A Report from the 2015 Congress of Delegates

By David Hutchinson, M.D., MAFP Delegate to the AAFP

Minnesota members, I greet you from Denver, having recently finished with the 2015 annual Congress of Delegates meeting! Our delegation (myself, Kurt Angstman, Julie Anderson, Daron Gersch) chapter officers (Tariq Fareed, Dania Kamp) and EVP Maria Huntley, thank you for allowing us to represent your interests at the national level, amongst fellow idealists from around the country. It was uplifting and renewing to be here, and we honor your sponsorship with focus and effort.

While here, we helped to select next year’s AAFP officers and board members. We also participated in testimony and debate - and then directed organizational action - regarding many issues relevant to your patients and practices, within the AAFP areas of focus of Education, Advocacy, Health of the Public, Practice Enhancement, and Organization and Finance.

Among MANY pressing issues, our reference committee hearings processed discussions about:

- advocating for better patient access to less expensive pharmaceuticals including generic drugs
- specific recommendations to guide meaningful collection and utilization of patient satisfaction measures
- mechanisms to stimulate member entry into rural practices
- organizational positions on emerging public health and social justice issues such as human trafficking, police violence, and nuclear disarmament
- protecting family physician practice in hospice and other specialized care settings
- enhancing education/training for members about addiction medicine and suboxone prescription, long acting reversible contraceptive placement, complete miscarriage management, and assessment of elderly driver safety
- tracking costs to practices of PCMH and ICD-10 implementation
- how to stimulate EHR interoperability at the national level
- reimbursing for telemedicine encounters as part of a continuity clinical relationship
- enhancement of information transfer upon transitions in care
- advocating for federal adult vaccine programs
- payment provisions to help ensure that Medicare wellness exams are done within primary care offices and medical homes, and not by random retail test providers

While here, we also introduced a resolution from your MN House of Delegates advocating that the AAFP engage the FDA.
This issue of Minnesota Family Physician is brought to you by Rick Simmons, M.D., a long time MAFP member.

MAFP Membership
(As of 9/30/15)

Active = 2,146
Resident = 230
Student = 347
Life = 329
Inactive = 19
Supporting = 3
Total = 3,074

MAFP Officers

M. Tariq Fareed, MD - President
Dania Kamp, MD - President-Elect
David Bucher, MD - Board Chair
Glenn Nemec, MD - Speaker of House
Kimberly Wernsing, MD - Vice Speaker of House
Raymond Christensen, MD - Treasurer
Roli Owivedi, MD - Officer-At-Large
Deborah Dittberner, MD - Director-At-Large
Maria Huntley, CAE - Executive Vice President

Other MAFP Directors

Erica Gathje, MD - Resident Director
Elizabeth Hillebrand - Medical Student Director
Javid Saleem, MD - Special Constituencies Director

MAFP Staff

Lynn Balfour - Director of Development
Latisha Gums - Membership Specialist
Lisa Regehr - Program Director
Kristie Thorson - Communications Specialist
Missy Machkhashvili - MAPA Executive Director

In Memoriam

Herman Miller, M.D., Austin, MN
Member enrolled since 1965

John Watkins, M.D., Wells, MN
Member enrolled since 1960

Kenneth Peterson, M.D., Sun City, AZ
Member enrolled since 1950

Charles Bean, M.D., Waconia, MN
Member enrolled since 1960

Jo Eagle Anderson, M.D., LeSueur, MN
Member enrolled since 1961
Dear Fellow Family Physicians...

The past couple of months have been busy for MAFP leadership with many official activities to attend on behalf of the Academy.

The annual meeting of Minnesota Medical Association (MMA) was held in St. Louis Park, MN, in September. Issues pertaining to healthcare in general, as well as specific to Minnesota, were deliberated. At the meeting, the MAFP submitted our House of Delegates resolution on marijuana. It was supported by many of those attending. In addition, it was nice to see that MMA is well-represented by family physicians. David Thorson, M.D., was installed as MMA president at the meeting, and Dave Agerter, M.D., was selected as President-elect. Both are members of the MAFP.

I represented the MAFP at a meeting with state leaders regarding health risks associated with sulfide mining in northern Minnesota. Commissioners with the Department of Health, Dr. Ed Ehlinger, the Department of Natural Resources, Tom Landwehr, and the Minnesota Pollution Control Agency, John Stine were in attendance, along with Governor Mark Dayton’s representative, Joanna Dornfeld. This meeting was scheduled following a letter I sent to the Governor and department commissioners in response to a resolution submitted by the Lake Superior chapter regarding sulfide mining.

The 2015 American Academy of Family Physicians (AAFP) Congress of Delegates was held in Denver, CO in late September. Delegates and officers from all across the country attended. Common resolution themes at the Congress were cannabis for medicinal or recreational use, immunizations, health issues pertaining to social determinants of health, scope of practice and workforce issues. Dr. Wanda Filer was installed as the new President of the AAFP. Speaker Dr. John Meigs was elected as the President-elect.

In October, the MAFP hosted our semi-annual Primary Care Summit at the MAFP office building. It was represented by all the primary care specialties in Minnesota. Leaders from internal medicine, pediatrics, nurse practitioners and physician assistants attended. This meeting is aimed at forming a close working relationship with the different primary care specialties in Minnesota. We discuss issues that are common to us and merit a uniform voice from all of us especially to legislators and policy makers. We also agree to be prepared to disagree on many issues given our different specialty interests.

Later in the month, I was honored to participate in the ‘Introduction to Rural Family Medicine Course’ for first year medical students at the University of Minnesota Medical School, Duluth campus. I introduced them to our specialty of Family Medicine in general and rural practice in particular. I am grateful to Dr. Ruth Westra, Chair, Department of Family Medicine and Community Health- Duluth for this opportunity.

Other recent events included the University of Minnesota Family Medicine Celebration. I was invited by Mac Baird, M.D., Chair. Department of Family and Community Medicine - Twin Cities, to attend this event honoring the history of family medicine and looking toward its future. It was a great program featuring a special performance by Hippocrates Café which uses professional actors and musicians to family medicine through story and song.

Finally, the Academy was pleased to give MAFP board members an opportunity to interact socially outside of work. We held our first lunch cruise on the beautiful and serene Lake Minnetonka, following the September 19th Board of Directors meeting.

As we move forward, we will be trying some innovative ways to communicate with our members. Twitter and Google Hangout are ideas we may incorporate into future meetings. As part of this strategy, the first #MAFPchat was held on November 5th. The topic discussed was “Healthcare Workforce Shortage in MN”. We are also planning to offer some type of audio/visual attendance at our next face-to-face Board of Directors meeting which will be held during the 2016 MAFP Winter Conference in Alexandria. I strongly urge you to attend this conference which allows for great education in a family-friendly environment.

I look forward to communicating with each of you in future. Happy Holidays!
MAFP Member News

MAFP President, M. Tariq Fareed, M.D., wrote an article called ‘Setting Health Care Policy’ for the October 2015 issue of Minnesota Physician. The article can be found on Page 24.

Tar Wars Program Guide

The AAFP Tar Wars Program Guide for 2015-2016 has been revised and the presenter resources are available at www.aafp.org. Use the search box to look up Tar Wars. MAFP members are encouraged to schedule & make Tar Wars presentations at their local schools. If you make a presentation(s), please email kthorson@mafp.org to let us how many kids you reached.

New Health Care Homes

The Minnesota Department of Health announced the following new certified health care homes: Open Cities Health Center – North End Clinic and Sleepy Eye Medical Center. There are now 385 certified health care homes in the state.

Executive Vice President Insight

When I joined the Academy earlier this year it quickly became clear to me that I am joining not only MAFP, but a larger health care community of people doing great things. Initially I was overwhelmed with all of the work, and advisory groups, and the acronyms - oh the acronyms. The overwhelming feeling has mostly passed and now I am finding myself feeling grateful to be in the middle of it all.

This past month, the MAFP hosted a meeting with the leadership of several other local primary care organizations to discuss legislative priorities for the upcoming session, explore common interest and identify areas for collaboration. I want to take this opportunity to say thank you to the Minnesota Academy of Physician Assistants, the Minnesota APRN Coalition, the Minnesota Chapter of the American Academy of Pediatrics, the Minnesota Chapter of the American College of Physicians, the Minnesota Chapter of the National Association of Pediatric Nurse Practitioners and the Minnesota Osteopathic Medical Society for their partnership.

I am looking forward to continued work with this group, as well as future MAFP endeavors. Have a great fall everyone!

2016 House of Delegates to Convene in Minneapolis

The MAFP House of Delegates will be held on April 13, 2016, at the Depot Renaissance Hotel in downtown Minneapolis. All members are invited to attend the annual business session to deliberate on resolutions, elect officers and hear about the MAFP’s strategic planning efforts.

If you are interested in serving as a chapter delegate, please e-mail the MAFP office at office@mafp.org. Resolutions are due to the Speaker of the House by March 13, 2016.

Proposed amendments to MAFP Bylaws must be submitted to the Executive Vice President by February 13, 2016, for consideration at the 2016 House of Delegates.
MAFP Milestone Memberships

The MAFP is pleased to recognize these members celebrating milestone membership anniversaries in 2015!

60 years
J. A. Malerich Jr., M.D.
Arthur Sethre, M.D.

55 years
Lloyd Backus, M.D.
Byron Backus, M.D.
Alvin Berglund, M.D.
James Brown, Jr., M.D.
Gary Good, M.D.
Carl Griesy, M.D.
Dean Guenther, M.D.
Gordon Hovde, M.D.
Edward Kiolbasa, M.D.
Eric Reeder, M.D.
Richard Simmons, M.D.
James Sutherland, M.D.
Ralph Swanson, M.D.
Hildegard Virmig, M.D.

50 years
Robert Bundt, M.D.
John Gaertner, M.D.
Terrance Henderson, M.D.
Edward McEllistrem, M.D.
David McQuoid, M.D.
Leon Nesvacil, M.D.
Duane Owre, M.D.
Ricard Puumaala, M.D.
John Salchert, M.D.
C. Dwight Townes Jr., M.D.
Benjamin Tuma, M.D.
Arthur Van Vranken, M.D.
Alvin Wiens, M.D.
Donald Wright, M.D.

25 years
Daniel Anderson, M.D.
Joan Benner, M.D.
Joseph Braun, M.D.
Shelley Breyen, M.D.
Jack Carlisle, M.D.
John Cochran, M.D.
Helen Davis, D.O.
Kurt Devine, M.D.
Rodney Dynes, M.D.
Scott Fairbairn, M.D.
Robin Fischer, M.D.
Peter Germscheid, M.D.
Lisa Germscheid, M.D.
Michael Giorgi, M.D.
Richard Griffin, M.D.
Gayl Gustafson, M.D.
Mark Gustafson, M.D.
Susan Haddow, M.D.
Marshall Hansen, M.D.
Paul Hendrickson, M.D.
Steven Johnson, M.D.
Howard Josephs, M.D.
Mark Leenay, M.D.
David Lehman, M.D.
Erik Linck, M.D.
Roger Lindholm, M.D.
Thomas Lynn, M.D.
Karen Mackenzie, M.D.
Lynn MacLean, M.D.
Walid Mikhail, M.D.
Jay Myers, M.D.
Michael Nicklawsky, M.D.
Luther Philya, M.D.
Victoria Puumaala
Heret, M.D.
Deborah Rasmussen, M.D.
William Scheig, M.D.
Nicholas Schneeman, M.D.
Thomas Seworth, M.D.
Sondra Severson, M.D.
Jeremy Springer, M.D.
Carol Stark, M.D.
Sandra Stover, M.D.
Jeffrey Taber, M.D.
Rosanne Taylor, D.O.
Thomas Thul, M.D.
Lorraine Turner, M.D.
Susan Van Pelt, M.D.
Karen Vrchota, M.D.
Anthony Walsh, M.D.
Louise Wright, M.D.
Bobbi Jo Adams, M.D.
Mary Pat Anderson, M.D.
Kimberly Beecher
Engelhardt, M.D.
Everett Beguin, M.D.
Susan Benzie, M.D.
Mark Bogel, M.D.
Robert Bonacci, M.D.
Sarah Carlson
Buckley, M.D.
Stephan Chesley, M.D.
Judy Chesley, M.D.
Mariola Czapiewska, M.D.
Angela Dhruvan, M.D.
Christine Duncan, M.D.
Samuel Emmons, M.D.
Gloria Garcia, M.D.
Gretchen Grandgenett, M.D.
David Gray, M.D.
Jeffrey Green, M.D.
Andrew Hanson, M.D.
Jennifer Hartman, M.D.
Sue Inoue, M.D.
Sinon Janay III, M.D.
Kent Jeffery, M.D.
Karla Kammueler, M.D.
Keith Kleis, D.O.
Ryan Kray, M.D.
Stephanie Kray, M.D.
Mitchell La Combe, M.D.
Michael Lano, M.D.
Elise Larson M.D., MPH
Francis LeBlanc, M.D.
Mina Lee, M.D.
Travis Lockwood, M.D.
Nico Lowere M.D.
Anita MacDonald, M.D.
Sarah Maier, M.D.
Raymond Marier, M.D.
Melissa Mark, M.D.
Casey Martin, M.D.
Charles McDowell, M.D.
Michael Mercer, M.D.

Thank You for your years of membership with the MAFP!
regarding reclassification of marijuana from a Schedule I to a Schedule II drug, specifically to facilitate research. This was reaffirmed as consistent with the AAFP’s current position that marijuana should be reclassified in general. After much related testimony, the congress also decided to promote decriminalization of marijuana, toward reducing the significant negative public health impact of ‘criminalization’.

Aside from advocacy and issues engagement, I found myself appreciating other things especially about my time here this week. First, it remains abundantly clear that our national leadership (including Minnesota AAFP board member Lynne Lillie) is passionately attached to serving our needs for better reimbursement (payment reform), better work lives (practice transformation), more partners (the family medicine ‘pipeline’), and more influence on health policy (advocacy and health system readjustment).

Our leadership remains dedicated also to our traditional comprehensiveness and relational values while also being attached to innovation in practice, and to evolution in payment models in ways which showcase and reward our value to individual and public health. The AAFP remains firmly attached to the PCMH, and wide-scale member certification in it, as a change-delivery mechanism toward some of these goals. There is also enhanced interest in ensuring that family physicians remain energized and renewed within their lives and their work, as physician experience becomes increasingly recognized as the 4th pillar of ‘the quadruple aim of change in healthcare’. We continue to be represented by energetic, visionary people, who apply their passion for our issues through advocacy, internal mentoring, and political and public messaging.

Finally, I have renewed admiration for your Minnesota delegation, officers and staff, as they continue to work together vigorously on your behalf. They have become and remain my good friends, and their dedication, generosity, and skill should be much appreciated. Spending time with these Minnesota colleagues - your state delegation and officers, MAFP board member and national delegate for special constituencies Renee Crichlow, and new MAFP executive vice president Maria Huntley, was a highlight of the month for me.

I reflect yet again and appreciate how very important it is for us - all of us - to confer, share insights, commiserate, and ultimately empower ourselves to advocate nationally and also locally for our patients’ needs, and for all of the elements we require and deserve in order to care for them in the ways that we know are kind, just, socially valuable, DESIRED by them, and NECESSARY, as we continue to model for our health systems and subspecialty colleagues exactly the kind of first access and comprehensive care that Americans need.

2016 MAFP Research & Innovation Forum

Abstracts & Posters - Due January 29, 2016

The Minnesota Academy of Family Physicians is now accepting abstracts for the 2016 Research & Innovation Forum taking place Saturday, March 12, 2016, at HealthPartners in Bloomington.

Projects are welcome that feature original research, innovation in family medicine, or quality improvement. Highly desirable projects include those focused on practice-based research, community-oriented and participatory projects, and descriptive studies. Projects detailing quality improvement initiatives, clinical case studies, and literature reviews will be accepted if the author(s) generate original conclusions. Abstracts can be submitted by medical students, residents, researchers, physicians, psychologists, and other healthcare professionals.

Visit www.mafp.org for information on submitting an abstract or poster and to download the abstract submission form. If your poster is complete you can email a PDF of the poster to lregehr@mafp.org instead of completing an abstract form. Abstracts & Posters are due Monday, January 29, 2016.

For questions, please contact Lisa Regehr at the MAFP office at lregehr@mafp.org OR call (800) 999-8198, (952) 224-3875.
More than 400 physicians, residents, and medical students gathered at Loews O’Hare Hotel in Rosemont, Illinois, for the Family Medicine Midwest Conference on October 9-11. The event combined scholarly work and research presentations, community-based practice and best practice sharing, and promoted cooperative and collaborative health care innovation. There was a residency and fellowship fair, speed date our specialty lunch, poster presentations and pre-conference sessions including a vibrant session on ‘Community and Population Health’ that was co-lead by Jacob Prunuske, M.D., MDH, faculty at the University of Minnesota - Duluth.

The Academy and its local chapters, universities, health systems, foundations, and individuals contributed to provide scholarships for medical students. Because of these efforts, 34 medical students from Minnesota were able to attend the conference.

“We had the opportunity to meet both future and current family physicians, and as a second-year medical student, this was incredibly helpful in learning more about what it means to go into family medicine,” said Lucas Labine, MS2, University of Minnesota Medical School. “We also greatly enjoyed the break-out sessions and workshops, as they allowed us to hear new topics in medicine and develop our skills as physicians in training. I plan to use this experience as I continue to consider my specialty (in favor of family medicine, of course) and hopefully plan to attend future conferences similar to this.”

In addition to the medical students, other Minnesota attendees included 14 resident physicians, 15 family physicians, and 5 other medical professionals including behavioral health providers and Pharm.Ds. Minnesota physicians and students presented a total of 14 educational sessions during the conference. This conference is an excellent venue to demonstrate the amazing works of family physicians in Minnesota.

The Family Medicine Midwest Foundation launched in 2012 with a core mission of identifying and supporting students interested in family medicine. It is committed to communicating the value of family medicine to practicing colleagues, future colleagues and the public. Andrew Slattengren, D.O., faculty at North Memorial Family Medicine Residency will assume the role of Chair of the FMM Foundation in late 2015. Next year’s conference will be in Indianapolis on October 7-9.
Social Support for Quitting Smoking, Exercise, and Relaxation as Predictors of Smoking Abstinence

Anne Doering MS1, Katherine Harrison MPH1, Scott Lunos MS1, Alicia Allen PhD1, Sharon Allen MD, PhD1, Cheryl Oncken MD, MPH2
Tobacco Research Programs, University of Minnesota, Minneapolis MN1 University of Connecticut, Medical School, Farmington, CT

Abstract

BACKGROUND: Little is known about a possible association between social support for smoking cessation and social support for other healthy behaviors, including exercise and relaxation. Exploring this relationship can inform efforts to help women quitters develop adaptive coping strategies. This study examines 1) whether perception of social support for smoking cessation, exercise, and relaxation in older women who want to quit smoking is associated with smoking abstinence outcomes and 2) whether older women who want to quit smoking who perceive social support for smoking cessation also perceive social support for exercise and relaxation activities.

METHODS: Women over age 40 were randomized to a weekly exercise or relaxation intervention as part of a smoking cessation study. Baseline data on perceived social support for smoking cessation (both positive and negative), exercise, and relaxation activities was collected (week 0); participants quit smoking (week 2) and were given group smoking cessation counseling and Chantix (weeks 1 through 12); after this, participants attended exercise or relaxation intervention (week 5 to 20). Analysis was done using Pearson correlations and logistic regression, with stepwise selection to adjust for randomization group, age, number of years of smoking, and marital status.

RESULTS: On average, subjects (N=129) were 56.5 (SD=8.8) years old, had smoked 36.6 (SD=9.2) years, and smoked 19.2 (SD=7.7) cigarettes per day. A significant correlation was found between perceived positive social support for smoking cessation and higher rates of point prevalence of abstinence at 4 weeks after quitting (r=0.19, 95% CI=0.13, 0.31). Moderate correlations were found between perceived positive social support from a partner for smoking cessation and perceived social support from family members for exercise (r=0.30, p<0.001) and for relaxation (r=0.31, p<0.01). Reported levels of perceived social support for all behaviors studied were low on the measurement scales used (e.g. for perceived social support from family members for exercise, average score was 23.5 (SD=10.9) on a scale ranging 12.0 to 60.0).

DISCUSSION: Results are consistent with prior research which shows that perceived positive social support for smoking cessation is predictive of short-term abstinence outcomes. This suggests that the association holds for older women. Additionally, results suggest that women who perceive social support from family for one healthy behavior may also perceive support for other healthy behaviors. Limitations include difficulty interpreting reported levels of perceived social support because the instruments used were not designed for baseline measurements in older women. Further research could use more specific measures. An upcoming paper will explore the effect of exercise and relaxation interventions on abstinence outcomes and on social support for exercise and relaxation.

Introduction

- Perception of positive social support for smoking cessation is predictive of higher short-term abstinence rates (Gulliver et al., 1995). An association is also seen between perception of general social support and higher abstinence rates (Wagner et al., 2004; Holahan et al., 2012), perhaps due to more effective promotion of adaptive coping strategies (Cothen, 2004). Social support for exercise and relaxation may contribute to general social support.
- Question 1: Is perception of social support for smoking cessation, exercise, and/or relaxation in older women who want to quit smoking associated with smoking abstinence outcomes?
- Hypothesis 1: Perception of social support for smoking cessation, exercise, and relaxation are each associated with higher rates of smoking abstinence.
- Question 2: Do older women who want to quit smoking who perceive social support for smoking cessation also perceive social support for exercise and relaxation activities?
- Hypothesis 2: Women who perceive social support for smoking cessation also perceive social support for both exercise and relaxation activities.

Methods

INCLUSION CRITERIA: - Female age ≥ 40 years - Smoking ≥ 10 cigarettes/day - Motivated to quit smoking - Willing to take Chantix - In stable physical and mental health - Participate in exercise and relaxation activities < 90 minutes/week

RESULTS: - A significant correlation was found between perceived positive social support for smoking cessation and higher abstinence rates 4 weeks after quit date, when adjusted for randomized group, age, years of smoking, and marital status (OR = 0.99, 95% CI = 0.98, 0.99, p < 0.01).
- No other significant correlations were found between perceived social support and abstinence.

CONCLUSIONS: - The following significant correlations were observed: - Women who perceived greater positive social support for smoking cessation had higher rates of short-term abstinence. - Women who perceived social support from family for exercise also perceived positive social support for smoking cessation - Women who perceived social support from family for relaxation perceived nearly equal amounts of positive and negative social support for smoking cessation from a partner or close friend. - Limitations on this study include: - Difficulty interpreting reported levels of perceived social support. More specific measures could be designed to assess baseline measurements in older women. - Availability of only baseline social support data. - Measurement of only perceived social support for specific behaviors. Received and general social support could also be examined. - Future research will explore the effect of an intervention on support for exercise and relaxation and on abstinence outcomes.

Funding

Funding for this project was provided by NIDA 1R01 DA024872 and by the Minnesota Academy of Family Physicians Foundation.
The MAFP is now accepting nominations for the following awards:

- Family Physician of the Year
- Teacher of the Year
- Researcher of the Year
- Resident of the Year
- Medical Student Award
- Merit Award

**Nomination Process**

All nominations must be made in writing to the MAFP office (mail, fax or e-mail). Include the award name, your name and phone number, and explain why the nominee is deserving. Also, if applicable, include the name of the nominee’s clinic, residency program or medical school. Additional information may be requested from the nominator or nominee. Candidates must be MAFP members, except Researcher of the Year Award candidates.

**Deadlines for Submission**

- Family Physician of the Year: January 11, 2016
- All Other Awards: February 15, 2016

For more information and a detailed description of each award, please visit the MAFP website at [http://www.mafp.org](http://www.mafp.org).

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**Practice Opportunities**

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**Physician-owned Mankato Clinic**, in business since 1916, is seeking Family Physicians for outpatient-only practices. Full-time is 32 patient contact hours and 4 hours of administrative time. Clinic hours are Monday-Friday, 8 a.m. - 5 p.m. OB is optional. Mankato Call is telephone triage, 1:17, supported by a 24/7 Nurse Health Line. St. Peter, MN Call is 1:8 for local hospital coverage. We offer market-competitive guaranteed starting salary, followed by RVU production pay plan. Benefits include 35 vacation / CME Days + six holidays. $6,600 annual CME business allowance and a generous profit-sharing 401(k) plan. We’re just over an hour south of the Mall of America and MSP International Airport. For more information, contact Dennis Davito 507-389-8654, dennisd@mankatoclinic.com or apply online at [www.mankatoclinic.com](http://www.mankatoclinic.com).

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**North Memorial** is presently recruiting BC/BE family medicine physicians. We strongly promote primary care physician practice opportunities with our owned and associated clinics: including those that are physician owned, joint ventures and hospital owned. Which means you can choose from large or small and multi or single specialty practice options in metro, suburban or rural locations. These are excellent practice opportunities with comprehensive compensation and benefits packages. Contact: Mark Peterson, Physician Recruiter, North Memorial Medical Center, 3300 Oakdale Ave. N., Robbinsdale, MN 55422. Telephone (763) 581-2986. E-mail: mark.peterson@northmemorial.com Website: [www.northmemorial.com](http://www.northmemorial.com)

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**Outpatient Family Medicine Opportunity at Winona Health in Winona, MN** - Winona Health is seeking a Family Medicine physician to join our outpatient team located in a Midwest college community along the banks of the Mississippi River. Full-time, employed position joining a collaborative multidisciplinary team. Outpatient Family Medicine services – newborn to geriatric. No OB. Competitive annual salary and benefits package including education loan assistance/sign-on incentive, paid malpractice with tail coverage, 35 days of time off, $7,500 annual CME & dues/license, $5,000 moving expenses, health/life/dental insurance, retirement programs and more. Participate in process improvement activities & impact care delivery. Work in a team model with NPs and PAs. Back up call from home. Opportunities to join Medical Staff Committees or engage in community wellness outreach. Modern facility with state-of-the-art equipment and technology, including fully integrated EMR, Dragon, Dynamic Documentation. Winona Health – independent healthcare system with decision making at the local level. Progressive in our thinking & our actions. To learn more about this opportunity, contact Cathy Fangman, cell: 507.301.2296, cfangman@winonahealth.org or [www.winonahealth.org](http://www.winonahealth.org).

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**Urgent Care Moonlighting Opportunity in Minneapolis**: Independent physician-owned urgent care clinic located conveniently near Uptown in Calhoun Village Shopping Center on W. Lake Street. seeking moonlighting physicians! Flexible hours, great location, friendly staff. competitive pay! Call Niki at 612-229-1072 or email fastcareoftmc@gmail.com. Please visit our website at [www.twincitiesmedicalclinic.com](http://www.twincitiesmedicalclinic.com).

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For more information about placing an ad in the ‘Practice Opportunities’ section, please visit [http://www.mafp.org/practice-opportunity-ad-information](http://www.mafp.org/practice-opportunity-ad-information). Questions? Email Kristie Thorson at kthorson@mafp.org.

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Glacial Ridge Health System/Family Medicine or Internal Medicine Physician: An ideal balance between your professional and personal life. Provide comprehensive care in a clinical and hospital practice. ER coverage available, but not required. GRHS is a progressive 19 bed Critical Access Hospital with two clinics. Glenwood is a family oriented community with an excellent school system. Recreational opportunities include boating, hiking, excellent fishing and hunting. We are halfway between Fargo and the Twin Cities. For more information, call Kirk Stensrud, CEO, at 320-634-4521. Mail CV to Kirk Stensrud, CEO, 10 Fourth Ave SE, Glenwood, MN 56334 or submit online at kirk.stensrud@glacialridge.org.

Western Wisconsin (Amery, New Richmond & Osceola): HealthPartners is actively recruiting exceptional full-time BC/BE family medicine physicians (with or without OB) to join our primary care teams in growing communities in western Wisconsin. These positions offer a traditional family medicine practice in small-town rural settings, with the security and stability of a large medical group. All three locations are within an hours’ drive of the Twin Cities. HealthPartners continues to receive nationally recognized clinical performance and quality awards. We offer a competitive compensation and benefit package, paid malpractice and a commitment to providing exceptional patient-centered care. Apply online at www.healthpartners.com or contact Eric Nielsen at 218-485-2000 / enielsen@gatewayclinic.com .

Glacial Ridge Health System/Gateway Family Health Clinic, Ltd seeks a Family Medicine physician to join our new Hinckley clinic. 3-4 day week practice with shared hospital call. Full-scope primary care and clinic OB practice (option for colleagues to cover OB call). Generous salary with sign-on and retention bonus, outstanding benefits, 15% retirement contribution. Shareholder opportunities available. Clinics located in Moose Lake, Sandstone and Hinckley are centrally located between Mpls/St. Paul and Duluth. The area provides an excellent family focused, quality of life opportunity in a rural setting with good public schools, abundant lakes, rivers, state parks, and ideal hunting. Contact Eric Nielsen at 218-485-2000 / enielsen@gatewayclinic.com.

Fairview Health Services is seeking full-time as well as per-diem moonlighters to work in urgent care, providing care in the communities of Andover, Bloomington, Brooklyn Park, Eagan, and St. Paul. Hours: Monday-Friday, 8am – 10pm; Saturday, 8am – 10pm; Sunday, 10am – 8pm. The acuity at these facilities is moderate with physicians providing a broad spectrum of non-emergent care for minor illness and injury. All hospital admissions are referred to the physician on-call for these practices. Moonlighters are needed for a variety of shifts at these urgent cares and at other Fairview clinics in the metro area. Hours vary by site. Volume fluctuates seasonally. Candidates must be BE/BC in Family Medicine or Internal Medicine/Pediatrics. Please contact recruit@fairview.org for additional information or call 800-842-6469. EEO/AA Employer
HealthEast Care System is currently hiring Family Medicine and Family Medicine Obstetrics Physicians to join our Twin Cities metro area clinics. We are committed to hiring providers that have a passion to treat the mind, body and spirit with compassionate care. HealthEast offers a lifestyle-friendly schedule, competitive compensation, excellent benefits including a generous sign on bonus, loan repayment program, relocation incentive and exposure to the best and latest clinical skills in a team-centric environment. For more information, contact Felicia Mead at fmead@healtheast.org or (651) 232-2227. To view current openings or apply online, visit: http://www.healtheast.org/careers/providers/about.html.

Affiliated Community Medical Centers, Willmar, MN: Physician-owned multi specialty clinic is seeking a full-time physician to join the Family Practice Department in their Willmar, Redwood Falls, Granite Falls, Marshall and Benson affiliates. These positions offer a guaranteed salary plus production incentive and an outstanding benefit package. For further information, please contact Kari Lenz, Physician Recruitment, 320-231-6366 or e-mail karib@acmc.com. Website: www.acmc.com.

Douglas County Hospital is seeking an emergency medicine or primary care specialty with emergency department experience to join our progressive team. Full-time, 12-hour shifts; 16,000 emergency department visits annually; Level III trauma designation: newly remodeled facility in 2015: committed to quality, evidence-based care and exceptional patient satisfaction; Class of 2001 and 2008 top 100 Hospitals in Nation: competitive compensation and benefits package. paid malpractice, CME, relocation, retirement plan and more. Contact Eddie Reif, reif@dhospital.com, 320-762-6194.

Lakewood Health System is seeking to expand the care team for its progressive and patient-focused clinics and hospital. Located in Staples, Minnesota, Lakewood is an independent, growing healthcare system with five primary care clinics, a critical access hospital and senior living facilities. Practice consists of 14 family medicine physicians and 10 advanced practice clinicians, as well as a variety of on-staff specialists. Competitive salary and benefits. Relocation and sign-on bonus available. Positions available: Family Medicine – Full-scope practice available (ER, OB, C-Section, Hospitalist, Clinic); Internal Medicine – Hospitalist opportunity available; no call: Emergency Medicine. Contact Brad Anderson at 218-894-8587 or bradanderson@lakewoodhealthsystem.com, or visit www.lakewoodhealthsystem.com.

Leading the way in innovation. Fairview Health Services is seeking a Family Medicine physician to provide outpatient primary care services at Fairview Clinics – Farmington. Farmington is a community just southeast of Minneapolis/St Paul that combines both suburban and rural living. Our Family Medicine opportunities qualify for either a Resident Stipend or Medical School loan forgiveness. Visit www.fairview.org/Physicians to explore our available opportunities. Contact us at 800-842-6469 or recruit@fairview.org.

Riverwood Healthcare Center – A state of the art facility equipped with the latest technology for patient care, designed to enhance health and healing. We are a fully integrated multi-specialty clinic with three primary care clinics. Featuring all private hospital rooms, a deluxe birthing center and state-of-the-art ICU. We have an opportunity available (with or without OB) to practice the full spectrum of Family Medicine within a 4-day work week, and a minimal call schedule (full call 1:30 and back up call for NP Nocturnist 1:10). It is our goal to help you achieve a positive work/life balance while pursuing your professional aspirations. Join our growing practice of over 35 physicians, specialists and surgeons, which includes the 2013 Minnesota Family Physician of the Year. To learn more, visit our website at www.riverwoodhealthcare.org or call Tanya Pietz at 218-927-5587 or email tpietz@riverwoodhealthcare.org.

Fairview Health Services seeks Family Medicine physicians to join us. Whether your focus is work-life balance or participating in clinical quality initiatives, we have an opportunity that is right for you. Our physicians are champions, pioneers and practitioners of new models of care in today’s ever-changing health care environment. Choose inpatient/outpatient practice or outpatient-only practices: optional OB. Experience exceptional practice support including accessible specialist consultations and onsite lab and radiology. We offer urban and suburban practices in and around the Minneapolis/St. Paul area as well as rural practice opportunities. Work and live in vibrant communities such as Andover, Apple Valley, Blaine, Elk River, Hibbing, Lakeville, Minneapolis, New Brighton, North Branch, Pine City, Rogers, St Paul and Wyoming. Our Family Medicine opportunities qualify for either a Resident Stipend or Medical School loan forgiveness. J oins us in delivering exceptional care every day. Visit www.fairview.org/physicians to explore our available opportunities. Contact us at 800-842-6469 or recruit@fairview.org. EEO/AA Employer

Centracare Health seeks Family Medicine physicians to provide full-spectrum care in the Central Minnesota community of Long Prairie. Enjoy loan repayment and sign-on bonus benefits. OB is desired but not required. Health system outreach resources available. Physicians back up advanced practice providers in clinic and ER. The opportunity to participate in medical student and residency training. Critical access hospital, nursing home, dementia unit, independent living apartments and clinic under one roof. Excellent educational opportunities abound in family-friendly lakes area. Contact: Cassie Tinus, Physician Recruiter, 1-800-835-6652, ext. 57085; tinusc@centracare.com; www.centracare.com

We are actively recruiting exceptional full-time BE/BC Family Medicine physicians to join our primary care team at the HealthPartners Central Minnesota Clinics – Sartell. This is an out-patient clinical position. Previous electronic medical record experience is helpful, but not required. We use the Epic medical record system in all of our clinics and admitting hospitals. Our current primary care team includes family medicine, adult medicine, ob/gyn and pediatrics. Several of our specialty services are also available onsite. Our Sartell clinic is located just one hour north of the Twin Cities and offers a dynamic lifestyle in a growing community with traditional appeal. HealthPartners Medical Group continues to receive nationally recognized clinical performance and quality awards. We offer a competitive compensation and benefit package, paid malpractice and a commitment to providing exceptional patient-centered care. Apply online at www.healthpartners.com/careers or contact diane.m.collins@healthpartners.com. Call Diane at 952-883-5453; toll-free: 800-472-4695 x3. EOE
Our Specialty is Family Medicine.

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**Thank you!** The November/December 2015 *Minnesota Family Physician* is brought to you through the generous support of: Rick Simmons, M.D., a longtime MAFP member

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2016 SPRING REFRESHER  
- AN ANNUAL CME UPDATE FOR SPECIALISTS IN FAMILY MEDICINE -

APRIL 14TH & 15TH  
THE DEPOT MINNEAPOLIS

Save the Date!  
ONLINE REGISTRATION OPENS IN JANUARY  
WWW.MAFP.ORG

OKAY FAMILY DOCS! HERE’S YOUR CHALLENGE:  
SEND US A SELFIE WEARING SUNGLASSES!

If EVP Maria Huntley can do it - so can you! Take your picture in a fun location or at the office. Be creative! We’ll pick the best photos to use in our upcoming spring refresher brochures & social media promotions. Plus, we’ll award prizes for most creative, funniest photo, best picture, most colorful, etc. Email your photo to kthorson@mafp.org. Please include your name and city.

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**2016 Spring Refresher**

- An annual CME update for specialists in family medicine.

**April 14th & 15th**

- The Depot Minneapolis

**Save the Date!**

- Online registration opens in January.

**Okay Family Docs! Here's your challenge:**

- Send us a selfie wearing sunglasses!

If EVP Maria Huntley can do it, so can you! Take your picture in a fun location or at the office. Be creative! We'll pick the best photos to use in our upcoming spring refresher brochures & social media promotions. Plus, we'll award prizes for most creative, funniest photo, best picture, most colorful, etc. Email your photo to kthorson@mafp.org. Please include your name and city.