

2018



Sports Physicals

Initial Certification & Re-certification

for Colorado Middle School and High School Athletes

Doctors of chiropractic may perform Pre-Participation Physical Examinations (PPE) for student athletes in Colorado. Although DCs possess the education and clinical judgment to perform such physicals, the Colorado High School Activities Association (CHSAA) regulations require initial certification and additional re-certification every two years. A DC who is certified through the CCA's course must re-certify on or before their expiration date or he/she will be unable to perform preparticipation sport physicals during the expired period of time.

This course will cover:

- Goals & content of PPE.
- Patient history & physical examination.
- Guidelines for student sports participation in Colorado.
- Legal precautions.
- Appropriate PPE forms.
- PPE Textbook included with INITIAL cert - **a \$65 value.**

Required course materials & rules:

- **BRING:** Stethoscope, pen light & sphygmomanometer.
- A certified Health Care Provider level CPR class, valid for two years, is included with the seminar fee - CPR runs from 1 to 4 p.m. *(If you are already Health Care Provider level CPR certified, you MUST fax/mail a copy of your CPR card to the CCA office prior to registering for the seminar.)*
- A written and practical test will be given to attendees completing the PPE course. You must pass the test with a minimum score of 80% to be eligible to perform PPEs.

Dates and Locations

Denver (*30)	CCA Conference Center 8751 E. Hampden #B-7 Denver, 80231	Saturday, April 7
Drs. Nelson & Wilburn	Yosemite & Hampden	Thursday, June 14
		Thursday, Oct. 18
Loveland (*50)	Rialto Theatre Devereaux Room 228 E 4th St Loveland, CO 80537	Saturday, May 12 Drs. Nelson & Wilburn
Colorado Springs (*25)	Olympic Training Center 1750 E Boulder St CO Springs, CO 80909	Saturday, June 2 Dr. Bill Moreau
Grand Junction (*50)	Community Hospital 2351 G Rd Grand Junction, CO 81505	Saturday, June 23 **CPR 1-5 p.m. 4 CE Hours Dr. Tim Rinn

**attendee limits No walk-in registrations please!*

Up to 7 Colorado CE Hours

Initial Cert: 8 a.m. to 4 p.m.

includes PPE Textbook - a \$65 value!

Re-Cert: 10 a.m. to 4 p.m.

CPR Training 1-4 pm; 1 hour break for lunch on own

****Grand Junction CPR training from 1-5 pm**

INSTRUCTORS (bios on next page):

- Robert Nelson, DC, DACBSP, FICC
- Tim Rinn, DC, DACBSP, CSCS
- Monty Wilburn, DC, CCSP
- William Moreau, DC, DACBSP
- CPR Instructor Mark Wolff, DC, DABCO, DACAN

2018 Sports Physical Certification

Course Options	Hours	CCA Member	Non-Member
INITIAL CERTIFICATION -PPE textbook - \$65 value -CPR training	7 CE	<input type="checkbox"/> \$285	<input type="checkbox"/> \$360
RECERT - WITH CPR -CPR training	5 CE	<input type="checkbox"/> \$185	<input type="checkbox"/> \$240
INITIAL CERT -NO CPR -PPE textbook - \$65 value -Send copy of valid CPR Card	4 CE	<input type="checkbox"/> \$215	<input type="checkbox"/> \$270
RECERT - NO CPR -Send copy of valid CPR Card	2 CE	<input type="checkbox"/> \$115	<input type="checkbox"/> \$150
CPR ONLY CPR Manual Included	3 CE	<input type="checkbox"/> \$70	<input type="checkbox"/> \$90

1. Register On-line at

www.coloradochiropractic.org

2. **CALL** the CCA at (303) 755-9011 or (800) 829-0339.

3. **FAX** to the CCA, with credit card information to (303) 755-1010.

4. **MAIL** this form with a check or credit card

Please Check the date you would like to attend

Denver	Sat. April 7	
	Thurs. June 14	
	Thurs. Oct. 18	
Loveland	Sat. May 12	
Colorado Springs	Sat. June 2	
Grand Junction	Sat. June 23	

**Send checks to: 8751 E. Hampden Ave #B-7
Denver, CO 80231**

Name(s): _____ Phone: _____

E-mail: _____ check enclosed (please make checks payable to the CCA)

Address: _____ City _____ Zip Code _____

Amount Due: \$ _____ Credit Card #: _____ Exp. Date: _____

Cancellation policy: Refunds, less a 20% handling fee, if cancellation is made within 7 days prior to the seminar date. No cash refunds can be made after this date, but the amount may be credited to another CCA-sponsored seminar within 12 months. No walk-in registrations please!

2017 Sports Physical INITIAL Certification & RE-CERTIFICATION

for Colorado middle school and high school.

Bios of Instructors:

Robert Nelson, DC, DACBSP, CCEP, CSCS, FIAMA, FICC is a 1986 graduate of Logan Chiropractic College and maintains a private practice in Lakewood, Colorado. He serves on the post graduate faculty for Palmer and Western States Colleges of Chiropractic. He has also taught for Parker, Logan and Northwestern Colleges of Chiropractic. A member and president of the Colorado Chiropractic Sports Council for over 9 years, Dr. Nelson has won numerous awards in the field of sports chiropractic. In 1998, he was honored by the ACA Sports Council for his outstanding service to the profession of sports chiropractic and in 1996, he was given an outstanding service award by the Wrangler Sports Chiropractic program for his work with the Pro Rodeo Cowboy's Association (PRCA). He has been awarded the CCA Sports Award 5 times. In 2008, he was awarded the ACBSP's Sports Chiropractor of the year. In 2010 he received the Leonard Schroeder Award for the Best Original Research. He is a past president of the CCA, the president of the ACBSP and the Colorado delegate to the ACA. He served as team chiropractor for the Pro-Jet Ski Tour, Pro Snowboard Tour, PRCA rodeos, regional and world finals of the Triple Crown of Softball, NFL Four on Four football tournament and the NIKE Youth Soccer Tournament.

Tim Rinn, DC, DACBSP, CSCS is a 1979 graduate of Palmer College of Chiropractic, practices in Steamboat Springs, Colorado and is a Diplomat Chiropractic Sports Physician, from the American Chiropractic Board of Chiropractic Sports Physicians, and a Strength and Conditioning Specialist. Dr. Rinn has been appointed as team chiropractor for the U.S. Nordic Combined Ski Team. Has been involved in numerous local sports teams, from high school to competitive skiing, as the team physician. In addition, he served as the Colorado coordinator for tournament health care for the softball division of Triple Crown Sports and was appointed for three years as Camp Physician for over 450 athletes each year at the Fellowship of Christian Athletes National Camp. He has been an active member of the CCA, ACA, the ACA Sports Council, Colorado Chiropractic Sports Council, Federation Internationale de Chiropractique Sportive, and the National Strength and Conditioning Association. He is also the author of two published papers concerning sports chiropractic issues.

Monty Wilburn, DC, CCSP served as a circuit coordinator for the Pro Sports Chiropractic Program and is one of Colorado's first Wrangler Sports chiropractic doctors. He has personally provided chiropractic treatment to over 1,000 cowboys in the course of 100 rodeos. Since 1991, Dr. Wilburn has been extremely active with the CCA. He has served in many different capacities as board member and committee chair. He is a two-time winner of the CCA Young Chiropractor of the Year award. In 1992, Dr. Wilburn revived the Fort Collins Chiropractic Association and has served as their president and as a board member. A 1990 graduate of Los Angeles Chiropractic College, Dr. Wilburn maintains a private practice in Fort Collins, Colorado.

William Moreau, DC, DACBSP is a chiropractic sports medicine physician and evidence based clinician. He has lead sports medicine for the United States Olympic Committee after more than 25 years of private practice. Moreau develops the USOC sports medicine strategy and oversees all Team USA sports medicine activities including; clinics, games and the National Medical Network. Dr. Moreau served as the Medical Director for Team USA at the London 2012 Summer and Sochi 2014 Winter Olympic Games and as the first doctor of chiropractic in the world to serve as an Olympic Games Chief Medical Officer (CMO) at the 2016 Rio Olympic Games. He has managed the care of thousands of athletes. Dr. Moreau has a special interest in sports medicine research centered on the prevention of injury and illness in athletes and concussion. He serves on the NFL International Think Tank on Concussion Research. Moreau has successfully presented over 700 invited lectures throughout the United States and Internationally.

CPR Instructor: Mark Wolff, DC, DABCO, DACAN is a Board Certified Chiropractic Orthopedist, a Board Certified Chiropractic Neurologist, and has 30 years in private chiropractic practice in Lakewood, Colorado. He is a 1980 graduate of Texas Chiropractic College served as Past President of the Jefferson County Chiropractic Society and the Colorado Chiropractic Association. Dr. Wolff was certified as a Red Cross First Aid Instructor in the mid 1980s, then was certified as a Medic First Aid Instructor in 2001, certified as an Emergency First Response Instructor in 2002, and is currently certified as an Emergency First Response Instructor Trainer since 2008. Dr. Wolff has certified hundreds of doctors and lay people to perform CPR, AED and first aid procedures. He has also certified a number of people as CPR/AED/first aid instructors.