



28th Annual Meeting
Hilton Bayfront, San Diego, California -- October 19-22, 2017

THURSDAY, OCTOBER 19, 2017

PRECONFERENCE SESSIONS (9:00 AM-4:30 PM (Breaks 10:30am and 2:30pm; Lunch 12-1pm))

9:00 AM-4:30 PM (Breaks 10:30am and 2:30pm; Lunch 12-1pm)	What's Appropriate – and What's Not? Safe Opioid Prescribing in a World of Ever-Changing Regulations <i>Faculty: Paul Christo, MD, Bob Twillman, PhD, and Jen Bolen, JD</i>	Certificate in Nutritional Pain Management Workshop (CNPM) <i>Faculty: Robert Bonakdar, MD, FACN, and Nancy Cotter, MD, FACN, CNS</i>	Autonomic Self-Regulation for Chronic Centrally Sensitized Pain <i>Faculty: Raouf S. Gharbo, DO; Jay P. Ginsberg, PhD; Melanie E. Berry, MS, BCB, Aubrey Berry, BS, ABT CP-TLP, CES, CHP OMC, FAIS</i>
5:00-5:15 PM	President's Welcome - W. Clay Jackson, MD, DipTh		
5:15-6:15 PM	1. Keynote: Presence, Patience, and Perseverance: A Veteran's Story <i>Faculty: US Army COL (Ret) Gregory D. Gadson</i>		
6:30-8:30 PM	President's Welcome Reception in the Exhibit Hall		

FRIDAY, OCTOBER 20, 2017

7:00-8:00 AM	2. Morning Exercise <i>Faculty: Roger Mignosa, DO</i>		
9:00-10:00 AM	3. Conference Assembly: Interdisciplinary Functional Restoration Programs for Chronic Pain <i>Faculty: Mark Johnson, PhD, Peter Abaci, MD, Michael Sullivan, PT</i>		
10:00-10:45 AM	Exhibits		
10:50-11:20 AM	4. Fibromyalgia: Best Practices for Integrative Treatment Approaches <i>Faculty: Lynette Cederquist, MD</i>	5. Mind Body Therapies for Pain and PTSD in the Military Setting <i>Faculty: Jeffrey Millegan, MD, MPH, FAPA, CDR MC USN</i>	6. Update on Complex Regional Pain Syndrome <i>Faculty: Paul Christo, MD</i>
11:25 AM-11:55 PM	7. Case Study Session: Fibromyalgia <i>Faculty: Lynette Cederquist, MD</i>	8. Connecting Foods with Symptoms: The Allergy Elimination Diet and Pain <i>Faculty: Nancy Cotter, MD, FACN, CNS</i>	9. Virtual Reality is a Reality – and It's Helping Chronic Patients Right Now <i>Faculty: Brenda K. Wiederhold, PhD, MBA, BCB, BCN</i>
12:20-1:50 PM	Lunch Break		
1:55-2:55 PM	10. Keynote: Reflections on Pain in the Brain <i>Faculty: Vilayanur S. Ramachandran, PhD, MBBS</i>		
3:00-3:30 PM	11. Migraine: It Doesn't Have To Be a Headache <i>Faculty: Duren Michael Ready, MD, FAHS</i>	12. Low Risk, High Success: Prolotherapy Regenerative Medicine for Osteoarthritis <i>Faculty: Donna D. Alderman, DO</i>	13. Orofacial Neuropathy: Appropriate Diagnosis and Treatment <i>Faculty: Joseph Matthews, DDS, MSc</i>
3:35-4:15 PM	Break		
4:20-4:50 PM	14. Case Study Session: Migraine <i>Faculty: Duren Michael Ready, MD, FAHS</i>	15. Chemotherapy-Induced Neuropathic Pain: Victories and Defeats <i>Faculty: W. Clay Jackson, MD, DipTh</i>	16. Hormone Therapy for Pain Management <i>Faculty: Forest Tennant, MD, Dr.PH</i>
4:55-5:25 PM	17. A Common Condition You Haven't Heard Of: Small Fiber Polyneuropathy <i>Faculty: Charles E. Argoff, MD</i>	18. Virtual Reality – Technology and Advanced Medical Imaging in Medicine <i>Faculty: Michael Kurisu, DO</i>	19. Advanced Medication and Procedural Options for Headache <i>Faculty: Christy Jackson, MD</i>
5:30-6:00 PM	20. Case Study Session: Small Fiber Polyneuropathy <i>Faculty: Charles E. Argoff, MD</i>	21. Insomnia and Pain: Nonpharmacological Solutions <i>Faculty: Mindy Cetel, MD</i>	22. Integrative Options for Headache: Out of the Medicine Cabinet and Into the Pantry <i>Faculty: Robert Bonakdar, MD, FACN</i>
6:00-8:00 PM	Exhibitors Reception and Poster Abstract Presentations		

SATURDAY, OCTOBER 21, 2017			
7:00-8:00 AM	23. Practical QiGong for Your Daily Life & Practice <i>Faculty: Nadia Linda Hole MD</i>		
9:00-10:00 AM	24. Keynote: The Science, Politics and Medicine of Medical Cannabis for Chronic Pain <i>Faculty: Mark Wallace, MD</i>		
10:00-10:15 AM	Exhibit Hall Drawing in the Keynote Room		
10:15-11:00 AM	Exhibit Hall Closing		
11:05-11:35 AM	25. Noninvasive Treatments for Low Back Pain and ACP Guidelines <i>Faculty: Robb Russell, DC</i>	26. The Three E's of Patient Communication: Empathy, Education and Engagement to Improve Outcomes <i>Faculty: Jill Schneiderhan, MD, ABIHM, and Russell Lemmon, DO</i>	27. Identifying and Managing the Red Flags of Opioid Misuse <i>Faculty: Stephen F. Grinstead, LMFT, ACRPS</i>
11:40 AM-12:10 PM	28. Team-based Care for Low Back Pain: A Panel Discussion <i>Faculty: Robb Russell, DC, Melissa A. Nagare, DC, L.Ac, Clifford S. Lee, LAc</i>	29. The Moral Debate: Do What's Right – Or What's Allowed? <i>Faculty: Phyllis Whitehead, PhD, APRN/CNS, ACPNP, RN-BC</i>	30. How to Reboot the Body to Release Stress <i>Faculty: Chuck Renner, OTR, CHT</i>
12:15-1:45 PM	Luncheon: How Healing Works: and What it Means for Health Care (NON-CME) <i>Faculty: Wayne Jonas, MD</i>		
1:50-2:50 PM	31. Keynote: Wounded Healers: Preventing Clinician Suicide <i>Faculty: W. Clay Jackson, MD, DipTh</i>		
2:55-3:55 PM	32. Conference Assembly: Realities of Insurance Coverage for Integrative Pain Care <i>Faculty: R. Douglas Metz, DC, Denee Choice, MD, Bob Twillman, PhD, Mary Greene, MD, MPH, MBA</i>		
3:55-4:10 PM	Break		
4:15-4:45 PM	33. Update on the Evaluation of Osteoarthritis <i>Faculty: Suraj A. Achar, MD, FAAFP</i>	34. Enhanced Recovery After Surgery (ERAS) – An Integrative Approach <i>Faculty: Michael Kurisu, DO</i>	35. The Evidence for Chronic Opioid Therapy for Chronic Pain <i>Faculty: Charles E. Argoff, MD</i>
4:50-5:20 PM	36. Evidence-based Approach to Osteoarthritis Management <i>Faculty: Suraj A. Achar, MD, FAAFP</i>	37. Frontline Clinical Use of Evidence-based Integrative Medicine for Chronic Pain <i>Faculty: Lynn DeBar, PhD, MPH</i>	38. An Evidence-Based Need: Urine Drug Monitoring <i>Faculty: Charles E. Argoff, MD</i>
5:25-6:25 PM	39. Keynote: Changing Mindsets to Enhance Pain Treatment Effectiveness <i>Faculty: Beth D. Darnall, PhD</i>		
6:30-9:30 PM	Supported Dinner: SPPAN Congress/Advocacy Planning Session (Invited Guests Only) Policy professionals and patient advocates meet to address range of issues including but not limited to reimbursement of integrative pain care approaches		
SUNDAY, OCTOBER 22, 2017			
7:00-8:00 AM	40. Awakening Qi <i>Faculty: Nadia Linda Hole MD</i>		
8:05-9:05 AM	41. The Nuts and Bolts for a Successful Integrative Pain Management Practice <i>Faculty: Lance Luria, MD, FACP, ABOIM, Robert Bonakdar, MD, FACN, Jay Sandweiss, DO, C-NMM/OMM, DABMA, FAAMA, Chuck Renner, OTR, CHT, Kim Brower, MHA</i>	42. Traumatic Brain Injury – Restoring Neuroplasticity <i>Faculty: Roger Mignosa, DO</i>	43. Medical Acupuncture in Pain Medicine: Evidence and Practice <i>Faculty: Farshad Ahadian, MD</i>
9:10 - 10:10 AM		44. Is Systemic Lidocaine the New Standard of Care for Pain Due to Inflammation? <i>Faculty: Don H. Bivins, MD</i>	45. The Integrative Road Less Traveled: Autonomic Dysfunction and Headache <i>Faculty: Wade M. Cooper, DO, FACN, FAHS</i>
10:10-10:25 AM	Break		
10:30-11:30 AM	The Nuts and Bolts for a Successful Integrative Pain Management Practice: Continued	46. "Unlearning" Chronic Pain: Groundbreaking Concepts in Neuroscience, Medicine and Psychology for Pain Elimination <i>Faculty: Howard Schubiner, MD</i>	47. Lessons from Chiropractic Medicine: Using Fewer High-Risk Drugs for Low Back Pain <i>Faculty: James M. Whedon, DC, MS</i>
11:35 AM - 12:35 PM		48. Retraining the Pain Brain—Sensory Biofeedback <i>Faculty: C. Norman Shealy, MD, PhD</i>	49. It's Not in Your Head: Biological Rationales of Psychological Treatment for Chronic Pain <i>Faculty: Jill B. Fancher, PhD</i>

The Academy of Integrative Pain Management is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The AIPM also seeks accreditation for other disciplines. If a speaker introduces unapproved content or opinion, or violates compliance criteria, the Academy reserves the right to deny CE/CME hours/credits to the program.

Some of the courses presented at this meeting may be outside your scope of practice and are intended to provide an understanding of practices or procedures and how they relate to effective interdisciplinary or integrative pain management. These courses do not prepare or authorize you to add these practices to your scope of practice.

The AIPM reserves the right to make changes to the program at any time. Course descriptions and learning objectives are available on the AIPM's website: www.integrativepain.org