



## NCRPA Wellness Initiative Project Planning Worksheet

*The NCRPA's recreation and parks wellness initiative's mission is to empower parks and recreation agencies in North Carolina to create healthy communities through the development of programs, policies, and infrastructure that support healthy eating and physical activity. Use this toolkit to develop a wellness project in your agency.*

**Name:**

**Agency:**

**Project Name:** What will you call the project?

**Description:** What will this project do? Who are you targeting? What need in the community will it address?

**Implementation:** How will you make this project a reality? Who are the key people you will work with? What roadblocks do you think you may hit along the way?

**Timeline:** How long will it take the implementation of this project take? Will it be completed by November 1st?

**Future Goals:** Do you have any ideas for expanding this project in the future? If so, what are they?

**Resources:** Are there any additional staff or resources that you will use?