

I am a graduate of the College of William and Mary psychology program and received my Master's Degree in School Counseling from the University of Virginia. While I worked as a school counselor at Massanutten Technical Center for Rockingham County Public Schools for seven years, I now spend my time volunteering at the Charlottesville Downtown Job Center and raising my two young children. I enjoy all aspects of counseling, but have special interests in career counseling, and helping students/clients through "transition."

I spent the past three years involved with helping form the newest division of VCA, VASC (the Virginia Alliance for School Counseling). The leadership roles I played (Treasurer, Professional Recognition Chair), have opened my eyes to the needs our profession has in creating an inclusive atmosphere for all professional counselors.

My vision for VCA is to maintain a united group of counselors working towards inclusivity across the counseling spectrum, recognizing each other's strengths and growing from our colleague's unique experiences. I also envision VCA creating and strengthening ties with Virginia state government entities and other influential organizations so that our voice is always heard. One of my personal goals will be to strive towards recognizing the tremendous talent and accomplishments of others in our field.