Texas Peer Assistance Program
for Nurses
c/o Texas Nurses Foundation
8501 N. Mopac Expwy., Suite 400
Austin, TX | 78759-8396
(P) 512.467.7027 | (F) 512.467.2620
1.800.288.5528 | tpapn.org

What We Do
- Offer nurses life-renewing opportunities for recovery and for establishing healthier professional and personal boundaries and goals.
- Protect the public by returning nurses back to work under close monitoring.
- Help Texas retain safe, practicing nurses, thus saving money.
- Increase the nursing profession’s accountability.
- Accept self-referrals and 3rd-party referrals ($301.410 TX NPA) with the BON review.
- Provide cost-effective, quality, on-site education.
- Protect the public by reporting noncompliant nurses to the BON for possible disciplinary action.
- Graduate over 150 nurses annually.

Who is TPAPN
- Since 1987, has served as the alternative program for RNs and LVNs of Texas whose nursing practice may have been impaired by psychiatric or substance use disorders.
- Recognizes that nurses are not immune to these chronic, progressive and potentially fatal diseases.
- Works cooperatively with the Texas Board of Nursing (BON) per service contract.
- Offers a minimum 3-year monitoring program (5-year for APN’s) voluntary and abstinence-based.
- Nurses Helping Nurses, with approximately 200 active volunteer nurse advocates providing 1:1 peer support and education.
- Guided by an Advisory Committee comprised of representatives from a number of important Texas nursing organizations and other stakeholders.
- Administered by the Texas Nurses Foundation, a 501(c) (3) non-profit of the Texas Nurses Association.

Who We Help
- Employers and nurse managers in order to promote a safer and more positive work environment.
- Health care facilities and organizations, who regard TPAPN as a positive component to their quality assurance, risk management and turnover cost-avoidance systems.
- Schools of Nursing to provide outreach and for assistance as appropriate for the “next generation of nurses.”

To Refer a Nurse
- Recognize signs of possible practice impairment. (Refer to TPAPN’s website: tpapn.org.)
- Document performance concerns, corroborate with others and inform management. Take action!
- Call TPAPN’s toll-free helpline: 1-800-288-5528.
- Referral form available on TPAPN’s website.
- TPAPN does not accept anonymous referrals.
- Texas’ statute provides civil immunity for those who refer §467.008(c)(3) and employ §467.008(c)(6) TPAPN nurses in good faith.

To set up your own customizable ANCC approved CE, contact the TPAPN Program Operations Coordinator by calling:
512.467.7027 x105

Or visit tpapn.org to find out how your facility can be a TPAPN Partner in Recovery, host an educational offering or to see dates of upcoming TPAPN Training Workshops.

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A Passion to Help Nurses HEAL

“With my new sense of self-worth and improved nursing practice, I am living proof that TPAPN works...”
- Nurse Graduate of TPAPN
We help RNs and LVNs having substance use disorder, depression, bipolar, anxiety, schizophrenia and schizoaffective disorders.

Volunteering with TPAPN

Advocates
- RNs and LVNs of Texas; approved and trained by TPAPN.
- Provide 1:1 support and information for TPAPN participants and their colleagues.
- Assist participants in coping positively with issues.
- Witness positive transformations made by their peers through recovery.

Advocates Benefit Health Care Employers By:
- Serving as a resource to participants, promoting positive relations and decreasing the stigma of psychiatric and substance use disorders.
- Assisting nurse managers and administrators to successfully meet: identification, intervention, referral, treatment, return to work and monitoring needs.
- Providing a “TPAPN Overview” to staff and awarding one, nursing CE contact hour through TPAPN.

Faculty Liaisons
- Represent TPAPN for their schools of nursing to foster greater awareness of peer assistance issues.
- Collaborate with TPAPN when issues pertaining to psychiatric or substance use disorders arise in their nursing academic settings.
- Assist TPAPN in its efforts to provide educational outreach to nursing students and faculty.

Volunteering as an Advocate or Faculty Liaison
- Advocate and Faculty Liaison applications are available to download: tpapn.org or call 1-800-288-5528 x 105.
- Approved Advocates and Faculty are eligible to receive annual TPAPN educational trainings and nursing contact hours free of charge.
- Open to all nurses with active, unencumbered Texas licensure.

Other Ways You Can Help

Contributions Are Welcome

Assessment Treatment Endowment Fund
- Donations may also be specified to help defray the cost of assessment and to help ensure that participants receive quality treatment for illnesses.
- Many participants cannot afford to pay for the full out-of-pocket costs of needed assessment and/or treatment.

Donations and Contributions
To support TPAPN make check payable to “TNF/TPAPN” and note the fund you wish to contribute to, either General or Assessment/Treatment Endowment. Mail donations to the address listed below. Donations may be tax deductible.

For questions about making a donation please contact:
TPAPN
6/6 Texas Nurses Foundation
8501 N. Mopac Expwy., Suite 400
Austin, TX 78759-8396
[P] 512.467.7027  [F] 512.467.2620
[E] tpapn@texasnurses.org

Support TPAPN as a service to Texas nurses in need through an unrestricted contribution to help us educate nurses in all fields of practice on detection, intervention and monitoring of nurses with substance use and/or psychiatric disorders.