North American Society for Pediatric and Adolescent Gynecology

Thirty-First Annual Clinical & Research Meeting

April 20-22, 2017
Renaissance Chicago
Downtown Hotel
Chicago, IL

Engaging the Stars of NASPAG

Education  Clinical Care
Research  Advocacy
Dear Friends and Colleagues,

It is a great pleasure to welcome you to the 31\textsuperscript{st} North American Society for Pediatric and Adolescent Gynecology (NASPAG) Annual Clinical Research Meeting (ACRM). This year’s meeting will be held at the very contemporary Renaissance Chicago Downtown, located close to all the art, restaurants and shopping that make Chicago such an exciting place to visit. Whether this is your first or thirty-first time attending the meeting, this meeting will be a place for:

- **Education!** From up to date strategies to manage PCOS and obesity, to the latest information on the microbiome and transgender surgery, plenaries and workshops are designed to be engaging and cutting edge. An increased number of simulation sessions in PAG education, surgery, and evaluation of sexual assault are key parts of the conference’s commitment to active learning.

- **Networking!** Whether your background is gynecology, pediatrics, or family medicine, and whether you are a resident, fellow, nurse or physician, your interest in PAG makes this a meeting perfect for collaborating with colleagues at networking luncheons and open special interest groups.

- **Research!** Peer-reviewed oral abstracts, poster presentations, video abstracts all will bring you the latest information in our field.

- **Advocacy!** Workshops and roundtables on girls and gangs, female genital mutilation, and legislative intrusion in medicine may inspire you to help at the local or global level. A panel with the leading national experts on transgender care will help us learn about best policies and practices for caring for a patient population new to many of us.

Of course the meeting will be a warm place for spending time with new and old friends, discovering the great local dining and then working out with our own NASPAG fitness expert. So register now for the NASPAG 31\textsuperscript{st} ACRM! See you in Chicago!

Warmest regards,

Judy Simms-Cendan, MD  
2017 NASPAG ACRM Program Chair
Mission and Goals

The mission of the Society is to provide multidisciplinary leadership in education, research and gynecologic care to improve the reproductive health of youth.

The North American Society for Pediatric and Adolescent Gynecology shall pursue scientific and educational goals, including the following:

- Serve and be recognized as the lead provider in PAG education, research and clinical care.
- Conduct and encourage multidisciplinary and interprofessional programs of medical education and research in the field of PAG.
- Advocate for the reproductive well-being of children and adolescents and the provision of unrestricted, unbiased and evidence based practice of PAG.
NORTH AMERICAN SOCIETY OF PEDIATRIC AND ADOLESCENT GYNECOLOGY
31ST ANNUAL CLINICAL & RESEARCH MEETING

NASPAG Board of Directors

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University of Central Florida
Orlando, FL

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Nathalie Fleming, MD
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Ottawa, ON, Canada

2015—2018
Andrea E. Bonny, MD
Nationwide Children’s Hospital
Columbus, OH

2016-2019
Amy Sass, MD
Children’s Hospital Colorado
Aurora, CO

Beth W. Rackow, MD
Columbia University Medical Center
New York, NY
Overview

The 31st Annual Clinical & Research Meeting (ACRM) of the North American Society for Pediatric and Adolescent Gynecology (NASPAG) is designed for primary care physicians, specialists, nursing and allied health professionals, and physicians in training whose practices include pediatric and adolescent female patients and/or whose practices include the gynecologic care of pediatric and adolescent patients. The course will consist of keynote sessions and concurrent presentations addressing critical issues in pediatric and adolescent gynecology, surgery, endocrinology and sexuality. The faculty and participants will interact in a variety of formats, including formal and informal group discussions, oral and poster sessions including video abstracts, and lively debates in order to disseminate the latest information concerning pediatric and adolescent female patients.

Conference Objectives:

At the conclusion of the meeting, attendees should be better able to:

1. Be knowledgeable about scientific advancements in core and emerging topics in pediatric and adolescent gynecology.

2. Improve patient care and outcomes through increased knowledge of best practices in pediatric and adolescent gynecology.

3. Enhance education of students, residents and fellows through use of the NASPAG curriculum, simulations, and educational web-based resources.

4. Connect with a network of specialists interested in pediatric and adolescent gynecology in order to facilitate research opportunities, advocacy and patient care.

Weather in Chicago

Average High Daytime Temp 55°F
Average Low Daytime Temp 40°F

April is Chicago’s windiest month, with rain 12 out of 30 days of the month.

The temperature increases almost daily throughout the month of April.

What to Wear

The best advice is to dress in layers. Bring a light jacket and an umbrella.
Special Needs Accommodations:

NASPAG wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently than other individuals because of the absence of auxiliary aids or services. Should you need any auxiliary aids or services, as identified in the Americans with Disabilities Act, or any assistance in registering, please contact the NASPAG Meetings Department at (856) 423-3064 or naspagmtgs@talley.com.

Conference Registration:

The registration fee for the 2017 ACMR includes: admittance to all educational sessions, exhibits and posters, refreshment breaks, and the opening reception. Registration can be submitted on-line through the NASPAG website at http://naspag.site-ym.com/events/event_details.asp?id=583625. Registration will also be accepted by completing and mailing, emailing, or faxing the registration form included in this brochure.

Please Note:

Membership renewal dues for 2017 must be paid in order to receive the member registration rate for the ACRM. Your credit card will be charged the member / non-member difference if your membership renewal has not been processed. You must be logged in to your account to receive the member rate.

Confirmations:

Registrations will be acknowledged with a confirmation via email if registering online or within two (2) weeks of receipt of a registration form. Please be sure to provide a valid e-mail address so that we may send your confirmation electronically.

About Chicago:

The City of Chicago sits 578 feet above sea level on the southwestern shore of Lake Michigan, the 5th largest body of fresh water in the world. The city is traversed by the Chicago and Calumet rivers. Chicago's extensive parklands, including over 7,000 acres of city parks, attract an estimated 86 million visitors annually.

As a multicultural city that thrives on the harmony and diversity of its neighborhoods, Chicago today embodies the values of America's heartland-integrity, hard work and community and reflects the ideals in the social fabric of its 77 distinct neighborhoods.

Chicago is a leader in reforming public schools, enhancing public safety and security initiatives, providing affordable housing in attractive and economically sound communities, ensuring accessibility for all and fostering, social, economic and environmental sustainability.
Hotel Accommodations:

Reservations at the discounted rate can be made by utilizing the following link, or clicking here. https://aws.passkey.com/e/14831126

Renaissance Chicago Downtown Hotel
1 West Upper Wacker Drive
Chicago, Illinois 60601 USA
312-372-7200

Room Rates:

NASPAG has reserved the discounted room rate of $230.00 for its conference attendees. Room reservations and rates will be confirmed on a first come, first served basis until March 1, 2017; after this date, reservation requests will be based on the hotel’s availability at the prevailing rates. All sleeping room reservations must be guaranteed with a credit card. It is recommended that you make your hotel reservations as early as possible to ensure availability.
Preliminary Agenda*

WEDNESDAY, APRIL 19, 2017
3:00 pm – 5:00 pm  
Registration

THURSDAY, APRIL 20, 2017
6:30 am – 5:00 pm  
Registration

7:00 am – 8:00 am  
Committee Meetings: (Closed to Committee Members Only)  
Adolescent Medicine SIG Meeting  
Resident Education Committee Meeting  
Education Committee Meeting

7:00 am – 8:00 am  
Continental Breakfast – Exhibits

8:00 am – 8:05 am  
Opening Remarks  
Judith Simms-Cendan, MD

8:05 am – 8:15 am  
Local Host – Welcome  
Amber Truehart, MD

8:15 am – 8:30 am  
Presidential Address  
Veronica Gomez-Lobo, MD

8:30 am – 9:30 am  
Plenary Session I: The Joseph Russo Lectureship  
Risky Business: Contraception and Pregnancy in Congenital Heart Disease  
Arwa Saidi, MD

9:30 am – 10:30 am  
Scientific Paper Presentations

10:30 am – 10:45 am  
Break – Posters – Exhibits

10:45 am – 11:45 am  
Concurrent Workshops

T1 – “I Never Got My Period”  
Diane Merritt, MD

T2 – PTSD for PAG Clinicians: Empowering Young Women with PTSD  
Paritosh Kaul, MD, Bethany Ashby, Psy D, Jennifer L Woods, MD

T3 – Gynecological Considerations in Patients with Cloacal Malformations  
Geri D. Hewitt, MD, Richard Wood, MD

T4 – Reproductive Abnormalities: How to Optimize Future Fertility  
Staci Pollack, MD, MS, Beth Rackow, MD

T5 – Pediatric/Adolescent Female Urology  
Emilie Johnson, MD, MPH
T6 – LARC and Teens – Modern Contraception -- > Conquering Patient & Provider Fears?
Nikki Zitte, MD, Nichole Tyson, MD

11:45 am – 12:00 pm
Break

12:00 pm – 1:00 pm

Food for Thought Roundtable Luncheons

L1 – The Ethics of Consent in Pediatric Gynecology
Anjali Aggarwal, MD, FRCS(C), MHSc, Randi Zlotnick Shaul

L2 – Updates on Evidence-Based Contraceptive Care for Adolescents
Emily Godfrey, MD, MPH, David A. Klein, MD, MPH

L3 – Five Ways to Fit Sexuality into Your Well Visit
Judith Hersh, MD, FACOG, Melanie J. Davis, PhD, CSE, CSES

L4 – Help - Managing Common and Less-Common Problems for Teens Using LARC
Melissa Kottke, MD, MPH

L5 - Complementary and Alternative Medicine in Pediatric and Adolescent Gynecology Patients
Delese LaCour, MD

L6 – Metformin in Minors: Miracle, Mystery or Mistake?
Pamela J. Murray, MD

L7 - "Just Wear Dark Underpants Mostly" - Advice from Adolescents on How to Counsel About the Contraceptive Implant
Britt Lunde, MD, MPH

L8 - Don't Assume: Are We Meeting the Reproductive Needs of Women with Disabilities?
Jaclyn Morrison, MD, Natalie Whaley, MD, MPH

L9 - Female Genital Mutilation/Cutting: A New Challenge for American Medical Professionals
Deborah Ottenheimer, MD

L10 – Pediatric and Adolescent Gynecologic Emergencies
Xiomara Santos, MD

L11 – Graphic Medicine: An Innovative Format to Educate Young Women About GYN Health Care
Arlene Smalls, MD

L12 – Tech Talk: Apps for Adolescent Sexual Health
Aparna Sridhar, MD, MPH, FACOG

L13 – Transitioning to Adult Care: Who, Where, When, How
Christina Stewart, LISW-S
L14 - More Than a Missing Period, could it be an Eating Disorder?  
*Margaret Thew, MSN, FNP-BC, Kyndal Hettich, RD*

L15 - Fight Back Against Legislative Intrusion into Medicine: How Clinicians Can be a Voice of Change in Reproductive Health  
*Orquidia Torres, MD, Brandi Shah, MD, Vanessa Furtado*

L16 – Who’s Teaching Sex Ed & What are They Teaching?  
*Samantha Vilano, MD, MSc, Melisa Holmes, MD*

1:00 pm – 1:15 pm  
**Break**

1:15 pm – 2:15 pm  
**Plenary Session II: The Elsevier Lectureship**  
Management of Ovarian Masses: The Challenge in Finding the Right Balance  
*Lisa Allen, MD*

2:15 pm – 3:15 pm  
**Scientific Paper Presentations**  
**Video Abstract Session**

3:15 pm – 4:00 pm  
**Poster Sessions (authors present) – Break – Exhibits**

4:00 pm – 5:00 pm  
**Concurrent Workshops**

T7 – Teaching the Teachers: A Hands on Experience in a Mock PAG Simulation Lab  
*Nichole Tyson, MD, Akua Afriyie-Gray, MD, Amber Truehart, MD*

T8 – Vaginal Dilation: Timing, Teaching, and Troubleshooting  
*Ann-Marie Amies Oelschlager, MD, Heather Appelbaum, MD*

T9 – PCOS: Phenotype Across the Lifespan  
*Ellen Wilson, MD*

T10 – The Pervasive Health Burden of Anemia for Girls and Young Women: Where We Are; What’s Next  
*Rukhmi Bhat, MD, MS, DNB, Jessica Francis, MD*

T11 – Let’s Talk Turner!  
*Tazim Dowlet-McElroy, MD, Ryan McDonough, DO*

T12 – Reproductive Health in Young Women with Special Needs  
*Beth Schwartz, MD, Elisabeth Quint, MD*

5:00 pm – 5:30 pm  
**New Members Reception (Invitation only)**  
**Student Mentoring Event (Sign up only)**

5:30 pm – 7:00 pm  
**Welcome Reception** - Wine and Cheese
FRIDAY, APRIL 21, 2017

6:30 am – 5:00 pm  Registration

7:00 am – 8:00 am  Fitness Class
Lisa Jane Jacobsen, MD, MPH

7:00 am – 8:00 am  Committee Meetings: (Closed to Committee Members Only)
Fellows Research Consortium
Website & Social Media Committee
Research Committee

7:00 am – 8:00 am  Continental Breakfast – Exhibits

8:00 am – 9:00 am  Plenary Session III – The NASPAG Lectureship
Microbiomes: What’s all the Fuss About?
Kjersti Aagaard, MD, PhD

9:00 am – 10:00 am  Merck Symposium
Zika A to Z: For the Parent and the Parent to be
Mark H. Yudin, MD, MSc, FRCSC

10:00 am – 10:15 am  Break – Posters – Exhibits

10:15 am – 11:30 am  Scientific Paper Presentations

11:30 am – 11:45 am  Break – Posters – Exhibits

11:45 am – 12:45 pm  Concurrent Workshops

F1 – Pharmacologic Management of Opioid Use Disorder in Pregnant Adolescents
Andrea Bonny, MD, Erin R. McKnight, MD

F2 – Managing Primary Ovarian Insufficiency: An Interdisciplinary Approach
Deborah Morse, MSN-RN, Lesley Breech, MD, Catherine Gordon, MD,
Christina Stewart, LISW-S

F3 – Vulvodynia in Adolescents: Chronic Vulvar Pain That Won’t Go Away
Dee Hartman, MD

F4 – Extending Gynecologic Care to Pediatric, Adolescent and Young Adult Cancer Survivors
Holly Hoefgen, MD, Karen Burns, MD, Janie Beniot, MD

F5 – Girls and Gangs: Exploring Sexual and Reproductive Health Promotion
Elizabeth Miller, MD

F6 – Be a Reviewer for JPAG
Gina Sucato, MD, Andrea Boccelli
31st Annual Clinical & Research Meeting

F7 - Nothing About Us Without Us
Arlene Baratz, AB, MD

12:45 pm – 1:45 pm
Break – Posters – Exhibits

12:45 pm – 1:45 pm
2018 Program Committee Luncheon (Invitation Only)
Past President’s Luncheon (Invitation Only)
Networking Lunches (Open to All Attendees)
SIG Meetings: (Open to All Attendees)
Contraception
Disorders of Sexual Development
Fertility Preservation
Nursing
Obesity
Physicians-in-Training
Providers Caring for Adolescents with Developmental Disabilities

1:45 pm - 2:00 pm
Break – Posters – Exhibits

2:00 pm – 3:00 pm
Plenary Session IV: International Forum
Gynecologic and Obstetric Consequences of Childhood Obesity in Girls and Adolescents
Leticia Elizondo-Montemayor, MD, Trudy Voortman, MD

3:00 pm – 4:00 pm
Poster Sessions (authors present) – Break – Exhibits

4:00 pm – 5:15 pm
Sponsored Workshops

5:30 pm – 6:30 pm
Development Committee Meeting (Closed to Committee Members Only)

SATURDAY, APRIL 22, 2017

6:30 am – 12:30 pm
Registration

7:30 am – 8:00 am
Business Meeting

7:00 am – 8:00 am
Continental Breakfast

8:00 am – 9:00 am
Plenary Session V: The Goldfarb Plenary
The Invisible War & The Hunting Ground: Lessons from the Frontlines of Sexual Assault in Our Schools
Amy Ziering

9:00 am – 10:00 am
Plenary Session VI: The Sir John Dewhurst Plenary
Surgical Options for Male to Female and Female to Male Transgender Patients.
Thomas Satterwhite, MD

10:00 am – 10:15 am
Break - Posters – Exhibits

10:15 am – 10:30 am
Awards
10:30 am – 11:30 am  Panel: Navigating Transgender Adolescent Medicine; Emotional Aspects of Medical and Reproductive Treatment among Transgender Youth. 
Nancy Sokkary, MD, Angela Lawson, MD, Selma Witchell, MD

12:00 pm – 1:00 pm  New Board of Directors Meeting
For additional information or assistance with this form, telephone: +1-856-423-3064. FAX completed form to NASPAG Registration: +1-856-423-3420 or email to: NASPAGMTGS@talley.com. Online registration is available at www.naspag.org for your convenience.

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<th>First (Given) Name</th>
<th>M.I.</th>
<th>Last (Family Name)</th>
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<th>Affiliation (Employer)</th>
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<th>Business Address</th>
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<th>Business Telephone/Mobile Number</th>
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Please circle if you are a member: ACOG AAP AAFP ALOGIA ASRM NAPNAP NAPRWH SAHM

How many times have you attended the ACRM in the past?  
--- Never attended before  
--- 1-2  
--- 3-5  
--- 6-10  
--- 10 or more

Do you plan to use the NASPAG hotel room block?  
YES  NO

Do you require any dietary needs?  
YES  NO  (If yes, please specify __________________________)

Do require special assistance?  
YES  NO  (If yes, please specify __________________________)

How did you hear about the ACRM?  
--- Advertising/Web  
--- Calendar Listing/Web  
--- Direct E-mail or NASPAG Newsletter  
--- Direct mail from NASPAG  
--- Direct mail from an Exhibitor  
--- Facebook  
--- Friend/Associate  
--- Past Attendance  
--- Professor/Advisor  
--- Twitter  
--- Other (please specify) __________________________

**REGISTRATION CATEGORIES AND FEES**

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<tr>
<th>REGISTRATION CATEGORY</th>
<th>On or Before March 1</th>
<th>After March 1 and On-site</th>
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<tbody>
<tr>
<td>□ NASPAG Member (MD, DO, PhD)</td>
<td>$615.00</td>
<td>$665.00</td>
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<td>□ Non-member</td>
<td>$665.00</td>
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<td>□ New Member</td>
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<td>(Fee includes new member dues, newsletter and journal)</td>
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<td>□ In Training</td>
<td>$435.00</td>
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<td>□ Allied Health Professionals</td>
<td>$435.00</td>
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<td>□ ONE DAY FEE**</td>
<td>$390.00</td>
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**PLEASE SPECIFY YOUR DATE HERE:**  
□ Thursday  □ Friday  □ Saturday

**PLEASE ADD MY MEMBER DUES FOR 2017 (IF NOT ALREADY PAID)**

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<th>MEMBER CATEGORY</th>
<th>DUES</th>
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<td>□ MD</td>
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<td>□ Allied Health Professionals/In-Training (First Year in Practice)</td>
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<td>□ Emeritus</td>
<td>$185.00</td>
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**YES, I WOULD LIKE TO SIGN UP FOR THE NASPAG EXERCISE CLASS**  
$10.00

On Saturday, April 22, 2017 (This is meant to be a fund raising activity for NASPAG.)

**Raffle Tickets:**

The raffle helps to fund the Young Scholars Grant program for the ACRM. The drawing will take place at the ACRM. You do not need to be present to win. Ticket purchases will also be available during the ACRM.

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<tr>
<th>Raffle Tickets</th>
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<td>□ 5 for $10</td>
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<td>□ 30 for $50</td>
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**Total Registration Fees** (US DOLLARS)  
$________
**PROGRAM SELECTIONS** *(Please indicate your first (1), second (2), third (3) and fourth (4) choice. Space will be filled on a first-come, first-served basis).*

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<th>Session Code</th>
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<th>Third Choice</th>
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<tr>
<td><strong>Concurrent Workshops - Thursday, April 20, 2017 - 10:45 am – 11:45 am</strong></td>
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<td><strong>Food for Thought Luncheon Roundtables - Thursday, April 20, 2017 – 12:00 pm – 1:00 pm</strong></td>
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<td>The Ethics of Consent in Pediatric Gynecology</td>
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<td>L2</td>
<td>Updates on Evidence-Based Contraceptive Care for Adolescents:</td>
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<td>The 2016 US Medical Eligibility Criteria and US Selective Practice Recommendations for Contraceptive Use</td>
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<td>Using LARC</td>
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<td>Metformin in Minors: Miracle, Mystery or Mistake?</td>
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<td>Transitioning to Adult Care: Who, Where, When, How</td>
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<td>More Than a Missing Period, could it be an Eating Disorder?</td>
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Fight Back Against Legislative Intrusion into Medicine: How Clinicians Can be a Voice of Change in Reproductive Health

Who’s Teaching Sex Ed & What are They Teaching?

### Concurrent Workshops - Thursday, April 20, 2017 – 4:00 pm – 5:00 pm

| T7 | Teaching the Teachers: A Hands on Experience in a Mock PAG Simulation Lab |
| T8 | Vaginal Dilation: Timing, Teaching and Troubleshooting |
| T9 | PCOS: Phenotype Across the Lifespan |
| T10 | The Pervasive Health Burden of Anemia for Girls and Young Women: Where We Are; What’s Next |
| T11 | Let’s talk Turner! |
| T12 | Reproductive Health in Young Women with Special Needs |

### Concurrent Workshops - Friday, April 21, 2017 – 11:45am – 12:45 pm

| F1 | Pharmacological Management of Opioid Use Disorder in Pregnant Adolescents |
| F2 | Managing Primary Ovarian Insufficiency: An Interdisciplinary Approach |
| F3 | Vulvodynia in Adolescents: Chronic Vulvar Pain That Won’t Go Away |
| F4 | Extending Gynecologic Care to Pediatric, Adolescent and Young Adult Cancer Survivors |
| F5 | Girls and Gangs: Exploring Sexual and Reproductive Health Promotion |
| F6 | Be a Reviewer for JPAG |
| F7 | Nothing About Us Without Us |

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**SUBSTITUTION POLICY:** Substitutions must be made in writing and received on or before February 8, 2017 in order to be processed in advance. Email requests to NASPAGMTGS@talley.com. In order to request a substitution at the 2017 ACRM, you must present, at the registration desk, a written request on company letterhead.

**CANCELLATION POLICY:** Written notification of cancellation must be received at the NASPAG Headquarters by February 29, 2017, to obtain a refund — less $100 for administrative fees. No fees will be refunded after March 31, 2017.

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**32nd Annual Clinical & Research Meeting**
Hilton West Palm Beach  
West Palm Beach, FL  
April 12-14, 2018

**33rd Annual Clinical & Research Meeting**  
New Orleans Marriott  
New Orleans, LA  
April 11-13, 2019

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