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# INDIANA BREASTFEEDING RESOURCE DIRECTORY

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## **Purpose and Methodology**

The goal of this document is to compile a directory of breastfeeding support services available in each of Indiana's 92 counties. Respondents to an online survey sent in November 2013 were asked to list resources available in their community, including breastfeeding coalitions, drop-in centers, support groups, and breastfeeding classes. In addition, WIC locations, delivering hospitals, and La Leche League and Breastfeeding USA chapters were included.

Respondents were also asked to identify unmet needs in their communities regarding breastfeeding support, as well as their suggestions for additional support needed. Follow up phone calls and emails targeted breastfeeding advocates from counties that were not represented in the survey results. This document will be posted on the IPN website, and will be continually updated.

## **Community Needs**

What are the greatest unmet needs in your community regarding breastfeeding support?

Most common answers:

- 1) Continuity of care/Lack of post discharge resources/Lack of follow-up care
- 2) Lack of knowledge and/or cooperation among healthcare providers (physicians)
- 3) Lack of community support
- 4) Lack of prenatal education for moms
- 5) No hospital in the county/No OB department at local hospital
- 6) Lack of IBCLCs/skilled breastfeeding support providers

## **Community Support**

What type of help or support does your community need to address those needs?

Most common answers:

- 1) Provider education that is easily accessible and affordable (physicians and nurses)
- 2) Community resources - support groups, drop in centers, etc.
- 3) Funding to support current services/expand support services
- 4) Ready-made materials to use in educating/supporting patients
- 5) Support in creating/growing/sustaining a local coalition

## **Donor Milk**

Just over half (52%) of respondents indicated they are interested in learning more about how their coalition or community can help increase the supply of donor milk in Indiana, or increase utilization of donor milk in their community.

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# INDIANA BREASTFEEDING RESOURCE DIRECTORY

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## Need help finding breastfeeding resources close to home?

Use this directory to find resources in your community for breastfeeding information and support. Click on a county link on page 2 or just scroll through the list below.

## Important Information

- Your **delivering hospital** can be your best resource! Almost all hospitals offer support groups, drop-in centers, and/or breastfeeding classes. Talk with your nurses or lactation consultants during your stay, or call the hospital after you leave to find out what resources are offered.
- If you are in the **WIC Program**, your local WIC office is a great resource. Many locations offer support groups, drop-in centers and classes just for WIC moms.
- If your county has a **breastfeeding coalition**, its members are a great place to turn for individual questions and support.
- **Statewide Coalitions:**
  - [Indiana Breastfeeding Coalition](#) – Crystal Gold, [crystalgold@gmail.com](mailto:crystalgold@gmail.com)
  - [Indiana Black Breastfeeding Coalition](#) – Terry Curtis, [tcurtis@iuhealth.org](mailto:tcurtis@iuhealth.org)
- This resource directory is a work in progress! **Submit any updates or additions** by [clicking here](#).

## Frequently Asked Questions

### What is a certified lactation consultant?

Certified lactation consultants will educate you on the benefits of breastfeeding and help you and your baby learn to breastfeed successfully.

Find a certified lactation consultant by: calling your area hospital; calling your local La Leche League chapter; or going to <http://www.ilca.org> and choosing *Directories* and *Find a Lactation Consultant* to see a list.

### How do I find childcare?

Find quality childcare in Indiana by going to [www.childcareindiana.org](http://www.childcareindiana.org) or calling 800-299-1627.

Visit and ask questions before you choose a childcare for your baby. Ask the provider if they are used to taking care of breastfed babies.

### How do I find a breast pump?

If you go back to work, you will need a breast pump to express milk during your work time. Get help finding and paying for a breast pump by contacting: 1) your health insurance company; 2) your delivering hospital; 3) a local pharmacy; or 4) your WIC office.

### What is a breastfeeding drop in center?

A breastfeeding drop in center offers free skilled lactation support and baby weight checks, answers to your questions and help finding other resources. No appointment is needed to visit.

**What is a breastfeeding coalition?**

Indiana's breastfeeding coalitions are working to support breastfeeding women and promote breastfeeding education in many communities throughout the state.

**What is a breastfeeding support group?**

Breastfeeding support groups have scheduled meetings and may be led by a skilled lactation support person. Mothers and their babies attend and provide peer support.

**What is La Leche League?**

The primary purpose of LLL is to encourage, inform, and support mothers primarily via monthly meetings, telephone help, and online through email and the LLL website. Some leaders also do home and/or hospital visits.

**What is Breastfeeding USA?**

The mission of Breastfeeding USA is to provide evidence-based breastfeeding information and support, and to promote breastfeeding as the biological and cultural norm. Breastfeeding USA encourages local volunteers to provide practical support for Breastfeeding Counselors who organize Community Chapters.

**Click on a county name to jump to the correct page.**

- |                                    |                                   |                                   |                                    |
|------------------------------------|-----------------------------------|-----------------------------------|------------------------------------|
| <a href="#"><u>ADAMS</u></a>       | <a href="#"><u>FRANKLIN</u></a>   | <a href="#"><u>LAWRENCE</u></a>   | <a href="#"><u>RUSH</u></a>        |
| <a href="#"><u>ALLEN</u></a>       | <a href="#"><u>FULTON</u></a>     | <a href="#"><u>MADISON</u></a>    | <a href="#"><u>ST. JOSEPH</u></a>  |
| <a href="#"><u>BARTHOLOMEW</u></a> | <a href="#"><u>GIBSON</u></a>     | <a href="#"><u>MARION</u></a>     | <a href="#"><u>SCOTT</u></a>       |
| <a href="#"><u>BENTON</u></a>      | <a href="#"><u>GRANT</u></a>      | <a href="#"><u>MARSHALL</u></a>   | <a href="#"><u>SHELBY</u></a>      |
| <a href="#"><u>BLACKFORD</u></a>   | <a href="#"><u>GREENE</u></a>     | <a href="#"><u>MARTIN</u></a>     | <a href="#"><u>SPENCER</u></a>     |
| <a href="#"><u>BOONE</u></a>       | <a href="#"><u>HAMILTON</u></a>   | <a href="#"><u>MIAMI</u></a>      | <a href="#"><u>STARKE</u></a>      |
| <a href="#"><u>BROWN</u></a>       | <a href="#"><u>HANCOCK</u></a>    | <a href="#"><u>MONROE</u></a>     | <a href="#"><u>STEUBEN</u></a>     |
| <a href="#"><u>CARROLL</u></a>     | <a href="#"><u>HARRISON</u></a>   | <a href="#"><u>MONTGOMERY</u></a> | <a href="#"><u>SULLIVAN</u></a>    |
| <a href="#"><u>CASS</u></a>        | <a href="#"><u>HENDRICKS</u></a>  | <a href="#"><u>MORGAN</u></a>     | <a href="#"><u>SWITZERLAND</u></a> |
| <a href="#"><u>CLARK</u></a>       | <a href="#"><u>HENRY</u></a>      | <a href="#"><u>NEWTON</u></a>     | <a href="#"><u>TIPPECANOE</u></a>  |
| <a href="#"><u>CLAY</u></a>        | <a href="#"><u>HOWARD</u></a>     | <a href="#"><u>NOBLE</u></a>      | <a href="#"><u>TIPTON</u></a>      |
| <a href="#"><u>CLINTON</u></a>     | <a href="#"><u>HUNTINGTON</u></a> | <a href="#"><u>OHIO</u></a>       | <a href="#"><u>UNION</u></a>       |
| <a href="#"><u>CRAWFORD</u></a>    | <a href="#"><u>JACKSON</u></a>    | <a href="#"><u>ORANGE</u></a>     | <a href="#"><u>VANDERBURGH</u></a> |
| <a href="#"><u>DAVISS</u></a>      | <a href="#"><u>JASPER</u></a>     | <a href="#"><u>OWEN</u></a>       | <a href="#"><u>VERMILLION</u></a>  |
| <a href="#"><u>DEARBORN</u></a>    | <a href="#"><u>JAY</u></a>        | <a href="#"><u>PARKE</u></a>      | <a href="#"><u>VIGO</u></a>        |
| <a href="#"><u>DECATUR</u></a>     | <a href="#"><u>JEFFERSON</u></a>  | <a href="#"><u>PERRY</u></a>      | <a href="#"><u>WABASH</u></a>      |
| <a href="#"><u>DEKALB</u></a>      | <a href="#"><u>JENNINGS</u></a>   | <a href="#"><u>PIKE</u></a>       | <a href="#"><u>WARREN</u></a>      |
| <a href="#"><u>DELAWARE</u></a>    | <a href="#"><u>JOHNSON</u></a>    | <a href="#"><u>PORTER</u></a>     | <a href="#"><u>WARRICK</u></a>     |
| <a href="#"><u>DUBOIS</u></a>      | <a href="#"><u>KNOX</u></a>       | <a href="#"><u>POSEY</u></a>      | <a href="#"><u>WASHINGTON</u></a>  |
| <a href="#"><u>ELKHART</u></a>     | <a href="#"><u>KOSCIUSKO</u></a>  | <a href="#"><u>PULASKI</u></a>    | <a href="#"><u>WAYNE</u></a>       |
| <a href="#"><u>FAYETTE</u></a>     | <a href="#"><u>LA PORTE</u></a>   | <a href="#"><u>PUTNAM</u></a>     | <a href="#"><u>WELLS</u></a>       |
| <a href="#"><u>FLOYD</u></a>       | <a href="#"><u>LAGRANGE</u></a>   | <a href="#"><u>RANDOLPH</u></a>   | <a href="#"><u>WHITE</u></a>       |
| <a href="#"><u>FOUNTAIN</u></a>    | <a href="#"><u>LAKE</u></a>       | <a href="#"><u>RIPLEY</u></a>     | <a href="#"><u>WHITLEY</u></a>     |

*This resource directory was created in collaboration with the Indiana State Department of Health, Maternal and Child Health Division.*

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ADAMS

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[Adams Memorial Hospital](#)

WIC: Adams County WIC, (260) 724-8495

WIC: Adams County WIC Berne Site, (260) 589-2859

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ALLEN

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[Dupont Hospital](#)

[Lutheran Children's Hospital](#)

[Parkview Hospital](#)/Parkview North Hospital

[St. Joseph Hospital](#) (Fort Wayne)

[Northern Indiana Lactation Consultants Association](#) – Tonya Alleshouse,  
[talleshouse@cameronmca.com](mailto:talleshouse@cameronmca.com)

La Leche League - [Fort Wayne](#)

IMMB Milk Depot – Lutheran Children’s Hospital, (260) 435-7330

WIC: Neighborhood Health Clinics, (260) 458-2641

WIC: United Faith WIC Clinic, (260) 423-2585

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BARTHOLOMEW

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[Columbus Regional Hospital](#)

[Breastfeeding Coalition of Bartholomew County](#) – Beth Morris, [bmorris@crh.org](mailto:bmorris@crh.org) or [Facebook](#)

La Leche League - [Columbus](#)

Drop-In Center: Nurse and Chat – Beth Morris, [bmorris@crh.org](mailto:bmorris@crh.org) or (812) 376-5452; 2<sup>nd</sup> Friday at 10:30 am and 4<sup>th</sup> Wednesday at 5:30 pm

Classes: Mothering Essentials, Rhonda Wilkerson, (812) 343-5246, [Rwilkerson@comcast.net](mailto:Rwilkerson@comcast.net); breastfeeding basics and childbirth classes

WIC: Bartholomew County Health Department, (812) 379-1557

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BENTON

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WIC: Benton County WIC Program, (765) 385-0623

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BLACKFORD

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Blackford County Breastfeeding Support Task Force – Molly Hunt, (765) 348-3213 or [hunt55@purdue.edu](mailto:hunt55@purdue.edu), [Facebook](#)

Support Group: Breastfeeding Mothers of Blackford County, Molly Hunt, (765) 348-3213 or [hunt55@purdue.edu](mailto:hunt55@purdue.edu)

WIC: Blackford County WIC Program, (765) 348-0744

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BOONE

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[Witham Health Services](#)

Breastfeeding Coalition of Boone, Clinton and Montgomery Counties – Penny Lane, (765) 436-7527

Drop-In Center: [Believe Midwifery Services](#) – Penny Lane, (765) 436-7527 or [Penny@BelieveMidwiferyServices.com](mailto:Penny@BelieveMidwiferyServices.com); check website for details

Support Group: [Believe Midwifery Services](#) – Penny Lane, (765) 436-7527 or [Penny@BelieveMidwiferyServices.com](mailto:Penny@BelieveMidwiferyServices.com); 3<sup>rd</sup> Fridays at noon

Classes: [Believe Midwifery Services](#) – Penny Lane, (765) 436-7527 or [Penny@BelieveMidwiferyServices.com](mailto:Penny@BelieveMidwiferyServices.com); counseling, consults, education, frenotomy, pump rentals, various breastfeeding retail, support group, advocacy

WIC: Boone Co. WIC Program, (765) 482-6176

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BROWN

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WIC: Brown Co. WIC Program, (812) 988-6792

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CARROLL

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WIC: Carroll County WIC Program, (765) 564-2048

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CASS

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[Logansport Memorial Hospital](#)

WIC: Cass County WIC Program, (574) 753-4961

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CLARK

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[Clark Memorial Hospital](#)

WIC: Clark County WIC Program, (812) 288-2715

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CLAY

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Breastfeeding Coalition of the Wabash Valley – Deanna Ferguson, (812) 234-8733,  
[dferguson@themaplecenter.org](mailto:dferguson@themaplecenter.org)

WIC: Clay County WIC Program, (812) 442-0573

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CLINTON

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[St. Vincent Frankfort Hospital](#)

Breastfeeding Coalition of Boone, Clinton and Montgomery Counties – Penny Lane, (765) 436-7527

WIC: Clinton County WIC Program, (765) 659-2131

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CRAWFORD

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WIC: Crawford County WIC Program, (812) 365-2943

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DAVISS

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[Daviss Community Hospital](#)

Support Group: Pregnancy Care Center, Rebecca Moeller, (812) 486-7264 or [rmoeller@rtccom.net](mailto:rmoeller@rtccom.net);  
3<sup>rd</sup> Monday, 6-8 pm

WIC: Daviess County WIC Program, (812) 254-0002 ext 3

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DEARBORN

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[Dearborn County Hospital](#)

WIC: Dearborn County WIC Program in Lawrenceburg, (812) 537-4089 or (800) 456-0492

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DECATUR

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[Decatur County Memorial Hospital](#)

WIC: Decatur Co. WIC Program, (812) 663-7041

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DEKALB

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[DeKalb Health](#)

WIC: DeKalb County WIC Program, (260) 925-1740

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DELAWARE

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[IU Health Ball Memorial](#)

La Leche League - [Muncie](#)

IMMB Milk Depot – Delaware Co. WIC, (765) 289-6180

WIC: Open Door Health Services, (765) 289-6180

WIC: Eaton Community Center, (765) 396-3980

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DUBOIS

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[Memorial Hospital and Health Care Center](#)

La Leche League - [Dubois County](#)

WIC: Dubois County WIC Program, (812) 481-9590

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ELKHART

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[Elkhart General Healthcare System](#)

[IU Health Goshen](#)

La Leche League - [Elkhart](#)

Drop-In Center: Motherhood and More...Breastfeeding Clinic and Support, Rachel Eby,  
[kreby333@frontier.com](mailto:kreby333@frontier.com); Tuesdays, 3 -5 pm

WIC: Healthy Beginnings – Elkhart, (574) 522-0104

WIC: Healthy Beginnings – Goshen, (574) 535-6765

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FAYETTE

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[Fayette Regional Health System](#)

Whitewater Valley Breastfeeding Alliance – Julie Potter, (765) 983-8044 or  
[Julianna.Potter@Centerstone.org](mailto:Julianna.Potter@Centerstone.org), [Facebook](#)

WIC: Fayette County WIC Program, (765) 825-5210

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FLOYD

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[Floyd Memorial Hospital & Health Services](#)

La Leche League - Lisa Mascio-Thompson, (812) 987-3635 or [Pixielam@yahoo.com](mailto:Pixielam@yahoo.com)

WIC: Floyd County WIC Program, (812) 948-1564

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FOUNTAIN

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WIC: Fountain County WIC Program, (765) 793-3676

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FRANKLIN

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Whitewater Valley Breastfeeding Alliance – Julie Potter, (765) 983-8044 or [Julianna.Potter@Centerstone.org](mailto:Julianna.Potter@Centerstone.org), [Facebook](#)

WIC: Franklin County WIC Program, (765) 647-3663

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FULTON

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[Woodlawn Hospital](#)

WIC: Fulton County WIC Program, (574) 223-2073

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GIBSON

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WIC: Gibson County WIC Program, (812) 386-6402

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GRANT

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[Marion General Hospital](#)

WIC: Indiana Health Center at Marion, (765) 613-0150

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GREENE

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[Greene County General Hospital](#)

Green County Breastfeeding Coalition – Nancy Myers, (937) 372-6941, [nmyers@greeneccc.com](mailto:nmyers@greeneccc.com)

Classes: Soin Medical Center – Mendy Morris, (937) 395-8600, [mendy.morris@khnetwork.org](mailto:mendy.morris@khnetwork.org); breastfeeding classes



WIC: Greene County WIC Program, (812) 384-3253

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#### HAMILTON

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[IU Health North](#)

[Riverview Hospital](#)

[St. Vincent Carmel Hospital](#)

La Leche League - [Carmel](#)

La Leche League - [Noblesville](#)

WIC: Hamilton Co. WIC – United Way Service Center, (317) 776-3445

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#### HANCOCK

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[Hancock Regional Hospital](#)

Hancock County Breastfeeding Coalition – Linda Garrity, (317) 468-4383,  
[lgarrity@hancockregional.org](mailto:lgarrity@hancockregional.org), [Facebook](#)

La Leche League - [Greenfield](#)

WIC: Hancock County WIC Clinic, (317) 462-3552

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#### HARRISON

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[Harrison County Hospital](#)

WIC: Harrison County WIC Program, (812) 738-1601

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#### HENDRICKS

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[Hendricks Regional Health](#)

[IU Health West](#)

La Leche League - [West Indy/Hendricks County](#)

Support Group: Hendricks Regional Health, Childbirth Center Classroom; Debbie Beck RN IBCLC,  
[dbeck@hendricks.org](mailto:dbeck@hendricks.org); Wednesdays, 1-2pm

WIC: Hendricks County Health Foundation, (317) 745-2027

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HENRY

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[Henry County Hospital](#)

Henry County Breastfeeding Coalition – Cyndi Leedy, (765) 529-4403, [cleedy@icapcaa.org](mailto:cleedy@icapcaa.org)

WIC: Henry County WIC Program, (765) 529-4403

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HOWARD

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[Community Howard Regional Health](#)

[St. Vincent St. Joseph Hospital](#)

Howard County Breastfeeding Coalition – Stacy Rosales, (765) 455-9334, [srosales@iupui.edu](mailto:srosales@iupui.edu), [Facebook](#)

WIC: Howard County WIC Program, (765) 252-4249

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HUNTINGTON

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[Parkview Huntington Hospital](#)

WIC: Huntington County WIC Program, (260) 356-4455

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JACKSON

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[Schneck Medical Center](#) - Wednesday, 9-11 am

Jackson County Breastfeeding Coalition – Cheryl Yazell, (812) 524-3373, [cyazell@schneckmed.org](mailto:cyazell@schneckmed.org)

WIC: Jackson County WIC Program, (812) 523-1248

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JASPER

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[Jasper County Hospital](#)

La Leche League - [Jasper County](#)

WIC: Jasper County WIC Program, (219) 866-8662

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JAY

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[Jay County Hospital](#)

Jay County Breastfeeding Support Coalition – Kristi Henry, (260) 726-7131, [khenry@jaycountyhospital.com](mailto:khenry@jaycountyhospital.com)

WIC: Jay County WIC Program, (260) 726-9318

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JEFFERSON

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[The King's Daughters' Hospital and Health](#)

La Leche League - [Madison](#)

WIC: Jefferson County WIC Program, (812) 273-3942

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JENNINGS

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WIC: Jennings County WIC Program, (812) 346-2515

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JOHNSON

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[Johnson Memorial Hospital](#)

South Central Breastfeeding Alliance – Renee Atkins, (317) 528-5620 or  
[scbreastfeedingalliance@yahoo.com](mailto:scbreastfeedingalliance@yahoo.com)

La Leche League - [Franklin](#)

La Leche League - [Greenwood/South Indy](#)

Support Group: IUPUI Support Group, Amanda Stinnett

WIC: Johnson County WIC Program, (317) 736-6628

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KNOX

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[Good Samaritan Hospital](#)

Knox County Natural Parenting Group

WIC: Knox County WIC Program, (812) 886-0107

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KOSCIUSKO

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[Kosciusko Community Hospital](#)

WIC: Kosciusko County WIC Program, (574) 269-4456

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LA PORTE

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[Franciscan St. Anthony Health - Michigan City](#)

[IU Health LaPorte Hospital](#)

IMMB Milk Depot – LaPorte Co. WIC Office, (219) 879-3025

WIC: LaPorte County WIC Program, (219) 326-7565

WIC: LaPorte County WIC Program – Michigan City Office, (219) 879-3025

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LAGRANGE

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[Parkview LaGrange Hospital](#)

WIC: LaGrange County WIC Program, (260) 499-4182 ext. 229

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LAKE

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[Community Hospital \(Munster\)](#)

[Franciscan Alliance St. Margaret Health](#)

[Franciscan St. Anthony Health - Crown Point](#)

[Methodist Hospital, Gary Campus](#)

[Methodist Hospital, Merrillville Campus](#)

[St. Catherine Hospital, Inc.](#)

[St. Mary Medical Center \(Hobart\)](#) – 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month, 11 am – 1 pm

NWI Breastfeeding Coalition – Diane Gora, [Facebook](#)

La Leche League - [Hammond](#)

Classes: Healthy East Chicago – Connie Leal, (219) 614-1027 or [cleal@hvusa.org](mailto:cleal@hvusa.org); prenatal care coordination and prenatal and postpartum education

Classes: Crown Point OB/GYN – Lavawn Souther, (219) 776-0268 or [lavawn8151@yahoo.com](mailto:lavawn8151@yahoo.com); prenatal breastfeeding classes

WIC: Crown Point WIC Program, (219) 663-9279

WIC: East Chicago WIC Program, (219) 397-4577

WIC: Gary Downtown, (219) 882-6510

WIC: Gary WIC, (219) 883-5260

WIC: Glen Park Office, (219) 887-1038

WIC: Hammond WIC Program – Northwest Family Services, (219) 931-9527

WIC: Hessville WIC Clinic, (219) 989-0449

WIC: Lake Station, (219) 962-4116

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#### LAWRENCE

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##### [St. Vincent Dunn Hospital](#)

Lawrence County Breastfeeding Coalition – Gwyn Pentzer, [gepentzer@hoosieruplands.org](mailto:gepentzer@hoosieruplands.org) or (812) 849-4447 ext. 335

Support Group: St. Vincent Dunn Mommy & Me, [slbrown6@stvincent.org](mailto:slbrown6@stvincent.org) or (812) 276-1285; 3<sup>rd</sup> Thursdays, 11 am

WIC: Community Health and Wellness Center WIC, (812) 279-6222

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#### MADISON

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##### [Community Hospital Anderson](#)

##### [St. Vincent Anderson Regional Hospital](#)

Madison County Breastfeeding Coalition – Elizabeth Arnett, (765) 298-5424 or [earnett@ecommunity.com](mailto:earnett@ecommunity.com) or [Facebook](#)

WIC: Madison County WIC Program-Anderson, (765) 646-9272

WIC: Madison County WIC Program-Elwood, (765) 552-9916

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#### MARION

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##### [Community Hospital East](#)

##### [Community Hospital North](#)

##### [Community Hospital South](#)

##### [Franciscan St. Francis - Indianapolis](#)

##### [IU Health Methodist](#)

##### [IU Health University](#)

##### [St. Vincent Women's Hospital](#)

##### [Eskenazi Health](#)

South Central Breastfeeding Alliance – Renee Atkins, (317) 528-5620 or [scbreastfeedingalliance@yahoo.com](mailto:scbreastfeedingalliance@yahoo.com) (Marion/Johnson counties)

La Leche League – [Indianapolis \(and surrounding areas\)](#)

La Leche League - [Indianapolis – Meridian Kessler](#)

La Leche League - [Indianapolis – Castleton](#)

La Leche League - [Greenwood/South Indy](#)

Breastfeeding USA – Lawrence (East Indy) Chapter

- Contact [Erin](#) for meeting dates and locations

Breastfeeding USA – Indy Breastfeeding Moms

- Call (317) 782-5819, [email](#) or check [Facebook](#) for meeting dates and locations

Drop-In Center: Well Babies at Walgreens, 10<sup>th</sup> and Post Road location, (317) 809-0986, Mondays, 11 am – 1 pm

Drop-In Center: Well Babies at Walgreens, 62<sup>nd</sup> and Keystone Ave. location, (317) 809-0986, Wednesdays, 10 am – noon

Drop-In Center: Indy’s Downtown Breastfeeding Drop-In Center – Kathy McCoy, (317) 902-9105 or [kathyrnibclcl@hotmail.com](mailto:kathyrnibclcl@hotmail.com); Wednesdays, 4:30 – 8 pm

Drop-In Center: [Believe Midwifery Services](#) – Penny Lane, (765) 436-7527 or [Penny@BelieveMidwiferyServices.com](mailto:Penny@BelieveMidwiferyServices.com); check website for details

Support Group: [Believe Midwifery Services](#) – Penny Lane, (765) 436-7527 or [Penny@BelieveMidwiferyServices.com](mailto:Penny@BelieveMidwiferyServices.com); 3<sup>rd</sup> Fridays at noon

Classes: [Believe Midwifery Services](#) – Penny Lane, (765) 436-7527 or [Penny@BelieveMidwiferyServices.com](mailto:Penny@BelieveMidwiferyServices.com); counseling, consults, education, frenotomy, pump rentals, various breastfeeding retail, support group, advocacy

IMMB Main Office – 4755 Kingsway Dr. Suite 120, Indianapolis, (877) 826-7470

IMMB Milk Depot – St. Francis Hospital, (317) 528-5620

**WIC: Downtown Indianapolis**

Blackburn Clinic, (317) 931-4309

**WIC: East Indianapolis**

Grassy Creek Clinic, (317) 890-2130

**WIC: North Indianapolis**

Action Center WIC Program, (317) 221-3509

**WIC: Northeast Indianapolis**

Forest Manor Health Center, (317) 221-3010

North Arlington WIC, (317) 554-5288

LaPlaza/ Hispanic Center, (317) 890-3292

**WIC: West Indianapolis**

Westside Health Center WIC, (317) 554-4608

**WIC: Northwest Indianapolis**

Georgetown Clinic WIC Program, (317) 221-3430

Pecar WIC, (317) 221-7510

**WIC: South Indianapolis**

Barrington WIC Clinic, (317) 782-2120

Cottage Corner WIC Office, (317) 655-3220

National Square WIC Clinic, (317) 221-5795

Stop 11 Clinic, (317) 883-3165

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MARSHALL

[Community Hospital of Bremen, Inc.](#)

[St. Joseph Regional Med Center, Plymouth](#)

Marshall County Breastfeeding Task Force – Beth Rutherford

WIC: Marshall County WIC Program, (574) 936-8208

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MARTIN

WIC: Martin County WIC Program, (812) 247-3303

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MIAMI

[Dukes Memorial Hospital](#)

WIC: Area Five WIC – Peru, (765) 472-7714

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MONROE

[IU Health Bloomington](#)

La Leche League - [Bloomington](#)

IMMB Milk Depot – Bloomington Area Birth Services, (812) 337-8121

IMMB Milk Depot – Monroe Co. WIC Office, (812) 353-3221

WIC: Monroe County WIC Program, (812) 353-3221

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MONTGOMERY

Breastfeeding Coalition of Boone, Clinton and Montgomery Counties – Penny Lane, (765) 436-7527

WIC: Montgomery County WIC Program, (765) 362-4096

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MORGAN

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[Franciscan St. Francis - Mooresville](#)

[IU Health Morgan Hospital](#)

Morgan County Breastfeeding Coalition – Norma Bunton, [nbunton@iuhealth.org](mailto:nbunton@iuhealth.org)

Drop-In Center: Morgan County WIC, (765) 349-9566; Mondays, 9 am – 1 pm

WIC: Morgan County WIC Program, (765) 349-9566

WIC: Morgan County WIC Program – Mooresville, (765) 349-9566

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NEWTON

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WIC: Newton County WIC Program, (219) 285-0656

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NOBLE

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[Parkview Noble Hospital](#)

Drop-In Center: Life and Family Services, Anita Pattison, (260) 347-5720 or [a.pattison@mediacombb.net](mailto:a.pattison@mediacombb.net)

Have a Healthy Baby (Purdue) – Janeen Longfellow, (260) 636-2111 or [jlongfellow@purdue.edu](mailto:jlongfellow@purdue.edu); 5 sessions including information on breastfeeding

WIC: Noble County WIC Program, (260) 636-2600

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OHIO

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WIC: Ohio County WIC Program, (812) 438-3666

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ORANGE

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[IU Health Paoli](#)

Orange County Breastfeeding Coalition - Anne Brookhyser, (812) 723-7418, [abrookhyser@iuhealth.org](mailto:abrookhyser@iuhealth.org)

La Leche League - [Orange County](#)

WIC: Orange County WIC Program, (812) 723-4131



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OWEN

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La Leche League - [Greencastle](#) (Putnam County)

WIC: Owen County WIC Program, (812) 829-0303

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PARKE

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Breastfeeding Coalition of the Wabash Valley – Deanna Ferguson, (812) 234-8733,  
[dferguson@themaplecenter.org](mailto:dferguson@themaplecenter.org)

WIC: Family Health & Help Center, (765) 569-4008

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PERRY

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[Perry County Memorial Hospital](#)

WIC: Perry County WIC Program, (812) 547-8615

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PIKE

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WIC: Pike County WIC Program, (812) 354-9200

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PORTER

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[Porter Hospital](#)

Northwest Indiana Breastfeeding Coalition – Kelli Fifer, [Kelli.A.Fifwer@combs.org](mailto:Kelli.A.Fifwer@combs.org)

La Leche League - [Porter County](#)

WIC: Portage WIC, (219) 762-3185

WIC: Valparaiso WIC, (219) 464-9220

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POSEY

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WIC: Posey County WIC Program, (812) 838-0094

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PULASKI

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[Pulaski Memorial Hospital](#)

[Heartland Breastfeeding Coalition](#) – Julia Decker, (574) 595-7581 or [jadecker67@earthlink.net](mailto:jadecker67@earthlink.net)

Classes: MOPS, Sharon Berry, (574) 653-2563; parenting support, preschoolers

WIC: Pulaski County WIC Program, (574) 946-6863

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PUTNAM

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La Leche League - [Greencastle](#)

WIC: Putnam County WIC, (765) 653-6171

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RANDOLPH

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[St. Vincent Randolph Hospital](#)

WIC: Randolph County WIC Program, (765) 584-4090

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RIPLEY

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[Margaret Mary Community Hospital](#)

La Leche League - [Sunman](#)

Support Group: Dr. Suzanne Martini, (812) 623-4018, Monday evenings

WIC: Ripley County WIC in Milan, (812) 654-1482

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RUSH

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Whitewater Valley Breastfeeding Alliance – Julie Potter, (765) 983-8044 or  
[Julianna.Potter@Centerstone.org](mailto:Julianna.Potter@Centerstone.org), [Facebook](#)

WIC: Rush County WIC Program, (765) 938-5502

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ST. JOSEPH

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[Memorial Hospital of South Bend](#)

[St. Joseph Regional Med Center, Mishawaka](#)

[St. Joseph County Breastfeeding Coalition](#) – Gemma Regan, [GRegan@beaconhealthsystem.org](mailto:GRegan@beaconhealthsystem.org)

Drop-In Center: Marycrest Weight Check Clinic, Leslie Miller, (574) 647-2145; Mondays, 10 am – noon

La Leche League - [South Bend](#)

IMMB Milk Depot – Memorial Hospital, (574) 647-3540

WIC: North Liberty Community Center, (574) 647-2101

WIC: South Bend, (574) 647-2100

WIC: St. Joseph County WIC Program, (574) 647-2175

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SCOTT

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[Scott Memorial Hospital](#)

WIC: Scott County WIC Program, (812) 752-6474

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SHELBY

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[Major Hospital](#)

WIC: Shelby County WIC Program, (317) 398-3002

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SPENCER

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WIC: A.H. Kennedy Learning Center, (812) 649-9024

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STARKE

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Support Group: Bella Vita, Susanne Lange, (574) 772-2877, [bellavtiaprc@gmail.com](mailto:bellavtiaprc@gmail.com)

WIC: Starke County WIC Program, (574) 772-2175

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STEUBEN

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[Cameron Memorial Community Hospital](#)

[NINLCA](#) (Northern Indiana Lactation Consultant Association) – Tonya Alleshouse, (260) 665-2141 x5333, [talleshouse@cameronmch.com](mailto:talleshouse@cameronmch.com)

WIC: Steuben County WIC Program, (260) 668-1000 ext. 1050

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SULLIVAN

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[Sullivan County Community Hospital](#)

Breastfeeding Coalition of the Wabash Valley – Deanna Ferguson, (812) 234-8733, [dferguson@themaplecenter.org](mailto:dferguson@themaplecenter.org)

WIC: Sullivan County WIC Program, (812) 268-6439

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SWITZERLAND

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WIC: Switzerland County WIC Program in Vevay, (812) 427-3442

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#### TIPPECANOE

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[Franciscan St. Elizabeth East](#)

[IU Health Arnett](#)

[Greater Lafayette Breastfeeding Coalition](#) – Darlene Matz, (765) 420-9998 or [dmatz@tippecanoe.in.gov](mailto:dmatz@tippecanoe.in.gov)

La Leche League - [Lafayette / West Lafayette](#)

IMMB Milk Depot – Tippecanoe Co. WIC Office, (765) 420-9999

WIC: Tippecanoe County WIC Program-Lafayette, (765) 420-9999

WIC: Tippecanoe County WIC Program-West Lafayette, (765) 743-0068

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#### TIPTON

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WIC: Tipton County WIC Program, (765) 252-1052

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#### UNION

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Whitewater Valley Breastfeeding Alliance – Julie Potter, (765) 983-8044 or [Julianna.Potter@Centerstone.org](mailto:Julianna.Potter@Centerstone.org), [Facebook](#)

WIC: Union County WIC Program, (765) 458-5706

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#### VANDERBURGH

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[St. Mary's Medical Center](#)

La Leche League - [Evansville](#)

Drop-In Center: Evansville Christian Life Center- Parenting Rewards, Brenda Ferry, (812) 492-0721 or [bferry@restoringpeople.com](mailto:bferry@restoringpeople.com); Wednesdays, noon – 2 pm

Support Group: Deaconess Family Medicine Residency, Kristine Cordts, (812) 450-7424, [kristine.cordts@deaconess.com](mailto:kristine.cordts@deaconess.com); Fridays, 10 am – noon

Support Group and Classes: Parenting Rewards at Evansville Christian Life Center, Brenda Ferry, (812)492-0721 or [bferry@restoringpeople.com](mailto:bferry@restoringpeople.com); support group on Wednesdays, noon – 2 pm; also offers prenatal and parenting classes

WIC: Oak Park WIC, (812) 435-5701

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## VERMILLION

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Breastfeeding Coalition of the Wabash Valley – Deanna Ferguson, (812) 234-8733,  
[dferguson@themaplecenter.org](mailto:dferguson@themaplecenter.org)

Classes: Breastfeeding Survival 101, Katie Shuckhart, (812) 236-7092,  
[KSHUCKHA@HamiltonCenter.org](mailto:KSHUCKHA@HamiltonCenter.org)

WIC: Vermillion Co. WIC Program, (765) 832-6732

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## VIGO

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[Terre Haute Regional Hospital](#)

[Union Hospital, Inc.](#)

Breastfeeding Coalition of the Wabash Valley – Deanna Ferguson, (812) 234-8733,  
[dferguson@themaplecenter.org](mailto:dferguson@themaplecenter.org)

La Leche League - [Terre Haute](#)

WIC: Vigo County WIC Program, (812) 232-6306

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## WABASH

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WIC: Area Five WIC – Wabash, (260) 563-4310

WIC: Area Five WIC – N. Manchester, (260) 982-7784

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## WARREN

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Classes: Have a Healthy Baby, Jean Akers, (765) 762-3231, [akersj@purdue.edu](mailto:akersj@purdue.edu); prenatal classes  
and breastfeeding information

WIC: Warren County WIC Program, (765) 762-2427

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## WARRICK

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[The Women's Hospital \(Deaconess\)](#)

Drop-In Center: Evansville Christian Life Center- Parenting Rewards, Brenda Ferry, (812) 492-0721  
or [bferry@restoringpeople.com](mailto:bferry@restoringpeople.com); Wednesdays, noon – 2 pm

Support Group: Deaconess Family Medicine Residency, Kristine Cordts, (812) 450-7424,  
[kristine.cordts@deaconess.com](mailto:kristine.cordts@deaconess.com); Fridays, 10 am – noon

Support Group and Classes: Parenting Rewards at Evansville Christian Life Center, Brenda Ferry, (812) 492-0721 or [bferry@restoringpeople.com](mailto:bferry@restoringpeople.com); support group on Wednesdays, noon – 2 pm; also offers prenatal and parenting classes

IMMB Milk Depot – The Women’s Hospital, (812) 842-4525

WIC: Warrick County WIC Program, (812) 897-4182

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#### WASHINGTON

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WIC: Washington County WIC Program, (812) 883-1394

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#### WAYNE

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[Reid Hospital & Health Care Services, Inc.](#)

Wayne County Breastfeeding Coalition – Julie Potter, (765) 983-8044 or [Julianna.Potter@Centerstone.org](mailto:Julianna.Potter@Centerstone.org), [Facebook](#)

La Leche League - [Richmond](#)

Support Group: Breastfeeding Café – 5<sup>th</sup> Street Bagel Shop, Richmond; Julie Potter or Angela Yates, (765) 983-8044 or (562) 441-3518, [Julianna.Potter@Centerstone.org](mailto:Julianna.Potter@Centerstone.org); 3<sup>rd</sup> Thursday, 10 – 11:30 am

Support Group: Breastfeeding Café – Julie Potter, (765) 983-8044, [Julianna.Potter@Centerstone.org](mailto:Julianna.Potter@Centerstone.org); Monday – Thursday, 8:30 am – 5 pm

WIC: Wayne County WIC Program, (765) 983-8044

WIC: Cambridge City WIC Clinic, (765) 478-5417

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#### WELLS

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[Bluffton Regional Medical Center](#)

WIC: Wells County WIC Program, (260) 824-4180

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#### WHITE

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[IU Health White Memorial](#)

TLC Breastfeeding Coalition – Leslie Bruder, (574) 583-5081 or [snippy@hotmail.com](mailto:snippy@hotmail.com)

WIC: White County WIC Program, (574) 583-4930

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#### WHITLEY

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[Parkview Whitley Hospital](#)

[Northeast Indiana Lactation Consultants Association](#) – Jennifer Baker, [jennbaker@aol.com](mailto:jennbaker@aol.com)

WIC: Whitley County WIC Program, (260) 244-2315