Denver Health Medical Center Presents:
ADVANCED PRACTICES FOR SENSORY MODULATION
TECHNIQUES AND ASSESSMENTS

Date: August 7th, 2016    Place: Denver Health Medical Center
Presenter: Karen Moore, OTR/L

8:00 – 8:30 Registration
8:30   Welcome - Introductions - Plan for the Day

8:40 – 9:00 Efficacy of Sensory Approaches – the Evidence is Building

9:00 – 10:10 Sensory Defensiveness
  •  My research Study on the Wilbarger Protocol
  •  Pfeiffer and Kinnealey paper
  •  Acute Treatment of Sensory Defensiveness
  •  Use of the Sensory Defensiveness Screening – Angie Case Study

10:10 – 10:30 *Experiential Lab: Completion of the Sensory Defensiveness Screening by Participants and discussion

10:30 – 10:40 Break

10:40 – 11:20 The Sensory Cognitive Connection
  •  Cognitive Disabilities Model – ACL is a “sensory tool”
  •  Embodied learning
  •  Using the senses to maximize function and minimize cognitive interference
  •  Sensory interventions to decrease fear reactions and frustration
  •  Verbal skills versus functional cognition
  •  SCP and DBT and CBT – enhancing the effectiveness
  •  Relationship of the ACL to Diagnosis and Disposition – research publication K. Moore et al

11:20 – 12:00 Formal and Informal MH Assessments
  •  Adult Adolescent Sensory History – Teresa May-Benson
  •  Sensory Profile - Brown and Dunn
  •  Safety Tools and recent research
  •  Sensory Sensitivities Discovery Worksheet (from the SCP Curriculum)
  •  Sensory Preference Checklist – Karen M. Moore
  •  Questionnaire for Sensory Related Behaviors and Experiences – Karen M. Moore
  •  Dealing with Hallucinations Worksheet – Karen M. Moore

12:00 – 1:00 Lunch
1:00 – 1:30 Sensory Related Therapies

- Beanbag Tapping - SCP Demonstration
- Drumming
- Listening Therapies
- ROM Dance
- Infinity Walking

1:30 – 2:00 Experiential Lab: Participation in the ROM routine, trying Infinity Walking, exploring use of Videos such as Calmer by Nature, learning to do beanbag tapping

2:00 – 2:20 SCP and WRAP Program – A Match Made in Heaven

- Ideas for integrating these two approaches

2:20 – 2:30 Break

2:30 – 3:00 Documenting Efficacy – You Can Add to the Evidence

- Self-Rating Forms
- SUDS Scale
- Rating Scale for SCP Self-Regulation Group Experience (Before and After) From the SCP Curriculum
- Proficiency Rating Scale for Self-Regulation Skills – from the SCP Curriculum
- Moodometer

3:00 – 3:40 Sensory Rooms, Spaces and Carts – What is working?

- Examples of Sensory Rooms and Spaces
- Input from Regions Hospital – Excellent Designs in Sensory Rooms
- The Sensory Cart – Ideas from the SCP Curriculum
- Sutton Nicholson Study – staff and patient reports, organizational issues, barriers

3:40 – 4:00 Questions and Wrap-Up Course Evaluations