

2015 Recommended Immunizations for Adults: By Health Condition



Arizona Osteopathic Medical Association

www.az-osteo.org

If you have this health condition, talk to your healthcare professional about these vaccines →

	Flu <i>Influenza</i>	Td/Tdap <i>Tetanus, diphtheria, pertussis</i>	Shingles <i>Zoster</i>	Pneumococcal		Meningococcal <i>Both menB and menACYW</i>	MMR <i>Measles, mumps, rubella</i>	HPV <i>Human papillomavirus</i>		Chickenpox <i>Varicella</i>	Hepatitis A	Hepatitis B	Hib <i>Haemophilus influenzae type b</i>	
				PCV13	PPSV23			for women	for men					
Pregnancy		*see below			1 - 2 doses									
Weakened Immune System			SHOULD NOT GET VACCINE				SHOULD NOT GET VACCINE		3 doses through age 26 years	SHOULD NOT GET VACCINE		3 doses	post-HSCT* recipients only	
HIV: CD4 count less than 200						1 or more doses								
HIV: CD4 count 200 or greater	Flu vaccine every year	1 dose of Tdap®		1 dose								3 doses	1 or 3 doses	
Kidney disease or poor kidney function		Td booster every 10 years			1 - 2 doses				3 doses through age 26 years	3 doses through age 21 years	2 doses	2 doses		
Asplenia (if you do not have a spleen or if it does not work well)			1 dose for those 60 years or older				1 or more doses	1 or 2 doses					3 doses	1 or 3 doses
Heart disease Chronic lung disease Chronic alcoholism					1 dose		1 or more doses							1 or 3 doses
Diabetes (Type 1 or Type 2)													3 doses	
Chronic Liver Disease											2 doses			

More information:

There are several flu vaccines available. Talk to your healthcare professional about which flu vaccines are right for you.

* If you are pregnant, you should get a Tdap® vaccine during the 3rd trimester of every pregnancy to help protect your babies from pertussis (whooping cough).

The zoster vaccine is recommended even if you have had shingles before.

There are two different types of pneumococcal vaccine: PCV13 (conjugate) and PPSV23 (polysaccharide). Talk with your healthcare professional to find out if one or both pneumococcal vaccines are recommended for you.

If you are 65+, you need PCV13 before PPSV23.

Ask your healthcare professional how many doses you need.

Recommended for you if you did not get it when you were a child. If you were born after 1956 and do not have record of vaccination or having had measles, mumps, and rubella, talk with your healthcare professional about how many doses you may need.

There are two HPV vaccines but only one HPV vaccine (Gardasil®) should be given to men.

If you are a male 22 through 26 years old and have sex with men you should complete the HPV vaccine series if you have not already done so.

Ask your healthcare professional how many doses you need.

Traveling outside the United States? You may need additional vaccines.

Ask your healthcare professional about which vaccines you may need at least 6 weeks prior to your travel.

WHERE CAN I GET MY SHOTS?

Visit www.az-osteo.org/Shots

Recommended: This vaccine is recommended for you *unless* your healthcare professional tells you that you cannot safely receive it or that you do not need it.

May Be Recommended: This vaccine is recommended for you if you have certain risk factors due to your health, job, or lifestyle that are not listed here. Talk to your healthcare professional to see if you need this vaccine.

NOT RECOMMENDED FOR YOU.

2015 Recommended Immunizations for Adults: By Age

If you are this age, talk to your healthcare professional about these vaccines →

↓	Flu <i>Influenza</i>	Td/Tdap <i>Tetanus, diphtheria, pertussis</i>	Shingles <i>Zoster</i>	Pneumococcal		Meningococcal		MMR <i>Measles, mumps, rubella</i>	HPV <i>Human papillomavirus</i>		Chickenpox <i>Varicella</i>	Hepatitis A	Hepatitis B	Hib <i>Haemophilus influenzae type b</i>
				PCV13	PPSV23	menB	men ACYW		for women	for men				
19 - 21 years						Age 19 to 23 yrs*				3 doses				
22 - 26 years									3 doses	3 doses				
27 - 49 years	Flu vaccine every year	1 dose of Tdap® Td booster every 10 years			1 dose	1 or 2 doses	24+ yrs	1 or 2 doses						
50 - 59 years							1 or more doses				2 doses	2 doses	3 doses	1 or 3 doses
60 - 64 years			1 dose											
65+ year				1 dose	1 dose	1 dose								

More information:

There are several flu vaccines available. Talk to your healthcare professional about which flu vaccines are right for you.

* If you are pregnant, you should get a Tdap® vaccine during the 3rd trimester of every pregnancy to help protect your babies from pertussis (whooping cough).

The zoster vaccine is recommended even if you have had shingles before.

There are two different types of pneumococcal vaccine: PCV13 (conjugate) and PPSV23 (polysaccharide). Talk with your healthcare professional to find out if one or both pneumococcal vaccines are recommended for you.

If you are 65+, you need PCV 13 before PPSV23.

Ask your healthcare professional how many doses you need.

*menB is recommended for all young adults unless already received between the ages of 16 to 18

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If you were born after 1956 and do not have record of vaccination or having had measles, mumps, and rubella, talk with your healthcare professional about how many doses you may need.

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