Patient care customized for you

Treating the cause rather than symptoms of a medical problem is what we do at the A.T. Still University Osteopathic Medicine Center Arizona. Our osteopathic approach to whole body health focuses on the connection of your body, mind, and spirit, with hands-on treatment which can provide relief from pain as soon as the first visit.

Our physicians are specialists in osteopathic manipulative medicine, which offers relief from pain while treating the underlying causes of injury to the neck, back, shoulders, arms, legs, hands, or feet.

What problems do we treat?

- Neuromusculoskeletal complaints
- Headaches and migraines
- Neck and low back pain
- Fibromyalgia
- Temporal mandibular joint disorder
- Facial pain syndromes
- Chronic otitis media
- Tinnitus/dizziness
- Sports injuries
- Hip and knee pain
- Shoulder and upper extremity pain
- Overuse injuries
- Performing arts medicine
- Asthma
- Sinusitis
- Pain of pregnancy
- Irritable bowel syndrome

Contact

5845 E. Still Circle, Suite 109
Mesa, AZ 85206

Phone: 480.248.8198
Fax: 480.248.8197

atsu.edu/SOMA-OMM

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THANK YOU TO OUR ADVERTISERS

A.T. Still University  
MICA  
Midwestern University  
U.S. Army Medical Recruiting
Welcome to Your State Association

Congratulations on joining the Arizona Osteopathic Medical Association, the only statewide osteopathic organization representing all osteopathic physicians in all specialties. Thank you for investing in the future of osteopathic medicine in Arizona and trusting AOMA to represent you and your interests.

AOMA is dedicated to serving its members and protecting the profession by being your voice at the state legislature, sponsoring superior quality continuing medical education, keeping you apprised of issues that impact the profession, and providing resources to support you and your practice. As an AOMA member, you are part of an influential group of individuals dedicated to affecting positive change and pro-actively addressing important healthcare-related decisions.


Make the most of your AOMA membership by becoming actively engaged with your Association. The AOMA website – www.az-osteo.org – is a great place to get started. Take a moment to update your profile, peruse the member benefits available to you, explore volunteer opportunities, register for a continuing medical education program, make a contribution to the AOMA PAC or a donation to the Arizona Osteopathic Charities. It’s all right there.

If you have any questions about your membership, please contact AOMA at 602-266-6699 or info@az-osteo.org.

AOMA – DOs Treating Your Family and Ours.
About AOMA

Arizona Osteopathic Medical Association - Representing Arizona DOs for Over Ninety Seven Years

Since its founding in 1921, the Arizona Osteopathic Medical Association has protected the rights of physicians and advanced osteopathic education and patient care.

AOMA has 1,600 members – active, retired, interns, residents, and students. All physicians – DOs and MDs – may be AOMA members.

AOMA is an AOA Continuing Medical Education sponsor that offers more than 50 hours of category 1-A CME credits per year at the Fall Seminar and the Annual Convention.

AOMA has partnered with Touro University Nevada College of Osteopathic Medicine to provide AMA PRA Category 1 Credits™ for both live and online CME offerings.

The Arizona Osteopathic Medical Association (AOMA) represents and speaks for the osteopathic profession in Arizona and is your voice in the legislature.

Working together we form a network of voluntary efforts in all phases of healthcare and represent an expanse of knowledge and ideas as broad as those of our combined membership and as diverse as the many specialties we represent.

AOMA Mission Statement and Purpose
The mission of the Arizona Osteopathic Medical Association is to promote the osteopathic medical profession, serve our members, provide osteopathic continuing medical education, and advocate for high quality, cost-effective healthcare.

The purpose of this Association “shall be to promote the Osteopathic Medical Profession to its members and to the public, and to support access to high quality, cost-effective healthcare for all Arizona.”
Executive Committee

President
Laurel Mueller, DO, MBA

President Elect
Angela DeRosa, DO, MBA, CPE

Immediate Past President
Shannon Scott, DO, FACOFP

Vice President
Christopher Labban, DO

Secretary/Treasurer
Danielle Barnett-Trapp, DO

Executive Director
Pete Wertheim

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Donald Curran, DO
Susan del Sordi-Staats, DO
William Devine, DO
Datch Dorvil, DO, MPH
David P. England, MS, DO
Michelle Eyler, DO
Christopher Labban, DO
David Leff, DO
Michael Lokale, DO, MSc (Oxon), FAAFP
Kit McCalla, DO, MBA
Julie A. Morrison, DO
George Parides, DO, FACOI
Wendell Phillips, DO
Bunnie Richie, DO

Resident Trustee
Kendall Gray, DO

Student Trustees
Samantha Easterly, OMS IV, AZCOM
Starr Matsushita, OMS IV, SOMA
AOMA House of Delegates

AOMA is a federation of district societies within the State. Once a year members elect Delegates and Alternates to the AOMA House of Delegates, Trustee Representatives, and Members-at-Large to serve on the AOMA Board of Trustees. The House of Delegates meets twice a year: during the AOMA Annual Convention and the AOMA Fall Seminar.

**Speaker of the House:** Jeffrey W. Morgan, DO, MA, CS, FACOI  
**Vice Speaker of the House:** Charles A. Finch, DO, FACOEP

**District 1**  
Northwest Maricopa County including (but not limited to) El Mirage, Glendale, Litchfield Park, Sun City, Sun City West, Surprise, Peoria, and West Phoenix

**DELEGATES**  
Ronald Bitza, DO  
Sarah Colwell, DO  
William Devine, DO  
Eric Hegybeli, DO  
Diane Juillard, DO  
Lori Kemper, DO, MS  
Michelle Mifflin, DO  
Lawrence Sands, DO, MPH  
Shannon Scott, DO  
Howard Shulman, DO

**ALTERNATES**  
Anette Gawelko, DO  
Tracy Middleton, DO  
Brian Rizzo, DO  
Joel Sellers, DO  
Jonathan Wiggenthorn, DO  
Anthony Will, DO  
Katherine Worden, DO, MS

**District 2**  
Maricopa County including (but not limited to) Central Phoenix and New River

**DELEGATES**  
Danielle Barnett-Trapp, DO  
Craig Cassidy, DO  
Milissa Cooper, DO  
Neal Galen, DO  
Scott Steingard, DO

**ALTERNATES**  
E. Griffin Cipolla, DO  
Douglas Cunningham, DO  
Frank Vericoll, DO

**District 3**  
Northeast Maricopa County including (but not limited to) Carefree, Cave Creek, Paradise Valley, Phoenix, and Scottsdale

**DELEGATES**  
Susan Del Sordi Staats, DO  
Angela DeRosa, DO, MBA, CPE  
Sommer Gunia, DO  
Afeworki Kidane, DO  
Kristin Nelson, DO  
Bunnie Richie, DO  
Vas Sabeesh, DO  
Gregory Whitaker, DO, DPM

**ALTERNATES**  
Marvin Borsand, DO  
James Cole, DO  
Mark Kiffer, DO  
Vafa Matin, DO  
L. Markham McHenry, DO
District 4
Southeast Maricopa County including (but not limited to) Apache Junction, Mesa, and Queen Creek

DELEGATES
Stanley Brysacz, DO
Bradley Downing Jr., DO
Gary Eden, DO
Kelli Glaser, DO
Stacia Kagie, DO
Christopher Labban, DO
George Parides, DO

ALTERNATES
Karen Acevedo-Mogharbel, DO
Richard Dobrusin, DO
David Leff, DO
Kevin McCabe, DO
Karen Nichols, DO

District 5
Southern Maricopa County including (but not limited to) Avondale, Buckeye, Chandler, Gilbert, Goodyear, Laveen, Phoenix, Sun Lakes, and Tempe

DELEGATES
David England, MS, DO
Robert Marotz, DO
David Mendelson, DO
Homan Mostafavi, DO, MBA
Susan Steffans, DO
Cheryl Wathier, DO
Dennis Watson, DO
H.C. Watters, DO, MPH

ALTERNATES
Travis Howard, DO
Jordan Ross, DO

District 6
Pima, Cochise and Santa Cruz Counties

DELEGATES
Michelle Eyler, DO
Roberta Hindenlang, DO
Jennifer Howell, DO
Mansoor Jatoi, DO
Michael Lokale, DO
Julie Morrison, DO

ALTERNATES
Lori Levine, DO
John McCracken, DO
Nicholas Pazzi, DO
Deborah Power, DO

District 7
The balance of the state of Arizona

DELEGATES
Brandon Abbott, DO
Bradford Croft, DO
Donald J. Curran, DO
Deborah Hudak, DO
Laurel Mueller, DO
Bill Stonecipher, DO

ALTERNATES
Daniel Gay, DO
M. Dale Parry, DO
Joyce Richards, DO

Resident Delegate
Caleb Scheckel, DO

Students

DELEGATES
Sofia Mani, SOMA
Tiffany Ziegler, AZCOM

ALTERNATES
Anna Marzvanyan, SOMA
Jamie Shawver, AZCOM
AOMA Staff

Pete Wertheim  
Executive Director  
pwertheim@az-osteo.org

Teresa Roland  
Operations Manager  
teresa@az-osteо.org

Janet Weigel  
Director of Education  
janet@az-osteо.org

Arizona Osteopathic Charities

To educate and promote safe and healthy living for children, students and families

The Arizona Osteopathic Charities is a 501 (c) (3) non-profit charitable organization founded in 1997 by the leadership of the Arizona Osteopathic Medical Association.

Tax ID #86-6052826  
www.azdocharities.org
Getting started - Login and password
Each AOMA members has an individual member profile maintained on the AOMA data base. The accurate maintenance of member information is a valuable resource to best serve our membership.

To login to the AOMA website, go to the www.az-osteo.org home page. There are two ways to login:
1. The Member Login box is located on the right side about halfway down the page.
2. A “Sign In” link is located at the top of the page to the left of the search box.

Username: If you have not already chosen a username, the default username format is the first initial of your first name and your complete last name (truncated, no space in between.) For example, Robert Jones is rjones.

Password: The default password if you have not chosen your personal password is aoma2014 (all lower case, case sensitive.)

Forgot your username and password?
Call the AOMA office at 602-266-6699 or click on the “Forgot your password?” link. Information to reset your password will be sent to the email address on file.

Update your profile: Why?
1. Patient Physician Search - An AOMA member benefit is inclusion in the public physician search feature on the AOMA website. Patients can find you here, so you want your information to be current and accurate.
2. Member Directory - Help fellow AOMA members find you for referrals, consultations, and networking.
3. AOMA communications - Don’t miss a single issue of the AOMA Digest, the AOMA Dispatch, or important updates on your profession.

Your Member Profile - What You Will Find Here
The following features are currently available on your AOMA member profile page:

Information and Settings
- Print a membership card
- Add or edit your biography
- Personalize your account preferences

Invoicing, Payments & History
- Renew your membership
- Print receipts for dues or CME event registrations

Content & Features
- Professional Development Portfolio
  ◊ Track your CME credits for relicensure and professional association memberships
  ◊ View CME earned from AOMA
  ◊ Print certificates of participation
  ◊ Upload CME earned from other providers - a members-only benefit!
- Networks - add other social and professional networks
- Files & Links - store documents (resume, CV, etc.)
- Photo Gallery - upload your photos

The website will regularly launch new features so check back often!
Navigating the AOMA Website
Where to find things

In addition to member login, the home page of the AOMA website includes current events information, links to join or renew your membership, get involved, and the calendar of events.

The home page also features a feed from the Association Facebook page (Like us!).

The main navigation menu is detailed at right.

About
» Welcome
» Governance
◊ Board of Trustees
◊ House of Delegates
◊ Districts
» Staff
» Committees
» Awards

Members
» Benefits
» Renew
» Publications
◊ AOMA Digest
◊ AOMA Dispatch
◊ Member Directory
» Member Recruitment Program
» Get Involved
» Business Partners
» Residents
» Students

CME
» My CME
» Calendar
» Convention
» Fall Seminar
» Clinical Case & Poster Forum
» Online CME
» Requirements

Advocacy
» Resource Center
» DO Day
» House of Delegates
» Political Action Committee
» Health Policy Fellowship

Physician Resources
» Career Center
» Doctors That DO Toolkit
» Opioid Prescribing
◊ PDMP
◊ Opioid Database Law
» Health Information Exchange
» Quality Improvement
» Adult Immunization Schedules
» Valley Fever

AOMA Store

Patients
» Find a Physician
» What is Osteopathic Medicine?
» Immunizations
» Rx Disposal Locations

Charities
» Charities Home
» Our Causes
» Get Involved
» Make a Donation
» Contact Us
Physicians on the U.S. Army health care team support our Soldiers and their families. They take pride in the fact that their skills and experience will continue to grow, along with their nation’s gratitude.

To learn more about the U.S. Army and Army Reserve health care team, call 602-253-0371, email usarmy.knox.usarec.list.9e1t@mail.mil, or visit healthcare.goarmy.com.
Member Benefits

AOMA benefits are plentiful and provide numerous opportunities for professional development and the advancement of osteopathic medicine in Arizona.

Professional Development
• Leadership opportunities and networking through participation on committees, the House of Delegates, and district societies to influence membership benefits and public policy
• Awards and physician recognition programs
• AOMA Career Center – search for jobs or fill a position

Superior Continuing Medical Education
• Discounted member pricing for more than 50 AOMA sponsored Continuing Medical Education (CME) credits at the Annual Convention, Fall Seminar, and other programs throughout the year
• Online CME available through DOCME.org

Advocacy & Public Affairs
• Legislative advocacy on your behalf to protect and promote osteopathic medicine
• Current updates on legislation and policy changes to help you stay informed and engaged on important issues impacting healthcare
• Representation on statewide committees affecting osteopathic physicians and healthcare policy

Patient Referral & Professional Support
• Direct support with research, advice, and referrals to other professionals and resources
• Patient referrals and a listing in the AOMA online provider directory for patients seeking healthcare services from an osteopathic physician
• Lunch & Learn education programs for physicians, medical office managers, and office personnel to learn best practices in healthcare administration
Stay Informed
• The DO Dashboard monthly electronic newsletter with valuable news updates and information about current events related to osteopathic medicine
• The Digest triannual magazine with insightful articles about osteopathic medicine and practice management, along with important updates about AOMA membership benefits, CME opportunities, and networking events

Supporting Student and Residents
• Scholarships for osteopathic medical students
• Clinical case competition and poster forum for osteopathic residents, interns, and medical students

Giving Back
• Arizona Osteopathic Charities supports education and promotes safe and healthy living for children, students, and families

Keep current on all the latest news from AOMA

Like us on Facebook
www.facebook.com/azosteo

Follow us on Twitter
@az_osteo

And confirm your email address with AOMA.
Login and update your profile!
www.az-osteo.org
AOMA is excited to offer On-Demand continuing medical education lectures through the DOCME.org online platform. More than 100 different programs are available on a wide variety of topics.

AOA Category 1-A, 1-B, or 2-B credit or AMA PRA 1 credit™ may be earned, depending upon the course.

Check back often for new topics! Visit the AOMA website under the Education tab.

www.docme.org

AOMA members receive a $10 discount on all AOMA-created CME programs.

Enter promo code AOMA2017.

DOCME.org is your premier source for high quality, pertinent online CME.

NEW: AMA PRA 1 CREDITS™!
Get Involved

One of the best ways to get the most out of your AOMA membership is by getting involved in leadership and committee work. For complete information about how to get involved, visit the Get Involved section of the AOMA website.

Governance

Physicians and students can get involved in the AOMA governance through participation and attendance at the House of Delegates, Board of Trustees, and District meetings.

- AOMA House of Delegates
- AOMA Board of Trustees
- AOMA Districts

Committees

Through committee involvement, many future AOMA executive officers and trustees emerge to become leaders in the osteopathic medical profession in Arizona and nationally.

- Legislative Affairs
- Membership and Credentials
- New Physicians Committee
- Payor Relations Committee
- Political Action Committee
- Professional Education Committee
- Public Awareness Committee

Arizona Osteopathic Charities

A 501 (c) 3 non-profit charitable organization, the Charities mission is to educate and promotes age and healthy living for children, students, and families. Visit www.azdocharities.org to learn more.
Advocacy and Political Action

The AOMA Legislative Affairs program provides members important and timely updates with calls to action on critical issues impacting healthcare and osteopathic medicine. There are several ways to get involved to become an advocate for the osteopathic profession through the AOMA Legislative Affairs Committee, Student Advocacy Program, Political Action Committee, or by contacting the AOMA for direct support, guidance, and personalized advocacy training.

Why Should I Care About Advocacy?
Policymakers play a critical role in determining the delivery, cost, and quality of healthcare provided by osteopathic physicians. In a typical legislative session in Arizona, legislators will consider legislation that can impact you in many ways:

- Availability of insurance and the cost of healthcare
- Scope of practice for non-physician healthcare providers
- Mandates on healthcare providers
- Payments to healthcare providers for government programs such as Medicaid
- Accessibility and affordability of healthcare education and post graduate training opportunities
- Liability of healthcare providers - rights of patients
- Patient safety and quality of care
- Technological advances such as electronic medical records

Advocacy is vital component to advancing and protecting the best interests of osteopathic physicians and patients. By staying informed and getting involved, everyone can make a difference.

AOMA Advocacy News Alerts
As an AOMA member, you may sign up for timely and informative updates and alerts about the progress of important issues impacting osteopathic physicians and healthcare. Go to the Advocacy Resource Center on the AOMA website.

AOMA Political Action Committee (PAC) is a most important vehicle for preserving and fostering the medical professionals in Arizona. AOMA PAC allows us to endorse and support those candidates for state public office who share our concern about the future of health care and improved access to quality care in Arizona. Through AOMA PAC we can make monetary contributions to those legislative and statewide candidates who are in agreement with our principles, and favor a strong Arizona healthcare system led by osteopathic physicians.

Membership in AOMA PAC
Membership in the Arizona Osteopathic Medical Association Political Action Committee is open to all individual members of the AOMA. The Osteopathic Medical Professional must be concerned with the capabilities of those who govern and regulate. The increasing bureaucracy and government regulations being generated today makes your involvement even more important.

Contribute the AOMA PAC online at www.az-osteo.org/PAC.

Donations to the AOMA PAC are deposited into a separate fund established by the Arizona Osteopathic Medical Association. Donations from individuals are voluntary. Corporations are prohibited from donating to the AOMA PAC. Contributions will be used in connection with state elections and are subject to Arizona laws.
Recruit a new member, get a $100 AOMA credit!

Do you know someone who isn’t a member of the Arizona Osteopathic Medical Association . . . and should be?

Recruit a New Member and both the New Member and you receive a $100 Credit towards membership dues or Continuing Medical Education (CME) fees!

As a member, you understand the value of AOMA’s membership. Share that knowledge firsthand with your colleagues in the medical field. A growing and healthy AOMA means greater recognition for the profession, more resources to support member programs, more representation with healthcare leaders, and a stronger voice when advocating issues with state and national legislative members.

Recruiting new AOMA members is simple:

- **Review your network of colleagues.** You may be surprised to discover who is not a member.
- **Check their membership status.** You may access the online member directory or call the AOMA office at 602-266-6699.
- **Share** how you have benefited from membership.
- **Ask them to join!**
- **Follow up.** Gently remind them to join, if they haven’t done so already.
- **Thank them for joining** and welcome them to the AOMA family!

For all the details on how to recruit a new member* and receive your credit, visit the AOMA website at [www.az-osteo.org](http://www.az-osteo.org) under the Members tab or contact Colleen Zubrycki, Membership Development Manager, at [colleen@az-osteo.org](mailto:colleen@az-osteo.org).

*New member must be an active, dues paying member. Does not apply to recruitment of “out-of-state” or “retired” members.

Arizona Osteopathic Medical Association
Meeting Arizona’s Healthcare Needs

Midwestern University Colleges
Arizona College of Osteopathic Medicine
College of Pharmacy–Glendale
College of Health Sciences
College of Dental Medicine–Arizona
Arizona College of Optometry
College of Veterinary Medicine

Midwestern University Clinics
Multispecialty Clinic | Dental Institute | Eye Institute
Animal Health Institute

19555 North 59th Avenue
Glendale, Arizona 85308
(59th Avenue and Utopia South of the 101)
midwestern.edu | mwuclinics.com
mwuanimalhealth.com
As we begin our 42nd year of operation, the MICA Board of Trustees has declared a member dividend of $25 million, representing approximately 26% of an annual premium. Over the last thirteen years, as beneficial owners, MICA members will have received, upon their receipt of the most recently declared dividend, their proportionate share of over $400 million in dividends. Since our founding in 1976, MICA has distributed over half a billion dollars in dividends to our members.

To learn more about potential dividends from MICA and how you can become a member, visit our website, www.mica-insurance.com, or contact us at 800.352.0402.

The dividend declared for the 2017 policy year reflects the Company’s financial performance. Past performance does not guarantee future dividends. This policy has exclusions, limitations, and terms under which the policy may be continued in force or discontinued. For costs and complete detail of coverage, contact your insurance agent or MICA.