EXCELLENCE IN ALL WE DO

The Nurse Practitioner Association New York State

32nd Annual Conference

September 28 - October 2, 2016
Conference and Event Center Niagara Falls
Sheraton At The Falls
Welcome colleagues! As president of The Nurse Practitioner Association New York State (The NPA), I am delighted to invite you to join us at our 32nd Annual Conference, “Excellence In All We Do,” which will commence September 28 and run through October 2. This year’s event will be held in Niagara Falls, NY. The NPA Annual Conference stands out among other continuing educational events particularly for the nationally and locally renowned subject matter experts as well as buffet breakfast every morning, snack breaks, and other on-site meal options.

Here are some highlights:

**Wednesday and Thursday**
- Pre-conference learning labs offering a variety of topics

**Friday**
- Keynote: Theresa Brown, BSN, RN presents *Nurse Practitioners: Extending Care, Not Physicians*
- 2016 Legislative Update presented by our Governmental Affairs Team
- Grand opening of the exhibit hall
- Product Theater luncheon *Nurse Practitioners: Extending Care, Not Physicians*, sponsored by McNeil Consumer Health Care
- Variety of clinical topics
- Regional meetings
- Networking reception

**Saturday**
- Annual membership meeting and awards presentation
- Plenary session *Don't Become a Case Study: NP Claim Trends, Claim Scenarios and Risk Control Recommendations* presented by Michael Loughran, President of Aon Affinity Insurance Services in the Healthcare Division
- Closing Keynote R. Mimi Secor, DNP, FNP-BC, NCMP, FAANP presents, *Stress Proofing Your Life: The Extreme Self-Care Solution*

**Sunday**
- A variety of topics concluding at noon

If you are not a current member, consider joining The NPA and take advantage of the member discounted conference registration fee. Since 1980, we have worked very hard for the advancement of nurse practitioners and have played a key role in shaping the profession in which you practice today. We provide assistance, services, and support to individual nurse practitioners every day. For more information about The NPA and member benefits, please visit our website at www.TheNPA.org.

Plan to attend this premier educational event and take some time to relax and enjoy the beauty of Niagara Falls, one of the great natural wonders of the world.

I look forward to welcoming you in Niagara Falls!

Sincerely,
Alisha Fuller, DNP, CBN, FNP-BC
NPA President
Keynote Speaker

Theresa Brown, BSN, RN

Theresa Brown, BSN, RN, works as a clinical nurse in Pittsburgh. Her most recent book is *The Shift: One Nurse, Twelve Hours, Four Patients’ Lives.*

Theresa received her BSN from the University of Pittsburgh, and during what she calls her past life, a PhD in English from the University of Chicago. Her column “Bedside” appeared on the *New York Times* op-ed page as well as on the Times blog “Opinionator” and she is a frequent contributor to the *New York Times*. Previously she wrote for the New York Times blog “Well”. Her writing has also appeared on CNN.com and in *The American Journal of Nursing* and the *Pittsburgh Post-Gazette*. She is an Advisory Board Member of the Center for Health Media and Policy at the Bellevue School of Nursing at Hunter College, and a participant in two different Robert Wood Johnson initiatives: “Flip the Clinic” and “The Power of Narrative.”

*Critical Care: A New Nurse Faces Death, Life, and Everything in Between* (HarperOne, 2011, paperback edition) is her first book, which has been adopted as a textbook in Schools of Nursing across the country. Theresa lectures nationally on issues related to nursing, health care, and end of life. Her clinical work has been in medical oncology, hospice, and palliative care. Becoming a mom led Theresa to leave academia and pursue nursing. It is a career change she has never regretted.

Conference Committee

Jane Tuttle, PhD, FNP-BC, FAANP
Education Committee Chair

Alice Looney, ANP-BC, CBN
Conference Chair

Marietta Api, ACNP

Alisha Fuller, DNP, CBN, FNP-BC

David Goede, DNP, ACNP-BC

Gregory Rys, DNP, FNP-BC

Richard Syke, FNP-BC

NPA Professional Staff

Stephen Ferrara, DNP, FNP-BC, FAANP
Executive Director

Susan Hubbard, Director of Operations & Education

Amy Shudt, Director of Membership

Tori Celentano, Administrative Coordinator

Joanne Barry, Administrative Assistant

Table of Contents

General Information ................................................. 2

Conference at a Glance ............................................. 6

Pre-Conference Learning Labs ................................. 8

Conference Schedule Friday - Sunday .................... 9

Registration Information and Fees ........................ 23

Facebook

www.facebook.com/TheNPANewYorkState

Twitter @The_NPA

Cover photo provided by James Neiss Photography
General Information

The Nurse Practitioner Association New York State 32nd Annual Conference “Excellence In All We Do”

September 28 – October 2, 2016

Location & Accommodations
Conference Venue
Conference & Event Center Niagara Falls
101 Old Falls Street
Niagara Falls, NY 14303

Hotel Accommodations
Sheraton At The Falls (American side)
300 Third Street
Niagara Falls, NY 14303
www.sheraton.com/atthefalls
1-866-961-3780

The NPA has reserved a block of rooms at the Sheraton At The Falls. The room block will be held until August 20, 2016 or until the room block is filled, whichever comes first. After this date additional rooms can be reserved subject to space and rate availability. The Sheraton At The Falls will make every effort to work with you in securing a room once The NPA’s room block has been released.

Room Rate: $129 per night plus applicable taxes and fees.

Reserve your room on-line – https://www.starwoodmeeting.com/Book/NYSNCP

Or

Call 1-866-961-3780 and identify yourself as being with The Nurse Practitioner Association New York State to receive our negotiated room rate.

Check-in time is 3:00 pm – Check-out time is 12:00 pm.

Guest reservations need to be secured by a credit card at the time of reservation and final payment can be made by credit card, cash, or check (checks only if received 10 business days prior to their arrival date. Checks will not be accepted on-site). If payment needs to be made by purchase order, individuals must submit said purchase order prior to arrival for approval.

Tax Exemption Status: In order for the hotel to process your account as tax-exempt from New York State sales tax, the state indicates that the following must apply:

The group must provide the hotel with a copy of a current tax-exemption certificate issued by the State of New York at least thirty (30) days prior to event date. The exemption must be recognized and held valid by the State of New York.

Individuals are not tax-exempt unless they are traveling on business for their group or organization. They must provide a copy of their tax-exempt form prior to check-in and pay by check or credit card issued by their group or organization. The check or credit card must match the name on the tax-exempt form.

Registration Rates
Learning Labs September 28 – September 29
4 hour learning labs are $125 each
8 hour learning labs are $250 each

Conference Fees September 30 - October 2
NPA Member    Postmark on or before 9/11/16  Postmark after 9/11/16

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<th>3 Day Conference</th>
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<th>1 1/2 Day (Sat. &amp; Sun. ONLY)</th>
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*Non-members are invited to join now and attend at the member rate.

Cancellation Policy
- All cancellations MUST be submitted in writing:
  - Fax: 518-348-0720 or
  - Email: info@TheNPA.org or
  - Mail: The NPA, 12 Corporate Drive, Clifton Park, NY 12065
  - Confirmed registrants may cancel and receive a full refund minus a $25 administrative fee.
  - All requests for refunds MUST be received in writing prior to November 2, 2016. No request for refunds will be accepted after November 2, 2016.

Ways To Register
Online Registration – www.TheNPA.org - We encourage you to register on-line for immediate access to session availability.

Mail: The NPA, 12 Corporate Drive, Clifton Park, NY 12065
Please Note: When registering using the paper registration form, all required information must be completed and your payment must be included. Incomplete submissions will not be processed until all information and/or payment is complete. The NPA office will contact you for any additional information or changes that need to be made to your registration or payment information. All completed registrations will be accepted in the order in which they are received. Session assignments occur when the registration is processed and payment has been confirmed.

Fax: 518-348-0720
Registration Other

NPA Bucks Voucher
If you earned a NPA Bucks Voucher during our membership campaign you can apply it to your Learning Lab and conference registration fees.

On-site Registration
On-site registration will be available if maximum session registration numbers have not been reached. Credit card, check, money order, or cash payment is required for on-site registration.

Returned Check Policy
For all checks returned to The NPA for insufficient funds an administrative fee of $25.00 will be charged.

Pre-Conference Learning Labs
Seating for some of the learning labs may be limited. Please register early as registrations are processed in the order in which they are received.

Continuing Education Contact Hours
This activity has been submitted to PA State Nurses Association for approval to award contact hours. PA State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Up to 32 contact hours and 18.99 pharmacology contact hours (includes Wednesday through Sunday sessions) will be offered at The NPA’s 32nd Annual Conference. The sessions within the brochure will have the number of contact hours and pharmacology contact hours that have been submitted for review and may be subject to change.

Based upon the sessions you register for (pre-conference learning labs, concurrent sessions, plenary sessions and lunches) the maximum number of contact hours and pharmacology contact hours that can be awarded per day is:

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<tr>
<th>Date</th>
<th>Contact Hours (CH)</th>
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<td>Wednesday, September 28</td>
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<td>Saturday, October 1</td>
<td>7</td>
<td>2.16</td>
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<td>Sunday, October 2</td>
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Contact hour calculations are as follows:
4 hour learning labs = 4 contact hours
8 hour learning labs = 8 contact hours
60 minutes sessions = 1 contact hour

You will be required to sign an attestation statement indicating that you have attended the sessions you registered for. The attestation statement will be provided to you at check-in. You will be able to download your statement of credits through your manage profile on our website www.TheNPA.org 30 days after the completion of the conference. The statements of credits will serve as your certificate.

Please Note: Contact hours will NOT be awarded unless we have received your signed attestation statement.

Conference Attire
During the conference most dress in business casual and on Sunday while concurrent sessions continue, you should dress comfortable for the ride home. While we attempt to keep meeting rooms at a comfortable temperature, layered clothing is suggested.

Presenter Handouts
All presenter handouts and/or outlines provided by the speakers will be made available online at The NPAs website in early September. For those registrants desiring a paper copy of the handouts for the sessions attended, it is the responsibility of the registrant to print these and bring them to the conference.

Evaluations
Evaluation forms will be available for completion online at The NPA website www.TheNPA.org.

Meeting App
The meeting app will allow participants to communicate through email, download speaker handouts, complete evaluations online, and read about the speakers and more. WiFi will be available throughout the Niagara Falls Conference and Event Center.

Passport
You do not need a passport or enhanced driver’s license for area attractions, unless you plan to travel into Canada. Both the hotel and conference center are located on the American side of Niagara Falls.

Travel Information
For driving directions, Amtrak discount, and shuttle service information visit our website at www.TheNPA.org.

Driving Directions
The Sheraton At The Falls is conveniently located minutes from Interstate I-90, 30 minutes from Buffalo Niagara International Airport and 10 minutes from Niagara Falls International Airport.

Albany, NY (Upstate New York) - I-90 west to the I-190 west. Exit at the Peace Bridge Border Crossing (Exit 9) to the Queen Elizabeth Way (QEW). Follow the QEW to Highway 420 East. Take 420 East to Falls Avenue.

Buffalo, NY - I-190 west to the Peace Bridge Border Crossing (Exit 9). Follow the QEW to Highway 420 East. Take 420 East to Falls Avenue.

New York City, NY - Take Holland Tunnel to SR 139 west to Raymond St. (US 1) to the east. Follow US 1 to the New Jersey Turnpike (I-95) to the north) to the I-280 (northwest) then take I-80 west to I-380 (northwest). From I-380 take I-81 to the north to I-90 west (New York State Thruway). Follow I-90 to I-190 west. Exit at the Peace Bridge Border Crossing (Exit 9). Follow QEW. Niagara to Hwy. 420 into Niagara Falls. Take 420 East to Falls Avenue.

Philadelphia, PA - Take I-76 (Schuylkill Expressway, travelling northwest. Connect to the I-476 and drive northwards. Connect to I-81 North and follow until meeting I-90 west. Take I-90 west to I-190 West. Exit at the Peace Bridge and cross into Canada. Follow the QEW to Highway 420 East to Falls Avenue.

Pittsburgh, PA - I-279 (US 19 - to the northwest) to I-79 north to I-90 (New York State Thruway - to the northeast). Follow I-90 to I-190 west. Exit at the Peace Bridge Border Crossing (Exit 9) and this will take you to the Queen Elizabeth Way (QEW). Follow QEW. Niagara to Hwy. 420 into Niagara Falls. Take 420 East to Falls Avenue.
General Information

Rochester, NY - Interstate 490 to the southwest to I-90 west (New York State Thruway) to I-190 west. Exit at the Peace Bridge Border Crossing (Exit 9) Follow QEW. Niagara to Hwy. 420 into Niagara Falls. Take 420 East to Falls Avenue.

Syracuse, NY - I-90 west to I-190 west. Exit at the Peace Bridge Border Crossing (Exit 9) to the Queen Elizabeth Way (QEW). Follow the QEW to Highway 420 East. Take 420 East to Falls Avenue.

Amtrak
Amtrak offers a 10% discount off the lowest available rail fare to Niagara Falls, NY between September 25 – October 5, 2016. To book your reservation call Amtrak at 800-872-7245 or contact your local travel agent.

Conventions cannot be booked via Internet. Please be sure to refer to Convention Fare Code X41B-950 when making your reservation. This offer is not valid on the Auto Train and Acela Service. Fare is valid on Amtrak Regional for all departures seven days a week, except for holiday blackouts. Offer valid with Sleepers, Business Class or First Class seats with payment of the full applicable accommodation charges.

Please Note: The Conference Fare discount is only for attendees going to the conference.

Shuttle Services
From airport or train station to Sheraton At The Falls Hotel

Hill Tribe (Eco Friendly) - Cab Service
716-807-0600 or 716-210-8559
www.hilltribecab.com

Buffalo Airport Shuttle
716-685-2550
http://buffaloairportshuttle.com

ITA Shuttle
800-551-9369
http://www.buffaloairporttaxi.com

Niagara Majestic Tours
877-285-2113
http://www.niagarajestic.com/index5_hispeed.htm

Over the Falls Transportation
716-283-8900
http://overthefallstoursniagara.com

ACES Limousine
716-204-4863
http://www.aceslimousine.com/welcome.php

Call for e-Poster Abstracts

The NPA is issuing a call for e-posters for our 32nd Annual Conference to be held September 28 – October 2, 2016 at the Conference and Event Center Niagara Falls, Niagara Falls, NY. This e-poster session will provide NPs with the opportunity to report ongoing and completed research utilization projects, clinical projects, evidence based practices and best practices. We encourage students of NP, PhD, and DNP programs to submit e-poster abstracts. Students may want to work with their faculty advisors in preparing the posters.

All e-posters will be pre-loaded onto computers prior to the conference start date and will be displayed on LED monitors throughout the conference. An e-poster template along with additional information will be provided to those e-poster abstracts that are approved.

Requirements:
1). All e-poster presenters must be a current member of The NPA and
2). Must be registered for the conference

Poster presentations can be for:
1). Completed research, research in progress, methodological papers, or theoretical perspectives for research design
2). Administration, education, informatics, ethics, basic science, or clinical research

Abstract Guidelines:
1). Abstracts must be no longer than 500 words
2). The content described must be appropriate for an e-poster presentation
3). Research abstracts must include title and author information
4). Purpose, methodology, results, and implications for NPs must be clearly identified
5). Please send cover letter that contains the following:
   a). Title of Presentation
   b). Author(s)
   c). Names, addresses, email addresses and phone numbers of all authors
   d). Indication of which one of the authors will serve as the contact person

Submission deadline date is August 15, 2016.

To submit an e-poster abstract go to The NPA website www.TheNPA.org and click on the Conferences tab, then select Poster Abstracts 2016 from the drop down menu. Complete the information and submit.

Candidates will be notified by email with further details.

If you have any questions, please contact Sue Hubbard at shubbard@TheNPA.org or call 518-348-0719.
Dining

Niagara Falls offers many dining options from fine dining, cafes, ethnic or local favorites, or just something quick.

Blues Burger Bar
Cold Stone Creamery
Crown India Restaurant
Hard Rock Café
La Cascata
Red Coach Inn
Starbucks Café
Sweet Treats Shop
TGI Friday's
The Western Door
Thunder Falls Buffet
Three Sisters
Wine on Third Pizza Bistro
And many more…

Niagara Falls Culinary Institute
The Niagara Falls Culinary Institute (NFCI) is like dining at a five-star restaurant... where every course matters. Our Culinary Institute gives students the tools for a successful career, from experienced faculty, in a beautiful, newly renovated facility. For visitors, we offer the most unique of experiences... from your dining pleasure to learning how to create something new in the kitchen.

Featuring state-of-the-art kitchens and its own restaurant, bakery, deli, wine boutique, TV studio, gift shop and Barnes & Noble bookstore, NFCI is the next wonder of the culinary world. Explore NFCI today and we’ll help you develop a taste for the extraordinary.

Niagara Falls State Park & Observation Tower
The oldest National park in America, Niagara Falls State Park encompasses more than 400 acres of lush parkland and is home to one of the best views of the Falls in the city. The Observation Tower, located at the cliff of the American Falls, stands at eye level with the cascading water and features an elevator that travels 180 ft. to the base of the Falls and the docks of the Maid of the Mist. The park is also a sanctuary for protected species, including Peregrine Falcons, Lake Sturgeon and 14 rare flora/fauna species.

Fashion Outlets Niagara Falls USA
High-end designer fashion at prices to suit your budget. From Burberry, Kate Spade, Coach, Cole Haan and Michael Kors to family favorites including Old Navy, GAP, Banana Republic, Lindt Chocolates and Adidas. Fashion Outlets Niagara Falls New York offers a store for everyone - there are more than 150 stores to explore.

Seneca Niagara Casino
Experience the thrill of Seneca Niagara Casino! This World Class Casino is situated directly across from the Sheraton At The Falls hotel and features more than just a chance to test lady luck. At 147,000 sq. ft., Seneca features a full complement of popular slot machines and table games, celebrated dining choices, concerts featuring the top artists from around the World, and an eclectic gallery of shops.
Conference At-A-Glance

Wednesday, September 28, 2016
7:30 AM – 5:00 PM
Registration
7:30 AM – 9:00 AM
Continental Breakfast
8:00 AM – 12:15 PM
LL1601 Pharmacology Update: New Drugs, New Rules, New Problems
LL1602 “What Next?” An Approach to Ordering and Interpreting Lab Tests
12:15 PM – 1:15 PM
Lunch Break
1:15 PM – 5:30 PM
LL1603 Radiology Review: Approach to Interpreting Common X-rays
LL1604 Recognition and Management of Pediatric Anxiety Disorders: A CAP-PC/Anxiety

Thursday, September 29, 2016
7:30 AM – 5:00 PM
Registration
7:30 AM – 9:00 AM
Continental Breakfast
8:00 AM – 12:15 PM
LL1605 12-Lead ECG Interpretation: A Primary Care Perspective
8:00 AM – 5:30 PM
LL1606 Pharmacology Update covers 7 different lectures
12:15 PM – 1:15 PM
Lunch Break
1:15 PM – 5:30 PM
LL1607 What’s New in Psychopharmacology?

Friday, September 30, 2016
7:00 AM – 5:00 PM
Registration
7:15 AM – 8:45 AM
Continental Breakfast
8:00 AM – 8:15 AM
Welcome by NPA President Alisha Fuller, DNP, CBN, FNP-BC
8:15 AM – 9:15 AM
A1608 Keynote: Theresa Brown BSN, RN
Nurse Practitioners: Extending Care, Not Physicians
9:30 AM – 10:30 AM
B1609 NPA 2016 Legislative Update
10:30 AM – 11:15 AM
Grand Opening of the Exhibit Hall
11:15 AM – 12:15 PM
C1610 Osteoporosis: Diagnosis and Management
C1611 Drug-Drug Interactions: Safe Prescribing and Avoiding Errors to Prevent Malpractice
C1612 Medical Emergencies in Primary Care
C1613 The SMAART Heart Failure Patient Education Program
C1614 Geriatric Polypharmacy: A Pill for every Ill?
C1615 Movement Disorders and Deep Brain Stimulation: A Treatment Option for Patients
C1616 The Diabetes Journey: The Quest for Cloud Nine
12:30 PM – 2:00 PM
Product Theater – NON-CE Lunch Presentation
D1617 Considerations for Pain Management with OTC Analgesics: An NP Perspective
Or lunch on your own – concessions will be available in the exhibit hall
2:15 PM – 3:15 PM
E1618 Adverse Reactions to Drugs: Dispelling Myths
E1619 Emerging Infectious Diseases 2016: A Discussion of New and Upcoming Infections
E1620 Let’s Talk about Sex 2016: An Introduction to Counseling and Sex Lubes and Devices
E1621 Surgical Treatment and Management of Obesity
E1622 Sneeze, Wheezes and Respiratory Diseases: Update on Drugs to Manage Asthma, COPD and Allergic Rhinitis
E1623 Cow’s Milk-Related Symptoms and the Pediatric Patient: An Approach to Assessment and Management
E1624 Experiences and Lessons Learned as a Healthcare Provider Working in West Africa during the Ebola Epidemic
3:15 PM – 4:00 PM
Afternoon refreshment break in the exhibit hall
4:00 PM – 5:00 PM
F1625 Anaphylaxis in the Community
F1626 A Picture’s Worth a Thousand Words: Dermatology Across the Lifespan
F1627 Besides the BRCA genes, what else to consider in hereditary breast and ovarian cancer?
F1628 Twenty Four Months – A Lifetime of Experience
F1629 Preoperative Evaluation of the Surgical Patient: It’s not about Clearance, It’s about Optimization
F1630 Where Have All the Male Survivors Gone?
F1631 Sepsis and Septic Shock: An Update for the Primary Care Provider
5:15 PM – 6:15 PM
Regional Meetings
G1632 Region 1
G1633 Region 2
G1634 Region 3
G1635 Region 4
G1636 Region 5
G1637 Region 6
G1638 Region 7
6:15 PM – 7:15 PM
Networking Reception
<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:30 AM – 5:00 PM</td>
<td>Registration</td>
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<tr>
<td>7:30 AM – 9:00 AM</td>
<td>Continental Breakfast</td>
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<tr>
<td>8:00 AM – 9:15 AM</td>
<td>H1639 NPA Annual Membership Meeting and Awards Presentation</td>
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<td>9:15 AM – 10:15 AM</td>
<td>I1640 Don't Become a Case Study: NP Claim Trends, Claim Scenarios and Risk Control Recommendations</td>
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<td>10:15 AM – 11:00 AM</td>
<td>Morning refreshment break in the Exhibit Hall</td>
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<td>11:00 AM – 12:00 PM</td>
<td>J1641 Pregnancy and Epilepsy</td>
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<td>J1642 Acute Coronary Syndrome: Are we getting it right?</td>
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<td>J1643 The Latest in Treating Anxiety and Depression in Primary Care</td>
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<td>J1644 “Dirty Little Scoundrels” Identifying and Managing Tick-Borne Illnesses</td>
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<td>J1645 Pediatric ENT for the Primary Care Provider</td>
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<td>J1646 Psychosocial Considerations in Caring for our Military</td>
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<td>J1647 Vital Medical, Legal and Ethical Issues in Nursing</td>
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<td>12:15 PM – 1:45 PM</td>
<td>Luncheon Presentation</td>
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<td>K1648 Special Needs Planning 101: What Your Patients’ Caregivers Need to Know</td>
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<td>2:00 PM – 3:00 PM</td>
<td>L1649 Complex Comorbidities: Understanding the Neurobiology of Substance Use and Psychiatric Disorders in Women</td>
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<td>L1650 Risk Management in an Office Setting: Who are we sending home?</td>
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<td>L1651 Contraception Update 2016: The CDC MEC Criteria and New Research</td>
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<td>L1652 Childhood Obesity: A Growing Problem</td>
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<td>L1653 When to think Zebras: Commonly Misdiagnosed Conditions of the Elderly</td>
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<td>L1654 Negotiating Nurse Practitioner Employment Agreements</td>
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<td>L1655 Retraining the Brain: Evaluation and Management of Cognitive Dysfunction in Cancer Survivors</td>
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<td>3:15 PM – 4:15 PM</td>
<td>M1656 LARC: IUDs are Like a Smart Phone for your Uterus: Update 2016</td>
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<td>M1657 Adventures in Geriatric Psychiatry: Common Predicaments, Reasonable Solutions and Visions of the Future</td>
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<td>M1658 Chronic Hepatitis C: An Update</td>
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<td>M1659 Sleep and Obesity in Children and Adolescents</td>
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<td>M1660 A Pain in the Butt: Diagnosis and Management of Common Anorectal Disorders</td>
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<td>M1661 Evaluation and Management of Movement Disorders for the Non-neuro Specialist</td>
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<td>M1662 Zika and Dengue and Chikungunya – On My!</td>
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<tr>
<td>4:30 PM – 5:30 PM</td>
<td>N1663 Keynote: R. Mimi Secor, DNP, FNP-BC, NCMP, FAANP</td>
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<td>Stress Proofing Your Life: The Extreme Self-Care Solution</td>
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<tr>
<td>8:00 AM – 12:00 PM</td>
<td>Registration</td>
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<td>8:00 AM – 9:30 AM</td>
<td>Continental Breakfast</td>
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<td>8:30 AM – 9:30 AM</td>
<td>O1664 Chronic Recurrent Vulvovaginitis: What really works?</td>
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<td>O1665 The Healing Powers of Music: Incorporating Sound Choices into your Clinical Practice</td>
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<td>O1666 Drug Induced Liver Injury</td>
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<td>O1667 The Tsunami of Psychiatric Mental Health Care in the Primary and Family Health Care Settings: How to Weather the Storm</td>
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<td>O1668 Diverticular Disease: What Every Nurse Practitioner Should Know</td>
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<td>O1669 Use of Mechanical Prophylaxis for VTE and The Role of the Nurse Practitioner Consult Team</td>
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<td>O1670 Pediatric Orthopaedic Basics for the Primary Care Nurse Practitioner</td>
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<td>9:45 AM – 10:45 AM</td>
<td>P1671 The Pathophysiology of Diabetes: Beyond Insulin and Glucagon</td>
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<td>P1672 The Biology and Management of Lymphedema in the Breast Cancer Survivor</td>
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<td>P1673 My Tummy Hurts: Sorting out Pediatric Abdominal Pain</td>
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<td>P1674 Hit Me with Your Best Shot: All You Need to Know about Herpes Zoster (Shingles) and the Herpes Zoster Vaccine</td>
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<td>P1675 A Practitioners Guide to Prevention of Geriatric Suicide</td>
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<td>P1676 Pharmacology Update: Transitions of Care and Medication Safety</td>
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<td>11:00 AM – 12:00 PM</td>
<td>Q1677 Workplace Implications of Marijuana use in the United States</td>
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<td>Q1678 Nurse Practitioners can Effectively Deliver Pain Coping Skills to Patients in the Community Practice Setting</td>
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<td>Q1679 Genital Herpes: Update on Diagnosis and Management</td>
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<td>Q1680 Pediatric Elimination Disorders</td>
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<td>Q1681 Physician Assisted Death: Murder or Mercy, A Clash of Values</td>
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<td>Q1682 If You Don’t Ask, They Won’t Tell: Obtaining an Accurate and Meaningful Sexual History</td>
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<td>Q1683 Genomic Screening and Direct-to-Consumer Testing: Recognizing and Managing the Evolving Challenges in Clinical Practices</td>
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**ANCC Continuing Education Hours available**
Pre-Conference Learning Labs

Wednesday, September 28, 2016
7:30 AM – 5:00 PM Registration
7:30 AM – 9:00 AM
Continental Breakfast - coffee, tea, juice, baked goods, fruit, scrambled eggs, roasted potatoes, bacon

8:00 AM – 12:15 PM
LL1601 Pharmacology Update: New Drugs, New Rules, New Problems
(4 CH & 4 PCH) Additional fee of $125 for learning lab
This presentation will review the process of drug approval and new rules that are governing approval, highlighting some of the new financial and legal issues that make patient care a challenge; review new drugs and implications for the nurse practitioner.

Amy Karch, RN, MS, CNS, Rochester, NY

LL1602 “What Next?” An Approach to Ordering and Interpreting Lab Tests
(4 CH) Additional fee of $125 for learning lab
This learning lab will provide information on the description of and selection process for ordering basic and specialized laboratory tests. Normal laboratory parameters and reasons for deviations from normal will be reviewed. The learning lab will also help participants improve skills in interpreting lab reports as a basis for providing safe, effective patient care.

Kate Aberger, MD, FACEP, Hillsborough, NJ

12:15 PM – 1:15 PM – Lunch Break
Lunch will be provided to all those that register for both the morning and afternoon learning lab. If you only registered for one learning either the morning or afternoon session, lunch is on your own.

1:15 PM – 5:30 PM
LL1603 Radiology Review: Approach to Interpreting Common X-rays
(4 CH) Additional fee of $125 for learning lab
This learning lab will enable participants to refresh skills in reading and reviewing diagnostic x-rays as well as improving the ability to identify abnormalities of x-rays of the abdomen, chest, and extremities. Also featured will be indications for use of the CT scan and MRI.

Kate Aberger, MD, FACEP, Hillsborough, NJ

LL1604 Recognition and Management of Pediatric Anxiety Disorders: A CAP-PC/Anxiety Training Program
(4 CH & 1 PCH) Additional fee of $125 for learning lab
Participants will learn to appropriately screen for and manage mild to moderate child and adolescent anxiety in the context of the primary care setting. Content includes: why assessment is so important and how to conduct proper screening for anxiety; identification of different types of anxiety disorders; an overview of psychotherapy commonly used to treat anxiety; psychopharmacology and understanding the “black box” warning; collaboration and referral with mental health providers; and, how to document and bill for screening and care of the anxious child. Content will be delivered didactically, in small work groups, and through the use of role play.

Amy Jerum, DNP(c), RN, MS, PCNP-BC, Rochester, NY, Amy Lyons, LCAT, ATR-BC, Pittsford, NY and James Wallace, MD, Fairport, NY

Thursday, September 29, 2016
7:30 AM – 5:00 PM Registration
7:30 AM – 9:00 AM
Continental Breakfast - coffee, tea, juice, baked goods, fruit, scrambled eggs, roasted potatoes, breakfast ham

8:00 AM – 12:15 PM
LL1605 12-Lead ECG Interpretation: A Primary Care Perspective
(4 CH & .50 PCH) Additional fee of $125 for learning lab
Acquire a systematic approach to assessing 12-lead ECG. The presenter will discuss the 5-step approach to 12-lead ECG interpretation; how to analyze acute and chronic morphologic changes; how to determine axis with the hexaxial plot; and case studies in applying the 5-step analysis.

Dr. Sally K. Miller, PhD, APRN, AGACNP-BC, AGPCNP-BC, FNP-BC, FAANP, Associate Lecturer, Fitzgerald Health Education Associates, Inc., North Andover, MA

8:00 AM – 5:30 PM
LL1606 Pharmacology Update
(8 CH & 8 PCH) Additional fee of $250 for learning lab – includes lunch
This learning lab will consist of 7 different lectures.

Ouch! That Hurts! A Look at Meds to Treat Pain and Inflammation

- Compare and contrast common medications used to manage pain and inflammation in the primary care setting.
- Assess appropriateness of medications used to manage pain and inflammation prior to prescribing.
- Develop strategies to safely prescribe for vulnerable populations who are at risk of adverse drug events.

Adverse Drug Reaction: Allergy! Now what drug is safe?

- Identify symptoms of drug allergies in patients who exhibit possible allergic reactions.
- Develop a strategy for continuation of pharmacologic treatment after allergy is identified.
- Identify “culprit” drugs involved in reactions.

Top 20 Most Commonly Prescribed Medications

- Review some of the most commonly prescribe medications in the U.S. in 2015/2016.
- Compare and contrast select medications in specific medication classes.
- Relate medication mechanism of action with pathophysiology of specific disease states.
Infectious Disease Update: Are the Bugs Winning?
- Utilize the most current evidence based guidelines to treat common infections and disease.
- Discuss current patterns of antibiotic resistance.
- Describe newly developed antibiotics, immunizations and their advantages for use in treatment and prevention of common infections.

Polypharmacy is Not a Bad Word: Treating Complex Hypertensive Patients
- Evaluate treatment options for optimal blood pressure management of patients with multiple co-morbidities.
- Utilize specific combinations of antihypertensive medications to optimize blood pressure management in complex patients.
- Evaluate potential drug/drug and drug/disease interactions when managing patients with HTN.

The Cytochrome P450 System: From Clueless to Competent
- Review the most important enzymes in CYP 450 system.
- Describe common CYP 450 drug interactions.
- Develop strategies for avoidance of drug interactions.

Lipid Update: What Happened to My Targets? And where do I go from here?
- Review evidence based guidelines for management of dyslipidemia.
- Review medication classes used to manage patients who have dyslipidemia.
- Develop strategies for dyslipidemia management.

Amelie Hollier, DNP, FNP-BC, FAAN, Lafayette, LA

12:15 PM – 1:15 PM – Lunch Break
Lunch will be provided to all those that register for both the morning and afternoon learning lab or the all-day LL1606 learning lab. If you only registered for one learning either the morning or afternoon session, lunch is on your own.

1:15 PM – 5:30 PM

LL1607 What’s New in Psychopharmacology? (4 CH & 4 PCH)
Additional fee of $125 for learning lab
This learning lab will provide an overview of current psychopharmacology including neurotransmission, pharmacodynamics, pharmacokinetics and use of psychiatric medication to manage patients with mild to severe mental illness, base line work ups, and monitoring parameters for efficacy and toxicity. This lab will also explore benefits vs. risks, associated lab work and applicability. This information presented will be valuable to nurse practitioners of all specialties including behavioral health.
Rochelle Kepes, NPP-BC, Nyack, NY

Friday, September 30, 2016

7:00 AM – 5:00 PM Registration
7:15 AM – 8:45 AM
Continental Breakfast – coffee, tea, juices, baked goods, fruit, scrambled eggs, roasted potatoes, waffles, sausage

8:00 AM – 8:15 AM
Welcome by NPA President Alisha Fuller, DNP, CBN, FNP-BC

8:15 AM – 9:15 AM
A1608 Keynote: Theresa Brown, BSN, RN
Nurse Practitioners: Extending Care, Not Physicians (1 CH)
Data very well documents the tremendous contributions that nurse practitioners make to quality patient care, and yet, legislatively, and in terms of health care culture, a perception exists that nurse practitioners are not providers in their own rights, but versions of physicians. This perception, of course, is wrong, but the challenge is proving that. This talk—unofficially titled “Ain’t No Mid-Level of Care”—will show you how.

9:30 AM – 10:30 AM

B1609 NPA 2016 Legislative Update
(1 CH)
The NPA Governmental Affairs Team will discuss activities that occurred during the 2016 legislative session. Learn the importance of contributing to The NPA’s Political Action Committee (PAC).
Joy Elwell, DNP, FNP-BC, FAANP, NPA Governmental Affairs Committee Chair, Joshua Oppenheimer and Jane Preston, Albany, NY, Greenberg Traurig, LLP Associates

10:30 AM – 11:15 AM
Grand Opening of the Exhibit Hall – morning break - beverages and light snack

11:15 AM – 12:15 PM
C1610 Osteoporosis: Diagnosis and Management
(1 CH)
This session will provide current, evidence-based and clinically relevant information about osteoporosis diagnosis and management, including aspects of prevention and treatment. The methods used to diagnose osteoporosis, as well as the efficacy and safety of medication will be discussed. The importance of lifestyle factors, including diet and physical activity will be presented. Dr. Nieves will also present strategies and information for nurse practitioners to use when counseling patients concerned about bone health. She will also introduce the New York State Osteoporosis Prevention and Education Program and its available resources.
Jeri W. Nieves, PhD, Glenwood, NJ
C1611 Drug-Drug Interactions: Safe Prescribing and Avoiding Errors to Prevent Malpractice
(1 CH & 1 PCH)
Nurse practitioners are writing more and more prescriptions. Current estimates suggest that nurse practitioners are writing 500 million prescriptions per year. With patients taking numerous medications, both prescription and over the counter, it is imperative that the nurse practitioner have a good handle on commonly occurring drug-drug interactions. This lecture will focus on preventing mistakes and avoiding litigation in the area of prescribing.
Wendy L. Wright, MS, RN, APRN, FNP, FAANP, FAAN, Bedford, NH

C1612 Medical Emergencies in Primary Care
(1 CH & .75 PCH)
This presentation will discuss the patient presenting complaint, symptoms, and physical findings for medical emergencies (chest pain, syncope/near syncope, hypoglycemia, hyperglycemia, headache and hypoxia). The nurse practitioner will learn to formulate the differential diagnosis; treatment options; management strategies; and, correlate the clinical guidelines for practice for presenting medical emergencies.
Patrice Hood, DNP, Deer Park, NY

C1613 The SMAART Heart Failure Patient Education Program
(1 CH & .33 PCH)
This is a heart failure patient education program focusing on the six most important aspects of heart failure self-care. The SMAART Program teaches patient specific topics that include:
- Signs and symptoms of worsening heart failure and when to contact provider.
- Medications for heart failure, purpose, dosing, side effects and medication reconciliation individualizing for the patient.
- Activity emphasis, including cardiac rehab for the heart failure patient.
- Appointment(s) with the primary provider and cardiology follow up within 7 days of discharge, then timely follow ups for monitoring and medication titration purposes.
- Recording daily weights, knowing when to call the provider, daily symptom assessments in less than 3 minutes.
- Tailoring the diet for low sodium, diet counseling also for CAD, diabetes and renal patients.
Shelley Wojtaszczyk, RN, BSN, MS, FNP-C, CHFN, Arcade, NY

C1614 Geriatric Polypharmacy: A Pill for every Ill?
(1 CH & 1 PCH)
This presentation will discuss how to identify if this is a new diagnosis, an unrecognized adverse drug event, atypical presentation of a typical disease or medication related. Develop strategies to prescribe or discontinue medications for elderly patients who are seen in primary care. Apply principles of safe geriatric prescribing when managing elderly patients.
Amelie Hollier, DNP, FNP-BC, FAAN, Lafayette, LA

C1615 Movement Disorders and Deep Brain Stimulation: A Treatment Option for Patients
(1 CH)
People who experience movement disorders may experience loss of function, impaired ADL and decreased quality of life. This presentation will review and discuss several movement disorders, presenting symptoms, diagnosis and treatment options. Deep brain stimulation is an option for patients that have failed or exhausted medical management.
Lesley Johnson, MS, RN, FNP, Ontario, NY

C1616 The Diabetes Journey: The Quest for Cloud Nine
(1 CH & .33 PCH)
Children with diabetes are now benefiting from a vast array of technology that can only be appreciated if we view the relatively short journey from pre-insulin to cloud technology. In less than 100 years, diabetes has gone from a death sentence to a cure that is now in our view finders. This presentation will include a discussion about insulin pumps, continuous glucose sensors, and our progression toward the cure.
Sue Bates, PNP-BC, ADM, Rochester, NY

12:30 PM – 2:00 PM
Product Theater – NON-CE Luncheon Presentation
175 seats available - Lunch will be served
First Come, First Served

D1617 Considerations for Pain Management with OTC Analgesics: An NP Perspective
During this interactive, case-based presentation, a featured speaker will discuss the importance of understanding the impact of pain on patient quality of life and highlight strategies to help nurse practitioners make appropriate over-the-counter analgesic recommendations.
This Product Theater is sponsored by McNeil Consumer Healthcare ©Johnson&Johnson Consumer, Inc. 2016

Or lunch on your own – concessions will be available in the exhibit hall
E1618 Adverse Reactions to Drugs: Dispelling Myths
(1 CH & .58 PCH)
There are many myths perpetuated in medicine regarding adverse reactions to drugs. This presentation will distinguish drug intolerance from a drug allergy, and will review the different types of hypersensitivity reactions to medications. It will then address common drug allergy myths regarding penicillin-based antibiotic allergy, penicillin and cephalosporin across reactivity, IV contrast allergy, available testing for drug allergy, and further drug allergy management strategies, including graded drug challenges and temporary induction of drug tolerance.

Allison Ramsey, MD, Rochester, NY

E1619 Emerging Infectious Diseases 2016: A Discussion of New and Upcoming Infections
(1 CH & 1 PCH)
This session will provide the nurse practitioner with information regarding emerging trends in infectious disease. A look at the management of common viral and bacterial infections including: MRSA, Influenza, Pertussis, Zika Virus, Ebola, Enterovirus, Lyme disease, and Herpes Simplex.

Wendy L. Wright, MS, RN, APRN, FNP, FAANP, FAAN, Bedford, NH

E1620 Let’s Talk about Sex 2016: An Introduction to Counseling and Sex Lubes and Devices
(1 CH)
This discussion will address the current gap in knowledge that causes significant discomfort for patients and clinicians. Thus, women with these disorders are not being assessed and treated properly. Put simply, we are taught the basics without further education in regards to sex toys, different lubricants and instruction for their proper use. Counseling on sex can be uncomfortable based on personal experiences, morals, and lack of knowledge and practice. We will review common lubes and devices and how to use them, so that we can better help our patients about this significant clinical issue. The goal is to adequately prepare clinicians to assess, diagnose, counsel and treat/refer women with these disorders, as well as increase comfort in teaching on sex lubricants and devices. This introduction is a great start.

Kelly W. Battoglia, BSN, MS, OB/GYN NP-BC, Rochester, NY

E1621 Surgical Treatment and Management of Obesity
(1 CH)
Obesity is an epidemic that is costing Americans billions in health care dollars and their lives. According to the Center for Disease 30% of adults in the U.S. are obese and the numbers are rising. Surgical intervention is a proven long-term effective method to help our patients live longer and healthier. We will discuss in detail the surgeries currently used in the treatment of obesity including indications, complications and post-operative management.

Alisha M. Fuller, DNP, FNP-BC, Florida, NY

E1622 Sneezes, Wheezes and Respiratory Diseases: Update on Drugs to Manage Asthma, COPD and Allergic Rhinitis
(1 CH & 1 PCH)
This presentation will evaluate medications and evidence-based guidelines used to treat allergic rhinitis, efficacy of intranasal glucocorticoids, the role of antihistamine sprays and use of combo agents. Review evidence-based guidelines and medications to manage patients with COPD and asthma, role of Beta agonists, anticholinergic meds and immunizations.

Amelie Hollier, DNP, FNP-BC, FAAN, Lafayette, LA

E1623 Cow’s Milk-Related Symptoms and the Pediatric Patient: An Approach to Assessment and Management
(1 CH)
Participants will gain a deeper understanding of cow’s milk-related symptoms in their pediatric patients, with a focus on respiratory, dermatological and digestive manifestations. Cow milk protein allergy, lactose intolerance and other cow’s milk related symptoms, termed “cow milk sensitivity”, will be differentiated. A novel, quick, and inexpensive assessment tool will be introduced: the Cow’s Milk Symptom-Based Score (CoMiSS), an awareness tool for cow’s milk-related symptoms. This CoMiSS may help to assess risk of Cow Milk Protein Allergy (CMPA). The CoMiSS will be applied to clinical scenarios in order to create an effective clinical management plan for children with cow’s milk-related symptoms. The CoMiSS may enhance inter-professional communication, track symptom evolution and support patient compliance with cow milk elimination from the diet.

Dr. Annie Salsberg, ND, Toronto, Canada
E1624 Experiences and Lessons Learned as a Healthcare Provider Working in West Africa during the Ebola Epidemic
(1 CH)
This presentation is a first person narrative of what it was like to work as part of an international team of healthcare workers in an Ebola Treatment Unit during the Ebola Epidemic in West Africa. Topics will include challenges of working in a resource limited country during an infectious disease outbreak, triage and treatment practices, quarantine restrictions of returning healthcare workers and lessons learned from the ground.

Amanda L. Coyle, PhD, RN, FNP-BC, North Chili, NY

3:15 PM – 4:00 PM
Afternoon refreshment break in the exhibit hall – beverages and light snack will be available

4:00 PM – 5:00 PM
F1625 Anaphylaxis in the Community
(1 CH)
This presentation provides a standard definition of anaphylaxis and discusses basic pathophysiology behind this potentially life threatening condition. The presentation also discusses common causes of anaphylaxis in the community and concludes by discussing the timely recognition of anaphylaxis and appropriate treatment with epinephrine.

S. Shahzad Mustafa, MD, FAAAAI, Pittsford, NY

F1626 A Picture’s Worth a Thousand Words: Dermatology Across the Lifespan
(1 CH & .33 PCH)
Nurse practitioners will be able to identify various dermatologic conditions in pediatrics and adults. Discuss those conditions that warrant a referral and develop an appropriate plan for evaluation, treatment and follow-up of individuals with dermatologic complaints.

Wendy L. Wright, MS, RN, APRN, FNP, FAANP, FAAN, Bedford, NH

F1627 Besides the BRCA genes, what else to consider in hereditary breast and ovarian cancer?
(1 CH)
Primary care providers need to be able to identify populations at risk for hereditary cancers and be familiar with newer advanced clinical cancer genetic testing options available for their patients at risk based on their personal and/or family history of cancer. BRCA1 and BRCA2 genetic testing for hereditary breast and ovarian cancer has been available for over twenty years. Now available are next generation sequencing panels, where other high and moderate risk genes, associated with hereditary breast and ovarian cancers, can be evaluated simultaneously at the time of BRCA genetic testing. By identifying the genetic basis of disease, we will be able to personalize cancer care and treat patients with targeted therapies.

Laurie Connors, DNP, APNG, FNP-BC, AGN-BC, Glenwood, NY

F1628 Twenty Four Months – A Lifetime of Experience
(1 CH)
There are many challenges in living and working in a remote culture in a developing country but none are insurmountable. Mary is a retired nurse practitioner with other past experiences providing health care ‘where there are not doctors’ and will discuss some of the many ways that modern medicine and contemporary learning styles can meld to provide a basis for community health teaching and treatment in a relatively primitive and underserved setting – Island Malekula in Vanuatu.

Mary A. Maher, NP, Fairport, NY

F1629 Preoperative Evaluation of the Surgical Patient: It’s not about Clearance, It’s about Optimization
(1 CH)
Medicine today has changed to a risk benefit management. The preoperative evaluations of the past to obtain patient clearance are no longer. Today a preoperative evaluation needs to determine whether a patient is fully optimized for their scheduled procedure, not if they are cleared. This lecture will include:

• A detailed description of the necessary components in a preoperative evaluation including pertinent history, physical examination findings and testing components to include in evaluating patients prior to surgery.

• A description of the current guidelines in perioperative management including the ACC/AHA guidelines for preoperative evaluation, the Goldman revised cardiac risk index and the American Society of Anesthesiologists Physical Status Classification. Case study examples focusing on utilization of the guidelines in clinical practice.

• Introduction to the concept of Perioperative Surgical home and how this will affect future practice. An update on the University of Rochester’s progression toward a Perioperative Surgical home to date.

Renee Robinson, RN, FNP, Leroy, NY
F1630 Where Have All the Male Survivors Gone?
(1 CH)
This presentation outlines the gap in research on male survivors of sexual abuse, specifically in childhood, and the subsequent vilification of males with abuse histories. The paucity of literature on this specific population identifies male survivors as vulnerable and in need of interventions. However, due to multiple factors males regularly do not receive help following sexual abuse. Following, instead of focusing on treatment modalities for male survivors, males are focused on, in the literature as becoming adult perpetrators, sexual deviants, or members of jail/prison populations. The importance of treatment modalities, interventions, and methods for identifying male survivors of abuse are discussed.

Brigitte Gordon, RN, PMHNP-BC, DNP, Garrison, NY

F1631 Sepsis and Septic Shock: An Update for the Primary Care Provider
(1 CH)
Sepsis shock is still a leading cause of death in children and adults in the United States despite the Surviving Sepsis Campaign and significant evidence of the effectiveness of early-goal directed therapy. This presentation will provide up-to-date knowledge and tools for the primary care provider to halt the progression of sepsis to septic shock and death.

Amanda B. Hassinger, MD, MS, Buffalo, NY

5:15 PM – 6:15 PM
Regional Meetings
(1 CH)
Regional meetings provide members an opportunity to hear from your Regional Director and/or NPA leaders. Learn more about the Association and the enhanced regional model. This session also provides members an opportunity to share information and concerns within their geographic area. Non-members are invited to attend a regional meeting to learn more about The Nurse Practitioner Association New York State, our regions and the local groups within each region.

G1632 Region 1 – Southern Tier, Western New York
G1633 Region 2 – Greater Rochester, Finger Lakes, Susquehanna, Tompkins Cortland
G1634 Region 3 – Lake Ontario, Mohawk Valley, Syracuse, Thousand Island
G1635 Region 4 – Adirondack, Capital, Leatherstocking Catskill, Saratoga Warren
G1636 Region 5 – Dutchess Ulster, Greater Newburgh, Lower Hudson Valley
G1637 Region 6 – Brooklyn Queens, Manhattan Bronx, Staten Island
G1638 Region 7 – Long Island

6:15 PM – 7:15 PM
Networking Reception – This is an opportunity to network with your colleagues, reconnect with friends, build new friendships and share a few laughs.
Light hors d’oeuvres will be served. Cash bar available.
7:30 AM – 5:00 PM Registration
7:30 AM – 9:00 AM
Continental Breakfast – coffee, tea, juices, baked goods, fruit, scrambled eggs, roasted potatoes, French toast, bacon

8:00 AM – 9:15 AM
**H1639 NPA Annual Membership Meeting and Awards Presentation**
(1 CH)
Alisha Fuller, DNP, CBN, FNP-BC, President and Stephen Ferrara, DNP, FNP-BC, FAANP, Executive Director for The Nurse Practitioner Association New York State will present on the current state of the association, accomplishments and plans for the future of the association.

You will also hear from candidates running for office for The NPA Board of Directors. In accordance with NPA by-laws, a vote of these candidates if running unopposed on a slate will be taken at the membership meeting.

Presentation of awards will conclude the Annual Membership Meeting.

9:15 AM – 10:15 AM
**I1640 Don’t Become a Case Study: NP Claim Trends, Claim Scenarios and Risk Control Recommendations**
(1 CH)
This program will enable nurse practitioners from New York to understand the nature of malpractice claims, through the exploration of current claims data against New York nurse practitioners contrasted to the experience of nurse practitioners across the country. We will review the nature of claims, injuries and outcomes from both a risk and a fiscal perspective. We will also review claim scenarios as a didactic tool with a focus on risk management.

*Michael Loughran, President, Aon Affinity Insurance Services, Health Care Division, Nurses Service Organization*

10:15 AM – 11:00 AM
Morning refreshment break in the Exhibit Hall – beverages and light snack

11:00 AM – 12:00 PM
**J1641 Pregnancy and Epilepsy**
(1 CH & .33 PCH)
It is estimated that one in twenty-six people will develop epilepsy at some point in their life. Treating women with epilepsy is very different than treating men who have epilepsy. Women with epilepsy have increased risks concerning pregnancy and the health of their child. Come and learn about the various anti-epilepsy medications and how they impact pregnancy and congenital malformations. Learn about crucial points regarding the management of all women with epilepsy during child bearing years.

*Patricia Rogers, RN, NP, Rochester, NY*

**J1642 Acute Coronary Syndrome: Are we getting it right?**
(1 CH)
The term “acute coronary syndrome” (ACS) refers to the spectrum of disorders that include the very closely related disorders of unstable angina (UA) and non-ST segment elevation acute myocardial infarction (NSTEMI) and ST segment elevation acute MI.

Current guidelines for patients with moderate or high-risk acute coronary syndromes recommend an early invasive approach with concomitant antithrombotic therapy, including aspirin, clopidogrel, unfractionated or low-molecular-weight heparin, and glycoprotein IIb/IIIa inhibitors.

Morbidity and mortality rates among patients with ACS remain high, and it is difficult to determine which patients will progress satisfactorily and which patients will have poor outcomes. Research has indicated that the inflammatory process is involved in coronary disease. There is great interest within the research community in determining if inflammatory markers could be used to determine the severity of the disease process and therefore serve as a prognostic tool for clinicians.

*Kayur V. Patel, MD, MRO, FACP, FACPE, FACHE, FACEP, Terre Haute, IN*

**J1643 The Latest in Treating Anxiety and Depression in Primary Care**
(1 CH & .91 PCH)
Depression and anxiety are frequently encountered in a primary care setting. Treatment often combines both non-pharmacologic and pharmacologic therapies. It is often difficult to decide between the various agents currently on the market. An experienced nurse practitioner will provide a review of the latest in treatment options for the patient with depression and anxiety and will make recommendations based upon patient presentation.

*Wendy L. Wright, MS, RN, APRN, FNP, FAANP, FAAN, Bedford, NH*
J1644 “Dirty Little Scoundrels” Identifying and Managing Tick-Borne Illnesses
(1 CH & .25 PCH)
This presentation will describe vector transmission for tick-borne disease transmission; identify common tick-borne illnesses; the pathophysiology; signs and symptoms; diagnostic tests; treatment modalities; complications associated with chronic Lyme disease; impact of new emerging tick-borne illnesses; and strategies to prevent transmission and exposure to ticks.
Anna-Marie Wellins, DNP, M.Ed, ANP-C, CEN, Watermill, NY

J1645 Pediatric ENT for the Primary Care Provider
(1 CH & .25 PCH)
This presentation will give an overview of the most common ENT issues encountered in primary care, including adenotonsillar hypertrophy, pediatric obstructive sleep apnea, chronic tonsillitis, recurrent AOM, and stridor. We will discuss both medical management and surgical treatment of the above disorders.
Tracy Wright, RN, MS, FNP, Spencerport, NY

J1646 Psychosocial Considerations in Caring for our Military
(1 CH & .16 PCH)
Advanced practice nurses are delivering care to our military members, to their children, their partners and their parents. This presentation will focus on updating advanced practice nurses about the top concerns in military health and will provide a better understanding to the complexity of the issues about traumatic brain injury, substance abuse, military sexual trauma and PTSD.
Jean M. Van Kingsley, MS, FNP-BC, PMHNP-S, Sidney, NY

J1647 Vital Medical, Legal and Ethical Issues in Nursing
(1 CH)
In the 21st century it is vital that LPN’s, RN’s and nurse practitioners learn how current and future healthcare trends will impact medical, legal and ethical issues in nursing and ways to be proactive, protect your license, influence quality of care and reduce risk for patients.
Alexandra Schneider, PhD, PsyD, RN, FNP, LNCC, NY-SAFE, Lima, NY

12:15 PM – 1:45 PM
Luncheon Presentation
(1 CH) Additional fee of $30 for lunch

K1648 Special Needs Planning 101: What Your Patients’ Caregivers Need to Know
Persons with disabilities have special needs that can create a unique set of challenges for those who care for them. We will focus on issues that should be considered by your patients with special needs’ parents and caregivers and their families in planning for the present and future care and needs of these special people. The presentation will include: an overview of life care planning; preparation of documents necessary to enable another caregiver to take over the care of the special person should the primary caregiver be unable to do so; some of the governmental benefits available to persons with special needs, such as Medicaid and Supplemental Security Income; and use of special needs trusts and other accounts to provide money for those needs not otherwise covered by governmental benefits.
Robert L. Pitkofsky, Esq., White Plains, NY

Or lunch on your own
2:00 PM – 3:00 PM
L1649 Complex Comorbidities: Understanding the Neurobiology of Substance Use and Psychiatric Disorders in Women
(1 CH)
Women have unique mental health needs including differences in the prevalence and expression of mental health disorders, treatment responses, as well as the influence of social and cultural factors. This educational program will focus on the neurobiology of co-occurring psychiatric and substance use disorders in women including how normal versus impaired brain structure and function contribute to thought and behavior changes, and how co-occurring disorders can complicate the diagnostic and clinical picture.
Kathleen Vertino, DNP, PMHNP-BC, CARN-AP, Buffalo, NY

L1650 Risk Management in an Office Setting: Who are we sending home?
(1 CH)
The threat of litigation following a misdiagnosis or improper treatment presents a challenge to healthcare providers. Subtle mistakes can lead to poor patient outcomes. According to a 2009 study in the Journal of the American Medical Association, diagnostic errors were the number 1 reason for adverse events that resulted in malpractice payouts in outpatient settings. Avoid costly and time consuming litigation by anticipating such situations and appropriately managing the medical needs of the patient.
Topics included in this presentation will be:
• Patient present with a headache – misdiagnosis of an acute bleed
• Abdominal pain in an office setting – missed appendicitis
• Patient comes with back pain – missed abscess
Kayur V. Patel, MD, MRO, FACP, FACPE, FACHE, FACEP, Terre Haute, IN
L1651 Contraception Update 2016: The CDC MEC Criteria and New Research
(1 CH & .75 PCH)
Describe trends and contraceptive challenges facing clinicians and patients. Explain the new CDC medical eligibility criteria for prescribing various contraceptive methods and medical conditions. Discuss new contraceptive research regarding efficacy, risks, and benefits as this pertains to prescribing.
R. Mimi Secor, DNP, FNP-BC, NCMP, FAANP, Onset, MA

L1652 Childhood Obesity: A Growing Problem
(1 CH)
This presentation will provide background on the prevalence and risk factors associated with childhood obesity, effective prevention strategies, and position statements by professional organizations. The role of the nurse practitioner in identifying and managing childhood obesity will be discussed.
Kathleen Mariano, DNS, RN, CPNP, Williamsville, NY

L1653 When to think Zebras: Commonly Misdiagnosed Conditions of the Elderly
(1 CH)
Most providers are taught to look for the most likely causes of patients’ common complaints, following the old diagnostic rubric, “when you hear hoof beats, think horses not zebras”. However, in the geriatric population there are cases when hoof beats may in fact indicate a zebra. Certain metabolic conditions or underlying infections in the elderly may be indicated by symptoms often associated with more common conditions.
This presentation will review several common conditions found in elderly patients that are frequently misdiagnosed and/or undertreated and may lead to worsening debility, hospitalization or death. Some of the conditions discussed include pneumonia, congestive heart failure, abdominal pain and electrolyte imbalance.
Attend this presentation if you are interested in preventing or reducing the impact of these conditions in your geriatric population. The presentation will include information on history and physical exam, diagnostic testing and treatment. Video clips and case studies will be used to emphasize key points.
Siobhan Sundel, DNP, GNP-BC, ANP, New York, NY

L1654 Negotiating Nurse Practitioner Employment Agreements
(1 CH)
This presentation will help nurse practitioners negotiate their employment agreements. It will discuss the practical meanings of certain clauses, focus attention on provisions that are often ripe for negotiations, lay out options for different points and teach nurse practitioners how to negotiate those items. You will learn the meanings behind certain clauses, understand the options available other than what is provided for in the initial draft of the agreement, explore those options and the possible consequences of each one and learn negotiating techniques.
Glen P. Prives, Esq., Morristown, NJ

L1655 Retraining the Brain: Evaluation and Management of Cognitive Dysfunction in Cancer Survivors
(1 CH)
This presentation will increase awareness of the incidence of cognitive deficits in cancer survivors, the impact on daily function and quality of life, review the multifactorial etiology of symptoms, and allow the primary care provider to make recommendations for pharmacologic and non-pharmacologic measures, or decide when to refer for further evaluation.
Kathleen Mogensen, RN, MSN, ANP-BC, Buffalo, NY

3:15 PM – 4:15 PM

M1656 LARC: IUDs are Like a Smart Phone for your Uterus: Update 2016
(1 CH)
This presentation will address myths that are still popular amongst us health care providers and certainly our patients. I will correct this misinformation and explain why the IUDs of today are not the IUDs of our mothers’ time. We will discuss the true mechanisms of action, effectiveness, contraindications, counseling of patients, insertion and removal procedures, as well as proper follow up care. My goal is that all clinicians feel comfortable discussing these products. Also discussed will be the other uses for IUDs that we providers are currently employing in every day practice and address suggested training and where to find opportunities for being trained or training each other.
Kelly W. Battoglia, BSN, MS, OB/GYN, NP-BC, Rochester, NY

M1657 Adventures in Geriatric Psychiatry: Common Predicaments, Reasonable Solutions and Visions of the Future
(1 CH & .50 PCH)
Geriatric psychiatry is a vast landscape of clinical conundrums, limited treatment options, and (often) unrealistic expectations that are shaped by disease, family pressures, facility policies and regulatory mandates. Unlike treating younger populations, The nurse practitioner faced with dementia-related behaviors, depression, and cognitive decline often finds him or herself having to make prescribing decisions on the basis of a complex myriad of factors eclipsing the clinical needs of the patient.
In this multimedia presentation, the best practices and evidence-based approaches to treating cognitive decline, depression, psychoses, mood disturbances, disruptive behaviors, and sleep and appetite disturbances in the elderly will be explored with an emphasis on safety and efficacy in the context of regulatory oversight. Non-pharmacological approaches to common problems such as agitation and “sundowning” will be explored, as well as strategies for helping family members deal with their issues with aging relatives. Finally, a peek into the “Nursing Home of the Future” will be presented as a springboard of innovative practices for those working in creative environments or nurse practitioners with an entrepreneurial spirit.

David Horvath, PhD, PMHNP-BC, Long Beach, NY

**M1658 Chronic Hepatitis C: An Update**

(1 CH & .50 PCH)

Approximately 3% of the world’s population is chronically infected with the hepatitis C virus. It is the leading indication for liver transplantation in the U.S., and morbidity and cost to the healthcare system are expected to increase in the coming years. Up to 75% of individuals with chronic hepatitis C are unaware they are infected. Individuals born between 1945 and 1965, 25% of the US population, are disproportionately affected, with four times the prevalence of the general population and accounting for 75% of infected individuals. Treatment for chronic hepatitis C is highly efficacious and, though expensive, is cost effective. Large numbers of individuals with chronic hepatitis C have co-morbid conditions such as hypertension, diabetes, and mental illness that have the potential to complicate treatment. The goal of treatment is avoidance of long-term complications that can lead to end stage liver disease which has become increasingly prevalent as the populations ages.

In this session, the epidemiology and natural history of chronic hepatitis C will be reviewed, and the evaluation and treatment of patients will be described, with an emphasis on concurrent primary care and co-management in order to maximize outcomes.

Donald Gardenier, DNP, FNP-BC, FAANP, FAAN, La Quinta, CA

**M1659 Sleep and Obesity in Children and Adolescents**

(1 CH)

Obstructive sleep apnea, insufficient sleep and obesity are common chronic health problems for children and teens. The resulting daytime impairments of sleepiness, poor concentration, as well as the potential metabolic and cardiovascular consequences, pose a real threat to the health and safety of our youth. This presentation will examine current research that links these problems and explains the bi-directional relationship that often exist.

Karen Chalanick, PNP-BC, Rochester, NY

**M1660 A Pain in the Butt: Diagnosis and Management of Common Anorectal Disorders**

(1 CH)

Anorectal disorders are commonly seen in primary care and affect the majority of people at some point during their lifetime. This presentation will review anorectal anatomy and discuss pathophysiology, physical findings as well as surgical and non-surgical treatment of hemorrhoids, fissures, fistulas and abscess.

Kim Meacham, MSN, FNP-C, CWON, Hornell, NY

**M1661 Evaluation and Management of Movement Disorders for the Non-neuro Specialist**

(1 CH & .50 PCH)

This presentation will provide an update on treatment approaches to the diagnosis and management of movement disorders. Medical and surgical therapies for Parkinson’s disease, Essential Tremor and Dystonia will be discussed.

Joan Miravite, MSN, BSN, FNP-BC, New York, NY

**M1662 Zika and Dengue and Chikungunya – On My!**

(1 CH)

A review of the similarities and differences between the 3 arboviral infections becoming more frequent in the Americas, with an update on what we know or don’t know yet about Zika infection in pregnant women and their children.

Geoffrey Weinberg, MD, Rochester, NY

4:30 PM – 5:30 PM

**N1663 Keynote: R. Mimi Secor, DNP, FNP-BC, NCMP, FAANP**

**Stress Proofing Your Life: The Extreme Self-Care Solution**

(1 CH)

Are you stressed out? Do you wish you were able to cope with stress more effectively? During this interactive session explore the causes and symptoms of burnout and learn about the negative effects of stress. Define the innovative concept of “extreme self-care” and how to practice and hone this concept into a daily habit. Describe strategies for life-long prevention of deleterious stress effects and burnout. Learn how to walk your talk even and especially in the face of extreme stress.

Karen Chalanick, PNP-BC, Rochester, NY
8:00 AM – 12:00 PM Registration

8:00 AM – 9:30 AM
Continental Breakfast – coffee, tea, juices, baked goods, fruit, scrambled eggs, roasted potatoes, waffles, breakfast ham

8:30 AM – 9:30 AM

01664 Chronic Recurrent Vullovaginitis: What really works?
(1 CH & 1 PCH)
This presentation will discuss new 2015 CDC recommended vaginitis treatments focusing on minimizing chronic recurrent infections. Explain benefits and risks of various treatment options regarding prevention of chronic vaginitis. Describe treatment challenges involving recurrent infections and prevention of infections.

R. Mimi Secor, DNP, FNP-BC, NCMP, FAANP, Onset, MA

01665 The Healing Powers of Music: Incorporating Sound Choices into your Clinical Practice
(1 CH)
Music has been heralded as having therapeutic properties for centuries. The combination of melody, harmony, and rhythm has been demonstrated to boost the immune system, reduce stress and anxiety, decrease pain, and improve mother-infant bonding, benefit patients with cardiac disease, Alzheimer’s dementia, Autism, depression, mood disorders, schizophrenia and neurological diseases. In fact, the clinical application of music has even been implicated in coma arousal.

Though commonly thought of as an entertainment medium, skillfully chosen musical selections can be used by nurse practitioners therapeutically for a variety of common medical and psychiatric issues. In this multimedia presentation, you will learn about the unique ways in which humans respond to music and the transformative powers inherent in musical forms. Using data from evidence–based research and selected case studies from a variety of medical specialties, we will discuss potential applications of music in your practice as well as methods of implementation.

David Horvath, PhD, PMHNP-BC, Long Beach, NY

01666 Drug Induced Liver Injury
(1 CH & .75 PCH)
Drug induced liver injury is the leading cause of acute liver failure in the United States. Up to 3% of hospital admissions in the United States are attributable to drug induced liver injury, accounting for 15% of transplants in cases of acute liver injury. Some cases of drug induced liver injury can be relatively easy to predict, particularly when a known hepatotoxic agent has been reported. Others are more difficult to diagnose and in these cases delays in treatment can be critical in outcomes. Widespread and increasing use of herbal supplements as well as complementary and alternative medicines have also been linked to drug induced liver injury. Primary care providers can play a critical role in preventing drug induced liver injury or making sure that intervention comes earlier by knowing their patient’s histories and focusing patient education toward prevention.

In this session, we will use a case based approach to better understand the causes and sequela of drug induced liver injury and learn how to intervene to help improve outcomes.

Donald Gardenier, DNP, FNP-BC, FAANP, FAAN, La Quinta, CA
01667 The Tsunami of Psychiatric Mental Health Care in the Primary and Family Health Care Settings: How to Weather the Storm (1 CH)
The Mental Health Parity Act (2008) and the Affordable Care Act (2012) has enabled millions of NYS resident’s access to generalized health care including mental health. These two policies have created a critical tsunami of a population entering the health care system with mental health needs. This wave has flooded primary and family health care settings. Given the shortage of psychiatric nurse practitioners (NPPs) and access to NPPs, psychiatric disorders are often treated in primary care offices with primary care nurse practitioners being the first and continued point of care contact for initial assessment and ongoing treatment when patients suffer from complex psychosocial stressors and mental health disorders. These patients present with urgency of need for treatment to maintain their occupational and social functioning while struggling to cope with their immediacy of their symptoms. Soon, the patient is taking a variety of medications and polypharmacy has emerged and in some cases without symptom amelioration. Additionally, referrals to psychiatric services are often met with several barriers to expert treatment including: 1) lengthy delays for initial psychiatric evaluations or consultations; 2) insurance companies’ policies restricting NPP practice, or 3) knowledge deficit of referral resources. Ultimately, these barriers block specialized treatment and return the patient with psychiatric treatment needs to the primary care nurse practitioner. Although the IOM Future of Nursing Report (2010) promotes inter professional collaboration, intra professional collaboration continues to be a struggle with the shortage of NPPs in underserved areas reaching a crisis level.

This presentation will review pertinent case studies to illustrate best practices for common psychiatric disorders that might present involving assessment and psychopharmacology. Further, the presentation will discuss useful screening tools and other resources for enhanced practice.

Joanne Bartlett, RN, MS, PMHNP-BC, Rochester, NY and Grace Wlasowicz, RN, PhD, PMHNP-BC, Rochester, NY

01668 Diverticular Disease: What Every Nurse Practitioner Should Know (1 CH)
This presentation will discuss the pathophysiology and prevention strategies for diverticular disease. The classifications of diverticular disease will be presented as well as traditional and current theories of management will be discussed.

Lenore Lamanna, EdD., RN, ANP-C, Smithtown, NY

01669 Use of Mechanical Prophylaxis for VTE and The Role of the Nurse Practitioner Consult Team (1 CH)
There is a recognized problem with compliance for venous thromboembolism prophylaxis, especially with mechanical prophylaxis. Accuracy of assessment and compliance with proper use of sequential compression devices before and after implementation of interventions to increase compliance will be identified. Barriers to compliance will be examined, and strategies for improvement will be proposed. In addition, comparison of the NP/PA and MD perspectives and roles on VTE assessment and compliance will be reviewed.

Kristan Probeck, ANP-C, Rocky Point, NY

01670 Pediatric Orthopaedic Basics for the Primary Care Nurse Practitioner (1 CH)
This presentation will review common pediatric orthopaedic complaints that a nurse practitioner in primary care or a school setting may encounter, including injuries, fractures, scoliosis, hip pain, knee pain, and more.

Suzanne Hilt, RN, MS, CPNP, Rochester, NY

9:45 AM – 10:45 AM

P1671 The Pathophysiology of Diabetes: Beyond Insulin and Glucagon (1 CH)
According the American Diabetes Association, Diabetes Mellitus affects nearly 29.1 million Americans (Centers for Disease Control and Prevention, 2014). In order to effectively treat diabetes, it is important to understand the pathophysiology that underlies this disease.

This session will explore normal pancreatic function and normal carbohydrate metabolism, as well as hormones that affect carbohydrate metabolism. The discussion will then move to review of the altered carbohydrate metabolism in diabetes mellitus. The types of diabetes (type 1A, type 1B, type 2, MODY, LADA, and gestational diabetes) will also be reviewed. The fundamental defects associated with diabetes mellitus will be discussed in the context of both comorbidities and the effect on treatment decisions.

Karol Rejman, PhD, FNP-C, Aurora, NY

P1672 The Biology and Management of Lymphedema in the Breast Cancer Survivor (1 CH)
Lymphedema is a significant cause of decreased function and quality of life in many breast cancer survivors. This presentation will discuss the causes of lymphedema along with the provider’s role in prevention, early detection and treatment referral. Stages of lymphedema and appropriate interventions by a multidisciplinary team will be reviewed.

Shirley Mandeville, FNP-BC, BSN, MSN, Leicester, NY
P1673 My Tummy Hurts: Sorting out Pediatric Abdominal Pain
(1 CH & .25 PCH)
This presentation will review and discuss the common causes of pediatric abdominal pain, a common chief complaint in pediatric primary care. Attendees will be provided with details regarding assessment, diagnosis and treatment of the various common causes of abdominal pain.
Sophia Thomas, MN, APRN, FNP-BC, PPNP-BC, FNAP, FAANP, Metairie, LA

P1674 Hit Me with Your Best Shot: All You Need to Know about Herpes Zoster (Shingles) and the Herpes Zoster Vaccine
(1 CH & 1 PCH)
Despite the efficacy in reducing the burden of disease, its low side effect profile and cost-effectiveness, the utilization of the Herpes Zoster (Shingles) Vaccine rate remains low at approximately 24% nationwide. Strong provider recommendation for vaccination is the single best predictor of patient acceptance; therefore, identification of barriers is fundamental to the understanding of why providers are not complying with the CDC recommendations for the utilization of the Shingles vaccine.

This presentation will discuss the pathogenesis of the Herpes Zoster, the safety and efficacy of the HSV and barriers to its utilization. Open discussion about implementation strategies for practices to increase the utilization of vaccine.
Margaret O'Donnell, ANP, FNP, Baldwin, NY

P1675 A Practitioners Guide to Prevention of Geriatric Suicide
(1 CH & .16 PCH)
Geriatric suicide is continuing to rise and as the older population increases, so will the rate of suicide. The United States has the largest number of suicides within the elderly population. It is estimated that every hour and a half a geriatric individual will commit suicide, (CDC 2010). Nurse practitioners and other primary care providers are in ideal positions to be able to screen for at-risk individuals in the elder populations. Some primary care providers may not feel competent in screening for suicide (Graham, Rudd & Bryan, 2011 & Bostwick & Rackley, 2012). The primary care provider should be able to collaborate with mental health professionals to facilitate counseling, medication and other supportive services to reduce suicide risk and incidence. If primary care providers learn more about risk factors, assessment areas to explore and ways to improve treatment the incidence of suicidal behaviors will have better statistical odds of decreasing.
B. Suzy Diggle-Fox, PhD, GNP, ANP-BC, West Gilgo Beach, NY

P1676 Pharmacology Update: Transitions of Care and Medication Safety
(1 CH)
Insuring accuracy and continuity of pharmacotherapy during transition of an individual’s care from one healthcare environment to another is an ongoing challenge for the inter-professional health care team. This presentation includes identifying existing standards, strategies and models used to promote medication safety across health care settings. Clinical examples that illustrate how medication safety principles are implemented in a case presentation format.
Justin Warywold, DNP, APRN, ANP-C, ACNP-BC, Patchogue, NY and Patricia Moran, DNP, APRN, ANP-C, West Babylon, NY

Q1677 Workplace Implications of Marijuana use in the United States
(1 CH & 1 PCH)
This presentation will inform healthcare professionals about the changing landscape of marijuana use in the United States, the potential implications and impact on the workplace and provoke discussion regarding this rapidly evolving and important social and healthcare topic. We will review the changing state laws, current federal law and enforcement posture, including ”medical marijuana”. We will explore the workplace impact and economics from opposing viewpoints and close with strategies for health care providers and employers to support a safe workplace.
Robert McClurg, MS, APRN, FNP-BC, Perry, NY

Q1678 Nurse Practitioners can Effectively Deliver Pain Coping Skills to Patients in the Community Practice Setting
(1 CH)
Chronic pain and the opioid epidemic are two public health crises facing the nation. Strategies such as pain coping skills training (PCST) offer an adjuvant treatment option to opioid analgesia and has demonstrated efficacy for patients with osteoarthritis (OA). Access to PCST is limited. This session will describe results from a multisite study demonstrating that nurse practitioners can effectively deliver PCST to OA patients embedded within a community practice. Training in this skill has the potential to increase access to this self-management strategy and has implications to increase the reach to other chronic conditions.
Patricia Bruckenthal, PhD, APRN-BC, ANP, FAAN, Stony Brook, NY
Q1679 Genital Herpes: Update on Diagnosis and Management
(1 CH & .25 PCH)
This presentation will provide an overview of herpes epidemiology, presentation and natural history, including type 1 genital herpes. The talk will cover diagnostic testing for symptomatic patients and screening for asymptomatic individuals with type specific serology. Pharmacological management and counseling messages will also be addressed.
Leia Raphaelidis, BS, MS, FNP-BC, Ithaca, NY

Q1680 Pediatric Elimination Disorders
(1 CH & .16 PCH)
The American Psychiatric Association recognizes two elimination disorders: Enuresis and Encopresis. This presentation will provide an overview of these disorders as well as define and differentiate the classifications of these disorders. The DSM and ICD-10 diagnostic criteria for these disorders will be presented, as well as a comprehensive discussion regarding pharmacological as well as nonpharmacological treatments.
Sophia Thomas, MN, APRN, FNP-BC, PPNP-BC, FNAP, FAANP, Metairie, LA

Q1681 Physician Assisted Death: Murder or Mercy, A Clash of Values
(1 CH)
Physician assisted death (PAD) continues to be debated in New York State. It is thought that this debate will be brought to the political and social forefront in the next few years. The very term PAD sparks strong emotions amongst professionals and lay people. Those providers who work with people with advanced illnesses struggle with when enough is enough; when advanced disease targeted treatment is prolonging and/or contributing to a persons’ suffering. This presentation will define PAD highlighting the Oregon experience to date. Providers of many disciplines can struggle with how to proceed in honoring an individual who is suffering, to do no harm.
The presenters will present the arguments for and against PAD as it exists today. The concept of suffering will be discussed as well as a providers’ role in alleviating that suffering. What causes a patient to seek PAD; can someone with an underlying depression related to their disease have the ability to end their lives? What must the provider consider in determining how to have the discussion once a patient raises the issue? What is current New York State law and should the law dictate the providers’ ability to relieve a patients’ suffering?
By the end of the discussion, the presenters hope that attendees will come away with a clearer, more fundamental understanding of the concerns people express when dealing with the suffering of their life limiting illness. Using a pro-con format the arguments for and against will be presented as well as steps to consider when your patient is asking for consideration of PAD.
Marcia Buckley, RN, MS, OCNS, ACNP, ACHPN, Fairport, NY and Susan Casler, MS, FNP-BC, ACHPN, Fultonville, NY

Q1682 If You Don’t Ask, They Won’t Tell: Obtaining an Accurate and Meaningful Sexual History
(1 CH)
Obtaining an accurate, yet meaningful sexual history may be difficult initially, but learning the tools of the trade will make this uncomfortable interrogation into a relaxed, meaningful interview. These strategies will be discussed and explored through an interactive, unfolding case study.
Justin Warywold, DNP, APRN, ANP-C, ACNP-BC, Patchogue, NY and Kelly Walker, DNP, CNM, Port Jefferson, NY

Q1683 Genomic Screening and Direct-to-Consumer Testing: Recognizing and Managing the Evolving Challenges in Clinical Practices
(1 CH & .25 PCH)
Genomic testing and screening of multiple genes/panels is becoming integral to mainstream healthcare. Testing extends beyond BRCA and breast cancer genes to other common diseases and risks, e.g., colon cancer, diabetes, cardiovascular, drug-related. In addition, the FDA re-established individual authority for Direct-to-Consumer (DTC) genome testing with results (2015), previously done by over one million people for carrier status, potential familial risk and clinical utility, e.g., “35+” (23andMe, 2016).
What is expected of healthcare providers? What criteria should be used to identify and advise candidates for genomic screening? What laboratories are best? What are payer policies and coverage? What guidelines and resources exist? Does DTC self-pay genome testing have value? What genomic information has clinical utility, priority, and/or warrants discussion or re-testing? How do practitioners provide informed consent and interpret results on multiple, rare or variant genes? Genomic screening for everyone is inevitable, vis-à-vis its inclusion in newborn screening with recognized clinical, future and personal value. In this era of cost-conscious, personalized, predictive and precision healthcare, it is critical that primary care and specialty practitioners understand evolving genomic standards, have knowledge and resources for responsible integration, and recognize ethical, legal and professional issues while collaborating with and respecting individual health values and goals.
Carolyn Farrell, PhD, MS, WHNP-BC, CGC (ABMG), Williamsville, NY
The Nurse Practitioner Association New York State

Name _________________________________________________________________________________________________

Credentials _____________________________________________________________________________________________

Email Address ___________________________________________________________________________________________

Home Address _________________________________________City, State, Zip _____________________________________

Home Phone ________________________________________Cell Phone ___________________________________________

Employer _______________________________________________________________________________________________

Work Address _________________________________________City, State, Zip _____________________________________

Work Phone ____________________________________________________________________________________________

NYS Certification Specialty _________________________________________________________________________________

Area (s) of Practice _______________________________________________________________________________________

Gender   Female  Male Date of Birth_________/__________/__________

Referred by: _____________________________________________________________________________________________

The Nurse Practitioner Association New York State

New & Renewing Member Application

Membership and Dues
(Please select the appropriate box)

[ ] Regular NP – Holds or is eligible for
New York State NP certification (license)
[ ] 1 Year Membership $185
[ ] 2 Year Membership $330 (Save $40)
[ ] Student – Enrolled in NP program and not yet eligible for
NYS NP certification (license)
[ ] 1 Year Membership $70

Expected graduation date:_________________

[ ] Retired – No longer practicing and gainfully employed
[ ] 1 Year Membership $70

Payment Method:

Credit Card:
[ ] American Express  [ ] Discover
[ ] MasterCard  [ ] Visa

Check or Money Order Enclosed (payable to: The NPA)

Cardholder's name and address if different from member information above

Cardholder's Name ________________________________
Street Address ____________________________________
City ___________________________ State ____________
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Exp. Date ________________________________________
CVV Code _______________________________________
Signature _______________________________________

*Pursuant to Federal Law, we are required to inform you that 13.2% of your dues may be used for lobbying and related expenses, which are not tax deductible.
Registration Information
By submitting this registration form, I agree that The NPA, the Conference and Event Center Niagara Falls and any of their officers, staff members, agents or employees are not responsible for and are released from all liability as to any injury, loss, illness or damage that may occur to me as a result of my participation in The NPA’s 32nd Annual Conference. I give this acknowledgement freely and knowingly and that I am, as a result, able to participate in The NPA’s 32nd Annual Conference and I do hereby assume responsibility for my own well-being. I also agree not to allow any other individual to participate in my place.

Name ________________________________________________
Credentials ___________________________________________
Email ________________________________________________
Home Address _________________________________________
City _________________________________________________
State __________________________________Zip ___________
Phone _______________________________________________

Would You Be Willing To Volunteer?
To introduce a speaker □ Yes □ No
Assist at The NPA Registration Desk □ Yes □ No
(please note: times scheduled for registration desk may conflict with sessions)
Assist at The NPA Store table □ Yes □ No

Payment Method
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City _________________________State __________Zip ___________
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Exp. Date: ______________________CVV Code: __________
Signature ___________________________________________________

Registration Fees
Pre-Conference Learning Lab Fees
Wednesday – 9/28/16
8:00 am – 12:15 pm LL1601 or LL1602 $125 $________
1:15 pm – 5:30 pm LL1603 or LL1604 $125 $_____

Thursday – 9/29/16
8:00 am – 12:15 pm LL1605 $125 $_____
8:00 am – 5:30 pm LL1606 $250 $_____
1:15 pm – 5:30 pm LL1607 $125 $_____

Conference Registration Fees
NPA Member Rate
Postmarked Postmarked
before after
Sept. 11, 2016 Sept. 11, 2016
3 Day Conference (Fri., Sat., Sun.) $425 $475 $_____
2 Day (Fri. & Sat.) $375 $425 $_____
1 1/2 Day (Sat. & Sun. ONLY) $325 $375 $_____
1 Day (Fri. or Sat.) $275 $325 $_____

Non-Member Rate*
Postmarked Postmarked
before after
Sept. 11, 2016 Sept. 11, 2016
3 Day Conference (Fri., Sat., Sun.) $550 $600 $_____
2 Day (Fri. & Sat.) $500 $550 $_____
1 1/2 Day (Sat. & Sun. ONLY) $450 $500 $_____
1 Day (Fri. or Sat.) $400 $450 $_____
*Non-members are invited to join now and attend at member rates.

NPA Student Member Transition Rate $275 $_____
Only applicable to those who are currently NPA Student Transition Members

Student Rate
NPA Student Member Rate (conference only) $185 $_____
Join/Renew as a Student Member & attend conference $255 $_____

NPA Retired Member Rate
Retired NPA Member $245 $_____

Luncheon Rate
Saturday Luncheon $30 $_____

Join or Renew as a NPA Member
Regular One Year Membership $185 $_____
Regular Two Year Membership $330 $_____
Retired One Year Membership $ 70 $_____

Total Learning Labs (Wed and/or Thurs) $_____
Total Conference Registration Fees + $_____
Total Luncheon Fee + $_____
Total Membership Dues + $_____
Grand Total (all) = $_____

Important: Please fill out Conference Registration Form on Page 24
Please circle **YES or NO** where indicated and for those sessions that have multiple choices, please circle only one selection for the session you wish to attend within that time frame.

You will not be registered for any sessions that are not circled.

### Wednesday, September 28, 2016

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### Thursday, September 29, 2016

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<td>9:30 AM – 10:30 AM</td>
<td>B1609</td>
<td>NPA 2016 Legislative Update</td>
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<td>11:15 AM – 12:15 PM</td>
<td>C1610</td>
<td>C1611 C1612 C1613 C1614 C1615 C1616</td>
</tr>
<tr>
<td>12:30 PM – 2:00 PM</td>
<td>D1617</td>
<td>Product Theater Lunch: Choosing the Appropriate OTC Analgesic</td>
</tr>
<tr>
<td>2:15 PM – 3:15 PM</td>
<td>E1618</td>
<td>E1619 E1620 E1621 E1622 E1623 E1624</td>
</tr>
<tr>
<td>4:00 PM – 5:00 PM</td>
<td>F1625</td>
<td>F1626 F1627 F1628 F1629 F1630 F1631</td>
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<tr>
<td>5:15 PM – 6:15 PM</td>
<td>G1632</td>
<td>G1633 G1634 G1635 G1636 G1637 G1638</td>
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### Saturday, October 1, 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Sessions</th>
<th>Code</th>
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<tbody>
<tr>
<td>8:00 AM – 9:15 AM</td>
<td>H1639</td>
<td>Annual Membership Meeting</td>
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<tr>
<td>9:15 AM – 10:15 AM</td>
<td>I1640</td>
<td>Don’t Become a Case Study</td>
</tr>
<tr>
<td>11:00 AM – 12:00 PM</td>
<td>J1641</td>
<td>J1642 J1643 J1644 J1645 J1646 J1647</td>
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<tr>
<td>12:15 PM – 1:45 PM</td>
<td>K1648</td>
<td>Special Needs Planning 101</td>
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<td>2:00 PM – 3:00 PM</td>
<td>L1649</td>
<td>L1650 L1651 L1652 L1653 L1654 L1655</td>
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<tr>
<td>3:15 PM – 4:15 PM</td>
<td>M1656</td>
<td>M1657 M1658 M1659 M1660 M1661 M1662</td>
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<tr>
<td>4:30 PM – 5:30 PM</td>
<td>N1663</td>
<td>Keynote R. Mimi Secor, DNP, FNP-BC, NCMP, FAANP Stress Proofing Your Life</td>
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### Sunday, October 2, 2016

<table>
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<tr>
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<tr>
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<td>O1664</td>
<td>O1665 O1666 O1667 O1668 O1669 O1670</td>
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<tr>
<td>9:45 AM – 10:45 AM</td>
<td>P1671</td>
<td>P1672 P1673 P1674 P1675 P1676</td>
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<tr>
<td>11:00 AM – 12:00 PM</td>
<td>Q1677</td>
<td>Q1678 Q1679 Q1680 Q1681 Q1682 Q1683</td>
</tr>
</tbody>
</table>
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