

The use and role of sport chiropractors in the national football league

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Athletes of all types have long appreciated the significance of chiropractic care for sports injuries. United States professional football players are no exception. There continues to be an increase in chiropractic participation in US professional football.

The Doctor of Chiropractic is highly regarded as a spinal specialist treating low back and other musculoskeletal injuries. A substantial majority of NFL trainers have developed cooperative relationships with chiropractors, with 77% having referred a player to a chiropractor. Thirty-one percent of NFL teams have a chiropractor officially on staff, and an additional 12% of teams refer players to chiropractors but do not directly retain these chiropractors.