

Yoga and the Thyroid Gland

Compiled by: Trisha Lamb

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International Association of Yoga Therapists

P.O. Box 2513 • Prescott • AZ 86302 • Phone: 928-541-0004

E-mail: mail@iayt.org • URL: www.iayt.org

The contents of this bibliography do not provide medical advice and should not be so interpreted. Before beginning any exercise program, see your physician for clearance.

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