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Research related to the plurality of views on various topics will provide a This discussion-based workshop provides a framework for engaging in civil dialogue regarding controversial topics within Michelle George, LCSW, Associate Professor, Messiah College Charles Seitz, PhD, LCSW, Professor and Director, Messiah College 3F • Navigating Viewpoints on Controversial Issues (SJ, E) workshop. Attendees must attend part I and part II of ACT 31 in one day. licensed social workers in the state of PA are required to obtain child abuse credits. This workshop is a three-hour program will cover the ACT 31: Mandated Child Abuse Recognition and Reporting guidelines in Pennsylvania. All for this vulnerable population. Commercial sex work is a high-risk job and individuals who desire to leave the sex industry find the process of exiting impact many aspects of life, resulting in the need for a different paradigm for both diagnosis and treatment. 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The National Association of Social Workers Pennsylvania Chapter (NASW-PA) and the Pennsylvania Association of Undergraduate Social Work Education (PAUSWE) annual conference is one of the largest annual gatherings of professional social workers in Pennsylvania, averaging between 300 and 500 attendees. The weekend consists of continuing education courses, world-renowned keynote presenters, social/networking gatherings, award ceremonies, student poster presentations, and much more.

For your convenience, licensed social workers will have the opportunity to receive all of the CEs they need to renew their license for the next licensure cycle, including the mandatory ethics, Act 31, and suicide prevention courses required by the state board of social workers. Get all of your CEs in one conference! See pages 37-38 for pricing and registration info.

In the following pages, you will find an outline of the workshops and events being offered this year as well as a registration form. Registration is also available online, along with more information at www.nasw-pa.org/conference

* Please note that this brochure is for planning purposes only and all workshops and events are subject to change. Updated programs and addendums will be provided at the conference.

Here is what some of our conference committee members are saying about this year’s conference:

“The NASW-PA Conference is what I do for both my professional development and my self-care. This conference has introduced me to some of my best friends, and I’ve grown as a social worker and a person.”

“Great time to get ahead on CEUs, including ethics, Act 31, and suicide prevention.”

“The NASW has really thought outside the box with this year’s conference. The NASW has teamed up with the Kalahari to create an amazing environment that already exists and added the ambience of the social work experience.”

“The waterpark, restaurants, and spa are gorgeous. As I walked into the building, I felt like I was transported to a totally new, fun, and relaxing environment.”

www.nasw-pa.org/conference     #NASWPA2017     #SocialWorkersStandUp
are adopted transracially will also be explored. unique complexities faced by multiracial children, and those who societal perceptions, familial acceptance and rejection are be of importance to social workers who wish to advance their and advocating for mixed-raced individuals and families should culturally-competent, strengths-based approach to working with more than 25% since 2000. Building competency in providing a interracial hetero-sexual and same-sex couples have risen by According to the US Census, interracial marriages and unmarried of Pittsburgh Graduate School of Social Work Marcia Warren, LCSW, Therapist / Adjunct Faculty, University 3J • Working with Inter-racial families (D) opportunity to interact with professional social workers and ask career-related questions. This workshop is designed for students who are preparing to enter the social work profession. Students will have an 3I • Student Career & Mentoring Panel making informed by the HR philosophy. negatives of the model, examine ethical dilemmas posed by a HR approach, and define an ethics model for decision both outside systems and those in the field to indicate it is simply “enabling.” This workshop will look at the positives and substance use. HR has many arenas in which it proves to be supported by evidence and research but it still often causes Oksana Kaczmarczyk, LCSW Matthew Tice, LCSW, Clinical Director, Pathways to Housing PA 3H • Ethical Decision Making in Harm Reduction (C, E) skills to find balance and reduce anxiety and stress. This workshop will be active and experiential as we will learn and practice different types of mindfulness and meditative Mark Shaffer, PhD, LCSW, Counselor, Susquehanna University 3G • Using Mindfulness and Meditation as Self-Care (D) foundation for identifying common ground and for working through the challenges where differences exist. Michelle George, LCSW, Associate Professor, Messiah College Charles Seitz, PhD, LCSW, Professor and Director, Messiah College 3F • Navigating Viewpoints on Controversial Issues (SJ, E) WORKSHOP THREE 2:00PM – 3:30PM • 1.5 CE IMPACT and suggests further research may be able to establish a correlation between IMPACT and the acquisition of soft skills. substan...
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This interactive presentation will discuss the complexity of gender outside the binary and its connection to eating disorders and body dysmorphia. It will provide an overview of gender identity and body image, look at current research on connections between gender identity and disordered eating, and provide guidelines for support and practice. It will allow participants to self-reflect and provide activities that will increase self-esteem and body confidence in trans and gender-fluid clients.

Social work is steeped in a rich history of courageous people who made a significant impact on modern society. This workshop will look at the lives of social work pioneers and glean lessons we can use as we set the stage for the social work field of the future. We will draw from the inspiration of people who took a stand on issues that impacted those around them and discuss how their examples can help us with challenges we face in our current practice settings.

With shows like “13 Reasons Why,” serious discussions about teen suicide are becoming more common in schools and communities, but what about with our elderly population? Elderly suicide accounts for over 18% of all suicides in the United States. This number appears to be growing as our population continues to age longer. There are many reasons why this population is at risk. In this presentation, we will explore risk factors, assessments, and treatments to help this population age successfully.
1D • PAUSWE: Laying the Foundation for a Firm Academic Social Work Identity and an Affordable Educational Journey from Community Colleges into BSW Programs in PA
Michele Belliveau, PhD, MSW, Associate Professor, West Chester University
Kathy Schank, MSS, LCSW, BCD, Assistant Professor, Delaware County Community College

There are several pathways to attain a Bachelor in Social Work degree (BSW). One pathway that is more affordable to students is to start in a social work or human service degree program at a local community college and transfer into a BSW program. In this session, we will suggest the unique role that social work educators can play by advocating for community college students and creating successful routes from community colleges to BSW programs in Pennsylvania. We will also identify the necessary components of a successful Community College-Social Work Program Partnership that fulfills the intention of the PA-TAOC agreement and aligns with the Council on Social Work Education (CSWE), Educational Policies and Accreditation Standards (EPAS).

1E • PAUSWE: Student Associations, Social Work Skills & Ongoing Leadership
Marietta Scalise-Warnitsky, LCSW, QCSW, Dr. Berger & Associates & Adjunct Faculty: Marywood University

Membership in social work clubs, associations, and organizations can provide social work students with hands-on learning to put into action the skills and competencies of their academic education. Involvement in these groups can expand their knowledge base and be a foundation for future professional development and leadership.

1F • PAUSWE: The Shippensburg Community Resource Coalition
Liz Fisher, PhD, MSW, Professor Shippensburg University & Vice Chair, SCRC
Laura Masgalas, LSW, Sexual Assault/Rape Crisis Services Director & Chair, SCRC

The Shippensburg Community Resource Coalition (SCRC) is a community-university partnership to meet social service and youth programming needs. Shippensburg University social work students have been integral to proposing, implementing, and evaluating multiple projects including summer and weekend feeding programs, a diaper bank, a community assessment, and basic case management services. We will share a brief history of the SCRC and then highlight each of these projects from inception to evaluation.

1G • PAUSWE: Promoting Social Justice through Research
Michael Lyman, MSW, PhD, Associate Professor, Shippensburg University

The NASW code of Ethics states that: “social workers promote social justice and social change [through] direct practice, community organizing, supervision, consultation, administration, advocacy, social and political action, policy development... education, and research and evaluation.” The purpose of this presentation is to provide examples of models where education, research, and evaluation can come together in university-agency partnerships to promote social change on behalf of clients.

1H • PAUSWE: Providing a Continuum of Learning
Michelle DiLauro, PhD, LCSW, Assistant Professor, Director of Field Education East Stroudsburg University
John W. Kraybill-Greggo, PhD, ACSW, LSW, Professor and Department Chair, East Stroudsburg University

A BSW program field education model will be presented which, by design, ensures the link between “content and process” of practice frameworks, skills and fieldwork. The restructuring of the practice skills course sequence and integrative field seminar into one weekly combined course experience is examined. The benefits of a dual role of practice professor and field liaison will be explored. Portfolios, assessment, and tracking tools will be discussed.
The Mental Health Recovery Model is an empowering practice that guides social workers to instill hope that life can be lived well in spite of mental illness. Social worker’s knowledge of difference regarding spiritual practices is vital in supporting consumers’ recovery. It is paramount that social workers expand their knowledge of alternative healing practices that can complement consumers’ traditional care. These practices return control and hope to heal to consumers.

“If you’ve met one person with dementia, you’ve met one person with dementia.” The dementia experience is unique to each individual and planning for a continuously fulfilling life should be an individualized plan. There are many unique factors to take into account. In this session, we will discuss methods for capitalizing on retained skills and emotional and procedural memory to increase engagement in the community and thus enhance quality of life. The Hearthstone Principles are discussed.

As we prepare students to practice, we must take into consideration that these tasks involve interacting with people from cultures quite different than their own. By adding international travel to social work programs, a fresh perspective of practice is gained and a better knowledge of success. This presentation will utilize two doctoral students’ experiences developing an international component to their learning that paved the way for future students interested in the same process.
2D • Ethical Social Work Practice and Sexual Orientation Change Efforts (SJ, E)
Claire L. Dente, PhD, LCSW, Associate Professor of West Chester University of Pennsylvania, Co-Chair of NASW-PA Social Justice Committee

This presentation will examine the legal, political, religious and professional complexities surrounding sexual orientation change efforts (SOCE’s) and social work practice. Our NASW Code of Ethics will serve as a framework for analysis of SOCE’s and social work practice considerations. Legal bans and position statements by social work organizations including the National Association of Social Workers and the Council on Social Work Education will also be examined in light of recent attention to sexual orientation change efforts (SOCE’s).

2E • PAUSWE: I’m a Student: Why Should I Join NASW?
Lloyd L. Lyter, PhD, LSW, Director, Pocono MSW Program at ESU Marywood University & Co-Chair, Student Membership Task Force at NASW-PA

The Student Membership Task Force of NASW-PA has begun a campaign to educate BSW and MSW students on the advantages of membership in the largest social work professional organization while still students. Task Force members (current students, recent graduates, academics, agency-based social workers) will present their individual perspectives on the advantages of student membership, as well as the financial and professional advantages. The session will then be opened to discussion with attendees.

2F • PAUSWE: Understanding Student Burn-out and Promoting Self-care
Selina Matis, PhD, LCSW, Instructor, California University of Pennsylvania
Sara Strayer, LSW, PhD Candidate, Instructor, Widener University

Burn-out, compassion fatigue, and vicarious trauma are well-documented hazards of helping professions. However, there is a distinct gap in the literature as it relates to students in helping profession fields and their experience of these same phenomenon. The purpose of this presentation is to explore burn-out, compassion fatigue, and vicarious trauma as it relates to social work students as well as addressing how promoting self-care is necessary for all social work educators. Practical self-care strategies for students will be provided.

2G • PAUSWE: Trauma-Informed Social Work Practice in an Educational Setting
Margaret Smith, PhD, ACSW, LSW, MPH, Edinboro University of Pennsylvania

Trauma results from an event, series, or set of circumstances that is experienced by an individual as physically and emotionally harmful or threatening, and that has lasting adverse effects on an individual’s physical, social, emotional, or spiritual well-being. Data indicates that approximately 25% of children will experience at least one traumatic experience by the age of 16. This workshop will provide insight regarding trauma and its relationship to educational outcomes.

2H • PAUSWE: Widening the Historic Social Work Circle
Wade Luquet, MSW, PhD, Program Director, BSW program/Associate Professor, Gwynedd Mercy University

The history of social work often begins with the English settlement house movement often characterized by the work of London’s Toynbee Hall. Yet that movement had been long in the making as European countries worked out various ways of dealing with their poor. This workshop will explore the work of religious women, specifically the Religious Sisters of Mercy, and their contribution to the developing social welfare system. Direct links of the Sisters to the settlement movement will be explored.
KEN E. NWADIKE, JR.
KEYNOTE SPEAKER

SUNDAY, SEPTEMBER 17, 2017 • 11:30AM (1 CE)

We are excited to have Ken E. Nwadike, Jr. as one of our 2017 Keynote Speakers. Ken started the Free Hugs Project in 2014 to spread love in response to the bombing of the Boston Marathon. He attended the 2014 Boston Marathon, one year after the tragic bombing took place, to spread love through hugs and encourage those who came out to run. Since then, he has gained popularity as the “Free Hugs Guy.”

Ken E. Nwadike, Jr., is now one of the nation’s top motivational speakers for colleges and universities. He has spoken at hundreds of schools and business conferences, inspiring students and professional groups of all ages to be the change that they wish to see in society. Best known for his viral videos on Facebook and Youtube, which have reached hundreds of millions of views, during Ken’s keynote speeches, he inspires students, educators, and business professionals to make a positive impact in their schools, workplace, and community. Nwadike Jr., has been featured on CNN, FOX, New York Times, Boston Globe, San Diego Union-Tribune, Buzzfeed, NBC, USA Today, and many other major news sites.

Ken can often be seen attending protests and rallies to encourage peace among protesters, often putting himself in the middle of dangerous situations for the sake of peace.

LUNCH OPTIONS:
- Herb Roasted Chicken – Sausage stuffing, garlic mashed potato veloute, cranberry glazed green beans and carrots
- Parmesan Roasted Salmon – Parmesan sweet onion crusted salmon, saffron tomato rice and fresh asparagus
- Asian vegetable fried rice

www.freehugsproject.com
This workshop will cover the ACT 31: Mandated Child Abuse Recognition and Reporting guidelines in Pennsylvania. All licensed social workers in the state of PA are required to obtain child abuse credits. This workshop is a three-hour workshop. Attendees must attend part I and part II of ACT 31 in one day.

3B • Social Work Leadership through a Social Business Model (A)
John Conahan, PhD, LCSW, Associate Professor, Kutztown University

This presentation will utilize a case analysis that describes and interprets one organization’s response to the emerging needs of special populations by incorporating a Social Business Model Framework. It will define and conceptualize the importance of social work leadership; introduce the role of social work leadership in responding to the gaps in service for special populations; examine the role of social work leadership with governance, and describe the best practices in assessing organizational leadership.

3C • Barriers to Exiting the Sex Industry (D)
Ling Dinse, LSW, Doctoral Candidate, Assistant Professor, Lancaster Bible College

Commercial sex work is a high-risk job and individuals who desire to leave the sex industry find the process of exiting complex and full of obstacles. This presentation aims to identify the obstacles faced by commercial sex workers who choose to exit the industry. Discussion will encourage helping professionals to develop informative and effective services for this vulnerable population.

3D • Surrounded by the Spectrum: A Clinical Approach (C)
Maleita Olson, LCSW, Owner/Executive Director, Spectra Support Services LLC

Recent research confirms that the traits of Autism Spectrum Disorder (ASD) run in families. Such neurological differences impact many aspects of life, resulting in the need for a different paradigm for both diagnosis and treatment. This interactive workshop explores the lens that a clinician must use to understand the symptoms and behaviors that these clients exhibit. Most importantly, participants will learn clinical interventions for decreasing stress and improving family relationships.

3E • IMPACT: Adventure Based Learning Curriculum (D)
Amy Roth, LSW, Doctoral Candidate
Titina Brown, School Psychologist

This workshop will examine career and technology centers as an opportunity to learn, practice, and transfer soft skills that are necessary to succeed in the working world. Soft skills covered include initiative, managing emotions and conflict, professionalism, action towards goal setting and completion, communication, and thinking skills (IMPACT). This study collected data regarding the student perspective and experience of the IMPACT curriculum in order to better understand how the substance of the program was perceived by student participants. Results indicate a positive experience when participating in IMPACT and suggests further research may be able to establish a correlation between IMPACT and the acquisition of soft skills.
This discussion-based workshop provides a framework for engaging in civil dialogue regarding controversial topics within social work professional organizations. Research related to the plurality of views on various topics will provide a foundation for identifying common ground and for working through the challenges where differences exist.

3G • Using Mindfulness and Meditation as Self-Care (D)
Mark Shaffer, PhD, LCSW, Counselor, Susquehanna University

This workshop will be active and experiential as we will learn and practice different types of mindfulness and meditative skills to find balance and reduce anxiety and stress.

3H • Ethical Decision Making in Harm Reduction (C, E)
Matthew Tice, LCSW, Clinical Director, Pathways to Housing PA
Oksana Kaczmarczyk, LCSW

The first consideration of Harm Reduction (HR) is the decrease of negative consequences when a person engages in substance use. HR has many arenas in which it proves to be supported by evidence and research but it still often causes both outside systems and those in the field to indicate it is simply “enabling.” This workshop will look at the positives and negatives of the model, examine ethical dilemmas posed by a HR approach, and define an ethics model for decision making informed by the HR philosophy.

3I • Student Career & Mentoring Panel

This workshop is designed for students who are preparing to enter the social work profession. Students will have an opportunity to interact with professional social workers and ask career-related questions.

3J • Working with Inter-racial families (D)
Marcia Warren, LCSW, Therapist / Adjunct Faculty, University of Pittsburgh Graduate School of Social Work

According to the US Census, interracial marriages and unmarried interracial hetero-sexual and same-sex couples have risen by more than 25% since 2000. Building competency in providing a culturally-competent, strengths-based approach to working with and advocating for mixed-raced individuals and families should be of importance to social workers who wish to advance their skills and training in this area. Racism, identity, cultural and societal perceptions, familial acceptance and rejection are among the topics to be discussed in this presentation. The unique complexities faced by multiracial children, and those who are adopted transracially will also be explored.
SUNDAY, SEPTEMBER 17

SWEETalk I  3:45PM – 4:15PM  • 0.5 CE

SW 1A • Integrating Research Evaluation in Community-Based Groupwork (D)
Azadeh Block, MSW, PhD, Assistant Professor, California University of Pennsylvania
Leslie Aizenman, MPH

In this session, participants learn about a program evaluation training course designed for peer leaders serving Bhutanese, Iraqi, Latino/Latina, Sudanese, Congolese, and pan-African populations that have recently settled in the Pittsburgh area (Allegheny County). The training course highlighted the need for reviewing cultural bias protections including: back translation of surveys and use of best practices in ensuring cultural competence.

SW 1B • Responding to Ethical Challenges in Perilous Political Times (E)
Phyllis Black PhD, ACSW, LSW, Professor, Marywood University, MSW Program Director, Lehigh Valley at DeSales University

The current political landscape mandates the engagement of social workers to protect the core values of the profession. The NASW Code of Ethics will serve as a framework for actualizing the profession’s sacrosanct commitment to meeting basic human needs and promoting social justice.

SW 1C • Emotional Intelligence (A)
Alex Redcay, LCSW, PhD, Assistant Professor, Millersville University
Mayte Redcay, LCSW, LCDAC, SAP, Counselor, Elizabethtown College

How emotionally intelligent are you? So often our reaction to others is neurologically-based. What is happening in our brain to drive these reactions? Whether we realize it or not—we have an impact on others based on our ability to resolve conflict and to be attuned to our own and their emotional life.

What are SWEETalks?

SWEETalks: Social Work Education & Enrichment Talks

If you’ve heard of or listened to TED Talks, then you’ll enjoy our SWEETalks. These focused, 30-minute presentations will discuss subjects such as ethics, politics, self-care, and more. They are designed to highlight specific techniques or ideas current to the social work profession. These short and “sweet” events will count for 0.5 hour CE credit when combined with your overall conference attendance.

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4A • ACT 31 Mandatory Child Abuse Training – Part 2 (A31)
Kristie Jo King, MSW, Director of Social Services, Windy Hill Village, West Central Division Chair, NASW-PA Board of Directors
Tanisha Bowman, MSW, ICU Social Worker, UPMC Presbyterian, Southwest Division Rep, NASW-PA Board of Directors

This is part II of the ACT 31: Mandated Child Abuse Recognition and Reporting Session. Attendees must sign in to both parts I & II (in a single day).

4B • Campus Conversations about Social Justice (SJ)
Azadeh Block, MSW, PhD, Assistant Professor, California University of Pennsylvania
Thao Pham, PhD, Assistant Professor, California University of Pennsylvania
Rosalie Smiley, PhD, Professor, California University of Pennsylvania

Social justice issues were at the forefront for our country and social workers during the summer of 2016. African American males being shot by local police filled the news. The California University of PA Social Work Department took an active role at the University to try to bring dialogue and discussion about these social justice issues affecting our country, communities and campus. This workshop will focus on steps the faculty of CalU Social Work Department took to collaborate with the University.

4C • Behavioral Health Services in Primary Care Setting (C)
Troy Brindle, LCSW, DCH, Co-Owner/Director, Springfield Psychological
Kevin Caridad LCSW, Owner/Director, CBI

The healthcare delivery system is rapidly changing and with it brings opportunities to improve over population health, coordinate care between physical health and behavioral health providers, and decrease overall total medical spent by improving overall patient health. A key tenet of health-care reform is co-locating or integrating behavioral health services within primary care settings. We will look at trends occurring in the Southwest and Southeast part of Pennsylvania.

4D • The Challenges and Necessity of Mental Health Services within the Deaf Community (C)
Makoto Ikegami, LCSW, ACSW, Outpatient Therapist PHAhrtners Deaf Services

The Deaf Community consists of individuals who identify themselves as a minority community, with their own language, American Sign Language, and Deaf culture. Unfortunately, this community is also a marginalized cultural community with reduced access to crucial information around general health care, especially mental health.

4E • Barriers for Women to Positions of Power (A)
Karey Murphy, LSW, Doctoral Candidate, Manager, National Health Services, Aetna Behavioral Health
Amy Downes, LCSW, Doctoral Candidate, Lock Haven University

While the excitement of being in charge can be a great motivator to succeed, the responsibilities of leading a business on top of the personal responsibilities can easily wear one down. It is a noted fact that women face many challenges in the workplace and these challenges affect their confidence and their ability to sustain their ambition over the course of their careers. Explore with us ways in which your leadership potential can be realized, maintained, and flourish.
SUNDAY, SEPTEMBER 17

WORKSHOP FOUR  4:30PM – 6:00PM • 1.5 CE

4F • Incorporating Environmental Sustainability in Social Work (D)
Amber Holbrook, PhD, LSW, Assistant Professor, West Chester University
Ginneh Akbar, DSW, LSW, Assistant Professor, West Chester University

One of the grand challenges for social work in the coming decade is mounting a successful response to a changing natural environment. The social work profession is uniquely positioned to foster the multi-level, interdisciplinary approach that will be required. This workshop articulates a theoretical framework for incorporation of environmental concerns into both community and clinical social work practice.

4G • Social Worker’s Sexuality Competency (D)
Mary Rita Weller, PhD, LSW, Assistant Professor, Kutztown University

Social workers work with a diverse client population, from new born to centenarian. In 2008 EPAS Standards on Engaging Diversity and Difference in Practice (2.1.4) added intersectionality (a theory developed by feminist of color) as one aspect to understand diversity, difference, and power in social work curriculum. Social workers may further their understanding on how sexuality impacts the human experience from relationships to physical and mental health issues.

4H • Mental Health and Aging (D)
Maria Weidinger, ACSW, LSW, Adjunct Faculty, Gwynedd Mercy University and Delaware County Community College

The current aging population in the United States is diverse in ethnicity, religion, language, sexual orientation, and cultural heritage. It is a cross section of American-born and those of other countries who now call America home. This aging cohort in most research data can start with age 65 to the fastest growing population of the old-old of 85 plus years, which now includes centenarians. Our discussions will focus on four forces that impact mental health: biological, psychological, sociocultural, and the life cycle. An informational overview will be presented of the most common diagnosis that occur as a result of a lifelong condition or late onset in their aging years. This includes depression, anxiety disorders, and drug and alcohol abuse. Available data and prevalence will be included.

4I • Beyond Burnout, Its Prevalence and Toll: The Creation of a Fulfilling Marriage Between Self-Care and an Emotional Sense of Direction (D)
SaraKay Smullens, MSW, LCSW, ACSW, BCD, CGP, CFLE

This course will concentrate on societal, intrapsychic, and interpersonal causes for the present epidemic of burnout. Burnout, itself, as well as evidence-based self-care strategies, will be addressed from personal, professional, social, and physical perspectives.

4J • Student-Focused Job Fair & Interviewing Skills Workshop (Interaction with exhibitors, intended for students)

RECEPTION WITH EXHIBITORS  • 6:00PM – 7:00PM

Free reception with free hot and cold hors d’oeuvres and drinks. Come check out all of the exhibit tables and meet other professionals from across Pennsylvania.
Join us for NASW-PA’s First Annual KEYSTONE AWARDS GALA

7:00PM – 9:30PM • SEPARATE TICKET REQUIRED ($45)

ANGELO MCCLAIN, PHD, LICSW
NASW CHIEF EXECUTIVE OFFICER

“Standing Up is Not Always Easy”

For more than a century, social work has stood up for the rights and needs of society’s most vulnerable individuals, families, and communities, leading the way on the most important societal developments and protections. This presentation will review the past successes of the social work profession; current societal challenges; and look at opportunities for NASW and social work to stand up for strengthening America’s social safety net and challenging social injustice.

Dr. McClain became CEO of the National Association of Social Workers in 2013, after serving six years as Commissioner for the Massachusetts Department of Children and Families, a position appointed by Governor Deval Patrick. While there, he oversaw a budget of $850 million and a workforce of 3,500 employees to address reports of abuse and neglect for the state’s most vulnerable children, partnering with families to help them better nurture and protect their children.

Awards to be Given: Lifetime Achievement, Social Worker of the Year, Public Citizen of the Year, Kristen Bowser Young Social Worker of the Year.

DINNER OPTIONS:
• Chicken Kalahari – Sauteed chicken breast, parmesan swiss cheese spinach artichoke heart, and garlic bream atop chive steamed baby red potatoes, red peppers and sweet corn in butter sauce.
• Roasted Top Sirloin – Thinly sliced roast beef, caramelized garlic scallion mashed potatoes, port wine demi-glace glazed green beans and carrots.
• Grilled Tofu – with spicy chili vinagrette.
This workshop will cover the ACT 31: Mandated Child Abuse Recognition and Reporting guidelines in Pennsylvania. All licensed social workers in the state of PA are required to obtain child abuse credits. This workshop is a three-hour workshop. Attendees must attend part I and part II of ACT 31 in one day.

Participants will gain an understanding of how to utilize therapy dogs in their practice settings. An overview of animal-assisted interventions and the benefits they offer will be presented. A discussion of how practitioners can apply this intervention to individual practice, group work and crisis intervention will be provided along with detailed case examples. A crisis response dog team will assist in demonstrating these skills.

In this session, information will be provided about how your school or agency can support students experiencing homelessness through implementation of the McKinney-Vento Homeless Assistance Act. Best practices will be shared around topics such as identification/eligibility, transportation, and appropriate services and resources to promote students’ academic and life success. Changes to the ESSA law will also be discussed.

Art has always been a dynamic force in advancing communication between people. When all else fails in communication, supplementary creative aids are often helpful to achieve the goal of connecting or breaking the ice, so to speak. This unique workshop will introduce therapeutic art related activities as well as techniques, beneficial for stimulating conversations. The essentials of expression and communication will be discussed, followed by a hands-on project with numerous art handouts given.
The rise in hate groups and the increase in marginalizing minorities has come to forefront. Through the advancement in media, we are witnessing more and more heinous crimes being committed. The NASW Code of Ethics states that social workers; “seek to promote sensitivity to and knowledge about oppression and cultural and ethnic diversity.” We should challenge social injustice. This workshop will address discrimination and dehumanization, and how we can challenge social injustice.

This session will focus on a unique style of interventions for individuals with cognitive impairment in a skilled nursing facility. The unique perceptive of a social worker and recreational therapist have combined to produce positive outcomes for individuals with dementia. The target population for these groups are those that often fall through the cracks or struggle with behaviors. Social work and recreational therapy collaboration may be unique, but is a natural fit.

Tis the season to be jolly? For those who have experienced the death of a loved one, the holiday season may not be full of joy and hope. The holidays can intensify already difficult feelings of sadness, confusion, and the loss of life as it once was. During times of celebration and commemoration, grieving individuals can feel even more different and alone, outside of the fun and merriment of those special days. This workshop will provide a number of suggestions to help people of all ages cope with grief during the winter holidays, as well as birthdays, anniversaries, Mother’s Day, and Father’s Day.

Social workers who assist patients managing chronic diseases or terminal illnesses are well positioned to begin advanced care planning conversations, but may not know how or when to start. Successful advance care planning will (1) provide clear guidance for those who will be making decisions and (2) help ensure that the patient’s values and decisions are advocated for across the care continuum. Join this workshop, which will give you the opportunity to explore these questions from your personal perspective and consider your own answers, so you can better manage meaningful conversations with your patients, their families and other healthcare providers. We will incorporate NASW Standards for Social Work Practice in Health Care Settings and Standards for Palliative & End of Life Care in this workshop.
With ADHD affecting nearly 11% of children, this disorder remains a leading mental health concern for students. This workshop is designed to be a hands-on, interactive experience to learn about how strategies and assisted devices can aid students with attention concerns in the classroom. Participants will be able to try out devices, learn about their uses, and discuss the brain science behind these strategies. Focus will be on the application of sensory objects in a classroom setting.

This session will examine the stressors and issues that our children and adolescents are dealing with on a daily basis. We will discuss the myths and realities of youth suicide and how that may affect the way we interact with the youth. Lastly, resources and risk assessments will be provided that you will be able to utilize in your practice.

Participants will learn about telephone interventions that are the most successful for patients with a chronic medical illness.

Human trafficking is a pervasive type of violence that often overlaps with IPV. Utilizing a very successful IPV and TDV crisis and prevention program that has been implemented in St. Christopher's Hospital, a children’s hospital in Philadelphia, we are creating a similar human trafficking education, screening, and prevention program.

Philadelphia achieved its goal to end veteran homelessness with a 91% decrease in homelessness. The challenge evolved to biweekly meetings with key community members to monitor new cases. The process identified systemic breakdowns and the value of community collaboration, and more importantly, it showed the frustration homeless veterans faced trying to navigate the system. The presentation highlights key points of the process and proactive efforts to help veterans sustain permanent housing.
This is part II of the ACT 31: Mandated Child Abuse Recognition and Reporting Session. Attendees must sign in to both parts I & II (in a single day).

6B • Bridging the Gaps: Intergenerational Differences (A)
Robert Ashford, BSW, MSW Candidate, University of Pennsylvania - School of Social Policy and Practice
Austin Brown, MSW
Devin Reaves, MSW, Clinical Outreach Coordinator, Life of Purpose Treatment

The current study sought to identify generational differences amongst those involved in the substance use disorder and recovery profession using an embedded design and grounded theory approach. Findings suggest that generational differences do exist across the three generations in regards to ideologies, value of formal and informal knowledge, training, and education. Results suggest ways in which we can better develop future professionals and mentoring networks among generational professionals.

6C • No Wrong Door: Integrated Care Across Healthcare Settings (D)
Suzanne Daub, LCSW, Senior Director, Behavioral Integration Community Care Behavioral Health
Shelly Rivello, LCSW, Director of Behavioral Health Services, JC Blair Memorial Hospital

Integrated behavioral health has reached a tipping point, and delivery models are seen across a variety of healthcare settings. This workshop provides an overview of integrated care in primary care, community mental health, and with individuals that have complex physical and behavioral health needs. Integrated care utilizes social workers to help reduce frequent emergency room, hospital admissions, while increasing compliance and promoting behavior change. The workshop will cover behavioral health interventions that integrate mental health recovery and physical health principles.

6D • Essential Oils 101: Your Clients May Be Using Them (D)
Stephanie Coxon, PhD, MBA

Your clients/ patients come to you and tell you they are using oils… what does that mean? What are oils? What are the benefits and detractions of oil usage? Come and learn the basics of a handful of oils.

6E • Social Media Ethics: Snap, Tweet, Post, Follow (D, E)
Christina Gigler, LCSW, ACSW, Director of Field Education/Clinical Instructor, Marywood MSW Program in the Lehigh Valley & Poconos
Phyllis Black, PhD, ACSW, LCSW, Professor, Marywood University, MSW Program Director, Lehigh Valley at DeSales University

The revolution in communication technology has created ethical issues for social workers. The digital age and pervasiveness of the Internet culture presents challenges involving electronic interaction with clients. Media such as, email, texting, Facebook, Instagram, and Twitter can facilitate communication with clients. However, these electronic innovations are fraught with ethical perplexities. Participants will engage in brainstorming guidelines to address ethical application of social media.
This workshop focuses on the application of ethical principles and standards in the conduct of supervision. An emphasis is placed on using critical thinking in addressing ethical problems and dilemmas that challenge supervisors and workers in practice. These challenges also provide opportunities for professional growth and continuous improvement of services to clients. This is designed to be an interactive workshop where attendees will be encouraged to share their own challenges in the field. Participants will be encouraged to use the Code of Ethics and critical thinking skills as they focus on dynamic tensions created by ethical dilemmas and challenges to their own personal and professional values in supervision. The process is also designed to facilitate peer supervision and support.

6G • Against the Tyranny of Busy-ness (D)
Kristen Nielsen Donnelly, MSW, MDiv, PhD, Director of Personnel and Research, Abbey Group Companies

In this highly interactive workshop, participants will be given opportunities to question the cultural norm of “busy means important,” practice radical empathy, and focus on the importance of asking questions of both self and others. This will include explorations of social theory, cross-cultural communication, and interpersonal awareness.

6H • Building Relationships with Strengths & Affinities (C)
Christopher Perri, LCSW, Director of Best Practices, Monarch Mexico Center for Excellence

Using case examples, learn about creative relationship-based interventions that utilize key elements of strengths-based, learner-centered, and person-in-environment principles in order to achieve the trust and confidence needed to mobilize developmental progress in areas of challenge and weakness. Examples include in-home, in-community, in-school, residential foster care, and therapeutic day school environments, with children with Autism Spectrum Disorders, ADHD, and Mood and Behavior Disorders.

6I • Experiential Approaches to Group Work (C)
Kayti Protos, LCSW, Assistant Director & Clinical Coordinator, Bucks LGBTQ Center

Participants will experience several experiential-based group techniques, complete with processing guidelines and information about replicating the group with your clients. Topics include relapse prevention, addiction, eating disorders, communication skills, and 12-step topics.

6J • Technology and Social Work Practice (D, C)

This workshop will explore the newly enacted NASW/ASWB Standards for Technology and Social Work Practice, which includes risk management, privacy, confidentiality, documentation, security, and more. It will also explore how to best implement the new standards into your practice as social work adapts to the expanding role of technology.
The Political Action for Candidate Election (PACE) is the political action committee of NASW, dedicated to advancing social workers’ values and public policy goals in campaigns, elections, and building political relationships with elected officials.

PACE uses your contributions, including the raffle, to help elect candidates who will advance the profession and advocate for social justice. NASW-PA PACE builds relationships with key politicians which, in addition to hard work, takes money. When each member contributes a few dollars, our profession can make a major financial impact during elections and set the political climate to accomplish our goals.

PACE evaluates Pennsylvania House and Senate candidates as well as the gubernatorial candidates in respect to social work values and professional issues through several means:

- Responses to a detailed questionnaire developed by the committee;
- Our political observations;
- Candidates’ past commitment to the profession’s values;
- Viability of candidate, and
- Input or feedback from the divisions and individual members

**KEYNOTE PRESENTATION**

*Monday, September 18 • 12:15 PM • 1.25 CE*

**LEGISLATOR OF THE YEAR**

Award to be presented during luncheon

**PACE 60/40 RAFFLE**

Participate in the PACE Raffle for chance to win 40% of the pot!

**INVITED SPEAKER:**

**GOVERNOR TOM WOLF**

Governor Tom Wolf has been invited to speak, however, due to his immensely busy schedule, we cannot guarantee his appearance at our conference. In the event that he cannot make it, we will have an alternative speaker for the keynote presentation.

**LUNCH OPTIONS:**

- Sicilian Lasagna – Ground beef, fennel, Italian sausage, bell peppers, onion, pasta, marinara and ricotta. Parmesan and mozzarella cheeses served with broccoli florets.
- Chicken Parmigiana – Marinara sauce, saffron rice pilaf, zucchini, fennel, and bell peppers.
- Three-Cheese Ravioli – Creamed spinach, artichoke and bell peppers.
The social science literature on African Americans is replete with stories of disparities in health, education, housing, employment, incarceration, and death. Often lost in these pileups is the narrative of a shared experience of coping and thriving within and outside of group commonalities and differences. We will raise awareness of the current literature and to propose ways in which popular social media and other avenues can be used to promote change within groups and communities.

The Adverse Childhood Experiences (ACEs) studies have demonstrated a clear, graded relationship between childhood adversity and health problems later in life. Adversity includes psychological, physical, or sexual abuse; violence against mother; or living with household members who were substance abusers, mentally ill or suicidal, or ever imprisoned. This presentation will review the ACEs material and explore the neuroendocrine developmental changes that occur in the face of adversity. The outcomes of this body of research highlight the need for strong, primary preventive measures by social workers, and other professionals, and the impact that work will have now and for future generations.

This workshop will examine the culture of self-care among social work students and practitioners. As professionals and individuals, social workers struggle to achieve proficiency in balancing a multitude of responsibilities often at the expense of personal, as well as professional well-being. The call to serve others requires an acute awareness of physical and mental well-being. Participants will explore the quality of self-care habits to determine ways to enhance their practice.

Recently, policy-makers and corporately-backed organizations have stacked the deck against educators and unions—making way for school privatization and the charter-movements. As a result of these powerful forces and influences, educators (who are largely female) are increasingly underpaid, families are struggling, and student outcomes are in decline. Without teachers’ unions, salaries and working conditions of school professional staff might otherwise worsen, leaving many (students and staff alike) to the perils of capitalist interests. This workshop explores a case of work-place activism and the processes undertaken for social justice and change. Participants will be able to define organizing for 21st century contexts. Participants will be able to identify key practice skills and knowledge for organizing in the workplace. Participants will understand the benefit of organizing, and the connection between organizing and practice quality and opportunities in the workplace.
This workshop is geared toward clinicians who are parents themselves as well as those working with parents in social work practice. Through brief, simple practices, both didactic and experiential, participants will learn: stress reduction practices easily incorporated into a busy life; simple mindfulness meditations; ways to stay more calm and aware throughout the day; how to be more in control of responses to stressful situations, rather than reacting habitually in less than ideal ways; and how to savor what is already present in life.

The use of mindfulness skills can be used to enhance clinical skills. In mindfulness-informed therapy, the therapist is tuned into the experience in the room. This helps the therapist attune to their own internal experience, as well as the client’s. This is used to help facilitate the experience in the moment between client and therapist. Mindfulness in clinical work can also be a protective factor, helping protect the therapist from burnout and compassion fatigue.

This workshop will explore the epidemic of adolescent and young adult opioid abuse and best practices in treatment. The value and challenges of medication assisted treatment (MAT) will be discussed. The use of network insurance, how to maximize lengths of stay, and the need for ongoing residential care will be examined.

Many colleges are trying to make their campus communities more diverse. There is little thought or preparation to plan for what the person from a diverse background will experience when they arrive. This seminar will use my original research into this topic and apply the data to real world situations from the backdrop of Critical Race Theory.

Our understanding of empathy is not a common discussion among clinicians. Regarding the use of empathy as a skill in practice, we often find ourselves going only so far as questioning if and how we use empathy, but we are not prepared to answer how we are not or if what we are actually experiencing is empathy. This workshop will encourage us to reflect on how we understand our use of empathy, while considering philosophical, biological, and psychological perspectives.

This session will cover key concepts in risk management, such as confidentiality and its exceptions, duty to warn, and informed consent. The seminar will reveal the major reasons why social workers are sued and what you can do about those risks. We will define what constitutes a malpractice case and emphasize important recordkeeping issues, guidelines for supervision, special tips for clinical and private practitioners, and brief you about your malpractice insurance, its special features and implications for your practice.
Critical Time Intervention (CTI) is a time-limited evidence-based practice that mobilizes support for society’s most vulnerable individuals during periods of transition. It facilitates community integration and continuity of care by ensuring that a person has enduring ties to their community and support systems during these critical periods. CTI has been applied with veterans, people with mental illness, people who have been homeless or in prison, and many other groups.

Social work education prepares students to be at the center of community work to encourage service-learning, civic responsibility and competence and the development of democratic citizenship. The following workshop will introduce a community-based internship model that utilizes a rural Democratic Committee Headquarters as a placement site and will focus on how political placements can be utilized to increase student knowledge regarding community work, democracy and citizenship.

This presentation will explore the results of our ongoing study of an experiential learning event where first-year social work majors connect with individuals in rural poverty to explore the effects of minimizing social distance. During this structured event, social work students and agency participants share a meal, which is followed by a formal question-and-answer session regarding pertinent life experiences. Implications for policy, programs, and pedagogy will be discussed.

Intimate partner violence (IPV) is just as common in the LGBTQ+ community as it is in the heterosexual and cisgender community. However, there are specific barriers to seeking help that are often overlooked by organizations. This workshop will aim to break stereotypes about IPV, as well as educate people on how to be more aware of LGBTQ+ issues in their practice, advocacy, and their organizations as a whole.

The majority of dependent elders and familial caregivers desire that their elderly loved one remain in their own homes. Rural elders face additional risks. An examination of Pennsylvania’s rural alternatives to nursing home care was recently conducted. Crucial policy recommendations were identified and will be discussed.
MONDAY, SEPTEMBER 18

WORKSHOP EIGHT  4:15PM – 5:15PM •  1 CE

8F • Evaluation During Crisis (A)
Marcella Nyachogo, LSW, Assistant Director, Bilingual Domestic Violence Program, Lutheran Settlement House
Vashti Bledsoe, Program Director, Bilingual Domestic Violence Program, Lutheran Settlement House

This presentation will use the experience of Lutheran Settlement House’s Medical Advocacy (STOP Intimate Partner Violence) Program as a compass for other programs striving to measure the impact of their work with survivors of trauma. Strategies for navigating funder requirements, employee concerns, and the client-centered service approach in order to create a trauma-informed evaluation plan will be presented. Methods for fostering an agency culture of evaluation will be explored.

8G • Mental Health and Academic Achievement (D)
Karissa Martin, MSW, Kutztown University
Fang-Hsun Wei, PhD, Assistant Professor, Kutztown University

This systematic review of empirical literature attempts to synthesize current research data on mental health problems and education through the Evidence-Based Practice steps. Previous research suggests that there is an association between mental health and decreased academic achievement. This study identifies which mental health problems, or disorders, are most commonly associated with poor academic performance.

8H • Using Technology to Improve Care (C)
Gary Sullivan, Senior Vice President, wecounsel

This workshop will explore considerations on various technologies available to provide increased client engagement and expand a practice online. Modalities discussed will include telehealth, websites, secure communications and ensuring HIPAA compliance. We will also explore legal, ethical, and financial considerations.

8I • Ethics and Risk Management in the New Era of Social Work – Part 2 (C, E)
NASW Assurance Services

Continuation of earlier workshop. MUST ATTEND BOTH PARTS. This session will cover key concepts in risk management, such as confidentiality and its exceptions, duty to warn, and informed consent. The seminar will reveal the major reasons why social workers are sued and what you can do about those risks. We will define what constitutes a malpractice case and emphasize important recordkeeping issues, guidelines for supervision, special tips for clinical and private practitioners, and brief you about your malpractice insurance, its special features and implications for your practice.
WORKSHOP NINE  5:30PM – 6:30PM • 1 CE

9A • Depression Intervention Review (D, E)
Sergio Carrio, MSW, Kutztown University
Fang-Hsun Wei, PhD, Assistant Professor, Kutztown University

According to the Anxiety and Depression Association of America (2016), depression is a leading cause of disability for population between 15- to 44-year-old in United States. This paper reviews literature about depression treatment and tries to find out the best intervention for depression. This paper will discuss art therapy, electroconvulsive-therapy-induced, cognitive behavioral therapy, interpersonal therapy, psychodynamic psychotherapy, psychotropic medications, and integrative therapy.

9B • Reducing Stress and Enhancing Resilience: A Model (SJ, E)
Jessa Chabeau, MSW, Case Manager, Southwest Pennsylvania Environmental Health Project
Lydia Greiner, MSN, APRN, APHN-BC, Psychiatric Nurse Practitioner, Southwest Pennsylvania Environmental Health Project

Industrial activity, such as natural gas development, is often located in rural communities that bear a disproportionate burden of the environmental health impacts including stress and other mental health symptoms. This presentation describes the development and implementation of Enhancing Health in Pennsylvania, a community-based participatory model designed to reduce stress and increase resilience in four rural counties. The model could be replicated to address a range of environmental issues.

9C • The Importance of Linking Leadership to Outcomes (D)
Shiloh Erdley-Kass, DSW, Assistant Professor and Field Director, Bloomsburg University
Paul Felker, MSW, Bloomsburg University, Assistant Professor
Stephanie Byers, BSW, Bloomsburg University, Former Student

Leadership practices in social work are vital considering that service outcomes do not focus on monetary profit or organizational efficiency, but on the betterment of individual lives and society as a whole. However, many social service agencies experience poor management that may lead to job dissatisfaction and burnout. This research utilizes outcomes from surveys, validated leadership assessments, and focus groups to provide a better understanding of student leadership perceptions.

9D • System Building in Homeless Services (A)
Jennifer Frank, LSW, PhD, Instructor, Millersville University

Social service systems are mechanisms of community coordination designed to meet goals. Functional systems share a common goal and must effectively negotiate strategies to achieve it. Because of tightly constrained resources, organizations must find ways to balance their own self-preservation while strengthening collaboration. This interactive workshop will discuss the results of a qualitative study of system building in homeless services. Implications for policy and practice will be discussed.
The presentation will offer mental health professionals the foundation necessary to operate in a thorough and efficient manner ensuring the financial stability of their practice. Topics include: billing, patient balance billing, comprehensive benefit checks, claims submission, follow up, prompt payment, self pay, HIPAA and revenue cycle enhancement. Solo and group providers will benefit from an understanding of the template utilized by the most successful practices. Plenty of time for questions and discussion will be provided.

9F • Out of the Broom Closet (D)
Rebecca Suglia, LSW, U3: Body, Mind & Spirit

In 2016, more Americans than ever identified as Pagan, Wiccan, or other Earth-Spiritual faith. However, most people who identify as one of these minority faiths often keep their spirituality a secret, because of worries about stigma, legal difficulties, and even threats against their jobs, lives, and families. This workshop will define these minority faiths, and discuss stereotypes, stigma, fear, and the media’s representation of Pagans, Witches, and other Earth-Spiritual believers.

9G • Dynamic Challenges of Discharge Planning (D)
Daltrey Turner, LICSW, Social Worker, Austen Riggs Center
Beth Turner, LICSW, Social Worker, Austen Riggs Center

Discharge planning is challenging. Beyond pragmatic issues, transitions may evoke unresolved family issues around responsibility, decision making, and endings. The social worker’s emotional reactions to the discharge process may be an opportunity to understand parts of the family’s struggle they have not been able to speak about. We will explore a number of relevant dynamic and pragmatic factors in order to assist participants in anticipating and working through the difficulties that arise.

9H • Suicide Prevention and Trans* Individuals (SP)
Alex Redcay, LCSW, PhD, Assistant Professor, Millersville University
Mayte Redcay, LCSW, LCDAC, SAP, Counselor, Elizabethtown College

Half of individuals who are trans* report attempting suicide at least once, so responding to the needs of trans* individuals is critical. This workshop will briefly introduce Minority Stress Theory and Attachment-Based Family Therapy (ABFT) and how to incorporate these approaches into practice. Participants will learn about clinical strategies that will help and hurt trans* youth suicide prevention. We will discuss real case examples, but please bring your own.

9I • Advocacy & Ethics (SJ, E)
Benny Brown, II, MSW, Director of Government Affairs and Public Policy, NASW-PA

Social work practitioners may struggle with section 6.04 of the Code of Ethics (Social Workers' Ethical Responsibilities to the Broader Society). Is it mandatory? How does advocating for changes in policy and politics connect with my daily practice? What if I lack the skills or knowledge to be an effective advocate? This workshop will enable social workers to better adhere to the Code's mandate for social work involvement in promoting social justice, explore barriers to advocacy and how to best overcome them, and develop tools for using existing social work skills in the legislative and/or political arenas.
We all know that social workers are super heroes. Now is our time to celebrate our social work super powers! Join us Monday evening for a social event filled with dancing, awards, food, and drinks. Come dressed in your favorite super hero attire. It can be as simple as a tee shirt with your favorite super hero’s colors or as elaborate as a full on super hero outfit! Or come as a citizen of Metropolis (no costume necessary). This event will be a celebration of the social work profession and the extraordinary things that social workers do every day. There will be awards for the best dressed super hero and more. Come celebrate with us!

Free to all conference attendees!

What’s your social work super power? Tell us online using the hashtag #SocialWorkSuperPower
Clinical Documentation – ALL DAY (D, E)
James H. Andrews, LCSW, BCD, CMFSW, Forensic Social Worker/Professor, Forensic Behavioral Associates

The clinical documentation workshop will address issues relevant to the clinical documentation of direct care services provided by masters-level professionals. A strong emphasis is placed on the perspective of the provision of psychotherapeutic services though other behavioral health interventions will be addressed. Legal, ethical and best practice standards of clinical documentation will be addressed as will relevant issues of risk management and compliance standards.

Part One - Legislative Advocacy for Social Workers: Why Should We Care and How Can We Improve? (SJ)
LauraEllen Ashcraft, MSW, Project Manager, University of Pittsburgh
8:30am – 12:00pm

The NASW Code of Ethics dictates that social workers promote social justice, but what does this look like in everyday social work practice? In this workshop, we will discuss the importance of social justice and tangible ways social workers, from case management to supervisors and executive directors, can promote social justice in their practice. We will start by understanding the legislative and regulatory processes, and have an robust conversation about ways to integrate policy into practice. Join us as we discuss the importance of social justice and ways to advance social work policy!

Part Two - How Can I Run for Office? (A)
Justin Behrens, LSW, Supervisor, Northeast Counseling Services
Tim Seip, LSW, Professor, Kutztown University School of Social Work
1:00pm – 5:00pm

There are lots of decisions candidates need to make before they run. Going to political candidate trainings are one of those must-do decisions for potential candidates. Whether it is picking the right office to run for, or how to create a contrast between you and your opponent, most folks need help to make early choices in their political career, and a political candidate training can help you make the right choices. This seminar helps give you steps to running for any office.
TUESDAY, SEPTEMBER 19

INTENSIVE C  PERSONAL & PROFESSIONAL GROWTH  •  8:30AM – 5:00PM  •  7 CES

Part One - Boldly Go!: Using Unique, Effectual Methods to Promote Change (E)
Elizabeth Jackson, BCH, CADC, CCS, CCPG, NLP, MBCT/SRT, Clinician, Presenter, Author Self
8:30am – 12:00pm

Various NLP techniques are presented and practiced in this workshop. So leave your shyness at the threshold, and boldly go where you have never gone before practicing them. Learn about the effectiveness of Milton Model, Meta Model, in helping others to get the results they want. Utilize re-framing to aid client in shifting to a healthier place in minutes.

Part Two - Slings & Arrows? Let’s Play Nice (D, E)
Elizabeth Jackson, BCH, CADC, CCS, CCPG, NLP, MBCT/SRT, Clinician, Presenter, Author Self
1:00pm – 5:00pm

Ever felt stifled, unheard, stepped on, bullied, disregarded, or invisible? If you answer, no, then this isn’t for you. If the answer is YES!, then welcome. Identifying and incorporating self-empowerment skills are essential for healthy relationships at work, with family, friends, self, and living in the world in general. This workshop focuses on a variety of skills and techniques that aid in improving communication skills, compromise and ultimately success. Who doesn’t want that?

WORKSHOP TEN  8:00AM – 9:30AM  •  1.5 CE

10A • Intersection of Substance Abuse & Eating Disorders (C)
Jonathan Asayag, LSW, Psychotherapist, Renew Wellness and Psychotherapy
Natalie Asayag, LSW, Psychotherapist, Renew Wellness and Psychotherapy

Review of substance abuse and eating disorder treatment outcomes will be discussed, as well as opportunities to implement various recovery models into clinical practice. The workshop will provide social workers with a format to enhance the delivery of client-centered, research-based interventions, which address these challenges at micro, mezzo, and macro levels.

10B • A Paradigm Shift: Infusing Intersectionality (D)
Sherry Blair, MSSW, MA, LCSW, BCPC, CEO/Founder, Sherry Blair Institute; Adjunct Assistant Professor, University of Southern California

Intersectionality highlights complexities of oppression and a deeper understanding of social inequities. Positive psychology reflects one’s resiliency, grit, determination, character strengths, virtues, and values. When combined, this skill set increases intercultural competency to understand someone’s triumphs and challenges and how to use these tools as a vessel toward empowerment.

10C • ROC - Recovery Oriented Community (D, E)
Patrick Brown, LSW, CIP, Vice President, Malvern Institute
Justin Well, LSW, MFT, ROC Program Manager, Malvern Institute

ROC was developed with the understanding that the disease of addiction has no limitations and can affect everyone involved, not only the person struggling with dependency. Covered topics include: how healthy family systems operate, setting up boundaries, how family roles lead to codependency, skills for families to find recovery, identifying personality traits associated with addiction, and much more.
**10D • Hospice Care Among HIV/AIDS Patients (D, E)**

Lauren Geldon, MSW, Kutztown University  
Fang-Hsun Wei, PhD, Assistant Professor, Kutztown University

The study will explore literature that explains the factors that impact underutilization amongst hospice care services for the population of HIV/AIDS patients. These factors will be applied to further improve agency services for clients and families. Moreover, this study will explore why HIV/AIDS patients underutilize hospice care services at end of life, and ways to improve services to meet the needs of diverse patient and family systems.

**10E • Evidence-Based Practices in Bullying Prevention (D)**

Jane Riese, LSW, Associate Director of Safe and Humane Schools, Clemson University

Bullying is still one of the most pressing issues facing our youth, affecting individuals across ethnicity, gender, grade, and socioeconomic status. Bullying can have serious health consequences. One of the best tools for decreasing the problems associated with bullying is to implement evidence-based prevention strategies. The Olweus Bullying Prevention Program is one of the most well-known and researched programs in the world. Created in 1983 by Dr. Dan Olweus, known as the ‘father’ of bullying research, the program addresses bullying at the schoolwide, classroom, individual, and community levels. Join a conversation about best practices in bullying prevention.

**10F • EMDR & Mindfulness Treatment of Postpartum Mood Disorders (C)**

Laura McElhinny, LCSW, Certified EMDR Therapist

Statistics show postpartum mood disorders are developed in about 13% of mothers with risks of return. The development of postpartum mood disorders appear to be determined by psychological factors: experience of childbirth, resurgence of unresolved issues in relation to attachment figures, their changing role, and fear of responsibility of motherhood. This presentation describes utilizing EMDR therapy to alleviate postpartum mood disorders and the integration of mindfulness techniques.

**10G • Reactive Attachment Disorder and How to Deliver Services (C, E)**

Amy Swigart, MS, DAPA, Therapist, Inspiring Change

Reactive Attachment Disorder youth can be very frustrating and difficult to treat. Professionals working with RAD youth may struggle with the correct methods of treatment. The participants will learn to identify signs and symptoms of attachment issues. Attendees will leave the seminar with new understanding, skills, and interventions to assist in their most frustrating and challenging cases.
TUESDAY, SEPTEMBER 19

SWEETALK III  9:45AM – 10:15AM • 0.5 CE

SW 3A • Creating Sanctuary Amongst the Chaos (D, E)
India Azzinaro, BSW, Medical Advocacy Supervisor, Lutheran Settlement House
Ashleigh Ryans, BSW, (MSW candidate) Intimate Partner Violence Specialist (Children’s Hospital of Philadelphia), Lutheran Settlement House

This workshop draws on the experience of a hospital-based intimate partner violence (IPV) prevention and response program as a compass for individuals and agencies seeking to improve community response to survivors of violence. Through efforts to increase detection and improve response to IPV in pediatric and adult hospitals, this workshop explores strategies for transforming traditionally uninformed systems into safe spaces where clients/patients can be heard and safely connected to appropriate resources.

SW 3B • Basics of Sex Offender Treatment (D)
Jan Tate, LSW, MEd, Outpatient Psychotherapist, Joseph J. Peters Institute

The therapeutic treatment of sex offenders has advanced rapidly as clinicians adopt a strength-based approach, and research studies provide more insight into the etiology of sexual deviance. As a result, treatment programs based on the Good Lives Model framework have replaced the older, punitive treatment models. This workshop is an introduction to sex offender specific treatment and will provide social workers with a basic understanding of clinical work with the sex offender population.

SW 3C • Rhythm and Relaxation (D)
Kristie Jo King, MSW, Director of Social Services, Windy Hill Village, West Central Division Chair, NASW-PA Board of Directors

This is a fast-paced, energetic, and interactive demonstration based off a group used in a skilled nursing facility for expression. Similar to a drum circle, we will go through our emotions using drums and similar instruments to express a typical “day in the life.” We will work together to find our balance, rhythm, and relaxation. Be prepared to get creative using your instrument of choice as we explore and express ourselves.

WORKSHOP ELEVEN  10:30AM – 12:00PM • 1.5 CE

11A • How Organizations Promote Excellence (A)
Renee Cavallaro, LSW, CCDF-D, Executive Director, Avenues Recovery Center

This session will be of interest to participants because a strong leader has the ability to promote excellence with all team members and throughout all levels of the organization. Leadership is rooted in the development of relationships based on mutual respect and accountability. Leaders who develop their teams to be independent, positive thinkers have the highest likelihood for success in any given experience.

11B • Suicide Prevention: Inside the Mind of a Suicide Victim (SP)
Justin Behrens, LSW, Supervisor, Northeast Counseling Services
Lori Vandemark, Veteran Crisis Center

A need clearly exists for more extensive training in the treatment of suicidal clients, since one in five therapists loses a patient to suicide. Despite the difficulties inherent in dealing with suicidal clients, only 40% of all graduate programs offer formal training. This workshop provides the latest findings on the risk factors and demographics of suicide specific to veterans; offers a conceptual model and a developmental perspective on the dynamics underlying suicide; addresses the topics of assessment and treatment and listens to a panel of veterans who have attempted to take their lives, and describes how, as a clinician, we can help others.
11C • Playing to Heal: Trauma-Sensitive Youth Work (D)
Mariana Folco, MSW, LSW, Senior Training Manager, Mid-Atlantic Up2Us Sports
Caitlin Barrett, Director of Training, Up2Us Sports

This session presents a unique approach to designing trauma-sensitive environments for youth development programs. Our approach is rooted in brain development and focused on strategies to help programs provide a safe space for youth who have experienced trauma. Participants will leave with a better understanding of the impact of trauma on behavior and will identify trauma-sensitive strategies for better serving youth within their programs’ culture, activities, staff, and external stakeholders.

11D • A Process-Oriented Approach to Grief Intervention (D, E)
Julie A. Guistwite, LSW, Doctoral Candidate and Adjunct Assistant Professor, Widener University

Practitioners across the professional spectrum regularly encounter clients coping with the death of someone close. Grieving the loss of a loved one is an individual as well as a systemic experience. Providing competent assistance to mourning persons across the lifespan requires that clinicians understand various postmodern approaches of adapting to loss. This session presents a comprehensive overview of three empirically-based, process-oriented models for assisting clients in restoring equilibrium, reconstructing meaning, and developing healthy bonds with the deceased. Emphasis will also include practitioner self-awareness and clinical application. This is part of a broad initiative to advance best practice and clinical competence.

11E • Using the Adult Attachment Interview with Clients (C)
Jane Owen, MSW, PhD Candidate, Director, Counseling Center Waynesburg University
Corey Van Sickle, LPC, NPCC, PhD Candidate, Therapist, Steiner Counseling and Consulting

This breakout session will introduce/integrate Wallin’s work regarding the importance of Attachment Theory. It is helpful for our clients to understand how the relationships/attachments of their past have affected them and to learn how to construct new attachment patterns in the present. This session will look at the counselor’s role of providing the space for clients to express emotions and to learn to self-regulate and improve their coping and communication skills.

11F • Social Learning Challenges in ADHD, Aspergers, ASD (D)
Ryan Wexelblatt, LSW, CAS, Director, Center for ADHD

Individuals who present with ADHD, Asperger’s Syndrome, or higher-verbal autism spectrum diagnoses often appear to misread social cues and offend others with their social communication and behaviors. Social learning challenges can be difficult to recognize and treat. This session will help participants recognize the foundational skills that do not develop naturally in people with social learning challenges. Participants will learn strategies to help address these social learning challenges.

11G • Child Sexual Abuse: A Comprehensive Approach
Johanna Crocetto, MS, MSW, LCSW, Clinical Social Worker, Living Resolutions
Ashley Fronheiser, MSS, MLSP, LCSW

Child sexual abuse is known to potentially have significant and long-lasting consequences on the neurobiological, physical, behavioral, and emotional health of victims. This presentation will first review the common trauma symptoms associated with child sexual abuse and best-practices in engagement and treatment with children. The second part of this presentation will review the importance of caregiver involvement in treatment and the common challenges one may expect in this work.
attachment issues. Attendees will leave the seminar with new understanding, skills, and interventions to assist in their

Reactive Attachment Disorder youth can be very frustrating and difficult to treat. Professionals working with RAD youth

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of postpartum mood disorders appear to be determined by psychological factors: experience of childbirth, resurgence of

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WORKSHOP TWELVE  2:15PM – 5:15PM  •  3 CES

12A • ACT 31 Mandated Child Abuse Training (A31)
Johanna Byrd, ACSW, IOM, CAE, Executive Director, NASW-PA
Troy Brindle, LCSW, Co-owner and Director, Springfield Psychological

This workshop will cover the ACT 31: Mandated Child Abuse Recognition and Reporting guidelines in Pennsylvania. All licensed social workers in the state of PA are required to obtain child abuse credits. This workshop is a three-hour workshop.

12B • Personal Safety in Social Work (D)
Dan Elliot, Coopertive Communication Specialist, Dan Elliot LLC

This interactive presentation addresses the personal safety risks and challenges associated with social work practice. It will provide strategies for social workers to reduce risk when they encounter challenging or potentially threatening situations that involve upset, emotionally charged, or angry clients, or others they may have contact with. The presentation offers tools for assessment of risk and best practices of violence prevention and intervention in social work and personal life.

12C • Clinical Work with Latinos (C, E)
Alex Redcay, LCSW, PhD, Assistant Professor, Millersville University
Mayte Redcay, LCSW, LCADC, SAP, Counselor, Elizabethtown College

Working with individuals who struggle with mental health and addiction issues is challenging. Sometimes the lack of appropriate terminology about a particular group of people can intervene with our clinical success. This interactive and entertaining workshop will discuss and answer all of your questions about terminology, ethical decision making, dual diagnosis, and multiple stigmatized identities.

12D • The Ethics of Play and Self-Care (SJ, E)
Katherine Shecora, LSW, EAP Specialist, Optum
Rebecca Suglia, LSW, U3: Body, Mind & Spirit

Social work ethics dictate that we advocate for social justice among our clients and ourselves. This workshop will focus on how self-care through play can inform our professional growth and promote ethical decision-making in our practices.

12E • Yoga for Trauma: A Survivor’s Perspective (C)
Paula Soto, LSW, ERYT, Director, Intersections Wellness, LLC

A trauma survivor with treatment-resistant complex PTSD, Paula discovered yoga to be instrumental in her own recovery, because it addressed debilitating factors that were not improved by talk therapy and medication. You will learn skills to assess for and treat trauma without your client having to talk about, or even report, the trauma until they have developed the resilience and readiness to do so. You will also gain some simple yet powerful skills to protect yourself from secondary trauma.
13A • Movie & Discussion: A Dog’s Purpose

A devoted dog (Josh Gad) discovers the meaning of its own existence through the lives of the humans it teaches to laugh and love. Reincarnated as multiple canines over the course of five decades, the lovable pooch develops an unbreakable bond with a kindred spirit named Ethan (Bryce Gheisar). As the boy grows older and comes to a crossroads, the dog once again comes back into his life to remind him of his true self.

13B • Movie & Discussion: Hidden Figures

Three brilliant African-American women at NASA - Katherine Johnson (Taraji P. Henson), Dorothy Vaughan (Octavia Spencer) and Mary Jackson (Janelle Monåé) - serve as the brains behind one of the greatest operations in history: the launch of astronaut John Glenn (Glen Powell) into orbit, a stunning achievement that restored the nation’s confidence, turned around the Space Race and galvanized the world.
WORKSHOP TEN
8:00AM – 9:30AM  •  1.5 CE

- Reactive Attachment Disorder and How to Deliver Services (C, E)
  - The presentation describes utilizing EMDR therapy to alleviate postpartum mood disorders and the integration of mindfulness techniques that aid in improving communication skills, compromise and ultimately success. Who doesn't want that?
  - Ever felt stifled, unheard, stepped on, bullied, disregarded, or invisible? If you answer no, then this isn't for you. If the answer is yes, then this seminar is for you.
  - There are lots of decisions candidates need to make before they run. Going to political candidate trainings are one of those must-do decisions for potential candidates. Whether it is picking the right office to run for, or how to create a political campaign, this seminar helps give you steps to running for any office.

- Social Work Practice and the Legal and Policy Environment (D, E)
  - This seminar helps those social workers who want to enhance the delivery of client-centered, research-based interventions, which address these challenges at micro, mezzo, and macro levels.
  - Join a conversation about best practices in bullying prevention.

- Clinical Documentation – ALL DAY (D, E)
  - The clinical documentation workshop will address issues relevant to the clinical documentation of direct care services. Review of substance abuse and eating disorder treatment outcomes will be discussed, as well as opportunities to go where you have never gone before practicing them. Learn about the effectiveness of Milton Model, Meta Model, in helping the client enhance their self-esteem and resilience.

- Set Increases Intercultural Competency To Understand Someone’s Triumphs and Challenges (D, E)
  - This seminar will help social workers set increases intercultural competency to understand someone’s triumphs and challenges and how to use these tools as a clinical practice.

- Addictions: The Biology of Addiction and如何 (D, E)
  - The ROC was developed with the understanding that the disease of addiction has no limitations and can affect everyone. This seminar will help attendees understand the traits associated with addiction, and much more.

- Political Candidate Training: Learn the Steps (D, E)
  - This seminar helps give you steps to running for any office.
  - Social workers have a unique opportunity to influence change in our society, not only by providing direct services, but also through participation in the political process. Sometimes we may need to run for office to influence policy change.

- Social Justice: The Difference Between and Standards (D, E)
  - In social work practice? In this workshop, we will discuss the importance of social justice and tangible ways social workers, through the legislative and regulatory processes, and have an robust conversation about ways to integrate policy into practice.
### PLEASE SELECT CHOICES FOR WORKSHOPS AND MEALS:

**Saturday, September 16th: Choose no more than one from each box.**

- □ 5:30PM - PAUSWE Presentation & Dinner ($40)
- □ 6:30PM - Pre-conference A
- □ 6:30PM - Pre-conference B

**Sunday, September 17th: Choose no more than one from each box.**

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**Additional events:**
- □ 11:30AM - Ken Nwadike Keynote Speaker and Lunch
- □ 7:00PM - Keystone Awards Gala and Dinner ($45)

**Monday, September 18th: Choose no more than one from each box.**

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**Additional events:**
- □ 12:15PM - PACE Advocacy Keynote and Lunch
- □ 7:30PM - Super Hero Social Event

**Tuesday, September 19th:**

**8:30AM** (Check all that apply)
- □ Intensive A • 8:30am – 5:00pm
- □ Intensive B pt.1 • 8:30am–12:00pm
- □ Intensive B pt.2 • 1:00pm–5:00pm
- □ Intensive C pt.1 • 8:30am–12:00pm
- □ Intensive C pt.2 • 1:00pm–5:00pm

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**10:30AM**
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**2:15PM**
- □ 13A
- □ 13B

**6:30PM**
- □ Meatloaf
- □ Cauliflower Steak (veg)
- □ Chicken

**LUNCH (included):**
- □ Lasagna
- □ Chicken Parm
- □ Ravioli (veg)

**PAUSWE DINNER ($40):**
- □ Chicken
- □ Ham
- □ Eggplant Parm (veg)

**FOOD OPTIONS**

**Breakfast**
- □ Eggplant Parm (veg)
- □ Chicken
- □ Sirloin
- □ Tofu (veg)

**LUNCH (included):**
- □ Ravioli (veg)
- □ Chicken Parm
- □ Lasagna

**DINNER ($45):**
- □ Chicken
- □ Ham

**FOOD OPTIONS**

*Send dietary requests to: asagen.naswpa@socialworkers.org*

*Meal descriptions found within the brochure.*

**Note on Intensives:** If you choose to attend an intensive workshop, do not select any workshops with conflicting times.

**Additional events:**
- □ 12:15PM - Mit Joyner Keynote Presentation and Lunch
WORKSHOP TEN
8:00AM – 9:30AM  •  1.5 CE

8:00AM

10F • EMDR & Mindfulness Treatment of Postpartum Mood Disorders (C)

Laura McElhinny, LCSW, Certified EMDR Therapist

- Postpartum mood disorders appear to be determined by psychological factors: experience of childbirth, resurgence of emotional states, and the impact of the new role of motherhood.
- Utilizing EMDR therapy to alleviate these mood disorders by addressing unresolved issues in relation to attachment figures, their changing role, and fear of responsibility of motherhood.

9:30AM

10G • Reactive Attachment Disorder and How to Deliver Services (C, E)

10:00AM

10H • Clinical Documentation Workshop (D)

James H. Andrews, LCSW, BCD, CMFSW, Forensic Social Worker/Professor, Forensic Behavioral Associates

- Addressing issues relevant to the clinical documentation of direct care services.
- Provided by masters-level professionals with a strong emphasis on the perspective of the provision of psychotherapeutic services through other behavioral health interventions.

10:30AM

10I • Workshop on Bullying Prevention (C)

Tim Seip, LSW, Professor, Kutztown University School of Social Work

- Join a conversation about best practices in bullying prevention.
- Discuss the importance of social justice and ways to advance social work policy.

11:00AM

10J • Social Advocacy (C)

Elizabeth Jackson, BCH, CADC, CCS, CCPG, NLP, MBCT/SRT, Clinician, Presenter, Author Self

- Focuses on the importance of social justice and tangible ways social workers can promote social justice in their practice.
- Exploring the legislative and regulatory processes and integrating policy through practice.

12:00PM

LUNCH
### CONFERENCE OVERVIEW – SEE YOU IN SEPTEMBER!

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<th>Saturday, 9/16</th>
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<td>11am</td>
<td>1:30pm-2:00pm Exhibits Hall Opening</td>
<td>12:15pm-2:15pm PACE Presentation (1.25 CE) &amp; Luncheon</td>
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