Aphasia: Functional Communication

Therapeutic Techniques and Life-Based Goal Setting

Functional Communication

What is LPAA? (ASHA, 2000)
- Aims to help PWA enhance their life participation
- Accepts that all PWA are entitled to service
- Documented life-enhancement changes are included as measures of success
- Personal and environmental factors are tx targets
- Services are available as needed at all stages of aphasia

Aphasia therapy should... (Kimbarow, 2007)
- Equalize the social relations of service delivery
- Create authentic therapeutic experience
- Create experiences that are engaging
- Establish User Control
- Become accountable partners
When LPAA and the A-FROM model are the foundation for our practice in aphasia care, the client will always be at the center of our decisions! (ASHA, 2000; Helm-Estabrooks et al., 2014; Kagan, 2008)

<table>
<thead>
<tr>
<th>STG Considerations...</th>
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<tbody>
<tr>
<td>In what ways will the goals be implemented to enhance life participation?</td>
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<td>Are life-enhancement changes included as measures of success?</td>
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<td>Are the STGs able to be quantified or qualified for appropriate documentation needs?</td>
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<td>Are there personal and environmental factors included as tx targets?</td>
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<td>Is the service plan appropriate for the PWA based on his/her need relative to the stage of aphasia they are experiencing?</td>
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<td>Do the goals lend themselves to motivation and responsibility for the PWA?</td>
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The power of empathy in the therapeutic triad...

“Could a greater miracle take place than for us to look through each other’s eyes for an instant?” – Thoreau

There is a shift from a biomedical framework to a BIOPSYCHOSOCIAL framework of aphasia care... (Rosenbeck, 2016)

- Therapeutic conversation
- Daily client goal setting

The ultimate goal of the PWA... Resources:

http://www.asha.org/
http://www.aphasiaaccess.org/
http://www.ancds.org/
http://www.aphasia.org/
https://www.aphasia.com/
References:


