



Cochlear Implant Rehabilitation for Adults



Naama's Blog

American Cochlear Implant Alliance offers a new auditory rehabilitation resource, *Naama's Blog*. The Blog provides support to adults who are either candidates for, or recipients of, cochlear implants. We encourage cochlear implant clinicians to refer patients to this helpful resource for adults and family members.

Written by Naama Tsach PhD, a speech therapist and educational audiologist, the Blog content is informed by Dr. Tsach's twenty years of working with deaf and hard of hearing adults and children. It provides guidance on the process of learning to hear with a cochlear implant and encourages the involvement family and friends. The tone and approach emphasizes the importance of seeking positive ways of moving forward. Naama notes:

People sometimes ask about the need for adult auditory rehabilitation after cochlear implantation. How can one teach hearing? Is adult rehab really necessary?

The Blog answers these questions, covering a wide range of topics including attitudes of family and friends towards cochlear implantation and the rehabilitation process that follows and learning to appreciate (rather than hate) environmental sounds. New materials are posted every one to two weeks with notification to ACI Alliance members by email. The blog area is open to all though only members can post directly on the site. Guest submissions will be published periodically.

Examples of topics addressed include:

- Naama's Background and Approach to Rehabilitation
- Why Adult Rehabilitation is Important
- The Hearing Assessment
- Creating Constructive and Supportive Communication with Family and Friends
- Listening to the Sounds Around You
- Self Learning Tips

Naama welcomes comments and suggestions for future topics from CI recipients, family members, and clinicians. We encourage comments in the blog area. You may also email comments to be posted to stomas@acialliance.org or write directly to naama@acialliance.org.

To view the Adult Cochlear Implant Rehabilitation blog, please visit:

<http://www.acialliance.org/blogpost/1334356/Cochlear-Implant-Rehabilitation-for-Adults>



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