Ohio Psychological Association

2017 Convention

The Strength to Lead, Connect & heal

Featuring Keynote Speaker:
Tiffany G. Townsend, PhD
American Psychological Association,
Senior Director, Office of Ethnic Minority Affairs

April 26-28, 2017 | Quest Conference Center | Columbus
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Six Reasons to Attend the OPA Convention

1. **Interact in person with the innovators and leaders.**
   Making time to meet your peers, face-to-face, is an investment in your future and quite frankly one of the most inspirational benefits of attending the convention. This is your once-a-year opportunity to make new connections with other psychologists. Your colleagues may be innovating in ways that you should consider for your own clients.

2. **Form your own network of peer consultation support.**
   When I decided to build a practice, one of the first people I contacted was my son’s orthodontist. Why? His business was thriving, and I wanted to know what made his business so positive. From him, I learned the importance of joining and being an active member of a small peer consultation group. Whether looking for support or sharing best practices, we are each other’s most valuable resource. Creating networking events throughout the convention is one of OPA’s primary goals. Take advantage of the opportunities to enjoy your colleagues!

3. **Expand your business and increase your income**
   Our salary survey revealed that psychologists, who consult, earn over $200,000 a year. Our convention attracts businesses and agencies that recruit psychologists who are willing to work as consultants. Learn how to diversify your revenue streams. Start by allocating a few hours every week for innovation try serving as a wellness consultant to a business, providing some services in an integrated care setting, like a physician’s office, or consulting for a state or local agency, school or disability insurer. Want to learn more about being a wellness consultant... consider attending Thursday’s luncheon program (1 CE) “The Workplace Connection: Leading Organizations to Psychological Health.”

4. **Eliminate educational debt.**
   Debt relief for early career psychologists is a hot topic. Also, a surprising number of senior psychologists also carry educational debt, perhaps from their children’s education. Workshop #2, on Wednesday morning, presented by Nabil El-Ghoroury, PhD from the American Psychological Association with Milo Wilson, PhD from the OPA Early Career Psychologists Committee, and Paul Dolce, Certified Financial Planner will focus on this issue. The Professional Practice Committee is also working to develop resources to help psychologists participate in the National Health Service Loan Repayment Program in an effort to lessen the burden of student loan debt many early career psychologists face.

5. **Get to know OPA leaders, in person.**
   While many of OPA’s leaders will be presenting workshops at the convention, I encourage you to attend both the Diversity Reception on Wednesday evening and the OPA Governance Reception / Assembly on Thursday evening. These events provide you with an opportunity to speak in person with our Executive Director Michael Ranney; our new Director of Professional Affairs Jim Broyles, PhD; our APA Council Representative and Ohio Psychology Board liaison David Hayes, PhD; Ethics Committee Chairperson Elizabeth Swenson, PhD, JD, and our future President Mary Lewis, PhD. Angela Miller, PhD who leads our RxP Committee, and Peg Mosher, PhD who leads our Leadership Academy will also be in attendance. These social events are a great opportunity to learn about various OPA committees and to consider getting more involved with the issues that mean the most to you!

6. **Ethical and legal consultation.**
   OPA's Ethics Committee, chaired by Elizabeth Swenson, PhD, JD, is a resource that members can easily turn to when facing a dilemma. An ethics consultation can often be resolved with a single phone conversation, while complex issues may require a discussion and input from all members of the Ethics Committee. Regardless of the issue, OPA’s Ethics Committee has the experience and advice that can help! To see them in action, check out workshop #24 on Friday afternoon.

Whether you plan to attend just one day, or plan to join us for the entire convention, OPA has revamped its convention pricing to include more inclusive packages which were designed to better meet your needs.

If you are an OPA member, thank you! If not, please join and enjoy discounted member pricing at the convention.

OPA membership supports our efforts to build and expand strong relationships with our legislators, governor, department directors, insurers and businesses that have an impact on all psychologists. Your membership is part of a legacy of psychologists whose efforts have created and shaped the practice of psychology in Ohio. By joining OPA, you join their efforts by molding the future.

OPA strives to expand the scope of practice, and increase consulting opportunities for all psychologists. We try to anticipate problems before they occur and work to identify efficient and effective solutions. And at the heart of these advancements lies education. So, I hope you’ll attend the OPA convention and load up on new content and knowledge, and let our pleasant, helpful and hard-working staff and volunteers take care of your needs.
Take your service to others to the next level. Serve as a behavioral health officer in the Ohio Army National Guard.

Qualifications:
- Possess a doctorate in clinical counseling psychology
- Completed a one year APA accredited internship
- Meet physical fitness and moral standards
- Attend required military training

Benefits:
- Student Loan Repayment Program, up to $75,000
- Cash Bonus of $20 - $25K per year, if qualified
- Low-cost medical, dental and life insurance
- Access to military discounts and space-available travel

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Programs and Benefits Subject to Change
## Convention Schedule—At-A-Glance

### Wednesday, April 26

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<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
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<tr>
<td>9 - 10:00 a.m.</td>
<td>Keynote Address: Psychologists’ Role in Addressing Health Disparities</td>
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| 10:15 a.m. - 12:15 p.m. | Workshop 1 – Support for LGBTQI, or Gender-nonconforming, Students in Public Schools: A Discussion of Current Trends and Future Directions*  
Workshop 2 – Demographics and Debt Relief for Early Career Psychologists  
Workshop 3 – Gender & Sexual Health Updates for Clinical Psychologists |
| 12:15 - 1:45 p.m.| Luncheon CE Program: Developing a Diverse Multicultural Leadership Pipeline in Psychology |
| 1:45 - 5:00 p.m. | Workshop 4 – Ethical Considerations for Psychologists in Hospital Settings*  
Workshop 5 – Sexual Secrets in Families: Healing Shame and Restoring Attachment  
Workshop 6 – Patient Access to Well-Trained Psychologist Prescribers: How is it Working? |
| 5 - 6:00 p.m. | Diversity & Newly Licensed Swearing-In Reception                     |

### Thursday, April 27

<table>
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<tr>
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| 9 - 10:00 a.m.| Workshop 7 – Radically Open Dialectical Behavior Therapy: Treating Problems of Emotional Overcontrol  
Workshop 8 – Ethical Interaction With Third Party Payers*  
Workshop 9 – Competencies for Trauma-Informed Supervision: Building an Awareness of Secondary Traumatic Stress within the Supervisory Process |
| 10:15 a.m. - 12:15 p.m. | Workshop 10 – Effective Consultation in an Urban School Setting*  
Workshop 11 – Pre-Surgical Psychological Evaluations: Best Practice Recommendations, Ethical Considerations and Challenges  
Workshop 12 – Mitigating the Risk of Compassion Fatigue: Building Resiliency within Organizations |
| 12:15 - 1:45 p.m.| Luncheon CE Program: The Workplace Connection: Leading Organizations to Psychological Health |
| 1:45 - 5:00 p.m. | Workshop 13 – Psychological Evidence in Industrial Commission Evaluations for Mental Health Conditions  
Workshop 14 – Managing Sleep Disorders in Chronic Medical and Mental Health Conditions  
Workshop 15 – The Co-existence of Trauma and Addiction: Prevention and Treatment Approaches |
| 5 - 6:00 p.m. | OPA Governance Assembly & Exhibitor Reception                      |

### Friday, April 28

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<tr>
<td>8:00 a.m.</td>
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<tr>
<td>8 a.m. - Noon</td>
<td>Poster Session</td>
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| 9 - 10:00 a.m.| Workshop 16 – Trauma Informed Care: Teaching Self-Care to Those Who Care  
Workshop 17 – An Overview of Emotionally Focused Couples Therapy  
Workshop 18 – An Introduction to Ohio’s Medical Marijuana Law and Its Impact on Mental Health |
| 10:15 a.m. - 12:15 p.m. | Workshop 19 – Incorporating APA’s LGBT Guidelines into Training & Practice*  
Workshop 20 – Concussion Assessment, Treatment, and Sequela  
Workshop 21 – Psychologists in Community Service and Civic Engagement: Academics, Practice, Advocacy and Beyond |
| 12:15 - 1:45 p.m.| Awards Luncheon and Annual State of the Association                   |
| 1:45 - 5:00 p.m. | Workshop 22 – Trauma: Recent Developments in Effective Diagnosis and Treatment  
Workshop 23 – Behavioral Treatments for Migraine  
Workshop 24 – The Ethical and Legal Practice of Psychology* |
| 1:45 - 2:45 p.m. | Workshop 25 – Competency Based Assessment: EPPP2 Panel Discussion  
Workshop 26 – OPA Graduate Student Spring Internship Workshop |

### NOTES:

- A * symbol indicates that a workshop meets the ethics requirement.
- The following workshops are offered for counselor/social worker continuing education credit: 3, 4, 5, 7, 8, 9, 10, 12, Thursday Lunch CE Program, 14, 15, 16, 17, 18, 19, 20, 22 and 23.
Wednesday Morning

KEYNOTE ADDRESS: Psychologists' Role in Addressing Health Disparities
Presenter: Tiffany G. Townsend, PhD
CE Credits: 1.0
Learning Level: All Levels

The health status of people of color in the United States continues to lag behind that of the majority population. This is a complex problem, resulting from an interaction of several factors, necessitating multifaceted solutions. This presentation is a charge to psychologists to make use of interdisciplinary approaches and innovative research methods/ intervention strategies to address these growing health concerns. For instance, the integration of trans-disciplinary sciences and multifaceted collaborative partnerships at the community level gives promise for the development of culturally appropriate interventions that ultimately can help eliminate health disparities. Additionally, the presenter will discuss ways in which the American Psychological Association is working to address disparities.

The workshop is designed to: 1) Provide a review and/or identify the definition of health disparity, 2) Review and/or learn the social determinants of health and health disparities, 3) Discuss innovative research methods and intervention strategies to address health concerns among communities and populations of color, and 4) Explain APA's plan for addressing health disparities.

Tiffany G. Townsend, PhD, Senior Director of the Office of Ethnic Minority Affairs (OEMA) for the American Psychological Association (APA), received her doctorate in clinical psychology from George Washington University. In her capacity as director of OEMA, Dr. Townsend directs two professional mentoring programs; the Cyber Mentors Program funded by NIMH, and the Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions (ProDIGs) program funded by the APA Science Directorate’s Academic Enhancement Initiative. These programs represent the cornerstones of OEMA’s goal to increase the number of scholars of color contributing to psychological science and to train psychologists of all races to adequately address our nation’s burgeoning health disparities.

WORKSHOP #1: Support for LGBTQI or Gender-nonconforming, Students in Public Schools: A Discussion of Current Trends and Future Directions
Presenter: Erich Merkle, PhD, EdS
CE Credits: 2.0 Ethics
Learning Level: All Levels

The workshop will describe the needs of gender non-conforming youth within public schools, and how schools can best respond to their needs through programming, supportive services and facilities. There will be a discussion of what constitutes a safe space for such students within public schools, and how safety for these students can best be assured. Consideration will be given to what training is helpful for teaching staff and administrators to undergo as preparation to educate, nurture and protect gender non-conforming youth. We will also discuss the interface between public schools and the communities they serve with regard to the needs and treatment of gender non-conforming young people. Legal issues and ramifications will be explored. Public relations matters will be addressed, including the engagement of boards of education, political leaders and the public.

The workshop is designed to: 1) Identify the particular needs of transgendered and gender non-conforming students within public schools, 2) Identify educational best-practices with regard to this population of students, 3) Identify the competing interests faced by educators, boards of education and politicians as they provide for the needs of a diverse student body, including transgendered and gender non-conforming students, and 4) Define a safe educational environment for gender non-conforming youth.

Erich Merkle, PhD, EdS serves Akron City Schools as a central office consultant on disability law and education, crisis situations and general pupil personnel administration. He provides professional development to District personnel and area social service agencies on a myriad school psychological topics. Dr. Merkle has committed himself towards lifelong scholarship including a Bachelor of Science degree in psychology from Heidelberg University, a Master of Education in community counseling, a Master of Arts in human development, an Educational Specialist in PreK-12 educational administration, and a Doctor of Philosophy in school psychology and psychology during his tenure as a graduate student at Kent State University. He holds educational licensure as both a school psychologist and PreK-12 administrator as well as national certification as a school psychologist (NCSP). Dr. Merkle serves on the governance boards of numerous professional and community agencies, including the Ohio Psychological Association (OPA) Board of Directors and the Ohio School Psychologists Association (OSPA).

WORKSHOP #2:
Demographics and Debt Relief for Early Career Psychologists
Presenter: Milo Wilson, PhD
Co-Presenters: Nabil El-Ghoroury, PhD
Paul J. Dolce, CFP
CE Credits: 2.0
Learning Level: All Levels

Research has highlighted the gravity of increasing student loan debt in graduate education. Specifically, studies examining the cost of doctoral education in psychology have noted that current psychology doctoral students will take-on an average of more than $100,000 in debt to finance their graduate education. This workshop
will address the challenges of debt management and financial planning. It will include discussions on Early Career Psychologist (ECP) debt, opportunities for debt reduction, and strategies for financial planning in early career. It will include a brief panel discussion with experts in student loan debt reduction programs and financial planning.

The workshop is designed to: 1) Describe financial challenges faced by ECPs, specifically related to student loan debt, 2) Describe available debt management and financial planning strategies for psychologists, and 3) Utilize strategies for reducing debt and financial planning for ECPs in order to achieve greater financial wellbeing.

Milo Wilson, PhD is a psychologist at the Columbus VA, where he also serves as the LGBT EEO Program Manager and resident expert in LGBT veteran behavioral health. He completed his doctoral degree in clinical psychology at Ohio University, internship at the VA Pittsburgh Healthcare System and postdoctoral fellowship in LGBT healthcare at the Milwaukee VAMC. His areas of interest include LGBT health, trauma and graduate psychology training. He is currently co-chair of the APA Division 44 Public Policy Committee and the Ohio Psychological Association Early Career Psychologist Committee.

Nabil El-Ghoroury, PhD is a pediatric psychologist and the director of the graduate student group of the American Psychological Association. He describes his current work as being an ambassador for graduate students. He is currently the Associate Executive Director of the American Psychological Association of Graduate Students (APAGS) of the American Psychological Association.

Paul Dolce, CFP is the founder and President of Financial Solutions LLC. He is a CERTIFIED FINANCIAL PLANNER™ practitioner, and a NAPFA-Registered Financial Advisor. Paul is also a Registered Investment Advisor in the state of Ohio.

**WORKSHOP #3: Gender & Sexual Health Updates for Clinical Psychologists**

**Presenter:** Frederick Peterson, PsyD  
**Co-Presenter:** Belinda J. Chaffins, PsyD  
**CE Credits:** 2.0  
**Learning Level:** Intermediate

From the overturn of "Don't Ask, Don't Tell," to the Supreme Court decision of Obergefell v. Hodges to Caitlyn Jenner changing her name and gender marker, it appears a revolution is occurring in the realm of gender identity and sexual orientation. These and other landmark events contribute to an increased awareness of the diversity of human sexual identity. Models have been developed over the years to explain these variations, each increasingly complex through advances in research, norm shifts and changes in laws. The Sexual Identity Cube is an updated model, offering greater depth and understanding to the experience of human sexuality.

The workshop is designed to: 1) Identify recent trends in the field of sexual health that are relevant to clients presenting concerns in a general psychological practice, 2) Increase the comfort and confidence of psychologists when addressing the sexual health concerns of their clients, and 3) Increase understanding of definitions and issues regarding gender and sexual identity.

Frederick Peterson, PsyD is a health psychologist at the Chillicothe VA in the Health Promotion & Disease Prevention Program and has a private practice, specializing in sexual health at the Flexman Myers Clinic. He is the associate editor of Innovations in Clinical Practice: Focus of Sexual Health (2007) and co-author of Joyful, Healthy Sex (2010) and is publishing the Gender Revolution & New Sexual Health (Cognella Press). He is faculty with the Department of Specialty Medicine at Ohio University and the Department of Women, Gender & Sexuality at the University of Cincinnati.

Belinda J. Chaffins, PsyD is a staff psychologist at the Dayton VA Medical Center specializing in sexual health and biofeedback. She is certified as a sex therapist through the American Association of Sexuality Educators, Counselors and Therapists. She provides treatment, psycho-education and support in sexual health and is an ally to the LGBTQQI community. She is the champion for the Healthy Equality Index with the Human Rights Campaign and led the Dayton VA in meeting criteria for “Leader” status two years in a row.

**LUNCH EDUCATIONAL PROGRAM:**

**Developing a Diverse Multicultural Leadership Pipeline in Psychology**

**Presenter:** Peg Richards Mosher, PhD  
**CE Credits:** 1.0  
**Learning Level:** All Levels

This presentation examines the importance of developing a leadership pipeline that more accurately reflects the diversity, evolving roles and changing needs of psychologists on both the national and local levels. Leadership development programs are emerging throughout organized psychology, including OPA. Presentation and discussion topics will include: the core components of an effective leadership development program, the short and long-term goals of leadership development programs, and how we can effectively measure the impact of leadership development programs.

The workshop is designed to: 1) Identify the shortcomings of current leadership pipelines in psychology, 2) Identify the core components of an effective leadership development program, and 3) Identify long and short-term goals of leadership development.

Peg Richards Mosher, PhD is a past president of OPA and current co-chair of the OPA Leadership Development Academy (LDA), chair of the OPA Membership Committee and chair of the OPA Oral History Project. Dr. Mosher is a counseling psychologist in independent practice in Worthington, Ohio. She specializes in complex trauma, dissociative and affective disorders.
**Wednesday Afternoon**

**WORKSHOP 4: Ethical Considerations for Psychologists in Hospital Settings**

**Presenter:** Amy Sullivan, PsyD  
**Co-Presenter:** Kathleen Ashton, PhD, ABPP  
**CE Credits:** 3.0 Ethics  
**Learning Level:** Intermediate

During this workshop, participants will discuss complex ethical considerations in hospital settings by identifying ethical considerations & identifying systemic growth areas.

The workshop is designed to: 1) Outline the importance of obtaining informed consent with warm hand-offs, 2) Focus on confidentiality related to multidisciplinary team communication and the electronic health record, 3) Discuss the process of making difficult decisions weighing psychological versus medical risks, and 4) Identify challenges working with trainees in academic medical centers.

**Amy MB Sullivan, PsyD** is staff clinical psychologist and the Director of Behavioral Medicine at the Mellen Center for MS Treatment and Research at the Cleveland Clinic. Dr. Sullivan is the Training Director for Behavioral Medicine at the Mellen Center where she trains multiple student clinicians and researchers. She is also the principal investigator for several clinical trials at the Mellen Center, where her research interests are focused on MS, pain, exercise and behavioral medicine.

**Kathleen Ashton, PhD, ABPP** is a board certified clinical health psychologist in the Breast Center, Digestive Disease & Surgery Institute. She received her doctorate from The Ohio State University, and she completed specialty training in health psychology at the Cleveland VA Medical Center and Cleveland Clinic.

**WORKSHOP #5: Sexual Secrets in Families: Healing Shame and Restoring Attachment**

**Presenter:** Karen McClintock, Mdiv, PhD  
**CE Credits:** 3.0  
**Learning Level:** All Levels

What is the lingering damage of sexual secrets in families? Can shame be inherited? Using a family systems approach, and insights from new attachment research, this workshop will focus on sexual orientation secrets. The presenter, who grew up with the secret of her father’s gay orientation, will present the developmental challenges within this family system, along with healing strategies. The workshop has broad applications for the treatment of many different sexual secrets such as affairs, biological parentage, gender identity and compulsive sexual behavior. The workshop will provide resources for the elimination of individual and family shame that accompanies sexual secrets.
The workshop is designed to: 1) Provide awareness of transference issues that arise while addressing sexual secrets, 2) Provide cultural competency training regarding children raised by closeted parents, 3) Apply attachment theory to populations with sexual secrets, and 4) Discuss treatment strategies through case study presentations.

Karen A. McClintock, MDiv, PhD is an Oregon psychologist with a thriving general practice focused on the healing of shame. For the past sixteen years, she has been a professor at Southern Oregon University, teaching courses in human sexuality. She has five published books including Sexual Shame: An Urgent Call to Healing, and her new memoir, My Father’s Closet. She has taught workshops across the U.S. on ways to eradicate sexual shame. She engages in conversations about sexuality that are life affirming, while creating safety and healing. She is passionate about liberating LGBTQ individuals and family members from secrets and shame.

Angela N. R. Miller, PhD, MPH is a clinical health psychologist in private practice with Western Reserve Psychological Associates in Stow, Ohio as well as Adjunct Clinical Faculty in the Department of Psychological Sciences at Kent State University. She received her doctorate degree in clinical psychology from Kent State University and her Master of Public Health (MPH) degree from Wichita State University. Dr. Miller completed her internship at West Virginia University School of Medicine/ CAMC and her postdoctoral residency in clinical health psychology/specialty medicine at the Louis Stokes Cleveland DVAMC. She is listed in the National Register of Health Service Providers in Psychology. Dr. Miller is active in both APA (Divisions 42, 38, 55) and OPA (Chair, RxP Taskforce) and is currently pursuing a postdoctoral Master of Science degree in clinical psychopharmacology.

Elizabeth Lonning, PhD received her BA from the University of Iowa, Masters from South Dakota State University and Doctor of Psychology from the University of Northern Colorado. She received her sports psychology certification in 2000. Dr. Lonning recently completed her Postdoctoral Masters Degree in Clinical Psychopharmacology from Fairleigh Dickinson University in New Jersey. Dr. Lonning has been in practice in the Quad Cities since 1993; prior to that she worked in Wichita at the Child Guidance Center and the University of Kansas School of Medicine. She has also taught courses through Western Illinois University in the Masters in Counseling program. In 2016, she was awarded the prestigious APA Heiser Award for State Advocacy. Her specialties include children, adolescents, couples, individuals and families. She also does psychological testing for personality issues, ADHD, and learning disabilities.
Thursday Morning

WORKSHOP #7: Radically Open Dialectical Behavior Therapy: Treating Problems of Emotional Overcontrol

Presenter: Nathan Tomcik, PhD
Co-Presenter: James Portner, LISW-S, LICDC-III

CE Credits: 1.0
Learning Level: Intermediate

Self-control, the ability to inhibit competing urges, impulses or behaviors is highly valued by most societies. However, excessive self-control has been linked to social isolation, aloof interpersonal functioning, maladaptive perfectionism, constricted emotional expressions and difficult-to-treat mental health problems, such as anorexia nervosa, obsessive compulsive personality disorder and refractory depression. Based on 19 years of research, two NIMH funded randomized controlled trials (RCTs) with refractory depression, an open-trial with adult anorexia nervosa, and a large ongoing multi-site RCT (http://www.reframed.org.uk), this workshop aims to introduce clinicians to the theoretical foundations and new skills underlying Radically Open Dialectical Behavior Therapy (RO-DBT) for disorders of overcontrol (treatment manual pending; Guilford Press).

The workshop is designed to:
1) Explain a new biosocial theory for OC, 2) Describe the RO-DBT treatment structure, 3) Describe new RO-DBT treatment strategies designed to enhance willingness for self-inquiry and flexible responding, and 4) Describe a novel treatment mechanism positing open expression = trust = social connectedness.

Nate Tomcik, PhD is a certified introductory trainer for Radically Open Dialectical Behavior Therapy and is the Director of Outpatient Behavioral Health at the Columbus VA. He received his PhD in clinical psychology from the University of Tennessee in 2005 and completed his postdoctoral work in community mental health, specializing in dual diagnosis treatment of adults and adolescents in underserved communities. He has been working within the VA to promote person centered and recovery oriented mental health care for the last 10 years. His primary research and clinical interests involve the dissemination of evidence based behavioral health treatment in integrated service delivery systems.

Jimmy Portner, LISW-S, LICDC-CS, BCD

Jimmy is the Intensive Treatment Division Director at the Columbus, Ohio Veterans Administration. He specializes in the training, implementation and clinical supervision of the following Evidence Based Practices (EBP); Integrated Dual Diagnosis Treatment (IDDT), Assertive Community Treatment (ACT), Motivational Interviewing (MI), Motivational Enhancement Therapy (MET), and Dialectical Behavior Therapy (DBT). Mr. Portner is a certified introductory trainer for the emerging Therapy (DBT). He has been practicing RO-DBT since 2014. Jimmy serves as an adjunct professor for the OSU College of Social Work where he received both his bachelor and master degrees in social work.

Workshop #8: Ethical Interaction with Third Party Payers

Presenter: Jim Broyles, PhD
Co-Presenter: Leslie McClure, PsyD

CE Credits: 1.0 Ethics
Learning Level: Intermediate

Many psychologists struggle with the continually changing demands created by interacting with our state’s major insurance carriers. On one hand, successfully billing these formidable entities is practically a requirement for many Ohio psychologists, but on the other hand, keeping up with the many and various rules and procedures, as well as knowing how to troubleshoot problems, can be overwhelming. This workshop will provide an update on the latest advice to help with these issues gleaned from OPA staff and our Insurance Committee. Topics will include: use of diagnostic and CPT codes, record keeping and audits, Ohio’s new prior authorization law, tips for responding to problems using appeals and complaints, and more. Opportunity for questions and answers will be provided.

The workshop is designed to: 1) Articulate a better understanding of specific procedures to follow with insurance billing to avoid commonly experienced pitfalls, 2) Explain record keeping guidelines which increase the probability of successfully passing an insurance company audit, and 3) Explain the basic guidelines for making a complaint against, or appealing a decision by an insurance company.

Jim Broyles, PhD has been a psychologist in the Central Ohio area since 1990, where he co-owns a mid-sized private practice. He specializes in working with children, adolescents, and families. Dr. Broyles is a past President and Past Finance Officer for the Ohio Psychological Association. He is current chair of OPA’s Insurance Committee and Marketing Task Force. Dr. Broyles will soon join OPA staff as its Director of Professional Affairs.

Leslie McClure, PsyD earned her doctoral degree in clinical psychology from the Chicago School of Professional Psychology in 2004 and her undergraduate psychology degree from Skidmore College in 1997. Her postdoctoral fellowship training in geropsychology was through Summa Health System in Akron. She is currently the owner and Clinical Director of Kent Psychological Associates, an outpatient mental health practice with 17 providers.

WORKSHOP #9: Competencies for Trauma-Informed Supervision: Building an Awareness of Secondary Traumatic Stress within the Supervisory Process

Presenter: Robin Tener, PhD
Co-Presenter: Carol O’Connell, PhD

CE Credits: 1.0
Learning Level: Intermediate

The supervisory process provides a wide range of options for the professional development of the supervisee. Often, the emotional responses that a supervisee may have to vicarious trauma exposure provide an opportunity...
for the supervisor to normalize these reactions, provide psychological safety and assist with emotional re-regulation. By doing so, the supervisor models important skills, guides the supervisee toward recognition of the impact of trauma on client functioning and emphasizes resilience skill-building via personal modeling. This presentation will provide an overview of the Supervisor Competencies currently being developed by the National Child Traumatic Stress Network (NCTSN) Secondary Traumatic Stress Workgroup. Strategies designed to help supervisors facilitate trauma-informed case conceptualization within the supervisory process will be emphasized.

The workshop is designed to: 1) Enhance their capacity to assist supervisees with trauma-informed case formulation, 2) Increase their recognition of normative changes in supervisee perspectives, versus cognitive distortions related to vicarious trauma exposure, 3) Gain a greater appreciation of their role as a model for resilience skill development and active use of self-care strategies, and 4) Learn ways in which advocacy for organizational supports can help mitigate/prevent Compassion Fatigue.

Robin R. Tener PhD is a licensed clinical psychologist and the Executive Director of Northeast Ohio Behavioral Health, Ltd. (NEOBH). Dr. Tener has over 25 years of experience working with children, adolescents and families in forensic situations often involving specialized assessment and Courtroom testimony. From 2012-2016, Dr. Tener was the Community Outreach Coordinator for the National Child Traumatic Stress Network (NCTSN) grant that was awarded to Akron Children’s Hospital. Within this role, Dr. Tener implemented projects related to identifying and managing Secondary Traumatic Stress/Compassion Fatigue in child welfare, mental heath and juvenile justice organizations.

Carol O’Connell, PhD has been a licensed clinical psychologist for over twenty years. In addition to her achievements within mental health organizations in Denver, Colorado, Dr. O’Connell developed the Partial Hospitalization Program at Akron Children's Hospital, and served as Program Director for nine years. More recently, Dr. O’Connell directed the National Child Traumatic Stress Network (NCTSN) Grant at Akron Children’s Hospital, and developed trauma-informed care programming that included a focus on compassion fatigue experienced by staff within trauma-exposed environments. She additionally maintains a private practice in Beachwood, Ohio, specializing in the treatment of adults, adolescents and children impacted by anxiety, depression and trauma.

WORKSHOP #10: Effective Consultation in an Urban School Setting

Presenter: Steven Kniffley, Jr., PsyD, ABPP
Co-Presenter: Darrell Kelly Jr., MA
CE Credits: 2.0 Ethics
Learning Level: Beginner

Currently there are 7 million students that attend school in an urban setting. Over 70% of the students that attend school in urban areas are persons of color. Both students of color and teachers face significant challenges in regards to accessing/providing quality education due to cultural differences between teachers and students, differential academic expectations and classroom management issues. This workshop will explore the challenges facing students of color, teachers, and administrators in the urban school setting as well as discuss best practices for effective school consultation.

The workshop is designed to: 1) Develop a working knowledge of the challenges facing students of color, teachers and school administrators in the urban school setting, 2) Explore the role of a psychologist as a consultant in an urban school setting, 3) Discuss best practices for effective school consultation with a focus on the following: fostering a scholar identity, building peer leadership in the classroom, increasing cultural competency among teachers and administrators, and developing strategies for engaging parents.

Steven Kniffley, Jr., PsyD, ABPP is an Assistant Professor at Wright State University School of Professional Psychology. He is a board certified child psychologist. Steven received his doctorate and master’s degree in clinical psychology from Spalding University. He completed his post-doctoral training at Harvard Medical School. Steven’s work focuses on understanding and developing culturally appropriate interventions for Black male psychopathology and barriers to academic success for this population. As an educational consultant, Dr. Kniffley has worked internationally with students and school administrators in South Africa and India. He currently serves as a consultant to the Dayton Public School Office of Males of Color.

Darrell Kelly Jr., MA is a third year clinical psychology doctoral student in the School of Professional Psychology at Wright State University. He obtained his Bachelor of Science in Psychology at the University at Buffalo and Master of Arts in Psychology at Medaille College. He currently serves as psychology trainee that conducts psychological evaluations and psychotherapy at a college counseling center. In the previous year, he conducted psychological evaluations and psychotherapy in a community-based program that served at-risk youth. His current research focuses on the mental health of Black males and the impact that racism has on their diagnosis and treatment.

Workshop #11: Pre-Surgical Psychological Evaluations: Best Practice Recommendations, Ethical Considerations and Challenges

Presenter: Christina Rummell, PhD
CE Credits: 2.0
Learning Level: All Levels

Have you been asked to do a psychological assessment of a weight loss surgery candidate, a chronic pain patient, or a patient considering reconstructive or plastic surgery? Few psychologists are trained to appropriately assess and treat patients applying for medical or cosmetic
surgeries. This program will provide best practice recommendations for psychological pre-surgery evaluations (with an emphasis on weight loss surgery procedures) including incorporating assessment tools and research on psychological predictors of outcomes post-surgery. The role of the psychologist in conducting these evaluations will be discussed, including ethical considerations and personal and professional challenges in assuming an evaluative role in a medical setting.

The workshop is designed to: 1) Provide a guide to pre-surgical psychological evaluations, with an emphasis on weight loss surgery evaluations; this will include structured clinical interviews, assessment methods, report writing/communication to surgery team and treatment recommendations, all based on the most up-to-date medical and psychological literature, 2) Discuss ethical considerations in conducting pre-surgical evaluations, including assessment of the risks vs. benefits of surgery, release of information and communication with other clinical professionals, insurance/billing considerations and dealing with difficult patients, and 3) Discuss some of the personal and professional challenges involved in the pre-surgical evaluation process, with a focus on problem-solving these challenges and encouraging professional consultation and collaboration.

**Christina Rummell, PhD** is a clinical psychologist working in the Bariatric Care Center at Summa Health. She is also a member of Summa Health Medical Group and Summa Health Behavioral Health Group. She completed post-doctoral fellowship training at the Cleveland Clinic Bariatric and Metabolic Institute. She received her doctorate degree from the Collaborative Program in Counseling Psychology at the University of Akron, and completed her internship at the University of Pittsburgh Counseling Center. Her clinical and research interests include: health psychology, eating disorders, sexual orientation and gender roles, and psychometrics.

**WORKSHOP #12: Mitigating the Risk of Compassion Fatigue: Building Resiliency within Organizations**

**Presenter:** Robin Tener, PhD  
**Co-Presenter:** Carol O’Connell, PhD  
**CE Credits:** 2.0  
**Learning Level:** All Levels

The negative effects of working within a trauma-exposed environment are far-reaching, and can impact career longevity. Reducing the risk of compassion fatigue requires an active effort to strengthen resilience. Five core elements connected with resiliency have been consistently found within the research literature. Skills connected with resilience can be learned and integrated into the daily practice of individual clinicians and supervisors. These strategies can be adapted to the agency setting, as well as supported by agency policy. This presentation will provide examples of resilience skill-building activities that can occur within an organization, toward the goal of institutionalizing resilience as part of organizational culture.

The workshop is designed to: 1) Identify the differences between compassion fatigue, secondary traumatic stress, vicarious trauma and burnout, 2) Understand how personal factors and specific circumstances contribute to compassion fatigue, 3) Identify the ways in which compassion fatigue affects physical, emotional, social, psychological and spiritual health, and 4) Develop an understanding of the five resilience factors and the resilience skills that can mitigate the risk of compassion fatigue including: self awareness, healthy coping, strong relationships, personal perspective and meaning and a sense of hope.

**Robin R. Tener PhD** is a licensed clinical psychologist and the Executive Director of Northeast Ohio Behavioral Health, Ltd. (NEOBH). Dr. Tener has over 25 years of experience working with children, adolescents and families in forensic situations often involving specialized assessment and Courtroom testimony. From 2012-2016, Dr. Tener was the Community Outreach Coordinator for the National Child Traumatic Stress Network (NCTSN) grant that was awarded to Akron Children’s Hospital. Within this role, Dr. Tener implemented projects related to identifying and managing Secondary Traumatic Stress/Compassion Fatigue in child welfare, mental health and juvenile justice organizations.

**Carol O’Connell, PhD** has been a licensed clinical psychologist for over twenty years. In addition to her achievements within mental health organizations in Denver, Colorado, Dr. O’Connell developed the Partial Hospitalization Program at Akron Children’s Hospital, and served as Program Director for nine years. More recently, Dr. O’Connell directed the National Child Traumatic Stress Network (NCTSN) Grant at Akron Children’s Hospital, and developed trauma-informed care programming that included a focus on compassion fatigue experienced by staff within trauma-exposed environments. She additionally maintains a private practice in Beachwood, Ohio, specializing in the treatment of adults, adolescents and children impacted by anxiety, depression and trauma.

**LUNCH EDUCATIONAL PROGRAM:**

**The Workplace Connection: Leading Organizations to Psychological Health**

**Presenter:** Robin Graff-Reed, PhD  
**CE Credits:** 1.0  
**Learning Level:** All Levels

Since 1999, the American Psychological Association has presented Psychologically Healthy Workplace Awards (PHWA) to deserving organizations. The Ohio Psychological Association (OPA) began its award program in 2003, and over the years has highlighted more than 40 workplaces, large and small, that have made a commitment to programs and policies that foster employee well-being. This workshop is designed to provide an overview and historical perspective of OPA’s involvement with the PHWA program, demonstrating how psychologists are having an impact on the lives of individuals through its
interactions and connections with Ohio businesses. Panelists will include members of OPA’s Psychology in the Workplace Committee, members of the Healthy Ohio Council, and past national winners of the PHWA.

The workshop is designed to: 1) List the key elements of a psychologically healthy workplace, 2) Describe the links between psychologically healthy practices and employee satisfaction and organizational outcomes, 3) Identify best practices in creating psychologically healthy workplaces, and 4) Understand the process for applying for the Psychologically Healthy Workplace Award.

Robin Graff-Reed, PhD received her doctoral degree in clinical psychology from Miami University of Oxford, Ohio in August 2004. Prior to earning her doctoral degree, Dr. Graff-Reed completed a one-year clinical internship with the Cincinnati Veterans Health Care System, as well as a number of clinical training rotations in community settings and university counseling centers. After completing a post-doctoral fellowship with the National Center for Organization Development, she is currently the Director of OD Training for NCOD, where she participates in a variety of work place interventions including organizational assessments, work group facilitations, executive coaching, leadership development and employee satisfaction.

Thursday Afternoon

WORKSHOP #13: Psychological Evidence in Industrial Commission - Evaluations for Mental Health Conditions

Presenter: John Malinky, PhD
Co-Presenters: Wanda Mullins, BS, MS
Sara Castle, BS, MEd
Erica H. Young, Esq

CE Credits: 3.0
Learning Level: Intermediate

This workshop will provide a comprehensive overview of independent mental health evaluations as they relate to permanent total disability determinations by the Industrial Commission of Ohio.

The workshop is designed to: 1) Discuss and provide a comprehensive overview of Ohio’s evidentiary rules and law, as well as to explain how these come into play when performing psychological evaluations for permanent disability, both in Ohio courts and administratively, 2) Provide an understanding of the differences between the Bureau of Workers’ Compensation (BWC) and the Industrial Commission (IC) and to provide definitions of maximum medical improvement and permanent total disability in Industrial Commission independent mental health report context, 3) Define report requirements for the Industrial Commission for Independent Mental Health Specialist Examiners, and 4) Explain how detection strategies to assess feigning can be utilized in the clinical interview and in psychological testing using the Personality Assessment Inventory (PAI) and Miller Forensic Assessment of Symptoms Test (M-FAST), as well as provide an in-depth understanding of the four functional areas as defined by the Industrial Commission.

John M. Malinky, PhD has practiced psychology for 35 years. He was a staff psychologist at Columbus Area Community Mental Health Center, United Behavioral Health and at Harding Hospital. Dr. Malinky served as an In-House Consultant for the Bureau of Disability Determination for 20 years. Dr. Malinky is currently in private practice in Westerville, Ohio. Dr. Malinky treats fire fighters and police officers, as well as other injured workers with mental health diagnoses. Dr. Malinky completes worker compensation evaluations and disability evaluations for the Industrial Commission of Ohio, employers and attorneys. His current research interests focus on quality of decision making in “Not Guilty by Reason of Insanity” cases, and in the assessment of malingering. Dr. Malinky completed his undergraduate work at John Carroll University and his doctoral work in counseling at the University of Akron.

Wanda Mullins, BS, MS serves as the Deputy Director of Medical Services for the Industrial Commission of Ohio and is responsible for the administrative support of the medical programs pertaining to permanent total disability. Her goals are to assist the Industrial Commission and Chief Medical Advisor by providing a quality framework for medically competent and legally sufficient reports for permanent total disability hearings. Ms. Mullins received her BSN from Mount Union College and her Masters of Science degree in Administration and Information Resource Management from Central Michigan University. She has many years of experience, including preadmission testing coordination, patient education, case management at Grant Medical Center's orthopedic floor, and as a prior authorization nurse for Kentucky Medicaid Home Health Services at Permedion.

Sara Castle, BS, MEd serves as the Per Review Coordinator for Medical Services at the Industrial Commission of Ohio. Ms. Castle received her Bachelors of Science degree from Mount Union University in athletic training and education. She completed her Masters of Education degree in Exercise Physiology and Cardiac Rehabilitation from Cleveland State University. Ms. Castle spent many years working as an athletic trainer and clinic manager. Ms. Castle works closely with the Chief Medical Advisor to enhance the peer review program for quality and standardization. She is responsible in assisting with the Industrial Commission of Ohio's goal of obtaining expert, impartial medical specialty examinations pertaining to permanent total disability.

Erica H. Young, Esq was admitted to the Ohio Bar in May of 2013 and the United States District Court for the Southern District of Ohio in November 2013. She began her MSW at The Ohio State University in 2016 and will graduate in early 2018. She worked for Portman & Foley, LLP, for nearly eight years where she represented injured workers throughout Ohio. After leaving Portman & Foley, LLP, Ms. Young moved into the criminal defense arena, but continues
to assist other attorneys on cases with a strong mental health component. Additionally, Ms. Young represents those with developmental disabilities and mental health diagnoses.

WORKSHOP #14: Managing Sleep Disorders in Chronic Medical and Mental Health Conditions

Presenter: Michelle Drerup, PsyD
Co-Presenter: Amy Sullivan, PsyD
CE Credits: 3.0
Learning Level: Intermediate

This workshop presents the most recent advances in research and clinical practice for the integration of behavioral sleep medicine in the interdisciplinary treatment of chronic illness. This program will give an overview of normal sleep, impact of chronic illness on sleep and modification of CBT-I and sleep therapies for individuals with chronic illness. In addition, individuals with medical disorders often have complaints of fatigue and this program will address how to modify treatment for sleep issues and fatigue in this population. This workshop will review empirically based behavioral medicine and behavioral sleep medicine strategies for the management of these patients.

The workshop is designed to: 1) Explore integration of behavioral medicine in a medical clinic, 2) Review the association of sleep disorders with chronic medical and mental health disorders, 3) Bring awareness of fatigue in chronic medical and mental health disorders and various fatigue management strategies, and 4) Review implementation and modification of Behavioral Sleep Medicine (BSM) treatment interventions, including cognitive behavioral therapy for insomnia in patients with chronic health issues.

Michelle Drerup, PsyD is Director of Behavioral Sleep Medicine at the Cleveland Clinic Sleep Disorders Center. She completed her doctorate in clinical psychology at Indiana State University in 2005, her internship at Cincinnati VA, and a 2 year post-doctoral fellowship in clinical health psychology at the Cleveland Clinic. She has been staff at Cleveland Clinic for the past 10 years and her practice focuses on the treatment of insomnia, circadian rhythm disorders and other sleep disorders, as well as other health conditions linked to disturbed sleep. Dr. Drerup is board certified in Behavioral Sleep Medicine and is involved in teaching, research and clinical services at the Cleveland Clinic.

Amy Sullivan, PsyD earned her doctorate degree in clinical psychology from The Georgia School of Professional Psychology in Atlanta, with a focus on health and medical psychology. From there, she completed her internship at the University of Cincinnati and continued with fellowship training in pain medicine at The Cleveland Clinic. Dr. Sullivan is currently the Director of Behavioral Medicine, Training and Research for the Mellen Center for Multiple Sclerosis at The Cleveland Clinic, and consults with Retired NFL players through The Cleveland Clinic Concussion Program. She is an assistant professor of medicine and holds joint appointments in both the department of neurology and psychiatry and psychology.

WORKSHOP #15: The Co-existence of Trauma and Addiction: Prevention and Treatment Approaches

Presenter: Charles Gerlach, PhD
Co-Presenters: Theresa Gaser, LISW, CTS Kim Kehl
CE Credits: 3.0
Learning Level: All Levels

This program will explore the relationship between experiences of trauma and later addiction. The presenters will describe research findings, clinical examples, prevention efforts and treatment approaches. This workshop will be of value to clinicians and students who would like an opportunity to learn about efforts by the Ohio Depts. of Mental Health and Addiction Services (OhioMHAS) and Developmental Disabilities (DODD) to spread Trauma-Informed Care as well as to understand the significance of the longitudinal study on childhood trauma and later health status (Felliti).

In addition, a trauma based addiction treatment approach which takes a different approach from the traditional AA model will be described. Discussion is encouraged in this workshop.

The workshop is designed to: 1) Illustrate how to define and screen for trauma in their practices and in other settings, 2) Explain the relationship between trauma and later addiction, as well as other mental and physical illnesses and shortened lifespan, 3) Introduce a major treatment approach to addiction that is grounded in an understanding of trauma, and 4) Describe the statewide effort by the Ohio Department of Mental Health and Addiction Services and Developmental Disabilities to spread Trauma Informed Care and Trauma Informed treatment in Ohio.

Charles Gerlach, PhD is a member of The American Psychological Association, The Society of Personality Assessment and The International Association of Trauma Professionals. During his 35 years of private practice, including a number of years consulting on psychiatric units of local hospitals, he has worked with individuals and families with trauma and addiction issues. He has received advanced training in personality assessment, and continues to do so as it relates to trauma and addiction. While supervising a substance abuse program at a local mental health center, he completed his doctoral research on the subject of addiction, with an emphasis on alcoholism. With this experience, he began the first off-site employee assistance program in the Central Ohio Area, at the Anheuser Busch plant in 1980. (Disclosure Statement: Board Action 2019 - Reprimanded and restrictions enforced in area of forensic psychology. See www.psychology.ohio.gov for more information.)

Theresa Gaser, LISW, CTS has 13 years of professional experience in public and alternative schools. She has and continues to work in private practice serving individuals and families therapeutically and in particular with families whose children and teens have experienced trauma. She is certified as a Clinical Trauma Specialist by the National Institute for Trauma and Loss in Children. She regularly provides seminars on child abuse and neglect.
and provides therapeutic services for survivors of various types of trauma such as sexual/physical abuse and grief/loss. She is co-author of the children’s book, Ice Cream Cone Feelings and author of her newly published book, There’s A Squirrel in My Tummy.

Kim Kehl is the Trauma-Informed Care Project Coordinator with OhioMHAS. He coordinates training efforts around trauma-informed care and advance trauma-informed practice in Ohio’s State Regional Psychiatric Hospitals and Developmental Centers. In collaboration with a multidisciplinary team, he oversees the project management plan to guide the preparation and implementation of the Ohio Trauma-Informed Care Initiative. Kim leads the project management team in developing working relationships with agency partners including: Youth Service, Education, Job and Family Services; Aging, Health; DRC; DODD; local boards; providers, and advocacy groups.

**Thursday Highlights: Diverse Roles, Settings & Approaches**

**NEW LUNCHEON CE PROGRAM (1 CE):**

**The Workplace Connection:**

Leading Organizations to Psychological Health ........................................... 12:15 p.m.

In response to attendee feedback, the luncheon programs on Wednesday and Thursday will offer 1 CE. The buffet line will open at 12:15 p.m., and the educational portion of the program will begin promptly at 12:30. You must purchase the lunch to attend this session. See page 10 for details on Thursday’s Luncheon CE Program including learning objectives and speaker biography.

**OPA’S Governance Assembly and Exhibitor Reception ..................................... 5 p.m.**

Last fall OPA members voted and approved the adoption of a new governance model. An integral part of this new model is the inclusion of two interactive member assemblies, one in-person and one virtual meeting. While the new model does not take effect until September 2017, we are including an informal introduction to what will become an annual face-to-face event into this year’s convention to allow members and non-members to experience first-hand how an assembly works, and why this format provides a great opportunity for you to help guide the association’s future by having your questions / concerns heard and addressed by OPA’s leadership.
WORKSHOP #16: Trauma Informed Care: Teaching Self-Care to Those Who Care

**Presenter:** Dawn Graham, PhD

**CE Credits:** 1.0

**Learning Level:** All Levels

The session will consist of a combination of experiences, didactics and discussion. Participants will be invited to discuss their own thoughts regarding how vicarious trauma may affect medical professionals of all stages. We will focus on how engaging medical residents and interns early in their training may help diffuse and prevent burn-out and compassion fatigue among early career professionals. Using a hands-on approach, participants will leave the session with a list of ‘how tos’ to help incorporate these strategies into their own educational techniques.

The workshop is designed to: 1) Help attendees discover ways to incorporate self-care activities into patient, student and organizational training activities, 2) Enhance understanding of the effects of vicarious trauma and its impact on the workplace, 3) Increase knowledge and skill building activities to promote health and wellness, and 4) Incorporate new techniques of trauma informed care into practice.

Dawn Graham, PhD is an Assistant Professor in the Department of Social Medicine at Ohio University Heritage College of Osteopathic Medicine. She earned a doctorate in counseling psychology from Purdue University in 2010. Clinical experience includes work at the University of Chicago Hospitals, Purdue University and Logansport State Psychiatric Hospital. She has experience running a multi-million dollar federal grant to promote children’s health in Southeastern Ohio with university and community partnerships in coordination with the Ohio Department of Health. She is a member of the American Psychological Association and the Ohio Psychological Association’s Public Sector Issues committee.

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WORKSHOP #17: An Overview of Emotionally Focused Couples Therapy

**Presenter:** Colby Srsic, PhD

**Co-Presenter:** Allison Fagan, PhD

**CE Credits:** 1.0

**Learning Level:** All Levels

Emotionally Focused Therapy (EFT) is an empirically supported approach to couples counseling. Since its creation by Leslie Greenberg, PhD and Susan Johnson, PhD in the 1980s, it has been subject to rigorous research studies. Results demonstrate that EFT is generalizable across different kinds of clients and couples, and treatment is robust across time. EFT views couple distress as a result of disruption in the attachment bond that can be healed. This session is a brief introduction to EFT, intended to help participants decide if they are interested in investing in more extensive upcoming OPA sponsored training.

The workshop is designed to: 1) Familiarize participants with the model of EFT and how it differs from other commonly used approaches to treating couples, 2) Provide an overview of empirically validated research on EFT, and 3) Discuss the “next step” options if participants want to pursue EFT training.

Colby Sandoval Srsic, PhD has had a private practice in Worthington, Ohio since 2000. She received her MA and PhD in counseling psychology from the Ohio State University and was a research assistant for Aaron Beck, MD at the University of Pennsylvania following graduation from Villanova University. Dr. Srsic specializes in individual grief counseling, as well as, providing couples counseling from an EFT framework. She has previously taught both undergraduate and graduate classes at the Ohio State University. Dr. Srsic has completed a four day “externship” in EFT from the International Centre for Excellence in Emotionally Focused Therapy as well as five weekend long “core skills” training (advanced EFT).

Allison Fagan, PhD is a psychologist in private practice in Westerville, Ohio. She received her BA from Wesleyan University (Middletown, CT), MA in educational policy and leadership, and MA and PhD in counseling psychology from The Ohio State University. She has been a licensed psychologist since 1998. She provides psychotherapy to adult individuals and to couples using EFT. She conducts psychological consultations for patients seeking third party assisted reproductive medical treatment and evaluates potential egg donors and gestational carriers. Dr Fagan has completed the ICEFET Externship and Core Skills Weekends, totaling over 85 hours of training in EFT.

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WORKSHOP #18: An Introduction to Ohio’s Medical Marijuana Law and Its Impact on Mental Health

**Presenter:** Emily Gilmore, PsyD

**CE Credits:** 1.0

**Learning Level:** All Levels

Ohio House Bill 523, authorizing the use of marijuana for medical purposes, went into effect September 8, 2016. Providers need to be aware of this law, and how it affects patients and clinical practice. Several organizations, including the American Psychiatric Association, have issued position statements expressing concerns about discrepancies between state policies and clinical research about marijuana. Providers should be knowledgeable about research, as well as current controversies in order to provide ethical guidance to patients. Attendees will learn about Ohio’s law, discuss key controversies regarding this topic, and explore research about the effects of marijuana and medications on mental health conditions.

The workshop is designed to:
1) Describe Ohio’s medical marijuana act, 2) Explain the difference between the marijuana plant, cannabinoids and medications derived from marijuana, 3) Summarize current controversies regarding medical marijuana, and 4) Discuss risks and benefits of marijuana and medications derived from marijuana for different populations based on recent research.
Emily Gilmore, PsyD is a clinical psychologist, employed for the past 3 years as the PTSD/SUD specialist for the Veterans Health Administration (VA) in Columbus. She has been working and volunteering in the mental health field for 13 years, 6 with the VA. Dr. Gilmore has significant experience working with co-morbid substance use, mental health, and physical health conditions as part of multidisciplinary teams including training in VA specialty care, forensic and chronic pain settings.

WORKSHOP #19: Incorporating APA’s LGBT Guidelines into Training & Practice

Presenter: Michelle Vaughan, PhD
Co-Presenters: Sarah Love, BA
Devon Douglas, BA

CE Credits: 2.0 Ethics
Learning Level: Intermediate

This program will provide an overview of current APA guidelines on psychological practice with lesbian, gay, bisexual and transgender individuals. Building knowledge, skills and awareness about sexual orientation and gender diversity, this program will highlight critical needs and opportunities with respect to curriculum and clinical training/supervision. Challenges and ideas related to implementing these guidelines will be shared, integrating both student and faculty perspectives. In service of creating more LGBT-affirmative training programs, insights and recommendations for graduate training programs will be discussed.

The workshop is designed to: 1) Describe/explain how to apply APA guidelines for work with LGBT/sexual minority clients, 2) Describe/explain guidelines for work with transgender and gender diverse clients, and 3) Identify specific strategies for incorporating guidelines into professional training and practice.

Michelle Vaughan, PhD is an Associate Professor of Psychology and licensed psychologist within the School of Professional Psychology at Wright State University. She specializes in the intersection of LGBT+ and positive psychologies (LGBT+ Strengths), consensual non-monogamies, sexuality issues and substance use disorders.

Sarah Love, BA is currently a doctoral student at Wright State School of Professional Psychology. She hopes to become a child psychologist who ismulticulturally competent and prepared to work with diverse populations. She graduated in 2015 with a bachelor’s degree in psychology from Ohio Wesleyan University.

Devon Douglas, BA is from Miamisburg, Ohio. She graduated in 2014 with a bachelor’s degree in psychology and sexuality studies from The Ohio State University. She is currently a doctoral student at Wright State’s School of Professional Psychology.

WORKSHOP #20: Concussion Assessment, Treatment and Sequela

Presenter: Timothy Shea, PsyD

CE Credits: 2.0
Learning Level: All Levels

Concussion assessment and treatment are fraught with pseudo-science and misinformation. The presentation will cover the basic science, assessment and treatment of concussion. It will review how a concussion is different from a moderate or severe brain injury. CTE will also be discussed within the context of the current research. Practical information and education will be provided; so that, clinicians can more confidently address concerns about concussions and long-term outcome.

The workshop is designed to:
1) Provide an overview of concussion assessment and treatment, 2) Increase knowledge about the expected progression of a concussion, and 3) Provide additional education about concussion to their patients.

Timothy Shea, PsyD is an assistant professor at OSU’s Dept of PM&R. He currently runs OSU’s Dept of PM&R concussion clinic that focuses on the assessment and treatment of non-sports related concussions. He also co-created the Disorders of Consciousness (DOC) program at OSU’s Dodd Hall Rehabilitation Hospital. Dr. Shea’s research interests include investigating the impact of polypharmacy on cognition following neurological injury, examining seizure risk following TBI and utilizing tDCS & medication to emerge patients from a DOC. Dr. Shea earned his MS, PsyD and post-doctoral MS in clinical psychopharmacology from Nova Southeastern University. He completed his fellowship training at the University of Michigan.
Mary M. Lewis, PhD, ABPP is an Assistant Professor in the Psychology Department at Columbus State Community College, and leads their Service Learning Project for the Human Growth and Development Across the Life-Span course. Dr. Lewis is also a licensed psychologist and provides counseling and assessments in long-term care and rehabilitation with Senior Life Consultants, Inc. Dr. Lewis is past-president of Psychologists in Long-Term Care and a member of the American Psychological Association, APA Div 31, 17, 20, and 12/II. Dr. Lewis’ professional and research interests include social responsibility, social justice issues and end-of-life issues.

Marjorie Kukor, PhD is the Senior Associate of Mental Health for the Service to the Armed Forces Division of the American Red Cross, as well as a Disaster Mental Health manager and Subject Matter Expert. In addition, she is part of the Community Crisis Response Team for Netcare Access in Columbus, Ohio and serves on the Ohio Crisis Response Team (OCRT). She has been on the faculty of Otterbein University and Maryville University, and as adjunct faculty at Ohio Dominican University, Columbus State Community College and University of Missouri-St. Louis. She has responded to a number of national disasters over the past 13 years and has trained numerous mental health professionals to respond to such events. Her clinical work spans more than 25 years in a variety of settings, often with a focus on trauma issues.

Heidi Anderson is a research assistant and current student in the Social and Human Services program at Columbus State Community College. She has previously served as a Peer Mentor and Peer Advocate at the college and has a long history of work on social justice, advocacy and community engagement concerns.

Friday Afternoon

**WORKSHOP #22:**
Trauma: Recent Developments in Effective Diagnosis and Treatment

**Presenter:** Eric Sullivan, PhD
**Co-Presenter:** Emily Gilmore, PsyD

**CE Credits:** 3.0
**Learning Level:** Beginner

This beginner workshop will review the diverse impacts of trauma in adults, with a focus on defining and understanding Post-traumatic Stress Disorder (PTSD). Presenters will summarize key concepts from the Veterans Affairs (VA) / Department of Defense (DoD) clinical practice guidelines for treating trauma and the newest draft version of the American Psychological Association’s practice guidelines. Presenters will provide information about key elements of two specific therapies with strong empirical support that are frequently used in VA and DoD: Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE). Presenters will elucidate important treatment considerations for individuals from diverse backgrounds and experiences.

The workshop is designed to: 1) List and describe common reactions to trauma, including psychological problems caused by trauma, 2) Define Post-traumatic Stress Disorder, name the five major DSM-5 criteria for the disorder and identify assessment tools that enhance accuracy of trauma-related diagnoses, 3) Describe Veterans Affairs / Department of Defense and American Psychological Association guidelines for effectively treating trauma, and 4) Name the trauma treatments with the most research support, explain why they are effective and identify their similarities and differences.

**Eric Sullivan, PhD** works as a staff psychologist at the Columbus Veterans Affairs (VA) Ambulatory Care Center in Columbus, Ohio. He is the current finance officer of the Ohio Psychological Association. He graduated with a PhD in clinical psychology from Suffolk University in Boston, Massachusetts. While in Boston, he trained at the Boston VA National Center for Post-traumatic Stress Disorder, Behavioral Science Division and received intensive experience in Cognitive Processing Therapy under the supervision of two creators of the therapy, Patricia Resick and Candace Monson.

Emily Gilmore, PsyD is a clinical psychologist, employed for the past 3 years as the PTSD/SUD specialist for the Veterans Health Administration (VA) in Columbus. She has been working and volunteering in the mental health field for 13 years, 6 with the VA. As an undergraduate, she co-founded Student Voices Against Assault, an advocacy organization. She continued to focus on trauma and PTSD in graduate school through her dissertation, internship at the VA Pittsburgh and PTSD-focused postdoctoral fellowship at the Baltimore VA. She is trained in several EBPs relevant to trauma including PE, CPT, Seeking Safety, CBT, ACT, DBT and CBT-I.

**WORKSHOP #23:** Behavioral Treatments for Migraine

**Presenter:** Elizabeth K. Seng, PhD
**Co-Presenter:** Ethan Benore, PhD

**CE Credits:** 3.0
**Learning Level:** Intermediate

Behavioral treatments have demonstrated efficacy for the prevention of migraine. Headache specialists have cited psychologists trained in migraine treatment as a critical referral need. This program will guide Cognitive Behavioral Therapy (CBT) trained clinicians in the use of evidence-based behavioral treatments for migraine. This program will also provide basic information regarding the pathophysiology and behavioral patterns associated with migraine useful for the psychologist treating people presenting with migraine.

The workshop is designed to: 1) Train psychologists in the pathophysiological and behavioral rationale underlying evidence-based behavioral treatments for migraine, and 2) Educate psychologists in the provision of
evidence-based behavioral treatments for migraine.

Elizabeth K. Seng, PhD is an Assistant Professor of Psychology at Ferkauf Graduate School of Psychology at Yeshiva University, and a Research Assistant Professor of Neurology at Albert Einstein College of Medicine in the Bronx, NY, USA. She received her PhD in 2012 from Ohio University in clinical psychology in the health track. She completed her internship and post-doctoral fellowship at the VA Connecticut Healthcare System and Yale School of Medicine. Dr. Elizabeth K. Seng’s research is broadly focused on behavioral management of pain and headache disorders. Her current research is focused on improving treatment of headache disorders and other painful conditions by 1) developing behavioral treatments, 2) exploring psychosocial factors that influence quality of life and treatment outcome, and 3) improving medication adherence.

Ethan Benore, PhD, BCB, ABPP received his bachelor's degree from Miami University and earned his doctoral degree from Bowling Green State University. He completed an internship in pediatric psychology at the Kennedy Krieger Institute, Johns Hopkins University School of Medicine. He then completed his postdoctoral fellowship in pediatric psychology at the Cleveland Clinic. Dr. Benore is board certified in both specialties of clinical child and adolescent psychology and biofeedback. Dr. Benore has focused his career on non-pharmacological interventions for pain, primarily headache. He has target treatment in concussion, chronic pain and interdisciplinary treatment for pain. He also provides behavioral interventions for sleep disorders. He currently serves as staff for Cleveland Clinic Children’s Center for Pediatric Behavioral Health. In addition, he directs the Outpatient Services for the Center for Pediatric Chronic Pain and the Postdoctoral Fellowship in Pediatric Pain Psychology.

WORKSHOP #24: The Ethical and Legal Practice of Psychology

**Presenter:** Elizabeth Swenson, PhD, JD  
**Co-Presenters:** Richard Ashbrook, PhD  
Amy Boland, PhD  
Terry Imar, MA  
Kay Levine, PhD  
Christine Muller-Held, PhD  
Debmani Simha, PhD  
Robert Stinson, PsyD, JD, ABPP

**CE Credits:** 3.0 Ethics  
**Learning Level:** All Levels

Participants identify and apply pertinent sections of governing documents (e.g., the APA Ethical Principles of Psychologists and Code of Conduct, Ohio Psychology Laws and Rules Governing Psychologists, related Ohio statutes, Specialty Guidelines for Forensic Psychologists, etc.) to a series of vignettes designed to elucidate the ethical and legal practice of psychology. Particular attention is devoted to areas of practice that pose additional liability or yield frequent conduct complaints to the State Board of Psychology. In addition, the interplay of ethical practice and cultural competence will be discussed.

The workshop is designed to: 1) Identify and apply pertinent sections of the APA Ethical Principles of Psychologists and code of Conduct to vignettes related to the practice of psychology, 2) Identify and apply pertinent sections of Ohio Psychology Laws and Rules Governing Psychologists to vignettes related to the practice of psychology, 3) Identify and apply relevant resources for cultural competence, and 4) Understand ethical and legal implications related to areas of practice that pose additional liability or yield frequent conduct complaints to the State Board of Psychology.

Richard M. Ashbrook, PhD has served as provost and vice president for Academic and Student Affairs at Capital University (Columbus, Ohio) since 2010. A faculty member at Capital University since 1986, Dr. Ashbrook previously served as department chair and academic dean. He earned his BS from the University of Maryland, and his MA and PhD (Clinical Psychology), and MFA (Creative Writing) from The Ohio State University. He completed his internship at the University of Rochester's Strong Memorial Hospital, and received post-doctoral training in pediatric and health psychology. Dr. Ashbrook is the senior partner at Behavioral Science Specialists LLC, a medical and behavioral health consulting company that specializes in publicly funded demonstration grants and contract forensic, diagnostic and disability services.

Amy Boland, PhD has a Bachelor’s degree in psychology from DePaul University and a Master's degree in developmental psychology from Loyola University Chicago. She earned a PhD in School Psychology from The Ohio State University in 2011. She is now both a licensed psychologist and a nationally certified school psychologist who works in private practice and consults with public school systems. Dr. Boland specializes in providing evaluations, counseling, social skills groups, behavior management services and school consultation for children with developmental disabilities such as Autism Spectrum Disorders, ADHD, Down Syndrome, Anxiety Disorder and Behavior Disorders. She is also the co-founder of Behavior Buddies Visual Tools for Positive Parenting, is a Lecturer for The Ohio State University School Psychology program, and was recently appointed to the School Psychology Oral Exam Committee for the Ohio Board of Psychology.

Terry Imar, MA received his graduate degree from Kent State University in 1971 and has been in practice in Ohio since 1975. Prior to entering full-time private practice in 1981, he was Clinical Director of North Central Mental Health Center in Columbus. Mr. Imar is in general practice in Delaware, working with adults, adolescents and children. He has special interests in ADHD and substance abuse disorders. Mr. Imar is a member of the medical staff of Grady Memorial Hospital, where he is Chief of the Psychology Service. He is a member and former chair of the Ohio Psychological Association’s Mandatory Continuing Education Committee. He also is a former member
Psychologist highlights the intersection of the Communication and Technology Committee. He is a member, and former Chair, of OPA’s Education Committee. He also is a member of the Ethics Committee, which he previously chaired. In addition to his membership in OPA, Mr. Imar is a member of the American Psychological Association, the Association for the Advancement of Psychology, and the Central Ohio Psychological Association. Mr. Imar is a Charter Patron of the Academy for Education and Research in Professional Psychology, the organization that created the school of professional psychology at Wright State University.

Kay Levine, PhD is an Assistant Professor in the Case School of Medicine. She teaches and supervises both child and adult psychiatry residents and fellows at University Hospitals Case Medical Center where she has provided direct clinical service in the Department of Psychiatry and Rehab Unit since 1998. Dr. Levine is a member of the Ohio Psychological Association and serves on the Ethics Committee as well as the Ohio College Assistance Committee. She is a member of the American Psychological Association (APA) and APA’s Division 39, Psychoanalysis. She is a supervisor on the Disaster Mental Health Team of the Cleveland American Red Cross. In her private practice Dr. Levine primarily works with couples, individual adults, children, adolescents and families.

Christine Muller-Held, PsyD is an early career psychologist member of the OPA Ethics Committee. Dr. Muller-Held is a Senior Staff Psychologist and Mental Health Service Coordinator at the UC Health Student Health Services clinic which serves the medical and mental health needs of University of Cincinnati’s student population. She recruits and supervises intern and post-doctoral level psychology trainees within the student health clinic. Dr. Muller-Held is an active member of OPA and APA. She maintains an active professional interest in the intersection between medical and mental health, specifically related to collaborative relationships between physicians and mental health providers. Dr. Muller-Held’s article in the 2013 Ohio Psychologist highlights the intersection between her clinical practice in the area of college student health and her interest in forwarding multi-disciplinary collaborative relationships.

Debjani Sinha, PhD is a practicing psychologist with a background in neuropsychology. She graduated with a PhD from the University of Cincinnati (UC) and completed post-doctoral work at UC’s Behavioral Neuropsychology Clinic. Her work history extends from the Alzheimer’s Research Center and Dementia Clinic at UC Medical School to the Psychological Services Center at UC. Dr. Sinha divides her professional time between her private practice and as Adjunct Associate Professor at UC Department of Psychology, teaching psychobiology, cognitive neuroscience, neuropsychology, testing and measurement, and developmental psychology courses. Dr. Sinha’s practice offers individual and couples psychotherapy, and assessment services (neuropsychological and psycho-educational). Dr. Sinha is past-president of Cincinnati Academy of Professional Psychology (2 terms) and has served as Ethics Chair for CAPP for 10 years. She also serves on OPA’s Ethics Committee.

Bob Stinson, PsyD, JD, ABPP is listed in the National Register of Health Service Providers in Psychology. He is a Fellow of the American Academy of Forensic Psychology (AAFP) and a Diplomate in forensic psychology with the American Board of Professional Psychology (ABPP). He serves on the Twin Valley Behavioral Healthcare Ethics Committee. He is an Adjunct Professor of Clinical Psychology at The Ohio State University, and a regular guest lecturer at Wright State University’s School of Professional Psychology. He holds membership in APA (and several of its divisions), OPA (where he currently serves as past president), and he is past-president of the Central Ohio Psychological Association (COPA). In addition to working at Twin Valley, Dr. Stinson maintains a private practice, providing consultations and evaluations, specializing in clinical and forensic psychology.

Elizabeth V. Swenson, PhD, JD is a Professor of Psychology at John Carroll University. She has been involved in strategic planning for John Carroll University, as well as for the Society for the Teaching of Psychology and as a consultant-evaluator for the Accreditation Review Council for the Higher Learning Commission of the North Central Association. Her professional service includes serving on the Ethics Committees of both the American Psychological Association and the Ohio Psychological Association. She has also been a member of the APA Continuing Professional Education Committee, the Ethics Code Revision Task Force and the Council of Representatives from Division Two. She practices law in Cleveland, Ohio, in the area of child protection and advocacy.

WORKSHOP #25: Competency Based Assessment: EPPP2 Panel Discussion
Presenter: Kathleen Ashton, PhD, ABPP
Co- Presenters:
  - Kenneth Drude, PhD, ABPP
  - Milo Wilson, PhD
  - Ashley Debelyak

CE Credits: 1.0
Learning Level: Beginner

Assessing competence to practice is a critical function of psychology licensing boards. Competence is the integrated use of knowledge, skills, attitudes and values by a psychologist (Rodolfa et al., 2005). Currently, psychology uses the EPPP, a knowledge based exam, as its primary entry into licensure. However, more and more healthcare professions are moving toward a competency based assessment for licensure. The American Psychological Association of State and Provincial Psychology Boards is proposing a competency based examination for psychology licensure that would assess the ability of psychologist candidates to apply and integrate their knowledge, the "EPPPA." The proposed implementation of this exam would be January 2019. Competency based assessment has the potential to help raise the stature of psychology in the healthcare field and is likely to be important for psychology's role in future.
healthcare enterprises. Concerns about EPPP2 as a vehicle for competency assessment for psychologists include increased time to licensure, increased expense and additional hurdles for early career psychologists to overcome toward practice.

The workshop is designed to: 1) Identify benefits of competency based assessment for healthcare professions including psychology, 2) Describe ASPPB proposed EPPP2 exam as a vehicle for competency based assessment in psychology, 3) Discuss barriers for ECP and graduate students to licensure, and 4) Identify possible solutions to benefit ECPs and graduate students toward licensure in a competency based model.

Kathleen Ashton, PhD, ABPP, FACHP is a licensed psychologist and is board certified in clinical health psychology. She has been a health psychologist with the Cleveland Clinic since 2004, and joined the Breast Center in 2016. She is a Clinical Assistant Professor of Surgery at the Cleveland Clinic Lerner College of Medicine. Dr. Ashton’s clinical and research interests include hereditary breast cancer risk, prophylactic surgery psychological evaluation, psychosocial aspects of breast cancer, stress management and obesity/eating disorders. Dr. Ashton is past-president of the Ohio Psychological Association and the Cleveland Psychological Association, and currently an elected member of the American Psychological Association Committee for the Advancement of Professional Practice.

Kenneth Drude, PhD is a psychologist in private practice in Dayton, Ohio who has professional interests in the legal and ethical practice of telemental health. He chaired the OPA committee that developed telepsychology guidelines adopted by OPA in 2008. Dr. Drude served on the OPA governing board for 28 years in various elected offices, as editor of The Ohio Psychologist and chaired several committees. He has served on the Ohio Board of Psychology and participated in the writing of that board’s telepsychology rules. He participated in the writing of the Interjurisdictional Psychology Compact (PSYPACT) developed by the Association of State and Provincial Psychology Boards to facilitate the practice of telepsychology across states.

Milo Wilson, PhD is a psychologist at the Columbus VA, where he also serves as the LGBT EEO Program Manager and resident expert in LGBT veteran behavioral health. He completed his doctoral degree in clinical psychology at Ohio University, internship at the VA Pittsburgh Healthcare Syste and postdoctoral fellowship in LGBT healthcare at the Milwaukee VAMC. His areas of interest include LGBT health, trauma and graduate psychology training. He is currently co-chair of the APA Division 44 Public Policy Committee and the Ohio Psychological Association Early Career Psychologist Committee.

Ashley Debeljak is a fourth year doctoral student at Wright State University School of Professional Psychology. She held the chair-elect position in 2015-2016 before becoming chair of the Ohio Psychological Association Graduate Student (OPAGS) organization 2016-2017 board. Her current practicum is at Cleveland Clinic Children’s Hospital, providing psychological assessment and intervention for children with gastrointestinal disorders. Her research focuses on the relationship between psychological health and gastrointestinal disorders. Her goals are to pursue a career in pediatric psychology.

Workshop #26:
OPA Graduate Student (OPAGS) Spring Internship Workshop
Presenters: TBD
CE Credits: 0
Learning Level: Beginner
Join us for the OPAGS Spring Internship Workshop to begin your application process off on the right foot with amazing speakers, key tips and a chance to meet with some amazing internship directors! Internship Programs that have been a part of the workshop in the past include; the Columbus VA, MetroHealth System, Cleveland State University Counseling Center, Wright State Counseling Center, Nationwide Children’s Hospital, Cincinnati Children’s Hospital and more! We hope to see you there!

Friday Highlights: Student / OPA Graduate Student Day

Student Poster Session ................................................................. 8 a.m.
OPA invites undergraduate and graduate students conducting research on psychology-based topics to present poster summaries at the Convention. Posters may report on empirical studies or non-empirical projects. Convention attendees will have the opportunity to vote on these student posters during Friday’s breakfast and morning break. Winners receive special recognition, the chance to publish their research and a cash prize.

Annual Awards & State of the Association Luncheon ......................... 12:15 p.m.
Join us as we honor individuals whose leadership, support, creativity and dedication have made an impact not only on OPA but also the field of psychology.

OPA Graduate Student (OPAGS) Spring Internship Workshop ............... 3 p.m.
Friday afternoon features three hours of programming aimed at providing students with the most up-to-date information regarding licensing exams and internship opportunities. Students are encouraged to attended Workshops #25 & 26. Non-member students should call OPA prior to registering for the convention to receive a promotional code good for 1 FREE year of membership.
Thank you to the following sponsors, exhibitors and advertisers for supporting OPA's 2017 Annual Convention!

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Get the Most from Your Convention Experience

Use these tips to walk away with a great Convention experience.

1. Sit next to someone you don’t know. While Convention is a great time to connect with old friends, it’s also a wonderful opportunity to meet new people.

2. Ditch the distractions. Turn off your phone and put away your newspaper so you can fully participate in the program.

3. Take notes. Make sure you bring a notebook or tablet so you can write down important take-aways.

4. Open your mind to new ideas. Be willing to hear something new that applies to your work day.

5. Learn outside the workshops. Visit with exhibitors to learn about what they and various OPA committees are offering.

Join The Conversation...

Follow OPA on social media and join the conversation about Convention!

facebook.com/ohpsychassn
@ohpsychassn
linkedin.com/company/ohio-psychological-association
pinterest.com/ohiopsychassn

Tag us in your posts! #OPACON2017 or @ohpsychassn

Conventional Location: Quest Conference Center

Quest Conference Center is a premier state of the art meeting facility located at 8405 Pulsar Place, Columbus, Ohio 43282. Quest has an abundance of on-site parking located directly in front and in the back of the facility.

Hotel Information: Hampton Inn (New hotel partner for 2017)

Hampton Inn Columbus Polaris | 8411 Pulsar Place Road | Columbus, Ohio 43240 | 614-885-8400 | $132/night, plus tax

OPA has a room block at the Hampton Inn Columbus Polaris. They offer free high speed internet, free breakfast, a fitness center and pool. To make a reservation call 614-885-8400 and ask for the OPA rate. The reservation deadline is March 31. The Hampton Inn is located just off Interstate 71, directly behind Quest Conference Center within easy walking distance.

Area Attractions

When you need a little fresh air.

Historic Uptown Westerville
Visit shopuptownwesterville.com for more information. Historic uptown Westerville is filled with unique shops and is a must-see visitor destination!

Hoover Reservoir Park
7701 Sunbury Road, Columbus, OH 43081
Hoover Reservoir Park offers a peaceful and serene getaway in Columbus. The park and lake provide guests with a range of recreational activities from picnicking, hiking, boating and fishing.

Otterbein University
7 S. Grove St. Westerville, OH 43081
Otterbein University is a private, co-educational, comprehensive liberal arts institution founded in 1847. The campus makes a great spring walk and many academic buildings feature student artwork.

Polaris Fashion Place
1500 Polaris Parkway, Columbus, OH 43240
This shopping destination features over 180 specialty stores, six anchor stores and the region’s largest indoor children’s soft play area.
Rates & Policies

All New Inclusive Packages

What’s Included...
Based on attendee input, OPA has revamped our convention pricing structure. It’s simple and cost effective... no more extra fees for meals, receptions or special events! See what’s included in each package.

3-Day Full Convention Package:
• 3 Continental breakfasts & lunches 2 CE
• 9 sessions 16-18 CE
• 2 receptions
• Poster session admission
• Promo code for OPA Webinars (3 CE)

2-Day Package:
(Options vary based on which two days selected.)
• 2 Continental breakfasts & lunches 1-2 CE
• 6 sessions 10-12 CE
• 2 receptions OR 1 reception and poster session admission

1-Day Package:
(Options vary based on which day selected.)
• Continental breakfast & lunch 0-1 CE
• 3-4 sessions 4-6 CE
• Reception OR poster session admission

Custom Package Pricing:
If an inclusive package is not for you, we also offer Custom Package (A La Carte) pricing. With this option, you pay a rate per (1) CE earned. Lunches and receptions may also be added to a custom package for an additional fee. A $40 convenience fee is assessed for the custom package option.

Membership & Pricing Levels

OPA Full Members
Licensed/Non-Licensed with Doctoral Degree

OPA Partner Members (No CE)
Professional without a doctoral degree working in field of Psychology or Individual/Organization who wishes to support/advance the purpose of OPA and the field of psychology in Ohio

OPA Student Members (No CE)
High School/College Undergraduate & Graduate levels/Post-doc program under supervision

Students who are not OPA members are encouraged to call us PRIOR to registering to receive a Promo Code for 1 FREE year of membership & member pricing eligibility.

Non-OPA Members

Policies & Procedures

IMPORTANT REGISTRATION DATES:
Hotel Reservation Deadline ——— March 31
Early Bird Deadline ———— April 5
Registration Deadline ———— April 18

Registration Deadline: Participants are encouraged to register early. Registration must be received on or before April 18 to guarantee workshop/event selections. Registrations received after this date will be processed on-site, and first selections and/or meals can not be guaranteed.

Discounts: Registrations received or postmarked on or before April 5 receive a $40 Early Bird Discount. Registrations received or postmarked between April 6 and April 18 receive a $20 Pre-Registration Discount. OPA members may use their CE Coupon by entering the Promo Code online or on the paper form. No discounts maybe used after April 18, 2017.

Change Fee: Any changes in workshop/event selections made after April 18 will be subject to a $20 change fee.

Disclaimers/Cancellation and Refund Policy: Attendees needing to cancel must do so in writing on or before April 18 and will be subject to a $30 service charge. All cancellations will be subjected to this service charge. No refunds will be given for cancellations made after April 18. OPA and sponsors of this event are committed to providing accurate and up-to-date information. However, they are not responsible for event changes, additions or deletions, but will work towards accommodating attendee needs.

Continuing Education Credit Policies:
Those individuals wanting CE credits must sign and complete the Workshop Evaluation Form and return the it to OPA at the end of each workshop as instructed. APA guidelines state that a participant may arrive no more than 10 minutes late or leave more than 10 minutes early to receive credit for a program. As an APA Approved Sponsor, OPA adheres to this guideline. No partial credit will be given. The Convention planners will make every effort to ensure that each workshop begins and ends at its designated time.

Convention Certificates of Attendance:
Certificates will list each workshop completed and will be sent to participants following the Convention. Please allow 3 weeks for delivery.

Continuing Education Credits: 1) The Ohio Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Ohio Psychological Association maintains responsibility for program and its content. 2) The Ohio Psychological Association is approved by the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board to offer continuing education to counselors and social workers. The approval number is RCS070608. NOTE: The following workshops are offered for counselor or social worker continuing education credits: 3, 4, 5, 7, 8, 9, 10, 12, Thursday Lunch CE Program, 14, 15, 16, 17, 18, 19, 20, 22 and 23.

Americans with Disabilities Act: The Quest Conference Center complies with the provisions of ADA. If you need any assistance related to sight, sound or mobility, please contact OPA; so that, we may assist you.

Photo Consent: Registration/attendance at OPA events constitutes an agreement by the registrant to OPA for use of the attendee’s image in photographs.

Special Requests: Please let us know if you have any special requests, including dietary restrictions or request for a nursing mother’s room.

Conflicts of Interest Statement: As an APA-approved sponsor of continuing education, the Ohio Psychological Association (OPA) is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education as is consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct. Information regarding financial support, in-kind support or possible conflicts of interest will be included in promotional materials and can be accessed by contacting the Ohio Psychological Association Central Office.
## 2017 Ohio Psychological Association Annual Convention

**REGISTRATION FORM**

**REGISTRATION DEADLINE IS APRIL 18, 2017**

### ATTENDEE INFORMATION: One registration form per attendee.

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<th>Name &amp; Degree: (Please print)</th>
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<th>Are you a speaker?</th>
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### WORKSHOP AND SPECIAL EVENT SELECTIONS

*Check the boxes next to the sessions/events you want to attend.*

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<tr>
<th>Day</th>
<th>9-10 a.m. 1 CE Credit</th>
<th>10:15 a.m.-12:15 p.m. 2 CE Credits</th>
<th>LUNCH 1 CE</th>
<th>1:45-5:00 p.m. 3 CE Credits</th>
<th>RECEPTION</th>
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### FEES & PAYMENT INFORMATION: Registration Ends on April 18, 2017

**IMPORTANT NOTICES:** 1) See the back of this page for information on our change fee, cancellation policy and membership levels. Students who are not members should call OPA (614.224.0034) before registering to receive one year of FREE OPA Membership.

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Enter Registration Fee $____

**PAYMENT OPTIONS:**

- Credit Card
  - Visa
  - AMEX
  - MasterCard

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| Custom Package Add-Ons:  
  Lunch $30@ / Reception $20@ | $30 | $20 | $30 | $20 |
| OPA-PAC Donation (Optional)       | $30 | $20 | $30 | $20 |
| Less OPA CE Coupon (if applicable) |       |     |     |     |
| Enter Promo Code:                 | -    | -   | -   | -   |
| Less $40 Early Bird Discount (if postmarked by 4/5/17) | $40 | $40 | $40 | $40 |
| Less $20 Pre-Registration Discount (if postmarked between 4/6/17-4/18/17) | $20 | $20 | $20 | $20 |

**TOTAL AMOUNT DUE:** $____

Enter Promo Code: ___________
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Track clinician schedules, patient appointments, notes, and billing. Appointments and other tasks are automatically added to your personal To-Do List. Sync your calendar to your smartphone to view your schedule on the go.

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- Dr. Christine Zampitella, FT, Licensed Clinical Psychologist

Just want to say that I truly love the system!
It takes all the guesswork out of tracking paperwork. Being able to schedule appointments and then have the system take over and track what is due for each client is wonderful.

- Kathleen Bremer, PCC-S

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