussed. Finally, a review of the scope of the diversion problem.

Sunday, September 10, 2017 | 8:00 – 9:30 a.m.
(GS03) The 85th Legislative Session
Allen Blakemore, Casey Haney & Erin Cusack
It was a session like no other in Texas! Learn first hand through actual case studies the lessons learned from the most recent Legislative Session and where we go from here.
(1.5CE; .5RX)

Sunday, September 10, 2017 | 9:45 – 10:45 a.m.
(GS04) Secondary Prevention of ASCVD: Novel Therapies to Improve Outcomes in Patients with Hypercholesterolemia
Joyce Ross, MSN, CRNP, CS, CLS, FNLA, FPCNA
Elevated LDL-C levels remain an unresolved problem among patients with atherosclerotic cardiovascular disease (ASCVD) and hypercholesterolemia. This program will examine advances in the science and therapeutic management of hypercholesterolemia and review the current discussions surrounding statin use and the potential application of PCSK9 inhibitors.
(1CE; 1RX)

Sunday, September 10, 2017 | 11:00 – 12:00 p.m.
(GS05) Updates in Psoriasis and Psoriatic Arthritis Management: Best Practices for Effective Care
Lakshi M. Aldredge, MSN, ANP-BC
Psoriatic arthritis (PsA) occurs in approximately 30% of patients with psoriasis and can be associated with additional problems and comorbidities. This program will examine the pathogenesis of psoriasis and PsA, evidence-based guidelines for diagnosis and treatment, and the expanding therapeutic options available for each condition.
(1CE; 1RX)
Thursday Lunch Symposium
12:00 - 1:00 p.m. (Limit 150)

Sponsored by: Gilead

An HIV Prevention Medication: Reducing the Risk of Acquiring HIV-1 Infection

Bethsheba Johnson, MSN, CNS, GNP-BC, AACRN, AAHIVE/HIV Prevention Medical Scientist

Each year, approximately 40,000 new HIV infections are diagnosed in the U.S. This presentation will educate providers on an HIV prevention option and how to identify appropriate candidates. Additionally, clinical studies and recommended guidelines will be discussed.

Friday Breakfast Symposium
7:15 – 8:15 a.m. (Limit 200)

Sponsored by: Quest

The Problem Is Us: The Undeniable Truth about the Drug Epidemic of the 21st Century
Bob Stutman & Judge Jodi Debbrecht Switalski

Bob Stutman and Judge Jodi Debbrecht Switalski will candidly discuss the history of substance abuse and the paradigm shift in the U.S. They detail the phenomena of how we went from a hallucinogen illicit drug abusing society to a society that primarily abuses pharmaceutical drugs. How do you protect your patients and your practice from criminal and civil liabilities? What due diligence is being required of medical professionals? How do you identify substance abuse and what action can and should you take?

Bob Stutman
A former DEA special agent who also headed the New York office – the administration’s largest. Consultant to three presidents. Awarded New York City Police Department’s “Man of the Year” and “Outstanding Speaker” accolades.

Judge Jodi Debbrecht Switalski
Groundbreaking treatment court judge. Metro Detroit litigator with a perfect trial record. Nationally acclaimed speaker. “Highest Ranked Presenter” and “Integrity in Our Communities” awards.

Saturday Breakfast Symposium
7:30 - 8:30 am (Limit 100)

Sponsored by: Lilly

Diabetes Discussions: The Science Behind Type 2 Care
Davida F. Kruger, MSN, APN-BC, BC-ADM

This program provides an educational and interactive experience for healthcare providers on the science behind type 2 diabetes care.

Sunday Breakfast Symposium
7:00 - 8:00 am (Limit 100)

Sponsored by: Boston Scientific

Erectile Dysfunction: It’s not just about sex
During the one-hour continuing education activity, the faculty will present information on Erectile Dysfunction and its relationship with diabetes and cardiovascular disease. Various treatment options will be covered. Participants will also address discussion points for having “the ED talk” with patients and discuss tips to enhance patient care in their own workplace.

This faculty directed education activity is intended primarily for RNs, NPs, Diabetes Educators, and CDEs with a responsibility for or an interest in learning more about ED and the associated health risks. Erectile Dysfunction is a marker for silent CAD, CVD, or stroke. It can also help diagnose diabetes and aid in the management of diabetes.
Hilton Austin Hotel
500 East 4th Street
Austin, Texas 78701

Single/Double $189
Triple $208
Quad $228

Register Online: https://aws.passkey.com/go/TxNursePractitionersAnnualConf

Call 512.482.8000 to make reservations.
Reference Texas Nurse Practitioners or the group code “TNP” to make reservations at the group rate.

The cut-off date is August 13, 2017. Reservation requests received after the cut-off date will be on availability at the Hotel’s prevailing rates.

Please remember that Thursday, September 7 will be the Pre-Conference Workshops and the General Conference will be Friday, September 8 through Sunday, September 10 (concluding by noon).

Check-in: 3:00 PM
Check-out: 12:00 AM

Parking:
Self parking: $28.00 (Parking Lot)
Parking: $15 for overnight guests
Valet parking: $37.00

For parking 6 hours or less the fee is $15 for self-parking and $20 for valet.

AIRPORT INFORMATION

From Austin-Bergstrom Airport: Take Hwy. 71 West approximately 5.5 miles to I-35. Merge onto I-35 North and take exit 234C. Turn left at the 1st light (6th St). Travel west on 6th St and turn left onto Neches St. The Hilton Austin is on the corner of 5th and Neches.

Distance from Hotel: 7 mi.
Drive Time: 15 min.

AIRPORT TRANSPORTATION

Transportation from Austin-Bergstrom International Airport to and from the Hilton is available with SuperShuttle “Shared Ride” or ExecuCar “Private Sedan/SUV”.

Make reservations at www.SuperShuttle.com or www.ExecuCar.com use code HILTN for a 5% discount off published online fare.

Typical Minimum Charge:
Bus Service: $1.75
Super Shuttle: $16.00
Taxi: $30.00
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